



# THE North Star MONTHLY

Every Small Town's Newspaper

DANVILLE, VERMONT

GOOD FOR THE WHOLE MONTH

\$1.50

NOVEMBER 2008

Volume 20, Number 9



PAGE 18

Layoffs make for tough holiday season

## A perfect holiday

By Nat Tripp

The most perfect Thanksgiving ever dawns still and gray. I am the first one awake. A deer hunter has parked his car out by the pasture gate. A crow calls from the big pine tree. The dogs bark as I let them out. The temperature is 18 and there is a clear glaze of ice on the pond. I start the coffee and take an enormous turkey out of the refrigerator. I try to keep the banging to a minimum while fishing out the big baking pan. Reeve joins me for coffee. We have decided to eat early because a snowstorm is coming. I mix the stuffing and have the turkey in the oven by eight.

By now, we are joined in the kitchen by a grandmother, several of our children, and one of their spouses. It is enough critical mass for breakfast, which Reeve handles while I visit the barn, taking water and feed to the chickens and sheep. Already, I am thankful. I look back at the house. Smoke rises straight up from two of the chimneys; one of my sons has kindled a fire in the fireplace. Surely it will snow before long, and we have more guests arriving by car all the way from New York; a daughter, an uncle, a cousin and a pair of young lovers. They should be past Hartford

Continued on Page 7

## The Ladies of the Park

Past and present come together to remember and restore landmark



Photos &amp; Story by Justin Lavelly

The 117-year-old iron fountain in St. Johnsbury's Arnold Park was dubbed the "Lady of the Park" for the figurine perched atop the dark green bowl. Linda Garey and Catherine Billig could also be called "Ladies of the Park" for their dedication to the preservation and history of the park area.

The two women will need the help of others to continue their service to the small park at the head of Main Street that has been called an oasis of peace. Dedicated guardians of the community, most of them silent and anonymous, will be asked to take action once again to save one of the town's landmarks.

For the second time in the last 30 years, the Arnold Park fountain needs to be repaired. All that stands in the way is an estimate of \$51,000 from a Boston-based iron restoration company. Garey, formerly of St. Johnsbury and now of West Danville, was involved in the effort to restore the fountain back in the early '80s, after the

Continued on Page 8

Today, the Arnold Park Fountain is missing the figurine, above left, as it waits for restoration. Catherine Billig, above, and her late husband were long time caretakers of the fountain, so much so the town dedicated one of the cement flower pots to Elmer, below left.



**NEED COMPUTER HELP?**  
Hardware or Software  
**wyBatap.com**  
(802) 633-4395  
perstech@wybatap.com  
If I'm not helpful there is no charge.  
See Business Directory on Page 32.

**Maple Center Motors, Inc.**  
1128 Memorial Drive  
St. Johnsbury, VT 05819  
(802) 748-4527  
autotrader.com  
Gary Sanborn  
Kevin Sanborn  
David Greenwood  
Doug Stetson  
Sarah Corey  
Anne Baker

THE North Star MONTHLY

P.O. Box 319 • Danville, VT 05828-0319

# Table of Contents

<b>PAGE 4</b>	<b>Helping Hands</b> Feted in Fantasy Land by Sharon Lakey
<b>PAGE 6</b>	<b>Follow the Money</b> Debt Be Not Proud by Rachel Siegel
<b>PAGE 10</b>	<b>Up On the Farm Early</b> A Halloween Wedding by Lorna Quimby
<b>PAGE 12</b>	<b>No Small Potatoes</b> Time for Venison by Vanna Guldenschuh
<b>PAGE 13</b>	<b>Reflections</b> There's Something About Water by Van Parker
<b>PAGE 14</b>	<b>People &amp; Places</b> My Seventh Continent by Dick Boera
<b>PAGE 17</b>	<b>Autumn on the Green</b> International Flavor by Cheryl Linsley
<b>PAGE 20</b>	<b>Life After Layoff</b> A Challenging Job Market by Carla Occaso
<b>PAGE 26</b>	<b>History Corner</b> Harvesting our Refridgerator by Olive Cheney
<b>PAGE 24</b>	<b>Craftsmen Series</b> Whittle While You Work by Bennet H. Leon
<b>PAGE 25</b>	<b>Walden Hill Journal</b> Cooler November Air by Jeff & Ellen Gold
<b>PAGE 31</b>	<b>Outdoor Adventures</b> Vermont Rifle Season by Tony Smith

