



THE North Star MONTHLY

Every Small Town's Newspaper

DANVILLE, VERMONT

GOOD FOR THE WHOLE MONTH

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profile
Page 4



feature
Page 18



history
Page 22

Requiem

BY NATHANIAL TRIPP

Our autumn season has an edge; there is a sense of loss along with the glorious colors and harvest bounty. It was quite the opposite, spring-time, when I was first rediscovering Vermont, having just returned from Vietnam.

I spent many solitary hours back then walking footpaths and abandoned roads in the hills around Killington, Barnard, and Pomfret. It was wonderful to be alive, a survivor at last, and my skills with a compass and a topographic map were still freshly honed. But what I remember best today, aside from my own youthful energy, is the cellar holes, the stone walls running through wild woods, the abandoned settlements. They were trying to tell me something.

I encountered ghosts, figuratively, who spoke of another

>> Page 13

A BREED APART

A historic horse breed is rare across the country and especially in New England

By
JUSTIN
LAVELY



CGF
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Incredible

According to legend, travelers from the west arrived in a small Kentucky town around the turn of the 20th century. In order to procure supplies for the remainder of their journey, they traded a prize colt. It didn't take long for the colt's new owners to appreciate the animal's smooth ride, gentle nature, and strength. In order to preserve these characteristics, they produced Tobe, whose bloodline is now part of every Rocky Mountain Horse in the country.

The Rocky Mountain breed was named for the origin of the traded colt, but has been associated almost exclusively with the Appalachian Mountains since.

Its smooth ride made it the horse of choice on the rugged foothills of the Appalachians. Its versatility became popular for Eastern farmers. It could pull plows or buggies, work cattle, or be ridden bareback by children. It tolerated harsh winters with relative ease. Above all else, the breed is best known for gentleness.

"It's the golden retriever of the horse world," says Mike Hartong, owner of Cedar Grove Farm in Peacham, the only Rocky Mountain Horse breeding operation in New England.

Mike is a soft spoken man, but he has a deep connection with his animals. When he approaches their paddocks, the horses come to him. He says this is typical of the breed, but there is more to it than that. His experience with these animals dates

>> Page 14

Mike Hartong, with his wife Kathy, own Cedar Grove Farm in Peacham, the only Rocky Mountain horse breeding operation in New England

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Table of Contents



4 | features

4 Circulating books on the back roads of VT
by Sharon Lakey

18 A maze of possibilities
by Donna Garfield



6 | opinion

6 It's about time
by Isobel P. Swartz

30 Piece of cake: Part II
by John Downs



16 | columns

16 Letters from the Past
by Lynn Bonfield

21 Downsizing with the Downses
by John Downs

FROM THE EDITOR

Community hit hard

According to superstition, bad things happen in threes. Over the past couple of weeks, two well-known members of the community died suddenly and a third brave soul was seriously injured while serving his country in Afghanistan.

In light of these events, it's hard to argue with the phrase.

First, on Sept. 19, we learned that Fran-

He spent the majority of his life in St. Johnsbury and Danville, where he raised his family and cultivated many friendships. He was liked by many.

cis A. 'Frenchie' Guyer had died. Frenchie was a valued member of the Lyndonville community. He made his mark as a founder of Lyndonville boys' baseball. He was an avid watcher of the Lyndon Institute Vikings, especially when his son, Michael, and two grandsons, Adrian and Nick, were stars for the maroon and white. All three played against New Hampshire's best in the Shrine Bowl. The press box at Robert K. Lewis Field bears Frenchie's name.

Frenchie worked at Fairbanks for 42 years, before retiring in 1993. He was also an active member of the Vermont National Guard, where he served for 32 years.

His family name is held in high esteem throughout the Northeast Kingdom.

Next, we learned of the death of Franklin Hovey II on Sept. 20. Franklin worked with his father as a Realtor at Hovey Real Estate, Inc. and later as a director with Citizens Savings Bank and Union Bank. He was also a proud member of the St. Johnsbury Benevolent and Protective Order of Elks. Anyone who knew Franklin, which I did quite well, knew of his flair for storytelling. He spun yarns and entertained many from his perch at the Elks Club. He spent the majority of his life in St. Johnsbury and Danville, where he raised his family and cultivated many friendships. He was liked by many.

Happily, the third event appears headed toward a happy ending.

We heard of the serious injury to Patrick John McElroy, a 26-year old East Barnet soldier who was shot and wounded serving in Afghanistan. His mother, Alberta Colby recently learned that her son would be moved to Germany and then to a hospital in Washington, D.C. "PJ" was two small children and a wife, Corrina, who many know from her part-time job at The Creamery. PJ's mother says her son is a brave soul, who despite the family's protests, wants to return to serving his country as soon as he can.

The region mourns the loss of Guyer and Hovey and is eternally grateful to brave young men like McElroy and wish him the best of luck.

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EDITORIAL OFFICES:
P.O. Box 319 ~ 29 Hill Street
Danville, VT 05828-0319
(802) 684-1056

PUBLISHERS/OWNERS: Justin Lavelly
Ginni Lavelly

EDITOR: Justin Lavelly

CONTRIBUTING EDITOR: Lyn Bixby

ADVERTISING / CIRCULATION: Vicki Moore
Angie Knost

ART DIRECTOR/ PRODUCTION: Tina Keach

PROOFREADERS: Woody Starkweather
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Judy Lavelly

SUBSCRIPTIONS: Vanessa Bean

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ADVISORY BOARD: John Hall
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Lorna Quimby	Bill Amos	Peter Dannenberg
Nathaniel Tripp	Donna Garfield	Virginia Downs
Rachel Siegel	Dee Palmer	Van Parker
Lynn Bonfield	Jim Ashley	Marvin Minkler
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e-mail: info@northstarmonthly.com

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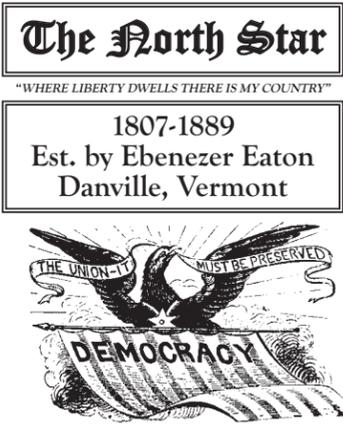
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Prison break prompts repairs to St. Johnsbury jail, Fairbanks acquires controlling interest in P&O Railroad from New York company



THE NORTH STAR

October 3, 1879

Traits of the Shark - When all the blubber and fat has been removed from the carcass of the whale by the Trinidad fisherman, it is usually towed out, and allowed to drift with the current as bait for sharks, while large canoes, filled somewhat in the style of whaleboats, follow it to harpoon any of these fish that may come within range. Sharking is rather good sport in itself, and at the same time is very remunerative, on account of the quality of oil that may be obtained from the liver. The shark is killed much the same way as the whale, being first harpooned and then lanced till it is exhausted after which its liver is cut out and placed in the boat. The liver is four or five feet long and a large one will give as much as 15 gallons of oil. Though sharks in these parts are numerous, yet accidents while bathing, or even when boats are swamped at sea, are rare; and

they will not touch a human being, even when in the water alongside a whale that is cut up. Several instances are well authenticated where persons have thus fallen among them and escaped without injury, the shark preferring the blubber of the whale to human flesh. No doubt if the person immersed was wounded, so as to cause blood to flow, sharks would eat them as readily as the whale. When in great numbers, they will eat one of their own that has been severely wounded, and on such occasions, rush at the body so fiercely as to force it above the surface.

Fairbanks - There is a current report that the Mesars Fairbanks have bought of the New York Trust Company all their bonds and interest in the P&O Railroad, Vermont division. If so, this gives the Fairbanks a controlling interest in the road.

Jail - Two prisoners were taken to the St. Johnsbury jail on a charge of stealing; their names have not been learned. The three prisoners who recently broke jail have been traced to Canada, but have not been recaptured. The jail is now undergoing repairs, to prevent, if possible, the escape of any more prisoners.

Fall of the Leaf - If ever, in autumn a pensiveness falls upon us as the leaves drift by in their fading, may we not wisely look up in hope to their mighty monuments. Behold how fair, how far prolonged in arch and aisle, the avenues of the valleys, the fringes of the hills. So stately - so eter-

nal; the joy of man, the comfort of all living creatures, the glory of the earth - they are but the monuments of those poor leaves that flint faintly past us to die. Let them not pass without our understanding their last counsel and example; that we also, careless of monument by the grave, may build it in the world - a monument by which men may be taught to remember, not where we died, but where we lived.

Lockjaw - Henry Smith, of Fairlee, dies of lockjaw last week Saturday. He had one finger and a thumb cut off with a saw a few days previous, and was not aware but the wounds were doing well until Thursday evening last, when he complained of soreness in the throat and mouth. Friday morning his jaws were set, and he was soon after attacked by spasms, which followed at short intervals until Saturday when he died.

Passumpsic - Harry Hedgecock of Passumpsic, formerly of Danville, went to Newport to see "Pinafore." When he went to get on the train to come home, he stepped off the trestle on which the cars stood and landed in Lake Memphremagog in 30 feet of water. He got out safely, and received \$10 in damages from the road authorities.

Pump Mill - One of the grinders in the pump mill at Passumpsic, weighing about 1,000 pounds, exploded last week Friday night, scattering in all directions. One piece of about 250 pounds was blown through the

roof into the river. Only three men were at work at the time. All escaped injury. Damage was estimated at \$200.

October 10, 1879

Electricity - A Lafayette, Indiana, man accidentally made a most singular discovery respecting the electrical influence of the ordinary morning glory vines. Seated near the lattice work, over which the vine was trained, his attention was attracted to a single branch tipped with a growing line extending straight out from the rest, and speculated within himself whether the tiny hair with which the stem was clothed were not placed there for the purpose of conducting the electric fluid of the atmosphere of this plant. In order to continue his investigations, he approached his finger within a half inch of it, and was amazed to observe a slight, almost imperceptible motion of the stem. As he pushed his finger a little nearer, the stem trembled very visibly, and was seemingly attracted and repelled from him. The hairs he noticed before did not move, but remained erect. There was no wind at the time, and the motion was purely an induced one. After this interesting experiment, he placed his finger within short distance of the growing bed and slowly moved it in a singular direction. The stem followed the motion until it was bent in the form of a letter C, and when his finger was withdrawn instantly regained the former straight position. The

last experiment was witnessed by several persons, all of which tried it with varying success.

October 17, 1879

Walker Trial - The trial of George B. Walker on the question of confiscation of liquor seized at the St. Johnsbury House during the late raid was had on Wednesday before Justice Walter P. Smith, and the decision was reserved.

Granite Company - The friends of Mr. John W. Bailey, formerly of this town, and whose factory and other property were destroyed by fire at Hardwick some over a year ago, will be pleased to learn he is doing a very prosperous business at Hardwick in the granite trade. He commenced with other parties in this business about a year ago, and now they employ ten men in the various departments of their shops, with a prospect that the force will soon to be significantly increased. Their sales have amounted to \$10,000 since last March, and the orders comprise monuments, headstones, and curbing. The company has put into Danville a nice lot of curbing for Mr. Guy Douglas, which is very finely finished, and needs only to be seen to be admired. This company does first class work, keeping only the best workmen, and furnish work in their line at a price that cannot fail to satisfy all who favor them with orders. Parties desiring anything in the granite line will find it much to their advantage to look over the Hardwick company's works and samples before ordering elsewhere.

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Children loved to look for books on the large lazy susan in the bookwagon, above right. The Bookwagon parked in front of the Granby School in 1943.

Circulating Books on the Back Roads of Vermont

Eleanor Bonney Simons remembers her bookwagon days as regional librarian

BY SHARON LAKEY

“The one-room school in Stannard was a dark building,” 91-year-old Eleanor Bonney Simons (known as Bonney) remembers. “The windows were regular house windows, not the large ones you would see in typical schools at the time. I thought, ‘How horrible for these children to have to attend a school like this.’”

As she entered the building, she noticed a man in the back of the room, kneeling there to help some child. When he stood up, he came forward with his hand out and introduced himself as Superintendent of Schools, John Holden. Later, he became Vermont’s Commissioner of Education.

According to Bonney, that event changed her attitude. “I understood that these children could be as well-served in a one-room school as any other. Like today, it all depends on the quality of instruction.”

For young Eleanor Bonney, fresh out of Simmons Library School in 1941, moving to Vermont to become Regional Librarian in St. Johnsbury was like going back a century. “Pot-bellied stoves and a teacher who had to do everything — all eight grades in one room!” she exclaims, obviously still impressed with the difficulty those brave teachers faced.

The Regional Library system came into existence as a response to the Great Depression, which had taken its toll

on Vermont libraries. With financial support reduced, a State Free Library Commission came up with a plan to set up a system of five regions that would circulate books throughout the state, both to schools and public libraries. Bookwagons would deliver the books, consistently exchanging collections to get the most use out of each book. It was a brilliant plan that would serve Vermonters well.

When she interviewed for the job in Montpelier in the spring of 1941, she remembers being asked, “Have you ever driven in snow?”

“Once,” was her reply. She had just gotten her driver’s license.

Mrs. Wells, the governor’s wife, and O.D. Mathewson, a prominent Lyndon Center educator and founder of Lyndon State College, who had sponsored the bill to set up the regional system, were on the board who interviewed Bonney. She remembers Mathewson saying during the interview, “the

reason Vermonters get so much done is they have to get up before breakfast.” No doubt, that comment meant that if she got the job, it wasn’t going to be easy.

Young and unfazed, Bonney was hired and served in that position from 1941 to 1947. She moved to St. Johnsbury, finding an apartment down the street from the Athenaeum where the regional collection was housed on the upper floor. The Athenaeum librarian at that time was Cornelia Fairbanks, the last of the Fairbanks family in St. Johnsbury. “She was a very mild woman, polite,” remembers Bonney. “At the time, Cornelia still used record writing, even though she had a typewriter.” In school, Bonney had learned this type of writing, but she had also had a course in typing. “I think the Athenaeum still has some of Cornelia’s cataloging cards.”

It was the end of the depression when she started and before WWII, and she was lucky to have two local men who were employed by the WPA to go with her on those early



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trips as drivers. They were Francis Mayo from St. Johnsbury and Lee Blanchard from Groton. The bookwagon team was set up with a new Plymouth, a small panel truck that had a big lazy Susan shelf in the back that held 600 books. "We'd go out about 15 days a month. The rest would be working on the collection back at the library," said Bonney.

Lunch was on the road in the bookwagon. Bonney ate from a metal lunch pail that her landlady packed for her. "The state paid on-the-road costs," said Bonney, "50 cents for breakfast." Bonney and her drivers visited 53 towns, which included towns in Essex, Orleans, Caledonia, Orange and Washington counties.

Most of the driving was on dirt roads. "No matter what the weather, if we planned to go out, we went," she said. Of course, there were times when they bogged down, either in snow or mud. She remembers "burying it where Steve Parker now lives on the Old North Church road to Tampico one September. An old man came with his horse. Mr. Blanchard pushed from behind, and the man asked, 'Can you team it?' I guessed that meant 'Can you drive it?' I nodded and slipped behind the wheel to help guide the car out of the mud." There were many such events on the back roads of her routes.

She fondly remembers her WPA men. "Mr. Mayo was an avid reader, and I relied on him heavily." People would gather around the books in the wagon and pepper her with questions about the titles. "I hadn't read most of them, but Mr. Mayo would help me through. A customer wanted to know if the book they were taking out was any good, and he had read most of them."

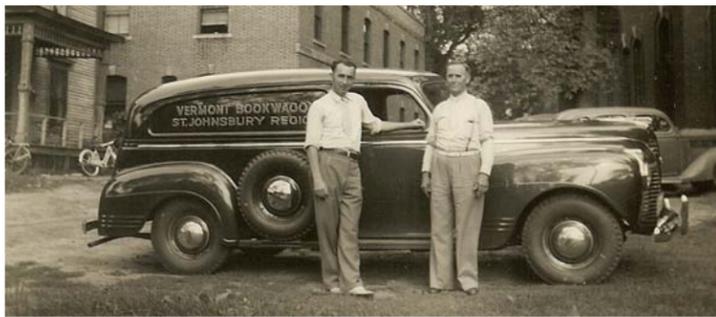
"Mr. Blanchard loved it when we went to Groton. He used to own a store there. He would go into the school and announce, 'I bet I can name every family represented here just by looking at your faces.' And he would do it; the kids would



Julian Butler, a friend of Bonney, came along for a ride in 1943 and got more than he bargained for. It looks like he is enjoying himself, though.



After her marriage, Bonney worked parttime for the Regional Library. Here she is with Leslie Smith and Mary Stewart, the new librarian. The library was housed on the top floor of the St. Johnsbury Athenaeum.



Francis Mayo and Lee Blanchard, the first two men that worked for Bonney on the first bookwagon through the WPA program. Francis was a voracious reader and Lee enjoyed his trips out to his home in Groton.

be so pleased." She also remembers that as they drove along the roads, he would count and announce how many head of cattle were in each field along the way.

Her drivers helped her through that first year, but when war was declared in 1942, the WPA was disbanded. There were plenty of good paying jobs to be had in support of the war effort. Not only did her WPA men disappear, but

so did many teachers. "They were making a pittance as teachers but could go out and work in factories and make good money." With her drivers gone, Bonney went it alone or with Isabelle Sargent, a St. Johnsbury girl that graduated from the Academy. "We had to cut back on some of the runs because of the gas

coupons," she said.

She most enjoyed going to the schools. "If a teacher was organized and creative, the kids had a good education." As a sterling example, she mentioned Dorothy Stanton, who taught at the Tampico in North Danville. "The thing I noticed most about her room was that every time I came, the chairs were often put in a different setting. There was a feeling that the students were always busy, involved in some project they were working on."

There were schools that were not so fortunate, particularly during the war years when some schools were led by substitutes due to the teacher shortage. She remembers driving into one one-room schoolyard and seeing a boy jumping out the window. The substitute there told her, "These kids can't read; they just stumble along." The worse such story she remembers was when a Superintendent came to visit one school, sitting among the students to participate in the lesson. "You don't need to expect anything," said the substitute. "I'm just keeping the door open." The teacher shortage was the turning point for the numerous one- and two-room schools as consolidation became more prominent.

"I liked going to schools the most, because of the interaction," said Bonney. "When I went to public libraries, it was mostly to help with book classification and weeding." A librarian weeds a collection when there are too many books on the shelves, but weeding may or may not be seen as a good thing by the local librarian. "I went to the Barton library to weed. It was a nice building, but books were piled high, even stacked on the windowsills. I don't know how many boxes were filled that day from the collection as I worked my way through it. I heard later that the librarian came in the next morning, sat at the desk and cried all day. I don't know if she put

them all back on the shelves or not."

"Sometimes I was asked to go to individual houses to deliver books, and I would do that, too. I remember Mr. Miller in East Topsham, who ran the famous Miller's store there. He wanted books about the Phillipines, because that was where his son was located in the war. A customer came in the door and asked if he served coffee. 'Hell, no,' Miller responded. 'I don't deal in antiques.' There was no coffee, because of the war," Bonney said in explanation.

When the war ended, Bonney was in for a life change, too. Before the war she had been introduced to a young fireman when he came to douse a fire in the Athenaeum chimney. Evidently, another type of fire had been lit at the same time. When he returned from the war, he returned to his job at the fire station and began to find ways to engage the beautiful Bonney in conversation. One day, he sauntered by to ask if she had any good books to read. "Oh, can you read?" was her reply.

They were married in 1947, and she quit her fulltime job as Regional Librarian. "He wanted me to," she said. "It would have been a poor reflection on him if I had to work. Those were just the values of the times." He went on to become St. Johnsbury's fire chief for ten years; Bonney worked part time for the new Regional Librarian, Mary Stewart and her assistant, Les Smith, who would become the well-known area bookmobile man.

