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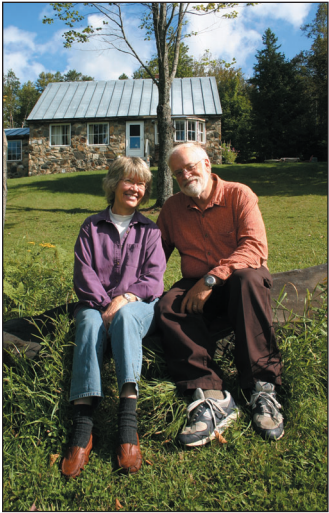
DANVILLE, VERMONT

GOOD FOR THE WHOLE MONTH

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OCTOBER 2008

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PAGE 6

New Neighbors:
Volunteerism knows
no age

Such sweet harvest

By Nathaniel Tripp

The place where I grew up, the place I still dream about almost every night, was once all apple orchards. They had been planted from our house on the ridge, which my grandparents had bought in the early 1920's, all the way down to the railroad tracks at the valley floor, almost a mile away. These were cider apples, hard Russets and several small yellow varieties whose names we never knew. The trees were already at least a hundred years old by the time I was born. Hollow, broken and storm wracked, they had once served the New York City cider market.

More orchards covered the hills beyond, including where my cousins lived, and on their property was ancient stone cider mill with massive walls and a cavernous cellar of storage bins and racks for the casks. Most of the orchards had succumbed to suburban developments with names like "Orchard Ridge" and "Orchard's Edge," but on our property and theirs several dozen trees survived although all we found them good for was apple fights;

Continued on Page 9

Restoring the hands of time

Many times throughout its long history, St. Johnsbury's corner clock has needed restoring and a team of local volunteers have always been there to lend a hand.



Photos and Story
by Justin Lavelly

The hands of time have moved steadily for the cast iron street clock at the corner of Main Street and Eastern Avenue, as they have for the volunteers and fundraisers who keep it ticking. Once an inside clock, for the last 100 years the clock has rested on its concrete pedestal outdoors, watching everything from horse-drawn buggies to Lincoln Navigators pass through St. Johnsbury.

Although it has been around for more than a century, care of the mechanical pendulum clock has fallen to a handful of people, among them Bill Christiansen, Howard Reed and the late Fred Mold – all past employees of the

Continued on Page 17

Danville's Dick Diefenbach, top, has been available to fix the historic clockworks for more than 30 years. Before him, museum employees Fred Mold and Bill Christiansen teamed up on the project. Last month, the clock was again removed from its pedestal and a new restoration effort began.

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From the Editor

A rock and a hard place

It's not difficult to see why many hardworking taxpayers are disenfranchised with government and Wall Street.

News of President Bush's \$700 billion bailout plan (essentially a tourniquet for Wall Street) comes on the heels of a previous plan, which had American tax dollars being used to stop the bleeding of the mortgage crisis.

Depending on who you ask, the trouble on Wall Street started due to a number of reasons. Many point to "short selling" of stocks, a practice that was once against the rules. Others have pointed to what they call bad decision-making (at best) and wide-spread financial irresponsibility (at worst).

Most experts tend to agree the mortgage crisis originated from bad home loans, more specifically, lending money to people who couldn't pay it back. In some cases, lending institutions ignored decade-old underwriting practices in favor of a quick payday.

Bailouts are not news. There have been others, like the Panic of 1907 that created the Federal Reserve, the stock market crash of 1929, the 1971 Lockheed Aircraft pinch and the 1979 Chrysler bailout. We can now add Fannie Mae, Freddie Mac and AIG to the list.

So here we are.

Somewhere in the Northeast Kingdom, "Joe Taxpayer" is just finishing up the night shift at his second job. The cost of fuel, housing, education and just about everything else (except wages) has increased. He is probably tucking money away in a savings account somewhere trying to save money for his kid's future \$200,000 education. His only stake in the stock market is probably a 401k or some small amount he was able to save.

When payday arrives, his check will show how much his 60 hours of work earned for the federal government. It's not hard to imagine how he feels when he sits down to watch CNN and hears his money may be used to "bail out" white collar executives who mis-

managed companies and homeowners who *knowingly* borrowed more money than they could pay back.

Worse yet, he's probably concerned for the small amount of money he has in the bank or the market. These figures never come up on CNN because they're small, insignificant, and not attention grabbing. Plus, Joe doesn't have a direct line to a politician or lobbyists working on his behalf.

His only solace is the assurance of his elected offi-

Money hiding under the mattress does neither of these things. But then, the old poker adage holds true, "You can't lose what you don't put on the table."

cial that the bailout plan will improve regulations to prevent a situation like this from ever happening again.

Joe has to be shaking his head. He works hard, pays his mortgage and pays his taxes. Now he's being asked to bail out people who were irresponsible with their money. He's being told he has no choice. If he doesn't, the economy he relies on will collapse.

If this is the only option, let's hope the corporate CEO who kept his job as part of the bailout plan, at least, has a hard time sleeping at night.

At least that would be some level of accountability.

Many, like Joe, especially those old enough to remember past economic crisis, may wonder why they stopped storing money in their mattresses.

Our economy relies on investors to finance economic growth and create jobs. Money hiding under the mattress does neither of these things. But then, the old poker adage holds true, "You can't lose what you don't put on the table."

Either way, there doesn't seem to be many positive decisions facing taxpayers or their elected representatives these days.

THE North Star MONTHLY

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LETTERS: Write to *The North Star*, and let us know what's on your mind. Your point of view or observation is important to us. Letters must be signed.

ARTICLES: We don't have a big staff of writers. So we look forward to you sending your writing. If you have questions or ideas and want to ask us first, please call. We'll send our guidelines. No fiction, please.

PHOTOS: We'd like to see your photos and welcome them with a story or without. They can be black-and-white or color, but they must be clear.

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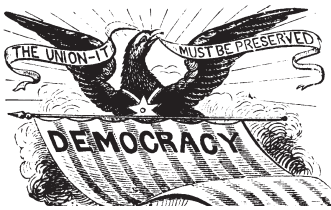
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The North Star
 "WHERE LIBERTY DWELLS THERE IS MY COUNTRY"
 1807-1889
 Est. by Ebenezer Eaton
 Danville, Vermont



THE NORTH STAR

October 12, 1877

North Church - Workmen commenced laying the foundation for the new North Congregational Church recently. It was found necessary to dig very deep on the southeast side of the lot to get below the "made" ground as that entire hollow has been filled. Near the rear line was once a very respectable frog pond. The heavy granite stones taken from the Danville Jail are being planted along the front and under the tower, which is to be on the southeast corner. At this point the wall goes down 10 or 12 feet below the surface. After a layer of the heavy-set stone is put in, a flood of water is pouted in from the hydrant nearby and then sand is tamped in. It is intended to have a foundation that will not settle. Mr. Albert Danforth of Danville was in charge of the stone laying.

Indians in Washington - The

Sioux and Arraphoe Indian delegations, including Spotted Tail, among other chiefs, have been making a ten day visit in Washington, and they had their last powwow at the Interior Department last week. The Indians persisted in their demand for supplies and flatly refuse to go to the Missouri River for the winter, as they are required to do. The red skins were to leave Washington for New York City on Thursday of last week, on their return to their western homes. All were supplied with clothing, trunks and money.

Mexico - There is exciting and important news from the Mexican border. It is claimed that the Mexican population of El Paso have risen and seized all the civil authority and hold all the prisoners in the jail. The rioters number about 400, and have scouts, pickets and sentinels posted. All the Americans in the country are in peril for their lives. The rioters were expecting aid from the Mexican side. Volunteers were called for to protect the frontier.

A Dilemma - A war correspondent says the question of maintaining the Russian Army in Bulgaria through the winter is becoming an important one. The supplies for man and beast now stocked in Romania and Bulgaria would maintain 300,000 men through the winter and 150,000 would be sufficient to hold the Russian positions during the season when the roads are practically

impassable for military purposes and the rest of the troops could be retired across the Danube until spring. The question of getting these supplies to the army is the chief one for consideration. The scarcity of fuel is the greatest difficulty to surmount. Underground barracks huts may be sufficient to keep the soldiers warm in connection with their fur and sheepskin coats but for cooking purposes, fuel is a necessity. If the Russians can overcome the fuel issue, they can winter in Bulgaria.

Fruit Trees - The enterprising firm of R.G. Chase & Co., nurserymen, have for several years past been furnishing fruit trees to the people of Danville and adjoining towns and judging from the appearance of the trees delivered in past seasons and their large list of orders for next years setting which have, during the past week been taken by their gentlemanly agent, Mr. Hill, we infer the home firm is living up to the representations of their agent, and are rapidly gaining the confidence of our inhabitants. Many of our oldest and most careful farmers who have procured trees of this firm in the past seasons have materially increased their orders for next year. These trees are not grown on the forcing system, nor are they delivered at a size that will render them liable to be used and broken down by an ordinary fall of snow. With fair settling and subsequent treatment, these trees are sure to do well.

October 26, 1977

A Tale that is Told - We don't like to make our readers feel bad, but are they aware that 90 years hence not a single man or woman now 20 years of age will be alive. Ninety years? Alas, how many of the lively actors at present on stage will make their exit long before 90 years shall have rolled away? And could we be sure of 90 years, what are they? "A Tale that is Told," a dream, an empty sound that passeth on the wings of the wind away and is forgotten. Years shorten as a man advances in age. Like the degrees in longitude, man's life decreases as he advances toward the frozen pole until it dwindles to a point and is lost forever. Is it possible that life is of so short duration? Will 90 years erase all the golden names over the doors in town and country and substitute others in their stead. Will all the now blooming beauties fade and disappear?

General Miles's Report - General Miles's official report of the pursuit and capture of Joseph's band contains little that is new. He says the Indians admit the loss of Chiefs Looking Glass, Grobool, Hul, Rote Oliante, brother of Joseph, and others of their principal men, and 25 killed and 46 wounded. The endurance and courage of the command, as tested by forced marches and the hardly contested fight at short range are worthy of the highest commendation. A severe storm of snow and

wind added greatly to the hardships which have been borne without murmuring. The opportune arrival of a train under escort enabled him to protect the wounded from the worst affects of the storm.

State Prison - The monotony of the life in the State Prison in Windsor was broken in diverse fashion recently. In the morning, soon after the men had gone to work, one of the convicts disobeyed Keeper Wood's orders, struck him a blow across the wrist with a large file he had in his hand and then clutched him by the throat. Another keeper came to the rescue when the convict picked up a hammer and was in the process of delivering another blow. The keeper drew his revolver and fired once at the man. The ball passed through the convicts hand, doing but little damage. The disturbance was promptly quelled and the convict was placed in solitary confinement.

Important Patent - Mr. Oscar F. Russ of Albany, N.Y., has just received a patent on a machine for making the figures on steel beams. Those who visit the scale shops in this place must have noticed that while there are machines for doing almost all kinds of work on the scales, the figures upon the beams are put up by hand, and the process is slow and leads to many errors. By this new machine of Mr. Russ', absolute accuracy is achieved and time saved.

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Summer '08

In Twenty-o-eight we had quite a summer
It turned out to be a real bummer.
No birds were seen soaring.
The brooks were roaring.

Rained in the night, rained in the morn',
Rained on the meadow, rained on the corn,
Rained in the valley, rained on the mount.
The way it came down seemed like a fount.

Rained on the left, rained on the right,
Rained 'til it seemed no end was in sight.
It came down in buckets, came down in loads.
When it was over, it had washed out the roads.
Rained on the lake, rained on the shore—
Now summer is over, 'tis raining no more.

Dick Quimby

Which Witch?

BY ISOBEL P. SWARTZ

Hallowe'en candy is on sale and has been since August. Pumpkins are ripening and the air has the scent of fall. These signs of the season make me think of witches. Hallowe'en celebrations have become so commercialized that little remains of the ancient underpinnings of this seasonal celebration apart from scary masks and costumes.

Pumpkins were not grown in England when I was a child. We made jack o' lanterns by hollowing out and carving turnips – a difficult and tedious process. These lanterns were set in the window to frighten away the evil spirits that were abroad on All Hallows' Eve, Oct. 31. We did not go out! Trick or treating was not the custom.

Tricking was a feature of Mischief Night, November 4th, the night before the bloodthirsty fun of Guy Fawkes, Plot or Bonfire night, that celebrates the attempted Gunpowder Plot to blow up King James I of England and the assembled Parliament in 1605. The plotters were discovered in the nick of time, tried and executed. Guy Fawkes, the ring leader, is still burned in effigy on Guy Fawkes night.

We made jack o' lanterns by hollowing out and carving turnips – a difficult and tedious process.

Hallowe'en, on the other hand has ancient pre-Christian roots. It is related to the pagan Feast of the Dead and was one of the four major witch Sabbaths. Witches are therefore an integral part of Hallowe'en.

I have always had mixed feelings about witches. I think of them in several ways: first as the Crone or third aspect of the Pagan Triple Goddess, showing maturity, wisdom and spiritual power; or as wise women of any age, especially at a time in history when few women were educated or respected for their intellectual abilities; or as women who had special healing skills or psychic powers; or as the mentally disturbed outcasts of a society that believed that mental disease was a sign of possession by the devil.

In Europe witches are part of the folklore, along with goblins, elves and sprites, of children's fairy tales such as those of the Brothers Grimm. They are part of ancient cultural history. They were women who were feared, taunted, abused and tortured in manners akin to water-boarding, for being "different". European settlers brought this folklore with them to America, because it was related to religion in many ways. The major western religions have all viewed women as a potential source of evil or susceptible to evil influences. When disease and death struck a community, uneducated folk looked for a scapegoat and often found one in a local woman who did not conform to "normal" behavior. They called her a witch. The Salem witch trials of 1692-93 are a classic American example of this name-calling.

The mixture of strict Puritanism and its repression of women and girls; stressful times following wars with Indian tribes; expansion of settlements into wilder territory; fights between neighbors over property; crop failures, disease and death, formed

the perfect setting for the story of hysteria attributed to possession by the devil. One hundred and fifty women and men were accused of witchcraft in Salem, MA and other adjacent communities. Twenty-nine of these folks were convicted and hanged. This sheer number of afflicted people seems to indicate that there were other causes for the behaviors. Modern suggestions include the effects of eating flour made from rye blighted by a fungus, Ergot or Claviceps purpurea known to contain LSD, and to produce hallucinations. No doubt there were many other causes but, under stress, hysteria alone is a powerful contagion.

In the eighteenth century, American medicine was primitive. Trained physicians practiced medicine in towns and cities, but in rural areas they were part-time practitioners and were also businessmen, landowners and politicians, who charged fees, compounded medicines and used surgical instruments. Many people depended on other sources for medical help.

Martha Ballard was a midwife in Hallowell, Maine, from 1785 to 1812. She began her life of healing at age 50, after her own family was grown. Her diary is housed in the Maine State Library and is the primary source for A Midwife's Tale by Laurel Thatcher Ulrich. Martha was not a witch, but she had many of the attributes of a wise, older woman with extensive knowledge of herbal remedies and the ability to tend the sick and safely deliver babies. I would like to have known her.

Martha's life was extraordinary. She worked for 27 years treating sick men, women and children in the Kennebec region of Maine. She travelled far and wide in summer and winter, on horseback or by canoe, through floods and snowstorms, to deliver babies or lay out the dead for burial. Above all, she gave her patience and time to caring for her patients. She lost few mothers or babies in 816 deliveries. Her payment was mostly food, firewood, cloth, livestock, labor and, occasionally, small gifts of money from her wealthier clients. During this period of her life she also maintained her family home, raised crops and livestock, spun wool and flax, wove cloth and took care of her husband, an itinerant surveyor in the Maine woods, when he was home.

Martha was one of many women in her community who served their neighbors in need. She was unique in keeping a detailed written record of her work and daily activities during the latter part of her life. Despite her service to her community her personal rights as a woman in the community were limited. While her husband languished in debtor's prison in 1804, her son and family took possession of her home because it was better than theirs! This made her living conditions cramped and unpleasant. She had no legal recourse. This action shows how vulnerable these older women were. A mistake, a misfortune or just plain malice could turn a respected midwife into an outcast, or even a witch.

So when Hallowe'en rolls around this year I shall try to look beyond the ugly masks with warts and stringy hair, and think of Martha Ballard and those women who have cared for their neighbors in so many ways, but whose position in society could change on a whim. I shall remember the courageous women who dared to be different and were punished for that because of ignorance and fear. They deserve better than to be labeled "witch".

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Thank You!

The family of Airie Lindsay is profoundly grateful to everyone who helped us through this difficult and sad time. We wish to thank everyone who worked with Airie at NVRH, Norris Cotton Cancer Center, CHH&H, DHMC and all the people who walked dogs, weeded gardens, house sat, tended bees, fed chickens, cleaned house, brought us nourishing food, sent cards and notes, and everyone who loved Airie and showed up at her memorial service. This community created a movingly wonderful tribute to our beloved Airie.

Women's suffrage BY JOHN DOWNS

The presidential election will soon be here. The women who vote - or who don't vote, for that matter - could well determine who the next president and vice president will be. Two women of national prominence have broken the barrier of resistance to women's leadership. Democrat Hillary Clinton narrowly missed becoming the nominee for the Democratic Party. Republican vice presidential nominee Governor Sarah Palin of Alaska has a chance of becoming the first woman to be elected vice president. If she is, she will be only a heart-beat away from becoming president if the aging John McCain should die. These women illustrate the changing role of women in society.

The word "changing" is used to describe their roles because women's rights still have to evolve much further before women become full members of society with rights equal to those of men. For example, many churches still refuse to have women as pastors. Women do not get equal pay for doing the same work that men do.

The Internet is an excellent way to pass on information. A friend in California recently e-mailed me an unsolicited, anonymous article entitled "Why Women Should Vote." It is supplemented by graphic pictures relating to the gallant fight of many women for the right to vote. It is the inspiration for this article. I quote from it extensively.

Frankly, voting often felt more like an obligation than a privilege. Sometimes it was inconvenient.

"So, refresh my memory. Some women won't vote this year because - why, exactly? We have carpool duties? We have to go to work? Our vote doesn't matter? It's raining?"

"Last week, I went to a sparsely attended screening of HBO's new movie 'Iron Jawed Angels' It is a graphic depiction of the battle a few women {identified later} waged so that I could pull the curtain at the polling booth and have my say. I am ashamed to say I needed the reminder.

"All these years later, voter registration is still my passion. But the actual act of voting had become less personal for me, more rote. Frankly, voting often felt more like an obligation than a privilege. Sometimes it was inconvenient.

"My friend Wendy, who is my age and studied women's history, saw the movie, too. When she stopped by my desk to talk about it, she looked angry. She was - but only with herself.

'One thought kept coming back to me as I watched that movie,' she said. 'What would those women think of the way I use, or don't use, my right to vote? All of us take it for granted now, not just younger women, but those of us who did seek to learn.' The right to vote, she said, had become valuable to her 'all over again'....

"It is jarring to watch Woodrow Wilson and his cronies try to persuade a psychiatrist to find Alice Paul insane so that she could be permanently institutionalized. And it is inspiring to watch the doctor refuse. Alice Paul was strong, he said, and brave. That didn't make her crazy..."

The 19th amendment giving suffrage to women was ratified August 18, 1920. The sufferings of Lucy Burns, Dora Lewis and Alice Paul illustrate the price some suffragettes paid to help women gain the right to vote. November 15, 1917, the night of their suffering in jail, has been described as the 'Night of Terror' and resulted when those women and others picketed the White House, carrying signs asking for the vote, and were arrested and imprisoned in the Occoquan Workhouse in Virginia.

Again quoting the anonymous author: "The warden ordered his guards to teach a lesson to these suffragists...who dared to picket Woodrow Wilson's White House. Forty prison guards wielding clubs...went on a rampage against 33 women wrongfully convicted of 'obstructing sidewalk traffic'. Affidavits describe the guards grabbing, dragging, beating, choking, slamming, pinching, twisting and kicking the women. By the end of the night they were barely alive.

"They beat Lucy Burns, chained her hands to the cell bars above her head and left her hanging for the night, bleeding and gasping for air.

"They hurled Dora Lewis into a dark cell, smashed her head against an iron bed and knocked her out cold. Her cellmate, Alice Cosu, thought Lewis was dead and suffered a heart attack.

"Alice Paul, one of their leaders, embarked on a hunger strike. They tied her to a chair, forced a tube down her throat and poured liquid into her until she vomited. She was tortured like this for weeks until word was smuggled out to the press.

"Their water came from an open pail. Their food - all of it colorless slop - was infested with worms."

As the anonymous author concluded, "We need to get out the vote and use this right that was fought so hard for by these very courageous women. Whether you vote democratic, republican or independent, remember to vote.

"History is being made."

How quickly we forget, if we ever knew.



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Letters to the Editor

Dear North Star

I enjoyed Bruce Hoyt's article in the September North Star detailing events surrounding the State House in Montpelier. He did a fine job of explaining the fine tuning of state representatives to provide equal representation based upon population that was done during re-apportionment in 1965. However, he glossed over the work that was done in the Senate.

I find it disheartening that Vermont does not follow the model that is used in the rest of the country. It's one thing to have equal representation in the house, but to provide a balance based upon county representation is equally important. Each county in Vermont should have two senators. This would reflect the model of two senators per state found in the US Constitution. Right now Grand Isle County's senator lives in Colchester. Essex County's senator lives in Orleans County, so we have two counties with zero senators, and Chittenden County with six (seven if you count the Grand Isle senator). Where's the balance?

I would urge that everyone ask the senatorial candidates running for election how they plan on creating the much needed balance we need in Montpelier.

Dick Strifert

North Danville

Dear North Star,

It was just before 8 AM one March morning when Kitty called me to share that she was planning to run for State House Representative. "Oh, that's great," I responded, in a very groggy Saturday morning voice. Then she asked if I might be interested in helping with her campaign. "Think about it and get back to me," she said. I immediately sat down and made a list of reasons why I would support her and how I thought I could help her. Enthusiastically, I called back to say, "Count me in!" Meanwhile, I silently hoped this didn't mean she would be calling me every Saturday morning before eight o'clock.

The thing I always admired about Kitty was her fortitude. She showed strength and endurance on many an occasion when conditions were less than favorable. State meets in the pouring rain, caked with mud, blazing hot sun pounding the asphalt, or "scrapping it out" for four periods on the court, Kitty did what needed to be done for the team, conditions irrelevant.

What I really want to share is why I would choose Kitty to represent me in Montpelier. The list I made that Saturday morning in March included: Approachability, Education, Integrity, Dedication and Passion. Approachability is key. It's important for me to feel comfortable walking up to "my representative" and sharing my concerns. If I can not do this, the purpose of having a representative in the State House is lost. Having known Kitty for over four decades, I can definitely say she has always been consistently welcoming, interested and kind.

There are many sides to the education piece. I want my representative to be academically well rounded, knowledgeable about issues of concern and wise enough to listen to others in order to continue learning. After all, if someone running for office already has all the answers, what's the point? Kitty effortlessly displays the knack for engaging people and probing for a better understanding of their concerns.

I have served with Kitty on various church committees and have witnessed her straightforward approach to handling issues. I can also say that she considers these issues with great thought, compassion and a very sensible Vermont mind. If you know Kitty, you know she has what seems to be an endless supply of energy. And coupled with this energy is a passion for caring about Vermont, its people and its land. She was born in Vermont, educated in Vermont, and continues to display that she is invested in Vermont. There is no doubt in my mind that she would represent the towns of Cabot, Danville and Peacham with the utmost care.

Let me close by saying that I wholeheartedly stand beside Kitty in her race for the House.

I believe in Kitty's abilities to represent fairly, to genuinely care about our communities, to tackle the uncertain, and to do so with a human touch.