## From the Editor

### Banding together

It doesn't take much channel surfing on television these days to find someone talking about the state of the economy, and surprisingly, it isn't always a suit named McCain or Obama. Everyone is concerned about how the financial woes of our country will affect our region, especially local business owners. To make matters worse, the issue is compounded by the always increasing costs of doing business. It never fails with time like these; letter after letter appears on the door steps of small business owners informing them of an impending hike in costs. It could be oil, electricity, rent or something specialized like, say printing.

The temptation in these cases is to simply pass the added costs on to the customers. While this solution is pretty straight forward, it's not always the right move. In some situations it's unavoidable, especially when the viability of the business is at stake. In other cases, where small business owners have the ability to absorb the increases temporarily, the decision becomes very difficult.

While raising prices may make up the difference, it can also may lower revenue, since consumers are in the same boat, battling rough economic waters and their own cost of living increases. There are times where flat lining prices, even temporarily, can help our own businesses and others as well.

We all know businesses aren't meant to run like civic organizations and their main goal is to make money. In the long run, though, all businesses depend on the economic viability of the region and its residents. What makes an area like this better equipped to deal with these prob-

lems is small town attitude. Its unlikely big business would give this idea a second thought, but they lack the personal connection of living and working in a tight community. A community where the business owners are the ones talking with customers, where those cost increase letters are signed by someone you know.

On the national level, this presidential election, at least recently, has been dominated by the

**There are times when flat lining prices, even temporarily, can help our businesses and others as well.**

issue of our struggling economy. Both candidates have put forward no shortage of rhetoric whether it be "Joe the Plumber" or the frequent references to the "middle class." The debate always seems to center on the best way to drive the economy. Is it tax breaks for the middle class so they can get back on their feet? Is it tax breaks for the big business and the wealthy so they can create jobs? Excuse the utopian fence sitting, but we're all in this together.

Pollsters say the economy will be the issue on everyone's mind when they head to voting booth in a few days. Let's hope whichever candidate wins will think long hard about all social classes and the best way to serve them all.

Sen. Joe Biden was right, the next president will be tested as soon as he steps in the oval office, but the challenge may not come just from our enemies overseas.

THE North Star MONTHLY

**EDITORIAL OFFICES:**  
P.O. Box 319 ~ 29 Hill Street  
Danville, VT 05828-0319  
(802) 684-1056

**PUBLISHER & EDITOR:**  
Justin Lavelly

**CONTRIBUTING EDITOR:**  
Lyn Bixby

**ADVERTISING & CIRCULATION:**  
Vicki Moore

**COPY EDITING:**  
Ginni Lavelly  
Judy Lavelly

**SUBSCRIPTIONS:**  
Vanessa Bean

**EDITORIAL ADVISORY BOARD:**  
John Hall  
Jane Brown  
Sue Coppenrath  
Alan Boye

The North Star Monthly is produced and published monthly by Northstar Publishing, LLC located at 29 Hill Street, Danville, VT. Subscription Rates are \$16 per year. Printed in USA. Copyright 2008 by NorthStar Publishing LLC. All rights reserved. No part of this publication may be reprinted or otherwise reproduced without expressed permission from NorthStar Publishing LLC. Publisher is not responsible for errors resulting from typographical errors. Acceptance of advertising is subject to publisher's approval and agreement by the advertiser to indemnify the publisher from loss or expense on claims based upon contents of the advertising. Publisher does not assume liability for errors in any advertising beyond the cost of the space occupied by the individual item in which the error appeared.

Postmaster: Send address changes to **The North Star Monthly**, P.O. Box 319, Danville, VT 05828-0319. Periodical postage paid at Danville, VT.