Michael Roche, our present Regional Librarian, shared the following interesting statistics about Eleanor Bonney Simons' last year on the job: the St. Johnsbury bookwagon travelled 14,385 miles on 136 working days, averaging 105 miles a day, rain or shine. She delivered to over 100 schools, 58 public libraries, 35 individual stops, 20 stations and 14 private homes for a total of 1,153 stops.



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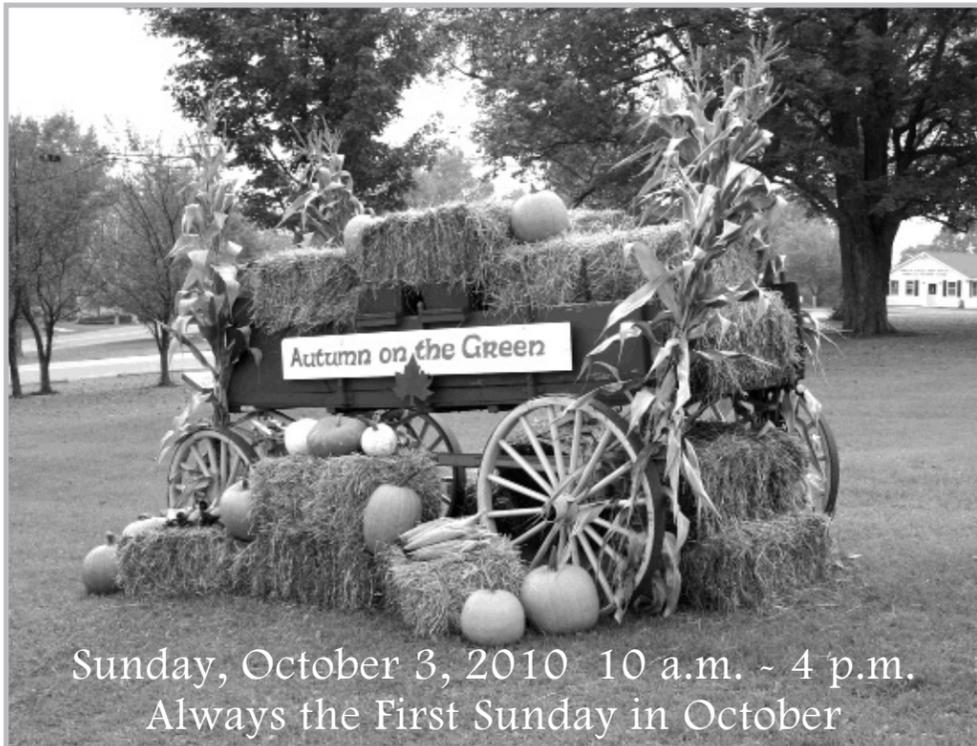
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FROM OUR READERS

Dear North Star

I read with great delight (and a deep bow at the waist) Bill Amos' "At Home in Japan", as I, too have spent time in that incredible culture, although as an adult in more recent years. I found myself fascinated at a young age with the Japanese, particularly with regard to their respect for self and others. This led me to take up the Japanese contemplative arts, including Kendo (sword) and Kyudo (archery) practice, thus I giggled knowingly when Mr. Amos shared his frustrations at same. It was, and remains a constant wonderment to me that I could have come far enough along to be an instructor of said arts, and invite your readers, and in particular Mr. Amos, to observe and perhaps join these classes via the Barnet Tradeport Wellness Center.

And to Mr. Amos, thank you for giving the North Star readers a window into these activities, and we promise no one will be "knocked silly" by our bamboo staves, and we have sufficient class equipment that virtually anyone can "pull the string of our massive bows."

We enjoy sharing the wisdoms of a calm mind and an open heart, which Kendo and Kyudo help develop.

Gratefully,
LJ Stewart

Dear North Star

You may have already noticed some activity at the Hill Street Park, which means fall is here and we are preparing for the upcoming ice skating season by improving the Hill Street Park grading to facilitate flooding of the ice rink this winter. I would like to offer special thanks to Craig Vance who donated his time and excavating equipment, Matt Pettigrew for his electrical services, Kevin Gadapee and crew members for their time, Garren Calkins for donating top soil and Marty Beattie. Also, I would like to thank John O'leary for donating Christmas lights and supplies as well as Mrs. Jacobs for both demonstrating patience and understanding during the park makeover. Finally, the ice skating rink has been made possible by neighborhood generosity and we hope it will continue to gain popularity among all age groups.

Marc Joncas
Danville

e-mail

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BUS0408

It's About Time

By ISOBEL P. SWARTZ

Several related news items that recently appeared within one week set me to thinking about time: our awareness of its passage; its relationship to our daily activities; and our perception about how quickly public works, services or governmental actions should be accomplished. These concepts of time vary from place to place, culture to culture, and generation to generation.

What started this train of thought was a New York Times article on August 15, 2010 entitled, "Western Clocks, but Middle Eastern Time". This article, highlighting the difference between how Americans and other cultures view the passage of time, showed the impact this has on the differing views of the Afghan war, and our attempt to change (modernize) a tribal society about which we have almost no concept. That we should imagine that we can, or should, try to modernize a culture that is in large part illiterate -- and "governed" by customs and history handed down orally from generation to generation for a thousand years or more -- is patently arrogant. To believe that this could be done in just a few years is completely unrealistic.

A second news article about the stoning to death, the week of August 15, 2010, of an unmarried couple for adultery in a remote northern tribal area of Afghanistan, illustrated this concept so well. I realize that stoning is an accepted, though rarely used, form of punishment in very fundamental Islamic societies, including Saudi Arabia, Sudan, Somalia, Iran, Nigeria and Pakistan, but the reason behind this punishment for adultery -- to retain tribal purity and known parentage of children -- seems completely inconsistent with encouraging the formation of a nationally elected, democratic government in such a country.

As a European, my awareness of my roots in a historic time continuum was strong when I came to this country. If anything, it has become stronger over the 45 years I have lived here. It was normal for me to feel connected to the past. It was normal to be surrounded by old buildings, ruins and roads from Roman times and ancient Celtic stone circles. Their former inhabitants seemed close at hand, part of me! I never gave much thought to the investment of generations of time to the building of the great Gothic cathedrals of England and France. I just accepted that it had taken three hundred years to complete them, never realizing that this could mean that six generations of a single family might have been involved in one building project! Probably, for laborers a much-needed job, but for the artisans, an act of faith, their gift to the future.

In studying local archival records I note that when St Johnsbury's New Avenue Hotel burned in 1898 it was rebuilt by 1899. The same speed of rebuilding applied to 19th century fires in the Daniels Block on Railroad Street and the former Baptist Church (later the Christian Science Church) on Main Street. That particular rebuild-

The speed of modern interpersonal communication increases with the multiplying electronic devices that can keep us connected with each other, but at what depth?

ing project was remarkable. The church was destroyed by fire in March of 1882. Rebuilding began in May and was finished in December of that same year! Recent fire damage has taken much longer to rebuild. Despite the rapid pace of modern life and mechanized building methods, complicating factors such as insurance claims, police and arson investigations, have slowed the process of rebuilding. That we, who are used to instant gratification, should tolerate this slow pace is an interesting anomaly.

The speed of modern interpersonal communication increases with the multiplying electronic devices that can keep us connected with each other, but at what depth? Brief messages, even more abbreviated language, make contacts instant but superficial. The final news item addressed this point and its repercussions.

The CEO of Google, in a recent interview, regretted the loss of deep reading capacity among the programmers who work for Google. He sounded almost guilty that his company, and others in the Internet business, seems to be degrading the way people read and communicate, destroying the ability to focus in depth on the details of a novel or non-fiction writings, as we flit from page to page. Maybe this is why so many American schoolchildren are finding reading a chore?

Learning to read is a skill that demands time and hard work at first, but one that leads to many gifts: joy, knowledge, inspiration and the ability to understand life in and around us. These are true survival skills for our civilization and our species. We are on a time roller-coaster that threatens our culture with a blur of superficial communication. Our personal time allotment is so insignificant in the big picture. Haste may deny us the joy of our own creativity, and that of others past and present. Maybe we need to take a lesson from other cultures, take the long view, and see our lives today as truly a minuscule part of the long continuum of history.

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International artist David Prentice to exhibit at Catamount

A New York artist with an international reputation who literally shares his love of the Northeast Kingdom countryside with the entire world will have a special gallery exhibit this October at Catamount Arts.

David Prentice, who lives in New York City and owns art galleries in Japan, but who also spends time each year here in Vermont, will mount an exhibit called "Paintings and Prints" from October 8 through November 4 at Catamount's community art center on Eastern Avenue in St. Johnsbury.

A special artist's reception honoring Prentice and his work will be held from 5:00 pm – 7:00 pm Friday, October 8. The reception is free and open to the public. Refreshments will be served.

Prentice spent much of his early career as a painter of abstracts and as a muralist. Then, approximately 20 years ago, he developed a love of nature and began to focus all of his work on photographing and painting scenes from the real world.

He was born in Hartford, Connecticut, and studied at the Art School of the University of Hartford from 1962-1964.

It during this time that he developed an interest in modern and abstract painting and became a studio assistant to some of the most famous American artists of that movement, including Jasper Johns, Robert Motherwell, Helen Frankenthaler, Alexander Lieberman and Malcolm Morley.

During the 1960's, Prentice was also associated with Lyrical Abstraction and the Park Place Gallery in New York City.

Throughout his career his has been a part of more than 15 major shows at well known galleries throughout the U.S. and the World, including Dusseldorf, Germany, Philadelphia, Paris, Los Angeles, Fujiyoshida, Japan, Sapporo, Japan, Portofino, Italy, and at several galleries and museums in New York City. He has also exhibited as part of the prestigious Annual Show at the Whitney Museum in New York.

In addition to being a part of these major exhibits, he has also had more than 25 One Person Shows in the United States and Japan. The exhibit at Catamount will be his first One Person Show in Vermont.

Prentice's works have also

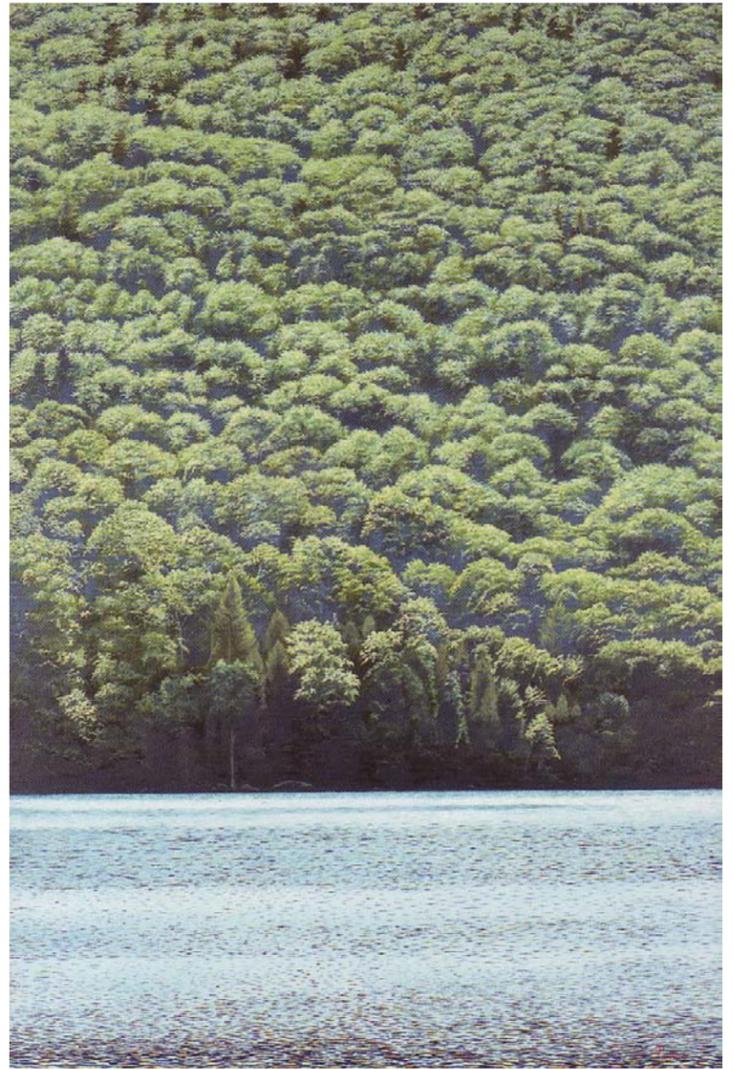
become a permanent part of the collections of several galleries, museums and corporations, including The Museum of Modern Art in New York City, Yale University, New York University, The Wadsworth Atheneum in Hartford, the Rhom Hass Corporation in Philadelphia and the National Museum of American Arts in the Smithsonian Institution, Washington, D.C.

With all of these galleries and museums he has shared his love of the Vermont country side and especially the lakes, mountains and country roads of the Northeast Kingdom. His work, which emphasizes the tranquility and spiritual side of the Kingdom's rural nature, is especially popular in Japan, where Prentice owns galleries in Tokyo and Kyoto.

The exhibit at Catamount will feature many of the photos, prints and paintings that Prentice has done of the local area.

Prentice has dedicated his exhibit at Catamount to his friend Dennis Michaud.

For more information on Prentice's exhibit at Catamount, and other upcoming events, please visit www.catamountarts.org.



Internationally known artist David Prentice will share his love of the Northeast Kingdom this October when he presents a one-person show at Catamount Arts. Shown here is "Willoughby Meditation," Prentice's signature work for the exhibit.

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Rabbi Kevin Hale displays a torah at the Beth El Synagogue in St. Johnsbury.

A mix of spirituality and precision

By JUSTIN LAVELY

In a day and age when speed and efficiency reign supreme, Rabbi Kevin Hale belongs to a fraternity of holy men who have devoted their lives to reproducing an ancient document using techniques that date back thousands of years.

During a monthly visit to Beth El Synagogue in St. Johnsbury, the visiting rabbi took time to talk about his training as a torah scribe. Often colorfully decorated and embroidered, a torah contains the first five books of the Bible written in ornate Hebrew calligraphy. The document is used for religious services and is the focal point of any synagogue. They have been copied by hand for thousands of years. Even the materials are the same; the parchment for a Torah is made from the dried skins of kosher animals. Consisting of 304,805 letters, the scroll must be copied with no errors. The process takes about a year, according to Hale. If a scroll becomes illegible due to damage or wear, they are repaired by trained scribes, a task the visiting Rabbi has experience in.

The changing landscape of literature is not lost on Hale. "Nowadays religious texts can be studied on an iPod, cell phone, but there is something holy about reading a hand written scroll," he explains.

Literature and history is of significant interest to Hale, who attended Yale University and majored in classics. He was a craftsman and toymaker before enrolling in the Reconstructionist Rabbinical College, where he was ordained in 1997. His says his time as a toymaker gave him an affinity for working with his hands. While in rabbinical school, he retained this passion. He was also struck by the lack of torah scribes in the

United States. He was fortunate to be accepted on as a student of Rabbi Dr. Eric z'l, with whom he studied and worked for four years until his death. "Dr. Ray," a master scribe, who could identify and write 2,000 distinct torah Hebrew scripts, was a world renowned authority on torah scrolls. He was instrumental in the restoration of many of the Westminster Scrolls, the cache of 1,500 Czech torah scrolls that were stolen by the Nazis and recovered in the 1960s.

They are often referred to as holocaust torahs.

Persecution has been an unfortunate piece of Hale's family history. He is a direct descendant of Sephardic Jews who fled Barcelona in the early stages of the Spanish Inquisition, after a massacre which took place in the summer of 1391, a century before Ferdinand and Isabel issued their famous edict forcing Jews to undergo conversion to Catholicism. Hale's ancestors eventually settled in Germany where, once again, persecution would shape their destiny. His parents barely escaped from Nazi Germany in 1939. They met for the first time in New York after the war. Rabbi Hale was born and brought up on Long Island.

Since 2002, Hale has worked primarily as a scribe, restoring torahs for congregations near and far. He also serves as the part-time Jewish Chaplain the Veteran's Administration Medical Center in Leeds, Mass, where he lives.

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Going Postal

Green Cheese with Peter Dannenberg

When a passing car, out for batting practice, murdered our old mailbox post, I put up a haywire rig made of copper tubing, reinforced with a cutoff broomstick. It did its job for a few years. Then road salt ate away the hinge on one side of the mailbox door. I couldn't patch that. The whole kit and caboodle went to the dump; I bought a new mailbox and a post for a hundred bucks.

At the hardware superstore, my wife and I spent 15 minutes scrutinizing offerings. I'm all thumbs, so we picked out a fully assembled fancy mailbox. It said the Postmaster General approved it. If the general liked it, it was OK with me.

Every post they had demanded I put it together. I chose one in a carton that boasted it "assembles in minutes" and "fits all standard mailboxes."

The carton held a black aluminum pillar, a plastic bag with parts, identical top and bottom aluminum plates and illustrated instructions in three languages, none of which were the writer's native tongue. The instructions said small plastic cylinders in the parts bag were spacers, to stop the fasteners from crushing the hollow columns while assembling.

I was to hold the spacers with one hand, inside the columns, lined up with holes on either side and the corresponding holes in the plates,

while threading each bolt through both sides of plate, column, and spacer. There was a lip on each spacer to grip it, while I held it held inside the narrow column, but the tiny lip was for elfin hands. By clamping the lip with pliers, I held it in place, more or less. I dropped each of the four spacers down its column six or seven times.

When I put a plate on top and reached for a nut and a bolt, the spacer and the holes separated. I shouted for my wife and got a flashlight, so she could check alignments and thread bolts, while I held the pieces in place.

The plates had bent sides with six additional pairs of holes. These were to attach the mailbox to the top plate. The bent sides blocked access to the other holes.

We used an extra long screwdriver to poke through each side hole in turn, trying to reach the column. The holes in the bent sides of the plate did not line up with the holes in the column. The inside spaces between the bent sides and the column were too small for even a short screwdriver. There was no way to turn the bolts. It was late evening; hardware stores were shut.

Finally, I found an old screwdriver with its tip at a right angle to its shaft. It was slow, clumsy and lubed by caustic comments, but it worked.

After thrusting bolts over, under, and to either side of

each spacer for two hours, we got everything fastened. I became suspicious of "assembles in minutes."

At last, we took the mailbox out of its carton. It had four holes on its bottom to attach it to a post. The six pairs of holes on our post's plate were on the sides. There was no way to bolt the mailbox to the post.

However, there were two holes in the bottom of the post's plate. They were far away from the four holes in the mailbox. The best we could do was to put one mailbox hole over one hole in the plate. The result was an off-center mailbox that twirled around its single bolt.

"We'll have to drill a couple of holes in the bottom of the mailbox," I sounded off. We got an electric drill and used the plate's bottom holes as a stencil, to mark the base of the mailbox. The mailbox

was made of super secret military steel that repulsed drills, even after pounding starter dents into its ridged bottom with a nail.

"I'll have to pound the nail all the way through and then ream out the holes to make them bigger," I mused. The mailbox was almost as resistant to hammer and nail as to drill bits, but not quite. Aided by more colorful language, when I banged my thumb, two starter holes slowly appeared in the sheet steel. I painstakingly enlarged them by swirling the nail around at an angle while the clock ticked.

We checked the new holes. They were large enough, but one of them was just a little too far off to one side. I became a blacksmith again and pounded a third hole in the right spot. We sealed the extra hole with duct tape from the inside, to

cover its jagged ridge. The heads of the bolts covered the other new holes.

Now everything lined up, though using only two bolts made the mailbox a bit wobbly. The mailbox instructions informed us it must "accommodate" (sic) access and recited USPS "requirements" (sic). Hundreds of minutes had gone by. Judging our work with bleary eyes, we decided the Postmaster General would approve, when he galloped through town on his inspection tour.