Mary L. Currier

Danville

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People & Places

My seventh continent

When Justin Lavelly asked me to do some travel columns I didn't see too much of a problem...except for periodically facing the always daunting blank white page, waiting for the inspiration to fill it with some memorable wording. I certainly have the material to draw from...in the form of a couple of dozen trip logs detailing the daily trivia of journeys to eighty countries on seven continents, mostly since retirement in 1989. But these logs are 12 to 20 pages long and Justin insists on compressing our ramblings to 1000 words, although he does accept "installments" on a tale that requires more verbiage in the telling. I guessed that I would be able to put together some condensations, emphasizing just the highlights of some of the adventures or drawing human interest stories from some of the incidents.

For a trial run of a "digest," we'll pick-and-choose entries from my Penguins on Parade back in the winter of 2004.

In December 1914, Sir Ernest Shackleton and a crew of 27 men set sail from South Georgia for the South Pole on board the *Endurance*. The object of the



Dick Boera, left, recounts the expedition of a daring explorer, as well as his own journey to Antarctica. Boera is a frequent traveler and a regular contributor.



expedition was to cross Antarctica overland. A month later, the ship was beset in the ice of the Weddell Sea just outside the Antarctic Circle, 'frozen like an almond in

Part I

Story by Dick Boera

the middle of a chocolate bar.' As the desolation of the eternal polar nights began, the temperature dropped to 31°F below zero. Ten months later, on 24 October 1915, the *Endurance* was being crushed by the ice floes and Shackleton gave the order to abandon ship. For seventeen months the crew, drifting on the ice pack and then on the stormiest seas on the globe, were castaways in this most savage region. Finally, Shackleton led six of his crew on an 850-mile journey in a twenty-two foot open lifeboat to find help."

Arriving on the southwest side of South Georgia Island over a month later, Sir Ernest



and two others crossed the formidable mountain range and descended to the whaling station at Stromness Bay. The next day

the whalers rescued the three men left behind on the island. After nearly three months of failed attempts to rescue the

other 22 castaways on Elephant Island, Shackleton appealed to the Chilean government for the use of an ancient sea-going tug. Five days later, on Aug. 30, 1916, the ship approached within several hundred yards of Cape Wild, the camp set up on Elephant Island 128 days earlier. "The (disbelieving) men ashore could see a boat being lowered. Four men got into it, followed by the sturdy, square-set figure they knew so well – Shackleton. A spontaneous cheer went up. In fact the excitement ashore was so intense that many men were actually giggling.

Within a few minutes the boat was near enough for Shackleton to be heard.

'Are you all right?' he shouted.

'All well,' they replied."

During that 21-month saga, "The Boss" had not lost a single man!

I first became interested in the Antarctic when, in 1935, a cousin gave me the autograph of Paul A. Siple, the Eagle Scout who had accompanied Commander Richard E. Byrd on his first expedition in 1928 and several subsequent journeys...and later became a renowned polar explorer/scientist himself. I read Byrd's books "Alone and Discovery," wrote to the admiral and received his inscription on a portrait etching. More recently, during a visit with friend Ray Russell, I noted that he was reading a copy of "Endurance," Alfred Lansing's account of Shackleton's incredible voyage (from which the excerpt above is quoted). Frank

Continued on Page 18

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Up on the Farm Early

Lorna Quimby



I see by the paper that some soul employed by the state came up with the idea of helping income-challenged people stretch their food dollars by showing them how to can locally grown vegetables and fruit.

In schools not too long ago, young people learned to cook, can and sew. Alice Blair taught at Peacham Academy when the home economic students prepared lunches for the entire school. Among other things, they learned to can surplus vegetables and made pickles and relishes. When my sister Mimi was an assistant teacher at Morrisville's Peoples Academy, the pupils learned how to cook, can and freeze. Late years, however, the principal felt girls' learning to cook gave a sexist image of their role in society.

In the late 70s, our daughter Laura had a "Life Skills" course at Blue Mountain Union school that presented budgeting, child care and other skills. Some of students felt what they learned in class had little to do with anything in their lives—no practical experience such as Alice Blair's students had gained.

Gar and Maw—and Gar especially—knew how to make the most of whatever grew in the garden. They didn't have to have someone from Montpelier with a degree in whatever to show them how, either.

When I went down cellar with Gar to get salt pork from the crock, I stared at the jar-filled shelves. By August, Gar had canned peas and string beans. Two-quart jars were colorful with small, bright orange, pickled carrots. Yet to come would be the jars of shelled bean, succotash and corn, the pickles—sour sours, sweet ripe cucumbers. Gar canned raspberries, blackberries and blueberries for "sass" or pies. (Canned strawberries were not a success.)

Maw also canned and pickled. One of our chores was to go down cellar and bring up a jar of whatever

Maw wanted. The jars were placed on a wooden platform that rested on logs. At one time there had been a hanging shelf. After the shelf crashed to the cellar floor breaking all the jars, Dad made the platform.

Maw put some jars in a screened-in cupboard that stood in the cellar way. Here, safe from mice, she stored jellies and some of her pickles. Her small beet pickles, packed in quart jars, spiced many a supper of warmed up potatoes and, added to Maw's potato salad in summer, made it a beautiful pink as well as adding tartness. Here, also, she stored her ripe cucumber pickles.

I just barely remember her canned plums, for the plum trees froze one hard winter. Maw dried apples, but she canned peaches. Dad would bring home a bushel of peaches from Bert's store in South Peacham. Maw and the girls would fill quarts jars and process them in a boiling water bath. Maw's blue enamelware canner sat on the stove all year long, heating water for washing, dishes and baths. In canning season, it would be moved to the front of the range, a rack inserted, and filled with jars for processing. Maw had another canner, smaller, aluminum, with an escape valve in the lid that jiggled when the water in the canner boiled. During the summer, its shrill rattle was a familiar sound.

I learned to can, hands-on, doing peaches. Maw or one of the big girls showed me how to dip the peaches in boiling water, then in cold water and slip off the skins. Next I halved the peach and took out the stone. One stone went at the bottom of each jar. Then I layered the halves until the jar was full. Someone else filled the jar with boiling syrup, put on the lid and popped the jar in the canner. I enjoyed filling the first jar, for someone was there to make sure I did everything correctly. The next jar and the next were not so much

fun. Whoever she went off in the other room. I could hear voices rise and fall. They were having fun, while I was stuck doing peaches. Not even the sight of the finished jars nor Dad's admiring them quite made up for the lonely feeling.

Both Gar and Maw canned beef. After butchering time in late fall, Maw had bits and pieces of meat. Dad was not a skillful butcher. He cut what he thought would be good roasts and steaks. Some of the meat might be ground for hamburger, but just for immediate consumption. There was no refrigeration and no freezers. So Maw had a lot of meat to can for when the weather got warm. Some went into mince meat, which Maw canned by the quart for pies. The rest she packed in quart jars, covered with broth and processed. When she wanted a quick and easy dinner, she thickened the broth and warmed up the meat. The taste was delicious and the meat was the tenderest I remember.

Dick and I were given two pres-

sure cookers as wedding presents. We have a small lot but we've had a garden from our first summer. Jim plowed a plot for us and we worked in it off and on after work. I canned the surplus produce. Later we bought a pressure canner. Our girls remember vividly shelling peas and cutting up string beans. When we bought a freezer, we froze the peas.

One thing Mother Quimby gave us the year we married were quarts of chicken she had canned. The Quimbys raised chickens. When they culled the flock or when the layers got "by", they had chickens to take care of. Before we had freezers, Mother Q cut up the chicken, put pieces in quart jars, poured broth over and processed the chicken. We still talk about the flavor of Mother Q's canned chicken. These were fowls that had been well fed, led a good life and, when they went to the great hen house in the sky, left a tasty reminder to those of us fortunate to eat their meat. I could come home from

work, open a jar of chicken, throw on some biscuits and have dinner on the table in no time.

My family was not unique. During the Depression, most women in our area canned. There is a WPA photograph of a woman proudly pointing to shelves filled with the jars of fruits and vegetables she had canned. Of course she was proud and she had a right to be! Everything in those jars has been raised and picked by her or her family. Her family would enjoy the fruits of her labors all the coming winter and spring. Their diet would be much improved by her nutritious meals.

A small garden plot, whether it's in your back yard or is a community affair, yields rewards beyond stretching dollars. Freshly picked, quickly canned or frozen vegetables have a quality and a flavor that commercial goods do not. When you look at the jars of food on your shelves or the packages filling your freezer, you know you've accomplished something!

Reflections

Take a look around

By Van Parker

Back in the late 50s and early 60s, my brother Scudder used to enjoy taking visitors for a walk around the property in North Danville. They were often from either Hardwick or Newport and usually members of churches he served in those two towns.

Inviting curious visitors to "take a look around" became a sort of ritual.

Our property of 12 acres is miniscule compared to the 800 acres that now constitutes the farm run by my nephew, Steve.

"Looking around" for us pretty much consisted of looking at the flower and vegetable gardens and at the field adjoining our home. In the fall, it means viewing the changing colors across the road

and on either side of the house.

This year, the flowers did well and I give my wife all the credit for that. The vegetables were a decidedly mixed bag, not much to brag about. But the blueberries were abundant. There were so many that some of the branches were dragging on the ground.

Even now, in September, we might well harvest a few more pints until frost ends the season. Surprisingly, our two plum trees also decided to do their thing and are giving us quite a few plums, more than we can eat or give away.

Looking around seems to be mostly a matter of paying attention to our surroundings. I have a

friend who has made a hobby of taking pictures of barns. When he and his wife came to visit us, he took advantage of a beautiful late summer day to go out and take some barn pictures. He's already done a DVD on barns in a Connecticut town, complete with music. When you see not only a barn but also the time it was built and the people that built it, the music just seems to fit in.

Back in 1893, Katharine Lee Bates, who taught at Wellesley College, went to the top of Pike's Peak. She looked around at the amazing view, plains to the east, the Rocky Mountains to the west. Later she set down what she felt in the lyrics we know as "America

Continued on Page 18



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\$ Follow the Money
by Rachel Siegel

Too Big to Fail

It turns out it wasn't just about reckless lenders taking advantage of low rates and lax oversight, nor was it just about greedy borrowers looking to play at capitalism by flipping houses so obviously artificially bloated in value, nor was it just pathetically ignorant borrowers duped into monthly payments they could never hope to afford.

It turns out that our "credit crunch" and its rapacious misjudgments permeated a broad spectrum of financial institutions and investors. Chances are, there are more revelations yet to come. Lehman Brothers, one of our oldest investment banks, is teetering (and probably no longer, by the time this goes to press). Countrywide Financial, once our largest mortgage company, has been swallowed up. Heads have rolled at Washington Mutual, once our largest thrift, Merrill Lynch, and Citibank as they struggle to stay afloat.

In the wake of the Great

Depression, economist Joseph Schumpeter coined the term "creative destruction" to describe the fertility of failure, as it forces the redirection or reallocation of resources to a better and more valuable use. That seems efficient and acceptable until failure threatens to go global and shake the stability of the markets, and then, we seem to feel, there is just too much at stake. As much as freer markets are our professed belief, we sometimes provide government relief.

Six months ago, the U.S. Treasury and the Federal Reserve organized the purchase of Bear Stearns, the investment bank stuck with real estate related investments gone sour, by guaranteeing financing – and a palatable price – to JP Morgan, the investment bank that could still manage to buy it. In early September, they stepped in again to salvage Fannie Mae and Freddie Mac, two "independent" government agencies that existed to traffic the risk of mortgage credit. By doing so, the federal government has taken responsi-

bility for financing half the mortgages in the U.S.

So far, the government's role has been to secure enough capital to insure that a company's bondholders will be protected, but not its shareholders. This follows a basic tenet of corporate structure, that is, that equity is riskier than debt: that shareholders, having a defined if distant say in the running of the company, bear more of its risk than lenders, whose contribution is finite and prescribed. Saving the lenders but not the shareholders also gives credence to the government's rationale that it is not protecting individual investments, but rather the integrity of the markets themselves by guaranteeing credit, not return.

This market salvation strategy is nothing new. The U.S. government created Amtrak when passenger railroads failed. It kept Chrysler going a generation ago – and just this week Ford and GM, now hanging on by a thread, were in Washington lobbying for billions. In the early 1980s, the government spent billions guaranteeing banks during the savings and loan crisis. Ten years ago the Fed strong-armed the life support of a hedge fund, Long Term Capital Management. Etcetera.

...we have taken on ventures only after they have failed so profoundly as to be a threat not only to themselves but also to the larger markets.

The Federal Reserve itself was in no small part created to give the federal government the role of lender of last resort, in order to establish the role reliably. In the early 20th century, there was a growing belief that private equity capital had too much power and discretion in its supporting role, and that government support, through the policies of its central bank, would be more predictable. That predictability would stabilize expectations and subdue speculation when failure seemed imminent, and in turn stabilize the capital markets.

It has, but the government has also exercised discretion. Those who are saved are considered "too big to fail," or at least,

too connected, too integral to the markets, to be left to their own devices. In some economies, governments own some or all of the profitable productive assets, such as oil. In some economies, governments take over productive assets after they have proven to be profitable.

In the U.S., we have taken on ventures only after they have failed so profoundly as to be a threat not only to themselves but also to the larger markets.

Alan Greenspan referred to this recently as "socializing losses and privatizing profits" and it is obviously at play now in the financial sector. What is not clear is how much longer we should be willing – or able, with our growing entitlements and reluctance to raise taxes – to do so. Let's hope that the U.S. itself is too big to fail.

Rachel S. Siegel, CFA, consults on investment portfolio performance and strategy, and on accounting and tax dilemmas. She has an MBA from Yale; she is a professor in the business administration department at Lyndon State College. "Follow the Money" has been a regular feature in the Northstar since July 2001.

JOHN HALL

For Vermont State Senator

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– Vermont Governor Jim Douglas

Family values

John and his wife Jo are natives of the Northeast Kingdom. They have lived, worked and raised their family here. An active member of the community John has served on several public boards and generously supports community causes.

Putting public service ahead of politics

John Hall successfully chaired the House Education Committee as a second-term Vermont Legislator. In 25 years of public service at the town, state and national level, John Hall has worked effectively with Governors, Legislators and Town Officials from all over Vermont, without letting party or politics get in the way. He'll do the same as your State Senator. We need to end partisan bickering. Lets use our time and energy addressing the problems facing Vermonters.

It's a matter of public record

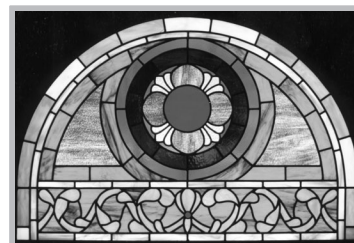
As Town Manager of St. Johnsbury, John effectively managed a \$6 million budget and 60 Town employees. From 2003 - 2008 he served in Governor Douglas's administration as Commissioner of Housing and Community Development, helping bring millions of dollars to the Northeast Kingdom and Orange county for housing, job and community improvements.

Private sector experience

John manages and owns a successful auto parts store in St. Johnsbury. He served on the board of directors of his local bank and is an active member of the economic development fund. He takes pride in contributing to the local economy and providing good jobs and knows first hand the challenges small businesses face.

VOTE JOHN HALL FOR VERMONT STATE SENATOR

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Harvest

Continued from Page 1

there was not a good red eating apple among them.

Yet to me they were objects of both fascination and love, just as my grandparents were, seeming unbelievably ancient and yet still covered with blooms each spring, and heavy with fruit in the fall. The hollow frames of the trees, their twisted limbs, spoke eloquently of great, almost mythic blizzards and hurricanes and lightning strikes that could send shivers down my spine.

And they spoke of more. There were trees deep in the woods which would bloom unseen by humans, except sometimes me, and spoke of times mostly forgotten, a time of cow pastures and hay stacks and a life quite different from the one that was coming for them now, coming for them with bulldozers. They spent their final years in solitude, feeding the deer, feeding me.

Those trees that had managed to survive the bulldozers

were often cut down by the new land owners as the rootless suburbs spread. They were deemed too old, useless and disease ridden by the ambitious newcomers. Yet there is such a precious beauty that comes with age in both trees and men. Likewise, these trees feed the spirit with their small gnarled fruits and they may well take another hundred years to die if left on their own, gracefully going down first on one knee, and then the other, to finally meet the earth. And when a few succumbed on our place, losing a limb to ice or wind, or uprooting entirely, the wood went to the hearth for one last celebration. Nothing is better than apple wood.

And so it was, when I came to Vermont in 1973, one of the first things I did was plant apple trees. I planted five Russets when I was just short of my own thirtieth year, with hopes of making cider in another decade or so. I have planted a few more of various varieties almost every year since, yet ten years after that initial planting both my grandparents were gone, and still no apples here. Twenty years passed, and my trees had

... a time of cow pastures and hay stacks and a life quite different from the one that was coming for them now, coming for them with bulldozers.

increased greatly in girth, much as I had, and they were bearing fruit, much as I was, but there was still not enough for the sweet pressing I longed for. Still, each spring, I had my communion with them climbing up into the crown with my pruning saw, just as I had climbed as a child, trying to get a sense of

their treeness, and in October I would harvest what I could, store a bushel or two in the basement, and await the next season.

Of the five Russets I planted my first year here only one survives. All the others fell victim to my own careless youth but that one which I had transplanted to grow above the grave of a beloved Newfoundland dog a few years later.

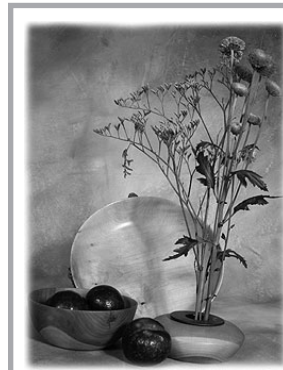
Now it is positively huge with a girth of forty-seven inches and great, pendulous limbs. I'll get several bushels from it, and so will the deer, but they do not get quite the same joy of harvest on crisp, clear autumn days.

I work harder than they do too, with over a dozen trees bearing fruit, and then there is the sorting on the porch, deciding which to press now, which to store, and which to give back

to the deer, blending Russets with Cortlands, the royal Regent, and the lovely Glover Goldie. I hope to add the spice of a Bullock, the must of Minnesota 1734, Jordan Russet and Hadlock Reinette soon.

Finally the thick, sweet juice pours forth, made not from the culls and drops and third rate fruit of today's commercial varieties, but from the breeds selected centuries ago for cider. It is so rich with pectin, tannins and sugars that I've not yet bothered to let it ferment. Most of it goes in the freezer to be served up on special occasions.

It is a sweet harvest in every sense, a distillation of my own past as well as the fruit, the essence of soil, sunshine, labor and love. I toast the season, and all that it brings, warm days, cold nights, bright colors and this.



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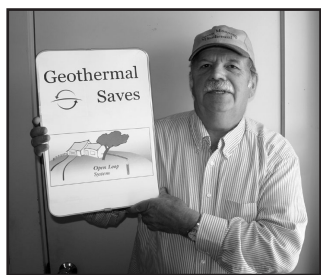
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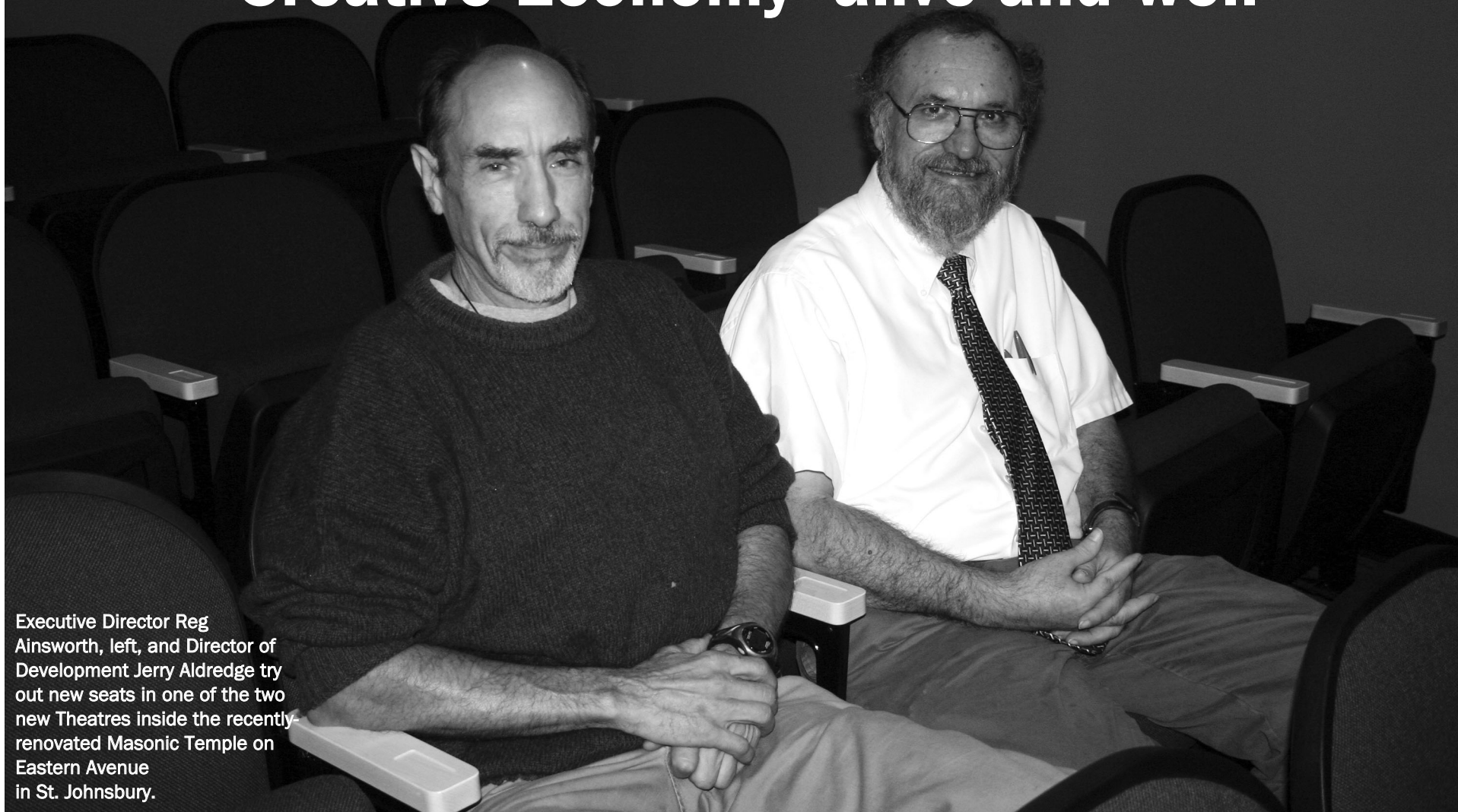
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State of the Art

'Creative Economy' alive and well



Executive Director Reg Ainsworth, left, and Director of Development Jerry Aldredge try out new seats in one of the two new Theatres inside the recently renovated Masonic Temple on Eastern Avenue in St. Johnsbury.

Jerry Aldredge heard, on more than one occasion, people didn't like driving Eastern Avenue in St. Johnsbury and seeing the lights off inside the Masonic Temple. Declining membership and rising maintenance costs made it difficult for the Masons to fully use their landmark building. On Oct. 5, Aldredge and Reg Ainsworth, of Catamount Arts, will turn the lights back on for good.

Catamount Arts, a nonprofit art and cultural center, is finishing up a \$1.3 million overhaul to the Masonic Temple, which will serve as the organization's new, state of the art home. Catamount will move from its 139 Eastern Ave. location, where the organization has operated for the past 23 years, next door to the renovated temple.