#### Contributing Writers

Isobel Swartz	Lynn Bonfield	Cheryl Linsley
Dick Boera	Marsha Garrison	Alice Kitchel
Lorna Quimby	Susan Bowen	Burton Zahler
Van Parker	Tony Smith	Ronald Coolbeth
Nathaniel Tripp	Jeff Gold	Carla Occaso
Rachel Seigel	Ellen Gold	Olive Cheney
Bennet Leon	Vanna Guldenschuh	

e-mail: [northstar@kingcon.com](mailto:northstar@kingcon.com)  
[www.northstarmonthly.com](http://www.northstarmonthly.com)

# Write to Us

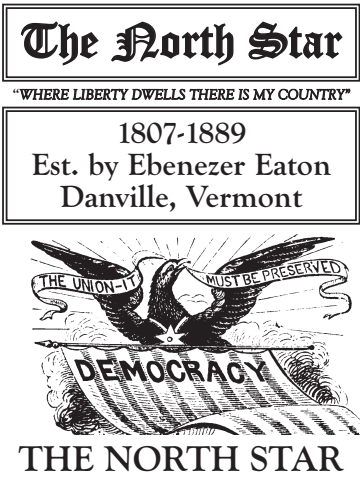


**LETTERS:** Write to *The North Star*, and let us know what's on your mind. Your point of view or observation is important to us. Letters must be signed.  
**ARTICLES:** We don't have a big staff of writers. So we look forward to you sending your writing. If you have questions or ideas and want to ask us first, please call. We'll send our guidelines. No fiction, please.  
**PHOTOS:** We'd like to see your photos and welcome them with a story or without. They can be black-and-white or color, but they must be clear.  
**PRESS RELEASES:** We prefer press releases that are unique to *The North Star*.  
**DEADLINE:** 15th of the month prior to publication.  
*All materials will be considered on a space available basis.*

## Please Let Us Know If You Move

The USPS is not willing, or not able, to remember where you have gone or where you once were. In the best of circumstances, the wrong address will significantly delay the arrival of your North Star.

# A tragedy on the Portland Street bridge and the U.S. Postal Service struggles with declining revenues and discount dealing



October 3, 1877  
**Sitting Bull** - A correspondent gives this sketch of Sitting Bull, the noted Indian chief, who recently refused the offers of our commission, and prefers to remain, with his tribe, on Canadian soil:

In stature, he is rather inclined to be stout than tall; perhaps in his moccasins he will measure five feet eight or nine inches tall and weigh about 170 pounds. His age is about 48, and his hair a little gray, his eyes dark, and his whole appearance that of a full-blooded Sioux on the war path. He is brave, ambitious, and clever in the Indian fashion, only, active, and, in the Indian creed, somewhat fanatical. He has long cherished the conviction that he is ordained as the Indian who must wrest from the whites the country of his fathers. He has a great and almost immeasurable hatred toward Americans, as dis-

tinguished from Americans and Canadians. He is even expert in detecting who is from the United States and who is not. The sitting position is a prominent characteristic with him, and hence the term "sitting." Now the Indian is apt in names. There is always something appropriate about the nicknames he bestows. The "Bull" is consequence of his stubborn manner and though obdurate in council it is not the obstinacy of the mule, but the regular stubborn, physical, intelligent obstinacy of the bull - which of all dumb animals, not omitting the elephant, understands its own strength, especially when aroused or goated.

**Just Right** - The New York Sun is authority for the cheering news that stockholders of the insurance and banking companies that Gilman swindled propose suing their executive officers for what they have lost by their utter negligence. It is flatly asserted that a mere look at the raised certificates, which were so implicitly accepted, shows their falsity. The officers did not look. Had they showed due diligence, it is claimed, the loss could not have occurred. Under the circumstances, it is the intention to make this a test case, and discover how far the duties of officers extend beyond the drawing of salaries. It is simply amazing to lookers on how loosely loaning is conducted in New York. Perhaps this affair

may lead to change.

**Postage** - The sale of postage stamps at the New York Post Office has fallen from \$592,614 for the quarter ending Sept. 30 of last year to \$566,497 for the quarter just ended. There is a loss to the government of nearly \$150,000 per annum shown here alone. Of course this but a small part of the total. This arises from the fact that postmasters in many small places dispose of stamps as merchandise at a large discount from their real value. A large trade is carried on in the business.

