# Orth Star Monthly Every Small Town's Newspaper

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GOOD FOR THE WHOLE MONTH







10





# On the river

BY NATHANIEL TRIPP

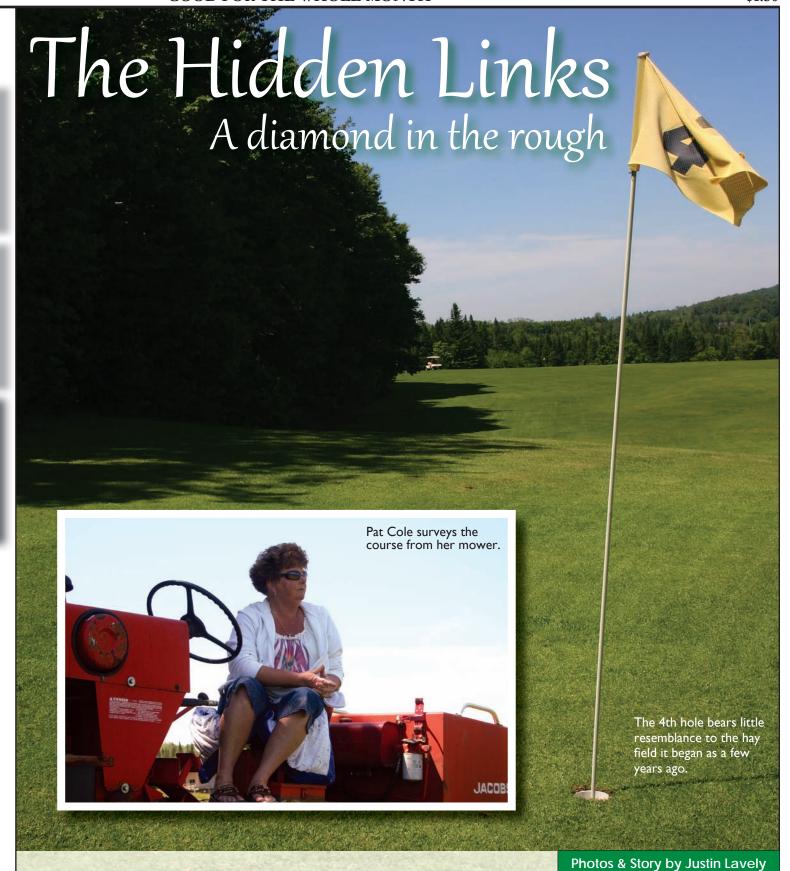
7 very summer I hope there is a time, when the bugs are not bad and the fishing is good, when the hay is in and school is still out, that we can go down the river again.

We live right next door to the largest river in New England, and I've paddled down most of its 410 miles so I know the best part is right here, or maybe a little north of here. Excitement builds as we watch >> Page 9

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# As the famous movie line goes, "If you build it, they will come."

resting the heights of Route 5A in Newark offers an awe-inspiring view of Lake Willoughby and the dueling cliff faces of Mt. Pisgah and Mt. Hor. It is a sight known and seen by many. Continuing down 5A brings you to the Westmore Community Church where you can take a right onto Hinton Hill Road. Another turn onto Coles Road and a mile later you will come upon the hidden treasure that is Lake Willoughby Golf Course. "This a great place for golfers like me," says Craftsbury's Dan

Pittinger as he prepares to tee off on the sun drenched first hole, a difficult 275-yard par-three. Pittinger was part of an inexperienced foursome, excited about the chance to hack away on a picturesque golf course in the middle of the Northeast Kingdom.

Like many others, Pittinger says he discovered the nine-hole course by chance.

"We visit the lake a lot and we started to see the signs for golf," he explains. "One day we decided to follow them and now we've

THE North Star MONTHLY P.O. Box 319 w Danville, VT 05828-0319

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### FROM THE EDITOR

# knowing is fleeting

y daughter began to talk a while ago. She was around a year old. Now, over a year later, she has started to put together compound sentences. Conversing has become her favorite past time. She hasn't told me that, but she practices her skill all the time.

I can remember waiting with anticipation for her to speak. She and I were going to sit outside and have discussions. We were going to go for long drives and comment on the changing landscape.

I have another daughter, a step-daughter, but she was older when I met her. She already knew how to talk, but I remember she dispensed her words judiciously and no one accused her of being overly talkative. I wasn't there when she started talking, so I was still naive when her younger counterpart joined the party.

I now consider her talking to be bittersweet. Not because I don't enjoy our little chats, even though they center more on juice and toys then they do on changing landscapes. When I hear her talk now, it constantly reminds of me of how fast she's growing up.

Surely all parents dread the moment when they realize their child is just going to keep growing despite our objections, but that moment can also come with concern.

It's not fear of the teenage years, either. I have had a quick preview of what that's going to be like from her sister. But the older they get, the more they and we have to be concerned about. We don't have to look far to see examples of tragedies involving those who were too young.

The world can be a very dangerous place and much of the time it seems out of our control. Theoretically, we get better at it as we get older, but it takes a while. I have a friend who likes to say, "I don't know much more now than I did back then, now I just realize how much I don't know. It's a lot easier to pay attention when you're not trying to convince yourself you already know."

I know my daughter is headed for the beginning stage of this phenomenon. As she continues to learn more words and phrases, her young brain will slowly begin to marvel at how much it knows. What it doesn't know will be filed under "unimportant."

What's amazing is that young people are faced with important decisions every-day and forced to make them with limited experience, incomplete knowledge and an inherent sense of invincibility.

If they're lucky enough to make it through, the slow change to adulthood is usually littered with a few events that serve no other purpose other than to break down our rigid adolescence. Perhaps its best for the elders to let this process happen naturally as much as possible, but its not easy for parents to relinquish control.

It's a journey as old as time, but it's hard not to be concerned about those going through it. Whether they be in the beginning, the middle or near the end, there's so much they don't know and think they do.

Soon, they will realize the world is full of things to learn, but only if you're willing to listen.

# THE North Star MONTHLY

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**ARTICLES:** We don't have a big staff of writers. So we look forward to you sending your writing. If you have questions or ideas and want to ask us first, please call. We'll send our guidelines. No fiction, please.

PHOTOS: We'd like to see your photos and welcome them with a story or without. They can be black-and-white or color, but they must be clear.

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# Speaking out against Vermont's tax system, Danville builders commence work on a bandstand for the ages

### The North Star

"WHERE LIBERTY DWELLS THERE IS MY COUNTRY"

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### THE NORTH STAR

July 4, 1879

Taxes in Vermont - The last Randolph He rald has the a nnexed brief and sensible article on the system of taxation in Vermont. It will not be many years before Vermont will be forced to make some changes in her law relating to the listing and taxation of personal property. To see that a change is sadly needed one h as only to refer to the case of the city of Burlington, where the personal property reported for taxation is less than it was in 1850 when the city had less than 8,000 inhabitants. This a lone sho ws that a screw is loose somewhere, and if the matter is not soon attended to the machinery of our government will need a more thorough overhauling than is necessary to remedy the evil of measures or not promptly taken to correct it. Under the current system, own ers of real estate, who cannot be concealed, are forced to bear a very disproportionate share of our state's expenses, while those

whose wealth is mostly in per sonal property, which can easily be concealed, or, under the present law "offset" by "straw debts," will escape with little or no tax on the bulk of their property. Yet these unfor tunates w ho ar e s o deeply in debt conceal their pov erty so effectually that a foreigner seeing them supporting expensive establishments from the income of their personal property, possessed of carriages and coachman would naturally mistake them for wealthy citizens. The L egislature of 1880 will do well to take up this matter of unequal taxation, and lend their energies to the task of devising a remedy.

Bandstand - Work was commenced on the band stand last Saturday, but rained stopped everything. It is expected to be completed by the Fourth of July. It is a good and substantial structure. We hope the band will remain organized to occupy it for a long time to come.

Silver Wedding - Q uite a large number of friends of Dr. Hosea Farr and wife, of this village, gave them a surprise party last week, it being the anniversary of their 25 ye ar marriage. The company enjoyed themselves and the recipients were almost at a loss for words to express their surprise and gratitude. For refreshments, nice cake and lemonade were served. Several valuable presents were left, among them a nice cake basket and a case for silver knives and forks.

**Cabot -** The receivers of the Cabot Carriage Company h ave

by order of the court, taken possession of all the real estate of Hector F. Britt, he being a heavy endorser of the paper of the company

Lyndon Band - The Lyndon Band were to have new uniforms before the Fourth. More than \$200 has been subscribed by residents for this purpose, of which some Robert Pettigrew gives \$50. The band oc casionally gives an outdoor concert, and is to furnish music at the trotting park on the Fourth.

July 18, 1879

Dividend - The First Na - tional Bank of St. Johnsbury paid a semi-annual dividend of th ree dollars a share.

Beetles - The potato beetles are becoming very troublesome. Paris Green and potato sprinklers are in g reat dem and. In us ing Paris Green mix with about forty parts of flour to one of the Green by weight, if a str onger application is used, the vines are liable to be injured.

Hurricane in VT - A d ispatch dated Wells River, Vt, July 14 says: A terrible hail storm and hurricane p assed over l asting about 15 minutes and was followed by a thunderstorm. Some of the hail stones were two inches in diameter. Crops and vegetation were destroyed and torn to shreds, one-third of the glass in the neigh borhood was broken, large trees were torn up, fences were destroyed, houses unroofed and barns blown over. It was the most severe storm ever known

here, and the people were much alarmed.

July 25, 1879

St. Johnsbury Criminals -Dr. Stokes of St. Johnsbury, who had been in jail for a year awaiting trial for abortion, has finally been acquitted by a jury of his peers, though, it is claimed the crime was fully proved against him. The evidence against him se emed to be positive, direct and particular in all its revolting details. The victim has been bed-ridden for three years and was only able to enter court with the assistance of others. The crime is alleged to have been committed in a lonely logging camp in one of the back towns. Stokes is now out on bail. Richard E. Pe abody, co nvicted of forgery, had his case go to the Supreme Court on exceptions to Judge Ross' ruling in relation to the admission of ev idence. His bail was fixed at \$6,000 and he is about the streets again with apparent unconcern. Luman Owens gets two years in State Prison for adultery, though we believe exceptions were taken to the Supreme

Walker - We have a p edestrian in this village who makes a regular practice of walking sev en miles a day, except on Sundays, and that too, with no postponement for inclement weather.

Supreme Horse – Henry Russell of this town has a mare that is now in her 33rd year and she is yet a good roader, and almost as active as a colt.

Academy - See adv ertising

notice of St. Johnsbury Academy. The Institution has been long established, is supplied with a corps of very competent teachers and enjoys a reputation of being the best patronized Academy in th is section of Vermont.

Elm House - The Elm House has be en ve ry we ll filled with summer boar ders for the past two weeks, all of which causes the gentlemanly proprietor to wear a smiling countenance. We trust the next two weeks will a lso see the House crowded to its utmost capacity.

Knights - Last Saturday ev ening was a quite a holiday time in St. Johnsbury. The Knigh t Templars were out in full regalia, and paraded the streets, the Lyndon Cornet Band was present, and di scoursed most excellent mu sic, and Mr. Bingham, of the drug store, sent up a balloon, which after rising to a great height, exploded in the air, with a fine display of fireworks. There was a large crowd of people present.

Will not pay – It is reported that the State Auditor refuses to pay for c ertain ap propriations of the last Leg islature made by joint resolutions, on the grounds that all resolutions appropriating money must be approved and signed the same as public and private laws, and that Governor Proctor, either through ignorance of the law, or neglect, failed to approve and sign the resolutions. It is also said that the Auditor is looking quite sharply a fter the contracts for State printing.

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# Achieving balance

# NVRH CEO Paul Bengtson's road to the Kingdom

Photos & Story by Donna M. Garfield

he NVRH complex sits atop a hill in St. Johnsbury known as Hospital Drive. Currently, it comprises the hospital building, doctors' offices in the hospital or in the immediate vicinity, a new Business Center with offices and conference rooms, a new heli-pad for the DHART (Dartmouth-Hitchcock Advanced Response Team) helicopter to land behind the Emergency Room, and a community garden. There have been many changes at this site since 1972, the year the hospital opened. eyond that, there is the building that houses the ambulances for CALEX, and across the road from the hospital is the St. Johnsbury Health and Rehabilitation Center.

Inside NVRH, there have been recent renovations to the imaging center, laboratory, waiting rooms, surgical areas, and chapel. Colors in light shades enhance the walls in the main hallway where students from area schools showcase their artwork. Skylights and windows bring in plenty of light to brighten the atmosphere. It is a place where people come during medical emergencies, where babies are born, patients have surgery, and at times where life ends. It is a place of possibilities which is true of all medicine — always changing, always growing.

The Chief Executive Officer (CEO) at NVRH is Paul Bengtson. He was born in Racine, Wisconsin, one of eight children. "We had 10 people living in a small house with one bathroom," he says. Paul attended public school and graduated from Wheaton College in Wheaton, Illinois, in 1968. He was drafted into the Army and spent two years in the infantry, part of which was in Vietnam. He graduated from City College in New York City in 1972 with a Master's Degree in Arts and Literature. He attended the Baruch College Mount Sinai School of Medicine in New York City and received an MBA in health care finance in 1978.

Paul's interest in health care developed during the 1970s when he worked in Harlem, the South Bronx, and Long Island City with the New York City Department of Health and the Department of Social Services.

"My work there was basically providing support ser-

vices for elderly people, working in child health clinics, and also working with drug addicts who needed to get into treatment. It's where you wore sneakers to work and, if you needed to, you ran fast. Sometimes you had to tackle patients because they were high on drugs. There were policemen in the hospital. Gangs would attack the Emergency Department with guns."

Paul also worked for two years at the Lutheran Medical Center in Brooklyn and the Beth Israel Hospital in Manhattan. "I had a very in-depth, intense work life experience in health care in New York City. I had a lot of front-line experience working with people in the most destitute and desperate of situations."

His first job outside of New York City was working at the hospital in York, Maine. He worked there as Assistant Administrator until 1982. He then worked at a new 200bed hospital in Missouri as vice president and eventually as acting director. Paul also worked at an Arkansas hospital to help turn the hospital around financially.

It was in York where Paul met his wife, Christine, during a softball game as he was sliding into second base. "She was trying to tag me out," he says with a smile. She worked for a pathology laboratory as a medical laboratory technologist. They were married in 1983 and have three grown daughters, Ingrid, Anna, and Grace.

Christine is from Manchester, New Hampshire, and Paul had worked in New England, so "we really liked New England and we decided to come back here. I got a call about the job at NVRH. The job of leadership in a hospital

is so intense there is a lot of turnover. I figured we would be here for five years and then move on, but we really liked it. It seemed like a great place for a family. I think people have to reach some to get the lifestyle they can have in Vermont. I have traveled all over and seen a lot of different places. People who live here in my opinion are lucky."

Paul and his family live a short distance from NVRH. His office is decorated with family pictures and a bike leans against the wall. He rides his bike to work. "I would say work never stops, but I don't sit here all the time. I am usually on the premises an average of eight to nine hours a day. I send home documents on the computer and work from a distance. The whole idea for me was to get a balanced lifestyle and to spend time with my family. That is the highest priority - to have a stable, healthy family life." The family has done a lot of camping and traveling, some in Scandinavia and Iceland, and also enjoys alpine skiing.

His daily schedule is always different. "One morning I came in at 7:30 and started immediately with a departmental meeting with the ER staff. It goes for maybe an hour and 15 minutes but the better part of that meeting I'm simply listening and absorbing information about what people are experiencing and working with them to see how we can continue to do better day by day on the job. I'm working with staff all the time on ideas. The staff around here is just incredible." He spends time on the computer corresponding because "we work not only on local things but there are national things going on and statewide things where we are interacting all the time on policy issues. I'm





on the phone and often online working with others on health care policy." At other times he is meeting with different people on issues of all kinds. "I work a lot on strategy and trying to fit current actions to future strategies so that we have a good idea of where we want to be in a year or five years." There is always paperwork, preparing for the next meeting, and physician recruitment that brings a lot of variety and complexity to his job. "Because we employ over 500 people in our business, we are

ered after I think maybe 50 years of no one having seen it. We saw the first female that had been seen in many years off one of the tributaries to the Rio Napo in Amazonian Ecuador. Many of the most interesting things are the people you meet along the way because they wonder what you're doing."

Other hobbies include writing poetry and reading. Paul used to give poetry readings in the East Village in New York City. He reads books about ornithology and scientific literature. He likes read-

# When we talk about health care reform, my whole message is eat right, sleep right, exercise, and think good thoughts. Take responsibility and you don't have to have a lot of money to have a healthy life. All things in moderation.

not only paying attention to people in this building but there are people in other buildings such as the physicians' offices along Sherman Drive and across the street from the hospital, and at Corner Medical. We are working on lines of communication all the time. If you are going to do a good job, you have to coordinate care across all different kinds of systems like doctors' offices to nursing homes to home health. This is a 24-hour, 7-day a week operation. The employees include physicians, nurses, and other medical professionals as well as support people and information technology people."

Volunteers are an important part of daily life at NVRH. There are currently over 130 volunteers. "They are a huge part of our operations here and are a great part of our life. If you are going to have a community hospital, you have to have community people in here volunteering whose job is just to be purely caring. They are good eyes and ears. They give us a good measure of who we are and they give us a lot of good ideas."

When asked about his management style, Paul says without hesitation, "I try to be direct, personal, and approachable. The phrase I use the most is that we have an open door policy. Maybe it's the way I grew up. I don't need a whole lot of privacy in that sense. The door should be open. If someone really wants something, they should be able to speak up about it. There ought to be mutual respect. Another part of my style is to be persistent but not in an irritating way. You really have to stay on task to get some of these jobs done. They sometimes take years unfortunately. I like creativity. I like flexibility and adaptability."

Paul has been a field ornithologist, or bird watcher, since he was a child. "I have always loved exploring things but for some reason bird watching fascinated me so I was always asking questions. People got annoyed with me because I asked too many questions. I watch birds locally but have also traveled all over the world doing this. In 1999, I put together a group of six other men and organized a three-week camping trip through Botswana, Zimbabwe, and Zambia. I've traveled to Mexico, the Caribbean, the Upper Amazon, Africa, South America, Southeast Asia, the Pacific Islands, New Guinea, Australia, Europe, and Russia."

The rarest bird Paul has seen is a Cocha Antshrike. "The male of the species had been rediscov-

ing about math and physics as well as fiction by some of the American and Russian novelists. "I read the Bible because I think it's good reading. It's extremely human. I read it for wisdom." He does not watch much television.

If Paul had not worked in health care, he probably would have become involved in conservation efforts. "When you are interested in bird watching, you notice everything that is going on in the environment. I'm amazed at what people do not see happening around them in the environment. We think we can manage everything. I have always been of the philosophy that we are so conceited and arrogant that we are in many ways destroying our own health by destroying our environment. I would probably get politically involved in that sense. I think there is no excuse at all for what is going on in the Gulf of Mexico, but that's just one example. Humans, I think, are on a crash course with the planet. We are not capable of listening."

There have been many changes at NVRH since Paul's arrival in 1986. The hospital has gone from no computers to state of the art. Images and information can be sent anywhere — even outside the U.S. "If you want to get an authenticated reading in addition to the ER physician at 2:30 a.m., we can have an image read by licensed physicians during their daytime in Australia and get a reading back within minutes." Many cancers can be treated locally with the addition of the Norris Cotton Cancer Center North, part of Dartmouth-Hitchcock Medical Center. There is also Fresenius Medical Care for people who need dialysis services. Many surgical procedures are now done on the same day and are minimally invasive where people used to stay in the hospital for days. "Medications are more complicated, but people are surviving longer on these medications. There is a movement toward wellness and prevention. Pain management technologies are much improved. We have overall an aging population, and it is going to need more and more services."

If Paul could give only one piece of health advice, it would be to exercise. "When we talk about health care reform, my whole message is eat right, sleep right, exercise, and think good thoughts. Take responsibility and you don't have to have a lot of money to have a healthy life. All things in moderation."

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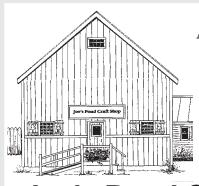
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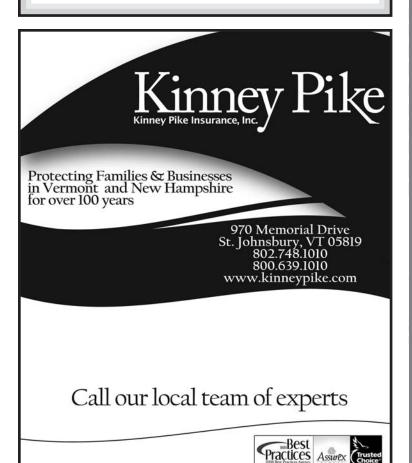


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# The language of nature

By Isobel P. Swartz

ardening always stimulates my thinking. Intimate contact with the Earth makes me see human life in a broader context. It makes me realize that what we humans see as definable national borders are, in reality, no more definable than the edges of my garden flower beds.

At present I am waging war on two fronts, in gardening terms. The first has been on-going for several years. The enemy's presence, in this case Goutweed or Bishop's weed (Aegopodium podgraria), ebbs and flows according to my enthusiasm and energy to eradicate it. Pull on the leaves and the roots stay to fight another day and throttle the neighboring plants! I have attempted a campaign of outright death and destruction by using aerial applications of weed-killers. This year I cannot use this technique because of danger to the civilian population of cultivated spring and summer flowers that are well-advanced in this year's warm spring season.