The temple was built in 1912 for \$35,000 by Freemasons, the oldest and largest world wide fraternity dedicated to the brotherhood of man under the fatherhood of a supreme being. When the structure opened, it was the largest Masonic Temple in New England and the first in the Northeast Kingdom. Twenty thousand people gathered in St. Johnsbury for the grand opening nearly 100 years ago.

According to Aldredge, St. Johnsbury had around 700 active masons through the 1960s. Since then, membership has steadily declined to about 40 in 2005. As maintenance and heating costs rose, the Masons went looking for a nonprofit partner to help take care of the enormous stone building.

"They didn't want to sell the building," said Aldredge. They were looking for an ideal partner that could use the basement and street levels, leaving the third level for the Masons. After some searching, Catamount and the Masons reached an agreement that turned the space over to Catamount for free, though

Photos and Story
By Justin Lavelly

the organization was responsible for raising the funds for renovation.

Raising a \$1.3 million by soliciting businesses and organizing a public capital campaign is a difficult task, but Aldredge said Catamount was helped through a consortium of local banks led by Passumpsic Savings Bank. Other local banks, such as Union, Community National, and Lyndon (now part of Community National) joined the Vermont Community Loan Fund.

"They loaned us the money without any collateral," he said.

To date, Aldredge said the organization's fundraising efforts have produced \$650,000 towards repaying the loan.

"This project was great for two reasons," said Aldredge, "It created a state of the art, community art center and it stabilized the Masons."

Catamount over the last 10 years, according to Aldredge, has pumped \$250,000 into the local economy through salaries and the purchase of goods and services. According to a formula from Americans for the Arts Association, the organization produces another \$500,000 of revenue for other local businesses. The new facility is projected to pump \$1.25 million into the economy next year.

"Just as the town manager says: after 6 p.m., Eastern Avenue belongs to Catamount Arts," said Aldredge. "This helps promote a positive community image to help economic growth. It encourages the growth of the creative economy, which is beginning to work."

The creative economy is a relatively new term to describe the region's break from traditional economic growth in the manufacturing and large commercial development. A creative economy emphasizes small specialty shops, services and tourist-driven small businesses.

The former home of Catamount was built in 1936 and for many years served as St. Johnsbury's Post Office before the new building was constructed on Main Street in 1963. Soon after the move, the building was purchased by the Caledonian Record and eventually leased to Catamount in 1985, after extensive renovations.

Catamount Arts was founded in 1975 with a mission of enhancing the cultural climate of northern Vermont and New



Designers aimed to maintain the historic characteristics of the building, including exposed brick walls and columns throughout the interior.



One projector room serves two state of the art theatres.

Hampshire through the integration of the arts into community life through a diversified schedule of film, music, theater, dance, and the visual arts. The driving force behind the project was Jay Craven, a local filmmaker who has spent decades bringing the arts to the Northeast Kingdom. The organization began by showing 16-millimeter film classics in church basements and school auditoriums and eventually brought national figures like Spalding Gray and the San Francisco Mime Troupe to the region, according to an article in the New York Times

Craven eventually left Catamount Arts to start Kingdom County Productions.

The former site opened with a 100-seat film theater, galleries, instructional space and offices and has evolved into the focal point for the arts in the area.

Aldredge pointed out that the success of Catamount led to the organization outgrowing its long time home.

On the street level, the new facility offers two movie theaters, totaling 150 seats, with state-of-the-art digital sound and projection systems, home to the Catamount Film Series, which offers nightly screenings of over 50 regional premieres a year along with several special mini-series and programs devoted

to Vermont filmmakers. The Video Library contains over 3800 rental units with titles ranging from the classics - both foreign and domestic - to contemporary works and documentaries covering a wide range of subjects.

The new equipment is also set up to stream major performances, which can be everything from the Metropolitan Opera to Boston Red Sox games, from the Internet. A "Fireplace Room" was opened off the main lobby with couches, chairs, wireless Internet, coffee bar and a 52-inch plasma television broadcasting the European Art Network.

Local artists are supported through exhibits in the gallery - now the largest in the Northeast Kingdom.

The original woodwork in the building was preserved and restored, including the original hardwood floors that

were discovered under linoleum.

The basement level, complete with exposed brick columns and load bearing walls, was renovated for office space, prep kitchen and a separate, 100-seat live performance space called the Catamount Cabaret. To the surprise of many involved with the project, the basement ceiling included a series of 18-inch wooden beams every 18 inches, which is overkill by today's standards. A new elevator made the entire building accessible for those with disabilities. The basement level has an interesting history of its own, according to Aldredge. When the renovation project started, the space was filled with the remnants of an old pool hall. He also recalled when the space was used as an old ten-pin bowling alley and a

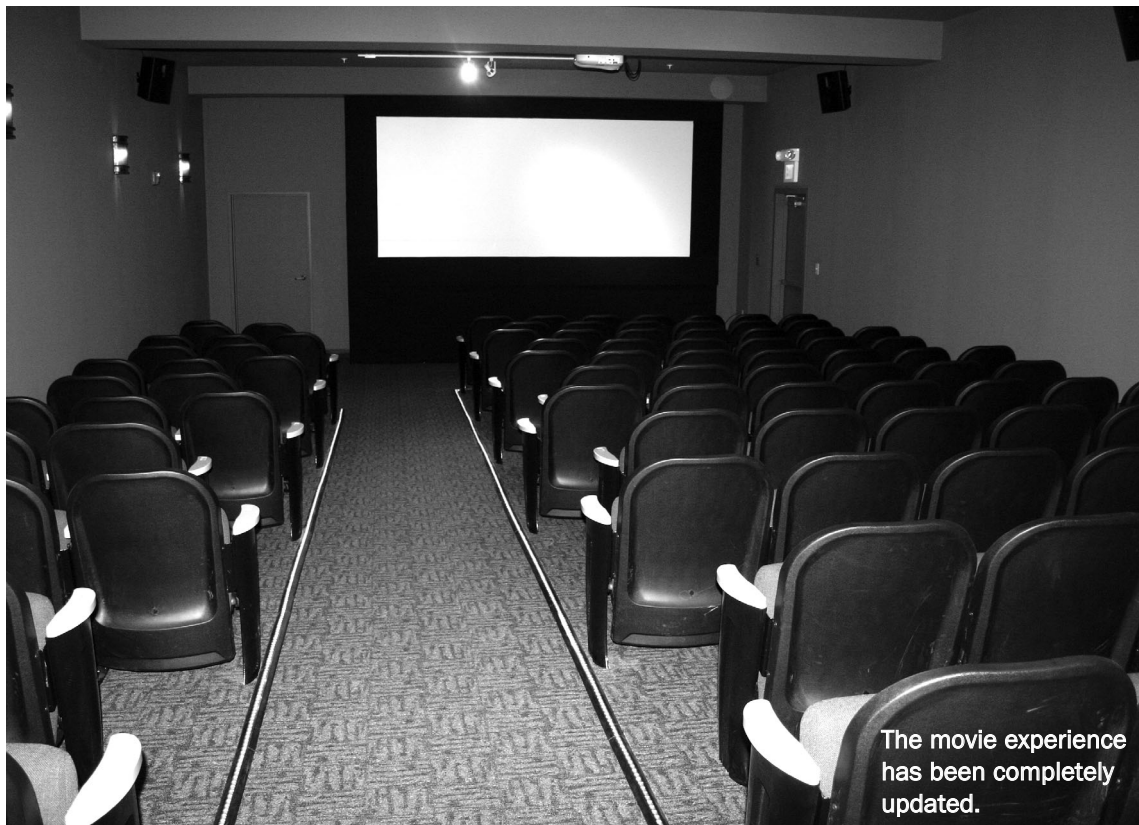
large model train track. Both of those facts don't compare to the response Aldredge received from an inspector admiring the concrete floor. He said it was the only concrete floor, new or old, that he had ever seen without a single crack.

To go along with the new additions, Catamount maintained some familiar items and services, like the 4,500-title rental library and the old, wooden box office counter.

"The rental service was really popular and people always commented on the character of that counter," said Aldredge.

Out of the \$1.3 million set aside for the project, nearly \$100,000 was used to remove asbestos, which was in the paint and tiles.

Roo Mold, head of St. Johnsbury Academy's building trades program, served as project manager and used his students for a major portion of the work. The rest of the work was either contracted out or completed by local inmates serving in the St. Johnsbury Work Camp. The Catamount Art Center is open from 1 p.m. to 6 p.m. Monday through Friday.



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Craftsmen Series

Montague conveys technological literacy

Story & Photo

By Bennet H. Leon

Surrounded by spinning tops on the dining room table, Richard Montague explains how the smallest differences in density of a piece of wood can throw off the tops' balance. With his shirt sleeves rolled up and an expression of concentration beneath his full beard, he releases the wheels of a Japanese Chasing Top that circle around its base. Montague, 68, has delicately shaped and polished each of these pieces on a wood lathe.

He has been turning wood since the sixth grade and has taught turning techniques for more than 50 years going back to summer camp as a teenager.

"What's really fun is to teach other people about it," remarks Montague in his deep, even voice. "The satisfaction of passing things along, getting people who are having trouble with it; in some cases I've worked with professional people who just need to be able to do something that they can't quite do and [I] help them figure that out. In order to teach something well, I think you need to understand it pretty thoroughly and I enjoy that."

For many years, Montague was an Industrial Arts teacher at the Blue Mountain Union School in Wells River, familiarizing students with skills in woodworking, metalworking, and most importantly: problem solving. Also an administrator, he helped develop Vermont's technological education curriculum for children from kindergarten through high school. Well rounded in many ways, Montague specializes in wood turning. For many years he has demonstrated a traditional method of wood turning at the Festival of Traditional Crafts, held the third weekend of September at the Fairbanks Museum in St. Johnsbury.

Wood turning is a process of carving a piece of wood as it spins on a machine called a lathe. Wooden bowls, spindles for furniture legs, and balusters are common pieces that are created on a lathe. Although today most lathes are operated by an electric motor, a spring pole lathe utilizes human power. To use this machine, a craftsman would step on a pedal, pulling a cord wrapped around the wood. The other end of the cord was tied to the end of a bent pole planted in the ground. When the pedal was released the pole would straighten, spinning the wood in the opposite direction. The craftsman would carve the piece as he operated the pedal.

"This pole lathe that I have gets the job done really well; it's not at all slow," says Montague. "Somebody who's really skilled and spends a lot of time with it can do the simple work that it will do almost as fast or faster than someone working with a modern lathe; not as fast as a computerized, mass



Richard Montague working with a student.

production machine will do it, but in its day it was quite an advance over the [other lathes] that were available."

Spectators are often impressed by what someone working this lathe can accomplish and often give it a try themselves.

"One of the great things about this traditional craft day [at the Fairbanks Museum] is that it gives kids a chance to come in and see the old ways of doing things; but gets them to also try a lot of the things that people have there and see how ingenious folks were with relatively simple, non-computerized, non-electric equipment to get the job done."

Finishing a job quickly is important to wood turners in production who must be efficient. Then there are those who enjoy the precision of putting thousands of pieces of wood together for elaborate segmented turning. "Some people just want to put the wood on the lathe and they say, 'Well, I'm just gonna let the wood talk to me and make whatever comes out!'" says Montague.

His parents were living in North Bennington when Montague was born. The family moved around the state because his father was a superintendent of schools. Eventually he went to the University of Vermont and Keene State College to become an Industrial Arts teacher. While he was working in Derby he met and married his wife, Martha.

"She was a navy nurse," he remembers, which took them to Virginia. "I taught an Industrial Arts program in Chesapeake, Virginia and she was in a big naval hospital there in Norfolk. She put in for Alaska, so we ended up going to Alaska for a year." After living in Alaska, they moved back to Virginia where he finished his Masters Degree in administration. They returned to Vermont in 1970, and built their house in Groton overlooking the falls of a stream.

Montague was hired at the Blue Mountain Union School to teach technological education, or tech ed., and to be assistant principal, while Mrs. Montague was hired as a school nurse.

"I tend to be an administrator. I think that as an administrator, you have more control over what is going on. They had an expression when I got my Masters that you are a "change agent." I think principals still do set the tone for a building, you know, set the learning atmosphere," Montague reflects.

"My philosophy was that schools ought to be run for what's good for kids, not for the convenience of the administration and the bureaucracy," he says. "I guess I had in mind that I could do that."

Montague involved himself in New England and Vermont education associations, including the Vermont Framework. He worked on the science and technology curriculum that intended to outline what needed to be taught to children from kindergarten through advanced placement courses in high school. "This was a great idea and well financed, but like most bureaucracies with new administration or new Commissioner of Education with new ideas, it's been put on a shelf somewhere."

"Technology is a piece of every curriculum. Somebody I consider [who] would be a good model for the way I like to do things would be Leonardo da Vinci, who...had a broad area of interest in all kinds of things which then combine, I think in good ways, to make happen the things he did."

Not unlike the artist and inventor of the Renaissance, Montague has been driven by his curiosity. "There's never an end if you like learning. Our society tends to get into instant gratification...but one of the things that's really satisfying about [wood] turning is that you can learn to be good at doing some things, but there's always something new to do."

Letters from the Past

When writing was a necessity and an art

Lynn A Bonfield



Peacham farmer, Uriah W. Miner (1808-60), penned a letter in the fall of 1845 to his sister, Betsey (1814-37), and her husband, Lyman Lee (1812-81), who had moved to Foxcroft, Maine. The cost of mailing this letter was set by the new rate, which began the first of July. Since the distance was less than three hundred miles, Uriah paid only five cents. Had it been a greater distance, the rate would have increased to ten cents.

Uriah bragged about his seventy-five bushels of apples, a crop he cultivated so well that he often received the premium at the Caledonia County Agricultural Fair. Writing on the one-year anniversary of the trip he and his wife made to visit the Lees, Uriah wished they would make a return trip but made no promises. A strong believer in education, he urged them to teach "by precept and example" their children, whom he called "little responsibilities." So strong was his commitment to education that later in the year he joined with other county men to form the Society for the Improvement of Common Schools, and at his death in 1860, he held the title of Superintendent of Common Schools in Peacham.

Next Uriah turned his attention to local matters, reminding his relatives in a teasing manner that he had sent them a packet of Caledonians "to correct your politics," no doubt a subject they discussed frequently when the country was debating tariff protection and the expansion of slavery. Uriah's caustic remark about Danville may have referred to the recent election and need for Danville to cast twelve ballots before voting Whig by a slim margin at three o'clock in the morn-

ing.

Returning to family activities, he caught them up on the Miner sisters, Lydia (born 1806), and husband Hiram Kelsay, and Olive (born 1812) and husband Orville Robinson, and Lyman's brother, Harvey Lee (born 1819), describing only the men's work.

The last bit of local news Uriah included concerned the railroad, which had been proposed to run to Wells River. Transportation had been a subject of interest to Vermont farmers from the beginning of settlement as they sought ways to get to market what they had to sell and to bring home what they had to buy. Efforts to meet this problem had been made by means of river navigation, canals, stages, and turnpikes, well described in Frederic Wells' History of Barnet (1923). The railroad seemed to be the next solution. Uriah had to add some wit to the letter, pointing out that building the railroad on the Maine coast would be "a cold Sucker."

Fifteen years after writing this letter, Uriah died in a freak accident at age fifty-two. He was taking down a building on his property, probably part of the house that had been earlier struck by lightning, when he fell some twenty feet, fracturing his skull. His obituary in The Caledonian (6/15/1860) called him "an active, outspoken man, who had an opinion of his own upon all subjects that came up, and expressed that opinion frankly and decidedly." Maybe thinking that was too harsh, the editor added: "He was always upon the right side of questions of order and morality. His loss is deeply felt by all who knew him." The loss extended to fourteen-year-old Alice Watts who



In the nineteenth century, shocks of corn setting upright in the field was a common farm scene in the fall. Courtesy of the Peacham Historical Association, Bickford Photograph Album.

noted Uriah Miner's death in her 1860 diary, the only non-family death she recorded.

Oct. 11, 1845

Dear Brother and Sister,

I have got to be so abominably negligent and forgetful that I thought your letter was answered long ago, as it should have been, but to atone for the past I will make a good Warner Martin promise to do better for the future. It is a very healthy time in this vicinity and has been since you were here, the weather has been very mild since Oct. came in. Crops all secured. Everybody's potatoes more or less injured but few rotten but a great many diseased, some say half ruined - some 1/2 and some

1/10. We had 200 bush. about 1/6 damaged worth 1/2 price at any rate to feed out immediately. Had about 75 bush. apples, 10 corn, 40 wheat 150 oats. Sold 400 [lbs] butter at 15 [cts]—might have had a shilling on 18 if I had not sold so soon, sold my oxen for \$65, 3 yearlings for 16 1/2. My wool 110 lbs for 30 cts—last year 35. From my little sales I have been able to stop some of my interest.

It is a few days over a year since we left your place. we had on the whole a very pleasant journey and have never begrudged the time or money. Should like first rate to go over the same ground again this fall with the exception of about 2 days. I want to see my little Whig, Levina [born 1834],

and those other little responsibilities. I suppose they are all growing in knowledge and stature. Instruct them in Wisdom's ways, teach them by precept and example. I should like to be where I could step in and see you occasionally, and talk matters over.

Whenever I can get time I do up a packet of Caledonians and forward them to you to correct your politics and give you the news in this vicinity. You perceive that Vt. has gone Whig as usual, and that Old Caledonia is right once more. We were all somewhat surprised at the result of the Election in Danville. There is probably a breach made there that will not be healed very soon.

Continued on Page 33

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strengthen Vermont's
economy and to fight to
lower taxes for hard working families."*

— Vermont Governor Jim Douglas



Linda, a life long resident of North Danville, graduated from Danville High School, attended Mary Fletcher Hospital School of Nursing, worked for NVRH for twenty years and is presently a leader and former Vice President of Partylite Gifts. Linda married Roy Vance and is the mother of six sons. Past President of Danville Chamber, participant in and fund raiser for A.L.S. at Mass. General Hospital and D.H.M.C., Member of North Danville American Baptist Church, Danville Town Republican Com. Order of Eastern Star, C.V.M.O. officer and fundraiser.

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Jennifer Kennedy sits in a Malawi classroom back in June.

She dreamed of Africa and now she's headed back

Local girl helps improve Malawi schools

Stepping off a plane almost ten years ago in Africa, St. Johnsbury

native Jennifer Kennedy caught the distinctive scent of the world's largest continent. The smell, still fresh in Kennedy's mind, was a contrast of smoke and heat competing with the intoxicating scent of nearby wildflowers. It's a smell that Kennedy misses whenever she is away from Africa.

Kennedy made her first trip to the Republic of Malawi, Africa, as a member of the Peace Corps shortly after graduating from Colby College in Waterville, Maine, with a degree in international studies. After two years in Malawi, Kennedy returned home and went to work as a project coordinator for the Education Development Center (EDC), a Washington, D.C.-based nonprofit that improves educational opportunities for students around the world. Kennedy also has a master's degree from University of Denver in International Development with concentrations in human rights and global health.

The Republic of Malawi is in southern Africa, bordered by Zambia to the northwest, Tanzania to the northeast and Mozambique, which surrounds it on the east, south and west and is separated from Malawi by Lake Malawi. Malawi is a densely populated country, roughly the size of Pennsylvania, with a democratically-elected, presidential system of government.

Since the day she came back from the Peace Corps, Kennedy has wanted to return to Africa. Last month, she got her wish when the EDC initiated a new project and sent her back to help teachers and students in Malawi with subjects like mathematics and English. Kennedy's past experience in the region was a factor in the decision.

Story by Justin Lavelly

Photos submitted by Jennifer Kennedy

Once there, Kennedy will use an interactive radio

instruction program to help improve the country's education system. With the help of 10,000 wind-up radios, the audio lessons are based on the existing Malawi curriculum.

According to the EDC, Malawi primary schools face issues of large classes, high repetition rates and teachers who resort to lectures and other marginally effective rote learning techniques to teach crowded classrooms. Kennedy says the more teachers know, the higher the grades they teach.

At a time when United States foreign policy and its overseas activities are not popular in many foreign countries, Kennedy says the Africans she knows support her mission.

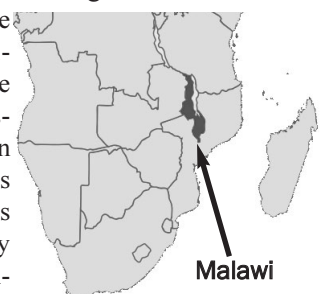
"Everyone's happy for the most part," she says. "They love Americans." Kennedy was interviewed at the North Star's office on Hill Street before starting her journey. She was accompanied by her mother, Liz Farr of Danville. Jennifer's father, Jim, owns Kennedy Jeweler's in St. Johnsbury.

The affection for Americans came in handy when Kennedy's bus broke down in a remote section of the country and an elderly native woman walked "out of the bush" with sweet potatoes for everyone to eat. The visual was clearly a memorable one for Kennedy: "She was like this little, old angel coming out of nowhere."

Kennedy's time in the volatile continent of Africa has not been without incident, though she quickly points out that "Malawi seems to be one of the few countries in Africa that hasn't had a civil war." She believes this is due to the lack of valuable resources to fight over, such as diamonds or oil.

While traveling around the continent, Kennedy has seen signs of danger, while not exactly avoiding it with her activities.

During bus rides, she says she often saw the remnants of fighting, such as overturned tanks and marked mine fields. Those situations pale in comparison to her daring extracurricular activities, like her bungee jump off Victoria Falls in Zambia or swimming with great white sharks in South Africa.



Kennedy visiting a school and some members of the faculty.

Victoria Falls is situated on the Zambezi River between the countries of Zambia and Zimbabwe. The waterfall is, by some measures, the largest in the world, as well as among the most unusual in form with arguably the most diverse and easily seen wildlife of any major waterfall site.

Her scuba diving trip in Cape Town, South Africa, was an eye opening experience, according to Kennedy, who watched her guides "lure" the sharks in with the silhouette of a seal which, alarmingly, resembled that of a human. She was protected by a cage.

Her mother's reaction was predictable: "I told her next time she did something like that to tell me after she had already gone. I don't want to know about it before hand."

The daredevil Kennedy also spent three months backpacking around Europe and Asia simply because she "always wanted to do it." Her flare for international studies began at St. Johnsbury Academy, where she took Japanese and dreamed of one day traveling the globe. Her family often hosted foreign students and Kennedy easily connected with them. Her Peace Corps stint in Africa led to her deep affection for the continent and its struggling inhabitants.

"It's unbelievable to think some of these people risk their lives to get clean water," she says.

Clean water can be an important issue, to which Kennedy's numerous bouts with an intestinal parasite called *Giardia lamblia* will attest.

The area of Africa now known as Malawi was almost completely unpopulated before waves of immigrants began entering the area from the north around the 10th century. Although most continued south, some stayed as permanent settlers, founding tribes based on common ancestry.

Malawi was originally known as Nyasaland under the rule of the British. In 1964, Nyasaland became independent from British rule and renamed itself, Malawi.

Malawi's climate is hot in the low-lying areas in the south of the country and temperate in the northern highlands. The altitude moderates what would be an otherwise equatorial climate.

Between November and April the temperature is warm with equatorial rains and thunderstorms, with the storms reaching their peak severity in late March. After March, the rainfall rapidly diminishes, and from May to September wet mists float from the highlands into the plateaus, with almost no rainfall during those months.

Malawi has a population of almost 14 million, according to 2008 estimates. Infant mortality rates are high, and life expectancy at birth is 43.45 years.

Kennedy marveled at the differences between her home in the United States and her job in Africa.

"Here, I was struggling with roommates to afford a basement apartment in Washington, D.C.," she says. "When I go back to Malawi, I'll have a house, running water, Internet access, cell phone and bank account."