**A Lesson** - The conference between Sitting Bull and his associate chiefs and the commissioners sent by our government to treat for his surrender is worthy of serious study. It took place in the presence of British officers, and the peculiar incidents have been so fully and graphically described that the story will be read all over the world. The gist of the affair appears to be this: General Terry asked the Indians to surrender themselves and return to United States territory, receiving immunity for their past transgressions and consenting to settle upon a reservation that will be chosen for them. The answer from the chiefs was straight to the point. They said they had been cheated out of their lands and deceived by false promises, and that our people were liars

whom they would never trust again. Sitting Bull said in plain terms to the commissioners that they were liars and that they might as well stop talking and go about their business. The Santee chief who spoke to him afterwards reiterated the charge of falsehood, saying sentimentally but bitterly, "You come over here to tell us lies." A Yankton warrior who acted as if he were drunk had nevertheless enough sense to re-echo the jibe. The Crow was somewhat more cautious, and renewed the charge by implication. If the Squaw was put forward to pour insult upon the commissioner failed to denounce them and their people as liars it may be assumed that she forgot part of her lesson in the unwanted excitement of the moment.

Well, what of all this? Is it any disgrace to have the lie flung in our teeth by a bunch of exiled savages, who, secure in the shadow of the British flag, turn to taunt their pursuers? That depends whether the Indians were right or not. Have we been just and true with them? Was there any reason why they should put faith in the promises which the commissioners made them and surrender themselves to our control? If not, then the insult flung in the face of the nation by the Sioux chief is a matter of public shame. If we are conscience that the rebuke for bad government and bad faith is

deserved it is the more bittered by coming from an unlettered savage.

**Narrow Escape** - Last Saturday, Mr. Edward Hill, formerly of Cabot, but for some time past has been manufacturing cedar oil in this town, came very close to losing his life. He was at the depot engaged in changing one barrel of oil into another, on the siphon principal, put his lips to the tube, and, almost before aware of it, he had inhaled and swallowed a portion of the oil. The effect was immediate, but with help, he was able to reach Dr. Woodard's house in a helpless almost unconscious state. Powerful emetics were administered and the patient soon became better. Hill thinks he has had enough of swallowing cedar oil in such large portions. He prefers to manufacture and sell the article.

**Fatal Jump** - Last Monday evening around 6 p.m., 18-year-old Miss Emily Powers of St. Johnsbury committed suicide by jumping from the bridge which crosses the Passumpsic River at Portland Street. She left her home saying she would be at the neighbors' for a short time; instead she instantly repaired to the river, left her shawl on the bank, and jumped into the water. Her attempt at self-destruction was eventually discovered, and rope and graples were used to recover the

*Continued on Page 39*

# THE North Star MONTHLY

## New North Star Subscribers and Renewals

**SUBSCRIPTION DRIVE**

Through December: The North Star Monthly is offering a Holiday Season special. Buy one new subscription for \$16 and receive a second **FREE**.

*This offer cannot be used for renewals.*

Don & Avis Abrams, Surry NH  
 Glenn & Barbara Ailes, St. Johnsbury VT  
 Bruce & Shirley Anderson, St. Johnsbury VT  
 Robyn Baillargeon, Wheelock VT  
 Richard Barsotti, East Topsham VT  
 Catherine Billig, St. Johnsbury VT  
 Mion Thomas Blackmore, Annapolis MD  
 Calvin Bogie, East Ryegate VT

Kate Bradley-Ferrall, Chevy Chase MD  
 Katherine Branden, Pinellas Park FL  
 Betty Bryer, Chelmsford MA  
 Barbara Chambers, Chelsea VT  
 Miss Phyllis Colby, Fairlee VT  
 Mr. & Mrs. Gerald Collins, Elmira NY  
 Ronald L. Coolbeth, Springfield MA  
 Mr. & Mrs Ronald Craig, Peacham VT