There is also the constant problem of crossborder infiltration into my garden from my neighbor's yard, which provides a safe haven for a healthy population of this same species. The only tactic left to me is to try eradication by constant weeding, or to try to reach a negotiated settlement with my resident Goutweed population, restricting it to certain areas of my yard, while encouraging my neighbor to do the same with hers.

My other battle front is much more difficult and stressful. The enemy is a large family of woodchucks who encroach into my territory and take advantage of my garden's produce. They presume to use, without contributing in any way, the benefits to which, by my hard work, I feel entitled. I am outraged!

I have erected fences around my vegetables. But last year three layers of partially buried chicken-wire border fence did not prevent the loss of my entire pea crop. The enemy then advanced and consumed lupines, phlox and sunflowers, illegally entering my yard under the fence in broad daylight to enjoy these delights, even bringing along their young ones to enjoy the feast.

Demolition of their homes has proved impossible. They return and rebuild as soon as the dust settles. What to do? The entire neighborhood is being over run by this third world population.

Communication is a problem of course. We do not speak the same language — or do we? In fact we all speak the language of Nature. We all want the same basic things from life: space

to live, food and water, an undisturbed place in which to procreate and raise offspring. But somehow these similarities seem to be insignificant when we consider our nation's borders and national security. And yet these similarities are

### I am concerned that it was so easy to write fluently about my garden problems in militaristic terms.

really the basis for most international problems.

I am concerned that it was so easy to write fluently about my garden problems in militaristic terms. That this terminology has become such a part of American life is ironic, given that a visitor from another planet, seeing the beauty of much of our environment, might not immediately realize that we are a country at war — with everything: two foreign countries, poverty, illiteracy, child abuse, drugs, obesity, domestic violence, terrorism, illegal immigration, and several major diseases. It's not that I don't think that eliminating these problems is a worthy goal, it's how we refer to these adversaries that bothers me.

Our whole national outlook is war-like at present and so is our everyday language. Expressions such as "shock and awe", "in the cross hairs", "on target", have become part of common speech and yet, so far as I can see, we are not having much success on any front. This kind of speech reinforces a violent outlook on everyday life and enables people to feel that violence is an acceptable answer to everyday frustrations. This way of thinking does not make us safer personally, politically, or nationally.

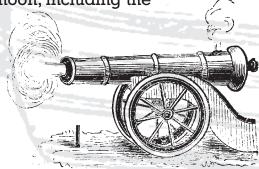
I have one suggestion that might change our outlook and put things in a much better and useful perspective: all political candidates, members of the Department of Defense and TV Talk show hosts should take a hands-on gardening course lasting an entire growing season, and learn to speak the language of Nature.

# Old Fashioned Independance Day Celebration in the Village of North Danville Saturday, July 3

Meet old friends, make new ones and continue this great Vermont tradition. Parade starts at 10 o'clock. Dinner at the North Danville Church and fun throughout the afternoon, including the

Dickey Vance Memorial Fun Run, auction and bingo. Music and entertainment for the whole family.

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### **G**ASPERS

By LORNA QUIMBY

ately I reread some of Dorothy Sayers' Lord Peter Wim-⊿sey books. Sayers wrote in the 20s and 30s. Compared to today's steamy mysteries, her books are tame.

Her plots are ingenious, if far-fetched. I enjoy her conversations. This time around I noticed how many cigarettes her hero and heroine smoked. In Busman's Honeymoon, Bunter, Wimsey's man, sets Lady Wimsey's room to rights. Her cigarette butts have no "scarlet lipstick stains" and he approves.

P. G. Wodehouse's Bertie Wooster smokes a "gasper" while Jeeves brings his morning cup of tea. Wodehouse wrote over a long period of time, from the 1920s to the 1950s. Bertie was still lighting up in the last novel.

In the lighter literature of the 1930s, an author indicated a woman was "fast" by the fact that she smoked. Cigarettes, that is. A woman who smoked cigars would be too risque for the "gentle reader."

To Dad's generation, cigarettes were effeminate. Men smoked pipes and cigars. Boys sneaked a smoke out behind the barn. Mark Twain, in The Adventures of Tom Sawyer, describes Tom's initiation into the charms of smoking. Girls and women didn't smoke, period. Dad lit his corn cob pipe after dinner and smoked while he read whatever magazine came in the mail. A cloud of smoke followed him when he worked in the fields. We were familiar with the hollow in the top of the post where he placed his pipe before he went into the stable. That pipe was the first thing he picked up when he came out of the barn. We were used to second hand smoke.

Alvin smoked a pipe, too, although Gar set her face against smoking in the house. Their hired man had to sneak a cigarette outside. Glen Lowre, how-

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(802) 748-4945 24 hour service ever, did not sneak. He sat on the end of the woodpile and openly enjoyed his smoke while Alvin finished his meal.

Cigars were in a class by themselves. Bridegrooms were supposed to treat their friends and neighbors to cigars at the local stores and could expect a chivaree (mock serenade) if they didn't. Good cigars had a pleasant smell but there were some like those smoked by one of the engineers at Fairbanks Morse. The other men called them "El Stinkadoras."

Chewing tobacco had ceased to be popular and taking snuff was something one only heard about when Dad or Maw told about some very old woman they'd known. Liz Aiken chewed tobacco, but no one considered Liz glamourous.

None of the women I knew smoked, although at school there were rumors about some mothers. When we older girls had an apartment in Lyndonville during the war (World War II), the woman who lived upstairs rolled her own. She did tailoring and dressmaking. When she took a break, she'd light up and come downstairs to visit. We used to check to see if her cigarette was rolled so tight it would hardly draw or was a loose, floppy one that scattered bits of tobacco over our living room.

More expensive and more consistent in shape were brandname cigarettes. Various ads on the radio competed for our attention, as did the ads in the magazines. "Call for Philip Morris" by the bellhop opened one radio show. "L.S.M.F.T." (Lucky Strike means fine tobacco) was another. (Either the high school boys or servicemen had a ribald parody, not suitable for a family paper, of that one.) We were supposed to "walk a mile for a Camel."

As part of the war effort, people sent cigarettes to the troops. Movie stars "plugged" certain brands. Watch old films and count the times the actors light up. No wonder so many became hooked on the things.

First thing in the morning, one of my brothers-in-law would light a cigarette. Then he'd put it down on the window sill while he got dressed. Sometimes he'd forget it. Small scorched rectangles on the window sills were reminders of his addiction. At a Peacham Academy alumni reunion, one of his classmates remembered being in Ned's store and Sib was smoking. "Here comes Hoxie," someone said. Sib quickly dropped his cigarette in his overshoes. How he hopped around when it kept on burning!

One of the Peacham librarians was a chain smoker. While rereading Sayers's Nine Tailors I came upon a page with a round scorched hole where a cigarette had touched it. Only a correction of a typo was lacking to assure me that Ella had read that

Wodehouse called cigarettes "gaspers." G.I.s called them "coffin nails." We thought they were being clever! My grandmother, as did many others, knew that smoking was not good for you. But we were far from realizing the reality of lung cancer and emphysema. Those who carry around their oxygen supply know only too well the meaning of those "gaspers."



o commemorate local events, the United States Postal Service offers pictorial postmarks as a community service. Joe's Pond is to be recognized with one such unique postmark. At the request of the Joe's Pond Association in recognition of their 19th anniversary, Postmaster Garey Larrabee initiated and received approval for a special cancellation to take place on July 3, 2010.

Hastings Store gave permission for their special artwork to be used in this cancellation. This pen and ink drawing was created be Miss Esther Cook over 30 years ago and given to the Hastings as their trademark. Miss Cook's parents Henry and Emily Cook operated The Injun Joe overnight cabins in the 1940s and 50s.

Those wishing to obtain the postmark in person may do so at the West Danville Post Office on July 3 between 9 a.m. and noon. During this time coffee and refreshments will be served.

The postmark will be available by mail for 30 days following July 3.





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# Green outside and in the kitchen

### No Small Potatoes with Vanna Guldenschuh

The fresh vegetables of summer have started to arrive. The Farmer's Markets are giving us spinach, lettuce, bok choy, scallions and strawberries now and we know that string beans, tomatoes, zucchini, cucumbers, broccoli and cauliflower can't be far behind. I am inspired by these wonderful vegetables and I can't wait to start cooking all of them.

Vegetables make a grand culinary statement - at once good for you and easy to prepare.

I give you my favorite (and very simple) way to prepare most vegetables and a couple of classic vegetarian dishes that can provide your table with a pleasing side dish or a complete hot summer day meal.

Have fun and eat well!

### **Simple Summer Vegetables**

Ty favorite way to pre-Lpare broccoli, cauliflower, string beans or brussel sprouts is to steam or boil them then drizzle olive oil and sprinkle salt over them. I often hate to do anything else to these veggies because they are so good this way as well as heart healthy. You can serve them hot or at room temperature and use them leftover in salads the next day.

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For steaming use a pot big enough to accommodate the veggies and the steamer.

Broccoli: Leave the broccoli in big pieces cutting off as much of the bottom stalk as you like.

Cauliflower: Leave cauliflower whole. I cut off the bottom leaves and a portion of the hard underside so that it will fit on the steamer whole.

Brussel Sprouts: Cut the bottom and a take a few outside leaves off each sprout and steam.

**String Beans:** I like to boil the string beans - plunge into boiling water and check for doneness by

Don't overcook any of these vegetables. When they are done take them out of the pot and put them in your serving dish. Do not leave them in or over the steaming water after they are done because they will continue cooking and you will have vegetable mush on your hands. I use two big serving spoons to lift the broccoli or cau-

When you have the vegetable in the serving dish, drizzle a small amount of decent olive oil over all. Then sprinkle salt over the top. You can toss the brussel sprouts or string beans, but if you are preparing cauliflower or broccoli just leave them as they are in the dish. So simple and so delicious.

### **Zucchini Gazpacho**

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This cold, no cook soup is such a treat in the summer. You can vary ingredients to your taste and use extra bounty from the garden in a unique way. If you don't like cucumbers use all zucchini.

- » 6 medium cucumbers peeled and seeded
- » 6 medium zucchini If they are small enough you don't need to peel or seed them but if you are using monster zucchini you will want to peel and seed them.
- » 6 large tomatoes peeled (can use canned whole peeled toma-
- » 4 ribs of celery
- » 2 red peppers
- » 1 small onion
- » 4 scallions
- » 2 cloves garlic chopped finely
- » ½ cup fresh lemon juice (can mix lemon, limes and oranges if you want)
- » 1 tablespoon sugar
- » ¼ cup olive oil
- » 2 or 3 dashes hot sauce
- » 3 tablespoons balsamic vinegar » 1 cup combination chopped
- fresh herbs basil, mint and parsley You can use dried herbs – about ½ cup
- » Salt and pepper to taste

Chop all the vegetables coarsely and mix with the other ingredients in a large bowl. Only the garlic needs to be finely chopped before you puree everything. Puree in batches in a food processor. Do not puree too long. The mix should look like a fine chop rather than a smooth puree.

Taste it and add salt and pep-

per to taste. You might want more hot sauce or more herbs. You can even put in a little red wine. Season it to your personal taste.

I suggest making it a couple of hours ahead of time and letting the flavors meld in the refrigera-

Serve with a garnish of mint

### Tabouli

his dish serves as a great L side dish for meal or stands alone as the meal itself. It is very fresh tasting and versatile. Traditionally, bulgur or cracked wheat is used but I have used quinoa, cous cous or pasta pearls and made a great summer meal. This is a great pot luck dish since it is served at room temperature.

- » 2 cups cracked wheat (bulgur)
- » 2 cups boiling water (cooled for a minute)
- » 1-2 cucumbers peeled and chopped
- » 1-2 zucchini chopped
- » 2 tomatoes chopped
- » 1 bunch green onions thinly sliced
- » ½ cup fresh mint chopped
- » 11/2 cups fresh parsley chopped
- » 1 teaspoon finely chopped fresh garlic
- » Juice of one lemon need about 1/2 cup
- » ½ cup good olive oil
- » 1 teaspoon sugar
- » 2 teaspoons salt

» Pepper to taste

Prepare the bulgur: In a large bowl pour the boiling water over the wheat and let sit until it has fully absorbed. If there is extra water, drain it off. Let sit until it is cool.

To prepare quinoa: Bring 2 cups of water to a boil and add 1 cup of quinoa and a pinch of salt. Reduce heat to low and simmer for 15 minutes and cool to room temperature. Put in a large bowl and set aside.

To prepare cous cous: Bring 3 cups of water to a boil and add 1 teaspoon salt and 2 cups of cous cous. Turn off the heat and cover the pot. Let sit for about 10 minutes and fluff with a fork. Put into a large bowl and let cool to room temperature.

To prepare pasta pearls: Bring 5 cups of water to a boil and boil the pasta pearls (also called acine de pepe or soup mac) for about 10 minutes. Strain and cool with cold water. Put the pasta into a large bowl with a couple of teaspoons of olive oil mixed in to keep it from sticking together and let cool to room temperature.

Make sure all the vegetables are well chopped and mix the rest of the ingredients with them. Stir this mix into the cooled wheat, quinoa, cous cous or pasta. Give it a taste test and add salt, pepper, olive oil or lemon to your satisfaction. Refrigerate for a few hours and serve at room temperature.

Tabouli makes a great sandwich on pita bread. Serve it with warm pitas for a great summer lunch with a plain green salad.



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### >> Page I

the weather, looking for three good days, then off we go, making the glorious drive up to Brunswick.

This river wasn't as much fun before the Clean Water Act got passed in 1975. You couldn't eat the fish, didn't want to swim, and had to scrub the scum off the canoes afterwards. It was still beautiful, though, rugged peaks as background, fertile farmland alongside, and the gentle voice of the river itself urging us to accompany it on its trip to the sea. Once, when the river was in flood, we went twenty-two miles down to Guildhall in a few hours, right through herds of cows. Other times we've had to drag the canoes over bars. We've done it in the rain, we've done it in the snow, but I prefer two or three days of warm sunshine.

The kids started coming along at about age three. We'd make a nest for the youngest one amidst the packs and coolers. An older one might be in the bow, and perhaps the oldest might even command a canoe of their own for the first time, perched in the stern and eyeing the water ahead like a cool professional. We set off where the Nulheagan comes in, bump over a few smooth boulders and then the river has us. With a nice stretch of rapids called the "Horse Race" it's like hopping on a moving train. The river roars around big boulders. It growls over ledge. The white steeples of North Stratford fall away behind and the forest closes in. Then the river seems to pause, catch its breath in the shadows of big hemlocks, before continuing over successive beds of ever smaller stone.

All this is good enough, with repeating patterns of riffles and gravel bars to fish from, but the real magic comes as the river slows and the valley broadens. Whereas before the river ran right over the bare bones of the earth, now it begins to almost playfully create the landscape. It starts to meander through its own debris of flood plain soils, weaving drunkenly between New Hampshire and Vermont, often revisiting places it had last seen

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a thousand years before as the sinuous course keeps changing. Old channels, oxbow ponds now cut off from the river, are out of sight but we can hear the ducks and geese on them as we pass by. We can hear the tractors, too, working the rich soil, and cows, but most of the time they too are out of sight behind a screen of silver maples, and the river's voice is but a soft whisper where it brushes past massive trunks of half sunken

A pattern begins to emerge. As the river turns to the left, the flow of water within it becomes helical, corkscrewing its way downstream. A fly cast upon the river here will drift across the stream towards the steep right bank, over the deep hole on that side. To the left there will be a shallow, sandy beach, perfect for camping when we are ready. It was put there by the under part of that helical flow, going left, depositing the sand it took away from the right. Then the river straightens briefly. It gets shallow. We can see the bottom. No more fishing until it swings to the right and the helical flow reverses. All this was much to the consternation of the log drivers, who wanted the river to be straight a hundred and fifty years ago, and they did straighten about thirty percent of it up here for a while, before learning that the river has a mind of its own. It wants to meander.

Now evening is coming. The Percy Peaks are aglow. We find our perfect beach and make camp as men have here for thousands of years. After dinner we walk up the beach to where the river begins its curve and wade across that bar which always lies there. We are really a part of the river now as it pulls for the sea, we feel grains of sand brushing against our bare feet, for rivers carry so much more than just water, they carry mountains, too. Some say that rivers begin to meander because they feel the spin of the earth, and fishing here it seems like we are finally one with the river and the spinning earth, with the moon rising, and the fish pulling our lines like harp strings.

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Shelter in the sand

# Joe's Pond Beach has a new pavilion

BY JUSTIN LAVELY

day at the beach isn't always just fun in the sun, but now inclement weather is less of a concern at the Joe's Pond public beach thanks to a new pavilion. The new, open-sided structure has been built on the existing footprint of the old bath house, which was removed a few years ago.

The new structure was built under the direction of the West Danville Community Club, a small group charged with maintaining the village area and beach. The project was funded largely through an \$8,500 settlement from Green Mountain Power due to past instances of flooding around the pond. The money was also used in the removal of the old structure, including disconnecting old plumbing and filling in septic tanks. The WDCC also plans to purchase picnic tables for the new pillion and

use any remaining funds for the construction of a partial concrete wall to surround rented toilets. The group has also been drawing off an additional \$8,000, held by the Vermont Agency of National Resources, to upgrade beach landscaping with new trees and shrubs, filling in the sandpit area, grading and improving the parking area and improving water quality.

The WDCC's efforts to maintain the West Danville village is the result of many volunteers and generous funding from voters in Walden, Cabot, Peacham and Danville.

"It's great that we're able to do this," said Deb Stressing, owner of Joe's Pond Craft Shop and WDCC secretary. "This is one of the few free beached left in the state of Vermont."

Washington Electric Cooperative was the original owner of the beach area, passing it to the Town of Danville at a reasonable price with the stipulation it be kept as a public recreation area.

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# Remembering the Queen

### Morning coffee group shares stories about a departed friend

COMPILED BY SHARON LAKEY

n June 16, 2009, I met Rita Calkins at the Park and Ride in St. Johnsbury to pick up a photograph of Marion Sevigny. "And now the Queen of Danville has died!" she exclaimed as she handed me the photo.

"The Queen of Danville?" I asked, perplexed.

"Janet Wakefield," she replied. It was the first time I had heard of Danville having a queen, but the title was explained to me later. When one called Janet and she wasn't home, the recording would announce, "You have reached the residence of the Queen of Danville..."

For nearly 25 years, Janet Wakefield held court at Steve Cobb's Danville Restaurant and Inn. It was an informal court, but a valued one where those gathered could discuss the af-

fairs of the town, the state, and the world. The courtiers changed over the years, with members coming and going. It still meets, but, alas, the Queen is only there in spirit. In the following stories, some members of the court reflect on their fond experiences with the Queen.

### Dot Larabee...

Chewho is this every hair in place, gray haired lady, dressed to a T, wearing dangling ear rings, flashy socks, riding around in a yellow Mustang convertible with pigs on the dash?" people would ask.

"Oh, that's Janet Wake-field," we would reply, "Who else?"

I didn't get to know Janet until she retired in September 30, 1985, from working at the Department of Welfare. With a chuckle, she would tell us about how at her retirement party Janie Kitchel said, "If you could get by the old b---- at the front desk, you were okay." Any-



ways, after her retirement she had time to join a group that had coffee every morning at the Danville Restaurant. We always knew when she had arrived. She would walk in, slam the door, stand with one hand on her hip, and look around to see who was there. After that she would proceed to the table and ask in a loud voice, "Who are those people over there?" Before she

left she usually found out their names, had a good conversation with them and knew a little or a lot of their life history.

Every town needs a Janet Wakefield selling tickets for fundraisers, collecting money for The Covenant House, soliciting food for a luncheon after a funeral service, pouring punch at the luncheon, calling if someone was ill to see if there is anything she or the church could do, volunteering at school to listen to children read, and giving out fluoride treatments. These are just a few things she did. She has left a big void in our community.

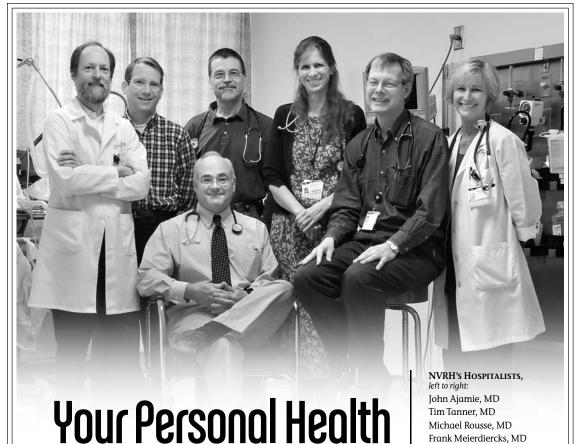
It has been a year since her passing. We had our differences sometimes, but you always knew where she stood on any given subject. I miss her a lot.

### Terri Graves ...

I met Janet Wakefield in March 1974 when I started employment with the state of Vermont. Janet was the Gatekeeper (boy was she!) for the Department of Social Welfare. I was a lowly temp, hired as an aide for the Department of Social and Rehabilitation Services. Noontime, my first day at work, I was immediately subjected to her grilling. "Who are you, where are you from, who's your mother, who's your father, are you married..." You get my drift. We became insult buddies. We could trade them readily and often--triumphant when one of us "got one over" on the other.