It's not like she didn't pay her dues on her first trip with the Peace Corps, where she lived with a large family in a small village house with a tin roof and cement floor. There was no running water, and her toilet was made of mud and thatch.

Her latest trip should last about a year-and-a-half. She plans on packing light: six board games, 20 books, some familiar food, clothes, toiletries and a laptop.

Not exactly luxurious, but you'll hear no complaints from Kennedy.

"I could see myself doing this for a long time," she says – much to the dismay of her mother, who supports her daughter's goals but worries about her.

"I think about it all the time," she says. "You can keep in touch with email and cell phones, but if something happens, you can't be there to help them."



Above in Juba, Sudan, the remnants of war is often left behind. Below in Malawi, Kennedy oversaw the distribution of 10,000 wind-up radios to the primary schools.



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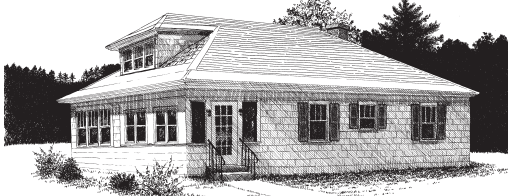
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Gardening & Growing

Marsha Garrison

There is a special quality – hard to define, but nonetheless unmistakable – that we sometimes describe as being more than the sum of its parts. The call of a loon, romantic attraction, and those first spring evenings when the peepers are calling and the scent of damp earth is wafting through the air all offer this special quality, one that invariably produces a heightened and lingering sense of pleasure. All gardeners hope their plantings will achieve this felicitous state, but none of us manage it anywhere near as often as we would like.

One plant, whether it is a lone specimen or a mass array, only rarely has the potential to offer more than the sum of its parts. But there are some that do have this potential – or at least some do it for me, and I'm guessing that there are some that do it for you. Needless to say, when you find a plant – any plant – that offers such riches, you should put it in your ground immediately. Most of the time, you should also put in plenty of it. Of course, there are plants that do it for me that won't do it for you, and vice versa. But as I think back on those plants that have given me particular pleasure this past summer and which I am now about to nominate for inclusion in your garden, it's hard to imagine the Vermont gardener who wouldn't want both of them.

My first choice, hands down, is the raspberry. What, you say, the raspberry? How could a plant so ordinary be so special?

Indeed, the raspberry is a plant so common and simple to grow that it is easy to forget its many virtues. Should you have forgotten them, think again. First – and maybe, second, third, and fourth – the raspberry is delectable. There is a vast group of delectable fruits that you cannot grow in Vermont: Figs are out. So are mangoes and papayas. And, more annoyingly, so are peaches, nectarines, sweet cherries, and apricots, fruits that most American gardeners can grow without difficulty. But in contrast to its heat-loving, luscious cousins, the raspberry not only survives in northerly climates, it thrives, and it does so with

remarkably little care or maintenance. Give it a mulch; prune back the canes that have fruited. It really does not ask for more, although it won't object if you fertilize it now and again. Indeed, the raspberry is so accommodating that your primary task in cultivating it will be confining it. Do not make the mistake I once made and put it in your vegetable garden. Instead, surround it by grass or something else that you can mow. With this treatment, it will stay put, and you will enjoy its many charms.

The combination of easy culture and delectable returns should ensure the raspberry's place in any garden, even if it had no other special qualities. But a thicket of raspberries is quite a pleasing sight, both when it is in blossom and when it is in fruit. Moreover, raspberries offer a rich, deeply satisfying fragrance; it is no accident that vintners touting the special qualities of their wines often urge that it contains hints of raspberry. The raspberry turns a plain pancake into a special treat. It can be made into both fine vinegar and a sumptuous pie. It freezes well, or if you'd rather drink your winter raspberries, it will produce, with virtually no effort at all, a stunning and tasty liqueur. Add to these many advantages the fact that the raspberry is expensive; if you don't grow it yourself, you will spend a lot of money acquiring it.

I have saved for last the very best reason to grow raspberries: picking them is one of summer's most delightful tasks. '08 has been a particularly good year for raspberries, or at least for mine, so I can speak to the joys of bucket filling with considerable recent experience. It is true that this summer's constant rainfall made raspberry picking a challenge. Mold got too many of them, and there was a considerable period when rubber boots were a necessity. But I am smiling now as I remember the thrill of finding, plucking, nibbling, and accumulating, warmed by the sun and serenaded by drunken wasps. This is what summer is all about, and you shouldn't miss it. If you're really lucky, you may even find yourself look-

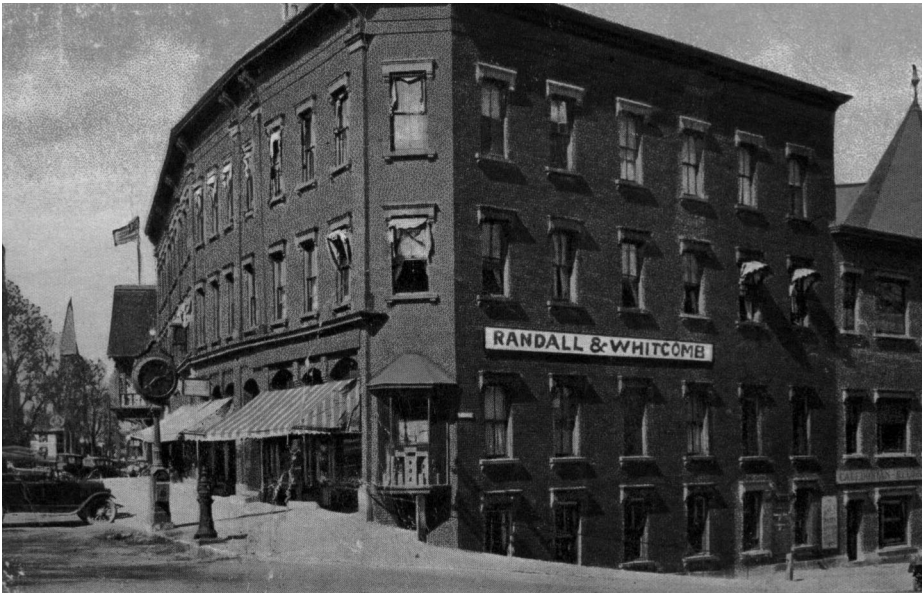
ing into your pail at a tawny-gold, thumbnail size froglet, hopping about your berries and smiling up at you. I did, and I will remember that raspberry-picking event with special fondness. But even if your pail holds nothing but berries and inchworms, you will have had a splendid experience.

Let's face it: there is no ornamental that can offer the full range of delights obtainable from the raspberry. Even if it is one of those rare flowers that you can eat (nasturtiums, daylilies) or drink (rosehip tea, dandelion wine), you're not likely to be freezing it or plopping it into your pancakes. But ornamentals are, well, ornamental. The visual appeal of the raspberry is modest. That of a really fine ornamental is not.

The ornamental that I wish to nominate for inclusion in your garden is visually spectacular throughout the growing season. Like the raspberry, it is carefree and requires no special effort to grow well in a northerly climate. Given these merits, one would expect to encounter it frequently in Vermont gardens, but it is surprisingly uncommon.

This virtuous plant, by its fancy Latin tag, is *cimicifuga atropurpurea*. If you want a name you can actually say, call it purple bugbane. It is a relative of the much more widely planted *cimicifuga racemosa*, popularly known as fairy candles. Both fairy candles and purple bugbane offer height without staking (six to eight feet is not in the least uncommon) and long stalks of appealing, tiny white blossoms in flower over a long period in late summer. Neither wanders where you don't want it; neither is bothered by bugs or needs to be divided. Both will endure for decades, getting larger and more spectacular each year, with nothing more than decent soil, regular rainfall, and an occasional dose of fertilizer. Both grow well in shade and, in a cool-summer climate like ours, both will also thrive in full sun as long as there is ample moisture. Both are worth growing.

Fall is a good time for planting both raspberries and purple bugbane. Neither will do much for you next year, but if you take my advice and plant them now, by 2010 you'll be enjoying both and feeling extremely satisfied that they have a place in your garden, where they can offer you more than the sum of their parts.



St. Johnsbury's downtown district looked a little different in the 1920s, but the street clock still held its position of prominence.

the clock has fallen to Bob Desrochers of Fairbanks Mills Contracting. Desrochers and his crew waterproof and repaint the exterior.

The recruitment of Desrochers for clock restoration began long before he took over Fairbanks Mills, and the story is not exactly ceremonial.

"I had just graduated high school, and I was walking down Main Street," he recalls. "Fred Mold flagged me and Larry McCauley down."

Desrochers willingness to help Mold, a longtime museum employee and a well-known figure in St. Johnsbury history, eventually turned into something more.

"There's a certain responsibility we feel towards it," he says, "but it's not a big deal."

Desrochers took over for the Diefenbachs as the clock's primary "winder" when Diefenbach moved out of St. Johnsbury. His family lives on Summer Street and Monday nights seem to work well.

"It's not a big deal, it's a day I'm usually around," he says. When he's not around, he has a reliable pinch hitter in Town Manager Mike Welch, whose office is right across the street.

Much of the work is done by volunteers, and what's left is picked up by the St. Johnsbury House Bicentennial Foundation, a group established in 1975 to save the historic St. Johnsbury House from auction and demolition. The group raised and loaned \$40,000 to the Northern Vermont Development Association, which enabled the NVDA to purchase the St. Johnsbury House and renovate it for senior housing. Repayment of the loan provided the foundation with an income. Over the years, the foundation has continued to take on small preservation projects throughout St. Johnsbury.

"There are a lot of people that have a history with this clock," Diefenbach says from his basement workshop, where gears and other clock parts are laid out on a table.

In fact, the care of the clock goes back much further. It was donated by Dr. Phillip Ransom, who had an office on Main Street, to the Fairbanks Museum in 1972 because he wanted to see it preserved.

In 1974, the Roman numerals were painted in golf leaf by the Baker Sign Company in St. Johnsbury Center. In a 1982 letter to the editor Mrs. Marilyn Pond of Lunenburg pointed out that the numeral "IIII" on

the dial is not correct. In Roman numerals, "IV" is used to represent the number 4. In a response from Diefenbach, he pointed out that most dial makers found the "IIII" more pleasing to the eye because it better balanced the "VIII" on the other side of the dial.

Standing 19 feet high, the clock is painted a dull green.

Hands of time

Continued from Page 1

Fairbanks Museum. During the past three decades the responsibility passed to Dick Diefenbach and Bob Desrochers.

These men have a different perspective on the clock than those of us who are simply used to seeing the landmark standing tall and prominent.

Activity has always surrounded the clock, particularly at its previous home in New York City's Grand Central Station at 42nd Street and Park Avenue in Midtown Manhattan. Built by and named for the New York Central Railroad in the hey-

HistoryQuirk

Although it has been properly called "Grand Central Terminal" since 1913, many people continue to refer to it as "Grand Central Station." Technically, that is the name of the nearby post office, as well as the name of a previous rail station on the site.

day of American long-distance passenger trains, it is the largest train station in the world by number of platforms. The clock was built around 1880 by the E. Howard Company of Boston. It was brought to St. Johnsbury in 1910 by Harry Randall, who paid \$700 for it, and was placed in

front of what

then was called the Randall & Whitcomb Block, now owned by Stephen and Lisa Adler.

La Crosse McCormick, the company that now owns E. Howard Co., calls E. Howard the oldest existing clock manufacturer and declares, "The E. Howard series of clocks is the finest mechanical clock made in North America."

It's hard to argue.

One hundred years is a long time for a clock that was originally inside a train station to be battered by wind, rain and snow, but there have always been locals ready with their time.

"About every 20 years, its needs care," says Peggy Pearl, history curator for the Fairbanks Museum and Planetarium.

Diefenbach, formerly of St. Johnsbury and now of Danville, has repaired the clockworks numerous times over the last 30 years. Years ago, Diefenbach owned "Sign-of-the-Dial," a clock repair shop on Eastern Avenue after leaving St. Johnsbury Trucking. In addition to keeping the works running, Diefenbach and his son frequently took turns winding the clock every seven days. The restoration of the outside of

The Restoration

If the clock stops, in order to identify the problem the mechanism must first be cleaned and lightly oiled. Once that is done, the parts can be examined for wear or other problems. Most of the time proper cleaning and lubrication will remove any friction that caused the mechanism to stop. If other problems are revealed, then steps must be taken to correct them. The term "like clockwork" means that everything must be in order for the clock to function properly.

HowitWorks

Mechanical pendulum clocks are powered by a weight or mainspring. In this type of clock, a lead weight transmits power via a 1/4-inch cable to a drum which, in turn, moves the power through mathematically sized gears and pinions to the final wheel, or gear, called the escape wheel. This last wheel has finely shaped, pointed teeth which interact with a device called the verge that rocks back and forth, engaging the escape wheel teeth at correct angles which makes the "tick-tock" sounds all pendulum clocks give off. The impulse from the teeth of the escape wheel to the verge (which is connected to the pendulum) causes the pendulum to swing. Other gears, called motion work, control the movement of the hands.



The century-old clockworks are being cleaned and greased in the basement of Dick Diefenbach's Danville home.

The face of its 40-inch dial was painted with a process called "smaltzing," according to Diefenbach, which covers the area with dark, tiny pebbles to prevent reflection.

St. Johnsbury's clock has a sister timepiece in Guildhall, which stands in front of the town library and Masonic Temple.

The bicentennial foundation first appropriated money for restoring the clock back in 1982, under the leadership of Hugh Impey, according to an article written by Sal De Maio in the now defunct Caledonian Independent. De Maio's article, not unlike this one, was a feature story about the clock and those who work on it. Twenty-six years later, some of the faces have changed and some haven't.

As the hands of time continue to tick away, Desrochers is hoping his son will eventually assume the responsibility.

"He's 13-years-old, so I'm starting to break him in," says Desrochers, who is accompanied by his son on some Monday nights. "I like to think one day he'll take over."

Time will tell.



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Antarctica

Continued from Page 6

Hurley's photographs intrigued me. Hurley, the expedition's official photographer, "had miraculously saved his negatives and photographs from destruction at each stage of the journey. They present a unique visual record of the struggle to survive as well as evoking the dramatic, terrible beauty of the land." I bought a copy of the book for myself, read the unbelievable story of survival...and was hooked! I'm not one to emulate his heroics, but I'd like to see some of the territory that he passed through. The time to go is winter...summer in Antarctica.

Some travel literature I've received mentions trips to the region by large cruise ships that simply visit landmarks, passing by without landing and looking at the wildlife through binoculars. The prices are reasonable, but even if I were willing to accept that remote approach, the time to make reservations has already passed by the time the new year is upon us.

However, early in February I stumble upon a website offering some last-minute specials that look interesting...just 50 passengers on an icebreaker that makes landings all along the route; it sails March 6, quite late in the austral summer so some landings may not be feasible. After a few emails and phone calls, I decide to commit to one of the last berths available on condition that there's no surcharge for a single occupying a double cabin.

On my final call, the travel rep advises that there's a unique opening on another ship that's embarking much earlier...February 20; the itinerary is superior, the ship will be more comfortable, will have fewer than 100 passengers (probably half German) and the quality of the naturalists/guides is top notch. I have to decide on the spot. OK, we'll sign up. Good choice; the day before I leave the travel rep calls to report that the icebreaker had run aground and had to cancel the March trip...

(to be continued)

Penguins walk in the foreground while, in the background, Boera and other explorers experience ground that few have walked on.



Reflections

Continued from Page 7

the Beautiful." Last month at the Democratic Convention, a man sang those words again. As he sang and I watched from our home in North Danville, I felt a lump in my throat: "O beautiful for patriot dream that sees beyond the years. Thine alabaster cities gleam undimmed by human tears."

When we look around we see so much that isn't beautiful.

The gap between the haves and the have nots is getting wider. All over the country people are losing their homes. Some residents in our part of Vermont are wondering if they can pay their heating bills.

Hurricanes happen more frequently and tend to do more damage. A huge chunk of ice breaks off in the Arctic. The evidence piles up that global warming is real.

Katharine Lee Bates was both a realist and an idealist.

She saw flaws that needed to be corrected but never lost hope. She "took a look around" from a rather spectacular vantage point and came up with a hymn that continually reminds us of what we can be.

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The Backroom Gallery at the Northeast Kingdom Artisans Guild will present pastel images and prints by versatile Vermont artist, Daryl V. Storrs. "Transition and Evolution" ~ Printmaking and Pastel Images will open Oct. 7 and run through Nov. 15. A wine and cheese artist's reception on Friday, Oct. 24 from 5 to 7 p.m., will be open to the general public in the Guild's Backroom Gallery at 430 Railroad Street in St. Johnsbury.



The show as the title implies, is a retrospective spanning nearly 30 years of painting and printmaking, beginning with one large etching which Storrs did in 1979 while at Middlebury College.

After graduating from Middlebury, Storrs continued making prints with one of Vermont's foremost printmakers, Sabra Field, creating multi-color linocuts and woodcuts. In 1984 Storrs received her masters in Printmaking from UMass in Amherst. Her thesis consisted of about fifteen 3 color lithographs, each one pulled from one Bavarian limestone. For two years after grad school and while waitressing, she continued working on stones at The University of Vermont until purchasing a press of her own. Since then she has worked mainly with mylar method

lithography; printing in black and white and hand painting her images. In the last year she's been making woodcuts, inspired by the pastel landscapes that she's painting for the last 20 years. All of these techniques will be incorporated into her show.

When asked about her technique in creating landscape pastels, Storrs says, "Most pieces are first sketched on location by drawing the most dominant elements of the landscape. I refer to the landscape before me less often as the picture gains a life of its own. I freely delete and pull anything which I see in



the 360 degrees surrounding my stance. Later in the studio I add additional layers of color to create more depth within the pastel. My intent is to celebrate the landscape and to interpret it in a way which may enhance the viewer's perception of our visual surroundings."

Further evidence of Storrs' versatility is her stunning one of a kind lithographic jewelry which she has sold at the Northeast Kingdom Artisans Guild since 2007. For each earring or pin an

individual image is drawn to size with light fast inks and hand printed onto thick rag paper. The paper is varnished heavily, cut, and mounted onto anodized aluminum. The result is wearable art that captures Vermont's beauty in miniature.

For more information on Daryl's show or upcoming shows in the Backroom Gallery, visit: www.nekartisansguild.com.

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Story by Virginia Downs

Two years ago this summer, Janet Givens and Woody Starkweather spent a week in Vermont, looking for a house for one of her sons to buy. Just back from serving two years as Peace Corps volunteers; they had time to kill before they could move back to their home on Virginia's Chincoteague Island. Although Givens' son changed his mind about moving, "We decided to move ourselves," Givens says. "It's a beautiful place – who wouldn't want to move here?"

Interviewed in their stone house off long, winding Woods Hill Road, they shared their dream to take part in the Peace Corps program. "Woody and I met in the early 90s and started talking about it then," Givens explains. "I said President Carter's mother Lillian did it in her 60s, and we agreed we'd like to do it when we got into our 60's, except he would get there before I did. The 9/11 attacks were also very much a part of our decision."

Sharing their thoughts about living in Vermont, she said, "Someone Woody met when we first moved here mentioned that he moved to Vermont because, 'everyone up here is happy.' We liked that and have certainly found it to

"It's a beautiful place -- who wouldn't want to move here?"

be our experience. People in Vermont seem to know what's important to focus on; they don't get worked up over trivialities. So, of course, they have the energy to be happy. We have

come to love the people up here."

The couple, married in 1999, applied in 2002, but had to go through strict medical clearance. "The Peace Corps is in charge of your medical care, so they try to limit any surprises," says Starkweather, describing the dental procedures he had to undergo to meet their standards. Givens says, "There are a lot of places you could be sent that have no dental care and they don't want to have to evacuate you because of a toothache." Their medical clearance took over a year. "It took quite some time to collect all the pertinent history, given our ages," Givens added.

They visited the Peace Corps's Web site and filed their applications. "The Peace Corps' rule is we can choose our region, but not the country," Givens explained. "I had jokingly said I'd go if I could go to a South Pacific island, so we put that down as our first choice."

Shortly after applying, they went to New York City for the official interview. "Our recruiter told us all kinds of interesting things, including that our dog could be shipped to us," Givens recalled with a smile. "He also told us there was a Peace Corps opening in Jamaica for a volunteer to teach scuba diving." Since the only job Woody wanted was to teach English, they were limited in where they could go.

It also eliminated any Pacific Islands.

Finally, almost two years from their initial application, word came from the Peace Corps that they were going to Kazakhstan, a former Soviet Union republic, in Central Asia. During their first three months of training, they lived with a Turkish family with four teenage children. "They were our 'host mother and father' but were at least ten years younger than either of us. That was fun. We were just learning the language; living with a host family is one way to help us learn. But one of the daughters knew a little English, so we cheated a little," says Givens. After placement in the remote town of Zhezkazgan, they lived for another six months with a single woman who taught English. "We spoke English to each other, at our jobs, and at home. As a result we never learned the Russian language very well," Starkweather, who is fluent in three other languages, explained.

Givens describes their town of 80,000 as "right in the middle of the Kazakh steppe. It was literally where the railroad ended. But we had a movie theater, many restaurants and cafés, and even two bowling alleys. We also had 40 below zero days in the winter, so we thought it was practically balmy up here last winter."

Givens was assigned to Zhezkazgan Humanitarian College, a teachers' college "where I taught future English teachers and their teachers," she explains. "My students already had some basic English, so I was there to help them get better at it. It's one thing to learn from a book but another to have conversations with a native speaker. We were there not only to teach but to understand another culture and to make friends. For the locals, besides improving their English language skills, it was a chance to know that Americans aren't just people that want to drop bombs on countries."



"For the locals, besides improving their English language skills, it was a chance to know that Americans aren't just people that want to drop bombs on countries."

"The people I was assigned to teach at the university in Zhezkazgan weren't necessarily going to be teachers – they wanted to be interpreters or translators," Starkweather explains. "They put me in small classes of three, four or five students, which was a lot of fun for me. If I taught normal sized classes with 24 students, a local wouldn't get that job and get paid. I taught courses in American English and American history." A folk singer, he also taught a course called "musical phonetics," which is learning English through folk songs.

After nine months of living with locals, they moved into their own apartment. Givens explains, "The volunteers who lived in the villages had no indoor toilet and often no running water. We felt very fortunate." True volunteers, they received no salary, "but our living expenses were covered monthly," Givens added. "We got ATM cards, and could just stop by the bank and take out money as we needed it. Peace Corps expects each volunteer to live at the same level as their

colleagues live. It's pretty simple living."

Starkweather recalls, "I always asked those in my classes if there was any "tension in Kazakhstan between the natives and Russians who lived there. Those from Kazakhstan always said, 'No, we all get along very well.' The Russian students would say, 'Yes. It's hard for us to get a job.'"