The next day, digging a hole and setting the assembled structure in concrete went off with a few more hitches and several more hours. The mailbox manual says we should coat it with high quality car wax to keep it shiny. I'm prowling the Internet for a wax that goes on in minutes and repels baseball bats.

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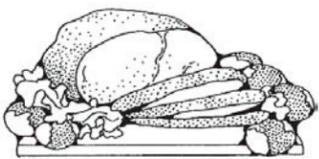
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Downsizing with the Downsies

By JOHN DOWNS

We are in the process of moving from our eight-room, 2,100 square foot home on Lyndon's Vail Hill to a three-room, 900 square foot apartment in a retirement community in Shelburne. At my age of 90, with a serious balance problem, and Virginia's age of 85, it is time to move, while we are still healthy enough, to a place where the living is easier. This apartment is much smaller than we would like, but it was the only one available. Perhaps we can move to a larger one later.

It will be painful to leave the many good friends we have here in Lyndon and St. Johnsbury. If it were not for the fact that Burlington has its own cultural attractions, we would sorely miss the concerts and events regularly scheduled here at Catamount and Lyndon State College.

I have tried to make all

of us feel better by assuring friends that if they will invite us over for an occasional weekend, we will see more of them than we do now.

The Lodge at Shelburne Bay provides an ideal environment for retirees. Breakfast and dinner are provided every day, giving Virginia a much-deserved vacation after cooking for me for 56 years. It has an exercise room with several machines, and a small swimming pool. The Lodge is close to Burlington, and the largest office of my old law firm will be only five miles away. We lived in Burlington twenty-five years ago for seven years, and have friends with whom it will be a pleasure to get reacquainted.

In order to make this move, we are compelled to give away, sell, or abandon much of our furniture, books, paintings, dishes, and silverware, some of which we spent more than 25

years accumulating. It is very difficult choosing from among them to make certain that our new home will be comfortably furnished.

This is the most difficult domestic task we have ever undertaken. We have made four earlier moves of all of our household goods during our marriage, but they were relatively simple because we had plenty of room in every home. As I write this, we have finished about half of the decisions needed for the move. At the moment it seems like it will take a small miracle for everything to work out satisfactorily.

Unfortunately, Virginia and I are victims, so to speak, of the migration movement that has developed in this country in recent years, particularly in Vermont. Many young people, after completing their education, move away and seek employment in states (sometimes in countries) with better

opportunities. This is what our four children did.

The only child of close friends in Wheelock -- a daughter -- lives in England. The only son of Sutton friends lives in Utah. Friends in Burlington have to live with the reality that one of their two sons lives in Thailand and the other in Argentina. We old folks are too often left on our own to work things out.

But we have been very fortunate. Our children are most supportive. Peter, who lives in New York City, came up for a long weekend. As a student he had worked moving freight and was able to start our move, most wisely marking articles and moving them so as to make the work of the ultimate mover much easier.

Our daughter, Margaret, and husband Henry, will also be here for a weekend and their help will be invaluable in sorting and moving books, pictures, and paintings. Tom, a busy Washington lawyer, laments that the move comes at a most inconvenient time for him professionally. He will be unable to come up, but would gladly contribute to any moving costs.

Fortunately, the most important thing we have learned is that many of the books, and much of the accumulation of files and papers, can be disposed of painlessly. My test is easy: have I read a book or used an item within

three years? If not, is it something someone else would want to read or use? If not, it goes to the recycling bin.

Over the years I was active in politics, and had a busy law practice for over 40 years. We traveled extensively and accumulated a tremendous amount of paper mementoes. Surprisingly, we have found that most of that material is now unimportant, and is of little interest to us as well as others. This makes throwing materials away easier and less time-consuming as we review them.

Virginia has enjoyed browsing through many Vermont Life magazines that published her articles over the years. She was delighted to learn that Shelburne Bay has a Great Books program like the one we joined in St. Johnsbury 50 years ago.

The biggest and most important part of our move is to dispose of our collection of approximately 500 books and make them available to whatever institution might make a home for them. We are inviting Lyndon State College, Lyndon Institute, St. Johnsbury Academy, Cobleigh Library and St. Johnsbury Athenaeum to examine the collection and take what they can use. A year ago we gave 260 books about Russia and nuclear arms to Lyndon State College for its Russian Institute. We hope that our remaining books will be similarly useful.

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Town	Date	Time	Location
West Burke	10/6/2010	10:00-12:00 pm	West Burke Meal Site
Lyndonville	10/7/2010	1:00-3:00 pm	Riverside Life Enrichment Center
Lyndonville	10/8/2010	1:00-3:00 pm	Riverside Life Enrichment Center
Peacham	10/12/2010	2:00-3:30 pm	Peacham Elementary School
Hardwick	10/12/2010	9:00-11:30 am	Knights of Columbus Hall
Lyndonville	10/15/2010	8:30-12:00pm	Darling Inn
Concord	10/1/2010	8:30-11:00 am	Concord Health Center
Gilman	10/1/2010	11:30am-1:00 pm	Gilman Senior Center

Northern Counties Health Care, Inc. Clinics

ESTABLISHED PATIENTS ONLY – ALL AGES - Call for an appointment on these days

Location	Date	Time
Danville Health Center 684-2275	Thu, Oct 7	8:30-12:30 p.m.
	Tue, Oct 12	1:30-4:30 p.m.
	Thu, Oct 14	8:30-12:30 p.m.
	Thu, Oct 14	1:30-3:00 p.m.
	Mon, Oct 18	8:30-12:30 p.m.
Caledonia Internal Medicine 748-5174	Mon, Oct 11	1:30-4:30 p.m.
	Fri, Oct 15	1:30-4:30 p.m.
	Mon, Oct 18	All day
	Fri, Nov 12	All day
St. Johnsbury Family Health Center 748-5041	Thu, Oct 14	8:15-11:30 a.m.
	Thu, Nov 11	8:15-11:30 a.m.
	Thu, Dec 9	8:15-11:30 a.m.
Island Pond Health Center 723-4300	Tuesdays starting Oct 5	9:00-11:00 a.m.
	Thursdays starting Oct 7	2:00-4:00 p.m.
Hardwick Area Health Center 472-3300	Tue, Oct 12	9:00-11:00 a.m.
	Wed, Oct 27	1:30-3:30 p.m.
	Tue, Nov 9	9:00-11:00 a.m.
	Tue, Nov 16	1:30-3:30 p.m.
Concord Health Center 695-2512	Fri, Oct. 1	8:30-11:00 a.m. Appointment not needed

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Follow the Money

'IT'S A LIVING'

BY RACHEL SIEGEL



The trouble with economics is that we never know if we are in the middle of a problem or a trend. If it is a problem, it is temporary, that is, a solution is found or at least attempted, and then the circumstances change. If it is a trend, then we need to think harder, because the changes that we perceive will become permanent and more so.

We have growth without increased employment. Our productive capacity grows without the need to use more labor. If labor were, say, oil, that would be a good thing, but labor is us, and most of us can only be a part of the economy by first being labor. So unemployment keeps us from participating and that keeps us from prospering. Or is it, in fact, the fruit of our prosperity?

After all, we are already a most affluent bunch, with reliable supplies of food, electricity, water, and

communications. We consume plenty, per capita, and discard plenty, because we produce plenty to go around, and then some. So having an idled resource, the unemployed, is not detrimental in the usual sense, that is, because it keeps us from having enough: it doesn't, we have unemployment amidst plenty.

For most of human history, economic activity produced little more than subsistence. There were great riches created for and enjoyed by pharaohs and caesars,

monarchs and sultans, but most people simply toiled and subsisted, and to be idle was to starve. The last several centuries have seen an acceleration of the creation of prosperity, beyond subsistence, for more people in more places. The increased productivity can be attributed to an acceleration of the spread of knowledge; the increased distribution of its plenty to the spread of markets.

Voluntary unemployment is a choice of wealth and prosperity. The retired or the rich have chosen to be unemployed because they can. They may, and often do, contribute to our productivity in other ways, such as volunteering services and capital to charities to help the least prosperous. Of course, by investing to generate income to replace wages, they contribute the capital that is the seed money for our economy.

Our problem now is involuntary unemployment: those who are idled, but really can't be. They no longer contribute to productivity, and their savings are used to provide a living for themselves, not capital for the economy. When their savings are gone and there are enough of them, we will compassionately redistribute the plenty

we have to provide for them.

So what if this is not a problem but a trend? Suppose this is the way that modern capitalism develops, that is, more and more idled but sated workers with less effect on productivity due to more and more knowledge and technology. What if we have developed capitalism to the point where full employment of the labor force is not required for societal subsistence or even prosperity?

Decades from now, will economics texts (probably not books but content of some sort) classify this period as a transition from the "must-work" to the "may-work" era? Will this be seen as a necessary and obvious advancement, in the way that we look back now on the acceptance and adoption of widespread private property, or on the abolition of slavery?

At the time that those ideas were ripening, many argued that keeping property in the hands of a few protected the masses from themselves, for surely they would not be capable of the responsibilities of ownership. Likewise, many argued that slavery protects the slaves from themselves and the responsibilities of economic choice.

Do we see unemployment as a problem because employment protects the masses from idleness and penury or from the idleness of prosperity? Perhaps we are entering the Era of Enough, when idleness is a reward for aggregate—not just personal—success, and not a punishment for economic—and personal—failure. What if our economy is not failing to provide jobs, but just doesn't need to anymore?

It is difficult to imagine that we could exist without work, or at least without quite so much of it. Distribution of goods, via income, is based on success at work. It defines our merit, our worth. It is our measure and mirror of our contribution to society, and the largest economic investment of our adult lives.

If unemployment is a sign of economic failure, then we should try solutions. If it is a trend, if it signals a more successful but evolving economy, then we need to think harder, a lot harder.

Rachel S. Siegel, CFA, consults on investment portfolio performance and strategy. She is a professor in the business administration department at Lyndon State College.

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The Morrill of the Story

Plan your trip to Historical House

By SHARON LAKEY, DIRECTOR

With travelling an expensive item these days, it pays to preplan your adventures. That's what George Morrill of Saxtons River, Vermont, did this month. I received a call from Duane Whitehead, an antique bookseller in Bellows Falls, who had struck up a conversation with Mr. Morrill when he visited his bookshop. Duane followed up with phone calls to the Historical House, and that's how we get to the Morrill of this story.

He explained that George, who is 90 years old, wanted to see the cemetery where William Morrill, a Revolutionary War soldier, was buried. He also wanted to stop by Historical House and learn what we might know and be able to share with him about the Morrills. Wanting to help make the long trip valuable to him, I began to do some searching.

Those who know Danville history, recognize the Morrill name as one well-connected with the town. When my husband and I arrived here 30+ years ago, we associated it with Nate Morrill, a tall, white-haired gentleman, who passed in 1990. Both he and his wife, Janice, were active in town affairs. Janice has been kind enough to share some of

her family's history and photos with Historical House, and I immediately thought she might be a resource.

The name Morrill is connected with places, too, especially in North Danville. If one looks at the index in our history book, Village in the Hills, there are 20 entries under that name as well as map entries on both the Wallings and Beers Atlas. The former Morrill schoolhouse is located on the Bruce Badger Memorial highway between Danville and North Danville. It is in the hollow on the left, just before you cross the bridge. The next two roads to the left are associated with the Morrills; the first is named Morrill Road and the second is McDowell, which will lead you to the Old North Church. Morrills had



Duane Whitehead and George Morrill after returning from the Bennett Cemetery.

farms in that area.

The first thing I did was check a wonderful website I inadvertently discovered. For those of you who use the web, the address is: <http://www.rootweb.ancestry.com/~vtcbarne/danville.htm> This site is amazing. Included in the information there is a complete cemetery listing. I found a William Morrill there, who is buried in Pope Cemetery in North Danville. Unfortunately, the time period for him as a Revolutionary War soldier did not match up.

Questioning why, I was off to the Town Clerk's office to check their records. For those readers who have not seen the Town

Clerk's historical records room, it is well worth the trip. What a wonderful job our community has done in keeping historical records! Looking in the births file, I found no William, but was astounded at the number of Morrill cards that were filed there. Sharon Daniell, Assistant Town Clerk, also showed me a book entitled The War of Rebellion, which contains the names of all Vermonters who served in that war. A quick glance through that book let me know that one would need to know the company someone served in to find the listing. It would take more time than I had to give.

The next morning, I called Janice to see if she might be willing to meet with George. She responded with a yes and said she would bring some of her information with her. Now, all that was left for me to do was take a look at the Pope cemetery. I have been by there but never with the intention of stopping to walk through it. Janice directed me to take the second left after the bridge and told me I would "run right into it."

It was a lovely afternoon to walk that serene place. I saw many Morrill stones, but only one with the name of William. He died at 16 years of age. That young man wasn't the one George was looking for, but the quiet, fall day and the engraved stone made me stop and wonder. What kind of life did this young man have? Why did he die at 16? I wondered how it affected his family. Cemeteries no longer seem sad places to me; in fact, they are lovely and restful.

I called Duane, and he shyly admitted the name George was searching for was Samuel. Now, that was a horse of a different color! I was sure I had seen Samuel listed. Back to Village in the Hills index—no Samuel. Back to the cemetery listing—a Samuel is buried in the Pope and it fit the right time period. Back to the War of the Rebellion book (on that same web address I mentioned)—no Samuel. Well, at least we had one hit and Janice was going to share her history as well.

George and Duane arrived right on time and Janice shortly

after. The most interesting and useful piece of information she brought was a genealogy tree, a blueprint-type document rolled up in a tube. She spread it out on the table, and we hovered over the tree headed by ABRAHAM MORRILL; it states under the heading, "Came to New England cir. 1632, first to Cambridge, thence to Salisbury, Mass. M. daughter of Hon. Robert Clements of Haverhill, Mass." She and Nate had retrieved the blueprint from his father's brother, who lived in California. There, in blue and white, was Samuel's name. Under it is written: "Danville, VT. b. 1741 at Sallisbury d. 1845. Was Revolutionary Soldier. m. Rachel Hoyt."

He brought with him two books of fiction he has written, inscribing them to the Historical Society. Also in hand was a copy of a thick lineage book he had found in a bookshop in Salt Lake City entitled Morrill Kindred in America, Volume Two that traces the descendants of Abraham Morrill of Salisbury through his three sons to 1931.

Janice shared some of the farm photos she brought, and then offered to travel to St. Johnsbury to copy the blueprint for both George and Historical House. Duane and George were off to the Pope cemetery while I copied the important information of his lineage from the book. When they returned, the two were full of fresh air and excitement of visiting not only the Pope Cemetery but also the Bennett. I was shocked, because in bold letters under that cemetery listing on the website is written: "Access to the cemetery requires walking uphill across the field. Please do not attempt to walk to this cemetery if you are not physically fit."

Ninety-year-old George looked perfectly fine. Before they left for southern Vermont, we sat for a few minutes and once again looked at the blueprint. We were pointing out one person and another on the chart, and I was making notes in the margin to capture where George's information filled gaps. Then George sighed and said, "We're all related anyway."

True, but wasn't that a lark!

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>> Page 1

Vermont and another time, when what is now all forest was once open fields, while my own inner ghosts gradually faded away. Amidst the beautiful woods lay the square foundations of dreams, and I could only guess at the stories which lay buried there. There were names, too, now and then, on canted headstones, sometimes solitary and sometimes in groups. The stories became easier to imagine with a name and the dates of a life span amidst the reclaiming woods, but few could even afford a headstone up on those high ridges, and so many others had been buried far away.

Whatever boom there had been, all went bust after the Civil War. It was the war that took the sons away, and left no

Whatever boom there had been, all went bust after the Civil War. It was the war that took the sons away, and left no hand to steady the plow.

hand to steady the plow. Judging by the piles of stones, some of those fields never should have been plowed in the first place, but hope had been carried with every stone, too. It was the way of the fathers, and the father's fathers. It was

the way of the community. Who could have known what the war would do? Who could have guessed, back in the days of diphtheria, that a worse scourge was coming?

Over the years that followed I learned that this, too, is a part of Vermont, a state which has, again and again, sent a greater proportion of its sons, and now daughters as well, to war than any other. This notion of sacrifice is never far away from us in the stony hills of Vermont, where families and communities are still forged as our nation was forged. The names of those we lost are written upon the monuments that stand at the

center of nearly every village. We don't promote this fact to tourists, like the church suppers and fall colors, but it is a deeper part of the Vermont character. Call it old fashioned if you like, in this present time of out-sourcing and externalizing costs. We continue to pay a steep price for our principles, but at least we still have them.

Now forty years have passed since I walked those lonely hills, and it is autumn again. I have become a father, and then a grandfather, and carried many stones myself. Whatever wounds I may have suffered so many years ago have long since healed, thanks in large part to the community

I found here. I've realized my own dreams, and left my own war far behind. The years have given me a new perspective. I remember our grief when our friends fell beside us, but never, before now, did I see the grief of those at home as the list of names grows longer. This is harder.

All those seasons, all those stones, and still the wars go on. I have not had the privilege of knowing the young men we have recently lost, but I feel as though I did, for I knew the clear eyes, the youthful humor and dedication of those who fell long ago. Honor them now in this season of loss and gain.

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>> Page 1

back his childhood horse and it has obviously developed over time.

"I adhere to Natural Horsemanship methods throughout training," Mike says. "This method requires an understanding of the horse as a prey animal and as a member of a herd." Most of his methods have been learned through observations, interactions, and years of experiences with horses since his youth. Natural horsemanship also involves communication techniques between the horse and trainer aimed at building a partnership that closely resembles the relationships that exist between horses. These communication techniques rarely

include pain as teaching tool. Rocky Mountain horses mirror Vermont's renowned Morgans in many ways, including the reasons behind their popularity.

Both are described as easy keepers and wonderful riding horses with a strong heart and endurance. Today they are used as pleasure horses, for trail and competitive or endurance riding.

As show horses, the Rocky Mountain breed is rapidly gaining in popularity because of its beauty and unique way of moving in the ring. These horses have a lot of natural endurance; they are sure-footed on rough ground and, because of their gait, require a minimum of

effort by both horse and rider, so that together they can cover a greater distance with less tiring.

The poor families of eastern Kentucky who owned these horses could not afford to spend a lot of money on the upkeep of their horses, according to the Rocky Mountain Horse Association. Unlike the thoroughbreds owned by the wealthy, they received no special care, and as a result most of the weak ones did not survive. These horses withstood the winters of eastern Kentucky with minimal shelter.

In the mid 1980s, according to Mike, only 33 animals in the country met the breed criteria. Currently, around 18,000 animals are registered with the Rocky Mountain Horse Association in Lexington, Ky. Even with this increase, the breed is still considered rare.

A retired surgeon, Mike and his wife, Kathy, moved to their Peacham-Groton Road farm in 1996. They were seeking a quiet



existence that would keep them active and outdoors. Their 130 acres of rolling fields did just that, and it bears little resemblance now to the abandoned dairy farm they took ownership of 14 years ago. Mike spent his childhood in rural Illinois, and after 20 years practicing medicine in Central Massachusetts, he and Kathy longed for the farm. When they arrived in Peacham, they started with beef cattle, but a trip to a large fair in Toronto, Canada, would

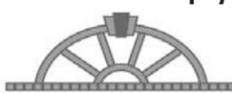
change their plans. There they first encountered the Rocky Mountain breed during a horse show. A year later, the couple bought their first four horses in Kentucky. Among the group, were a mare and her foal, a colt named Absolutely Incredible or "Abel" for short.

His impact on Cedar Grove Farm would be substantial.

Now eight years old, Abel is Cedar Grove's stallion and he spends his days in solace, admiring his handy work

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In addition to breeding and selling their horses, the Hartongs used to compete in shows. The office area is decorated heavily by ribbons, many of which were earned by Abel himself. However, the distant locations of the shows have made it difficult for the couple to continue competing.