I only really got to know Janet after moving to Danville in 1999. Both of our life circumstances had changed considerably. She had retired but was always busy doing something for others, either organizations or individuals. Janet was easily one of the most civic minded individuals I've ever met. I, on the other hand, became very isolated. I was working part-time, caring for my elderly parents and, subsequently, mourning their loss. Many friends had gradually disappeared from my life, as I was unable to sustain a social life.

Janet basically extended a hand up. She kept in touch by calling and invited me to join the morning coffee group at



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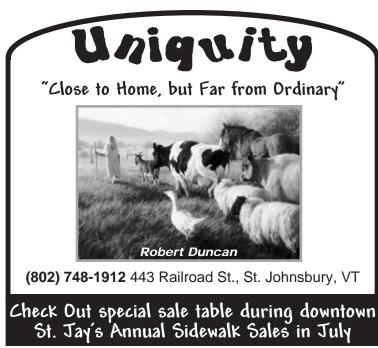
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The Danville Inn. "You need to get out," she said. Through her kindness, I was able to begin my journey out of sadness, slowly developing new acquaintances and friendships along the way. Janet, whether she knew it or not, had become a very important mentor to me.

### Alice Cruess...

Several years ago, my family and I discovered what was to become our favorite dining spot--Steve Cobb's Danville Inn. At our second Saturday morning breakfast there, realizing we were becoming regulars, Janet stopped by our table to introduce herself asking, "Who are you?" We told her we were from St. Johnsbury. She overlooked that fact, and we soon became fast friends. We knew we had arrived when Janet invited us to sit at the Danville Table.

Together, we traveled far and wide on shopping and dining trips, and wherever we went we always ran into someone Janet knew. She was fun-¬loving and generous, sometimes honest to a fault, but she genuinely took an interest in and cared about others. Janet had strong sense of community, which played a large part in our decision to settle in Danville, a town we've come to love as much as we did Janet.

### Hazel Greaves...

Inever knew what Janet was going to say! Sometimes that made me a bit nervous, but it was always in fun. And her laugh! Didn't she have a wonderful laugh? We could always hear that in the church dining room and at Steve Cobb's restaurant. She usually moved around the restaurant to find someone new

to talk with before settling down with the Danville table. And did you ever see Janet throw her leg way up on the buffet counter at Steve's? She was quite agile! I do miss her noise.

### Jane Milne ...

The memories I have of Janet are among my fondest. Her socks, earrings and lovely thick hair were always so interesting. I counted on her telephone calls before and after the Celtics' games. Oh, how she could sputter if they lost! A visit with Janet in her home was truly a treasure. My last visit with her was about two weeks before her death, and we had a good laugh when she TOLD me to sit with her in the den. "Where?" I asked myself after looking around, so I tossed things from a chair to the floor. I miss my friend Janet.

### Jim Bailey...

Janet was always ready to embrace strangers and connect with people. It was a pleasure to see her at the head of the "round table" at the Danville Inn Restaurant holding court! She was outspoken, called a spade a spade, and though we were poles apart politically, we had great fun jabbing each other with tongue in cheek on current affairs. She was my favorite Democrat.

### Mary Bailey...

ur first encounter with Janet was when our boys were about ages seven and three. We took our golden retriever puppy with us to the post office. We ran into her and she asked them what they named their puppy. When they told her "Barney" she asked, "Couldn't you think of a better



Pete Blackadar, Jane Milne, Dot Larrabee, Hazel Greaves, Theresa Powers, Dottie Morton, Steve Cobb, Janice Morrill celebrating Janet Wakefield

name than that?" (Typical.)

Years ago we walked into the Danville Restaurant and there sat Janet, Dot Larrabee and Alice Hafner at her table. We kiddingly asked them how long you had to live in Danville before you could sit at that table. We shared her table every Saturday morning since. Her conversations always included her grandchildren-their whereabouts, what they were doing, their accomplishments. She was very proud of them. I miss Janet and remember her with much love.

### Steve Cobb...

I think Janet and I had a lovehate relationship. We had some rocky times, and somewhere along the way we became the best of friends. She came into the restaurant every day, and we talked on the days I was closed. We also made a trip to her favorite store in Littleton every other week.

Janet was a Noah's Ark collector, and I am a teapot collector. Janet's house was loaded with lots of things, but Noah certainly stood out more than anything else. If you come into the restaurant you will notice that all of my teapots are displayed with their

spouts pointing to the left.

On a Saturday morning, shortly after Janet died, I was sitting at the organ in the restaurant visiting with the folks at the table nearby. Something made me look up to the top corner shelf of teapots, a shelf that is unreachable without a chair. The center teapot on that shelf had been turned around, so that the spout headed to the right. It was my Noah's Ark teapot.

To see this article and a link to a photo album, go to http://danvillevthistorical.blogspot.com/



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# Letters from the Past

When writing was a necessity and an art

By Lynn A. Bonfield



mos Belknap, a twenty-five-year-old native of St. Johnsbury, enlisted in the Union Army on December 4, 1861. For volunteering he received a U.S. bounty of \$500 and from the town of St. Johnsbury, \$187.50.

His regiment left New York on March 9 and had a stormy thirty-one day voyage to New Orleans, with most of the men sea-sick the whole trip. In G.G. Benedict's Civil War history, published in 1888, he reported that as the ship was towed into New Orleans, "blacks along the banks hailed the troops with every sign of welcome; others made no attempt to conceal their hatred toward the union troops . . . Union solders were ordered to not interfere with slave owners reclaiming their property but Vermonters would not allow it and slave owners soon knew not to search for their slaves" when the Union troops were there.

In the following letter, posted from New Orleans, Amos described the difficulty of the regiment's travels to Louisiana and the conditions of camp life. He wrote on stationery with edging on the top of the paper with red, edging on one side with blue, and the bottom side edged with white, making the red/white/ blue patriotic colors of the Army of Lincoln.

July 26, 1862

Dear Friends [a term often used meaning family]

I take a little time to write a few lines to let you know that I am alive and well and hope these few lines will find you the same I have written 3 or 4 letters to you but have not recived an answer at all it is very warm weather here now and it is not healthy here there is a lot of the boys sick 4 of out of our Company and 11 more in the Hospital and a lot around the quarters there is not more than one half of the Company fit for Duty it is a little hard

Tom ferrin run the guard and one other man by the name of murphy and got drunk and thay had a trial 3 or 4 days ago and the court brot it round that thay should wear a ball and chain on the right leg that weighs 65 lbs for 20 days and no police duty I made the irons for ferren and he liked it very much

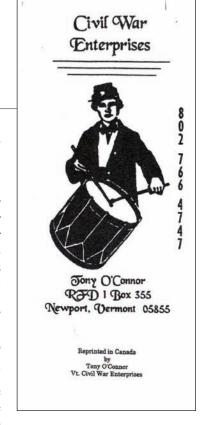
I have been to work since the 9th of this month on an engine and like it first rate John Gilman

New Orleans, La. is very sick the Doctor thinks he will not get well one of the Company was stationed at the rail road about 30 miles from here the Captain sent some 20 of his men up the road 4 miles and some rebels fired into them and kiled 3 of the men and the fireman and wounded 8 more the dam sons of bitches layed in the bushes and our boys did not see

> we have had water melons for a month and blackberys for most 3 months thay are all gone now I hant seen any for a week we have had a plenty for this year the boys have stole melons and corn and some chickens and a number of things we live very well now but we had a Dam hard time from [New] york to ship island we did not have half enough to eat and we was 31 days coming and most of the boys was sea sick for about 3 weeks I was most Dam sick have you heard from Will[iam Henry] Ash [1837-95] this year I should like to see him first rate I have had one letter from Brother Frank[lin Belnap] 2 weeks ago and he was well is that couple

Drummer in the Union Army image taken from the cover of Tony O'Connor's Civil War Enterprises where these statistics are given: 339 volunteers from St. Johnsbury, 15 killed in battle, I killed by accident, I died while a rebel prisoner, 37 died of disease, 20 died in rebel prison, 6 died of wounds, and 19 deserted.

Marid yet the one this side of the bridge there by the saw mill write and let me know Nigers are thick as white men here I wish you would tell charles Ely that Captain H[enry] E Foster is well and I see his brother a week ago and he was well thay are brothers too Ely wife you can tell her for me if you please we run a train of Carrs over this road every day it makes a good thing for the Regt for thay bring wood to bake bread and cook with we have as good bread as ever I eat any where we by milk every night and morning and bread and milk is good for washing Days flour has been sold for \$30. Dolars a bbl a good pare of boots made out of french calk skin was worth \$40 Dolars when we first came here that is a little mite high



I dont find any news to write this time and I must close my letter hopping you will get this and if you can read it you can do better than I can write soon as you

> From Amos Belknap New Orleans, La8th Regt. Vt. Vols. Co. C excuse all mistakes

This letter is preserved in the manuscript boxes at the St. Johnsbury Athenaeum. Letters in this series are transcribed as written with no corrections of spelling, punctuation, or capitalization. Brackets indicate my additions; ellipses indicate missing words.

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# A farm that's here to stay

By Virginia Downs

≺he Lyndon Historical Society's summer meeting at the Lyndon Town House in June had an element of nostalgia as our president, Eric Paris, ended his term as president. His messages in our quarterly newsletter, Lyndon Legacy, have reflected a life on the family farm in Lyndon that gave him a healthy philosophy. We will miss his thoughts with their humor and wisdom.

Eric's parents, Lloyd and Beverly, live across the road from the barn in the old farmhouse. They retired in 1988 after running the farm for 32 years. Now they enjoy helping their son, his wife Cathy, and their children, Bonnie and Ben, with the farm chores.

Eric's farm is noted locally for providing organic produce to the Paris's Freighthouse Restaurant in Lyndonville.

In his last "President's Message," he wrote, "As of this writing we've been experiencing some better than usual spring weather -more like early summer. We have our garden crops planted along with the barley, and we've even begun having before the first of June. Life is good. Lately, at least for the past few years, our farm has had to change with the times. In 2003 we transitioned to certified organic farming practices which ended up being one of the best decisions we've ever made. Several years ago we began a garden which has grown in size every year since its beginning.

We began raising chickens and turkeys as well, and cannot keep up with demand. It seems that people are much more healthconscious than they used to be, and want to know where their food comes from. They also know that buying local is good for their health and better for their community. 'Buy local' is huge, gaining momentum all the time, and for good reason. Buying local is nothing new, though. Years ago vegetables, meat, and eggs were commonly used for bartering at local general stores. Shipping perishable food products was much more challenging years ago; therefore it wasn't commonly done. Pesticides, herbicides, antibiotics, and synthetic hormones used on animals today are all relatively new to American agriculture, having come on the scene about sixty years ago. Our grandparents and great grandparents knew a lot about how to solve problems related to growing food by using natural and homeopathic remedies and procedures. Being an organic farmer myself, I find it bittersweet when I hear someone say, 'I don't want any of that organic crap.' What they don't realize, or have actually forgotten, is that their great grandparents and their parents were raised and lived almost exclusively on that 'organic crap.' Organic agriculture is often viewed as something new, when in fact the old 'conventional agriculture' is actually the new agriculture. Organic farming practices were being developed and implemented generations ago. I guess history truly does repeat itself."

On one of our recent sunny days, thiw writer drove up Pudding Hill, just beyond the air-



Ben Paris, Nicholas Ott and Eric Paris prepare to spread organic fertilizer on the fields. Photo by Bonnie Paris

port, to the Paris farm to visit with Cathy about Lyndonville's Farmers Market, which she organized and has enjoyed watching flourish. Though she was not from a farm family, she adjusted easily after their marriage, helping with the morning milking, feeding the calves, and keeping the milk parlor in perfectly clean condition.

We visited while she continued trimming the fallen tree limbs from a recent wind storm. I confided that as a child, one of the favorite drives our family took around Lyndon was past the many farms, admiring the large herds of cows and how I missed that now.

"Oh yes," she agreed,

then pointed downhill at the neighboring Estabrooks farm. "There are only five in Lyndon now, down from forty five." Just as she said that, two of the Eastabrook cows began to take steps onto the road and Cathy flipped open her cell phone, reporting the errant cows to the owners

"We have an understanding to report any wandering cows," she explained. The Paris's farming routine is truly a family venture. While Bonnie manages the family's Freighthouse Restaurant, her brother Ben milks mornings and afternoons and cleans out the stalls. Haying their fields is another regular assignment, as well as

Life changes. Make sure your insurance keeps up.

cutting hardwood blowdowns and thinning trees, to provide wood for heating for his parents and grandparents. Nicholas Ott, Bonney's fiancé, helps Ben and works in the garden.

As Eric wrote in his spring issue of Lyndon Legacy, "I know my entire family gets a tremendous sense of satisfaction in seeing our crops grow, and that's everything from 150 acres of hay to a half-acre garden. Additionally, even a small garden can save you a lot on the grocery bill. Go ahead and let the farmer in you come out. As the old saying goes, and this relates to most everything we do in life, 'we reap what we



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# The early days of Japan

# Leaving the Phillipines for the great unknown

By Bill Amos

t wasn't my choice to leave the Philippines in 1934. My father had a new job waiting far away to the north in a land I knew nothing about—Imperial Japan.

My boyhood years in the high Philippine cordillera had been spent exploring lofty pine forests and discovering tropical wildlife. One adventure after another implanted unforgettable images of place, events and people. Now the mountain town of Baguio would be home no longer.

I would leave schoolmates, pets, my horse, green surroundings and a salubrious year-round climate. Everything familiar and reliable would vanish.

And yet, despite a sense of impending loss, a young boy's curiosity gave rise to excitement of what lay ahead. We were moving to an exotic country colorfully portrayed in travel brochures. But I had no inkling of a frenetic, disciplined, technologically advanced society and grimy cities with limited green space. I did not realize that foreigners, or gaijin, were guests of the Empire and not resident by right. I did not anticipate the heavy hand of the Japanese military and the ever-watchful Kempetai, the dreaded "thought" police who kept military personnel in line and at any time might penetrate everyday life.

Within months after our arrival we were plunged into a period of doubt and concern. An attempted coup d'état by a group of militant nationalist army officers and cadets was nipped in the bud, but left a profound effect upon Tokyo's populace as well as the little foreign community that was viewed with suspicion no matter how good the times. Troops were everywhere and no doubt Kempetai were in the thick of things. Our American

School was shut down for a few days. Recovery was slow.

Our spacious Tokyo home was a kind of American oasis situated above a handsome façade of fitted limestone blocks, a forbidding wall penetrated by an iron gate. My room looked down upon a busy street that bore no resemblance to our former quiet world in the Philippines. Everything that went on below was new and fascinating, and I often sat by my window watching the passing parade.

I'd hear bugles up the street heralding the cadenced march of squads of soldiers. They came stomping down the cobbled payment chanting patriotic songs in unison, rifles shouldered, faces set, stepping with precision. Children ran alongside, but never interfered. To this day I can mouth (wordlessly) the chant of those marching soldiers. Judging by their subservient, almost frightened response to the bellowing sergeants leading them, they probably were recruits in training. Soon they would be fighting in China and, eight years later, help defeat American forces in the Philippines.

Military trucks bearing facing rows of ramrod stiff soldiers came along regularly and sometimes a small tank or two clanked by, a tracked vehicle I had only read about. We soon learned that our street, nameless as were most Tokyo streets, was designated a "military street" used by troops going to and from the Yoyogi Parade Ground not far away.

Mostly, however, it was a civilian street with a constant parade

of interesting people and vehicles. Many commercial vehicles were sturdy tricycles, the two-wheeled rear closed van or open bed, while the front half resembled a huge motorcycle, much larger than the Harleys and Indians I had seen elsewhere.

Ordinary trucks and cars were in the street at all times, silent because horn-blowing wasn't allowed, or was unpardonably rude. Pedestrians were mostly men, shod less in leather shoes than in rubber-soled tabi, straw zori (sandals), or clacking, elevated wooden geta. Bicycles passed by every minute, the riders displaying amazing skill. But not always.

One day a rider balancing a towering column of bento trays (lunch boxes) was struck by a careening taxicab. The man wasn't hurt. Instead of recriminations as I expected, both driver and bike rider paused amid the wreckage, bowed repeatedly and profusely begged one another's pardon. When all was done, the trays were reassembled, picked up, and both vehicles went on their way. It was an early lesson that made me think about my own impatience and willingness to blame others.

The most entertaining passersby were drunks who wobbled into view in early evening. For a worker going home after a long day, stopping at a pub for a beer or two resulted in a precariously unsteady gait accompanied by incomprehensible singing and garrulous shouts to nobody, about nothing at all. I wondered whether one of these confused souls would



Man and daughter feeding pigeons in courtyard of Buddhist temple, Nakameguro, 1936.

stumble off the sidewalk and end up in a heap in the gutter. If this happened, he stayed there. Others simply stepped around him. After a while I recognized a few inebriated individuals who followed the same pattern every week. Did they ever get home? If one succeeded in doing so, a good Japanese wife would say nothing and quietly accept her roaring, red-faced man without complaint or recrimination.

We settled into city life and I grew familiar with our neighborhood of Nakameguro, a residential district within the great sprawling metropolis. Certain places, streets and shops became favorites to visit. I was the only Western boy in the immediate area and because of my youth was of interest to local folk who were uniformly pleasant and helpful—and somewhat puzzled by my freewheeling behavior so unlike that of more disciplined Japanese youngsters. I began picking up the language in an amalgam of formal Japanese at home and school, blended with crude vernacular absorbed on the street. Misused experimentally with limited understanding, my slang more than once horrified my parents' Japanese friends.

I enjoyed spending time on our "back machi," a narrow little shoplined street behind our compound. Every kind of store was worth a visit and there I picked up greater understanding of plebian Japanese culture than from any other source. Food stalls offered mouthwatering mochi (flavored bean paste), sembei and arare (crackers), oyaku donburi (a hearty meal in one bowl) and soba, a ubiquitous working-man's noodle dish. Soba noodles were greenish-tinted, we thought, from grass stains on peasants' bare feet as they trampled them into form. We were unconcerned. A soba-ya (soba shop) down the street was a hangout for a few of us gaijin schoolboys. It had the added attraction of being an observation post for watching a small "café" next door, a combination bar and brothel. We counted traffic going in and out, marveling at the brevity of the visits, but we never glimpsed the ladies within.

One end of the back-machi intersected a deep stone-lined canal. Like others of its kind it was filthy and contaminated by raw sewage. Walking by one day I saw two boys standing in the water washing off coal dust. Coal carriers were the lowest form of employment, usually the work of eta, or burakumin, remnants of a feudal order of untouchables, a destitute caste at the very bottom of Japan's social ladder. To my astonishment the hair of one boy turned from black to blond. He was a White Russian, indentured to some boss as the only possible employment for a displaced person.

I remembered a young man in the Philippines, a Russian with tsarist tendencies who supported the White Army fighting against the Red Army. Igor Arkangelsky had walked out of Russia—across the entire vast country—escaping the Reds as they took over. Stateless and without passport, as a White Russian he found safe haven in an American protectorate. Other White Russian refugees became entrepreneurs in China and Malaysia, but those who reached Japan had almost no future.

My father was able to rescue one White Russian boy in Tokyo, enrolled him in the American School and after graduation sent him to the United States where he not only excelled in college, but became an American citizen and a successful surgeon.

The boys in the canal, however, were almost certainly doomed. After WWII I learned that White Russians in Japan had been brutally treated as nothing more than slaves, some perishing in medical experiments.

It wasn't long before I understood that despite citizenship in our home countries we foreigners, gaijin, were neither admired nor necessarily accepted by ardent followers of the increasingly ultranationalist government. Most of the time this had little effect upon our lives, but once in while we got the message loud and clear—from taxi driver, shop keeper, or man on the street. We early teenage Americans didn't always try to ingratiate ourselves, yet something about this ancient and complex country began having an effect upon me. I enjoyed visiting Japanese friends, improving my clumsy language skills.

I soon discovered a haven down the street from our house, a serenely quiet 18th Century Buddhist temple within a meticulously kept courtyard.

After busy and noisy times with friends in town and school,



I sometimes went to the temple to relax and be quiet, to feed the pigeons hato-mame (pigeon peas), listen to chanting and prayers. Japanese families coming with their children smiled and were openly friendly. I may have been the only Westerner of any age to enter the temple grounds.

During one visit a monk came out and greeted me. By then I could converse in halting fashion, and he invited me into the temple to meet the abbot. Seated on smooth and spotless tatami (straw mats) drinking tea, the abbot showed me temple treasures that had been taken out for the occasion—I remember an ancient bronze kagami (mirror) and a beautiful katana (sword). The abbot's kindly generosity put me—an American boy who had wandered into a sacred place-at ease and made me feel welcome. In later years I wondered if the treasures and the monks themselves had survived fire bombing that leveled that part of Tokyo at the end of the war. The effect of their long ago presence and tranquility has lasted a lifetime.

A police box stood on a street corner just beyond the temple. Actually a little one-room house, it was arranged obliquely on the corner so a policeman standing in the doorway could look down all four streets. These were ordinary city police, helpful and courteous, not frighteningly austere as the dreaded Kempetai military police.

Local police astonished us after our house had been robbed one night when we were asleep. The dorobo (thief) had been skillful in taking valuables without leaving a trace, at least that is what we thought. The police arrived, searched the house, and apologized profusely and repeatedly. Before leaving they advised my father to place a table outside our compound gate and stand there as neighbors arrived to leave their calling cards and express how sorry they were we had been victimized and robbed. He collected several dozen cards that one evening. When a large fire destroyed a building up the street, neighbors again visited to tell us how glad they were the fire hadn't spread to our house. This time many more cards were left at the gate.