A significant moment for Givens was during her first semester when her best student came to her and said, "Janet, I have three thousand dollars and I want to go to America. What shall I do and where shall I go?" Janet had no idea how to answer her. "Visas from that part of the world were very hard to get back then. So I began to investigate ways for locals to see America." By her final semester in the country, she had discovered the different compe-

Continued on Page 21

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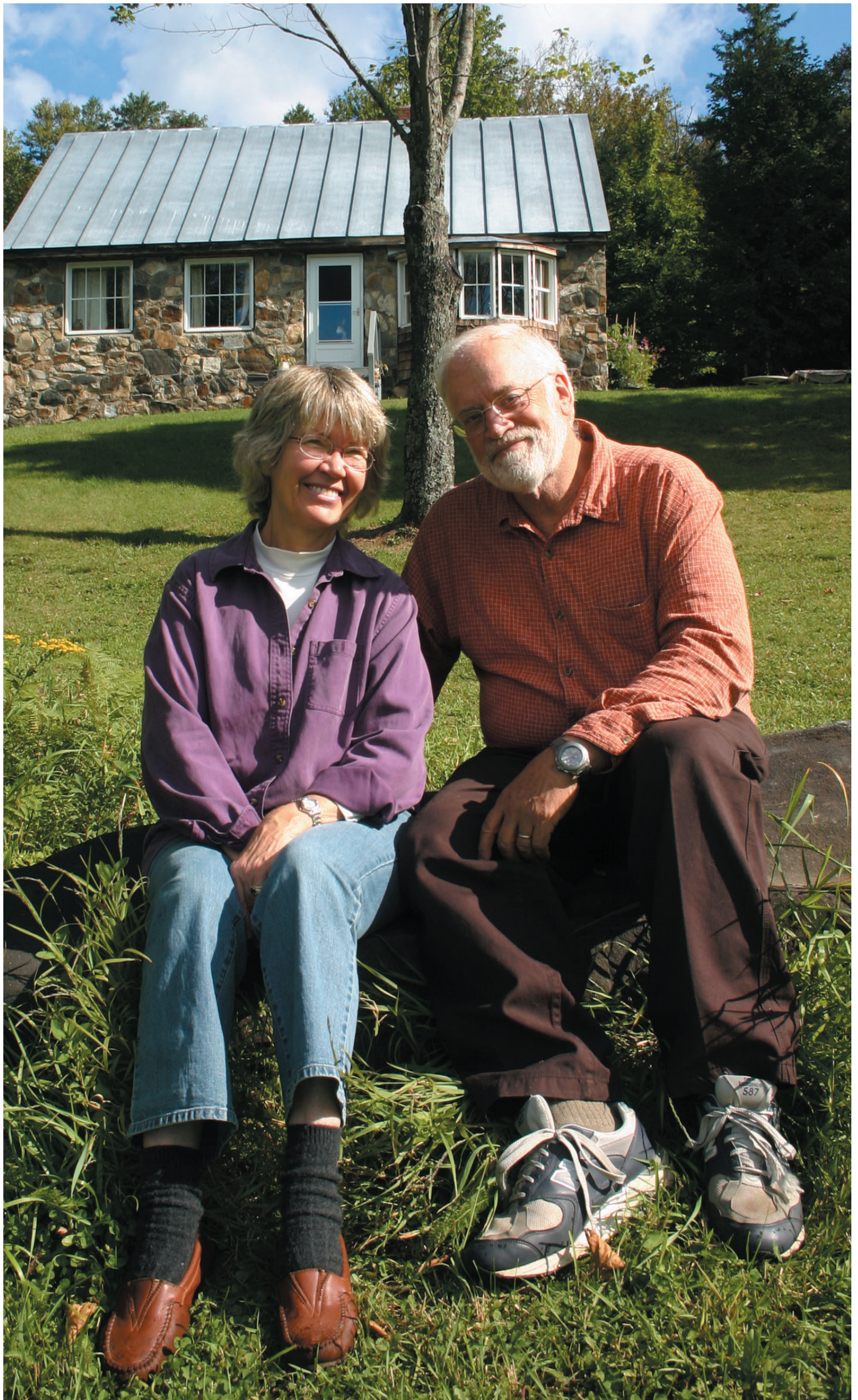
titions funded by the State Department and was also able to tell her students about the web site for CCUSA — Camp Counselors USA, a profit making company that places students in summer jobs.

“That first student, Gulsana, never did get to America. She was by far the best student in the entire college and with her command of English, could have gone far. Today she is married to a man from the more fundamentalist southern part of Kazakhstan and wears the full body covering of Muslim women of other countries. This has motivated me even more to help these young men and women there have an opportunity to see the world that exists beyond theirs.”

Two of her final year students followed her advice. One, Raikhan Borlykbyeva, came to Danville this summer through the “work experience” part of CCUSA. Givens called Steve Cobb, owner of the Danville Inn, who was happy to fill out the paper work to assure Raikhan a job once she got here. Raikhan used that job offer to secure a plane ticket through CCUSA, and with the proper visa so she could legally earn money. She arrived in early June, just before her 20th birthday. In early July, she moved to a coed summer camp in Sharon, Vt., through the end of August. The second student, Nurkien Aubakir, came through the Camp Counselors program as a camp counselor in Indiana, then joined Givens and Starkweather for the month of August. “Gary Larrabee at Hasting’s store helped us place Nurkien at a Methodist camp out toward Cabot.” Nurkien stayed there for two weeks, then came to stay with Givens and Starkweather. He and Raikhan flew home on September 1.

One of the many competitions Givens learned about is one geared for high school students. FLEX (for Future Leaders Exchange) enables young people to study at an American high school for one year, living with a local host family. Sanjar Elizbekuulu, from the neighboring country of Kyrgyzstan, arrived just two days before Raikhan and Nurkien left and is currently a sophomore at Danville High School. Starkweather explains, “Actually, we need to find him a permanent place for the year. We were contacted because somebody knew of our interest in bringing other people here; we were able to commit to him for just one month. Many students that I met in Kazakhstan have learned English by listening to rap music. These students are only 15 when they come here for a full year of an American high school. It’s a wonderful program and a great opportunity for us as Americans to support world peace in a concrete way.” He spoke of Raikhan’s attitude toward the money she had earned this summer. “She made quite a lot of money by Kazakhstan standards, more than she had paid to CCUSA to get her here. But she doesn’t feel it is hers. It belongs to her family.”

This prompted observations made about differing social values they observed living in Kazakhstan. “The Kazakh people



Janet Givens and Woody Starkweather, right, landed in West Danville after a career in the Peace Corps.

believe their guests are ‘gifts from God,’” noted Givens. “When someone enters their home, which they generally do without invitation, they will serve whatever they have, even if it is all the food they have for the week. And they don’t just offer; they serve. I had to learn not to ask a guest ‘do you want tea’ for they would surely say ‘no, thank you.’ I had to learn to just give it to them. They also have the adage, ‘if somebody

offends you, serve him a meal.’ We were so struck by that and how different it is in this country.”

“They are the most generous people I have ever come across,” Givens stated. And Starkweather added, “They are very community and family-oriented. We are an individualistic people; we like to achieve and our home is our castle. All these things are expressions of our individuality.”

A Connecticut native, Woody

is a retired speech pathologist from Temple University in Philadelphia. Givens, a sociologist by education, was a professional fund raiser for many years and a Gestalt psychotherapist in Philadelphia for the five years leading up to joining Peace Corps.

These days Starkweather and Givens are busy with the writing they both enjoy. Starkweather says, “I’ve been writing novels, most of which I started in

Kazakhstan. I have a lifelong habit of getting up early in the morning and working while everybody is asleep.” Givens, who has a Peace Corps memoir book at the editor’s, is busy writing a book for her five grandchildren called “Grandma Goes to Kazakhstan.”

“I love the writing life,” she says. “And writing here in Vermont is my ‘gift from God.’”

Walden Hill Journal

Absence of color

Oct. 4, 2007

October has arrived sunny and unseasonably warm. It's perfect weather for leaf peepers to enjoy mother nature's spectacular fall extravaganza. We did a drive to Peacham a couple of days ago and although the foliage is still sprouting a good amount of green, the unique contour of Peacham's hills and valleys filled in the breathtaking views where the color was lacking. Today we did our annual walk up Walden Hill Road to Maple Lane. We took our time enjoying the late afternoon sun highlighting the fall-quilted hills and creating an intimate glow along the lane. A few individual wild flowers remain: black-eyed Susans, buttercups, clover, lupine and asters of course. It was a 2 1/2 hour stroll, including sunset on the rise in Walden. We ventured home in the brief rosy twilight glow. A little bit of VT humor was included in our walk. A yellow mailbox crowned with a green VT license plate read "LETUSB".

Oct. 8, 2007

It's a dreary, socked-in day, quite a contrast to the vibrant

color and crystal clear blue sky we luxuriated in yesterday for Autumn on the Green. It was very cool in the shade but pleasantly warm in the sun. Color between St. Jay and Danville was definitely at peak. It was quite a magnificent finale for NEK foliage week. We took advantage on Saturday morning to do a Walden foliage tour with my sisters. Our route took us up Walden Hill to Coles Pond Road with a stop for the ultimate fall reflection on the marsh by Old Duke Road. A woman who lives there greeted us and asked if we had driven down Walden Hill Road yet to see the gorgeous color and I relied, "Yes, everyday. We live there!". She did however introduce us to Stevens Hill Road which was a bit of a challenge with our low-slung Saturn but well worth the views both intimate and distant. It was good that we had set aside the morning for fall pictures because by early afternoon, the rain came and stayed until early Sunday morning. The magnificent clearing on Sunday was just a 12 hour window sandwiched in between some nasty wet weather.

Oct. 12, 2007

It's a momentous occasion. We've had our first woodstove fire of the season on this wet, chilly, blustery day. The fire helped mostly to take out the dampness and cure the blacking on the stove. It's been raining leaves as well as water, leaving a substantial pile of fall color on the ground. Rte. 2 has been on the morning local news as a spectacular place to view fall color. Our many trips up and down that snaky mountain road, have been enhanced by the magnificent multicolored hills. The entire route continuing on I-91 to I-93 to Littleton is filled with fall splendor. This definitely rates as one of the most beautiful and certainly most enduring of our 11 VT falls. But now its finally succumbing to the inevitable rains. The thermometer has stayed below 60° all week but fortunately it hasn't dipped below 40° at night. Possible wet snow is forecast for tomorrow night at our elevation so it's time to bring in the geraniums and begonias to winter over in the basement.

Oct. 14, 2007

Another light frost this weekend with the thermometer actually dropping to 32° early Saturday morning. This time the basil, dahlias and husk cherries got zapped. So with the exception of the chard and kale, it's time to put the garden to sleep. I dug our puny carrots since the deer were starting to nip the tops and pull up a few. I had mistakenly planted carrots in the wrong part of the garden so they didn't have the usual benefit of following in the footsteps of the deeply dug potato bed. Deer continue to be on the move. We saw four out in the field midmorning and more going up the road tonight.

Apple trees seem to be attracting the deer. Turkeys are out and about. I had to stop on my way to town for an orderly troop of 12 evenly spaced, well organized turkeys crossing the road. A light dusting of snow is visible atop Mt. Lafayette and Mt. Washington with the route of the cog railway etched in white. Fall colors persist but winter weather is fast approaching.

Oct. 17, 2007

The rising sun sends a fiery beam, exploding the remaining maple leaves in a burst of bright orange while gently bathing the floating mountains in a warm purple-pink glow. A carpet of frost mirrors the thick river of mist that lays heavy in the valley. The thermometer shows a low of 34° but at ground level, Jack Frost has definitely been at work. So have we. We're beginning to bring in the wood and need to work fast while dry weather prevails.

Oct. 21, 2007

Golden poplars are shimmering against a bright blue autumn-



"The unique contour of Peacham's hills and valleys filled in the breathtaking views where the color was lacking."



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From left: Cindy White, Donna Percy, John Blackmore, Joan Field, George Coppentrath, Betsy McKay, Sam Kempton, Darlene Pilbin, Sue Coppentrath and Cindy Hastings.

nal sky. The last deciduous trees are peaking on Walden Hill. Oak trees add to the final burst of color at lower elevations but are rare at our altitude. Heavy rains have brought down a good percentage of the maple leaves. Our dry wood is very snugly packed in the garage, clearing the driveway and giving an unobstructed view



of the field when we drive in at night. A fawn was grazing when we returned recently and another deer was in the side yard early this evening. I had walked out back and was waiting for my eyes to adjust to the dark when I heard a "whomph" followed by a flashing white flag and a deer bounding off into the high grass. I had heard about deer "blowing" but this was the first time I experienced it first hand.

Oct. 22, 2007

Bright sunshine and a high of 74° today. Perfect weather for hanging out the laundry. Unfortunately, the low angle of the October sun leaves the clothesline in shade until mid-afternoon. With so many days of summer-like weather, Indian summer is becoming a full fledged season this year. The birds however know that these balmy days will soon give way to winter. The chickadees and nuthatches are emptying the bird feeder daily as they fatten up for the impending cold. Beaver have been very active as well, leaving freshly gnawed stumps and creating drag paths to their well-dammed pond. I've been busy too, tilling the garden and bringing in kindling. It looks like I'll be able to cut back the asparagus bed soon and spread ashes and compost. It feels like a lazy day but one can't be fooled into ignoring those final outdoor chores.

Oct. 26, 2007

A bright Hunter's Moon last

night forecast clear skies and falling temps. Full sun this morning has quickly erased any signs of Jack Frost's nocturnal wanderings. Juncos are flocking to the feeder along with several evening grosbeaks and a lone purple finch. It's another good day to continue those last minute outdoor chores. I've emptied the compost and ashes into the garden and dug the dahlias. There's still some cutting back remaining and maybe a patch or two of higher grass to give one last mowing. It's not quite 50° yet but the sun should take out the morning chill. Jeff is delivering our snow blower to have it serviced for the season. Fall is not the time to give in to procrastination. One of the many chores today was cleaning out the bird houses. Jeff found two nests, one with an unhatched bluebird's egg and the other with a very startled mouse snuggling in for the winter.

Oct. 28, 2007

Passing clouds are squeezing out just a little bit of snow. It's nothing substantial and is not lasting once it hits the ground. I would categorize this brief precip as rain-flakes. Yesterday was a day of constant and often torrential rain. It's good that the colder temps waited until today, otherwise we'd be looking at more than just passing snow showers. The sun has been in and out most of the day, adding some warmth to the view. As for body warmth, it took a hooded sweat-shirt, windbreaker and gloves to



keep away the chill for a walk through the woods. I've been watching the storm move north through the valley. Mt. Moosilauke appears and disappears as the sun highlights the distant shedding clouds. They hang very low in the sky with mostly blue clearing above. A brisk wind is moving the weather right along.

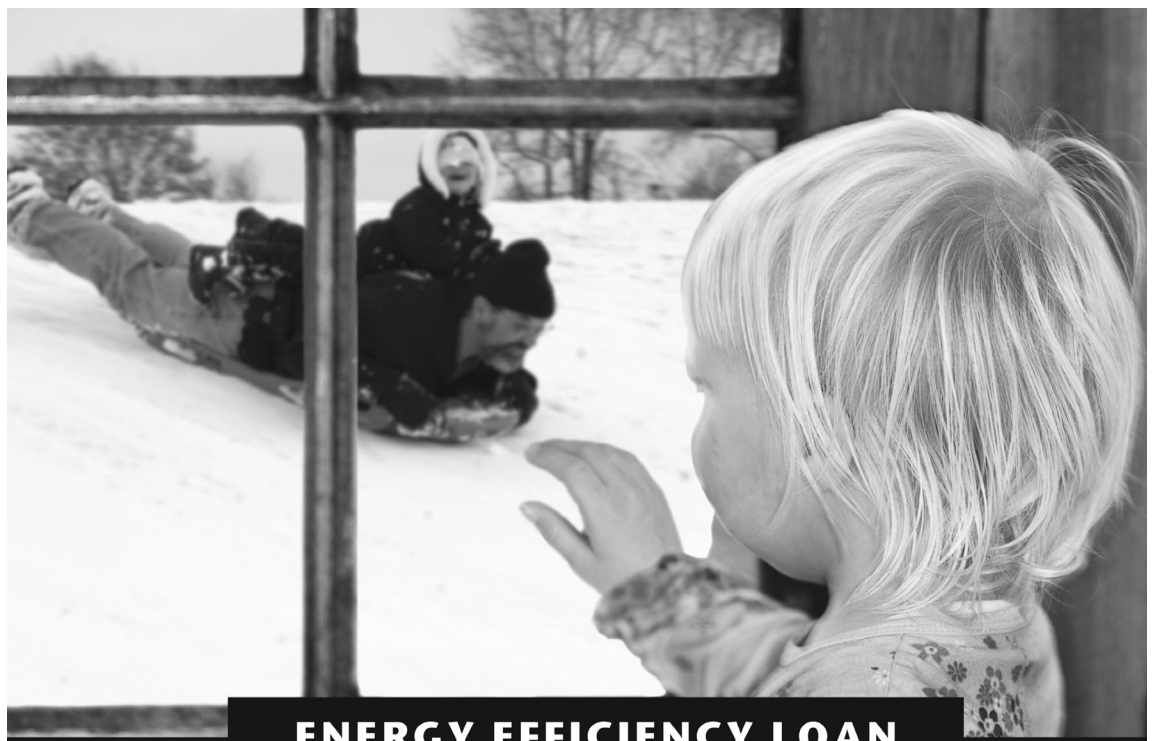
Oct. 31, 2007

It's a mostly sunny and fairly mild final day of October. Except for the usual heavy rainfalls, it's been excellent weather for completing outdoor chores. We're not 100% there yet but should be

finishing up soon. The stove hasn't seen much use but that'll change soon enough. We have progressed to using two blankets at night as well as the quilt for an occasional extra layer. Tamaracks are offering our final burst of color and once they thin out, our more open view towards Peacham will be complete. It's been a great apple harvest throughout the state. A truck just stopped on Kittredge Road, to shake out the trees and fill up a box of wild apples. Mt. Washington has a thin mantle of snow to remind us that winter will soon be here. The road crew has been out replacing culverts,

ditching and widening the road to make room for plowing and improving the drainage. Everyone is taking advantage of the extended good weather to gear up for winter. With daylight savings time continuing through the entire month, we've enjoyed extended daylight as well. 5:30 brings a rosy sunset glow to cap off a beautiful "user friendly" October.

(To view an extended version of this month's Journal with additional photos, go to www.jeffgoldgraphics.com and click on "The View from Vermont")



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No Small Potatoes

Vanna Guldenschuh

The wonderful produce I found at the local farmers markets this summer inspired me to experiment with new recipes for these magnificent fruits and vegetables. Some of my favorite purchases were beautiful eggplants, perfectly textured golden and green zucchini, fragrant heads of garlic and gorgeous, full flavored peppers of all colors. You still have time (albeit very short) to find some of these foodstuffs at your local outdoor market. The beginning of October offers one of the last chances to indulge in the fresh from the garden tastes these gardeners bestow on us. These industrious and creative area farmers use all their agricultural skills to bring us product well into fall. All I can say is 'Take advantage of this bounty!'

The recipes below are just two of the dishes I perfected from this glorious Northeast Kingdom harvest.

Vermont Garlic Salt

My absolute favorite purchase at the farmers market is Vermont grown garlic. The supermarket version (most of it is from China) pales in comparison to the robust, solid heads of sweet and fragrant garlic nurtured in the soil of our state. I like this garlic so much that I buy enough to last the

whole winter. It easily keeps, stored in a slightly opened paper bag in a cupboard, until next year's crop is ready.

I buy extra heads and turn them into a homemade garlic salt that keeps in a jar in the refrigerator for months and doesn't acquire the off or bitter flavor of garlic stored in oil. It remains sweet and flavorful. When you use this 'salt' in a recipe that calls for sautéed garlic, remember it has already been sautéed and only cook it in the oil for a minute or it will burn. You can sprinkle it right into bubbling stews and soups to obtain great flavor.

- 10 heads of Vermont garlic – peeled into many cloves**
- ½ cup olive oil**
- ¼ cup coarse salt (Kosher or canning salt)**
- 4 tablespoons sugar**

Sprinkle the cloves of garlic with about a tablespoon of salt – this keeps the garlic from sticking to the knife. Put as many cloves as you can chop at once on a cutting board. Using a large chef's knife, finely chop the garlic. It should be in small pieces but not mushy. I like to use a knife for this chore rather than the food processor. I think it makes for a better product, but if you can achieve a slightly coarse chopped garlic with you processor – go ahead.

Line a cookie sheet with a couple of layers of paper toweling and set aside.

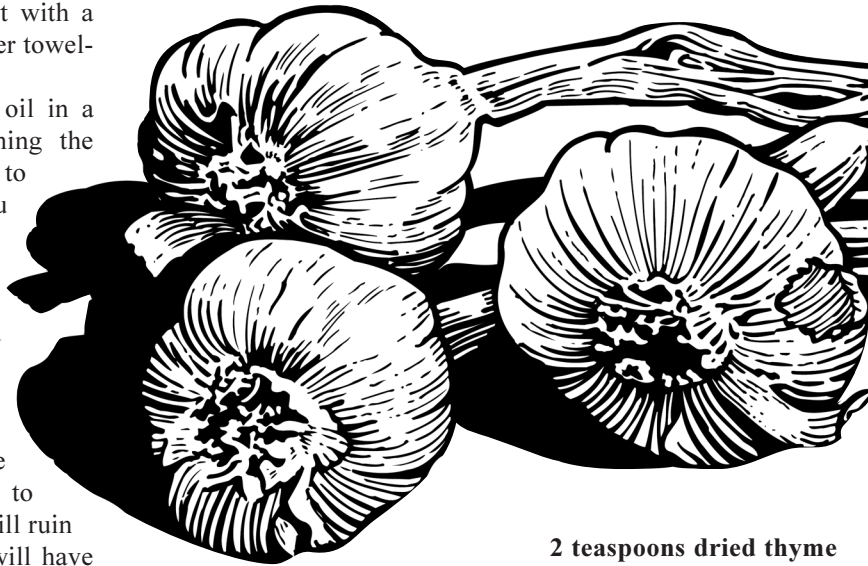
Heat enough olive oil in a pan to support browning the garlic. You don't want to cover the garlic, but you want enough to impart a nice golden color. Sauté the garlic until it starts to brown. Add the sugar and salt and sauté until it turns a golden brown. Take it off the stove. Be extremely careful not to burn the garlic – this will ruin all your garlic and it will have to be thrown out. Stay with the sautéing garlic throughout the entire process – it doesn't take long – just a few minutes. Do not answer the phone, get a cup of coffee or start to read the North Star. As soon as you turn your back the garlic will burn – trust me!

As soon as you take the pan off the stove, use a spatula to take the garlic out of the oil and drain on the paper towel lined cookie sheet – just like you would drain bacon. Let it cool on the toweling and put it in pint jars in the refrigerator to use whenever you want.

Once you start using this garlic salt, you will marvel not only at how good it is, but how convenient it is to have when you are cooking.

The Perfect Ratatouille

This classic vegetable stew is enhanced by the simple techniques in the following recipe. Roasting concentrates the essence of the zucchini and



eggplant and the quick sauté of the peppers creates a tasty oil. The ambrosia you create when you combine the flavors of all the vegetables with a little tomato and herbs is indescribable.

Ratatouille can be used as an entrée for lunch or dinner (it is great over polenta), a side dish or a sandwich. Slightly hollow out a baguette and fill it with the ratatouille, let it sit for about 10 minutes and slice thick pieces for a memorable lunch.

It keeps in your refrigerator for at least 4 or 5 days and it actually tastes better the next day.

- 2-3 firm eggplants – peeled and cut into medium sized cubes**
- 6 yellow and green zucchini cut into medium cubes**
- 3 large onions – peeled and chopped**
- 4 cloves of garlic – chopped**
- 2 to 3 red peppers – cut in small dice**
- 1 bunch scallions – chopped**
- 1 ½ cup olive oil – you might not use it all**
- 1 tablespoon dried basil**

- 2 teaspoons dried thyme**
- 1 teaspoons dried oregano**
- 1-2 teaspoons dried or fresh rosemary - chopped**
- 1 can (35oz) peeled tomatoes – plum preferably – slightly mashed**
- Salt, pepper and sugar for seasoning**

Preheat the oven to 375 degrees.

Prepare all your vegetables: Peel and cut the eggplant and place in a bowl. Add half of the chopped scallions. Pour about ½ cup of the olive oil over it and toss. Sprinkle about a tablespoon of salt and 2 teaspoons of sugar over it and toss again. Place the seasoned eggplant cubes on a cookie sheet and set aside.