The downturn in the economy has also affected Cedar Grove Farm. The Hartongs aim to sell two or three horses a year, which currently range from \$5,000 to \$7,000, but sales across the horse industry have dropped in recent years, according to Mike. In the South, horses are essentially being given away because their owners can't afford to feed them. The couple decided not to add to their herd last year. They try to make up for down sales with breeding agreements across the country. Horse owners across the country will pay for Abel's services through artificial insemination. Likewise, the Hartongs employ other stallions on their farm to maintain genetic diversity in the herd.

The breeding process for these horses is more about science than romance. When the horses breed, the owners have made several calculations using genetic probabilities. They are often seeking a specific outcome, such as color and build, and trying to avoid future

from an elevated paddock a short walk from the Hartong's house. Many of Cedar Grove's 18 rocky mountain horses were sired by Abel. The Hartongs also sell his services across the country, so his family tree is large and distinguished. After all, his grandfather is one of the five foundation stallions sired by Tobe.

Abel exhibits the most sought after characteristics of his breed. You need only to approach his paddock to experience his friendliness. In addition to his demeanor, his color, solid chocolate with flax mane, is the most popular selling combination.

The Hartongs may be retired from their careers, but hard work is still a major part of their everyday lives. Their operation is large in size by most measurements. The upkeep and training demands of the farm are met with the help of two young workers: Abby Walton, a Groton resident whose homeschooling schedule affords her much time for working with the horses; and Jason Jager, a Peacham resi-

dent who just graduated from St. Johnsbury Academy and has spent several summers working on the farm.

The Hartongs don't consider this work. Their affection for their animals is clear even after a short visit.

"There's a saying about Rocky Mountain Horses," he explains. "You don't own them, you collect them."

Mike spends considerable time training his animals, and he explains it as if they were his children.

"I only train our horses," he says. "We don't offer training to outside animals, and we don't offer riding lessons here at the farm. I work with our horses from the first time they are saddled, so I can make sure they're learning the right way and not developing bad habits."

health problems.

Vermont's climate can make horse breeding difficult. The Hartongs try to plan the sequence so the nine-month gestation period ends during the warm months. Foaling almost always occurs at night, according to Mike, which could be an engrained survival instinct from their days as a prey animal.

"In this part of the country we have a very short window," Mike says. It can be very dangerous for the foal if one of

the four brood mares calves ahead of schedule because the animal's coat is the last thing to develop. "When you're around them as much as we are, you can really start to tell how the mares are doing by the way they act."

The demeanor of these animals is just as impressive as their physical gifts and it's easy to see why the Hartong's have dedicated their retirement years to this pursuit. It may be hard work, but it certainly appears to be time well spent.

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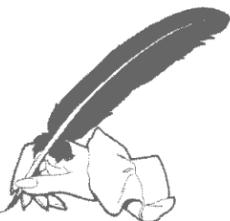


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Letters from the Past

When writing was a necessity and an art

By Lynn A. Bonfield



Chastina Walbridge described a lively Peacham village social life during the fall of 1847 in a letter written to her younger sister, Sally, living “down country,” while working in the mills at Lowell, Massachusetts.



Chastina Walbridge, copy from one of the earliest Peacham daguerreotypes, ca. 1844.

At the time young women, like Chastina and Sally, had begun to earn wages away from the family and enjoyed some independence from the toil of farm work. Chastina, born in 1830, had passed her teaching certificate and already worked a few terms in the neighboring towns. Sally, born in 1827, and not a scholar like her sister, chose to go to Lowell and earn money in the factories. There was some stigma surrounding going to the mills as the work was dirty, the noise deafening, and families could not be assured that the girls were properly chaperoned. At least four Peacham girls went to Lowell about the same time as Sally.

vocation were called “visiting seamstresses,” as they lived with the family who hired them, sometimes as much as a week at a time.

Sally worked almost a year at Lowell before returning to her family in Peacham, richer but in poor health. She then began to be called “Sarah,” married a year later, and moved in 1855 to Minnesota with her husband and other successful returned California gold miners, raised four children, and died at age eighty-two in 1909.

The 1850 census for Lowell enumerated more than thirty-three thousand people; a far cry from the fourteen hundred in Peacham. Also, Lowell had more than ninety stores, while Peacham had three or four, so it is no wonder that Chastina asked Sally to buy a scarf for her. Chastina quoted Miss Kittredge, the seamstress who was at the family farm. Women of her

The original of this letter and the photograph are preserved in a family collection. Letters in this series are transcribed as written with no corrections of spelling, punctuation, or capitalization. Brackets indicate editor's additions; ellipses indicate words purposely left out of the transcription.

Peacham Monday 9 o'clock Eve. Oct 18th '47

Dear Sis [Sally]

Having an opportunity to send you a line by P[almer] Blanchard. I thought perhaps it might be exceptable thus early after your departure from Peacham. We were glad to hear of your safe arrival at Lowell, & also of the prospect of your company, being so fortunate as to work so near together. I expect, you & Esther [Harvey] are rather green yet, in your weaving business. I want to know of your advancement. whether you are still considered as “raw hands,” or can do your work alone.

As for any news, I fear you will be disappointed in that line. The present rage “Pareing bees” “apple pareings,” “apple bees,” and all such kind of things that are amusing & delightful to attend. last friday night I attended an “apple pareing” at Mr Franklin Varnums. We had a delightful time Such an assembly of fine young gentlemen are not to be met with every day. Such for instance as John S. Way, H. Varnum, J. Spencer, Mr Currier, C[arlos] Sampson, L[yman S.] Watts & all the young sprigs of nobility of the East of Peacham. It had such an effect upon my poor lips that I could scarcely speak the next day. Probably in consequence of eating sour apples & sweet, the mixture fermenting and producing the irritation upon the skin already—irritated by anticipation of the “after clap” of pareing apples. We pared about twelve bushels, about thirty there. That was the 5th. & to night Clarissa is out at Mr J. Clarks. Tomorrow evening Mark [Varnum] has a ball pareing bee, at S. Varnums, & two others I have heard of this week. Thus you see the young people have enough to employ themselves about evenings—

I think this will do about “bees” of any kind—Home news, & proceedings. Chapter 1st Grandmother [Olive Brown] is yet residing in our family. Although she is greatly afflicted with a bad cold. yet we find her a never failing fund of information, & we especially myself find it to be extremely interesting when I sit down to read a little in the evening. To hear a recital of the thrice told stories. Miss Kittredge [a seamstress] remains with us yet, but I expect she will get through yet this week. last week C[larissa, their younger sister] & myself finished the warp to the web. I spun twelve skeins My health is quite good now, on the improve. Today I have cut Clarissa's calico dress, & tomorrow—“if I live”—I shall spin again. I get a lesson almost every day & recite to Miss Walbridge. I think I know almost as much as my teacher. Miss K. just cocked up her head in the bed, & said, “are you writing to Sally? [?]” answer, yes. “give her my respects then, & tell her I expect when she walks in the streets, her head is strait forward, but her eyes every which way” Exit under the bed clothes. . . .

Mother makes out to get along with the work somehow there is music in it though. [Here Chastina attempted to describe the wailing of her younger half-siblings] 1st voice cries wa. wa. wa. then answer dear little darlin. she is tired ene-most to death. ganmam ses---- ----wa. wa. is the answer. 2nd voice ba.ba. Iky [Isaac, their younger half-brother] struck me. & mother shall take it pretty soon “wa, wa [?]” is the answer 2nd voice baba Iky struck me. 3rd voice “wall. I did'nt nuthan she kicked me first, bo-bo-bo, so now. [?]” We are getting along well with our work.

I suppose Esther will hear from home by the same male that this is sent by. Lyman [S. Watts, their younger step-brother] was at Mr Gillfillans to night Mrs. G said tell the girls we are all well. I should like to call and see you a few moments just for the notion of it.

Sarah! have you heard from Boston yet? if so what is the news? I had a letter from A[lfred Rix, who is courting Chastina] he says he is going to write to you soon. I think of you & your affairs almost constantly. I dont know why it is, but I cant help it. tell me if any thing new happens, write on a bit of paper from the rest if directed to me—. If you have not written, write a line by Palmer, if you can. I dont know however as he will call but once if he does not I suppose you can't.

Dont you want to go a shopping for me? if Palmer calls so as to make it convenient, I wish you would get me something to wear around my neck over cloak. I cant afford quite so expensive as the Gillfillian girls, but something of the kind, red if its fashionable, you may charge the same to my account & I will pay you, If you can get me something & send by him I shall be glad I dont suppose you can without he calls on you more than once

My love to all the girls, Chastina

[Written up the side of the left hand margin on the first page:]

I suppose all the family send their best wishes for your welfare. mind your health—keep a watch over yourself—knowing that there are snares for the unsuspecting. It is almost eleven o'clock, I should review this to correct mistakes Good Night to you five [girls from Peacham]. Pleasant dreams to you all—day dreams as well as night is the wish of Chastina

[Written on back of envelope:]

Clarissa has just come in after 11 o'clock—been out to a bee

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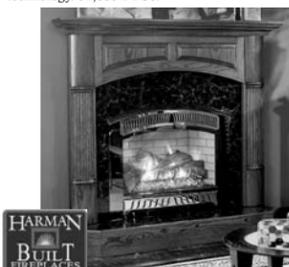
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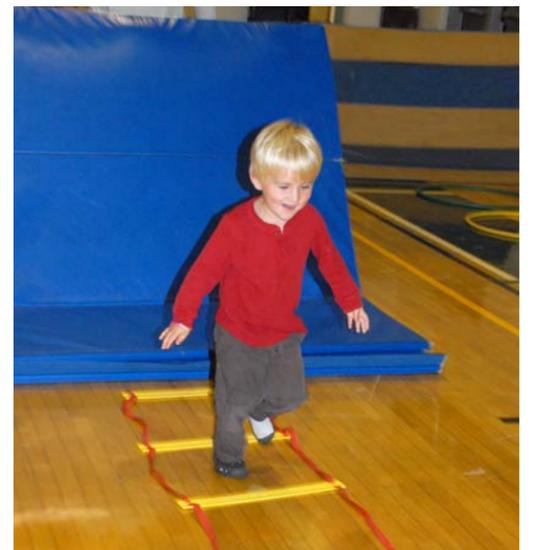
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A Maze of Possibilities

Mike and Dayna Boudreau, a husband and wife team, run what's become an international attraction



By DONNA M. GARFIELD

As I travel from St. Johnsbury to North Danville, I pass by plenty of cornfields. It is not until I reach 1404 Wheelock Road that I find the one I am looking for. This field is different. It is a maze. Like many other people before me, I am a little nervous about whether I will be able to find my way out if I dare to go in.

Welcome to the Great Vermont Corn Maze located on the Patterson Farm in North Danville, Vermont.

Are you persistent, able to laugh at yourself, patient, and able to handle frustration? Can you walk for two hours? Can you make a decision when the path divides as to which way you should go? Will you succeed on this path or will it be a wrong decision? Are you willing to ask for help if you need it? It sounds a lot like questions you face in everyday life.

The life and success behind the maze are due to the hard work of Mike and Dayna Boudreau, a husband and wife team. Now in their 12th season, they average 10,000 visitors each summer. Mike says, "We were the first full-time cornfield attraction in Vermont and the first ones to do this as a primary business."

Dayna and Mike have been married 16 years. They met at New Hampshire Technical College where they were studying to be physical therapy assistants and moved to North Danville in 2000 to be closer to Dayna's family. They have a son and daughter. Jake is 14 years old and Rian is 12. They also have a "summer son," Grady Peterson, who lives in Danville and helps them every summer with the maze. Dayna's grandparents, Pat and Polly Patterson, started the farm. Dayna's parents, Roy and Brenda Patterson, currently do all the farming. Mike and Dayna build and supervise the maze. They also work per diem at several physical therapy practices from November through May.

Mike says, "The maze has been such a huge boon to the area. Financially, we should have stopped five years ago but if we stop, there are 10,000 peo-

ple who are going to stop coming to this area. We have people who have been coming here for 10 years. More people returned this August than we ever had." People come from all over the United States as well as places such as France, Germany, England, and Paraguay.

Thousands of dollars are spent on advertising. Dayna's

ing and will eventually be 10 to 12 feet tall. We bend down all the leaves so they won't hit you in the face. We have to move 50 feet of bridges, kids' doors, emergency exit doors, punch poles, and bells. We are not looking to make something quick. If you are coming here, you want to spend the day."

Mike says, "In the big maze,

"...a half-mile walk through a cornfield with buildings, animatronics, a slaughterhouse, live actors, special effects, a sound system, fun house, vortex tunnel, and dark barn...People scream and yell."

website is the primary source for marketing. She says, "Every time another maze opens we have to do more advertising to let people know we are still here. Every time one closes, they think we have closed."

The maze is 8.5 acres. In one way or another they are working on it 11 months out of the year. Mike says, "People think we just go out and make it and it's done. We work on it starting in January. I draw it on graph paper taking into consideration all the people that come back every year and what we have done in the past. We change things around."

Corn is planted at the end of May. In June, when the corn is about two inches tall, Mike and Dayna begin the physical work on the maze. Mike explains, "Dayna and I go sun-up to sun-down using the graph paper and a 100-foot tape measure and hand pick two miles of trail. It's very complicated to do. After we hand pick everything, we go back and rototill and rake every trail. The corn keeps grow-

we have a 28-foot cabin cruiser and a 32-foot underground tunnel. We want the kids to see that. The kids' doors are shortcuts through the big maze. It's a separate maze entirely but tied into the big one. The kids' maze has directions on the back of the doors. They will get you out, but it won't help you solve the big maze. The emergency exits allow people to come out, get clues, and go back in. Ninety percent of the time we are helping people. If I'm out there for 20 minutes, I can tell you where everyone is and where they have been. My son is the only other person who can do that, so one of us is out there all day long." Mike can stand on a high bridge in the maze that allows him to see every quadrant. "I have total control of the entire maze from that bridge."

If people ask for clues, Mike says, "We always ask people three times if they want a clue. If you give them a clue too quickly, they get out too quickly. Most people will say no if you ask them if they really



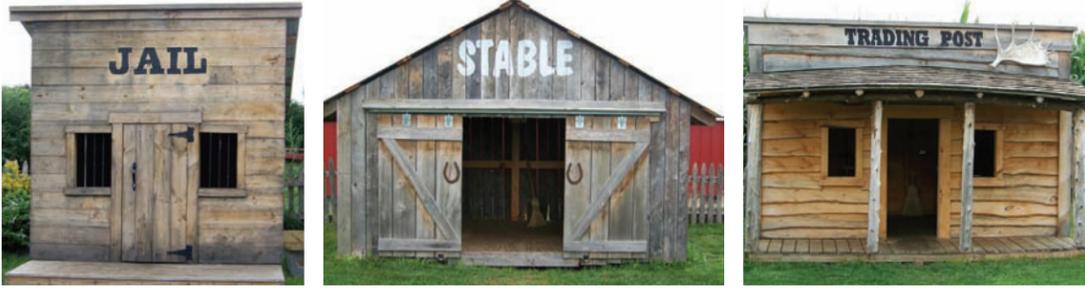
want a clue now. After two hours and someone is still in the first quadrant, they might want a clue. I want them to solve it but not too soon." They have found that approximately 5 percent of their visitors find their way out of the maze in 45 minutes. About 10 percent get out under an hour without the help of any clues. Most people can finish walking the maze in an hour and a half or two hours with clues. If you are successful in solving the maze, you ring the Bell of Success.

After completing the maze, there is a barnyard to visit with goats, calves, and rabbits, as well as a kids' village with kid-size buildings including a house, jail, trading post, and stable. There is also barnyard mini-golf. Ultimate laser tag is available by reservation only for groups of 10 who play two 25-minute games.

The maze opens Aug. 1 and

closes the second to last Sunday in October. The cost is \$12 for adults, \$9 for kids (ages 5 to 15) and seniors, and children 4 and under are free. There must be one adult supervising every three teenagers. Kids under 16 must stay with an adult. Active military personnel are always allowed in free.

Every year the maze has a theme. For 2010, it is a hiker for the Long Trail because it is the 100th anniversary of the Long Trail and the Green Mountain Club. In 2009, it was Champ eating a boat; 2008 was a rat race and people had to find a huge block of cheese in the middle of the maze; 2007 was Atlas holding the world; 2006 was a generic Catamount in a Vee representing a number of schools in Vermont; 2005 was an Indian head; 2004 was the world's first barnyard mini-golf; 2003 was the Great Vermont



Corn Maze logo; 2002 was the year after 9/11 and it consisted of a peace sign, USA, an eagle, a star, and the Statue of Liberty in exact proportion to the real one; 2001 was the Vermont quarter; 2000 was the first attempt at a picture with the word Vermont; and 1999 was a group of geometric shapes. Each year there are shirts to go along with the design.

Dayna says, "We have paid to have the aerial pictures done professionally for several years." Mike adds, "Robert Lyons flies over and takes a picture before it opens. He does an amazing job."

Their daily routine at this time of the year is very busy. Mike says, "From 6 to 8 in the morning we work on the computer. From 8 to 10 a.m. we open the maze. Then from 10 a.m. to 3 p.m., we are talking with people and running the maze. We close the maze between 3 and 5 p.m. Then we work on building the haunted site." Dayna says, "We have to change the haunted site every year because we have so many repeat customers. As of next week, we will sleep from about midnight to 6 a.m. We are working on the haunted site while still trying to maintain the maze at the quality that we want."

The haunted site is called Dead North. According to Mike, it has "terror, gore, and guts." Dead North is held on the first two Friday and Saturday nights in October and is by reservation only. It starts at 7:30 p.m. and the last group goes in

at 9 p.m. The price of admission is higher and the tickets must be printed from the website. A certain number of people are allowed in every half hour.

Mike says, "For nine years we have had about 70 neighbors who show up and help. We send a group of visitors through the haunted site. It is separate from the maze and involves a half-mile walk through a cornfield with buildings, animatronics, a slaughterhouse, live actors, special effects, a sound system, fun house, vortex tunnel, and dark barn. It's a full-scale production. None of the neighbors are actors but I give them their stuff, explain the scene, and they create it. People scream and yell."

Both Dayna and Mike agree the maze is a lot of hard work but the best part is they get to spend the entire day with their kids. Mike says, "The kids enjoy it. They learn customer service and help take care of the animals. The moment they want to move off the farm, we can stop."

One of the first things I notice about Mike and Dayna is that they both have walkie-talkies. They are in constant communication with each other all day long. How do they like working together all the time? Mike chuckles and says, "We are going to start a couples' maze — see if you can stay married while building a maze."

Who comes up with the theme? Mike admits that his brain "never shuts down. Dayna might say she likes

something but doesn't know if we can build it." Dayna says, "Mike is the one who finalizes it and makes sure we don't lose the integrity of the picture when we build the maze."

Mike has no surveying experience and does not like numbers. "It's more of an artistic and creative outlet than anything," he says. "I design the maze and work on how to scare people and build tunnels underground. She figures out if it is financially feasible." Dayna laughingly responds, "He just spends the money. I find a way to come up with it. I do the website, the advertising, and the paperwork. We work well together."

It is obvious that Mike and Dayna spend a lot of time, energy, and hard work on the maze and the haunted site. More than halfway through the season, they are still full of energy and excitement.

They are nice enough to give me an abbreviated tour of the maze so that I can feel what it is like to walk among towering cornstalks. I also walk through a huge tunnel and stand on the high bridge. Mike even lets me ring the bell at the end. To be fair, though, I am going to have to return at some point and go through the whole process from beginning to end.

I come away thinking, "These people are having way too much fun!" and I smile all the way back to town.