The dorobo story concluded a week later when the police were



A street vendor and his hand-pulled cart that held all a householder could desire other than food. Photographed near the author's house in 1935.

cook and maid did for their own

meals. I was offered a dish and it

was tasty, but my mother would

specialty: the "honey-pot" man

who arrived carrying a yoke on

his shoulder from which two large

buckets were slung. Every few

weeks he reduced the contents of

our septic tank. When he left, the

yoke bowed deeply as he trotted

away, loaded buckets swinging

alarmingly. His skill and sturdy

equipment prevented spillage and

whatever odor accompanied him

I had little accurate knowledge of

human sexuality, its ramifications

and results. Pregnancy was some-

thing that happened. Birth hap-

pened. So I was mystified when I

saw what occurred at the small ma-

ternity hospital diagonally across

the street. Yes, mothers entered

and came away carrying babies, but

an even larger number, almost a

stream, of pregnant women went

As one just entering my teens

was soon dissipated.

One visitor we left to his own

not allow eels in the kitchen.

turned, even articles we hadn't missed including wooden pencil stubs, pipe cleaners and the lowest denomination coins. A valuable camera was intact. Despite being asked, the police would not tell my father how they had apprehended the man and how they had managed to recover every item. I imagine the thief was not treated gently.

Another night a drunk wandered in from the street and passed out on our doorstep. The police arrived, shouted, yelled, and poked the man who wouldn't wake up. They did nothing more for the moment, saying that it was against the law to carry a suspect away from the scene of his misconduct: he would be escorted but had to leave under his own power. As the standoff continued, my father told me to go to my room, that things were about to get rough. Apparently the man left "under his own power," but what that meant I couldn't imagine, other than something very unpleasant.

The police said the man was Korean, not Japanese, so "what do you expect?" Korea, occupied and totally under Japanese control was suppressed as a second-class country. Koreans were heavily discriminated against, considered inferior and denied responsible positions in Japan.

Various service and trades people were scheduled to visit our house. The furnace's coal supply was brought in wicker baskets on men's backs, and ashes removed the same way. Unagi (eel) vendors carried wooden buckets containing live eels thrashing in shallow water. We never bought any, but our abortions, not elaborating further to a young son who didn't know about such things. I remained unconcerned and unquestioning, thinking it was a natural turn of events for the Japanese government to endorse this kind of population control in a country bursting

in and later left by themselves. I

asked my mother about this, but all

she said was the women had had

The school I attended was American, its faculty almost entirely American, but students represented many different nationalities, children from the numerous embassies and consulates scattered around Tokyo, the capital city of Imperial Japan,

Friendships quickly developed, and I began learning about the community of nations through their youthful local representatives. Even incidents at school could assume international proportions.

During an argument in shop class, a Pakistani bov used a hand drill to puncture an Afghani boy's arm. Mediation by school officials didn't prevent Afghan's senior diplomat from lodging a protest with the Pakistan equivalent. Because the victim, Abdulla Tarzi, was the son of Habibullah Tarzi, Afghan's Representative to Japan and later ambassador to the United States, the affair caused quite a stir. (In those days Pakistan was not yet a state but a province of India.)

I ran free in the city with my school friends, mostly American but other nationalities as well, including individuals with extraordinary backgrounds and ethnicities. Bongs Amara Kridakara was a Thai prince; Joan deHavilland later became the film star Joan Fontaine; Herawati Latip was a member of Celebes (Sulawesi) royalty; Karl Schreck, relaxed and cheerful despite being a Hitler Jugend; Oleg Troyanovsky later became Soviet ambassador to the United Nations; Helga Gerdts a stunning blonde Swedish-German girl was close to my heart; Hajime Onishi was later an ace pilot in the Imperial Japanese Air Force. There were Europeans, Canadians, South Americans, Australians, Japanese, Chinese, Eurasians—my memory goes down a long, long list with affection and gratitude for such associations. We were an egalitarian group of young people, enjoying one another, playing, competing, learning, loving and having the kind of fun-filled lives that youngsters will have when temporarily out from under national and ethnic constraints.

Sadly problems in the United States of the 1930s had ramifications among our youthful cosmopolitan society: there was not a single American of African descent or African national in our midst. There must have been children at African embassies and consulates, but none attended the American School.

The first years living in Japan flashed by, each day bringing something new, interesting, and worth knowing. As I passed into my midteens and upper high school years, dark clouds of international discord gathered and entered our consciousness. Things were happening in Asia and Europe that worried us and affected our associations. We no longer were sure about some of our schoolmates, and there were international establishments in Tokyo where we Americans no longer felt welcome.





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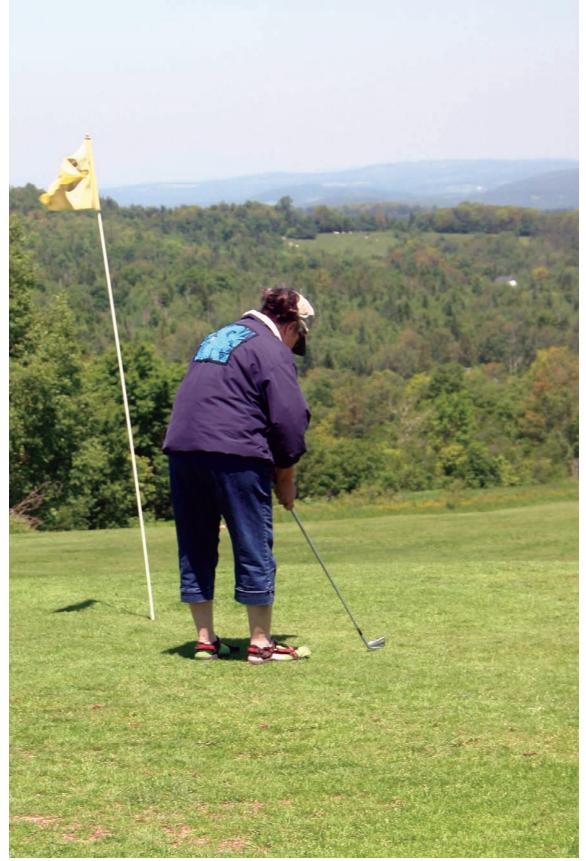
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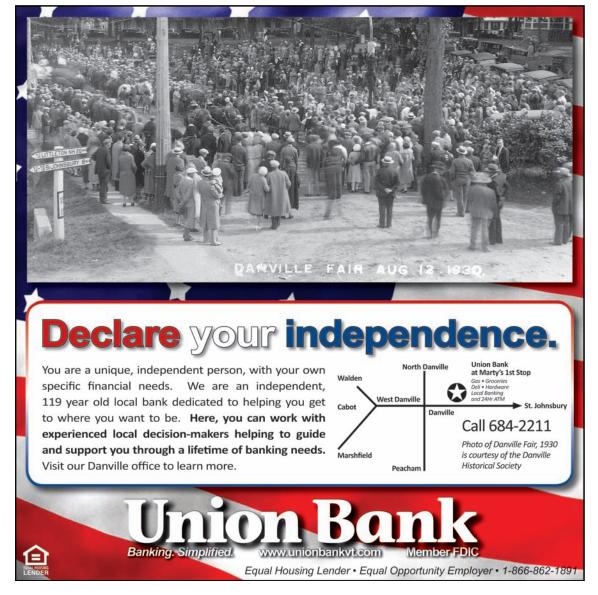
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Sherry Evans, of Rainier, OR, lines up a putt.





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been back a few times.'

The course sits on 30 acres of a 1,100-acre farm owned by Alan and Pat Cole. The tract has been in Alan's family for more than 100 years and up until seven years ago, was a functioning dairy farm. A few Jersey cows still greet golfers as they enter the course.

"We decided one day that we were going to have to be creative we started mowing and a couple if we wanted to keep this [land] in years later, we opened a golf the family," says Pat while taking course. It was kind of like, 'put in

a break from her mowing duties. With the help of two other couples, Skip and Valerie Gosselin and Steve and Connie Miner, the Coles would do just that.

"This 30 acres used to be hay fields and one day Steve asked me what he could do up here besides grow hay," Skip says sitting at a picnic table in front of the ninth tee box. "Not long after nine holes and hope they come."

It didn't take long for the group to get a glimpse of what was coming. It takes a few years of mowing and seeding to turn hay fields into lush fairways, but it took less than two for people to start showing up.

"We set up grade stakes so we could see where all the holes were going to go," says Skip. We weren't even open and people would show up and hit toward the stakes."

The course officially opened a year later and on weekends, cars can be lined up for half a mile.

The course was designed by Steve, Skip's brother in law, an experienced and avid golfer. The group had a vision of a natural and organic course for all levels. Aside from the golf, it's not hard to lose yourself in their vision, not to mention the rolling hills, meadows and timberland.

"You will find no pressure here, no clubhouse, just come and have fun," says Pat.

"People tell us they make a point of coming here," says Pat with a smile. "They come from other states. They've even left notes that say we don't charge enough, along with extra

course and if you don't want to walk, another \$10 will rent you golf cart. From the modest parking area, golfers walk across a small foot bridge and stop at what appears to be an oversized bird house. Inside, they'll find a place to leave their money, pick up a

The response has been eye open- is organic, which makes the operation may not be ready for the U.S. open, of such a small course significantly

"We all agreed from the beginning that we would be doing this organi-

without borrowing a cent, adding to their vision a little bit at a time, as their

but they are certainly an achievement. Helping the greens is a feature visitors may not expect to see on a course this size, a complete irrigation and sprinkler system. The network of plastic water lines are gravity fed from a pond on the property. Alan and Skip buried them with the help of a modified farm tractor and pickup truck.

Kelly Evans stares

first tee.

down a drive on the

When asked what's next for the course, both Skip and Pat shrug as if to say, "We're just taking things as

Skip says they may consider a back nine holes, but not until the current set up pas for it...and someone else to





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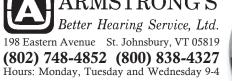
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On the Green, Danville, Vermont

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dents will tell you, the most difficult and expensive part of a course are the greens. Building a quality putting surface in Vermont's inconsistent climate takes time, money and a little score card and grab keys to a gold cart. luck before the bent grass root system There are no dyes or harmful fermatures. Skip is very proud of how the tilizer used here. Skip says everything course's greens are taking shape. They

# "...the moon was closer to our group than a nickel."

The Village kids in 1950s North Danville

BY DWAYNE LANGMAID

The village kids closest to me (we were all born about '44 to '48 - must be because our daddies had just made it out of the "Big One") were a close knit group composed of Linda, White Top, Susan, Jake, Sister Lucy, Boo, and me, Ohm. Find one of us and most likely the rest were close by! The Village Kids at the time of this telling consisted of Linda Langmaid (Vance), Mary Langmaid (Prior), Susan Langmaid (Lynaugh), John Daniels, Janet Daniels, Dean Langmaid, and me, Dwayne Langmaid.

The centers of our universe (other than home) was Uncle Fob's Barn, Blanche's Pantry, and Ray Locke's Store. Boo and I lived in a little two tenement house which my folks rented from Aurther and Addie Sanborn who lived next door. Just up the road on our side of the village lived Jake and Sister Lucy. Their mother, Blanche Daniels, who we thought was the best cook in the world, was matron of the pantry. Up and opposite them was Uncle Fob's barn and at the end of the village by the church and across from the parsonage lived Linda, White Top, Susan, Uncle Fob and Aunt Clara.

Ray's store was a great place

to visit, particularly without the "encumbrance" of a parent. The cookie case, with layer after layer of bulk cookies (I could never get past the Fig Newtons!), the coke cooler, the candy bars and the ice cream freezer all had their special locations. Five cents would buy you a 16-ounce Pepsi, and you got two cents back when you returned the bottle. A nickel would buy any of those huge candy bars, though it didn't much matter because the moon was closer to our group than a nickel. Pretty much we would just walk around the store and drool on things. Ray put up with us as we lived so close. In the back was the kerosene, lamp oil, dog food, that type of thing. Ray would finally scoot us out through the roll door to play in the grain room. The smell of grain and molasses would soon drive us back in, to once again slobber on the candy bars and cookies.

One day, "Mom Shirl" had a bad cold and sent Boo and me over to the store for some Kleenex. Being the oldest, I was carrying the money and felt very blown up to be trusted with 15 cents. We announced to Ray, "That the "old lady" had a bad cold and we needed a few boxes of Kleenex." He told us he was out of them. We then paraded around the store. Finally, we told Ray that in lieu of Kleenex, we, "Might as well have one of those huge Baby Ruth candy bars and two of those big bottles of Pepsi." Ray peered over

the counter at us and said "Well boys, I haven't seen the "old lady" in a while, why don't you watch the store and I'll go over and see how she is doing?" That grounded our plane, "old lady" sounded rather ominous and we suddenly lost our

Every other Friday was Ray's day off and Alex Burube tended the store. Since he only had to contend with us twice a month, he was generally an easier target for a hand-out. We actually thought we were doing him a service. Since he worked the store so infrequently, he was not always up on prices, but we were. Susan had this insatiable desire for the chocolate concoction better known as a "Cherry Hump." Why? It certainly received more than its share of drool, but when for a nickel you could get a Baby Ruth that would founder any healthy pair of four year olds, why would you opt for a 10-cent Cherry Hump? Girls! As they lived up the road Linda, White Top and Susan did once in a blue moon have a nickel. Susie waited until one Friday when she knew Burube was tending the store, picked out her 10 cent Cherry Hump and handed over her nickel. He never even questioned her. (Due to the fact, as fore-mentioned, we kids were "up on the prices.") She beat it home and took on a "secretive aura." Aunt Clara investigated and Susie soon paddled her little feet back to the store and exchanged her unopened candy bar for her nickel. She didn't even spend that nickel on a Baby Ruth! Girls! To this day she hasn't indulged in a Cherry

One of the highlights of spring was when Johnny Hubbard, whose barn was right below the store, drove his Jersey cows up to his milking shed and summer pasture on the Old North Church road. The cows had been tied all winter and had severe "spring fever". They would bawl, jump, kick and run all over the place. The older kids, like Jake and Sister Lucy's brothers Dale, Rod, Jim, and Jackson, got to help race the cows to pasture. The rest of us had to sit on the benches on the porch of Ray's store. We had explicit instructions to not leave the porch! That was really crazy to us, as unbeknownst to

our parents; we were all seasoned veterans of dodging the cows and bull in the muck and manure of Uncle Fob's barnyard. After all, if the animals couldn't get us in that mire, how were Johnny Hubbard's cows going to get us on good firm footing?

One thing about Uncle Fob, he never seemed to get too excited, even though none of us had yet hit Mrs. Sleeper's first grade class. Around him, you were at liberty to "bump your head" if you had to. He had those little individual salt blocks on brackets in front of his registered Guernsey cows. One day he came in and we were lapping the salt. He suggested we might like it better to lap the sides where the cows hadn't used them quite as hard. Made perfect sense to us, just had to watch out for the fly specs on the holders! The barn was paradise - the big water tub, hay mows, a silo, a million hiding places! No one would ever find you if you hid underneath the barn behind the manure pile. You had to hike up your britches, watch out for the huge spiders and walk barefoot through the slop to get there!

The Daniels huge old house (Jake and Sister Lucy's) was another kids dream. So many rooms, the stair rail, the attic, a billiard room, the shed and it's chamber, an old "two-holer," the garage and its upstairs...but best of all was Blanche's Pantry! Whenever possible we would hang around her kitchen, hoping she would give us one of her pantry delights. Cakes, gingerbread cookies, and doughnuts — every morsel in that pantry was perfect. We soon realized it was a little handier and probably less bother to her to enter through the garage, quietly go through the shed and open the back door into the pantry. Sometimes the next door into the kitchen was open and other times it wasn't. Regardless, we would always stop and listen as we didn't want to disturb her - she had six kids and was always very busy! The huge cookie jar was at the back of the broad shelf. One afternoon we hoisted three-year-old brother Boo up. He crawled over and there was a moment of panic when the top of the jar clicked as he removed it. He put both hands and arms down

into the jar and pulled out gobs of perfect gingerbread cookies. We turned and Blanche was standing in the kitchen doorway! Until that moment we never realized the mere thought of cookies could create such a terrible ill feeling in the pit of your stomach!

Mrs. Sleeper taught up at the North Danville School, and she kept her car in the Daniels' garage. Therefore Jake and Sister Lucy knew her very well. We were up sliding in Uncle Fob's pasture behind the school. We got wicked cold, and Linda, White Top and Sister Lucy quit us. Jake was older (probably five) and wasn't ready to quit, so I couldn't either. After all, he was the one who got his father Sam to extricate my head from a little play barn my grandfather Walt built for me and Boo. We were playing with it, and for some reason the cows in it were malcontent. I stuck my head in the little door to calm them down and there I stayed! Jake gathered up his mom Blanche and my mom Shirl which certainly added to the panic! To this day I am convinced death has to be something similar to having your head stuck in a play barn. Jake's dad Sam finally came home from his job at ET&HK Ide in St. Johnsbury, tore apart the play barn door and saved my life! All thanks to my hero Jake! Therefore, though I was freezing on that sliding hill and wanted nothing more than to go home, I couldn't. Finally Jake admitted he was freezing, and though, since in our advanced hypothermic state, we would never make it home, maybe we should go down to Mrs. Sleeper's classroom and thaw out. We walked right in, covered with snow, teeth chattering and Mrs. Sleeper immediately took us under her wing. We attempted somersaults and cartwheels to gain favor with the students. Mrs. Sleeper claimed us recovered and hustled us along our way. Thinking about the consequences of our school visit made for a long, torturous walk home. Just another day as a "Village Kid."

To White Top- You always have been and always will be an in spirations to us. We love you!

The Village Kids

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Drawings from Robin Rothman's sketchbook are available for viewing at the Historical House this month. During the 70's and 80's, Robin roamed the hills of North Danville and Danville filling a sketchbook with things she saw. Some of the drawings are of buildings that no longer exist. Look for an article about her in the August issue of the North Star.

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# A scare, a scar, a silver lining

By John Downs

icholas Kristof is a talented columnist writing regularly for the New York Times. He travels around the world, and often writes about oppressed people in poor countries. His facts are usually undisputed, and his stories gener-

ate broad sympathy for those he writes about.

He does not write about himself ordinarily, save for his reactions to what he observes. The title of this column is borrowed from his column with the same title that appeared in the Times on June 6. This one tells about his recent cancer scare and his reaction to it.

His doctor told him that he had a tumor on his right kidney, and said that the chances were that it was 90 percent cancerous. During a three-hour operation, the doctors removed 10 percent of his kidney and the tumor that fortunately turned out to be benign. Nevertheless, Kristof accepted this series of events as a serious brush with his mortality and that "turns out to be the best way to appreciate how blue the sky is, how sensuous grass feels underfoot, how melodious kids' voices are."

David Sanger, a friend and Times colleague, survived cancer a decade ago, and says "No matter how bad a day you're having, you say to yourself, Tve had worse." Another friend, Floyd Norris, wrote on his blog: "It is not fun, but it has been inspiring. In a way, I am happier about my life than at any time I can remember."

Kristof doesn't "mean to wax lyrical about the joys of tumors. But maybe the most elusive possession is contentment with what we have. There's no better way to attain that than with a glimpse of our mortality."

Fortunately, I am experiencing a more natural approach to the contemplation of my mortality, and the contentment with the life I have. Becoming 90 was like waving a red flag in front of me - hey, slow down, take your time to look around, recognize and appreciate the abundant joys in your life. I have been trying to do just that, for I can't imagine a more appropriate way for anyone in his or her 10th decade to approach life, especially someone like me who failed to do enough of that during an active and busy life.

I will have plenty of time to do exactly that in the next few months, for I will have a further reminder of my mortality on June 28 — about the time this column is published — when Dr. Richard Gagnon will operate to replace my left hip. As I write this column on June 14 and 15, I don't yet know what to expect, although the professionals at the pre-op conference on June 22nd will answer any questions I have about pain, discomfort, disability and rehabilitation.

An optimist at heart, I believe that I shall walk again painlessly on two sound legs. And if, by chance, the operation improves my balance even a little, then the ordeal will have more than justified itself. Perhaps I will even be able to walk safely over rough ground without the use of my cane. As of this moment I can only see that the operation and its aftermath will be a win/win result for me. What more could one ask for?

But let's assume the doctor and I have guessed wrong — an unexpected anomaly of some kind in my hip will prevent a full recovery, and I would be destined to be even more of a cripple than I am now for the rest of my life. Would that prevent experiencing the pleasurable experiences I hope to have? No way! The perpetual constants that have made living and loving people and life around me during recent years will remain regardless of what

Knowing my active and loving wife, she would be even more caring if I am forced to endure a disability that neither of us anticipated. And I know it would be the same with my three children - they are mature enough to be sympathetic, knowing that unexpected casualties could afflict them or their loved ones when least expected. Their "old man" would receive the consideration and solicitude that his situation calls for.

In other columns I will comment on and explain, if necessary, the many blessings and benefits that will come from seriously contemplating my mortality. I won't be surprised if I learn that the awareness and appreciation are not the same as they were in the earlier decades of my life. And I do not exclude the possibility that there will be blessings and benefits — in spite of liabilities that did not and probably could not have existed

# The joy of weed whacking

ByVan Parker

Tost people are justly concerned about the Oil spill in the Gulf of Mexico. It must be a strange kind of spring and summer down there. It's been different here, but in an abundant sort of way. Everything is on fast forward here in the Northeast Kingdom of Vermont. Driving over to our daughter and daughter-inlaw's home on May 25 we noticed one farmer who was already having his field. May is normally too early to harvest a crop of hay. Not so this year. Our lawn would have been ready to hav as well if our daughter hadn't found someone to mow it.