Cut the zucchini into cubes and put in the bowl with the rest of the chopped scallions. Toss with ¼ cup olive oil and sprinkle with 2 teaspoons of salt, 2 teaspoons of sugar and a few shakes of pepper. Toss again and spread out on another cookie sheet.

Put both trays of vegetables in the oven and roast for about 20 to 30 minutes. They should be browned on top. You may want to turn them with a spatula after about 15 minutes.

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DANVILLE SCHOOL

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Boys High School Soccer

October			
1	Wednesday	Williamstown @ Danville	4:00
3	Friday	Danville @ Richford	4:00
7	Tuesday	Hazen @ Danville	B/G 4:00
10	Friday	Danville @ Rivendell	4:00
15	Wednesday	Lake Region @ Danville	4:00
17	Friday	Danville @ Williamstown	4:00

Girls High School Soccer

October			
2	Thursday	Williamstown @ Danville	4:00
8	Wednesday	Danville @ Lake Region	4:00
10	Friday	Danville @ Rivendell	4:00
14	Tuesday	Danville @ Winooski	4:00
16	Thursday	BFA Fairfax @ Danville	4:00

Boys & Girls Middle School Soccer

October			
2	Thursday	Danville @ Twinfield	4:30 G/B
6	Monday	Craftsbury @ Danville	4:30 Coed
9	Thursday	Concord @ Danville	4:30 Coed
15	Wednesday	Danville @ Barnet	4:30 Coed
20	Monday	Hazen @ Danville	4:00 G/B

High & Middle School Field Hockey

October			
6	Monday	Danville @ Stowe	4:00 (M.S.)
13	Monday	Danville @ LI	4:00 (Varsity)

During this roasting process, a lot of the water from the eggplant and zucchini evaporates, concentrating the flavors. When ready take them out of the oven and set aside.

While the veggies are roasting, sauté the garlic in ¼ cup olive oil until it is browned. Add the chopped onions and cook at medium heat until the onions are very soft and almost transparent. Put in a bowl and set aside. Put a little more oil in the sauté pan and when it is hot add the chopped peppers. Hot sauté them until they are just browned. Add them to the onions in the bowl.

Here is the fun part – putting it all together:

You will need a roasting pan large enough to hold all the vegetables plus the tomatoes.

Put the eggplant, peppers and the onion/pepper mix in the pan with the basil, oregano, thyme and rosemary. Add the tomatoes and gently mix everything together.

Put in a 350 degree oven, uncovered, for about 45 minutes to an hour. You don't want to dry it out but it should heat through and meld all those marvelous flavors together.

This is one of the most aromatic dishes you will ever take out of your oven. It should definitely set for at least a couple of hours before serving and does well to sit overnight in the refrigerator. I like to serve it at room temperature, but you can heat it a bit before service. The flavors are at their best when not too cold or too hot.

We're all in need of 'Eureka' moments

Do you remember the story about Archimedes, one of the scientists of the Ancient Greek world, who was trying to solve a problem posed by his king, Hiero XI.

The king, it seems, was worrying about his crown. Was it made of solid gold, or was it perhaps partly silver? Archimedes had puzzled over solving this question for some time, without success. But one day, in a relaxed state of mind as he stepped into his bath, he absently noticed how the water level rose as he sank into it. Suddenly he realized he could solve the royal problem by measuring the crown's density by measuring the amount of water it would displace compared with that of pure gold. The story of this discovery adds that as the answer came to him suddenly and unexpectedly, yet with certainty, he shouted "Eureka!"- meaning "I have it!"

This pattern of an idea suddenly leaping into consciousness has been repeated many, many times. The story of Isaac Newton reposing under an apple tree when an apple fell on him is another example, which had the happy result of producing the Law of Gravity. It doesn't happen only to famous people. We have all faced everyday questions such as what to have for supper, what is somebody's name, where did I put that package, over which we have been "racking our brains" for hours, only to discover, sooner or later, the answer calmly appearing out of nowhere. Of course, it wasn't out of nowhere,

but out of a relaxed brain. You've had a Eureka moment!

Neuro-scientists tell us that, as we use our brain to solve problems, large or small, these solutions are stored in the frontal lobes of our brains as patterns that we can recall to help solve future problems. The two lobes are similar, but differ from one another in that the left lobes act more quickly, giving simpler answers while the right lobes are intuitive, more complicated, and therefore slower. I gather that it all works better if you are relaxed, as we sometimes don't get an answer right away. I think that must be what happens when I forget the name of someone whom I know perfectly well just as I'm about to introduce her. Of course I'm immediately embarrassed and angry at myself when I should relax and let my brain do the work.

Another insight into the working of the brain has to do with its ability to improve even into old age. In a way this is not a new idea, as long ago tribal leaders, for example, used to have an older man as advisor, or perhaps the chief himself was an older person. In feudal France there was in each locality an official Village Elder, one of the peasants, who was part of any conference between the lord or his bailiff and the serfs. I wonder if perhaps it was because older people

By Susan Bowen

respond a bit more slowly, and therefore give the right brain a chance to influence the forthcoming advice. It's a nice thought. The language persists today in some churches where there is found an official Elder or a group of town officials selected to run local affairs, called Aldermen, an alternative spelling of Eldermen.

We have all, I think, heard of practical successful people who, after a lifetime of concentrating on success by any means, change after retirement, perhaps spending their energy on community projects, or perhaps becoming thoughtful church goers.

Cynical people are understandably suspicious of such a change, considering the timing, suspecting a questionable attempt to be admitted to heaven. But could it be a

delayed access of wisdom? Or the "still small voice" often connected with religious thought? Could meditation, or prayer in its original contemplative form, have brought them wisdom earlier in life? Perhaps when we are considering a possible course of action at any age, we might wait a bit longer for that slower, more insightful, side of the brain get to work.

A willingness to give more meaningful thought to our problems might help with our serious national and world problems too. Too often our political leaders seek advice from people who specialize in quick answers, shallow ideas dressed up in new eye- or ear-catching gimmicks.

Surely the very serious problems now facing us-- and the whole globe-- call for more than one cry of "Eureka!"

Ideas for Peacham's Future

A Community Discussion

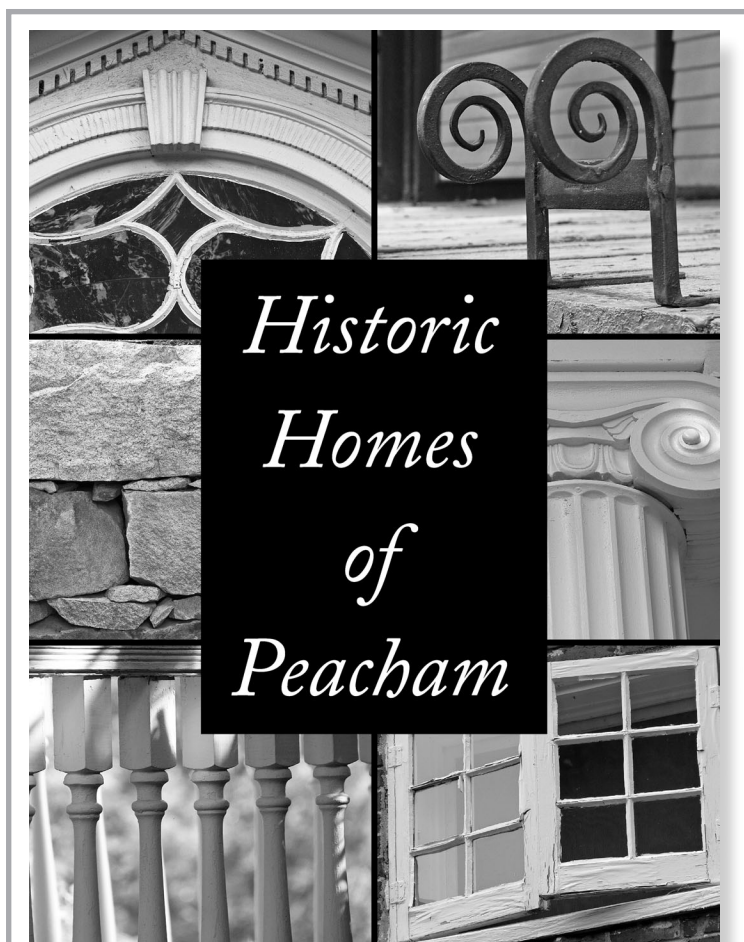
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Where:

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HISTORY CORNER

Then & Now

'Banner of the Seven Righteous'

EDITOR'S NOTE: This past winter, local author Reeve Lindbergh held a 10-week writing workshop at the Good Living Senior Center in the St. Johnsbury House. Susan Shaw, director of the senior center programs, and Lisa von Kann, library director at the St. Johnsbury Athenaeum, were interested in various writing workshop ideas. The workshop, dubbed "Then & Now," met every week for an hour and a half at the senior center. Clara Fisher, author of 'Banner of the Seven Righteous' was a participant in the workshop.

Her story below relates to Germany during World War II, when many city children were sent to camps in the countryside for their safety, as the cities were being bombed by the Allies. This is part of one child's story covering the final days of the war (This family had some special concerns, because their father and uncle were not soldiers, or supporters of the Nazi regime.)

By Clara Fisher

It was the spring of 1945. Most of our camp had disbanded because of the critical war situation. Our department had shrunk from about 35 girls to seven; we called ourselves the "Banner of the Seven Righteous." There was suspense and excitement in camp. There was talk of connecting with a boys' camp, an idea that we 14 year-old girls found very exciting.

Most of our luggage was stored in the village with farmers now. We kept only one suitcase with our most important belongings. Our studies were mostly suspended because we expected any minute to get the order to march south, away from the advancing American army. The tension increased day by day, but we were not afraid of the proposed march. On the contrary, we were looking forward to it.

Then on April 14, unexpectedly, my mother arrived. She came from Insingen via Nureinberg, and had brought my bicycle along. She came to take me to Insingen where my Papa (hiding out with my uncle in my uncle's native village) and my sister Irmgard (who had been with a farmer in nearby Adelshofen) were staying.

I was not particularly happy about this turn of events, because the camp situation was interesting and I didn't want to miss out on the excitement. Also it was very hard to say goodbye to my close friend, Illema. Only when all our teachers advised us against going to Insingen because of the possibility that the Americans were already there did I start to look forward to the trip a little bit, because it promised to be an adventure!

We left Posingen at 4 p.m. on our bicycles, rode until 10 p.m. and then stayed the night in a little village near Dinkesbuhl, starting out again early the next morning. Although we went through a very scenic area we couldn't enjoy the beauty of the countryside because we had to be on constant alert for strafing planes. A number of times we had to jump off our bikes and take shelter in the ditch along the road.

Continued on Page 27



Can you identify these members of a 1940s girls basketball team at Danville High School? Stop by the office and give it a try.

Vt. Civil War portraits unveiled



Giles Appleton



Lucious Hunt



Putnam D. Macmillan

The Vermont Historical Society has unveiled an online collection of photographic portraits of Vermont Civil War officers. The images, scanned from three notebooks of carte-de-visites in the Society's collections, can be viewed at www.vermonthistory.org/cwofficers.

"The Civil War is one of our most popular areas of study," says

VHS Librarian, Paul Carnahan. "As long as I have been here, patrons have come to the library and marveled at this collection of images. Now they can view these images on their home computers, bringing the faces of some of Vermont's Civil War heroes into their homes."

The images, arranged alphabetically by surname in 14 groups,

capture the likenesses of 859 Vermont officers, sixty-three percent of the 1363 Vermont men who served as officers during the conflict. Users can search for particular individuals or just browse through the group to see the faces of the men who served the Union in that bloody conflict.

These images were collected by the Vermont Officers Reunion Society beginning in 1869. In that year, Samuel E. Pingree, president of the group, began the process of soliciting photographs from Vermont officers. The work was continued by Mrs. James S. Peck of Montpelier, widow of a former Adjutant General. Work on the collection continued through at least 1894, almost 30 years after the war had ended.

The photographs were organized in groups and placed into frames that hung in the main corridor of the Vermont State House for many years.

Many of the men are represented by photographs taken during the war, but some are pictured as older men in business suits.

At some point the photographs were transferred to notebooks and put on display. When it was realized that the public handling of the images was going to lead to their disintegration, the notebooks were transferred to the Vermont Historical Society. Now that they have been scanned, members of

Continued on Page 27

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Then & Now

Continued from Page 26

When, shortly past Furchtwangen, we heard the cannon fire of the nearby front and I started to get a little scared, but I soon got used to it. On Sunday April 15, we arrived in Insingens around noon, and were joyfully greeted by everyone in our

family.

Even though the American army was close by, it still took quite a while before they came into Insingens. We stayed mostly in a cellar because the artillery fire was constantly close to the village. Irmgard and I passed the time telling each other stories, until the cannon fire stopped and we dared to go outside again. We thought the

Americans had circumvented Insingens and we walked around the village without worry. Irmgard and I went to a barn where fleeing German soldiers had left some rations of bread.

On the way back, we saw a troop of soldiers coming toward us, helmets pulled low on their heads, guns drawn, the color of their uniforms barely distinguishable. We

didn't pay them much attention until, as they came abreast of us, some soldiers called out to us something we didn't understand. Suddenly we were gripped by fear, "It's the Amis!"

We wanted to get to our parents but didn't dare continue. We went into the newest house, where the occupants pushed us away from the door and into a room toward the

back. Everyone was terribly nervous, but nothing happened. Only one American soldier came in, asked about German soldiers, and disappeared again. When the whole troop had passed, we went home. So now the Americans had arrived and it wasn't nearly as bad as we had imagined. For us this was the end of the war, even though the peace treaty wasn't signed until more than

Portraits

Continued from Page 26

the public anywhere in the world can page through the images as if they were in notebooks in the State House, but without any damage to the original images, which are safely stored in the Society's climate-controlled vault in Barre.

VHS Librarian Paul Carnahan says the new online collection represents a significant advancement for the Society. The collection was

scanned over a period of almost four years by high school students and other volunteers. The project represents a considerable investment of time but not financial resources. "This was done without grants or other outside funding sources," Carnahan states. "We are especially grateful to the students of Spaulding High School who put in so much work on this." After the images were scanned, Carnahan reports, "It was a slow process because the labels in the

notebooks were incomplete and contained many errors. There are still a few photographs we are still trying to identify."

In addition to the 859 photos of officers that are now online, the VHS owns about 360 photographic images of other Civil War soldiers, many of them privates, which were not part of the reunion society's collecting efforts. These photographs, along with letters, diaries, and documents from the Civil War, are available for use by

the public at the Society's Leahy Library in Barre. The state's historical society also has Civil War artifacts on exhibit as part of its "Freedom & Unity" exhibit in the Pavilion Building in Montpelier.

The Vermont Historical Society is a nonprofit organization with offices in Barre and Montpelier, engaging both Vermonters and "Vermonters at heart" in the exploration of our state's rich heritage. Its purpose is to reach a broad audience through

outstanding collections, statewide outreach, and dynamic programming.

The Vermont Historical Society believes that an understanding of the past changes lives and builds better communities. For more information call (802) 479-8500. Visit the Society's web site at www.vermonthistory.org for directions, admission fees, and hours.

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Ruffed Grouse

Outdoor adventures with Tony Smith

Identifying grouse...and never leave a wounded animal behind

A lot of outdoor columns pick a topic for each month and dig up all the info they can find and throw it back at the reader.

I promise this will not be one of those columns

This column will still be topical each month, but it will also preview future topics so readers can send emails with questions or feedback.

Each month, I will talk about subjects like hunting and fishing techniques, wildlife viewing, canoe trips, upcoming outdoor events, picking and eating wild edibles, and lots more. I will also try to include a funny personal or second hand story told to me by a close friend or relative. Some of them you won't want to miss!

Grouse Season

There are lots of things going on this month as some of Vermont's hunting seasons get underway. Vermont's ruffed grouse season started in late September, but if you ask me, there are still too many leaves out there on the trees to have much of a chance of success.

I like to wait for the leaves to fall off before I venture too far after those sneaky birds. This



Male Spruce Grouse, notice dark color and red eye patch above the eye.



Female Spruce Grouse, notice the overall darker color than the ruffed grouse in adjacent picture.

year, you have to be extra careful if you are in the Victory Basin area because the State of Vermont Fish and Wildlife Department has recently introduced Spruce Grouse into the Victory Basin Wildlife Management Area and State Forest.


Spruce Grouse are currently listed as endangered in Vermont so harming them in any way is against the law. Male spruce grouse can easily be differentiated from the ruffed grouse by their black color and distinct bright red eye patch above both eyes. The female spruce grouse on the other hand is much harder to tell apart

from either the male or female ruffed grouse. Female spruce grouse overall are slightly darker than ruffed grouse with a light red eye patch above both their eyes. It is much lighter than the males, but can be seen with the naked eye. Hunters must be very careful because when flying, they are impossible to tell apart from the ruffed grouse. Spruce grouse are also a very tame bird. They often flush up into a tree in plain sight versus a ruffed grouse which you rarely get a glimpse of.

For more information on the spruce grouse reintroduction

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Headmaster: Tom Lovett

<p>Boys Soccer Varsity and Junior Varsity</p> <p>10/2 Rice 3:45 10/4 Stowe 3:00 10/8 Spaulding 3:45 10/11 Milton 11:00</p> <p>Coaches: Richard McCarthy JV - Adam Kennedy</p>	<p>Girls Soccer Varsity and Junior Varsity</p> <p>10/4 North Country 3:00 10/8 Stowe 4:00 10/11 Spaulding 1:00 10/14 Randolph 4:00 10/16 Lyndon 4:00 10/18 Burlington 11:00</p> <p>Coaches: Tracy Verge, JV - TBA</p>
<p>Cross Country</p> <p>10/1 NVAC 3:30 10/4 Thetford Inv 10:00 10/7 NVAC @ Lyndon 3:30 10/11 Peoples Inv. 10:00 10/14 NVAC 3:30 10/17 NVAC Mt. Champs 3:00 10/25 State Championships 10:30</p> <p>Coaches: Chip Langmaid, Tara Hemon and Richard Boisseau</p>	<p>Football Varsity</p> <p>10/3 Burlington 7:30 10/10 BFA 7:00 10/18 Hartford 1:00 10/25 Lyndon 1:00</p> <p>Coaches: Shawn Murphy, Craig Racenet & Hank Van Orman</p> <p>JV</p> <p>10/6 North Country 6:00 10/13 Lyndon 4:00 10/20 Spaulding 4:00</p> <p>Coaches: Mike Bugbee, Frank Trebilcock</p> <p>Freshman</p> <p>10/1 Essex 4:00 10/8 Lyndon 4:00 10/15 BFA 4:00 10/22 North Country 6:00</p> <p>Coaches: James Bentley & Joe Tomaselli</p>
<p>Girls Field Hockey Varsity and Junior Varsity All JV Games Follow Varsity Games</p> <p>10/2 Rice 3:45 10/4 Stowe 3:00 10/8 Spaulding 3:45 10/11 Milton 11:00</p> <p>Coach: Fran Cone, JV - Paula Bystryzcki</p> <p>GO HILLTOPPERS!</p>	



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October 2008 Menu

West Barnet Senior Meal Site

Meals served at West Barnet Church. All meals served with a beverage. Reservations not required. Suggested donation of \$2.50 per meal is appreciated. Phone (802) 633-4068.

Oct. 1 – Buffet
Sept. 3 – Closed for Fall Foliage
Oct. 8 – Chop Suey, Spinach, Carrot Raisin Salad, Italian Bread, Pineapple Upside Down Cake.
Oct. 10 – Spaghetti and meatballs, tossed salad, Italian Bread, Sliced Peaches.
Oct. 15 – Beef Stew, Biscuits, Tossed Salad, Gingerbread and topping.
Oct. 17 – Chicken & Biscuits, Mashed Potato, Cranberry Sauce, Peas & Carrots, Jello & Fruit.
Oct. 22 - Turkey Soup, Mixed Vegetables, Tossed Salad, Dark Bread Crackers, Cantaloupe.
Oct. 24. - Baked Ham, Salloped Potato, Spinach, Cole Slaw, Homemade Bread, Tropical Fruit.
Oct. 29 - Salmon Pea Wiggle, Crackers, Pickled BEats, Biscuits, Grapenut Pudding.

email Mark Freeman at mark.freeman@state.vt.us.

Ruffled Feathers

This month's story happened to a friend of mine while we were in college. Vermont's grouse season had just started and a long-time friend, Ben, decided to hit the woods between classes. While walking through the woods that morning, he jumped a grouse about 50 yards away and it flew straight up into a tree in plain sight. It must have been young, because they normally don't make it that easy for hunters. Ben shot it while sitting in the tree and it fell straight to the ground. Dead, right?

After a couple minutes he walked over to where his bird fell, but it was nowhere to be found. He looked all around for almost an hour, going back and forth, but couldn't find the sneaky devil. Did he just wound it and it scurried off? He couldn't figure it out. By this time, he had to come back for class but hated to leave a wounded animal. He had no choice and figured he could come back later. After class ended, we both headed back to the scene of the shooting.

Unfortunately, we only had one gun with us (mine) because Ben had let a friend borrow his

for the afternoon. We finally got back to the spot where Ben swore he shot the bird and we looked for several minutes with no luck. I made it about 200 feet from Ben only to look back and see him "watering the tree" he shot the bird out of.

Now remember, the only gun is in my possession.

I turn around and start looking for the bird again. I suddenly hear yelling and I turn around to see Ben running at "half-trou." As you can imagine, I had trouble figuring out what he was doing. Did he get into a bees nest? When I got over to him several seconds later, he was holding a dead grouse in his hands.

Now I was really confused.

Apparently, while he was "watering"... a bird fell out of the tree right next to him, got on its feet and took off running! That's about the time I heard him yelling. He took off after it and caught it with his bare hands and finished what he set out to do earlier. It was one of the more wacky things I had ever seen in the woods. That bird must have hopped from branch to branch with a broken wing and got nervous when Ben was standing there. I guess it got so nervous it couldn't hold onto the tree limb anymore. Anyway, persistence paid off and we didn't leave a wounded animal behind.

Tony Smith graduated from the University of Vermont with a degree in Wildlife Biology and Forestry. He works for the Vermont Department of Fish & Wildlife. Email your questions to him at tonyoutdoorsnorthstar@gmail.com.

Shelter Walk for youth Oct. 18



The Northeast Kingdom Youth Services' (NEKYS) 5th Annual Shelter Walk to benefit local homeless youth will take place Saturday, Oct. 18.

Students from the Steven's School, pictured above, were some of the many young people supporting the walk last year and they are looking forward to joining the fun this year.

Area students, along with faculty, friends and family are forming walking teams, gathering donations, holding bake sales and raffles and organizing 'dress down days' to raise money for this great cause. All proceeds from the NEKYS Shelter Walk go directly toward safe and stable housing at the Elm Street Shelter, teaching life skills,

and assisting youth in gaining resources and assets.

The day begins with a 9:30 a.m. registration at North Congregational Church on Main Street in St. Johnsbury, and walk kickoff at 10:30 a.m. The three-mile walk loops through downtown and passes by the Elm Street Shelter.

After the walk is a fun filled party at North Church with entertainment, a free barbecue by John Woods from Up in Smoke, family friendly games, music, and a live Magic 97.7 radio broadcast. Numerous prizes for individual and team walkers in all age categories will be awarded throughout the day.

The grand finale is the raffle drawing for the 13" MacBook with color printer, generously donated by Northeast Computer Systems and a \$50 gas card.