Websites: www.vermontcornmaze.com, www.deadnorthvermont.com, www.ultimatelasertag.com

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Senior Meal Site: Join others for a time to visit and enjoy a great meal. Tuesdays and Thursdays at noon; by reservation; call Karen for more info at 684-3903

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Fall is a perfect time to be in the kitchen

No Small Potatoes *with Vanna Guldenschuh*



There is no denying the change of seasons in September when you break down and start a fire in that long forgotten stove or turn up the thermostat a bit. It is getting cold! But not to worry, there is no better place to be in the fall than the kitchen – baking bread, making soups and stews, pies and cakes. The warmth of the oven and the aromas from sweet or savory foods put smiles on the faces of everyone in the household.

I still miss the old wood cookstove I had for many years and the joy I found in lighting that stove on a frosty morning. I have made many soups and stews on a crisp autumn day and I pass a couple on to you with advice to enjoy the chill of the season in the kitchen.

New Orleans Jambalaya

Jambalaya is a complex recipe using lots of ingredients. It certainly makes life in the kitchen interesting when you are making it. This recipe includes traditional ingredients, but I have included substitutes for the Northeast cook – we are a long way from New Orleans. Serve jambalaya with a green salad. It needs nothing else and is truly a meal in one dish.

- 4 cloves garlic – peeled
- (All the vegetables below should be chopped fairly fine. They should be recognizable but not in big hunks.)
- 2 large onions – peeled and chopped
- 1 bunch scallion – chopped
- 1 green pepper – chopped
- 2 red peppers – chopped
- 4 ribs celery – chopped
- ½ lb Tasso ham – (substitute your favorite cured ham)
- 1 lb Andouille sausage (substitute kielbasa)
- 1 lb medium shrimp – peeled and deveined
- 6 chicken thighs (or one for each person)
- 1 cup rice (I like converted rice in this dish – no minute or instant rice)
- 28 oz can peeled whole tomatoes – crushed slightly
- 1-2 quarts rich chicken stock (boxed stock is good)
- 1 bay leaf
- 1 teaspoon cayenne pepper – plus some for the flour mix
- 2 teaspoons oregano
- 1 tablespoon basil
- 1 tablespoon Cajun seasoning
- ½ cup fresh chopped parsley
- Salt and pepper

- 2 cups flour mixed with Cajun seasoning and a pinch of cayenne for dredging the chicken

Assemble all your ingredients and preheat oven to 350 degrees

Grill the sausage in a skillet for 10 minutes (it does not have to be totally cooked) and set aside. Put the ham in the skillet with a little butter and sauté until slightly browned and set it aside with the sausage. Dredge the chicken in the flour mix and heat ¼ cup of olive or canola oil in a skillet with the garlic cloves (whole). Sauté the floured chicken thighs until browned thoroughly on each side. The chicken should be about three quarters cooked. Set the chicken aside with the sausage and ham and add the onions, scallions, celery and peppers to the oil and garlic to the skillet. Cook until all the vegetables soften slightly. Set aside.

Cut the cooked sausage into coin shaped pieces. Put the vegetables (along with the oil and garlic) into a big lasagna pan or casserole. Set the pieces of chicken evenly on the top and scatter the ham and sausage overall. Mix the cayenne, Cajun seasoning, basil, oregano, bay leaf, parsley and salt and pepper to the slightly crushed tomatoes and pour this mix over the top of the other ingredients. Pour the uncooked rice over the casserole evenly and shake the pan to settle the rice. Add the chicken broth to just cover all the ingredients. Cover lightly and cook in the oven for 30 minutes. Check on the casserole at this point – you may need to add extra broth to accommodate the rice. Add the shrimp now – pushing them into the casserole to cover them. Make sure it is a little soupy by adding more broth and put back in the oven uncovered for about 10 to 20 minutes. It is done when the rice and shrimp are cooked.

Let the good times roll.

Portuguese Kale & Sausage Soup

My favorite kale recipe is a savory Portuguese soup, so rich it should really be classified as a stew. It definitely is a hardy supper. Use more or less sausage depending on your

preference.

- 2 quarts tinned chicken stock
- 1/4 cup olive oil
- 3 cloves of garlic - chopped
- 2 onions - chopped
- 1-2 lbs. linguica (Portuguese sausage) - can substitute chorizo or kielbasa
- 2 large russet potatoes - peeled and cut into cubes
- 1 12-16 oz. cans of red kidney beans with juice
- 1 12-16 oz. can whole tomatoes (crushed slightly)
- ½ teaspoon each – of oregano and basil
- ¼ cup parsley – chopped
- 2-3 cups cooked kale (about 10 cups raw)

Prepare the Kale: Cut off any thick stems from the kale. Rinse and coarsely chop the kale. Cook in a large saucepan of boiling water for about 20 minutes or until tender. Drain and chop into medium size pieces for use in the soup. Set aside.

Prepare the Sausage: Slice the sausage into coin shaped pieces and sauté for a few minutes. Cover and reserve for the soup.

Make the soup: Sauté the garlic in the olive oil until lightly browned. Add the onions and cook until transparent. Add the chicken stock, parsley, oregano, basil and potatoes. Cook until the potatoes are soft. Softly mash the potatoes in the pot just to thicken the soup. Add the sausage, tomatoes, kidney beans (juice and all) and cooked kale. At any point in this soup recipe you may need a little more stock or water for consistency. Simmer for about 15 minutes. Let sit for about 15 minutes and skim off any oil from the sausage on the top of the pot. Serve with crusty bread and salad for a great meal.

Mushroom & Barley Casserole

Barley makes a surprisingly rich and tasty dinner casserole without meat. Serve it on top of a grilled Portobello mushroom for a fancy luncheon dish. A green salad is all you need for a very satisfying

meal.

- 1 ½ cups pearl barley
- 2 quarts rich chicken stock or vegetable stock
- 4 carrots – peeled and sliced into coins
- 3 ribs celery – thinly sliced
- 2 onions – thinly sliced
- 1 bunch scallions – chopped
- ½ cup fresh parsley – chopped
- 6 cup sliced mushrooms – either white button or baby bellas are good
- 1 stick butter
- Olive oil
- Salt and pepper

Put a coating of olive oil in a large skillet and melt 4 tablespoons butter in it. The olive oil helps keep the butter from burning. When it is hot (don't burn) toss the barley into the skillet and cook the raw barley over medium high heat until it is nicely browned. Be careful not to burn the barley. Add the onions, celery and carrots and cook until they are just softened. Put them in an eight quart casserole dish and add 6 cups of the chicken or vegetable stock. Add salt and pepper to flavor. Set aside. Wipe out the skillet and melt the remaining butter – add the mushrooms and sauté (fairly hot) until the mushrooms are browned and a lot of the moisture is cooked out of them. This step really adds flavor to the mushrooms and in turn to the casserole. When the mushrooms are done turn the heat off from under them and add the parsley and the rest of the chicken stock to the skillet. Stir and then pour this over the casserole. Give the whole pot a stir, cover and put in a 375 degree oven for about 30 minutes. Make sure there is enough liquid in the casserole at this point. You may need some extra stock or water for the barley to absorb. Don't be afraid to put liquid in the casserole – barley usually absorbs as much as you give it. Put back in the oven for about another 15 minutes. Check for doneness by tasting the barley. I find that barleys do differ and the taste test is the only way to judge.

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Justin Lavelly, Editor, October 1, 2010



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Up on the Farm Early

RECIPES

By LORNA QUIMBY

“Little things amuse little people,” said our typing teacher. She was responding to a wise-crack from a student. Before we could qualify for our business degree, we had to attain a certain number of words per minute. The teacher, a tough old girl, used humor to encourage diligent practice of the boring assignments—and to keep control of her unruly class.

After World War II, some returning veterans went to the Burlington Business School under the GI bill. They were there to prepare for a job, but during their time in the military, they had had their bellies full of mindless discipline. Their attitude toward the teachers was tolerant but irreverent. Hence the smart remark.

I’m one of those “little people,” for I find amusement in many small things. And I never know when or where I’ll find something to smile over. One doesn’t expect to laugh when reading a recipe.

Contrary to our expectations, the Duchess apple trees did well this year. In May, when the trees were full of bloom, I didn’t hear the hum of bees gathering nectar and pollinating the blossoms. “We won’t have many of those apples,” I told Dick. But some small creature did the work, for the two trees

were loaded

We picked up the best apples as they dropped. The culls went for cattle feed. We froze apple slices for pies and crisps, and canned applesauce until we couldn’t look at the food mill or the canner. I made pies—crisps seem more for winter. Faced with yet another batch of apples, I looked for a different apple dessert recipe

Mother Quimby’s Modern Priscilla had a recipe for apple tapioca, but I thought I’d see if there were other versions. I looked in the cookbook that the Peacham Academy Alumni published in 1949, “From Peacham Pantries.”

In 1946, the Alumni formed the Academy Committee “to take upon its shoulders anything that will help to keep Peacham Academy from having to come to a disastrous close.” Through the years the cookbook had a steady sale, and the Alumni

gave funds, for example, “to redecorate the Alumni House, install light fixture and aid students who attended the All-State Musical Festival.”

The cookbook the Committee produced has more than recipes. It is, of course, not politically correct. Susie Abbott gave a recipe, “How to Cook a Husband.” The final paragraph reads “You cannot fail to know when he is done. If thus treated, you will find him very digestible, agreeing nicely with you and the children, and he will keep as long as you want unless you become careless and set him in a cold place.”

Not all the recipes give oven temperatures or mention high, medium, or low heat. Some women, usually those on the farms, were still cooking on a wood-burning range. Their directions read “Place on the front of the stove” or “simmer at the back of the stove.” Some used an ice box. Only a few—usually “summer people”—had a refrigerator. I wish I could buy the bread flour mentioned by one cook.

Not all recipes were from women. When I browsed through the ice cream section, I came across “Mr. Bunker’s Mousse.”

From 1867 to 1896, Charles A. Bunker was the principal at the Peacham Academy. He and his wife Nellie lived in

the Corner, so he was able to keep his eye on all the students who boarded in various houses there. A redoubtable man, Bunker made sure no unwary lad was wandering around the village, to the neglect of his homework. Bunker did not approve of sports, for sports took attention away from studies. Someone gave him an apple once, saying “Be sure to look out for worms.” Bunker replied, “When I eat an apple, the worm has to look out for itself!” He died in 1932, but his recipe for the cookbook gives you a feeling for the man and his era.

1 egg beaten very light.

Add one pt. cream and beat like the Old Harry till light and frothy. Add sugar and vanilla to taste. Pack in ice or snow and salt. Four parts ice or snow to one of salt is about right. Will serve six people.

How many cookbooks tell you to “beat like the Old Harry” (my mother’s name for the Devil)? And how many use ice or snow to freeze a dessert? What a contrast to the latest cookbooks with their exact measurements, degrees of heat or settings for your refrigerator or electric ice cream maker! And how many bring a smile to your face?



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Taxes must be in the hands of the Treasurer on due date or bear a legible USPS postmark date of no later than October 25, 2010. Postdated checks are not accepted.

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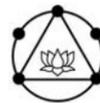
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<<Happenings>>

- »Queen City Radio Hour - St. J. School - Oct. 2, 7:30 p.m.
- »Das Rheingold - Met Live Opera - Oct. 9, 1 p.m.
- »Das Rheingold - Encore Performance - Oct. 16, 1 p.m.
- »Bluegrass Jam - Cabaret Room - Oct. 16, 7 p.m.
- »Vermont Philharmonic - Fuller Hall - Oct. 16, 7:30 p.m.
- »Boris Godunov - Met Live Opera - Oct. 23, 1 p.m.
- »Losing My Religion - Cabaret Room - Oct. 23, 8 p.m.
- »Constitution Brass Quintet - Fuller Hall - Oct. 27, 10:30 p.m.
- »James Lamar - Kids Rock - Cabaret Room - Oct. 30, 11 p.m.
- »Boris Godunov - Encore Performance - Oct. 30, 1 p.m.

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Returning to the U.S.

A country I hardly knew

By Bill Amos

It was time to think of change, of leaving a familiar home on the outskirts of a great Japanese city to try making it on my own 7,000 miles away. I would be a college student in the eastern part of a country I hardly knew—my country.

Graduation in June 1938 from the American School in Japan was the usual heady affair and closely resembled other such ceremonies in the United States. Our speaker was my father's friend, Ambassador Joseph C. Grew, who in telling of political tensions facing us in the world warned that we must think for ourselves "with clarity and freedom from the influence of propaganda." We 17 classmates sat listening, many of us Americans, but some from other nations as well. What thoughts went through our minds molded so differently by our separate cultures? Did we muse on pleasant days ahead in what would be the next step up the educational ladder? We had no inkling that many of us would be caught up in Allied or Axis armed forces within a few years, some of us on opposing sides.

Before graduation my family considered my return to the United States. First choice was to travel across Asia on the Trans-Siberian Railway. This would allow me to see Lake Baikal; with strong naturalist interests I had read everything possible about this extraordinary body of water. But tensions were growing in Europe, and seeking rail passage from Leningrad (St. Petersburg) to Paris was no longer possible now that Poland had refused Germany's demand for access to Danzig and the Polish Corridor. Hitler was seething as a result. A Nazi invasion of Poland was only months away.

I decided to remain in Japan for another year to travel the country, study the language and visit places I'd always wanted to see. In 1939, I hoped to sail from Yokohama to England aboard one of the P & O liners (Pacific & Orient Steam Navigation Co. Ltd) via the South China Sea, Malay Straits, Indian Ocean, Suez

The next morning I was again called to come downstairs to the lounge. This time two strangers were waiting, large serious men dressed conservatively in dark suit and tie. They introduced themselves as FBI agents and needed to talk with me in private.

Canal, through the Mediterranean and into the Atlantic. I visited the ship during its last visit several months prior to my departure date and found the Rawalpindi was a 550-foot-long steamer of antique appearance despite being only 15 years old. The hull and twin funnels were jet black and the superstructure a soiled-looking caramel brown. She was unimpressive and dull compared to the gleaming white Empress liners we had traveled on in earlier years.

Walking up the gangway I noticed several crew looking over the rail—dark, bearded heads wrapped in turbans. Probably nice enough fellows, but their visage seemed to imply ferocity. British officers oversaw a crew of Lascars from India with a few Sikhs thrown in. In other words, the ship's complement was a typi-

cal, top-heavy, class-conscious, sea-going replica of the British Empire.

The type of cabin I would occupy was cramped, paneled in wood almost black, had one small porthole, a brass bed and marble washstand. Bath facilities were down the hall. The Rawalpindi's lounge and other social rooms were oppressive with potted palms, heavy furniture anchored in place and weak artificial light. It seemed stifling to a young American.

I was told meals on the Rawalpindi were formal affairs at which men were expected to wear black tie at a specified hour for dinner every night during the 18-day voyage.

The voyage with its ports of call would have been an adventure in itself, but I was not unhappy when P & O discontinued its Far Eastern service as war with Germany got underway and I had to seek another less formal means of going to the U.S.

In summer 1939 (about the same time I arrived in New York on another vessel) the Rawalpindi was taken over by the Royal Navy, made into an armed merchant cruiser and placed on patrol duty in the North Atlantic. After only a couple of months she spotted two powerful German battle cruisers near Iceland, Scharnhorst and Gneisenau. When they drew near and demanded the Rawalpindi's surrender, Captain E.C. Kennedy, RN, refused and immediately attacked the behemoths with his thin-skinned converted passenger liner and puny guns. The ship was sunk within fifteen minutes with a huge loss of life, Captain Kennedy included.

But the engagement delayed the heavily armed German ships from gaining the full Atlantic to harass and

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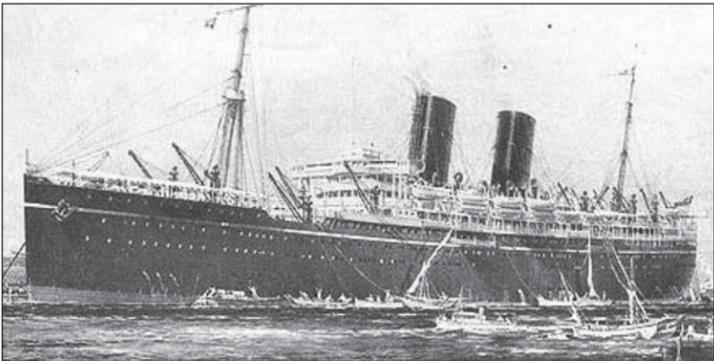
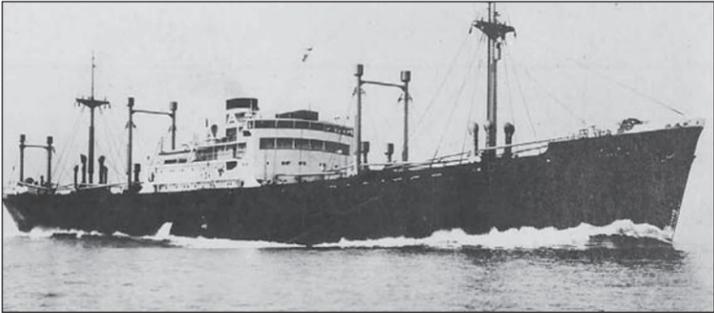
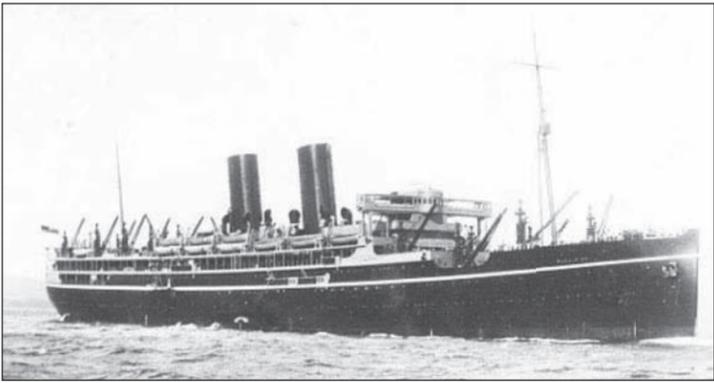


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took me down steep stairwells to the spotless throbbing engine room. I was fascinated by the huge uncased propeller shaft spinning in a shining blur.

In the evening around sunset I'd go to the afterdeck where the ship's auxiliary wheel stood tethered and exposed. A photo I took of the wheel against the darkening sky is all that remains for me of this good ship. If scavenging recreational divers haven't removed it, the wheel lies today on the bottom of Rabaul's Simpson Harbor in New Guinea where the Komaki Maru was sunk by Allied warplanes.

We headed straight for San Pedro south of Los Angeles. A couple days out we did a curious jig in our course that I didn't understand at first. Startled by shrill siren blasts repeated furiously from nearby, I saw an American destroyer racing alongside clearly warning us off. We had "blundered" into the middle of the U.S. Pacific Fleet's maneuvers. Komaki Maru's officers were on deck with binoculars and snapping photographs like crazy.

Further south, we traveled close to the Mexican coast and one afternoon slowed almost to a standstill off Acapulco. That was fine with me since an enormous manta ray was foraging nearby in the plankton-rich coastal waters, once leaping clear of the water and falling back with a tremendous splash.

Approaching the Panama Canal, we paused for the night and anchored in Panama Bay some miles off the western port of Balboa. I asked the captain—his English and my Japanese were on equal terms—if I might descend the landing stairway to its platform just above the quiet sea. This would allow me to gather specimens and maybe his crew could get something for dinner. He generously obliged and ordered a big searchlight to be hung over the side to illuminate the dark water.

The light seemed to attract everything in that part of the Pacific, including large sharks. My notes read, "...watched and listened to...them, huge things splashing..." as they rose in pursuit of the fishy multitude swarming in the glowing water.

I netted more shrimp and

worms and jellyfish than I knew what to do with, and took them to the lounge for passengers and crew to see.

The ship's cook descended to the platform and caught dozens of slim blue flying fish, now docile and quiet in the searchlight's glare. We soon had meals of the most delectable fish in the ocean, a claim I defend to this day. I've eaten flying fish many times, but never more flavorful than those taken off the west coast of Panama.