The green seemed a little greener this May.

You realize again why Vermont is called the Green Mountain State. In this part of the state at least, the pace of life is slower. Once again I was struck by the politeness of the drivers in St. Johnsbury.

They almost never honk if you hesitate a moment when the light first turns green. I don't attribute this to Vermont drivers being better than the folks in southern New England. They just act a little less "driven." Coming to this corner of Vermont, in the words of one our granddaughters, is like "taking a deep breath."

This afternoon I went out to do a little weed whacking. I didn't stay long because it was pretty hot, but it was an amazingly satisfying half hour. The world may be full of problems that nobody can finally solve. But you sure can cut down the grass around

the bushes and beside the gardens. Even though the weed whacker makes a lot of noise, weed whacking is a solitary occupation.

It gives you time to think.

Now, a couple of weeks later, the oil spill is still disrupting both the environment and the lives of people who live in the southeastern part of our country. Experts are doing the best they can, both to contain the damage and stop the spill at its source and make sure a disaster of this sort doesn't happen again.

But here in this corner of Vermont the grass is still growing. For various reasons, including the age of our lawn mowers and my own advancing years, we've decided to hire someone to mow on a regular basis. But that doesn't go for weed whacking. That's too satisfying an activity to give up.

Weed whacking doesn't solve any problems. It doesn't change the world in any way you'd notice. I would guess it's environmentally neutral. All it accomplishes is cutting the grass in places most lawnmowers can't reach.

But weed whacking has some fringe benefits.

There's a bit of rhythm to it. As far as I know no one has ever made a study of weed whacking, but I'd wager it helps put other matters in perspective, maybe brings you closer to the natural world, and possibly lowers your blood pressure a bit. In a day or two it will be time to get out the weed whacker out again. I'll try to observe the necessary precautions and then relax and have a good time.



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### Walden Hill Journal with Jeff & Ellen Gold

July 2, 2009: More days of rain and gloom. Turning the calendar over to July hasn't moved us any closer to summer. In fact, these first two days have been considerably cooler. Even the fireflies were muted last night as the temperature dropped. St. J Town Band has been rained out 2 of its 3 Monday night concerts. The one we did play was under overcast skies that discouraged the usually enthusiastic audience from attending. We have a big concert schedule for the holiday weekend and the weather does not look promising. July 4th often brings unseasonably cool and cloudy weather in northern Vermont.

July 3, 2009: With all this rain there's a new phenomenon in the garden; an over abundance of fat, slimy slugs. They are truly disgusting, lurking between the ribs of the bok choy. Love and appreciation of nature definitely ends when it comes to slugs. My intellect just can't get past the emotional abhorrence. Well the rain held off long enough for the St. J band to pose for a picture on the Capitol steps and play about 40 minutes of music in Montpelier. We had a good view of a very colorful rainbow, arcing above an almost full moon as we played. Heading home, we encountered a strange vellow-orange pinpoint of light suspended in the darkening sky. It turned out to be a hot air balloon, caught in the storm and looking for a spot to land. We watched it disappear behind the hill where it hopefully found an open field to set down in. Marty's fireworks were underway as we reached Danville so we pulled off on Walden Hill Road to enjoy the grand finale.

July 7, 2009: Rain again today but we managed a couple of drier days to hang out the laundry and mow the overgrown lawn. Jeff even used the trimmer to keep our paths through the field open. Our second concert for the holiday weekend was truncated due to cold and rain. The band was somewhat protected in the N. Woodstock gazebo but the audience tired of holding umbrellas and sitting in the cold wind. Sunday's concert in Danville was very sunny, too much so in fact. The setting sun was a bit blinding to the flutes and saxophones. Visor caps definitely helped but blocked out the conductor as well as the sun. We had a good sized, enthusiastic audience. The wind initially presented some challenges but there were plenty of clothespins to hold the music down. By mid-concert, the wind had calmed down considerably. Of the four "July 4th" concerts, Danville's was the most enjoyable and hassle free. Last night's concert in St. J finished before the rain but the sky looked threatening throughout. Nevertheless, we had a good audience, well bundled up for the evening cool. The band, a little weary from four nights of concerts and longer distances to travel, still mustered



up enough enthusiasm to play a decent final holiday concert.

July 9, 2009: Well I can finally hang laundry and mow without my bug shirt but more stationary gardening brings out the waning black flies and emerging mosquitoes. For some reason, the fireflies are sparse this year. Either they're late in hatching or are just down in numbers. I don't think the wet weather is a problem since we had the same last year with plenty of fireflies. Harvesting the bok choy is more manageable slug-wise since we put a slightly filled beer can in with the bok choy. Jean came to collect the slugs for her trout and shook quite a large quantity out of that can. We're attempting to keep the invasive honeysuckle from filling the field. Jeff has mowed a "fire break" and we're pulling out anything past that, especially around the blueberries. We're hoping to stop the spread at that point and gradually pull the line back to the road. We'll see if our method is at all effective.

July 10, 2009: We spent an absolutely gorgeous morning up at Too Little Farm, picking organic strawberries. It's good we arrived when we did because shortly afterwards they were all picked out and turning people away. We managed 6 quarts which weighed in at 8 pounds. All but 1 pint is in the freezer for a winter treat. We took Elizabeth's advice and stemmed, halved and lightly sugared the berries. It's our first try at freezing strawberries so we'll see how it goes. It certainly was easy enough to do and takes up very little room. The weather remained clear and comfortable all day so we had an outdoor afternoon as well, deadheading irises and cutting out small trees from the overgrown blackberry patch.

July 14, 2009: I picked the last two bok choy today, cooked one tonight and will finish the final one at the end of the week. We also harvested our first 4 kohlrabi. Jeff is performing his pasta sauce magic as I write. Cedar waxwings are flocking to the shads to



feast on berries and put on a colorful display for us in the process. I went looking for wild blueberries and only found a few ripe ones. They just need more sunshine. 47° overnight—no wonder the neighbors had their woodstove going.

July 19, 2009: After a very dreary start to the weekend, the weather picked up considerably. It remained cool, but the sun was out to brighten things up a bit. We got in some well needed mowing and trimming. I took advantage of cloudier weather a few days ago to revitalize the harvested row of bok choy with fresh manure and wood ash. The small chard and kale seedlings are well spaced in that area now and covered to keep the deer away. Hopefully they'll have enough time to mature. Earlier in the week we had a very enjoyable and educational meander through field and woods with Steve. It's been ten years since he moved 19 of our trees to help fill in our very bare landscaping. Since then the trees have matured nicely and our field reverted back to forest. We need to do some pruning to make our paths more accessible and got a lesson in the Zen of pruning with a hand saw. It was a well-spent morning, seeing the landscape through Steve's eyes and gaining a better understanding of leaving nature on her own with a little help here and there to create usable outdoor space. We also learned that what we thought was honeysuckle is something else. We're not sure what it is but at least now know not to worry about cutting it back.

July 21, 2009: Three days in a row of glorious sunshine and another partial day today. The rain held off long enough to allow us to get some serious yard work done. We had another bear sighting in the neighborhood. Jean very unexpectedly found herself within 30 feet of a very startled bear. I assume the feeling was mutual. The bear promptly beat a retreat. All of this excitement in Jean's very own backyard woods.

July 23, 2009: A yellow-bellied sapsucker

has joined the cedar waxwings in the shads this morning. The sapsucker is busy pecking away for insects while the waxwings pop off the succulent red berries. Chickadees are drawn to the berries as well. Our own harvest has been minimal so far. Wild blueberries are not very prevalent this year and what is on the bushes is very slow to ripen. Fortunately Too Little Farm still has organic strawberries available at farmer's market.

July 29, 2009: Summer has finally arrived with warm and definitely humid weather. Fortunately it's been cooling off nicely at night with a refreshing breeze to keep the air moving. I'm still getting the occasional black fly bite but it's mostly mosquitos that keep my bug baffler on call for work in the garden and berry picking. Blueberries are ripening but are still sparse. It's mostly picking one at a time instead of the thumb-roll gathering of clumped berries. It's a much more laborious harvest but well worth the effort.

July 31, 2009: We're ending July in the low 60's with torrential rain. Now why am I surprised to see that? Flood warnings are in effect for most of the state, a repeat of last summer's weather for sure. Some of the more stressed maples in wetter areas are starting to turn, not usually what we expect to see in July. We did manage a final kohlrabi harvest and initial picking of basil for pesto. The plants are more leggy than usual but will hopefully bush out more after this initial topping. We're still harvesting asparagus and have a generous crop of snowpeas. They do much better when the deer haven't nibbled down the young shoots. Bits of suspended Irish Spring Soap seem to keep the deer at bay. Mother Nature has planted a lush field for the deer to enjoy and evidently they are doing so. Our neighbors saw a doe and fawn crossing through via our various mowed



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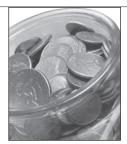
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### Follow the Money

### 'WHAT'S GOOD FOR GENERAL MOTORS...'

BY RACHEL SIEGEL



This July marks just a year since the federal government became the largest shareholder in a new General Motors. It seems to have been a good investment. The company's North American operations are actually (almost) truly profitable—the overseas operations always were—although at a cost of 18% of its jobs. The company has pared its product lines, plants, inventories, and dealerships as well as its workers; it has gotten better at making better cars.

also owns stock, as does the autoworkers' union, and all stand to benefit if the company can take its stock to market by year's end, as many are predicting. Bailing out General Motors protected (some) jobs, but also the retirements invested in the pension funds and the educations invested in the endowments that were the previous shareholders.

So private equity becomes public equity, and the public offering becomes a public good. The government stepped in where private capital feared to tread, providing a resource financing-that was too costly coming from the private sector. Given that the \$50 billion we invested added to our national debt, we invested on margin; still, our returns look promising. Recent estimates have put the value of GM's equity at ca. \$75-

The Canadian government 85 billion. Since the US owns 60% of that equity, we could be looking at a 2% return—more, at least, than would be earned in a savings account or paid on one-year Treasury debt.

> Every July is our anniversary as a republic. It is not when a new congress or court or president convenes a new session, but it marks the moment when we declared ourselves. At the time, the definitions and designs of the balances and procedures that became "the government" were not thought through. The founders did not know how we were to be, but rather, what we had a right to: life, liberty, and the pursuit of happiness.

> We have yet to define the extent to which that opportunity to pursue happiness-and to survive failed attempts—is the responsibility of the individual or the government.

We make it up as we go along, changing our majority minds with generations, innovations, or deprivations.

The rationale for providing public goods is that a good or service has value far beyond its immediate cost, which is already so high that access is too limited. The good or service evolves in the private sector, and then proves too valuable not to be shared. Over time, that list has grown.

In the 19th century, when we decided to make educa-

tion a public good, when public schools competed not only with private schools but also with factories and farms, it was because we believed that a more educated workforce would be a more productive workforce, and a more educated citizenry would produce a more powerful republic: that the value of education benefitted the greater

In the 20th century, with its massive shocks of unemployment and inflation, we began to define that opportunity as protecting the opportunities of workers, as ensuring their access to jobs and then, through credit markets, to consumption. Prosperity made leisure possible, and so parks became public goods. It made retirement possible, and then income and health insurance in older age became public goods. Prosperity has added to our list of public goods, and now capital itself may be one of them.

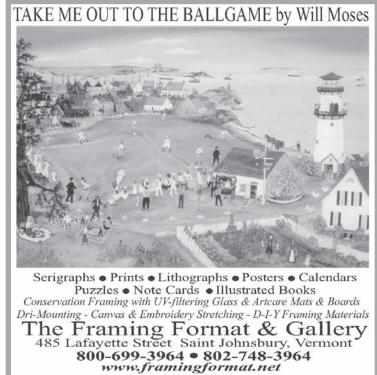
The capital markets are almost as old as our declaration to pursue happiness. The New York Stock Exchange was founded in 1792 to finance industrialization, and the Chicago Board of Trade in 1848 to finance the industrialization of agriculture. They pre-date the civil war that proved us to be a nation, and the world wars that proved us a world power. Their growth through innovation has sustained the US as a world economic power and has enabled its continued prosperity.

And yet, those same innovations create risk, and their very success magnifies its consequences. So far we have avoided ruin, not only for the equity markets or for General Motors, but also for those who invest, which—through insurance policies, retirement plans, mortgages, or savings accounts—is all of us. The value of our investment in General Motors seems to have been greater than its immediate cost, but only because, well, because it came out that way. It was by no means a sure thing, and is not a done deal yet. But it is who we are: a collection of private pursuits and public goods.

Rachel S. Siegel, CFA, consults on investment portfolio performance and strategy. She is a professor in the business administration department at Lyndon State College.







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This community information is brought to you by the team at the UNION BANK with offices located in St. Johnsbury, Danville, Lyndonville, Littleton and Hardwick

## The other Parade in North Danville

By Judy Garland

t wasn't even the Fourth of July. There were .marching bands, majorettes, cheering crowds and lots of children. Every child was a participant who attended the North Danville School at that time, from Grades 1 through 8, except two little girls who somehow missed out on all the fun.

This was not a preconceived affair that took months of planning and preparation. This was a spontaneous parade, the brainchild of two eighth grade girls - planned and put into operation during the short span of a lunch period. (I still think the 8th graders were Erlene Paquin Loura and Helena Dresser Carson, but Helena told me no at one time.)

The eighth graders were the leaders and we were their followers, their dumb, dumb followers. They beckoned - we were there like lambs to the slaughter. Who could consider the ramifications of such folly when we had a parade in which to march? And march we did, left, right, left, right, thirty or

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so children up and down the only street in town. "Beat those drums (pieces of blocks), toot those horns (hands to mouth), majorettes, pick up those legs!"

The massive crowd was of course the few inhabitants who lived in the houses between the Schoolhouse and the North Danville Store who happened to peek out their windows and catch a glimpse of this unscheduled parade. They would have included Forrest and Clara Langmaid, perhaps Rev. Watts in the Baptist Church Parsonage on the corner with his daughter Harriet, a couple of Sanborn families, Mr. and Mrs. Elmer Barney and her mother, Myrtie Wilfore and Ed Smythe, Blanche and Sam Daniels, Johnnie and Arlene Hubbard, Shirley Lamothe and whomever happened to be at her house, and Ray and Jeanne Locke who ran the Store. Of course an event like this would bring the Langmaid cows to the fence to see what was going on. Who doesn't love a parade?

We were soon to find out.

The inevitable happened. The two teachers in that two-room schoolhouse got wind of what was going on. They were furi-

ous! A parade and you were all off school grounds? Now this didn't seem so terrible to us as we often walked to the store to buy candy or went to Big Rock to have our lunch, but maybe not all of us at the same time. In their minds, we had committed the ultimate crime and they were the judge and jury. There were no answers. It really wasn't open to rebuttal. We had done wrong and were made to know it. The punishment was no recess or lunch for two weeks. We were to sit at our desks during all this time. As grueling as the punishment was for us, somehow I think it was equally (and maybe more) trying for the two teachers. It was two solid weeks with no chance to run off our excess energy, two solid weeks of highenergy farm kids languishing at our desks and only two little girls using all that playground equipment themselves, Bea Couture and Sherry Byron Calkins. We hoped they were not having much fun without us.

Over the years, hundreds of children have participated in the excitement and patriotism of the annual Fourth of July Parade in North Danville. For 30 or so children, there is the memory of the other parade up and down the Main Street.



# Chickens and Ducks and Geese . . . Oh My!

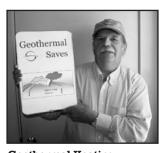
From June 21 through Aug. 7, the Northeast Kingdom Artisans Guild will host a multimedia exhibition celebrating the diverse world of poultry.

The Northeast Kingdom Artisans Guild (748-0158) is located at 430 Railroad St., St. Johnsbury and is open Monday-Saturday from 10:30 a.m. to 5:30 p.m.

Artists from the Northeast Kingdom and across the state will express their joy and delight in chicken of all shapes, colors, and sizes as well as ducks and geese domestic and wild ... and maybe

even emus, guinea fowl, and wild turkeys Here a chick, there a chick captured in ceramic baking dishes, felted place mats, block prints, paintings in watercolor and oil, hooked rugs, and sculptures. Some of our best photographers will present stunning photographs of wild ducks and geese.

If you love to watch the antics of your back yard chickens, if you have ever had your socks nipped at by a couple of domestic geese, if you thrill to see a flock of wild turkeys grazing in an open field, if a raggedy ribbon of honking geese makes your heart skip a beat, this is a show you wont want to miss.



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### Woody on Words

# Barnyard Words

By Woody Starkweather

any of our words come from farm animals. I thought about this recently while watching my small flock of ducks. You don't have to watch ducks for very long before you see that they spend a lot of their time ducking their heads at each other. The hen interested in a drake ducks her head to one side, while a couple signals their mutual affection by facing each other and ducking their heads more or less in unison. Ducks do a lot of ducking.

And there is that other meaning of "duck" – to put your head underwater. Ducks do a lot of that kind of ducking too. But which came first, the noun or the verb? Do we call them ducks because they duck a lot, or do we call what they do "ducking" because it is such a duck thing to do?

Let's assume the noun came first, since that's the way it goes with the other barnyard animals. We are cowed by bossy people, then we act sheepish. We chicken out. We horse around. We act piggy. We have kids for crying out loud (and crying out loud is what they do).

A look in the dictionary, however, suggests that the word "duck" comes from an old English word, doken, which comes from an old German word tuhhan, which means to dive underwater. So, I could be wrong; maybe ducks were named after something they do a lot of.

Except for kids, these words describe activities we're not so proud of, certainly not as proud as a peacock. And there are more. We can be silly as a goose, mad as a wet hen, just plain cocky, or full of bull. My wife got goosed on the NYC subway once. That got her goat. And, getting back to ducks: we have lame ducks, sitting ducks, and dead ducks. Barnyard words seem very negative.

While we're on poultry, "goose" comes from an Old English word gos, which comes from the Norse gans, which comes from the Latin anser, which comes from the Sanscrit hamsa, which means goose. OK. Those Sanscrit speakers were probably not much into metaphor.

Tracing the other animal names back, they are, as a rule, simply the names of the animal, rather than something the animal does. "Duck" is an exception.

The word "turkey," however, tells a different story. Turkeys are native American birds, so it seems a little

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ironic that they are named after a foreign country. But here's what happened. When turkeys were brought to England by the New World explorers, the birds were not at all like the staid and proper chickens the English were used to. The turkeys were strange-looking, literally outlandish. The English thought they must have come from some exotic place, Turkey maybe.

You can almost hear two English farmers of the 17th century having a conversation right out of Monty Python:

- "I say Harold, look at that bird!"
- "By Jove, he's a funny one!"
- "Where do you suppose they got that bird?"
- "Not from these parts."
- "No, he's not one of our birds."
- "What do you think?"
- "America?"
- "No, these birds look more eastern to me."
- "Yes, eastern it is. Turkey perhaps."
- "Yes, that sounds right."

So they called them "Turkey birds," and later just "turkeys."

Something similar happened when the turkey was introduced to Holland. The Dutch thought they must have come from India — Calcutta, to be specific — and the Dutch word for turkey, kalkoen, reflects the idea. The French called turkeys "birds from India" at first – les oiseaux d'Inde. The "birds" part was eventually dropped, the "d'inde" retained, and today they are called "dindons." Russians too thought they must have come from India, and the Russian word induk, is based on that

You may be wondering, as I was, what they call turkeys in Turkey. So I looked it up, hoping that they called them "American birds." But nooo, the Turkish word is hindi. India again. And for further confusion, the Portuguese word for turkey is peru.

And like the other barnyard animals, it is no compliment to call someone a turkey.

It seems odd to me that we don't often make words out of the positive qualities that some farm animals have. Sure, we say that someone is "strong as an ox," but then we also say "dumb as an ox." Hens are famous for their mothering, but it's not much of a compliment to describe a woman as a "mother hen." And the most telling example of all comes from horses. Horses are beautiful creatures – there's no question about it — but just try telling a woman she looks like one. She won't take it well.

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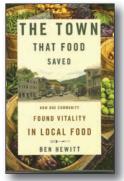
### **BOOK REVIEW**

The Town That Food Saved: How One Community Found Vitality in Local Food.

By Ben Hewitt Rodal Press. \$24.99

### REVIEWED BY MARVIN MINKLER

If you travel out Route 15, along the winding Lamoille River, you will find that there are some pretty amazing things going on in the blue-collar community of Hardwick, Vermont. The joys and hardships of working for social change, and the way we promote better food systems locally, are perfectly captured in a new book by Northern Vermont farmer and writer, Ben Hewitt.



"The Town That Food Saved: How One Community Found Vitality in Local Food," tells the captivating story of a small town's efforts to respond to the crisis of corporate agribusiness. Insightful, in it's examination of the folks who make up the 3,200 inhabitants of Hardwick, the engaging and witty narrative includes an interesting cast of "agripreneurs", business owners, cooks, butchers, traditional farmers, radicals, locals and native Vermonters. The reader meets townspeople who love what's happening in Hardwick, and those who don't. One thing is for sure though, the once booming granite town has taken on a new veneer.

The book documents, discusses, and dissects how Hardwick and the towns surrounding it are reinventing the circle of food. Can a small town grow food, process it and market it locally in a way that benefits the entire community, both the well off, and those who are just struggling to make ends meet. The author examines both sides of the debate fairly and makes no judgments.