The NEKYS Annual Shelter Walk unites people from all walks of life and demonstrates the amazing community spirit, good will and generosity of the Northeast Kingdom. Businesses, students, families and community groups are all invited to walk, individually or in a group.

To participate in the Shelter Walk contact NEKYS at 748-8732 today.

Danville Senior Action Center

October Meal Schedule

Meals at Danville Methodist Church. All meals served with a beverage, homemade breads and desserts. Reservations are appreciated by calling (802) 684-3903 before 9:30 a.m. on day of the meal. A donation of \$4 for guests 60+ (Others \$5) is appreciated.

Oct. 2 – Bacon, Broccoli and Cheddar Quiche, Nollie's Donuts, Steamed Carrots and Tomato Juice.

Oct. 7 – Fish Portions w/tartar sauce, Tater Tots, Pumpkin Bread, Steamed Broccoli and Oatmeal Raisin Cookies.

Oct. 9 – Shepard's Pie, Spinach Salad w/mandarin oranges and homemade croutons, homemade rolls and V-8 juice.

Oct. 14 – Roast Chicken, stuffing, apples, brown rice, winter squash and tomato juice.

Oct. 16 – Macaroni and Cabot Cheddar Cheese, Kielbasa, peas and carrots, rolls, apple crisp and OJ.

Oct. 21 – Chicken, broccoli and ziti alfredo, roasted vegetables, rolls, tropical fruit salad.

Oct. 23 – Homemade Chicken Dumpling Soup, grilled cheese & tomato sandwiches, pumpkin bread and pudding.

Oct. 28 – Baked ziti, garlic bread, carrots and OJ.

Oct. 30 – Meatloaf, mashed potato/gravy, peas and carrots, tomato juice and rolls.

Trick or Treat?

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The Film Scene

Tell No One

Boston Opera House. An intense, well-crafted thriller, *Tell No One* is equal parts heart-pounding and heart-wrenching. Francois Cluzet stars in this French thriller from director Guillaume Canet. Eight years after the heinous murder of his wife, doctor Alex Beck receives an ominous email from an unknown source. The message contains a video image of Alex's thought-to-be dead wife in real time.

OCT. 3-8

Colonial Theatre in Bethlehem, N.H. Call (603) 869-3422 for showtimes.

OCT. 3-9

Catamount Arts in St. Johnsbury, Vt. Call (802) 748-2600 for showtimes.

Man On Wire

A young Frenchman named Philippe Petit steps out on a wire suspended 1,350 feet above ground between the Twin Towers of the World Trade Center. He dances on the wire with no safety net for almost an hour, crossing it eight times before he is arrested for what becomes known as "the artistic crime of the century." In the months leading up to his clandestine walk, Petit assembles a team of accomplices to plan and execute his "coup" in the most intricate detail. How do they pull it off? Moving between New York and his secret training camp in rural France, Petit and his team plot every detail. Like a band of professional bank robbers, the tasks they face seem virtually insurmountable. But Petit is a man possessed; nothing will thwart his mission to conquer the world's tallest buildings. *Man on Wire* brings Petit's extraordinary adventure back to life with visceral immediacy ripened with post-9/11 nostalgia. Buoyed with eye-catching archival footage, clever dramatizations, and delightful visual effects, film-

maker James Marsh, like his daring subject, pulls off an astonishing coup.

OCT. 10-16

Catamount Arts in St. Johnsbury, Vt. Call (802) 748-2600 for showtimes.

OCT. 24-29

Colonial Theatre in Bethlehem, N.H. Call (603) 869-3422.

Trans-Siberian

Brad Anderson proves once again that he has an exceptional ability to craft a suspenseful thriller. Leaving behind the overtly Hitchcockian style that made "The Machinist" such an interesting formal exercise, Anderson this time shoots his film in color and roots it firmly in the present. Roy (Woody Harrelson) and Jessie (Emily Mortimer) have just finished working with children overseas as part of a church project. Before flying back to the States, they decide to travel from Beijing to Moscow on the Trans-Siberian Express train, where they meet two fellow travelers, the handsome Carlos (Eduardo Noriega) and young Abby (Kate Mara). The couples bond, but gradually Jessie becomes worried that her new friends are involved in drug trafficking. At that point, the web has been spun, and when the intimidating Russian detective Grinko (Ben Kingsley) arrives, Roy and Jessie become innocent targets in a dangerous chase.

OCT. 11-15

Colonial Theatre in Bethlehem, N.H. Call (603) 869-3422.

Goya: Crazy Like a Genius

Written and presented by renowned art critic Robert Hughes, *Crazy Like a Genius* explores the world of Francisco Goya: charting his achievements as a court painter, satirist and war reporter as well as a topographer of the inner self?of madness, fear and despair. The pro-

gram offers a detailed analysis of Goya masterpieces, including examples of his early work and portraiture.

OCT. 16

Colonial Theatre in Bethlehem, N.H. Call (603) 869-3422.

Everest: A Climb for Peace

Director Lance Trumbull will present his feature-length documentary followed by an Q&A with the director.

OCT.16

Alexander Twilight Theatre in Lyndonville, (802) 626-6459.

When Did You Last See Your Father?

An unflinching exploration of a father/son relationship, as Blake Morrison deals with his father Arthur's terminal illness and imminent death. Blake's memories of everything funny, embarrassing and upsetting about his childhood and teens are interspersed with tender and heart-rending scenes in the present, as he struggles to come to terms with his father, and their history of conflict, and learns to accept that one's parents are not always accountable to their children.

OCT. 17-22

Colonial Theatre in Bethlehem, N.H. Call (603) 869-3422.

OSS 117

It's Egypt, 1955, and Cairo is a real nest of spies. Everyone is suspicious of everyone else. Everyone is plotting against everyone else: the British, the French, the Soviets, the family of the deposed King Farouk, who wants to reclaim his throne, the Eagles of Kheops, a religious sect that wants to seize power... A box-office sensation in France, *OSS 117* stars comedian Jean Dujardin as secret agent Hubert Bonisseur de la Bath, a.k.a. *OSS 117* who somehow succeeds in spite of his ineptitude.

OCT. 17-23

Catamount Arts in St. Johnsbury, Vt. Call (802) 748-2600 for showtimes.

Frozen River

Indians and whites; a white driver is much less likely to be stopped and questioned. So Ray drives with one hand on the steering wheel, the other holding a gun. The dangers are many, other smugglers, the law and the always lurking fear that the ice may not hold the car. **OCT. 24-30** Catamount Arts in St. Johnsbury, Vt. Call (802) 748-2600 for showtimes.

Filmed in upstate New York, writer/director Courtney Hunt's award-winning debut feature is set in and around the town of Massena. The closest thing to a social hub is a bingo parlor on the Mohawk reservation that straddles the frozen St. Lawrence River and is there that the husband of Ray Eddy (Melissa Leo), gambled away the family's meager savings before deserting her and their two sons. Ray earns a meager wage working part time at the Yankee One Dollar Store where, desperate for cash, she reluctantly teams up with Lila (Misty Upham), a widowed Mohawk Indian. Lila is as desperate as Ray and together they smuggle illegal aliens from China and Pakistan across the frozen St. Lawrence River from Canada to the U.S. The state police have a double standard for

Indians and whites; a white driver is much less likely to be stopped and questioned. So Ray drives with one hand on the steering wheel, the other holding a gun. The dangers are many, other smugglers, the law and the always lurking fear that the ice may not hold the car.

OCT. 24-30

Catamount Arts in St. Johnsbury, Vt. Call (802) 748-2600 for showtimes.

Back East

Snowboarding film. I Heart Snow's production of Lyndon State College student Ian Post's "Back East" stops at Lyndon State on its premier tour. The film features snowboarding at resorts around New England.

OCT. 24

Alexander Twilight Theatre in Lyndonville, (802) 626-6459.

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Autumn on the Green Oct. 5

Danville's town green exhibits its charm and accessibility at Autumn on the Green on Oct. 5, an award-winning regional showcase for artisans, crafters, cottage industries and local businesses amidst the spectacular views and color of autumn in Danville. Sponsored by the Danville Chamber of Commerce, the 6th annual Autumn on the Green hosts creative talent from throughout New England.

The feel of an old-fashioned exhibition greets the several thousand visitors who stop to watch a horseshoe or dinner bell being forged, a satin smooth bowl being created from a block of wood, or classic Windsor

By Cheryl Lindsay

chairs taking form. Dowzers may offer passersby a rod and a lesson on discovering underground water veins. Last year folks from 41 states, the District of Columbia, 19 foreign countries and 6 Canadian Provinces roamed the village green perusing the art and crafts of well over 100 vendors while enjoying live music from the bandstand. At a centrally located information tent where Cabot Cheese samples are available for tasting, guests are asked to place a pin in a large map to indicate their hometown

From die-hard burger busters to dedicated vegetarians, pulled-

pork enthusiasts to those with an insatiable sweet tooth, and so much more, there are menu choices to please everyone. Food is plentiful, widely varied and oh, so good.

Named a Top 10 Fall Event by the Vermont Chamber of Commerce, Autumn on the Green embodies the welcome of a New England village enjoying and sharing autumn at its peak. Festivities are free and accessible; they begin at 10 am and conclude at 4 pm. Buses are welcome; bus parking is available.

For more information call (802) 684-2528, visit the website www.autumnonthegreen.com or write to aog@charter.net



Pope Notes

Dee Palmer,
Library Director

Buy your tickets now for the Sunday, October 5th Chicken and Biscuits dinner put on by the Creamery Restaurant to benefit the Pope Library. Marion and her crew will again be cooking up a delicious meal of chicken and gravy over biscuits with homemade cranberry sauce, peas, sweet potato casserole and ice cream for dessert. Enjoy your dinner at the Creamery or take it to go and enjoy at Autumn on the Green. Take out is available at 11:30 Tickets are \$12.50 each and are available at the library (684-2256) or by calling Diane Webster at 684-2230. Tickets are limited so we suggest you purchase them in advance to avoid missing out on this very popular meal.

We have plenty of copies of "Restless Spirit: The Story of Robert Frost" by Natalie Bober to circulate. Restless Spirit is the 2008 Vermont Reads book, sponsored by the Vermont Council on the Humanities. This young-adult biography, first published in 1981 of one of America's most celebrated poets retains all the charm and substance that only a classic can. Stop in and pick up a copy.

Our fall book discussion theme is Gastronomy: Novels About Food and Culture. The series includes: The Last Chinese Chef by Nicole Mones, Paper Fish by Tina de Rosa and Crescent by Diana Abu-Jaber. The discussions begin on Wednesday, October 22 at 7 p.m. Books and schedules are available at the library. This program, sponsored by the Vermont Humanities Council is free and open to the public.

From the Children's Room

Please join us for story hour on Mondays at 10 am. We have many new books to share and enjoy. Call the library for details or just show up! We look forward to seeing our youngest patrons and their grown-ups!

Letters

Continued from Page 13

Our Dear interesting Brother Hiram is or pretends to be what you term a Long Heel down East. he is deeply engrossed in worldly matters, planted 12 acres of potatoes this year he had a light crop but they are not much diseased. Orville has got into his new house. he expects to get the premium on his 3 acres corn 150 bush-raised 150 bushels Buckwheat. Harvey

has bought a farm in the vicinity of the Brick schoolhouse for \$550 as I am informed I am glad for your sake that he did not go East. . . .

You perceive that we are going to have a Rail-road up the Passumpsic soon, it will probably be built to Wells River next year. I should think the Portland road thro Dixfield Notch would be a cold Sucker.

Do not think of retaliating when you get this but write immediately and tell me all the news. How did your crops come in?

How much stock have you, etc. It must have been very hard for you this summer, Betsey has been so unwell. Our respects to all who enquire . . .

Yours in the bonds of affection,

U. W. Miner

A typed copy of this letter is preserved in the Peacham Historical Association. Editor's additions are in brackets; words missing are indicated by ellipses. Contact us if you know what "a Warner Martin promise" is.



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Lyndon Institute

Athletic Events ~ Fall 2008

<p>Varsity Football</p> <p>October 3 LI @ U32, 7:00 p.m. 11 Milton @ LI, 7:00 p.m. 18 Mill River @ LI, 1:00 p.m. 25 LI @ STJA, 1:00 p.m.</p> <p>Froshman Football</p> <p>October 1 BFA @ LI 4:00 p.m. 8 STJA @ LI, 4:00 p.m. 15 LI @ North Country, 6:00 p.m. 22 LI @ Hartford, 4:00 p.m.</p> <p>Junior Varsity Football</p> <p>October 6 LI @ Oxbow, 4:00 p.m. 13 LI @ STJA, 4:00 p.m. 20 Hartford @ LI, 4:00 p.m.</p> <p>Cross Country</p> <p>October 1 @ STJA, 3:30 p.m. 4 @ Thetford Invitational, 10:00 a.m. 7 @ Kingdom Trails, 3:30 p.m. 11 @ Peoples Invitational, 11:00 a.m. 14 @ Lake Region Relays, 4:00 p.m. 17 @ LI (League Champ), 2:00/3:00 25 @ Thetford (States), 10:00 a.m.</p>	<p>Field Hockey JV Games to Follow V</p> <p>October 2 LI @ Harwood, 3:45 p.m. 4 Montpelier @ LI, 3:00 p.m. 8 Rice @ LI, 3:45 p.m. 10 Spaulding @ LI, 3:45 p.m.</p> <p>Girls Soccer V & JV</p> <p>October 4 Randolph @ LI, 4:00 p.m. 6 Peoples @ LI, 4:00 p.m. 14 LI @ Spaulding, 4:00 p.m. 16 STJA @ LI, 4:00 p.m. 16 LI @ Montpelier, 1:00 p.m.</p> <p>Boys Soccer V & JV</p> <p>October 1 North Country @ LI, 4:00 p.m. 3 LI @ Randolph, 4:00 p.m. 7 U32 @ LI, 4:00 p.m. 10 LI @ Harwood, 4:00 p.m. 15 Spaulding @ LI, 4:00 p.m. 17 LI @ Stowe, 4:00 p.m.</p>
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GOOD LUCK VIKINGS
Paul Wheeler, Athletic Director

Dr. Richard Leven
Dr. Stephen Feltus
Dr. Rebecca Hogan
Dr. Andrew Ishak
Dr. Robin Vance-Ishak




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What's happening at town hall

Barnet

Town Clerk: William Hoar
 Selectboard: Ted Faris, Stanley Robinson and Jeremy Roberts

Sept. 22, 2008

Road Foreman - Road foreman Tim Gibbs appeared to discuss various items that have occurred in his first three weeks on the job. Gibbs reported he is working on Roy Mountain Road to keep from losing any of the new pavement into the recently cleaned out ditches. When the ditches were cleaned out after heavy rains, they were cut in such a way that it is undermining some of the roadway. He is waiting for a price on work to help this out. Discussion ensued on his grading of roads in Town. He plans to stay in one area until the roads are graded and then move throughout the town-not going from one end of the town to the other. Gibbs does feel that there is a great need for brush cutting and the best investment the town could make next year is a mowing tractor with a bush hog. Continued to talk about various items and the Board expressed their approval of the work he had done to date. Old Silo Road resident Hiram Allen appeared to let the town know that the pavement on the East Barnet Bridge is starting to crumble.

Danville

Town Clerk: Virginia Morse
 Town Administrator - Merton Leonard
 Selectboard: Marion Sevigny, Denise Briggs, Doug Pastula, Marvin Withers and Michael Walsh

September 4, 2008

Village Improvement - Crystal Fox was present to request that the Village Improvement Society be allowed to set a semi movable

bench on the Green in memory of Paul Sevigny. The Board thought that was a great idea and approval was given.

Pumpkin Hill - Jo Guertin was present to request the roads in the Pumpkin Hill area be graded, the ditches repaired, and the culverts cleaned, as she feels this area has been neglected. Kevin Gadapee responded that he and the road crew have been continually working on the roads this summer, but there has been three severe rain events, with several roads being totally washed out three times, that have taken a lot of time to be made passable. With 120 miles of roads it not only takes awhile to get them all back into shape, but even to find all the problem areas if someone doesn't report them. However, he and the road crew will go down to that area the first of the week and get them taken care of. Kevin also reported that he and the road crew continues to repair roads, grading and now chloriding daily, cleaning culverts and ditches daily and installed two new culverts on Old Stagecoach Road the past week. The roadside mower also continues to mow every two weeks. He has also been preparing for the arrival of the new concrete culvert for Calkins Camp Road that is scheduled for Sept. 24, as well as scheduling some work on the Joes Brook Road project.

FEMA - Merton Leonard reported that the governor has requested an extension of the disaster declarations from FEMA for this summer's torrential rains, to include all three of the rain events to hit the state this summer. The town needs this to be approved to get major road damage repair reimbursed.

ATVs - Michael K. Walsh proposed modifying the ATV Ordinance to create a route for the ATVs to be able to travel through the Town of Danville. They can

now travel on class 3 and class 4 roads, but there are connectors missing to get from McDowell Road to Partridge Lane, Webster Hill Road to Crystal Avenue, and Tampico Road to Jamieson Road. After some discussion, Doug Pastula moved to change the ATV/Snowmobile Ordinance to allow ATVs to travel on the following portions of Bruce Badger Memorial Highway between McDowell Road and Partridge Road and between Webster Hill Road and Crystal Avenue, and on the North Danville Road, between Tampico Road and Jamieson Road, all ATVs must be registered and insured, and travel under 25 m.p.h., and be single file and keep to the right of the road, the operators must be at least 16 years old and all must wear helmets. The motion was approved.

Handyman - There was one response to the add and posting for a part time handyman, Ken Munding, who expressed interest in the position. Denise Briggs moved to hire Ken Munding for the part time handyman position with the town at the same job description as before, which was approved. As there was only one bid for the work on the North Danville School heating system, the board approved awarding the job to Trombly Plumbing and Heating.

September 18th, 2008

New Hire - Ginny Morse requested the Select Board hire someone part time for an additional 8 hours per week. The board approved.

Good News - Road Agent Kevin Gadapee and Town Administrator Merton Leonard reported that Vermont had received the expected presidential declaration extending FEMA aid for the three rain events of the summer from July 21 to Aug. 12, which is very good news for Danville as the town will now get reimbursement for 90 percent of the road damage from the summer rain events.

Winter Salt - Merton also reported there is continuing concern for

salt availability this winter, Gadapee confirmed that he has ordered six truck loads to fill his salt shed this fall and will reorder as it is used; he has received the engineering drawings for the Harvey's Hollow bridge project, but it is to late in the year to do the work this year it will be scheduled for spring; Button Up Vermont is holding workshops to help people weather proof their homes to reduce heat loss and save fuel for the winter, there are two workshops scheduled for St Johnsbury and he was wondering if Danville should have one; Ken Munding has started doing some odd jobs on the town buildings; that the Planning Commission is having a public meeting on Smart Growths work on the village zoning bylaw next Thursday and they hope they will get a large turnout.

Lyndon

Town Clerk - Lisa Barrett
 Administrative Assistant - Dan Hill
 Selectmen: Martha Feltus, Kevin Calkins and Kermit Fisher

Sept. 2, 2008

Fuel Oil Bid - Verbal bids were obtained for propane at the public safety facility. The fire chief recommends staying with the current supplier since they provide the service for the heating system. The board accepted the bid of Fred's Plumbing & Heating at \$2.29 per gallon for the 2008-2009 heating season due to the service work they provide.

Snow Removal Policy - The Board discussed the current "bare roads" policy with road foreman Robert Nutting. Nutting explained that the crew currently waits for there to be 2 to 3 inches of snow on the ground before starting to plow and they wait until it has stopped snowing before starting to sand. The Board asked Nutting to cut back on materials and time, as best he can, using his judgment, and to give the road crew an afternoon off now and then to save money, but to still keep the roads

safe. **Paving Update** - The cost of paving the Town's portion of Pinehurst Street is \$73,500. The Board approved using \$7,629 of savings earmarked for reclaiming and take to the balance out of the summer project construction budget. The reclamation bill, which has yet to be received, will be paid out of the project construction budget as well.

Skateboard Park Update - The cost of the parts/pieces of the park will be \$28,000 and it will cost another \$22,000 to prepare the site with an asphalt surface. The grant expires in December 2009, and is a 50/50 match. The Board would like to move forward as long as fundraising and in-kind donations make up the difference of what the Town needs to contribute. There is already \$9,000 saved for the project.

Pedestrian Bridge Discussion - State agencies have approved the use of the enhancement grant monies, earmarked for installing the bridge roof, for getting the necessary permits for the bridge. The Board feels that the bridge is a valuable resource for the community and will do what it can to save the bridge. The board approved pursuing the permitting process.

Peacham

Town Clerk: Bruce Lafferty
 Selectmen: Richard Browne, Tim McKay and Gary Swenson.

Report - The administrative assistant reported that repairs to storm damaged Mack's Mountain Road is 80 percent complete, the cost of winter sand has increased due to trucking expenses, and that no repairs have yet been made to Ha'Penny Road or Penny Street culverts. Two piles of dirt have been placed at either end of the bridge of the Ha'Penny Road bridge to eliminate through traffic. **Economic Committee** - The Select Board confirmed the purpose of the Economic Committee. Its purpose is to find sources of funding, for ongoing Town opera-



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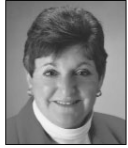
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See your town clerk for full minutes

tions and proposed projects including those presented in the Village Plan.

St. Johnsbury

Town Manager: Michael Welch
Town Clerk: Sandy Grenier
Selectboard: Bryon Quatrini, Gary Reis, Daniel Kimbell, Jim Rust, and Jean Hall Wheeler.

September 8, 2008

Skateboard Park – Recreation Director Joe Fox and property owner Lew Apgar reviewed a proposal to construct a skateboard park in the parking area behind Kingdom Outdoors on Railroad Street. Joe said fundraising has begun and a pledge of \$25,000 has been received from a donor. Joe introduced two students who will be working on the project, Pat Mayhew and Jim Baker. Joe said that he has already met with the loss control specialist from the Vermont League of Cities and Towns to discuss any issues from an insurance standpoint. Lew Apgar said one of the important components in order to control access to the park is a fenced-in area. The town manager said this location was initially identified by former Recreation Director Mike Johnson due to its downtown proximity, easy access, visibility, and ability for the Police and Recreation Department staff to monitor. The Town had leased the land from the previous property-owner. Joe said that he would like to have the Select Board consider support for the park and the location before more work is done. Following discussion, the board authorized the town manager to move forward with a lease arrangement for the park.

Community Center - The Board reviewed the EH Danson proposal for the assessment of the community center. The bid is not to exceed \$18,440 plus incidental

expenses. Daniel Kimbell asked if this study would look at the entire building. The town manager said it would. Following the discussion, the board approved a contract for the Community Center Assessment.

Water System – The Board reviewed the bid information for the Overcliff Tank project. The town manager said Dufresne Associates has performed their due diligence and has recommended the Select Board award a contract to Statewide Aquastore, Inc., East Syracuse, N.Y., for the base bid amount of \$ 1,169,024. The town manager said, at at this time, Dufresne Associates is not recommending the town award the cleaning and lining contract. Daniel Kimbell said it is important the town keep voters informed about what will not be done within the water system improvement project of \$5.6 million. Following discussion, the board approved the issuance of a contract for the construction of the Overcliff Storage Tanks to Statewide Aquastore, Inc.

Weight Limits – Chair Bryon Quatrini updated the Board relative to the Interstate Weight Limit group. Bryon said that members of the group met with local representatives from Sen. Patrick Leahy's Office, Sen. Bernie Sander's Office and Rep. Mike Welch's Office in Montpelier. Bryon said that there was not a lot of support from the legislative delegation for a waiver in the federal weight restrictions. Bryon said that the VLCT will be sending a resolution around to all communities to ask them to consider taking action. Jim Rust recommended that the Town request that St. Johnsbury Academy update the capstone information that was prepared several years ago – so that folks can have a good visual presentation on the issues associ-

ated with these overweight vehicles on Western Avenue and Main Street. Bryon said that the group would continue to work on this issue.