Our passage through the Panama Canal was uneventful, but awe-inspiring: the enormous gates closing the locks; the diesel-electric "mules" (tractors) that drew our ship through the locks; Culebra Cut, a man-made valley; the abandoned, rusting, vine-enshrouded machines of earlier failed French efforts to open a canal. Most interesting (for me): tucked away near the northern shore of Gatun Lake I recognized the island of Barro Colorado where the Smithsonian's famed tropical research

laboratory was situated.

At the eastern end of the Canal, I went ashore in the evening to walk around Cristobal, a colorful town redolent with spicy scents. I was mystified by one street lined with colorful open booths, each of which held a smiling young woman resting on a divan. Some booths had their curtains closed. I wondered if they were orphans or impoverished, homeless people and this was all they had. I considered taking a photograph, but feared it would be rude and went on my way. It never entered my head what was going on.

Nearing New York in Long Island Sound our low-slung ship was dwarfed by an approaching leviathan, the Ile de France accelerating into the Atlantic bound for Europe. Shortly after, we overtook the even larger Queen Mary pausing on her way into New York Harbor. The Komaki Maru greeted

>> Page 24

destroy Allied shipping until warships of the Royal Navy, now alerted, rushed in causing them to seek shelter back in coastal waters. The Rawalpindi remains a heroic legend in the history of the sea. I am glad to have been aboard her, if only for a day.

With westward travel now impossible, the sensible thing was to take a trans-Pacific ship directly to the United States in June 1939. Again desire for adventure played a role. Instead of the usual passenger liner, I took a fast passenger-carrying freighter from Yokohama to New York. This meant going through the Panama Canal.

The ship chosen was Japanese, the Kokusai Kisen Kaisha Line's Komaki Maru, a modern high-speed diesel-powered freighter with eight bright, airy cabins amidships for a dozen passengers. A comfortable lounge doubled as a dining room and a spacious deck was reserved for passengers. The 29-day trip provided ample relaxation and reading time, the

joy of watching an ever-changing seascape, and conversation with pleasant company. It was one of the happiest ocean voyages I've made. It also meant I was on a ship my small Naval Intelligence unit was instrumental in destroying a few years later, after which I personally verified her loss.

I spent hours at the bow watching dolphins play ahead of the speeding ship while flying fish skittered away dimpling the water with outstretched fins. The waves themselves, symmetrical and neatly parted by the ship's sharp steel bow, were mesmerizing.

One day by holding a handkerchief (as a makeshift net) over the saltwater bath tap I trapped a host of mid-oceanic plankton organisms to examine under my portable microscope. Tiny shrimp were cooked scarlet by the hot water. My sketchbooks show many of these remote little creatures.

The captain, a personable man, accepted me on the bridge, and the chief engineer

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each by paying obeisance with its steam whistle, and in return the giants thundered majestic salutations to the heavens.

The long trip was over.

The summer of 1939 was known for many things in different parts of the world. Isolationist America worried most about the war raging in Europe, vowing never to become involved, other than to help with matériel from a safe distance. We weren't sure of President Roosevelt's intentions.

In New York City, attention was focused upon the 1939 World's Fair, an immense paean to the halcyon days of peace, prosperity and productivity. My first months in the United States were marked by repeated visits to this enchanting factual-fantasy world whose sole purpose was to portray a glorious future just around the corner. I have never experienced a similar feeling of anticipation and wonder. Fortunately my color photographs, although faded, bring back those summer days at the glorious Fair.

The Fair was supposed to run for two years, and it did, but seemed diminished in 1940.

The huge towering Soviet Pavilion with its heroic worker holding a star hundreds of feet in the air vanished almost overnight after the Soviet Union allied itself with Nazi Germany. The Italian Pavilion with its fabulous racecars and waterfall entrance disappeared, and the Netherlands' exhibit too, now that it was an occupied country. Mundane business exhibits took their place the second summer.

By then the Fair seemed tired, even woeful with so much bad news coming from a darkened Europe. I went back only once. The magic was gone.

During three years of college and three summers at a marine laboratory, I enjoyed the freedom of undergraduate life, traveling the country, and forging new friendships. Always, however, there was the sense of not quite being part of the All-American youth culture, especially when discussions of my different background came up and the places I had lived. There was almost universal dismissal of Japanese prowess, whether military or manufacturing. It was commonly said that their planes were junk, pilots were physically incapable, ships capsized when launched and

vehicles were unreliable imitations. Japanese products in American stores were mostly cheap trinkets, gadgets and copies, so how could anything in the homeland be any different?

If no one believed me when I mentioned technological advances I had known in Japan, I had a few material products to make my point. One was a pair of Japanese prism binoculars my father had given me at my 1938 graduation. Various Americans who had a chance to examine and use them (one military officer and people who knew and used the best binoculars available in the U.S. at the time), were impressed and unbelieving that such a precision instrument could be Japanese. Twice in the last 70 years when having them cleaned and serviced, I have been asked where I had gotten such remarkable old binoculars. During early days in the war superior Japanese optics gave naval spotters an edge over American lookouts—until radar entered the scene.

College years fled by as a life was being fashioned in academia by courses and great teachers. My focus was on pursuing a foundation in science that would lead to a life in biology, a path I had dreamed of following from childhood.

It was Catherine Janeway

Carpenter who in an instant on Saturday afternoon, November 8, 1941, turned my life upside down at a fraternity house tea following a football game. Or made my life worth living. She still does.

In that same fraternity house one month later on a Sunday morning, Dec. 7, a friend bolted into my room shouting to come down to the Founder's Room lounge. Hovering around the big console radio with its "Magic Eye," we listened, pale, hardly breathing, trying to understand the enormity of what was happening. For the rest of the day we followed chilling eyewitness accounts from Pearl Harbor. Other than radio voices, the room was quiet, punctuated by mutterings about a duplicitous enemy.

Because the attacker was Japan and I had lived in Japan before coming to America, my friends wanted to know what I could not even guess. I had no answers.

In that room, all listeners but one were of a single mind—sharply targeted anger. I stood apart, confused with nothing to say, to hold onto, a product of two worlds, feeling as though a terrible, violent rent had occurred between two parents—one a parent by birth and ancestry, the other by long, inti-

mate residence. One I instantly condemned, one I instantly committed myself to.

The next morning I was again called to come downstairs to the lounge. This time two strangers were waiting, large serious men dressed conservatively in dark suit and tie. They introduced themselves as FBI agents and needed to talk with me in private.

They wanted to determine whether I posed a threat to the security of the United States. I wasn't an actual enemy alien, but I had lived in Japan and that made me suspicious in their view. Ten minutes into the questioning, they were neither impressed nor worried and left for more promising interviews. My fraternity brothers were awed, however, that someone in their midst had awakened the FBI's interest and that I had been reached within 24 hours of Japan's attack. I must have entered FBI lists as soon as I stepped off the Komaki Maru.

A couple months later, I was called to meet former Lake Nojiri sailing competitor and Japan scholar Glen Shaw at the Hotel New Yorker. Arriving there we talked in desultory fashion in both English and Japanese before he directed me to the next room to meet Commander Albert E. Hindmarsh, founder of the Naval Japanese Language School in Boulder, Colorado. Hindmarsh found me acceptable and with minimal discussion handed me a mimeographed slip of paper telling anyone who asked that I was now a "Naval Agent," whatever that meant, and was permitted to wear civilian clothes before traveling to Colorado.

A subsequent summons by the draft board revealed they put no credence in the Naval Agent paper (they thought it a forgery). They had never heard of the Japanese Language School (who had at that point?) and said I was prime draft material.

I hung onto that little piece of paper for dear life. I have it still.

Before the Army made good their threat and caught me, I left college and was on my way to Boulder and the Navy's Japanese Language School. A year of intensive study and training followed with no time off. I am still astonished that I succeeded. Some of my 120 classmates didn't.

Students in the first 1942 JLS class were a mixed lot. Those of us who had lived in Japan numbered about a dozen; an equal



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number of enrollees had taken courses in Japanese at the two or three American universities offering such a subject. The overwhelming majority of students had been selected only because they were Phi Beta Kappa graduates, not because of any knowledge or interest in Japan or its language, or even that they were linguists of any kind. Academic distinction was the determining factor.

While this evoked initial hilarity among old Japan hands, we quieted down as the Phi Betas quickly rose to the top in every phase of training. Although we may have known Japanese in the vernacular and could curse in the language with passion, our reading and writing scores were undistinguished. I graduated low in my class, as did several other old Japan buddies; one, the best American Japanese-speaker I ever knew flunked out and spent the war as an enlisted landing barge pilot, a terrible waste of a man who would have been enormously important in interrogation and calling for surrender.

The Phi Beta Kappa scholars proved themselves during the war and in postwar duty. Many served at the highest level of translating duties, some of them for General Douglas MacArthur during preliminaries to the formal surrender and others later helped write (in Japanese) a new constitution for the conquered country.

In later years, these scholarly classmates became a veritable Who's Who in Asian studies. But several of my good friends (who may have been Phi Betes themselves) didn't follow the pack: George Nace and I became biologists, Tom Polhemus pursued exploration and adventure, Bart Sherman and Paul Anspach entered the ministry.

Most of us who had a background in Japan served in combat with front line forces. One, a member of Carlson's Marine Raiders lost his life on Makin atoll, another had his leg blown off in the horrific battle for Iwo Jima, but most survived physically untouched. Post traumatic stress was an unknown diagnosis back then, but I now realize some of my classmates suffered from this following combat and intense interrogation. A neighbor from our pre-war summer days at Lake Nojiri found himself fac-

ing an extremely close childhood friend, a severely wounded Japanese soldier. The dying man was comforted to see his old friend—and the American, a combat-toughened Marine, was broken hearted.

My own brief role in translation and interrogation will be mentioned in another chapter. To the best of to my knowledge only five of us from that first Japanese Language School class in Colorado entered the field of cryptography at Pearl Harbor.

JLS training at Boulder was academically brutal, although our sensei (instructors) were patient and compassionate men—patriotic Japanese-American volunteers who had been permitted to leave the shameful internment camps, while their loyal American families had to remain behind in barracks surrounded by barbed wire, checked constantly by guards in watch towers who had orders to shoot those who might trespass the barrier. After several months a few of these good American citizens were reunited with their instructor husbands and lived without restriction in Boulder. Japanese-Americans all, they almost without exception showed no overt resentment for a circumstance that later brought shame upon their adopted country and its panic-driven decision.

At the language school we received several hours' instruction daily, five days a week, involving conversation, writing, reading and learning an endless series of kanji, or ideograms. Some decision-makers in Washington even insisted we be able to read sosho, an esoteric poetic calligraphy. Why? Because Japanese military might use it as a code, they said. After the war

Japanese senior army and naval personnel were astonished that we should think such a thing. They certainly had not because it wouldn't have worked.

Most Wednesday's we underwent an hour's rigorous oral examination one at a time, confronted by a panel of instructors and quizzed rapid fire. And almost every Saturday morning we took a three-hour written examination. (The few exam papers I have left make me gasp—Did I really write and understand all that?)

The 11-month course was identical to a prewar program that American military officers had taken during three intensive years of study while attached to the American Embassy in Tokyo. Nothing was omitted for us, nothing lessened, but much added—three years shoe-horned into 11 months!

I was no scholar, but I learned a prodigious amount in a language that turned out to be beyond anything I'd imagined, even after living in Japan where I'd gotten along pretty well.

My sanity was preserved, not from inner strength, but because Catherine had become my wife and was there to support me. She patiently busied herself and read books while I studied late into the night, and helped test me with hundreds, then thousands, of kanji cards that had to be identified instantly with their several shades of meaning.

Some in the class dropped out or were asked to leave for poor performance, academic dishonesty or behavioral problems. A few had medical problems and one suffering a major breakdown had to be committed to a Naval mental hospital. But the majority succeeded and with pride accomplished the

unbelievable. Upon graduation and commissioning as an Ensign, U.S. Naval Reserve, my reaction was one of profound relief and a realization that as long as I had survived this program, I should be able to meet challenges of the future. But a pre-graduation address by a senior Naval officer warned us in matter-of-fact fashion, "You don't know what's facing you. You should all expect to die without progeny." That was a real upper.

An unforeseen reward came along several months later when I learned those thousands of hours immersed in the Japanese language were more than enough to make up for leaving college at the end of my junior year. I was awarded a baccalaureate degree in absentia, only a little later than my former classmates who had not

entered the service so promptly.

Following graduation I was given two weeks' leave. Catherine and I spent half of it at Lake Tahoe. San Francisco was the last stop before going overseas for two and a half years.

That second week of leave was not to be. My departure was abrupt and memorable. A lowly brand-new Ensign in the Naval Reserve, in shiny, unbleached khaki uniform with limited instruction how to be an officer, I flew to Pearl Harbor in the company of senior officers, every one of them regular United States Navy with many years in the service, every one of them puzzled why such a neophyte had been awarded a high priority seat in the plane.

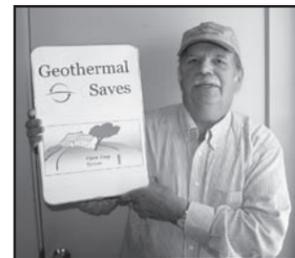
Any resulting conversation is thankfully blotted from memory.

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The Vermont Team Leadership Safety Program (VTLSP) from Danville has participated in Northeast Kingdom Youth Services' Annual Shelter Walk for several years. All proceeds from the Walk benefit NEKYS' Elm Street Shelter for homeless youth. These young people support this worthy cause while enjoying the fun, food and entertainment available that day.

Team Spirit important element at shelter walk

Join the many teams at Northeast Kingdom Youth Service's (NEKYS) 7th Annual Shelter Walk Oct. 16 with a team of your own. Get together a group of family, friends, co-workers or classmates to walk for homeless

youth. It is not only a good cause but it is fun as well. Just ask the Vermont Teen Leadership Safety Program (VTLSP) team from Danville. They have a great time at NEKYS' Shelter Walk and as an added

bonus they get to promote their cause, SADD (Students Against Drunk Driving). This dedicated group of young people has been participating in the Walk for several years and always has a good time. There are also teams from Lyndon State College, the Stevens School, Passumpsic Bank and Northeast Kingdom Realtors, just to mention a few. It is quite a party and the camaraderie among the walkers is fantastic. So, start putting your team together now! Give us a call at our Bagley Street office and we can advise you

on the best way to start. We have materials we can send to help you on your way. The Shelter Walk benefits local homeless youth through NEKYS' Elm Street Shelter. It will begin with a 9:30 am registration on October 16, 2010 at the North Congregational Church, Main Street in St. Johnsbury. Everyone will find breakfast treats and beverages before the walk, along with cheers and much hoopla for them as the walk kicks-off at 10:30 am. The 3 mile Walk winds it way through the streets of St. Johnsbury and passes by NEKYS' Elm

Street Shelter where walkers can take a break at the water station and get a first-hand look at the Shelter. The loop takes them back to the church where the festivities are just beginning. There will be a fabulous barbecue, family friendly entertainment, games, a live radio broadcast, prizes and a raffle drawing. The raffle winner will take home an Intel Atom Notebook with ACAD Microsoft Office 10 Pro and an HP D2660 DeskJet Printer with cable, generously donated by Northeast Computer Systems of Lyndonville.

Whether you form a team or walk individually the Shelter Walk never disappoints participants. It is a perfect way to spend an autumn day for an important cause. For more information please call NEKYS at 748-8732 or email nekys@nekys.org.

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St. Johnsbury Academy Fall 2010 sports Schedule

Athletic Director: Tom Conte - CAA
Headmaster: Tom Lovett

Boys Soccer Varsity and Junior Varsity				Girls Soccer Varsity and Junior Varsity			
10/1	Stowe	(A)	4:00	10/2	Peoples	(A)	11:00
10/5	Peoples	(H)	4:00	10/6	Harwood	(H)	4:00
10/7	Harwood	(H)	4:00	10/8	North Country	(NL) (A)	4:00
10/13	Spaulding	(A)	4:00	10/12	Lyndon	(A)	4:00
10/15	Thetford	(H)	4:00	10/14	Montpelier	(A)	4/6:00
10/19	Montpelier	(A)	4/6:00	10/20	Stowe	(A)	4:00

Coaches: Richard McCarthy
JV - Adam Kennedy

Cross Country				Football Varsity			
10/2	Thetford Invitational	(A)	10:00	10/1	Hartford	(A)	7:00
10/5	All Mt. Teams @ Harwood	(A)	4:30	10/9	B.F.A.	(H)	1:00
10/9	Peoples Invite	(A)	10:00	10/16	Essex	(H)	1:00
10/13	LR, Lam, LI @ NC	(A)	4:30	10/22	Burlington	(A)	7:30
10/23	N.V.A.C. Mt. Div. Championships @ Harwood	(A)	10:00	10/30	Lyndon	(H)	1:00

Coaches: Chip Langmaid, Tara Hemond and Richard Boisseau

Girls Field Hockey Varsity and Junior Varsity				Junior Varsity			
10/1	Stowe	(H)	3:45	10/4	Hartford	(A)	4:00
10/5	Spaulding	(A)	3:45	10/11	Lyndon	(H)	4:00
10/7	Montpelier	(H)	3:45	10/18	U-32	(H)	4:00
10/13	Missisquoi	(A)	3:45	10/26	North Country	(A)	6:00
10/19	Harwood	(H)	3:45	Coaches: Mike Bugbee, Frank Trebilcock			
10/21	Rice	(H)	3:45	Freshman			

Coach: Fran Cone, JV - Paula Bystrzycki

10/6	Essex	(A)	5:00
10/13	MMU	(A)	4:00
10/20	Essex	(H)	4:00
10/27	North Country	(H)	4:00

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Continuous Threads – Creative Legacies of the Northeast Kingdom

New Exhibit At Northeast Kingdom Artisan's Guild

From Oct. 2 through Nov. 20 the Northeast Kingdom Artisan's Guild will present a multimedia exhibition "Continuous Threads – Creative Legacies of the Northeast Kingdom" in its Backroom Gallery.

The Artisan's Guild was selected as one of a handful of organizations state-wide to host this Vermont State of Craft Showcase event. State of Craft is a multi-year collaboration of the Vermont Craft Council, Bennington Museum, and Vermont Folklife Center to document, preserve and interpret the history of the contemporary crafts movement in Vermont. The "flagship" State of Craft exhibit continues at the Bennington Museum through the late fall. Echoing the themes of the major show, the Guild's "Continuous Threads" offers an opportunity to learn about the careers of individual artists as well as the organizations that have nurtured them. The exhibit will explore the creative threads local artisans have drawn from the region's rich cultural and historic craft traditions; as well as the inspirational threads of the landscape and community which drew them to the region.

Featured artists include Jesse Larocque who continues the basket-making tradition of his Abenaki ancestors; printmakers Mary Simpson and Sheri Pearl and paper cutter Carolyn Guest grew up in the Northeast Kingdom have collaborated to exhibit examples of the successive generations of craftspeople in their family which inspires their work; and Delsie Hoyt is the fourth generation of women in her Northeast Kingdom family to braid rugs.

Several of the artisans included in the exhibit were drawn to the Northeast Kingdom by its landscape and weather, as well as its people and tightly knit commu-



nities. Printmaker Claire Van Vliet found a particular quality in the skies and weather patterns of Newark; the photographs of Richard Brown capture the character of the region's farmers and working landscape. Potter Norma St. Germain was drawn here by an established and supportive community of artisans. Glassblower Harry Besett learned his craft through studio apprenticeships in the United States and in Sweden. He and his wife Wendy draw inspiration from the hills and meadows surrounding their Hardwick home in their collaborative creations which combine landscape painting encased in blown glass forms.

Besett and Hardwick blacksmith Lucian Avery will include examples of work created by their apprentices; illustrating the promising future of craft in the region.