In our current system of mega-farms that are based on fossil fuels, ravage our topsoil and our aquifers and rivers; the only sensible path is to return as much material as possible, both organic and inorganic to the community. If we are to ever move away from an industrial food chain it will begin with outstanding pieces of investigative journalism like Ben Hewitt's book, and with concerned citizens like those in the hamlet of Hardwick, Vermont. Hardwick could possible stand as a model for the rest of the country. It is certainly on to something.

"The Town That Food Saved," can be found at the Galaxy Bookshop in Hardwick, and in all of our local independent bookstores.







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Spray-injected foam insulation. Air/vapor barrier installations. Quality assurance testing. Infrared testing. Coatings. Frank Hovey, Lead Technician. Call (802) 535-7241 or E-mail fhovey@gmail.com.

### ➤ Ross C. Page Foundations

Concrete foundations & slabs. Residential, Agricultural & Commercial. Ross C. Page, 368 Thaddeus Stevens Road, Peacham, VT 05862. (802) 592-3382. FAX (802) 592-3382.

### ➤ Ruggles Roofing

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### ➤ Vermont Home Specialties

Sales center of Real Log Homes, Timberpeg Post & Beam, Corbond spray foam insulation & standing seam roofing, Medallion and Plain & Fancy Cabinetry, Soapstone, Granite, Corian & Laminate countertops, Woodland furniture, Hand-forged iron furniture, rugs, lighting, wreaths and special gifts for your home. Stop by our model log homes at 1535 Route 2, West Danville, VT, (802) 684-1024.

### ➤ William Graves Builders

Working throughout Caledonia County for 32 years, serving as a building and renovation contractor for residences, barns, businesses and public facilities. We also offer project management services. We appreciate your calls and interest. PO Box 128, 329 Cloud Brook Road, Barnet, VT 05821. (802) 633-2579 . gravesbuild@myfairpoint.net

### **Cross-Country Skiing**

### ➤ Highland Lodge

Located in Greensboro, VT. 1860s inn and restaurant overlooking Caspian Lake. Unspoiled cross-country skiing. 50K groomed and track set. Never crowded. Stunning views. Greensboro/Craftsbury ski link. Wonderful meals. Breakfast daily, lunch Tues.-Sun. in summer, lunch Thurs.-Sun. in summer, Sunday brunch, dinner daily. Nature programs, cozy lodging with children's play program in summer, sandy beach, boats and tennis. (802) 533-2647, info@highlandlodge.com and www.highlandlodge.

### **Dentists**

### ➤ Hawkins Dental Group

Hubert Hawkins, DDS. Complete Family Dentistry. New patients welcome. 1350 Main Street, St. Johnsbury, VT 05819. (802) 748-2325. (800) 870-4963.

### Dining

### ≻Tim's Deli

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### ➤ Highland Lodge

Located in Greensboro, VT. 1860s inn and restaurant overlooking Caspian Lake. Unspoiled cross-country skiing. 50K groomed and track set. Never crowded. Stunning views. Greensboro/Craftsbury ski link. Wonderful meals Breakfast daily, lunch Tues. Sun. in summer, lunch Thurs. Sun. in summer, Sunday brunch, dinner daily. Nature programs, cozy lodging with children's play program in summer, sandy beach, boats and tennis. (802) 533-2647, info@highlandlodge.com and www.highlandlodge.

### **Dry Cleaning**

### ➤ Palmer Bros. Dry Cleaning.

Shirt laundry, alterations, linen rentals for special occasions. Pick-up and delivery available at Hastings Store in West Danville. Open Mon., Tues. & Thurs. 7-5:30, Wed & Fri. 7-6, Sat. 8-12. Eastern Ave., St. Johnsbury, VT. (802) 748-2308.

### **Electrical Service**

### ➤ Matt Pettigrew Electric

New homes (conventional frame, post & beam or log) renovations or service upgrade (aerial or underground). Heating system controls, generator installations and all other phases of electrical work in a professional manner. Licensed in VT & NH. Danville, VT. (802) 751-8201.

### ➤ Greaves Electrical Services

Free estimates. Fully licensed and insured. Call Tim Greaves, owner, Office: (802) 563-2550 Cell: (802) 316-6961 or send an email to greaveselc@aol.com. P.O. Box 124 Cabot, Vt. 05647

### **Elecrical Sales & Service**

### ➤ Byrne Electronic Service Center

New & Used Television, VCR and other consumer electronic sales. Factory authorized service center for several brands. Professional repair service on all TV's, VCR's, Stereos and pro audio equipment. 159 Eastern Ave., St. Johnsbury, VT 05819. (802) 748-2111.

### **Excavation**

### **≻**Compact Excavation Services

Including stumps, trenches, drainage, crushed stone driveways, york raking, small building demolition, small foundations, tree length brush removed, rock retaining walls built, excavator (with thumb) picks up most anything. Also trucking and trailer to 10,000 pounds and 30' long. Matt Pettigrew, Danville, VT. (802) 751-8201.

### ➤ C&C Bunnell Excavating

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### **Fabrics**

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Quality fabrics, batting, sewing supplies, buttons, patterns, books, embroidery floss, finished quilts & table runners, lessons at all levels (both group & individual). Open Tues. Thurs., Sat. 10-5, Wed. 10-7, Fri. 12:30-5, Sun. 10-5 (seasonally), closed Mon. Located on Hill Street at the blinking light in Danville, VT. (802) 684-9790, sewinlovefabric@ gmail.com, www.sewinlovefabrics.com

### **Farm Equipment**

### ➤ Paul's Farm Service

Paul D. Bergeron. Serving Agricultural Needs with Integrity Since 1976. Sales, service and parts for Same, Deutz Fahr and Zetor lines. 514 West Main Street (US RT 2) Concord, VT 05824. (802) 695-2500

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### ➤ Greg's Floor Sanding

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# or (800) 499-6565.

>The Flower Basket Flowers, plants, gifts, balloons, Yankee Candles and other magical things. Local delivery service available. 156 Daniels Road, Hardwick, VT 05843. Mon.-Fri. 8-5:30. Sat. 9-3. (802)

### **Forestry**

### ➤ McMath Forestry

Complete Ecological Forestland Management Services David McMath, Forester, Beth Daut, Forester, 4875 Noyestar Road, East Hardwick, VT 05836. (802) 472-6060. Toll Free: (866) 462-6284. www.mctree.com

### >Everts Forest Management

472-3397, www.theflowerbasket.biz

Timber Inventories & Appraisals. Timber Sales. Tax Assistance. Forest Management Plans. NH License No. 207. Peter Everts, 278 Cloudy Pasture Lane, West Barnet, VT 05821. (802) 592-3088.

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Landscape design and consulting services. Offering creative and fresh approaches to kitchen gardens, perennial gardens and complete landscape design. Inspiring gardeners and cultivating beautiful landscapes since 1995. Angie Knost, Certified Professional Horticulturist, Walden, VT (802) 563-

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### ➤ Country Styles Family Hair Care

Janet L. Carson, Located at the K.P. Hall on the top of Hill Street, Danville, VT 05828. Follow the handicapped accessible ramp. Home service available to shut-ins. (802) 684-2152.

# **BUSINESS DIRECTORY**

### **Health Care Providers**

### **▶ Danville Health Center**

General Health Services for all ages. Open M-F. Mariel Hess, N.P.; Tim Tanner, M.D.; and Sharon Fine, M.D.; Jeniane Daniels, PA-C; 26 Cedar Lane, Danville, VT 05828. (802) 684-2275. (800) 489-2275 (VT).

### **≻Lyndonville Family Chiropractic**

Contributing to the health of the community for over  ${\bf 17}$ years. Offering a holistic approach to healthcare utilizing chiropractic, acupuncture, nutrition and massage therapy. Karson Clark, D.C.; Stacey Clark, D.C. 11 Hill Street, Lyndonville, VT 05851. (802) 626-5866.

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Back & neck pain eliminated, quickly & easily. Dr. Jeremy Ste. Marie, D.C. Dr. Marjorie Ste. Marie, D.C. 32 Hill Street Danville, VT 05828 (802) 684-9707 or www.

### >Hardwick Chiropractic

BioGeometric Integration is a gentle, effective chiropractic approach that allows your system to heal and to become increasingly adept at correcting itself. Dr. Grace Johnstone, Dr. Rick Eschholz and Dr. Teri Dodge. 54 School Circle, East Hardwick, VT. (802) 472-3033. www.hardwickchiropractic.com

### ▶Linda Sayers, Reiki Master

Reiki is an ancient, hands-on healing art, which supports the body's ability to heal itself. Reiki promotes deep relaxation and helps release physical and emotional blockages. Linda Sayers, Reiki Master Teacher and Lightwork Practitioner. 63 Norway Road, Greensboro Bend, VT 05842. (802) 533-2378.

### > Dan Wyand, PT & Associates

Rehabilitation of Sports Injuries, Orthopedics and Neuromuscular Disorders. Sherman Dr., P.O. Box 68, St. Johnsbury, VT 05819. (802) 748-3722/1932. Lyndon, VT. (802) 745-1106.

### >Thousand Hands Massage Therapy

Laurajean "LJ" Stewart, Licensed Massage Therapist, 60 Monument Circle, PO Box 129, Barnet, VT 05821. Located at the Barnet Tradepost. (802) 633-2700. samuraihini@hotmail.com.

### **≻**Copley Hospital

A leader in primary care, women's and children's services, general surgery and orthopedics. 24-hour emergency services, center for outpatient services, rehabilitation and wellness programs. Morrisville, 888-8888, copleyvt.org.

### **Hearing Service**

### >Armstrong's Better Hearing Service

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### **Historic Preservation**

Historic preservation and design featuring wooden sash restoration, historic plaster repair, architectural millwork and fine custom cabinetry. (802) 684-2524. safishburn@gmail.com or www.safishburn.net

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### ▶Berwick Agency, Inc.

Providing insurance for home, farm, automobile and business. Licensed in VT & NH. Est. in 1957. Licensed in NH & VT. Jeff Berwick. Located at 185 Church Street, Peacham VT 05862. Phone: (802) 592-3234, Fax: (802) 592-3241.

### ➤ Barrett Insurance

Family owned and operated, serving the insurance of the Northeast Kingdom. Agency Principal Richard "Dick" Barrett, along with his son Mike and daughter in-law Jenn are licensed in both Vermont and New Hampshire. Since 1989, providing insurance for Vermont's hard working farmers and business owners. Great choices of coverage for your Home, Auto, Recreational vehicles and more. Let our family help protect your family. (802) 748-5224, (800) 870-5223 info@ thebarrettagency.com

### ➤ Caledonia Insurance Agency, Inc.

Locally owned and operated since 1977. Offering competetive rates for home, auto, motorcycle, ATV, snowmobile, boats, antique & classic cars, farm, business auto, general liability, commercial property & workmen's comp. When you see us, don't think insurance - but when you see insurance, think us. 663 Old Center Rd, PO Box 36, St. Johnsbury, VT 05819. (802) 748-8797, agent@caledoniainsurance.com.

### Investments

### ➤Investment Watch

Independent investment research, portfolio analysis and strategy. Rachel Siegel, CFA. (802) 633-3977. rsiegel@hughes.net

### **Jewelry**

### ➤ Old Coins & Jewelry Shop

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### ➤ Joe's Brook Land Services

Lawn mowing, tree work, bush hogging, stump grinding, light trucking and excavating, land clearing, snowplowing sanding and firewood for sale. Reasonable rates. (802) 748-2872 and (802) 274-3518.

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St. Johnsbury-Danville area. Reasonable rates and quality service. Danville, VT, (802) 748-2504.

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### ≻Highland Lodge

Located in Greensboro, VT, 1860s inn and restaurant over looking Caspian Lake. Unspoiled cross-country skiing. 50K groomed and track set. Never crowded. Stunning views. Greensboro/Craftsbury ski link. Wonderful meals. Breakfast daily, lunch Tues.-Sun. in summer, lunch Thurs.-Sun. in summer, Sunday brunch, dinner daily. Nature programs, cozy lodging with children's playprogram in summer, sandy beach, boats and tennis. (802) 533-2647, info@highland-lodge.com and www.highlandlodge.com.

### ➤ Marshfield Inn & Motel

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### **Maple Syrup**

### ➤ Sugar Ridge Farm

Pure Maple Syrup & Maple Products. "Vermont Seal of Quality." Available by mail. MC & Visa accepted. Free brochure. Stephen & Diane Jones, 566 Stannard Mt. Rd., Danville, VT 05828. (800) 748-0892.

### ▶Broadview Farm Maple

Pure VT Maple Syrup available in Grade A Fancy, Medium Amber, Dark Amber and Grade B. "Vermont Seal of Quality." Maple Cream, Maple Candy and Maple Sugar are available. We ship via UPS or Parcel Post. Joe Newell, 442 York Street, Lyndonville, VT 05851. (802) 626-8396. joe@newells.net

### ➤ Gadapee Family Sugarhouse

Pure VT Maple Syrup in a variety of containers. Maple cream, candy, sugar, maple jelly and maple granola to order. We have the "Vermont Seal of Quality" and we ship. See us at the Caledonia County Farmers Market (May-October), Saturdays in St. Johnsbury and Wednesdays in Danville. 718 Calkins Camp Rd., Danville, VT 05828. (802) 684-3323. gadmaple@together.net

### ➤ Goodrich's Maple Farm

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Retailing certified organic pork, beef, turkey, chicken and eggs. 100% natural lamb. 36 cuts to choose from. North Danville, Vt. (802) 748-1975

### <u>Music Studio</u>

### ➤ Vermont Sky Digital Audio

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### **Natural Foods**

### >St. Johnsbury Food Co-op

490 Portland St., St. Johnsbury, VT. A community-based, cooperatively owned natural foods store. A great place to buy fresh, local and organic foods, gather to meet and make friends, take a workshop and be part of a place that aspires to meet the needs of our greater community. Member or not, anyone can shop! Visit www.stjfoodcoop.com or call (802) 748-9498. Open Mon-Wed, Sat 9-6, Thurs-Fri 9-7 and Sun. 11-4.

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### **Pain Therapy**

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### >Tom's Painting

Interior - Exterior - Clean, neat, dependable, quality work for over 25 years. Call Tom Perry at (802) 563-2576 for all your painting needs. Located at 693 Upper Harrington Road, West Danville, VT 05873.

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### **Plumbing & Heating**

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### ➤ Morrill & Guyer Associates

791 Broad Street, Lyndonville, VT 05851. (802) 626-9357. Fax (802) 626-6913. realestate@homeinthekingdom.com, www.homeinthekingdom.com

### ➤ Century 21 Quatrini Real Estate

Susan S. Quatrini, GRI, Broker-Owner. 1111 Main Street. St. Johnsbury, VT 05819. (802) 748-9543 or (802) 748-3873. c21qre@sover.net

### ➤ David A. Lussier Real Estate

Farms, Acreage, Homes and Investment Properties. 540 Main Street, PO Box 872, Lyndonville, VT 05851. (802) 626-9541 or (802) 626-8482. Lussier@kingcon. com, www.lussierrealestateagency.com

### **≻**Begin Realty Associates

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### > MontShire Title & Closing Company, LLC

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### ➤ Century 21 Farm & Forest Realty Inc.

Nicholas Maclure, managing broker. Derby, VT Office: (802) 334-1200, Cell: (802) 673-8876, nick@ farmandforest com and Annette Dalley, managing broker, East Burke, VT, Office: (802) 626-4222, Cell: (802) 467-3939, annette@farmandforest.com. Our goal is to help you find your "peace" of the Kingdom, www farmandforest.com.

### Real Estate Appraisal

### > Reynolds Real Estate Appraisal Services

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Home of Defender Vacuum, made locally. Wide choice of new vacuums, uprights, canisters and backpacks. Service, parts and supplies for most makes. Sewing machine dealer for domestic Necchi and commercial Artisan. Parts and expert service for most makes. Scissor and knife sharpening. 442 Portland St. (next to Sherwin-Williams Paint), St. Johnsbury, VT 05819. (802) 748-9190.

### **Small Engine Repair**

### ➤ Harry's Repair Shop

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### <u>Tires</u>

### ➤ Berry Tire Co., Inc.

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### **Veterinarians**

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Steve B. Levine. Practice limited to horses. Saturday appointments available. (802) 684-9977. 254 RT 2, Danville, VT 05828. www.northernequine.com

### ➤ Danville Animal Hospital

Lisa D. Whitney, D.V.M. Small animal care. Office hours by appointment. 549 Route 2 East, Danville, VT, (802) 684-2284.

### **Volunteers**

### ≻R.S.V.P.

Do you have some free time? Do you want to help an organization in the Northeast Kingdom as a volunteer? For information call the Retired and Senior Volunteer Program and the Volunteer Center at (802) 626-5135 or (802) 334-7047.

### Graphic/Web Design

### ➤TMiller Web Design

Custom website design for individuals, small businesses and organizations. Personal service at reasonable rates.
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Terrific website, graphic design and integrated marketing to spotlight your small business. Web design: handcrafted websites, custom images, Flash, search engine optimization, and more. Graphic Design: brand identity, printed materials, expert image editing. From concept to completion, I offer personal service tat a common sense price. Visit my website to learn more: www.amckwe bandprint.com. Anne McKinsey, Passumpsic, VT; (802)

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Welding

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The oldest, most complete yarn shop in the Northeast Kingdom of Vermont.. Come see Miriam Briggs at 446 Railroad Street Suite #1 in St. Johnsbury. E-mail: miriam@ wool-away.com, (802) 748-WOOL (9665), wool-away.com.

Dale Walbridge. W (802) 748-2901; H (802) 584-4088.

By Bets Parker Albright

s many readers will know, the Isle of Jona off the rugged west coast of Scotland is one of my very favorite places. It is only a tiny dot on the map, but it is a place with rocky hillsides, sunshine and serenity or sudden stormy squalls, a rich history and a deep spiritual feeling. It is said that on Iona the veil between Heaven and earth is thin. This little recollection is about the first of many trips to that blessed

The bus bound for Iona slowed down while a fat ewe lumbered to her feet and waddled off the road. We had come across the large, bleakly beautiful island of Mull after a forty-minute steamer ride from the Scottish port of Oban. After a few moments the driver gathered speed

again as we rocked along the narrow road, now with broader sea views coming into view. In a few more minutes, we slowed down as we approached the tiny village of Fionnphort. We shortly came to a full stop, and the rest of the passengers got out. Alone with the driver, I asked where I could get the boat for Iona. He pointed ahead to what looked like a jumping-off place and said, "Doon ther, ma'am."

I climbed down some rough steps and looked about. A narrow track led to the water. Only a small edge of shore was visible, then the fog began, thick and grey. I clambered along the rocky path to a small stone jetty - a few large pinkish slabs of granite with some iron spikes driven into them. A man in a wet slicker and soggy tam stood facing the sea; he did not turn as I approached. I put down my bag, turned up the collar of my macintosh and shivered slightly. Through my mind ran the half-remembered lines of a poem

learned long ago:

"A chieftain to the Highland bound cries, Boatman, do not tarry!"

And I'll give thee a silver pound to row us o'er the ferry."

I heard a low putting sound, and my fellow traveler picked up his bag. Looking up and out, I saw a small red boat chug through the thick mist toward us. The poem still echoed in my mind. The small craft was not reassuring, but I was here, and go to Iona I would!

A sturdy young man in oilskins picked up my bag and tossed it into the boat. A hand reached out and helped me aboard, and off we chugged into the damp void. In a surprisingly short time – less than ten minutes – the island appeared. Shortly the boat slid up a sloping cement ramp and we disembarked without getting particularly wet.

A lad approached me; "The St. Columba?," he asked. I smiled and said, "Yes." I'll take yer bag — it's just up the path — it's white, ye can't miss it." He was off, and I walked slowly past a row of small houses and up a winding path beyond them. A sign on a little gate told me that I had reached my hotel, one of the two on the island. I was tired from travel, and after tea and a warm bath I filled my hot water bottle and crept into bed, falling into a deep sleep.

I awoke to the sounds of lambs bleating. Sunshine was streaming through the window of my little room. I jumped out of bed and dressed quickly. Could this be the same grey-shrouded island of the night before? I ate a good breakfast of kippers and oatcakes and went outside. I couldn't wait to explore this magical isle!

Iona derives its fame from the feisty Irish monk Columba. A man of royal blood, a potential king, he chose the church. He fought and won a mighty battle against the pagans and attributed his victory to the power of God. But so many lives had been lost that Columba was told to leave his beloved Ireland and win as many souls for Christ as had been lost in battle. He chose twelve followers and set out in a small coracle. His instruction was to sail on until he could no longer see Irish land.

Finally Columba landed at a tiny cove on the south coast of Iona in 563. He and his men climbed to the highest point on the island and could see no trace of Ireland, so they stayed and established their church. The little community thrived and its spiritual fame spread throughout that part of the world. It was considered so holy that great kings came there to die or be buried there. The chapel grounds contain the tombs of sixty kings, from Scotland, Ireland, and Norway.

As I climbed Tor Abb, the hillock near the west door of the restored abbey, the story of this man and his followers was strong within me. I climbed toward the central part of the island, to look for an ancient ring of stones about which I had been told. It was hard to find, they said, but if you found it, it was easy to recognize.

I felt close to those dedicated monks of old, but also to the lovely Iona of today, with its April sun and clear air, the tender green of its grass and deep blue of its water. The grass was dotted with lambs and countless daffodils, I noted as I climbed down a gentle slope.