A. Verne & Irene Cross, Colchester VT  
 Jean & Jack Davis, East Burke VT  
 A. Dorothy Desrochers, St. Johnsbury VT  
 Devon Deyhle, West Danville VT  
 John & Barbara Donnelly, Montpelier VT  
 Brenda Dow, St. Johnsbury VT  
 Mr & Mrs Conrad Doyon, St. Johnsbury VT  
 Ronald & Patricia Drown, North Concord VT  
 Inda & Durwood Dunbar, Barnet VT  
 Pat & Jim Eldridge, Waterford VT  
 Catherine R. Elwell, Alburts PA  
 Ed Ferns, Chester MD  
 Nancy Guinan & Jeff Frampton, Danville VT  
 Mr & Mrs Raymond G. Frey, St. Johnsbury VT  
 Martha & Stephen Gagliardi, Oakland ME  
 Maurice Gardner, Jupiter FL  
 Allan D. Gilmour, Birmingham MI  
 Kenneth Glaude, Wells River VT  
 Rebecca Goss, West Burke VT  
 Jan Hall, West Lebanon NH  
 Debbie Hazen, Waterford VT  
 Dan Healy, Sacramento CA  
 Kathy Highland, Uxbridge MA  
 Kim Hornyak, Avon OH  
 Bruce Hoyt, Rockville MD  
 Jacqueline A. Johnston, West Newbury MA  
 Mrs. John B. Keenan, Barnet VT

Don & Pauline Knowlton, St. Johnsbury VT  
 Michael & Doris Koelnych, East Hardwick VT  
 Sylvia Lancaster, Brownington VT  
 Edward & Mafalda Lucas, Pound Ridge NY  
 Glendon & Ruth Marceau, Groton VT  
 Barbara Marcotte, Newark VT  
 Betsy McKay, Barnet VT  
 Josephine Metcalf, Marshfield VT  
 Arlene Miller, McIndoe Falls VT  
 Kate Minshall, Norwich VT  
 Jessie E. Mitchell, Newport VT  
 Conrad & Anne Ormsbee, Montpelier VT  
 Burns & Colleen Page, Barre VT  
 Stephen Parker, Danville VT  
 Susanne Terry, Danville VT  
 A. V. Polhemus, Uncasville CT  
 Cleona Poole, St. Johnsbury VT  
 Christopher Pouliot, Jamaica Plain MA  
 Frances Prevost, West Danville VT  
 Donald Randall, Springfield VT  
 John Roberts, Boston MA  
 Norman & John Robinson, Pilesgrove NJ  
 Barbara C. Rooney, Littlestown PA  
 Michael & Cathy Rousse, Danville VT  
 Mae L. Roy, St. Johnsbury VT  
 Mrs. Lucy Ruggles, Newport News VA  
 Pat Sands, Marston Mills MA

Joseph Sheehan, Watertown CT  
 Caroline Sherry, Danville VT  
 Ann Somers, Barre VT  
 Mrs. Ethel Stewart-Knapp, Milford CT  
 Sandy Stocker, Lyndon VT  
 Jackie Lewis, Lyndon VT  
 Virginia Sullivan, Arlington VA  
 Theresa Tack, Naples FL  
 Rob & Sherry Van Damm, Wilmington NC  
 Brad & Jen Van Damm, Gray ME  
 Rod & Terry Wells, St. Johnsbury VT  
 James Wilson, Groton VT  
 Daniel & Mary Wyand, Danville VT

**Send The North Star**  
 for only \$16  
 \$40 for subscriptions to Canada  
 Or send a year to yourself.

**Please! Send a gift subscription to:**

Name \_\_\_\_\_  
 Address \_\_\_\_\_ Apt. No. \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

YOUR NAME \_\_\_\_\_  
 YOUR ADDRESS \_\_\_\_\_ APT. NO. \_\_\_\_\_  
 YOUR CITY \_\_\_\_\_ YOUR STATE \_\_\_\_\_ ZIP \_\_\_\_\_

**Yes! Send me The North Star Monthly:**

Name \_\_\_\_\_  
 Address \_\_\_\_\_ Apt. No. \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

*Please let us know if you don't want your name published as a subscriber of The North Star.*

Limited number of back issues are available for the previous 12 months. Get them for \$1.50 per copy at *The North Star* office or send \$2.50 each and we'll send them to you.

**SUBSCRIBE TODAY!**  
**\$16 / year**

North Star Monthly  
 PO Box 319  
 Danville, VT 05828  
**(802) 684-1056**

Toll Free  
 (800) 286-1056

# Winona Gadapee brings her experiences in Nashville back home

## Feted in Fantasy Land

By Sharon Lakey

At midnight on October 10, Winona Gadapee was still flying high as she and her husband, Arnie, touched down at the Burlington airport. In a few short hours, she would be sharing the experiences of two whirlwind days in Nashville while leading a "Music with Winona" session at the St. Johnsbury Health and Rehabilitation Center.