The Northeast Kingdom Artisans Guild (748-0158) is located at 430 Railroad St., St. Johnsbury and is open Monday through Saturday from 10:30 a.m. to 5:30 p.m..

Book Review: Red Herring

By MARVIN MINKLER

In southern Vermont, there are two brutal deaths that seem at first totally unconnected. Only a single drop of blood is found at both crime scenes, but the drop of blood does not match either of the murdered women. Then, when a young man is found dead in his smashed car, in what appears to be a drunk driving incident, one drop of blood is found on the vehicle's dashboard. Is there a link?

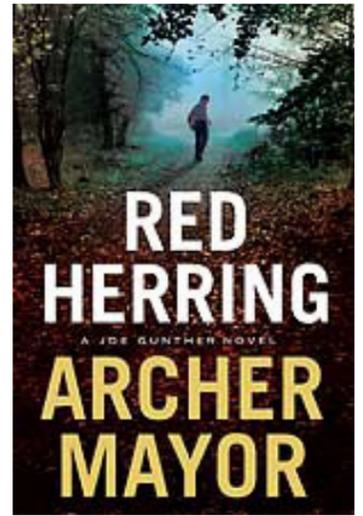
With this perplexing series of crimes that now seem somehow connected, it's time for the Vermont Bureau of Investigations, headed by the reliable Joe Gunther. So, begins the latest in the ever-popular series of Joe Gunther mysteries by Vermont's own, Archer Mayor. The Red Herring starts off with a bang and never lets up, as the VBI team searches for clues that takes them all over the southern part of Vermont, and eventually to the Brookhaven National Lab on Long Island, where they study the very latest in cutting edge forensic equipment used to solve crimes.

Meanwhile Joe's old flame Gail is running a gubernatorial campaign, which puts her in the spotlight and Joe's new romance, on the bench. As Joe closes in on the killer, the killer closes in on Joe; by planning to strike at the ones Joe loves the most.

It is always a harbinger of fall when a new Archer Mayor novel reaches my desk, and this fall it has brought one of his best. A page-turner that combines the very best of police procedurals with small town life, love and death in Vermont, and a sure-fire bestseller.

Clear the nightstand, loyal readers Joe Gunther is back.

The Red Herring is published by Minotaur Books and all of Archer Mayor's Joe Gunther books, can be found at our local independent bookstores.





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791 Broad Street, Lyndonville, VT 05851. (802) 626-9111. Fax (802) 626-6913. realestate@homeinthekingdom.com, www.homeinthekingdom.com

Century 21 Quatrini Real Estate

Susan S. Quatrini, GRI, Broker-Owner. 1111 Main Street. St. Johnsbury, VT 05819. (802) 748-9543 or (802) 748-3873. c21qre@sover.net

David A. Lussier Real Estate

Farms, Acreage, Homes and Investment Properties. 540 Main Street, PO Box 872, Lyndonville, VT 05851. (802) 626-9541 or (802) 626-8482. Lussier@kingcon.com, www.lussierrealestateagency.com

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Century 21 Farm & Forest Realty Inc.

Nicholas Maclure, managing broker. Derby, VT Office: (802) 334-1200, Cell: (802) 673-8876, nick@farmandforest.com and Annette Dalley, managing broker, East Burke, VT, Office: (802) 626-4222, Cell: (802) 467-3939, annette@farmandforest.com. Our goal is to help you find your "peace" of the Kingdom. www.farmandforest.com.

REAL ESTATE APPRAISAL

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Mexican menu ignites food series

Skip and Debbie Gray brought a Mexican flair to the Dinner Foodie series when they hosted the fourth event in the series to benefit the Pope Memorial Library on Sept. 12.

The movie from which our guest executive chef, Debbie Gray, took her inspiration was Like Water for Chocolate. It is a story about a thwarted love in which the protagonist (Tita) expresses her grand passion through her magical cooking. During the course of the story, Tita is able to mold her love and passion into such magnificent culinary creations so as to actually induce her emotions, be they regret and longing or passion and love, into her unsuspecting guests partaking of her meals. At one point she creates a meal of rose petals and quail that literally

'ignites' her sister with such a passion as to 'set fire' to a building.

Debbie, along with her sous chefs, Susan Tallman and Henretta Splain, tried to make some 'culinary magic' of their own. To whet the guests appetites the evening began with a homemade guacamole and fresh summer tomato salsa served with Fruit Sangria and Mexican beer on a colorfully decorated porch strung with 'chili pepper' lights.

As dinner moved inside the guests were treated with a black bean chili served with a side of spicy jalapeno onion marmalade. To further spice up the evening Debbie presented two different enchilada dishes; rosa and verde – both equally meltingly exquisite.

Skip lent a hand to the proceedings by whipping up



a Caesar salad which matched perfectly with Debbie's tasty Mexican entree. Served along with jalapeno/cheese corn bread and honey butter the meal was worthy of Debbie's inspiration, Tita.

Fortunately, while none of Debbie and Skip's guests ignited the room, their offerings served to warm the room on a very chilly night!

To round out the evening, a Mexican chocolate banana skillet cake and homemade authentic Mexican flan was

served. Debbie, Skip and the crew did their best to present some extraordinary flavors to their guests and while there was no final conflagration (thank goodness), all 13 guests expressed their gratitude with many thanks and a donation for a well executed and 'inspired' dinner.

The next in the series, will feature a Greek cuisine inspired by My Big Fat Greek Wedding scheduled for Oct. 15. Inquiries to attend may be made at the Pope Library

(684-2256) or by contacting Susan Tallman at 684-3836 or Henrietta Splain at 563-2478.

If you would like to attend one of the series please let us know as the seating for each event is limited. The suggested donation is \$25.

If you would like to host a dinner foodie event, the selections and sample menus and instructions are available at the Pope Memorial Library. Again, please direct inquiries to the above mentioned people.



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21	22	23	24	25	26	27
28	29	30	31			

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Seeing things more clearly

By VAN PARKER

A number of people we know have had cataract operations. Occasionally things don't go smoothly but mostly people report seeing more clearly. They say the world looks like a brighter place. I can testify to that, at least after one cataract was removed at the beginning of August. The hills and mountains are etched more clearly. So are tree branches and people's faces. In fact I'm looking forward to the removal of the other cataract in a few days. My wife sees like an eagle after similar operations on both eyes.

This is small comfort to those with macular degeneration or certain forms of glaucoma or who for whatever reason have lost some or all of their eyesight. It does come as a reminder that sight

is a gift no one can take for granted.

And it reminds us that the English language can be very confusing. When someone says, "I see what you mean" it's not an indication that her eyesight has suddenly improved. If someone else declares, "I just can't see that" it probably doesn't indicate that he can't see a tree or a wild turkey in a nearby field.

He simply looks at a matter in a different way.

Here are some things I can't see. 1) Any credible evidence that our President is a Moslem. 2) The claim that there is no such thing as global warming. (There's just too much evidence of climate change.) 3) The assertion by any one religious

group that they have a corner on the truth.

Many years ago, on a trip to Nicaragua, I learned a new expression. A Catholic priest was speaking of how some of the privileged young people in his country were beginning to learn more about their neighbors who had little money but often a great deal of faith. These young people, he gently reminded us, were beginning to see "con ojos nuevos" (with new eyes). We visiting North Americans began to understand what he was talking about. Our host was inviting us to see what we had missed before.

One of the great tragedies of our history was the "Indian Removal" begun under the administration of Andrew

Jackson and implemented by his successor, Martin Van Buren. The whole Cherokee Nation was forcibly moved from their homes in North Carolina, where they were put into "holding pens" and marched to their new home in what later became Oklahoma. It was a journey that cost many lives and came to be known as "the trail of tears."

Charles Frazier, in his novel "Thirteen Moons" tells about a soldier who was sent to help with the removal.

He had come over from Ireland a few years before.

One of the Indians he met was an old woman who reminded him of his grandmother in Galway, a grandmother who had waved goodbye to him knowing she would never see him again. The soldier did what he was told but he did it with a heavy heart and as much kindness as possible.

Maybe there are situations in your life that have helped you to see with new eyes. There have been in mine. They are as enlightening in their own way as a successful cataract operation.

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Danville School 2010 Schedule
Athletic Director: Tammy Rainville

Boys Varsity Soccer		
1	@ BFA Fairfax	4:00PM
5	Enosburg Falls	4:00PM
7	@ Winooski	4:00PM
13	Hazen Union	4:00PM
15	Oxbow	4:00PM
19	Lake Region	4:00PM
23	@ Richford	11AM

Girls Varsity Soccer		
6	Oxbow	4:00PM
8	Hazen Union School	4:00PM
12	@ Lake Region Union	4:00PM
14	BFA Fairfax	4:00PM
20	@ Winooski	6:00PM
22	Richford	4:00PM

Boys Middle School Soccer		
5	@ Cabot	4 PM
7	Twinfield	4:30 PM
11	Hazen Union	4:30 PM
14	@ St. Johnsbury	5:15 PM

Girls Middle School Soccer		
4	@ Concord	4:30 PM
7	Twinfield	4:30 PM
11	Hazen Union School	4:30 PM
14	@ St. Johnsbury	4 PM



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lyndon institute

athletic events ~ Fall 2010

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Fri. 10/1	at Colchester	7:00	Fri. 10/1	at Harwood	3:45
Sat. 10/9	at Mt. Mansfield	2:30	Tues. 10/5	at Rice	3:45
Sat. 10/16	at Otter Valley	1:00	Thurs. 10/7	(H) U-32	3:45
Sat. 10/23	(H) RICE	1:00	Sat. 10/9	(H) MISSISQUOI	10:00
Sat. 10/30	at St. Johnsbury	1:00	Wed. 10/13	at Montpelier	3:45
			Fri. 10/15	(H) NORTH COUNTRY	3:45
			Tues. 10/19	(H) SPAULDING	3:45
			Thurs. 10/21	at Milton	3:45

JUNIOR VARSITY FOOTBALL			VARSITY & JV GIRLS SOCCER		
Mon. 10/11	at St. Johnsbury	4:00	Sat. 10/2	at Harwood	11:00
Mon. 10/25	at Hartford	4:00	Wed. 10/6	(H) MONTPELIER	4:00
			Fri. 10/8	(H) PEOPLES	4:00
			Tues. 10/12	(H) ST. JOHNSBURY	4:00
			Thurs. 10/14	at Northfield	4:00
			Wed. 10/20	(H) SPAULDING	4:00
			Fri. 10/22	at Thetford	4:00

FROSHMAN FOOTBALL			VARSITY & JV BOYS SOCCER		
Wed. 10/6	at North Country	6:00	Fri. 10/1	(H) U-32	4:00
Wed. 10/20	(H) NORTH COUNTRY	4:00	Tues. 10/5	(H) NORTHFIELD	4:00
			Thurs. 10/7	(H) PEOPLES	4:00
			Sat. 10/9	at Lake Region	12:00
			Wed. 10/13	at Stowe	4:00
			Fri. 10/15	at Harwood	4:00
			Tues. 10/19	(H) SPAULDING	4:00
			Sat. 10/23	(H) THETFORD	11:00

good IUcK viKiNgS

Paul Wheeler, Athletic Director

What's Happening at Town Hall

Barnet

Town Clerk: Benjamin Heisholt
Selectboard: Ted Faris, Gary Bunnell and Jeremy Roberts

September 13, 2010
Lake Level - Faris reviewed correspondence received regarding this matter since the special Selectmen's Meeting held for the purpose of discussing this matter. Included in the correspondence were petitions requesting that the lake level not be lowered prior to October 15, 2010, or not prior to October 5, 2010 if the Selectmen believe that the permitted repair work cannot be completed after October 15, 2010. Also included was a permit for said repair work issued by the State of Vermont Department of Environmental Conservation. Faris reviewed this permit at length, reading portions pertinent to the matter at hand and then opened the floor for public comment on this matter. Harry Cornelius said two points should be made clear regarding the permit: the permit, "does not authorize or recommend changes to the water level of Harvey's Lake or otherwise regulate the water level of Harvey's Lake;" and condition that the permit shall be-

come effective 10 days from the date of its issuance unless an appeal is filed with the Vermont Environmental Court. Also, the Board should consider that seasonal lake property owners have in recent years been staying at their lake properties later in the season; therefore to lower the lake level earlier would cause inconvenience to these property owners and a considerable negative economic impact on local retailers. Co-Chair Roberts suggested a potential compromise of attempting to lower the water level, complete the work, and return the lake to its previous water level all before the fall foliage weekend (Oct. 1-3). Harry said that does not seem like a feasible solution. Lowering the water level will cause many boats to become impacted in the mud; and many lake property owners plan to use their boats prior to fall foliage weekend. Faris said reduction of pollution and siltation in the lake is of chief importance in any discussion of lowering the lake level. Although recognizing that some property owners will be inconvenienced, suggested that the Board vote to begin lowering the water level on Sept. 18. Cornelius said this action would disenfranchise many lake property owners for the sake of accommodating one individual. Joseph Mangiapane said it would be impossible to complete the project with the water level up without a cofferdam in place. Placing a cofferdam would be cost-prohibitive. Co-Chair Roberts asked if lowering the water level by twelve inches would cause boats to be-

come mud-lodged. A motion was made by Co-Chair Faris to gradually draw down the water level of Harvey's Lake beginning on Oct. 1, with a target water-level lowering of 12 inches; and to fully open the dam for lowering on Oct. 4. The Board approved.

Danville

Town Clerk: Wendy Somers
Town Administrator: Merton Leonard
Selectboard: Steve Larrabee, Denise Briggs, Doug Pastula, Marvin Withers and Michael Walsh

September 16, 2010
Contra Dancer - David Carpenter of the Contra Dancers was present to discuss the new Town policy of charging \$50 for cleaning of the town hall with each rental. After some discussion, the board allowed Mr Carpenter to leave a \$50 deposit. Should they not clean the town hall properly after their rental the town will use the deposit to have the hall cleaned. This was approved on a motion by Denise Briggs that was seconded by Marvin Withers.
Town Hall - Deb Balch, was also present to also discuss renting the Town Hall for the benefit of the Rescue Squad. They propose to put on a dinner-theater to raise money to go towards their expenses. They also request to be allowed to hire a bartender to dispense alcoholic drinks during dinner. After a short discussion, the Board held firm on their policy of not allowing alcohol in the town hall. The Board approved a motion by Steven Larrabee to allow the Res-

cue Squad to use the Town Hall for their dinner-theater without alcohol. Denise Briggs seconded the motion.
Road Agent - Kevin Gadapee's report stated they have begun working on the Joes Brook Road as planned, currently installing the under drain. Michael Walsh and Bob Briggs have been reviewing the structure of the old town garage to check on the feasibility of replacing just the metal on the roof. They believe that should work for a few years and will check on pricing. The crew have installed some of the new signage requested at last meeting, as well as continued grading the gravel roads. Back hoe training by the Local Roads Program will take place at the Garage on Sept. 30.

Sewer Request - Merton presented a sewer connection request from Steven Larrabee, who recused himself from the meeting. He requested to extend an 8-inch line approximately 600 feet from Meadow Drive up Windswept Drive and connect a new house as well as Carriers existing house, according to engineered connection plans. Douglas Pastula moved to accept the connection; Denise Briggs seconded the motion which was approved. Tax Sales - Merton had a request from Toby Balivet to act as agent for the Town for any Land Sales at the upcoming tax sales. Steven Larrabee moved to appoint Toby Balivet town agent for tax sale proceedings, Douglas Pastula seconded the motion which was approved. Safety Class - It was also noted that VASA and the Vermont ATV Sportsman association will sponsor a free State approved ATV safety

class for youth ages 12-18, on Oct. 2, at the Masons Hall. Michael requested that he would like to add a couple of sheriff patrols for weekend use to check ATV safety and equipment in use on the town roads. The general consensus was that would be a good idea.

Bid Question - Kirk Fenoff was present to ask why the work taking place on Joes Brook Road was not put out to bid. He feels any work projects on the roads should be put out for bid, especially for any work or equipment that has to be hired out. After some discussion, Douglas Pastula moved to request bids for work and equipment to be hired out on the Joes Brook Road, Steve Larrabee seconded the motion, which was approved. It was noted a special Board meeting will be held on Sept. 22 at 4:30 p.m. to open Town Hall Porch repair bids and award the bid if possible.

Lyndon

Town Clerk - Lisa Barrett
Administrative Assistant: Dan Hill
Selectmen: Martha Feltus, Kevin Calkins and Kermit Fisher

September 13, 2010
Pedestrian Bridge - Gary Leach described options for putting a roof over the pedestrian bridge behind the municipal building. He estimated the cost of adding walls and a roof would be approximately \$110,000 including design costs. To just add walls would be around \$75,000. Gary is now going to look at a cost of replacing the chain link fencing only. Dan is going to check with the State to see if the grant monies can be spent to only add walls without a roof.
Packing House - Dan told

October 2010 Menu

West Barnet Senior Meal Site

Meals served at West Barnet Church. All meals served with a beverage. Reservations not required. Suggested donation of \$3.00 per meal is appreciated.
Phone (802) 633-4068.

Oct. 1 - Closed for Fall Foliage.

Oct. 6 - Shephard's Pie, tossed salad, dark bread, orange jello and mandarin oranges.

Oct. 8 - Buffet

Oct. 13 - Meat loaf, mashed potatoes, buttered carrots, rolls, peaches and cream.

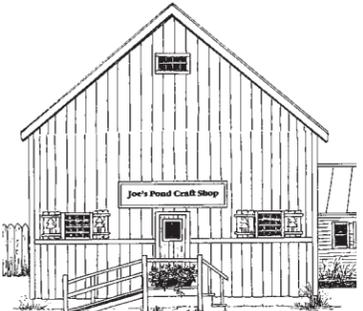
Oct. 15 - Roast pork, mashed potatoes, apple sauce, mixed veggies, rolls and tropical fruit.

Oct. 20 - Macaroni and cheese, sausage, stewed tomatoes, dark bread and cake.

Oct. 22 - Liver, bacon, onions, mashed potatoes, peas, carrots, muffins and chocolate pudding.

Oct. 27 - Autumn stew, tuna rolls, egg salad rolls, pineapple upside down cake.

Oct. 29 - Lasagna, tossed salad, garlic bread and fruit jello.



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the Board of the few complaints he had received since the June meeting. Jack Harris said Lyndon Police Department has received a total of seven calls since the last meeting and six of them were from staff asking for help. Barbara Salaki expressed her ongoing complaint of too much noise during the night. Dan Macek stated he is placing staff in the parking lot every night which seems to help. Jack encouraged people to call dispatch when there is a problem so a record can be kept of complaints. Dan Macek asked for some leniency during the winter months about having staff in the parking lot. The Board directed him to use common sense about having people outdoors during sub zero weather or a snow storm. The next review will take place in December.

Conference Room - Dan told the Board about the inspection by the fire marshal's office and the review of the proposed changes by a contractor. The contractor is now going to have both plumbing and electrical people inspect the area and come up with an estimate of each phase of the rehab for the first floor. Dan will have numbers for the next meeting.

Peacham

Town Clerk: Bruce Lafferty
Selectmen: Richard Browne, Tim McKay and Andy Cochran.

August 18, 2010
Ball Field - McKay has spoken with Don Marsh of Marsh Engineering, Inc. regarding the septic design and leach field layout at the ball field. Piping has been located and additional information is expected from Don Marsh. Matt Kiley proposed that the ball field only needs to be leveled in certain areas which do not involve the

septic system. Additional fill will not be needed. Drainage of the field was discussed. Financial status of the ball field site work was reviewed. The Board approved Matt Kiley contacting the State Department of Building and General Services regarding available Building Communities Grants for the field. He will also contact State Human Services regarding a lighting grant at the school to assist in the observatory viewing.