Then, suddenly, there it was – the rough stone ring, cradled in the grassy sward – eerie in its ancient mystery. I sat down, closed my eyes and sank into a peaceful meditation. I wished for a while to be in tune with the island's past.

After a time, I opened my eyes and looked about. As I rose to my feet, I saw a white horse moving toward me. Small and strong, he was silhouetted against the brilliant sky as he came through the rough heather. I moved toward him carefully, wishing I had a bit of sugar or a carrot. He came quite close, then reared up and twirled away, galloping off toward the distant beach. I watched him go with a mixture of delight and disappointment.

I sighed deeply, and wandered down toward the shore where a friend had told me to stop at a little farm. I was made welcome, and we talked a bit about the island. The farmer said he felt it was a shame that tractors were used on all the farms now. Horses, he said, had always been such a part of the island. He smiled in recollection.

"They say that even St. Columba himself rode a white horse. But you know, there's not been a single horse on this island these past ten years or so."

I rose to take my leave, thanked my hosts and started slowly along the narrow road to my hotel. I looked back briefly toward the spot where I had found the stone ring and smiled to myself. My heart felt warm within me. I was left to wonder about the mysterious white horse that had visited me!

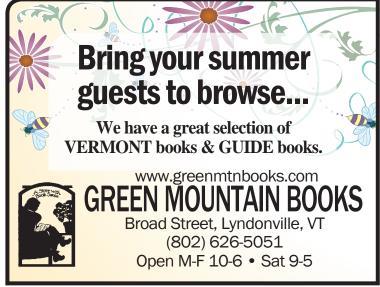
### David Toll, M.D.

### **Pediatrics**

1394 Main Street St. Johnsbury, VT 05819 (802) 748-2348











Hardwick, VT

# Peacham to honor dairy farmers

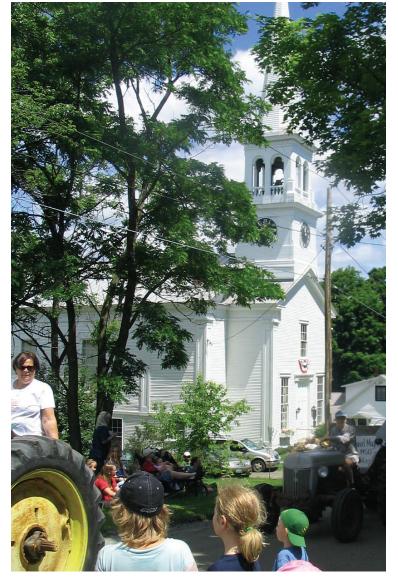
The image of Vermont captured in photographs, paintings and other media has always been identified by its mountains, rolling green hills and its herds of dairy cattle dotting the landscape. This year's tractor parade will honor the last remaining dairy farms in Peacham. The parade which begins at 11:30 a.m. on Saturday July 3 will be lead by the owners and workers who continue to work these farms.

Following the parade which promises to be our largest tractor parade ever, guests will be able to enjoy a BBQ lunch provided by the Peacham Elementary School while being serenaded by the Parker Hill Road Band who always get people's toes a tapping with their mix of country and blue grass sound.

The afternoon, as always will be filled with activities for young and old. For the young there is the water slide, and a myriad of games provided by our fire department and as a special treat the Danville Rescue Squad will be providing cotton candy, popcorn and sno cones as a fund raiser for their organization.

At 2 p.m. Peacham's Historic Association will once more put on the ever-popular Ghost Walk. This year, in honor of the Peacham Library's Bi-centennial, the ghosts will represent famed Peacham-ites who were associated with the library through its history. They will include: John Cowles, a librarian and store keeper in whose general store the library was located; Anna Renfrew, a librarian who also served as a store keeper, town clerk and past mistress; George Harvey, ambassador to England, who gave over 1000 books to the Peacham Library; and Thaddeus Steven (a prominent Peacham-ite if ever there was one) who established our first private library to support the debating society of which he was a part.

At 4 p.m. there will be a reading of the Declaration of Independence



at the Peacham Congregational Church. The meaning of these stirring words, still so relevant in our modern age, are often lost amidst the parades, games and picnics with which we now honor the day. But our own Tim McKay who will be reading the declaration, as he has in the past, will help remind us why we celebrate the 4th of July.

In between these historic events there will be plenty to see and do. The Peacham Library will be holding a books sale, the Historical Association will have an open house with a special art exhibit titled The Memory Book Drawings of Nancy Leigh Shaw - 9 charcoals inspired by her teenage years in Peacham; there will be the rowdy and thoroughly energetic games put by the competing Fire Departments, the last remaining working blacksmith shop in northern Vermont will be open with Joe Miller, our local smithy creating objects using the tools and techniques of the past and lastly the new Peacham Observatory will be open from 10:00-4:00 for people interested in seeing this new structure...

Last, but never the least, the Peacham Congregational Church will once more be serving up the annual pig roast and Strawberry shortcake supper held at the church from 5-7 p.m. Tickets will be available through the day.

From the first tractor to the last piece of shortcake, Peacham welcomes one and all to come and celebrate our nation's birthday on Saturday, July 3.

# Working together

Two arts organizations have a new agreement

atamount Arts in St. Johnsbury and the Colonial The-✓ater in Bethlehem, New Hampshire, have announced a collaboration that will allow the members of each organization to share equally in the opportunities offered by both of these Northern New England arts presenters.

These two Northern Vermont and New Hampshire's leading arts and culture organizations will encourage North Country residents to attend on-going film screenings, live programming and events at both art houses. Effective immediately, members of both non-profits will enjoy shared benefits and exciting new programming.

The Friends of the Colonial was formed in the winter of 2000 in order to save the oldest continuously operating movie theatre in the country, the Colonial Theatre in Bethlehem, NH. Each year since then, The Friends has improved the facility and broadened The Colonial's programming. To date, The Colonial has presented 8 seasons of fine films, national touring artists, children's and community events to a growing audience of residents, visitors and students.

"The Colonial Theatre's mission to preserve and enhance film and performance, to contribute to the economy, and to inspire the community through support of the arts is compatible with the philosophy of Catamount," said Stephen Dignazio, the Executive Director of the Colonial. "We both firmly believe that arts and culture will play a pivotal role in the future development of the region."

Catamount, a long-time mainstay of the arts community in the Northeast Kingdom, has been active as a movie theater and fine arts presenter since 1975. In October 2008, Catamount opened its new community arts center in the Masonic Temple in St. Johnsbury, VT.

This new facility features two movie theaters, allowing Catamount Arts to present a regular schedule of acclaimed foreignlanguage and independent films; two state-of-the-art classrooms, which are used for art, computer and music education; an 80-seat performance space dedicated to regular performances by local artists; and a gallery showcasing local and area artists' work.

Catamount brings diverse arts programming and education to a region of Vermont where low incomes and sparse populations might otherwise hinder access to world-class art. Catamount brings art into schools, provides venues for local performing and visual artists to showcase their work, and enhances the region's economy by attracting visitors.

Jody Fried, Executive Director of Catamount, recently commented on the news: "As more high quality programming is offered in the area, more people will attend events on both sides of the river. Promoting participation in the arts is good for both organizations and will act as a catalyst for the local economy. A rising tide lifts all boats."

For more information on the offerings now available through this collaboration, please visit www.catamountarts.org.



Antiques, Collectibles, Household furnishings, **Contents of attics,** cellars & outbuildings

### By the piece or the whole lot.

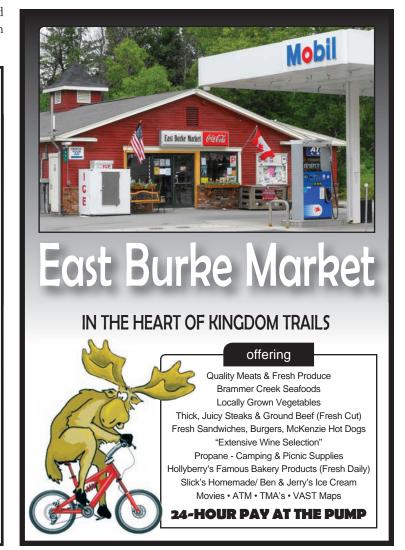
Offering current knowledge of values with 35 years of experience.

Scott & Joni Palmer 684-2265





For the freshest and best choice of local produce, visit the Danville Farmers' Market (Wednesday 9 a.m. - 1 p.m.) or the St. Johnsbury Farmers' Market (Saturday, 9 a.m. - 1 p.m.) Here, enjoys a vine-ripened tomato. Besides everything you could possibly want for a summer salad, the markets offer fine baked goods, plants, meat, cheese, trout, jams and jellies, cut flowers, maple products, soaps salves and maple products.



# What's happening at town hall

### **Barnet**

Town Clerk: Benjamin Heisholt Selectboard: Ted Faris, Gary Bunnell and Jeremy Roberts

June 14, 2010

Village Store - Jason Evans appeared regarding the use of a parking lot at the former site of the Passumpsic Village Store. Evans and business partner Michael Bigelow appeared to discuss matters related to their start-up business for providing guide services to canoeists and kayakers on the Passumpsic River. Faris said soil testing is still being conducted at this site. The Town will check with the laboratory conducting this testing to see if parking at the site creates any conflicts.

Harveys Lake - Harveys Lake Beach Committee member Robert Zita appeared regarding the removal of the Clara Brock cottage. He also suggested that the Town remove the vending machines from the bathhouse. The Town is making little or no profit from these machines that are often the target of vandalism and burglary. The Board agreed to have these vending machines removed. He also discussed several recent expenses encountered at the Beach. Swings at the playground were recently repaired, and umbrellas for the lifeguards and gate attendants will need to be purchased. The Board approved these expenses. A request for rental of the pavilion by a group that caused complaints of a loud, disorganized concert last year was discussed.

### Danville

Town Clerk: Wendy Somers
Town Administrator: Merton

Leonard

Selectboard: Steve Larrabee, Denise Briggs, Doug Pastula, Marvin Withers and Michael Walsh

June 3, 2010

Quebec Trip - Paul Chouinard was updating the Board about the trip to Danville, Quebec. The bus reservation is up to 26 people and would appear will make its minimum of 35. It will leave here at 6:30 a.m. and return at 8:30 p.m., stopping for dinner in Newport. Paul has determined a passport is not required, a valid photo ID and a certified birth certificate will get visitors back into the U.S. Paul is still looking for more donations for the picture gift to Danville, and for the dinner planned for the Canadians here during the fair. Steve will contact the Governor and other officials to invite them to attend also.

Savings - John Blackmore presented a proposal for the towns insurance for the next year. In response to the VLCT Insurance proposal, John adjusted our current carrier, Acadia, to include the Fire Department equipment and some other features to make them comparable, and both were priced very close. He also presented an additional carrier, Trident, whose price was about 25% lower than both the others. With Trident some coverage was lower and might want to be increased if the town was interested in switching to their insurance, but John expects it would be a substantial savings. The Board will review the proposals for the next meeting, as the renewal is coming up in early July.

**Traffic Plan** - Ken Linsley presented a revised traffic plan for Danville Village for the Fair and Autumn on the Green. With the ac-

tivities centered on the Green, the traffic pattern gets rather clogged at times. The revisions include less parking and possible short bussing routes from nearby parking areas. The Board will review the traffic proposals and discuss it with the emergency responders and get back to Ken.

**Road Report** – Road Agent Kevin Gadapee reported that work on Bridge #7 is progressing to schedule with the deck removal complete, and work on the abutments in progress. The delivery of the new deck is scheduled for June 17. That will leave a couple weeks for the finishing projects, providing work continues to progress on schedule. The Hill Street project has experienced a few delays but he hopes to complete the major part of the construction by the end of the month. The engineering continues with the old garage roof to determine the best fix for the overall condition of the garage. Being the time of year to start hauling winter sand, Kevin asked the Board if they wanted to bid the sand or buy it from the same supplier as last year. The general consensus of the Board was to bid the sand, with the bidders to specify the process used to produce it. Kevin also reported even with the summer work going on, that the grader continues to run daily as does the backhoe, working on ditches and culverts.

Sewer – Town Administrator Merton Leonard reported that a wet test run last year on the sewer plant by the State as part of the relicensing, will have to be done over again, as it was judged to be inconclusive. Spencer Hudson is looking to trade the State some Route #2 road frontage for a sleeve under Route #2 for a sewer line to his land. While this has little to do with the town at the moment, it

could be a future development to the town later, as well as increased revenue for the sewer plant.

Cemeteries - Donald Lamont the sextant of cemeteries has completed fixing the fences on the Pope and Massey Cemeteries. He may repair the fences on the Ward and Stanton, if time permits, as mowing is now in full swing.

Beach - Three cement and wood benches at Joes Pond are beyond repair and he would like to replace them. Marvin Withers moved to buy one bench for Joes Pond and remove the other two, Douglas Pastula seconded the motion which was approved by the Board. Patrol - Denise Briggs moved to reinstitute the Sherriff patrols at 15 hours per week. Douglas Pastula seconded the motion which was approved by the Board. It was suggested the sheriff spend a little time on Wheelock Road to check if the 4-wheelers are following the ordinance, as well as on Highland Avenue to check if vehicles are following the one way signs. After some discussion, Michael Walsh moved to request the residents of 498 Hill Street to refrain from parking in the road; Marvin Withers seconded the motion which was approved by the Board.

### Lyndon

Town Clerk - Lisa Barrett Administrative Assistant: Dan Hill

Selectmen: Martha Feltus, Kevin Calkins and Kermit Fisher

June 7, 2010

Conference Room - Two proposals were reviewed. A motion made by Kermit Fisher, seconded by Martha Feltus, to pursue the request for porposal from Black River Design for phase 1 of the

conference room renovation project. Motion carried 3-0.

Request for Event -Alan Brink of White Pine Lane would like to hold a private party with a band at his home on June 26 and would like the noise ordinance to not be in effect until midnight on June 27. Since the Town does not have a noise ordinance, the Brinks will have to adhere to state laws regarding noise. The Board does not have jurisdiction over state laws.

Pedestrian Bridge - The Development Review Board has granted a permit to the Town for the pedestrian bridge. A grant remains available to add a roof and partial sidewalls to the bridge. The Board will decide in the future about adding the sides and the roof. The topic will be discussed at the Board's next meeting.

### **Peacham**

Town Clerk: Bruce Lafferty Selectmen: Richard Browne, Tim McKay and Andy Cochran.

June 2, 2010

Ball Field - The 6 p.m. site inspection meeting at the Luther Fletcher Parker proposed new baseball/athletic field was summarized by the Board. Discussion centered on the layout of baseball field and its location on the current site. Concerns about existing septic lines and leach fields in the area were also discussed. Zoning Administrator Bob Hansen

July 2010 Menu

### West Barnet Senior Meal Site

Meals served at West Barnet Church. All meals served with a beverage. Reservations not required. Suggested donation of \$3.00 per meal is appreciated. Phone (802) 633-4068.

 $July\ 2$  - Buffet

July 7 - Spaghetti and meatballs, tossed salad, garlic bread and brownie.

**July 9** - Salisbury steak, mashed potatoes, peas, dark bread, peached and cream.

July 14 - Chicken thigh, brown rice, mixed veggies, rolls and grape nut pudding.

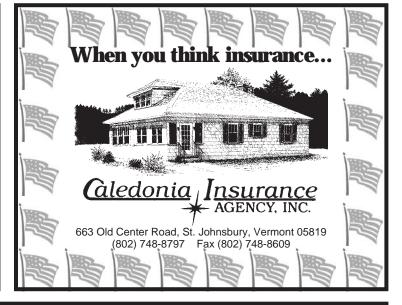
**July 16** - Baked beans, hot dog, cole slaw, brown bread and fruit jello.

**July 21** - Salmon pea wiggle, crackers, spinach, three-bean salad and gingerbread with topping.

**July 23** - Turkey, stuffing, mashed potatoes, cranberry sauce, peas, carrots, rolls and watermelon.

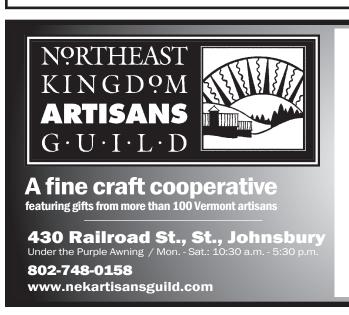
July 28 - Shephard's pie, tossed salad, dark bread, vanilla pudding and mandarin oranges.

**July 30** - Pork chops, beets, potatoes, rolls and cake and ice cream.





415 Railroad St. • St. Johnsbury, VT 05819 • (802) 748-3122



BACKROOM GALLERY SHOWS:

Chickens & Ducks & Geese...

oh my!

A celebration of Poultry by over 20 Vermont Artists



stressed the importance of adhering to the Town's Zoning Bylaws, communicating with Steve Rebillard at the State Agency of Natural Resources regarding septic system regulations, and the need for a zoning permit. The Board also discussed the need to establish proper property boundaries via surveys and tax maps and the need to keep Housing Vermont and Peacham Community Housing informed. Currently, the proposed project will include the marking of the ball field layout and the continuation of site discussions, and cost estimates.

Cemetery Work – The Board and Cemetery Sexton Cheryl Stevenson discussed the importance of the removal of a large nearly-dead pine tree in the cemetery. Quotes for removal of the tree by four tree contractors were reviewed. The protection of the headstones during removal and a proper clean up following the job were stressed. The Board suggested the possibility of removing the headstones during the tree removal and the proper resetting of them following the project. Cheryl will investigate the costs involved with Gandin Bros.

**Great Road** - Road Foreman Mark Chase reported that four excavating contractor bids were received for the culvert work on the

July 2010 Menu

# Danville Senior Action Center

Meals at Danville Methodist Church. All meals served with a beverage, homemade breads and desserts. Reservations are appreciated by calling (802) 684-3903 before 9:30 a.m. on day of the meal. A donation of \$4 for guests 60+ (others \$5) is appreciated.

July 1 - BBQ chicken, biscuits, sauteed greens, fruit salad and pasta salad.

**July 6** - Seafood salad on roll, cream of broccoli soup, watermelon.

**July 8** - Marinated chicken breast, summer spaghetti, spinach salad with strawberries and almonds and strawberry shortcake.

July 13 - Chef salad with turkey, cheese and homemade croutons, fresh fruit salad, cottage cheese and homemade rolls.

**July 15** - Tomato bisque with oyster crackers, tuna salad on roll and honey baby carrots.

July 20 - Liver, bacon, onions, hamburger, fruity rice salad, mixed veggies and rolls.

July 22 - Chicken parmesan, pasta with homemade amrinara, sauteed garden veggies, garlic bread and bread pudding.

**July 27** - Pepperoni pizza, veggie pizza, tossed salad with croutons, canteloupe and orange juice.

July 29 - New England Clam Chowder, chicken caesar salad, broccoli and carrots and OJ. Great Road from C&C Bunnell Company, Kittredge Excavating, Puffer Excavating, and Stevenson Excavating. Browne moved to accept the bid submitted by Stevenson Excavating based on clear and specific agreement to be signed by both parties. McKay seconded. Cochran opposed.

Green Mountain Power - McKay met with GMP representative Steven Blood to inspect the site of the proposed power line relocation easement GMP has requested. Browne moved to accept the easement proposal and to authorize the Chairman of the Board to sign the GMP documents as presented. Cochran seconded. So voted.

**Furnace** - Mckay reported meeting with Tim Potvin at the Town Garage, who will give the Town a price on a Cleanburn waste oil furnace. Price already received for a Reznor furnace.

### St. Johnsbury

Town Manager: Michael Welch Town Clerk: Sandy Grenier Selectboard: Bryon Quatrini, Gary Reis, Daniel Kimbell, Jim Rust, and Jean Hall Wheeler.

June 7, 2010

Breezy Hill - Leonard Hychalk presented a petition signed by 51 people requesting the Town upgrade and pave Breezy Hill Road. Hychalk asked who makes the decisions on road improvements, and Jim Rust said it was an on-going process, usually made in the fall of the year, to see which roads need the most attention. Nancy Cohen pointed out that Stark District Road from Bennett to Elliott is very rough. **Audit** – Randall Northrop presented the audit report for review and approval. Randall reported that all seemed to be in order. Jim Rust asked questions on several points made in the audit, but found most would be resolved. Northrop pointed out "no payments" to some funds. He felt the Town should establish some fund flexibility and clarify collectibles to a realistic total, rather than leaving all collectibles on the books for full face value.

Emergency Plan - Chief Troy Ruggles reviewed the updated Emergency Operations Plan, as required by the State. Overall the plan is to identify whom to contact and how to handle a variety of situations. Daniel Kimbell suggested Troy keep a copy of the plan at home as well as in his office. Nancy Cohen had several questions for Chief Ruggles on the safety of hazardous materials storage and the complexity of the plan over-all. Chief Ruggles said the format of the plan is changed periodically by the State, and updated as new problems arise, but generally the changes made to the Plan are directed by changes in personnel.

Vacation Policy - Town Clerk

Sandra Grenier clarified some information that had appeared in the editorial of the Caledonia Record, indicating that a recently retired employee was receiving unused sick time and 46 weeks of vacation time following his retirement. Sandy corrected the information, stating that no employee would receive unused sick leave, and the person to whom the article referred only received 14 weeks of earned vacation at the time of his retirement, and was no longer receiving any compensation from the Town. Daniel Kimbell suggested the Board should implement a policy going forward for the non-union personnel, and to get a current listing of accrued vacations. Jim Rust said he does have a list and there are very few employees who actually carry over vacation time, and only one current employee with substantial accrued vacation through special circumstances. Jim Rust said this situation should be addressed, since without trained coverage for the water filter plant, Dan Gray has been unable to take substantial vacation for several years, and should not lose that time, but it is necessary to have someone in place to cover for him.