Winter Parking Ban – The town manager provided information on the Winter Parking Ban. The Manager said last year members of the Board considered allowing some on-street parking during the winter. The current policy is that there is no on-street parking overnight in the winter, and there is no parking in municipal parking lots overnight – except along the wall on the North section of Pearl Street, and in the area designated for Depot Square in the Parking lot in back of TD Banknorth. The Manager said individuals need to make winter arrangements with other property owners, park on lawns, or make arrangements with a church, bank, or other commercial establishment. Bryon Quatrini suggested that the Town may want to consider this for a small area as a pilot to see how it would work. Joel Schwartz suggested that some areas use an odd/even system for parking on one side of the road or the other. The Manager said that when he contacted other communities about this issue several years ago – he did not get a positive response from any of the responding communities relative to allowing parking on-street in the winter.

Elk's Club – The town manager provided the Board with a copy of a request from the Elk's Club to reimburse them for \$5,358 in work that they did on their Western Avenue property that they believe this is the Town's responsibility. The town manager said he had discussed this with Water Superintendent Dan Scott and Dan did not believe that this was the Town's responsibility. The Board agreed to refer this matter to the Water Grievance

Committee and to invite Dan Scott and representative from the Elks to participate.

Fountain Repair – Linda Garey is starting a fund-raising initiative to repair the Fountain in Arnold Park. The estimate from DeAngelis Ironworks to repair the fountain is over \$50,000. Jim Rust stated that the Town should look into the proper maintenance of these town treasures to make sure that proper care is taken to preserve them.

Walden

Town Clerk: Lina Smith
Selectboard: David Brown, Perley Greaves and Douglas Luther

September 8, 2008

Trail Head - Alan Robertson from Lamoille Valley Rails discussed the possibility of putting a trail head in Walden. The Board stated that they support having a trail head in Walden and will send a letter of support. The initial location suggested by Robertson is in Walden Heights, but he noted the Board could choose another location if a more desirable one is found.

September 23, 2008

Culverts - James Silver attended

the meeting to ask the town to install two culverts near his property on Stannard Mountain Road. The Board agreed that the road crew can do the work if Mr. Silver pays for the culverts and the rental of the excavator.

Road Foreman - Robert Bell has accepted the position of Road Foreman to replace Carroll Hall who is retiring. An ad will go in the Caledonia Record and Hardwick Gazette advertising for a road crew worker. Applications are available at the Town Clerk's office for anyone interested and due by October 15, 2008.

Road Work - The town clerk reported that she had heard from Zarina O'Hagin regarding her client who would like to do some work on the Class 4 section of Coles Pond Road. After discussion, the Board asked that a detailed description of the work to be done be submitted in writing to the Board for review and permission before any work begins.

Open House - An Open House for Carroll Hall's retirement will be Saturday, Oct. 18 from 5 to 7 p.m. at the Emergency Services Building. It is hoped that many townspeople will come to say thank you and wish him well.

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Law Offices of Jay C. Abramson

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Law Office of Deborah T. Bucknam, PC

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Gadapee Family Sugarhouse

Pure VT Maple Syrup in a variety of containers from gallon to half pint jugs and specialty glass. Maple cream, candy, sugar and maple jelly to order. We have the "Vermont Seal of Quality" and we ship. 718 Calkins Camp Rd., Danville, VT 05828. (802) 684-3323. gadmaple@together.net

Broadview Farm Maple

Pure VT Maple Syrup available in Grade A Fancy, Medium Amber, Dark Amber and Grade B. "Vermont Seal of Quality." Maple Cream, Maple Candy and Maple Sugar are available. We ship via UPS or Parcel Post. Joe Newell, 442 York Street, Lyndonville, VT 05851. (802) 626-8396. joe@newells.net

Goodrich's Maple Farm

Award-winning Maple Syrup & Products. Retail, Wholesale and Mail Order. Sugaring equipment and supplies. Custom tubing installation and consultation. 2427 US 2, Cabot, VT 05647. (802) 426-3388. www.goodrichmaplefarm.com

Cabot Hills Maple Certified Organic Syrup

Vermont Fancy, Medium Amber, Dark Amber and Grade B syrup. Marcia Maynard and Family, Thistle Hill, PO Box 68, Cabot, VT 05647. syrup@cabothillsmple.com (802) 426-3463. Visa/MC. To buy our syrup call, email, write or order online at www.cabothillsmple.com

Meat

Lewis Creek Jerseys Badger Brook Meats

Vince Foy & Deb Yonker. Retailing Certified Organic Angus Beef and Lamb by the Cut in any Quantity. North Danville, VT 05828. (802) 748-8461.

Duncan's Beef

Home grown grass & grain fed beef. Sold by the cut. Clark and Jennifer Duncan. (802) 633-3036 West Barnet, VT.

Music Studio

Vermont Sky Digital Audio

16-Track Professional Recording Studio for Singers, Songwriters, Students and Bands. Advertising Jingles; Creative Consulting and Guitar Classes. Barnet, VT 05821. (802) 633-2523.

Old Barns

The Barn People

Since 1974 Vintage Vermont barns purchased, dismantled, restored & reassembled elsewhere. Great for homes, additions, Great Rooms, studios, backyard offices and oddly enough... barns. Ken Epworth, 2218 US RT 5 N, Windsor, VT 05089. (802) 674-5898. barnman@sover.net

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Your Family Eye-Care Center. Eye Exams, Contact Lenses and Consultation for Laser-Eye Surgery. Green Mountain Mall, St. Johnsbury Center, VT (802) 748-3536 or Berlin Mall, Berlin, VT. (802) 223-2090.

Pet Care

North Danville Pet Hotel

"It's not just a kennel. It's a camp." Boarding and grooming both cats and dogs. 1319 North Danville Road, Danville, VT 05828. Rusty & Laurie Speicher, proprietors. (802) 748-5810.

Real Estate

Coldwell Banker All Seasons Realty

Brent Shafer CBR - Realtor Broker-in-Charge. 3 office locations to serve the entire Northeast Kingdom with 18 full time salespeople. Lakefront, Residential and Acreage. PO Box 1166, Lyndonville, VT 05851. (802)

626-4343. Allseaslyn@together.net

Morrill & Guyer Associates

791 Broad Street, Lyndonville, VT 05851. (802) 626-9357. Fax (802) 626-6913. realestate@homeinthekingdom.com www.homeinthekingdom.com

Peter D. Watson Agency, Inc.

Country, period and vacation homes; land and timber tracts, farms and businesses. Free market analysis. Greensboro: (802) 533-7077. Hardwick: (802) 472-3338. East Burke: (802) 626-4222. www.northernvtrealstate.com

Century 21 Quatrini Real Estate

Susan S. Quatrini, GRI, Broker-Owner. 1111 Main Street. St. Johnsbury, VT 05819. (802) 748-9543 or (802) 748-3873. c21qre@sover.net

David A. Lussier Real Estate

Farms, Acreage, Homes and Investment Properties. 540 Main Street, PO Box 872, Lyndonville, VT 05851. (802) 626-9541 or (802) 626-8482. Lussier@kingcon.com

Robin Jacobs, Managing Broker Peabody & Smith Realty, Inc.

357 Western Avenue, St. Johnsbury, VT 05819, (802) 748-4407 ext. 16. robinj@peabodysmith.com www.peabodysmith.com

Barbara Machell, Realtor Begin Realty Associates

On the Green in Danville. Long time resident of Danville, specializing in Residential property, Vacation homes, Land and Farms. (802) 684-1127. bmachell@beginrealty.com

Liberty Title & Closing Company of Vermont

Located in downtown St. Johnsbury and servicing the Northeast Kingdom. Toll free (888)-241-6549 or (802) 748-1300. www.libertytitleofvermont.com

Real Estate Appraisal

Reynolds Real Estate

VT Certified Appraisers, Donald Morrill and Annie Guyer. 791 Broad Street, Lyndonville, VT 05851. (802) 626-9357. reynolds@charterinternet.com

Schools

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Home of Defender Vacuum, made locally. Wide choice of new vacuums, uprights, canisters and backpacks. Service, parts and supplies for most makes. Sewing machine dealer for Bernina and Necchi. Parts and expert service for most makes. Scissor and knife sharpening. 442 Portland St. (next to Sherwin-Williams Paint), St. Johnsbury, VT 05819. (802) 748-9190.

Ski Equipment

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Tax Preparation

H&R Block

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Tires

Berry Tire Co., Inc.

New tire sales and automotive repair. Everett Berry, 1545 Red Village Road, Lyndonville, VT 05851. (802) 626-9326.

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Veterinarians

Companion Animal Care

Small animal medicine & surgery. Bob Hicks, DVM. 54 Western Ave., St. Johnsbury, VT. (802) 748-2855.

Northern Equine Veterinary Services

Steve B. Levine. Practice limited to horses. Saturday appointments available. (802) 684-9977. 254 RT 2, Danville, VT 05828. www.northernequine.com

Volunteers

R.S.V.P.

Do you have some free time? Do you want to help an organization in the Northeast Kingdom as a volunteer? For information call the Retired and Senior Volunteer Program and the Volunteer Center at (802) 626-5135 or (802) 334-7047.

Water Systems

H.A. Manosh Corporation

Well Drilling & Hydrofracturing, Water Systems & Treatment, 24-hour Plumbing, Video Well Inspections, Water Fountains. Morrisville, VT 05661. (802) 888-5722 or (800) 544-7666. www.manosh.com

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Bob's Welding

General Fabrication and Repair. Stop by and be surprised. Lyndonville, VT. (802) 626-5502.

Around the Town

Community Calendar

ONGOING

DAILY: Northeast Kingdom Artisans Guild Backroom Gallery "Garden Reflections" exhibition featuring work by Marion Greenwood, Meryl Lebowitz, Ellen Levitt and Viiu Niiler, June 6 - July 15. (802) 535-5008.

DAILY: (June 8 - November 1) Bread & Puppet Museum, 10 a.m. - 6 p.m. Glover.

Weekends: Ben's Mill, Barnet, open Saturdays & Sundays 11 a.m. - 3 p.m. (through Columbus Day Weekend). (802) 748-8180.

SUNDAYS: (Starting July 6 - August 31) Bread & Puppet Circus and Pageant, 4 p.m. Glover.

MONDAYS: Story Time, St. Johnsbury Athenaeum Youth Library, 10:30 a.m. (802) 748-8291.

MONDAYS: Story Time, Pope Library, Danville, 10 a.m. (802) 684-2256.

Mondays - Just Parents meet with concerns for drugs and kids, Parent Child Center, St. Johnsbury, 7 p.m. (802) 748-6040.

1ST MONDAY: North Danville Community Club, Meeting, 6 p.m. North Danville Community Center. (802) 748-9415.

1ST & 3RD MONDAYS: "Six O'clock Prompt," Writers' Support Group, 6 p.m. St. Johnsbury Athenaeum. (802) 633-2617.

2ND MONDAY: Cancer Support Group, NVRH Conference Room A, 4 p.m. (802) 748-8116.

LAST MONDAY: Alzheimer's Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury. 7 p.m. (802) 748-8116.

TUESDAYS: Baby & Toddler Story Hour, Cobleigh Library, Lyndonville. 10 a.m. (802) 626-5475.

TUESDAYS: Cribbage Tournaments, 6 p.m. Lake View Grange Hall, West Barnet. (802) 684-3386.

2ND & 4TH TUESDAY: Bereavement Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury. 5:30 p.m. (802) 748-8116.

2ND & 4TH TUESDAY: Drop-in quilting at 1 p.m. at the Cobleigh Public Library, (802) 626-5475.

WEDNESDAYS: Read 'n' Stuff, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.

WEDNESDAYS: Ordinary Magic. Meditation for Life, St. Johnsbury Shambhala Center, 17 Eastern Avenue, 6-7 p.m.

3RD WEDNESDAY: Cardiac Support Group, NVRH, 6:30 p.m. (802) 748-7401.

THURSDAYS: Introduction to Computers, Cobleigh Library, Lyndonville. 10 a.m. (802) 626-5475.

THURSDAYS: Danville Town Band Rehearsal, 7 p.m. Danville School auditorium. (802) 684-1180.

2ND THURSDAY: Film discussion following 7 p.m. film at Catamount Arts, St. Johnsbury. (802) 748-8813.

3RD THURSDAY: Caregivers Support Group, Riverside Life Enrichment Center, 10 a.m. (802) 626-3900.

THURSDAYS: Read and Weed Book Club, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.

SATURDAY & SUNDAY: Planetarium Show 1:30 p.m. Fairbanks Museum, St. Johnsbury. (802) 748-2372.

SATURDAYS: Bridge Club for all experience levels, Cobleigh Library, Lyndonville, 12:30 p.m. (802) 626-5475.

1ST SATURDAY: Men's Ecumenical Breakfast, Methodist Church, Danville, 7 a.m. (802) 684-3666.

1ST SATURDAY: Scrabble Club, St. Johnsbury Athenaeum, Noon - 4 p.m. (802) 748-8291.

3RD SATURDAY: Breast Cancer Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury, 10 a.m. (802) 748-8116.

OCTOBER

WED.1

JAMES M. MCPHERSON, Acclaimed Civil War historian will consider Lincoln's role as commander in chief during the war in a talk at Montpelier's Unitarian Church as part of the Vermont Humanities Council's First Wednesdays lecture series and takes place at 7 p.m. For more information, contact the Ilsley Public Library at (802) 388-4095 or contact the Vermont Humanities Council at 802.262.2626 or info@vermonthumanities.org, or visit www.vermonthumanities.org.

THURS.3

CONTRA DANCE at the Danville Town Hall at 8 p.m. Small donation requested to help cover the cost of renting the hall. Musicians are always invited to sit in and join with the fun of playing traditional dance tunes. Dances are easily learned by young and old. All are welcome. For more information contact

David Carpenter at (802) 563-3225 or amlyman@fairpoint.net

SUN.5

BREAD AND PUPPET Theater's 7th Annual Political Leaf-Peeping with music, bread, cantastorias, and Sourdough Circus! On the Bread and Puppet Farm at 3 p.m. - Route 122, Glover, Vermont. Call (802) 525-3031/6972 for more information.

AUTUMN ON THE GREEN, Danville, An award winning showcase for more than 100 artisans & crafters. (802) 684-2528, www.autumnonthegreen.com or aog@charter.net.

MON.6

NEK AUDUBON Informational & Planning Meeting, Fairbanks Museum, 4:30 p.m. (802) 748-8515.

FRI.10

BOOK SALE, The Cobleigh Public Library is accepting donations of clean, used books, books on tape, CD's, DVD's, videos or software for its annual book sale at the town offices Oct. 10 and 11 from noon to 7 p.m. put on by the Friends of the Library. Please contact the library, 626-5475, for more information.

SAT.11

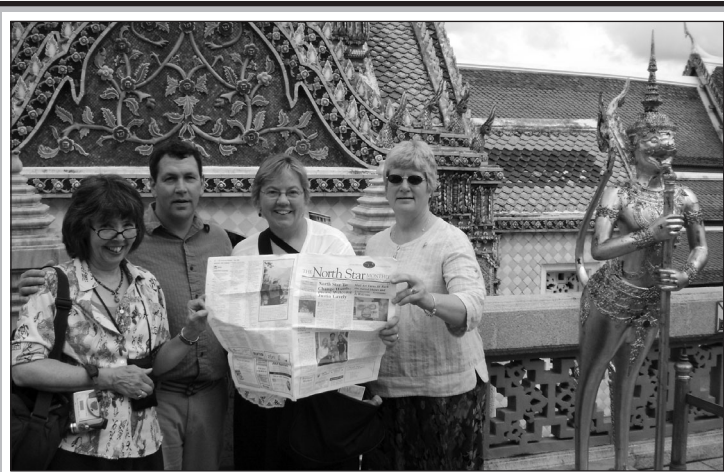
PANCAKE BREAKFAST, Lake View Grange Hall, West Barnet, 8-10 a.m. (802) 748-8180.

MON.13

NEK AUDUBON bird trip, Dead Creek and Champlain Valley, Meet at West Danville Park & Ride, 7 a.m. (802) 748-8515. To sign up for trips, contact Tom Berriman (802) 626-9071 or email at thomas.berriman@verizon.net.

TUES 14

WINTER RESOURCE FAIR, from 2 p.m. to 5 p.m. at the Good Living Senior Center, St. Johnsbury. Seniors and their families will meet local service providers who will highlight community resources available to help them through the winter home heating season. For more information about the Winter Resource Fairs or to arrange transportation to the fairs, call the Area Agency



Danville teachers Caroline DeMaio, Steve Judkins, Wendy Lamphere and Barb Hawley review the news from The North Star while touring the Grand Palace in Bangkok, Thailand. The four Danville teachers were part of a group of 16 Vermont teachers who were accepted by the Asian Studies Outreach Program at the University of Vermont to tour Thailand for three weeks in July. The group visited important cultural and historic sites as well as visiting many Thai schools and teaching in Thai classrooms throughout the country. They will be bringing much of what they learned about Thailand into their classrooms to share with their students this school year.

on Aging at 748-5182 or (800) 642-5119.

WED.15

ATHENAEUM UPSTAIRS GALLERY, Paintings by Edward Kadunc, St. Johnsbury. Call (802) 748-8291 for details.

FRI.17

SHOUT IT OUT, Lyndon Institute, an adaptation of the original stage musical "The Voices Project" that toured 13 Vermont towns in 2005. (802) 592-3190

SAT.18

NEK AUDUBON TRIP, Dead Creek and Champlain Valley Meet 7 a.m. in Danville. Look for snow geese and rough-legged hawks. To sign up for trips, contact Tom Berriman (802) 626-9071 or email at thomas.berriman@verizon.net.

PAPER CUTTING WITH CAROLYN GUEST, Create one-of-a-kind paper cut designs for note cards and scrap booking. Call (802) 748-2372 or email info@fairbanksmuseum.com for details.

Ninth Annual Cabot Apple Pie Festival, Cabot School Gym, 9 a.m. - 3 p.m. Apple pie baking contests for adults and juniors. Pies must be entered by 10:30 a.m. (entry fee). Prizes. Call (802) 563-2526 to reserve a space.

FRI.19

FEET FOR FOOD WALK, Register at 12:30 p.m. at St. Peter's Parish Hall, Elm Street i Lyndonville. Walk starts at 1 p.m. and goes over Stevens Loop to raise money for the Lyndon Area Food Shelf. Call (802) 626-5586 for more information.

#6935 COMFY, COZY, & IMMACULATE is what you would say about this 3 bdrm. home. Very charming with it's first floor laundry and 2nd laundry in Basement. Large living room with hearth that could possibly be used for an alt. heat source. Closed in very bright front porch, nice size deck out back for those family barbeques. New roof in fall of 2007, and a generator that services most of the home. A lot to See!



Offered at \$72,500

#36939 Well maintained double-wide mobile home on 1.3 acres near town and all amenities. Walking distance to LSC and LI. Large yard to play in with nice views. Come and see this one because it won't last long.



Priced at \$138,000

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MLS#2728997 Use this 2-family home for a commercial location, an investment property or your primary residence! Right now there are 2 very nice apartments with large eat-in kitchens, living rooms and bedrooms. Recent improvements are replacement windows, metal roof and vinyl siding - all within the last three years. There is a 2 acre +/- lot, septic and well and school choice for high school.



\$169,000



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ATTENTION: MOUNTAIN BIKERS!

MLS #2706743
East Burke. Close to Burke Mtn Ski Area, the Kingdom Trails mountain bike system and the VAST snowmobile system. This property is cute as can be, perfectly situated on 1.6 acres at the end of a dead-end road. This property has an enclosed porch, septic and tiled spring. All gas appliances, heat and lights AND electrical service as well. Views of Burke Mtn with some tree cutting.



PRICE REDUCED TO \$59,900!



LOOKING FOR A CAMP?
MLS #2743728 Wheelock. Nice and neat camp just in time for hunting season on 10.8 private acres. Chemical toilet and generator. Camp is wired for the 5500 watt generator. Wood stove and appliances are included. New metal roof and all tongue and groove pine interior. VAST trail close by. Great hunting area and lots of other land to hunt on with permission.

LISTED AT A GREAT PRICE
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Fax (802) 626-6913



ML# 2735929 You'll love being able to walk to band concerts, the fair, restaurants, and school from this 100 year old salt box on 2 well groomed acres at the edge of the village. The cozy eat in kitchen opens to the big open dining room and living room. There's a convenient pantry, and you'll like relaxing on the spacious porch. There is lots of bedroom space, 2 1/2 baths, and a 2 car garage. The roof is nearly new.

Priced at \$219,000



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LYNDONVILLE, VT 05851
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www.parkwayrealtyassociates.com

Century 21 QUATRINI Real Estate



AFFORDABLE HOME IN WALDEN

MLS#2742723 This 3 bedroom, 1 bath ranch home has had several improvements including new septic, water heater, furnace and updated electric. Lots of potential. Attached garage. One acre lot with a nice place for a garden or animals.

\$87,000



STANNARD LAND

MLS#2733283 These 4 acres in Stannard would make an excellent building site. Located on a corner lot, the land is lightly wooded and has a possible pond site. Land has been perc tested for septic.

\$46,000

1111 Main St.
St. Johnsbury, VT 05819
email: c21qre@sover.net
website: quatrini.com
realtor.com or AOL Keyword "Century 21"

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North Danville Brainerd Library

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MWF: 2-4 p.m.
Wednesdays: 6-8 p.m.
Winter:
2-4 p.m. MWF

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Year-round on the 3rd pond at Joe's Pond. Access on a town road, approved septic & drilled well, fully insulated, vinyl siding/full basement, full length enclosed porch on front, 3BRs, 2 baths, boathouse w/deck & dock, large detached 2-story garage on 2.28 acre lot available for an extra \$140,000.

ML2738974 \$425,000

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3BR, 2-bath home w/big deck off the kitchen & a 10 x 10 shed. You're centrally located between Montpelier & St. Johnsbury in a nice private neighborhood.

ML2738375 \$124,500



LOOKING FOR LAND IN DANVILLE?

This is the perfect lot with 30 acres. One mile from the center of town yet private w/lots of land & possibility of fantastic views. Brook on the property. Electric is at the roadside. Don't miss out on this one-of-a-kind lot!

ML2738590 \$210,000



ATTENTION HANDYMAN

This 4BR home in Walden overlooks Joe's Pond. It has a multi-room addition & a barn on the property. Could be used as a home office or a 2-family home. It has newer vinyl windows and a new boiler.

ML2721766 \$129,000

BEGIN REALTY ASSOCIATES

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Catamount Arts Gala Grand Opening Weekend

Please join us to
celebrate the opening
of the new
Catamount Arts Center
115 Eastern Avenue
St. Johnsbury
Free and open to
the public

SATURDAY, OCTOBER 4, 6-9 P.M.

Grand Opening Gala with Ribbon Cutting Ceremony
hosted by Governor Jim Douglas – 7 p.m.

Musical performances by the Bob Amos Band and
Barry Sahagian

Short films in Catamount's two new Cinemas

An art exhibit of past and present Catamount Artists

Free caricatures by Larry Golden

Free tours and refreshments

SUNDAY, OCTOBER 5

Free Fiber Arts Festival & Knit-Out – 10 a.m. to 3 p.m.

Free screening of "Don't Know, We'll See" – 2 p.m.

A new, full-length documentary about Karen Karnes, a
nationally-known potter who lives in the Northeast Kingdom
Wine and Cheese reception following the screening