Peacham Pond Roads - Mark Millazzo, a Peacham Pond resident, discussed the unauthorized work being done by local contractor, Kevin Hudson, to Peacham Pond Road, the Town right of way, and personal property. Browne moved that the Chair to the Board compose a Cease and Desist letter to Hudson regarding the unauthorized work on Peacham Pond Road, Town Highway 61. Cochran seconded. So voted. The Board will also contact Town Road Foreman, Mark Chase, concerning this matter.

Road Report - Cochran reported that the Road Foreman indicated that the Town grader needs to have air dryers installed for the brakes. The Board agreed work should be done. Interest has been expressed in purchasing the present grader. Chase will follow up on this potential purchase. The importance of staying ahead of ditching work was discussed.

St. Johnsbury

Town Manager: Jim Fitzgerald
Town Clerk: Sandy Grenier
Selectboard: Bryon Quatrini, Gary Reis, Daniel Kimbell, Jim Rust, and Jean Hall

August 25, 2010
Zoning - Chairman Jim Rust reported that the Planning Commission had unanimously supported the idea

of appointing Interim Town Manager Ralph Nelson as Interim Zoning Administrator. On a motion by Daniel Kimbell, seconded by Bryon Quatrini the Board voted unanimously to appoint Ralph Nelson as interim zoning administrator.

West Side Project - Interim Town Manager Ralph Nelson reported that 51 easements have been signed in the past 12 days. Of the remaining 21 to be signed, 5 have pending agreements, and 3 have issues to be resolved. Mr. Nelson also reported that Fairpoint Communications also needs easements signed for work on the southern portion, and he intends to circulate through the neighborhood with the Fairpoint representative to try to coordinate the work and facilitate the process without having to duplicate work. Mr. Nelson is checking with Ed Zuccaro about possibly combining the easements with Fairpoint.

Academy Proposal - Headmaster Tom Lovett presented a proposal from the St. Johnsbury Academy to assume the role of a home base for the Town Recreation Department. Mr. Lovett proposed the Academy would hire Joe Fox to head up the program and transfer activities to the Academy venues, taking much of the burden off the Town, offering more diverse facilities in a more concentrated area, with the vision of eventually creating a regional recreation and fitness center. The advan-

tage to the Academy would include the development of a feeder system for future sports figures at the Academy. Mr. Lovett proposed the Town pay a nominal fee of (perhaps) \$10,000 per year in administrative costs to maintain its interest in the long-term plan. Recreation Director Joe Fox also spoke of his role in the proposal. General consensus of the Board and others present indicated overall approval for the proposal. The Board encouraged quick action on presenting the information to the public and arranging for a public forum to discuss the proposal, so that an immediate decision can be made.

Walden

Town Clerk: Lina Smith
Board of Selectmen: Perley Greaves, Dave Brown and Peter Clark.

September 21, 2010
Southworth Memorial - Diane Cochran told the board that she had collected donations to be used for a memorial for Tristan Southworth. After discussion, it was decided that this money would be put into an account, along with any other donations, to be used for a memorial to be decided on after talking with the family.
Recreation - Perley Greaves reported that he has received word from the Walden recreation committee that they are having problems again with Arnold Martin who lives next to the recre-

ation field. Martin has dug ditches that limit the parking and has put up a private road sign on the entrance to the road leading to the field. After discussion, the Board decided to meet with him again regarding these issues to see if they can be resolved.

Festival - Judy Clifford reported that the Walden Fall Festival will be September 28, 2010 at the Noyesville Church. She described the events and asked for volunteer help for parking, etc.

October 2010 Menu

Danville Senior Action Center

Meals at Danville Methodist Church. All meals served with a beverage, homemade breads and desserts. Reservations are appreciated by calling (802) 684-3903 before 9:30 a.m. on day of the meal. A donation of \$4 for guests 60+ (others \$5) is appreciated.

Oct. 4 - BBQ on a roll, coleslaw, canteloupe, peas, carrots and oatmeal cookies.

Oct. 5 - Chicken, biscuits, mashed potatoes, cranberry sauce, carrots, OJ and apple crisp.

Oct. 7 - Cream of broccoli soup, saltines, chicken salad on a roll with lettuce and tomato, grapenut pudding, carrot and pineapple raisin slaw.

Oct. 11 - Bacon, broccoli and cheddar quiche, carrots, rolls and tossed salad.

Oct. 12 - Homemade baked beans, hot dogs with bun, pasta salad, tomato juice and canteloupe.

Oct. 14 - Homemade pizza (pepperoni and veggies), coleslaw with pineapple, orange juice and bread pudding.

Oct. 18 - Meatloaf topped with peppers, onions and tomatoes, peas, carrots, rolls and juice.

Oct. 19 - Macaroni and cheese, greek salad with feta, black olives and red peppers, peas, carrots and rolls.

Oct. 21 - Roast pork loin with homemade chutney, scalloped potatoes, stuffing with apples, broccoli, carrots and apple cobbler.

October 25 -Marinated chicken breast, fettucini alfredo, cauliflower, peas, carrots and rolls.

Oct. 26 - Tuna salad on a roll with lettuce and tomato, curried squash, soup with saltines, V-8 juice, pumpkin bread pudding.

Oct. 28 - Buffet

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Hours
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Danville, VT 05828
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Ongoing Events

Mondays: Story Time, St. Johnsbury Athenaeum Youth Library, 10:30 a.m. (802) 748-8291.

Mondays: Story Time, Pope Library, Danville, 10 a.m. (802) 684-2256.

Mondays: Just Parents meet with concerns for drugs and kids, Parent Child Center, St. Johnsbury, 7 p.m. (802) 748-6040.

1st Monday: North Danville Community Club, Meeting, 6 p.m. North Danville Community Center. (802) 748-9415.

1st & 3rd Mondays: "Six O'clock Prompt," Writers' Support Group, 6:30 p.m. Catamount Arts. (802) 633-2617.

2nd Monday: Cancer Support Group, NVRH Conference Room A, 4 p.m. (802) 748-8116.

Last Monday: Alzheimer's Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury. 7 p.m. (802) 748-8116.

Tuesdays: Baby & Toddler Story Hour, Cobleigh Library, Lyndonville. 10 a.m. (802) 626-5475.

Tuesdays: Cribbage Tournaments, 6 p.m. Lake View Grange Hall, West Barnet. (802) 684-3386.

Tuesdays: Argentine Tango, 4:30-5:30 p.m. (beginners) 5:30-6:30 p.m. (intermediate) Teacher: Isabel Costa (603) 823-8163.

Tuesdays: Japanese Swordplay, 3-4 p.m., Barnet Tradepost Wellness Center, 633-2700

Tuesdays: Tai Chi, 4-5:30 p.m. and 5:30-7 p.m., Barnet Tradepost Wellness Center, 633-2700

2nd Tuesdays: Caledonia Right to Life will meet at St John's Catholic Church Parish Hall, 1375 Main St, St Johnsbury, VT at 7:30 pm. All are welcome.

2nd & 4th Tuesday: Bereavement Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury. 5:30 p.m. (802) 748-8116.

2nd & 4th Tuesday: Drop-in quilting at 1 p.m. at the Cobleigh Public Library, (802) 626-5475.

Wednesdays: Read 'n' Stuff, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.

Wednesdays: Danville Farmers Market on the green from 9 a.m. to 1 p.m.

Wednesdays: Ordinary Magic. Meditation for Life, St. Johnsbury Shambhala Center, 17 Eastern Avenue, 6-7 p.m.

Wednesdays: Lunenburg Farmers Market, 2 p.m. to 6 p.m., on the common in Lunenburg.

Wednesdays: Japanese Swordplay, 3-4:30 p.m., Barnet Tradepost Wellness Center, 633-2700.

3rd Wednesday: Cardiac Support Group, NVRH, 6:30 p.m. (802) 748-7401.

Thursdays: Introduction to Computers, Cobleigh Library, Lyndonville. 10 a.m. (802) 626-5475.

Thursdays: Live Music at Parker Pie in Glover. Call (802) 525-3366 for details.

Thursdays: Kyudo (Zen Archery), 7-9 p.m., St. Johnsbury Academy Field House, 633-2700.

2nd Thursday: Film discussion following 7 p.m. film at Catamount Arts, St. Johnsbury. (802) 748-8813.

3rd Thursday: Caregivers Support Group, Riverside Life Enrichment Center, 10 a.m. (802) 626-3900.

Thursdays: Read and Weed Book Club, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.

Thursdays: Tutoring for GED and Adult Learning Programs, 1 p.m. to 3 p.m., Cobleigh Public Library.

Fridays: Kyudo (Zen Archery), 4-6 p.m., twice monthly, Barnet Tradepost Wellness Center, 633-2700.

1st Fridays: Contra Dance, 8 p.m. at Danville Town Hall. All levels welcome. (802) 563-3225 or samlyman@myfairpoint.net.

4th Fridays: Public readings at Green Mountain Books in Lyndonville. Call (802) 626-5051 or E-mail greenmountainbooks@myfairpoint.net.

Saturday & Sunday: Planetarium Show 1:30 p.m. Fairbanks Museum, St. Johnsbury. (802) 748-2372.

Saturdays: Bridge Club for all experience levels, Cobleigh Library, Lyndonville, 12:30 p.m. (802) 626-5475.

1st Saturday: Men's Ecumenical Breakfast, Methodist Church, Danville, 7 a.m. (802) 684-3666.

Saturdays: St. Johnsbury Farmers Market behind TD Bank from 9 a.m. to 1 p.m.

Saturdays: Willoughby Gap Farmstand, 11 a.m. to 5 p.m., Route 5A in West Burke.

1st Saturday: Scrabble Club, St. Johnsbury Athenaeum, Noon - 4 p.m. (802) 748-8291.

1st & 2nd Saturdays: Dance in the Kingdom at the Good Shephard School - Latin & Ballroom dance: Lessons at 7 p.m. followed by open dance, 8 to 10 p.m. (802) 748-3044

2nd Saturdays: West Barnet Grange community breakfasts from 8-10 a.m.

3rd Saturday: All you can eat breakfast, 8-10:30 a.m., Barnet Congregational Church.

3rd Saturday: Breast Cancer Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury, 10 a.m. (802) 748-8116.

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Pope Notes

with Dee Palmer, Library Director

Our fall book discussion series, sponsored by the Vermont Humanities Council is Booker Prize Winners. The first book is "The God of Small Things" by Arundhati Roy. With sensuous prose, a dreamlike style infused with breathtakingly beautiful images and keen insight into human nature, Roy's debut novel charts fresh territory in the genre of magical, prismatic literature. Set in Kerala, India, during the late 1960s when Communism rattled the age-old caste system, the story begins with the funeral of young Sophie Mol, the cousin of the novel's protagonists, Rahel and her fraternal twin brother, Estha. In a circuitous and suspenseful narrative, Roy reveals the family tensions that led to the twins' behavior on the fateful night that Sophie drowned. Beneath the drama of a family tragedy lies a background of local politics, social taboos and the tide of history all of which come together in a slip of fate, after which a family is irreparably shattered.

This discussion takes place on Wednesday, October 20 at

7 p.m. with scholar Patricia Norton. Books and schedules are available at the library.

The Library is looking for a few good volunteers! Life at the Pope is very busy and we could use help with some of the tasks that we just don't have enough time to get to. Some of the items on our Wish List are: change the letters on the sign that we use to advertise upcoming Library events, reshelve books, write and submit publicity articles for the Library News column in the Caledonian, make and distribute posters for library events, organize magazines, help with barcoding and cover books. If you're interested in helping out call (684-2256) or stop in.

Our annual appeal letter will be sent out soon. 2010 marks the 120th birthday of the Pope Library. We hope we can count on your support to maintain this beautiful building, its contents all the events that take place within.

Our newest book acquisitions are: The Search by Roberts, Sizzlin' Sixteen by Evanovich, Ice Cold by Geritsen, Super Sad, True Love

Story by Shteyngart, Freedom by Franzen, Star Island by Hiaasen, Walking to Gatlinburg by Mosher, The Room by Donoghue, The Black Girl Next Door: A Memoir by Baszile and The Wild Garden by Drake.

Our new books on CD are: Star Island by Hiaasen, The Piano Teacher by Lee, Three Cups of Tea by Mortenson and Mennonite in a Little Black Dress by Janzen. Come in and check them out!

Children's Room

Story hour is now on Wednesday mornings at 10am. Please join us for books, stories, songs, activities and snack!

New children's books on CD are: A Wrinkle in Time by L'Engle, Fantastic Mr. Fox by Dahl, Hatchet by Paulsen.

New children's videos are: Eloise at the Plaza, Nancy Drew, Bear Snores On, Dinotopia, The Red Balloon, White Mane and Eragon.

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October events in the NEK

Fri, October 1 - Sat, October 2

Dead North - Farmland of Terror. This is a very popular event and does sell out quickly! Not recommended for young children or persons with health concerns. Phone: 802-748-1399. The Great Vermont Corn Maze, 1404 Wheelock Road, Danville, VT. Email: info@vermontcornmaze.com

Rummage Sale - 1-5 p.m. United Church of Hardwick. Sponsored by the Women's Fellowship of The United Church.

Sat, October 2

27th Annual Fall Foliage Craft Fair - 9 a.m. to 5 p.m. Hardwick Elementary School. Come for Hardwick's annual Fall event featuring jewelry, candles, quilts, pottery, prints, fiber art and more. Door Prizes! Food! Fun!

Sun, October 3

Autumn on the Green is an award-winning showcase for artisans, crafters, cottage industries and businesses amidst the spectacular views and color of autumn in Danville. With the feel of an old-fashioned exhibition, visitors roam the Village Green and Town Hall among the plethora of wares and displays while musicians play from the bandstand. Web: www.autumnonthegreen.com

Tues, October 5

NEK Audubon Informational and Planning Meeting. Join us at the Fairbanks Museum 4-5:30 p.m. Open to all. Phone: 802-626-9071, Email: blackpoll@myfairpoint.net

Annual Book Sale - The Friends of Cobleigh Library, noon to 6 p.m. Benefits the Bookmobile. All books are sorted by category and prices start at 50 cents. Phone: 802-626-5475

The GRACE community workshop program serves as the hub for a wide range of educational and outreach services, and serves as a model which is often replicated at national and international venues. GRACE is dedicated to fostering the participation of many different types of people. Children, elders and community members work side by side in an open studio format. GRACE workshop facilitators promote self-teaching and emphasize individual exploration. Phone: 802-472-6857. GRACE, Old Firehouse Gallery, 13 Mill St. Hardwick, VT. Web: www.graceart.org

Wed, October 6

Poetry's Spiritual Language - Using the poetry of Dickinson, Kenyon, Rumi, and Kabir—poets from diverse religious traditions—Dartmouth professor Nancy Jay Crumbine examines poetry's language of spirituality. All programs are free, but seating is limited. Programs start at 7 p.m. and are held at the St. Johnsbury Athenaeum unless otherwise noted.

Fri, October 8 - Sat, October 10

Dead North - Farmland of Terror. This is a very popular event and does sell out quickly! Not recommended for young children or persons with health concerns. Phone: 802-748-1399. The Great Vermont Corn Maze, 1404 Wheelock Road, Danville, VT. Email: info@vermontcornmaze.com

Sat, October 9

Chicken Pie Supper - Barnet Congregational Church, 5 p.m., Church Street, Barnet. Phone: 802-633-4178.

Sun, October 10

"The Big Sit" at the Nulhegen branch of the Conte Wildlife Refuge. Join NEK Audubon up at the refuge for all or part of the day as we join with birding groups across the country in a one-day count of species at U.S. Wildlife Refuges. Phone: 802-626-9071, Email: blackpoll@myfairpoint.net

Sat, October 16

Apple Pie Festival - 9 a.m. - 3 p.m. at the Cabot School Gym - Main St., Rte. 215. Plenty of parking on the Common. Free admission - fun, family friendly event lunch and plenty of apple pies for sale. Apple pie baking contests! Cash, ribbons & other prizes. Pies must be entered by 10:30 a.m., judging begins at 11 a.m. Silent auction o donate small antique items, hand made items, or gift baskets call (802) 426-3281. Craft fair: event is widely publicized and draws a large crowd. Call (802) 563-2526 to reserve your space.

Yankee Chank at The Music Box, 7:30 p.m. The Music Box, 147 Creek Rd, Craftsbury 05826. Yankee Chank is a group of musicians from throughout Vermont who perform traditional dance music from Southwest Louisiana. Phone: 802-586-7533, Email: www.themusicboxvt.org

The Irish "Wave" in Vermont, 10 a.m. Greensboro Free Library. Vince Feeney, the author of "Finnigans, Slaters and Stonepeppers: the History of the Irish in Vermont", tells the little known story of the impact Irish immigrants had on Vermont life in the mid 19th century. Phone: 802-533-2531

Sun, October 17

Feet for Food - 2.3 mile walk at 12:30 p.m. at St. Peter's Parish Hall, Elm Street, Lyndonville, VT. The walk starts at 1 p.m. and goes over Stevens Loop. Benefits the Lyndon Area Food Shelf. Phone: 802-626-5586.

Dead Creek Snow Goose Viewing and Lake Champlain Valley. Last year we saw thousands of Snow Geese, Blackbirds, and Black Scoters. Let's see if we can top that. Phone: 802-626-9071, Email: blackpoll@myfairpoint.net

Wed, October 20

The Architecture of Farming: Vermont's Agricultural History and Farm Buildings. Sponsored by the Bradford Historical Society. Pot-luck supper 6 p.m., Program 7 p.m. Nancy Boone, State Architectural Historian and Deputy State Historic Preservation Officer with the Vermont Division for Historic Preservation, will discuss 200 years of farming activities in Vermont and the buildings that were built to serve them. Congregational Vestry, 245 N. Main, Bradford, VT. Free. Handicapped accessible. Phone: 802-222-4423.

Wed, October 27

Annual Lasagna Fundraiser - get all of the orders in by the Oct. 22. The cost is \$22 for a lasagna which feeds six and can be picked up between 4 and 6 p.m. on the afternoon of the 27th. Benefits the Danville Senior Meal Site.

Sat, October 30

Book Discussion of "Finnigans, Slaters and Stonepeppers: the History of the Irish in Vermont," 10 a.m. Greensboro Free Library. Learn more about the Irish in Vermont. Phone: 802-533-2531.

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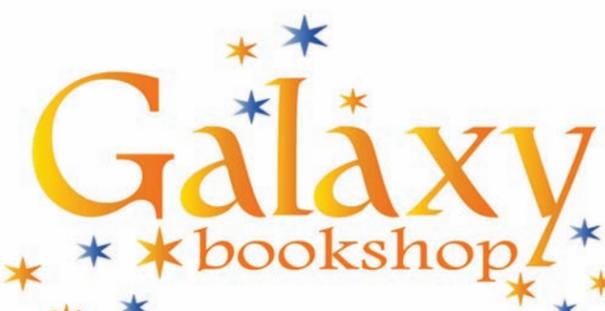
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Galaxy bookshop

Our Events Season Has Begun!
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Tim Simard
Tue, 10/19/2010 - 7:00pm

Get into the spirit of the season with this reading and book signing by Tim Simard, author of Haunted Hikes of Vermont. Explore the haunts of hikers gone by and see for yourself whether these ghost tales are fact or fiction. Haunted Hikes of Vermont provides both storied history and fanciful legend within the trails of Vermont's Green Mountains and beyond. Hikes are rated on a ghostly scale, according to difficulty and spookiness with something for every member of the family. Hikes cover all parts of the state, from Lake Champlain to the Northeast Kingdom to the southernmost part of the state.

Pamela Kristan
Tue, 10/26/2010 - 7:00pm

Pamela Kristan will be at The Galaxy Bookshop to talk about balancing spiritual growth and the everyday pressures of a busy life—the topic of her book, Awakening in Time: Practical Time Management for Those on a Spiritual Path. Kristan is an author, teacher, and consultant. She has spent the last 25 years helping others find practical, creative strategies to help improve their lives, through her workshops, talks, and individual consultations.

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