Purchasing – Jim Fitzgerald presented a draft of purchasing policy that he thought would provide more control over random purchasing and encourage the use of bids for large items. It also included a section on the disposition of town items. Nancy Cohen said she was "appalled" that the town does not currently use purchase orders, though when Dan Scott assured her he approved every

purchase made in his department, Nancy still felt that the Town should have purchase orders in place. Jim Fitzgerald said he would have the department heads take copies of the proposed policy and review at the Wednesday morning meeting. Daniel Kimbell asked if this included only physical items, or also services. Mr. Fitzgerald indicated there was a price cutoff. Howard Bennett asked if it was true the Town had recently purchased a new loader in lieu of replacing the brakes on the old loader, only to have both loaders still in service. Dan Scott explained that during the winter months when one loader is used to plow some parking lots, the other is needed to load the trucks with sand or snow. That purchase was preapproved by the Board.

Boiler - Jim Fitzgerald said that one of the boilers in the municipal building needed to be replaced because of a hole in the boiler, according to Dan Trombly. Trombly had submitted a quote of approximately \$7,900, and Jim Fitzgerald said there was \$9,776 in the Municipal Building Reserve fund, and a balance of: \$6,180 in the Municipal Building maintenance fund, with an unknown amount necessary to complete the year. General consensus was to get specifications on the proposed replacement and put out to bid to local contractors, including Trombly Plumbing & Heating, before making any decision.

Community Building – Jim Rust reported that the underground tanks at the Community Center on Main Street are scheduled to be removed sometime in June, and there have been contacts requesting the use of the building by various groups: gymnastics camp and historical museum

to name two. General feeling was the use of the building has to be looked at realistically for the future.

### Walden

Town Clerk: Lina Smith Board of Selectmen: Perley Greaves, Dave Brown and Peter Clark.

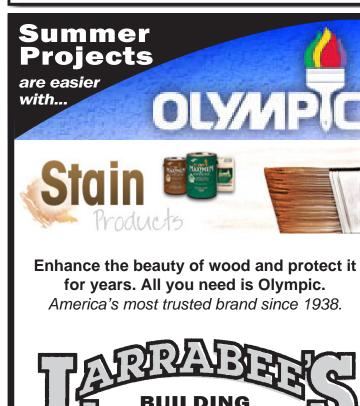
June 15, 2010

Historical Roads - Betty Hatch presented information on roads she had come across in her historical research. The Board noted they had decided not to pursue the documentation of ancient roads at this time.

**Emergency Plan** - The Basic Emergency Operations Plan was reviewed and approved with updated information.

Mowing - The Board discussed mowing and brushing and voted to request proposals for mowing from town residents Jon Augeri and Peter Clark. After discussion, the town clerk was directed to send letters out stating the budget amount available asking how many miles can be done for this. It was noted that this would be more appropriate and avoid a conflict of interest for Board member Peter Clark. He recused himself from this discussion and will not be involved in the process or decision. The Board plans to use Caledonia County Work camp for the brushing. Culvert - Dave Brown reported that he had received a call about a large culvert on Old Duke road being a danger to children. He stated that he resolved the issue with the landowner who will put up a barrier.





1410 RT2 WEST I WEST DANVILLE, VT 05873

MON-FRI 7-5, SAT 8-1 I (802) 684-3622 I FAX (802) 684-3697

## **FYI**

ἀ e Danville Woman's Club is sponsoring the placement of a **portable toilet** at **Green Banks Hollow** in Danville. It will be placed at Site 3, which was the location of the old general store, from July 15 through Oct. 15. It will be serviced on a weekly basis.

It is hoped the placement will encourage people to visit Green Banks Hollow for picnics and other various activities.



802-684-3484

### E-Mail calendar items to: info@northstarmonthly.com

Mail calendar items to: PO Box 319, Danville VT 05828



### **Danville**

MLS#2815551

This Older home has been cared for by the same family for many years and is now ready for your touches. This house offers a master pantry, eat in kitchen, large living room and a barn. With a great location in the heart of Burke Hollow village, close to Burke Mtn Ski Area, Kingdom Trail System and the VAST snowmobile trails. Price just reduced to \$99,000 from \$109,900.

Listed at \$99,900



791 Broad Street Lyndonville, VT 05851 (802) 626-9357 Fax (802) 626-6913



Nestled on 8.4 acres, this log home offers an attached 2 car garage, 1st floor master bedroom w/ private bath, living room w/ fireplace & cathedral ceiling, kitchen w/ cherry cabinets, 1st floor laundry/bath and a yard with lots of pretty perennials. MLS#4004881

\$239,000



### **Danville-Peacham**

Here is a fabulous piece of property: 180 acres with White Mountain views, build ing lots, some marketable timber, trails, old barn - located in both Danville and Peacham. Close to Joe's Pond. MLS# 4000796

NOW \$395,000



website: quatrini.com • realtor.com (802) 748-9543

# Ongoing **Events**

Mondays: Story Time, St. Johnsbury Athenaeum Youth Library, 10:30 a.m. (802)

Mondays: Story Time, Pope Library, Danville, 10 a.m. (802) 684-2256.

Mondays: Just Parents meet with concerns for drugs and kids, Parent Child Center, St. Johnsbury, 7 p.m. (802) 748-

1st Monday: North Danville Community Club, Meeting, 6 p.m. North Danville Community Center. (802) 748-9415.

Ist & 3rd Mondays: "Six O'clock Prompt," Writers' Support Group, 6:30 p.m. Catamount Arts. (802) 633-2617.

2nd Monday: Cancer Support Group, NVRH Conference Room A, 4 p.m. (802)

Last Monday: Alzheimer's Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury. 7 p.m. (802) 748-8116.

Tuesdays: Baby & Toddler Story Hour, Cobleigh Library, Lyndonville. 10 a.m. (802) 626-5475.

Tuesdays: Cribbage Tournaments, 6 p.m. Lake View Grange Hall, West Barnet. (802) 684-3386.

Tuesdays: Argentine Tango, 4:30-5:30 p.m. (beginners) 5:30-6:30 p.m. (intermediate) Teacher: Isabel Costa (603) 823-8163.

2nd Tuesdays: Caledonia Right to Life will meet at St John's Catholic Church Parish Hall, 1375 Main St, St Johnsbury, VT at 7:30 pm. All are welcome.

Residential

Real Estate Appraisals

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2nd & 4th Tuesday: Bereavement Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury. 5:30 p.m. (802) 748-

2nd & 4th Tuesday: Drop-in quilting at I p.m. at the Cobleigh Public Library, (802)

Wednesdays: Read 'n' Stuff, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.

Wednesdays: Lyndon Town Band concerts in Bandstand Park, 7 p.m.

Wednesdays: Danville Farmers Market on the green from 9 a.m. to 1 p.m.

Wednesdays: Ordinary Magic. Meditation for Life, St. Johnsbury Shambhala Center, 17 Eastern Avenue, 6-7 p.m.

Wednesdays: Lunenburg Farmers Market, 2 p.m. to 6 p.m., on the common in Lunen-

3rd Wednesday: Cardiac Support Group, NVRH, 6:30 p.m. (802) 748-7401.

Thursdays: Introduction to Computers, Cobleigh Library, Lyndonville. 10 a.m. (802) 626-5475

Thursdays: Live Music at Parker Pie in Glover. Call (802) 525-3366 for details.

**2nd Thursday**: Film discussion following 7 p.m. film at Catamount Arts, St. Johnsbury. (802) 748-8813.

3rd Thursday: Caregivers Support Group, Riverside Life Enrichment Center, 10 a.m. (802) 626-3900.

Thursdays: Read and Weed Book Club, Cobleigh Library, Lyndonville. 3:30 p.m. (802)

Thursdays: Tutoring for GED and Adult Learning Programs, I p.m. to 3 p.m., Cobleigh Public Library

Thursdays: Farmers Market in Peacham, 3-6 p.m., across from the Peacham Library, 656 Bayley Hazen Rd. Peacham, VT.

Fridays: Hardwick Farmers Market, 3-6 p.m., Rte 14 & 15 between Aubuchon's and Greensboro Garage.

Fridays: Island Pond Farmers Market, noon to 4 p.m., 640 Charleston Rd, across from the Grace Brethren Church.

1st Fridays: Contra Dance, 8 p.m. at Danville Town Hall. All levels welcome. (802) 563-3225 or samlyman@myfair-

4th Fridays: Public readings at Green Mountain Books in Lyndonville. Call (802) 626-5051 or E-mail greenmountainbooks@myfairpoint.net.

Saturday & Sunday: Planetarium Show 1:30 p.m. Fairbanks Museum, St. Johnsbury. (802) 748-2372.

Saturdays: Bridge Club for all experience levels, Cobleigh Library, Lyndonville, 12:30 p.m. (802) 626-5475.

Saturdays: Farmers Market in Lyndonville at Bandstand Park from 10 a.m. to

Saturdays: Farmers Market in Groton at Veterans Memorial Park from 9 a.m.

Saturdays: Farmers Market in Newport, 9 a.m. to 2 p.m., between the end of the I-91 access road, next to the Welcome Center.

Saturdays: Farmers Market in Derby, 10 a.m. to 3 p.m., next to the Elks

Ist Saturday: Men's Ecumenical Breakfast, Methodist Church, Danville, 7 a.m. (802) 684-3666

Saturdays: St. Johnsbury Farmers Market behind TD Bank from 9 a.m. to

Saturdays: Willoughby Gap Farmstand, II a.m. to 5 p.m., Route 5A in West

Ist Saturday: Scrabble Club, St. Johnsbury Athenaeum, Noon - 4 p.m. (802) 748-8291.

1st & 2nd Saturdays: Dance in the Kingdom at the Good Shephard School - Latin & Ballroom dance: Lessons at 7 p.m. followed by open dance, 8 to 10 p.m. (802) 748-3044

2nd Saturdays: West Barnet Grange community breakfasts from 8-10 a.m.

3rd Saturday: Breast Cancer Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury, 10 a.m. (802)

Sundays: Concerts on the green in Danville, sponsored by the Pope Memorial Library, 7 p.m.

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> > Church

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Rev. Douglas Carter

**Pastor** Please Join Us

for Worship at 10 a.m.



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# Pope Notes

with Dee Palmer, Library Director

ur 2010 Make a Splash - Read! Summer Reading Program for kids ages 3-10 kicks off on July 7 and continues on Wednesdays through July. Sign up now for programs beginning at 10:30 am. We hope to see lots of our young patrons have fun with books, stories, games, crafts and WATER!

Our summer performer is story teller Simon Brooks. This wonderful British storyteller will tell folk and faerie tales. A splash of music, a splash of colour, a splash of magic! Simon Brooks will perform on July 21 at 11am in the Danville School Library. This performance is recommended for ages 5 and up and is free and open to the public. Don't miss it!

Ray Richer, local photographer and loon expert will share his multi-media presentation of "Miracle in the Marsh" - photos, videos, and music that tell the story of a year in the life of Joe's Pond loons. This event, sponsored by the Pope Library takes place on Thursday, July 8 at 6:30 pm in the Danville Town Hall. Donations are appreciated. Ray and his wife Evelyn are the owners of The Gallery at Loon Cove.

Join us for the next "Dinner and a Foodie Movie" featuring "Babette's Feast" with a Scandinavian Smorgasbord cooked by Henretta Splain. The movie and dinner will be on July 10 at 6pm at 72 Clubhouse Circle on Joe's Pond. Suggested donation is \$25.00 and tickets can be reserved by calling the library 684-2256, Henretta Splain 563-2478, or Susan Tallman 684-3836.

Our Sunday Summer Concerts on the Green kick off June 27 with "The Danville Town Band". Next is "Best of Friends" on July 11. All concerts begin at 6:30pm on the Danville Green. Bring your family, bring your



New Summer **Brews** Open Fri. & Sat. 4 - 9 pm

Trout River Brewing

Route 5, Lyndonville, VT (802) 626-9396 friends and a blanket or some chairs and sit back and enjoy the

Stop in to buy tickets for our 2010 raffle. This year we are featuring the art work of four local artists: "Between a Rock and a Hard Place, a water color by Barbara Matsinger, "Spring Fling" a water color by Jenny Green, "Sunflowers" a block print by Sheri Pearl and a Ray Richer photograph of a mother and baby loon. All four pieces are on display at the library and tickets are \$1.00 each. The drawing is on August 7 at the Danville Fair.

Our newest book acquisitions are: Oprah by Kelley, The Last Stand by Philbrick, Seaworthy by Greenlaw, War by Junger, Priceless: How I Went Undercover to Rescue the World's Stolen Treasures by Wittman, The Shadow of Your Smile by Clark, Innocent by Turow, The 9th Judgment by Patterson, Sizzling Sixteen by Evanovich, The Last Time I Saw You by Berg and The God of the Hive by King.

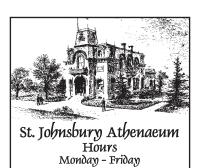
For family fun this summer don't forget we lend the Library Echo Pass which admits 2 adults and 3 youths into the Echo Museum in Burlington for \$2.00 and The Vermont State Parks pass which will admit a carload of up to eight people to a state park for the day, for free.



# **Open**

Monday - Saturday 9 a.m. - 5 p.m. Sunday 1 - 5 p.m.

Planetarium shows: Saturday & Sunday at 1:30



10:00 to 5:30 Saturday 9:30 to 5:00 For more information call 748-8291



### CHARMING, COMFORTABLE & ENCHANTING

ML2825959 1840's Peacham cape on 11 pastoral acres. 3BRs, 1 1/2 baths, exposed beams, brick fireplace, new standing seam roof, new engineered septic, and new furnace. Newer barn, fenced pastures, beautiful gardens, pond, and spectacular views.

St. Johnsbury, VT



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ML2825699 1728 sq ft +/- building has lots to offer including a 2-car garage, a mostly finished 2nd floor that includes a huge built-in "safe room," vinyl siding, 2.28 acres, views

\$118,900

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309 Portland Street St. Johnsbury, VT 05819 (802) 748-2045

### **GREAT PEACHAM HOME**

ML2836046 4BRs, custom solid wood floors and solid wood kitchen cabinets. Home is private yet right off the black top. Enjoy a large lawn w/room to garden & a small

\$249,000



### HARVEY'S LAKE

ML2836870 350 ft +/- frontage and 3 acres +/-. One of the largest lots on the lake w/lovely views. Perfect for year-round living w/nice open kitchen, porch, huge deck, walkout lower level, 2 BRs (more in loft over garage), 2 fireplaces, 2-car garage, huge lawn area.

\$539,900



### >MLS # N4002874 This Northeast Kingdom parcel has

woods, Flower Brook, direct access to Kingdom Trails and VAST, all on 103+Acres. Approved septic design. Close to Burke Mountain. \$165,000



### **∀MLS #N2808242**

Private 3+ Acre building lot close to town. Open and wooded areas. Potential views with light clearing. High School choice

\$39.900



### ≺MLS # N2829095

A custom built home on 27+ Acres of land with White Mountain Views, meadows, woods and brook. This home has a cherry kitchen, granite countertops, 4 bdrm, 3 baths and a large family room.





MLS #4004247

Move right into this pristine ranch home in Lyndonville. It is tastefully decorated, nice big yard with lots of lawn and flowers. It sits on a very private lot. just out of Lyndonville village. The family room in the walkout basement can be your master suite. It has an attached bath. You can be settled by the start of school in the

Reduced to \$195,000.



### MLS #2823632

The custom built log home on 10 private acres has been reduced. It has floor to ceiling windows to let in the sunshine and the spectacular views. The big fieldstone fireplace, the custom built cupboards and the nice use of wood complete the picture. Sit outside on the wrap around deck and the covered porch

Reduced to \$329,000



### MLS 32821726

3.6 acres right in the village. Nicely landscaped and lots of perennials. 3-4 bedrooms. hardwood floors, a fireplace with a nearly new pellet stove insert, newly updated kitchen. Very bright and sunny. Convenient to Hanover, Littleton and St Johnsbury. It's in Barnet, a St Johnsbury Academy sending town.

\$189,000.





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### THURS I

Kids Rock Film Festival - Mary Poppins at Catamount Arts from 10 a.m. to noon. Kids of all ages will enjoy a special treat this summer with Catamount's first ever Kids Rock Film Festival. Phone: 748-2600. Catamount Arts Center, 115 Eastern Ave. St. Johnsbury VT. Web: www.catamountarts.org

Open Studio day at GRACE Gallery in Hardwick, I p.m. to 3 p.m. Artists of all abilities and ages welcome. Phone: 472-6857. GRACE, Old Firehouse Gallery, 13 Mill St. Hardwick, VT. Web: www. graceart.org

### SAT.3:

**Burklyn Arts Council** will celebrate their 40th annual Craft Fair on Saturday, July 3, from 10 a.m. to 4 p.m. in Lyndonville's Bandstand Park. Over 50 juried Vermont artists will be at this year's fair.

Caledonia County Fair Extravaganza, full day of family activities including horse and truck pulls, horshoe tourney, softball challenge, hay rides and much more. Great home cooked food. Call Alana at 626-5228 for more information.

**Old Fashioned Pig Roast** with Strawberry Shortcake at the Peacham Congregational Church at 5 p.m. Call Mary Williams at 592-3135 for reserva-

**North Danville Independence Day** parade and celebration beginning at 10 a.m. in the village of North Danville on Bruce Badger Memorial Highway.

Little Tree outdoor workshop at Stillwater State Park, Join us for an informative look at invasive plants, beneficial indigenous and naturalized plants. Phone: 584-3822, Stillwater State Park, 44 Stillwater Rd. Groton, VT

Northeast Kingdom Art and Crafts Showcase in Greensboro. Special display and artist-led discussions organized by the Kingdom Craft Alliance. Phone: 533-2647. Miller's Thumb, 4 Main St. Greensboro, VT.

Peacham Independance Day Gala, parade, water slide, blacksmith demos, ghost walk, pig roast, strawberry shortcake, and more. Web: www. peacham.net

Community Art and Bake Sale in Barnet, 10 am. to 2 p.m. Benefits the library and the Good Neighbor Fund. You'll also find children's crafts and nusical entertainment. Barnet Public Library, 147 Church Street, Barnet, VT.

### **SUN.4**:

4th of July Celebration in North Danville! TThe activities will start off with a parade, and will feature bingo, auction, fun run, bike race, book sale,

as well as children's games, a horseshoe tournament, and food. Phone: 748-9376 or 748-9119 for details.

4th of July celebration in Cabot, 10 a.m. to 2 p.m. Cabot School PTO will hold its famous 4th of July Celebration. Rummage sale at Masonic Hall. The Parade is at 11 a.m., followed by a Chicken Barbecue and Apple Pie Festival. Cabot School, 25 Common Rd. Cabot, VT.

### **WED.7:**

**Poetry Reading** at the St. Johsnbury Athenaeum, Dianalee Velie and Howard Norman, 7 p.m.

### THURS.8:

Kids Rock Film Festival - Star Wars at Catamount Arts, 10 a.m. to noon. Catamount will present an all-time favorite, classic kids' movie the way it was intended to be seen – on the Big Screen. Phone: 748-2600. Catamount Arts Center, 115 Eastern Ave. St. Johnsbury VT. Web: www. catamountarts.org

Monday - Friday 8-6 / Saturday 8-4 / Closed Sunday for Family

Honk! performed by the VT Children's Theater, 7 p.m. to 9 p.m. Based on Hans Christian Anderson's story The Ugly Ducking, Phone: 626-5358. Vermont Children's Theater, 2283 Darling Hill Rd. Lyndonville, VT. email: info@vermontchildrenstheater.com Web: www.vermontchildrenstheater.com

### **SAT.10:**

**40th Annual Antiques and Uniques Show** in Craftsbury. On the beautiful Craftsbury Common. Phone: 586-7596. Email: karenbartlett@gaw.com

### **SAT.17**:

Sesquicentennial Celebration - Come and celebrate the 150th Birthday Parry for the Hardwick Townhouse! Phone: 472-5920. The Hardwick Town House, 127 Church Street, Hardwick, VT. Web: www.nekarts.org

### **SUN.18:**

North Country Poetry Reading at the Old Stone House Museum, 2 p.m. to 3 p.m. Northern Vermont poets, including Galway Kinnell, David Budbill, Jody Gladding, Burt Porter, and Lindsay Knowlton will read from their own work, and also poems by the late Hayden Carruth and James Hayford, at the Samuel Read Hall House. Phone: 754-2022. Old Stone House Museum, 109 Old Stone House Rd. Brownington, VT. Web: www.oldstonehousemuseum.org

### WED.21:

**Poetry Reading** at the St. Johsnbury Athenaeum, Brad Kessler, 7 p.m.

### **SUN.25**:

Annual Home Day Celebration at Newark Church at 10:30 a.m. Followed by the Newark Volunteer Fire Dept. annual Chicken BBQ and Flea Market at the town park across the street from 11 a.m. to 3 p.m.

Old Home Day Lamplight Service at Old North Church; Service at 7 p.m., Refreshments at 6 p.m. Guest speaker, historian Peggy Pearl; host, the Rev. Lynn Burgess.

### **WED.28:**

Village Harmony Singers at Danville Congregational Church at 7:30 p.m.

Poetry Reading at the St. Johsnbury
Athenaeum, Mary Ruefle and David Hinton,





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