Dressed in the same turquoise dress and jacket that she wore at the Volunteer of the Year award ceremony, Winona arrived at the Center at 10:30 a.m. sharp. The piano she has played for the last nine years awaited her in the great room, and a small group of residents were already gathered there in expectation of her arrival. As she greeted them personally, more wheelchairs began circling up, and a caged ring-necked dove came to life with throaty cooing and bowing. "He loves music, too," confided Milly Whitney, who was seated beside me, holding an open book of songs in her lap.

When the room was filled, Winona began by speaking. "I feel like I've been to Fantasy Land!" she exclaimed. And then, pulling a note from her bag, she shared some of the interesting points of the Gaylord Opryland Hotel where the event took place. "It's all under a glass dome that covers 4.5 acres and houses 824 rooms. We were on the fifth floor with a balcony overlooking two waterfalls and a jet fountain that shot up 85 feet in the air. Arnie heard from one of the 3,000 employees who work there that the rooms run about \$400 a night!"

There were "oohs" and "ahs" from the appreciative audience as she passed around some postcards. Bob Woods, who sat in the back of the room with his wife, Iva, smiled broadly. "Hey, Bob," she said, "those roses you gave me before I left still look good on my counter."

And then she sat down at the piano. A music teacher of many years, Winona's hands

moved comfortably to the keyboard, and a flurry of notes floated out across the hardwood floor. Her soprano voice led the group through "It's a Grand Old Flag," followed by a number of old, familiar songs like "Roll Out the Barrel," "Home on the Range" and "I'm a Yankee Doodle Dandy." She has made up six different sets of books for her singers, so they have a variety of tunes to enjoy.

Breaking between songs, she shared

highlights of the convention: a spellbinding luncheon speaker, Chris Gardner, who is the author of the book and subject of the movie *The Pursuit of Happiness*; cocktails and a steak dinner, cooked to perfection, for 1800 people; and the topper, a concert by Wynonna Judd. "People had an easy time remembering my name," Winona joked.

But perhaps it was the people she met, the other volunteers who were being honored,

that impressed her the most. There was the 13-year-old girl who had already devoted three years to writing letters, doing nails and hair, and being a chatty adolescent friend for residents of her center. There were the four Girl Scouts, who earned their Golden Badges, by interviewing, photographing, and publishing the stories of 40 residents in their center. There was the car salesman who took charge of a float and transportation for challenged children in his center. Forty-eight states were represented, each with their own compelling stories of love.

Near the end of the session, Winona rose to show her award, an impressive engraved plaque. "I understand the Center will be getting one of these, too," she said. She shared that the awards ceremony was carefully choreographed, requiring several run-through practices until perfection was reached. Then she let the residents know that she had volunteered to speak briefly before the large crowd.

Holding her award in front of her, she personalized the words that she spoke that day to the crowd: "I am amazed that anyone can be recognized to this degree for something that I enjoy so much. Thank you. I gain as much from you as you receive from me."

Winona received the Volunteer of the Year Award from the American Health Care Association. She was nominated by St. Johnsbury Health and Rehabilitation Center's activity director, Cindy Davidson, for

her "Music with Winona" sessions held at the Center every Wednesday, 10:30 a.m., rain or shine.

Cindy invites community members to visit the Center at any time. She would be glad to speak to you about possible volunteer opportunities, or you might just stop by some Wednesday morning to enjoy the music and company. You will be warmly welcomed.



Photos by Sharon Lakey

Winona and Arnie, above, had a good time in Nashville, but both were happy to be home again. Winona was recognized for her work as a volunteer, including her piano work, below center, with senior center residents such as 101-year-old Juliette Leduc, below left, and Eleanor Belding, below right, a former elementary teacher in North Danville.



**NORTH DANVILLE MEMORY TREE**  
*to be lighted in Memory of Florence Ward*  
*Saturday, December 6, 2008, 7 p.m.*  
*Dedication and Refreshments to follow.*

✂

**NORTH DANVILLE MEMORY TREE**  
**Return to:** Mary McReynolds, 1034 McReynolds Road, Danville, VT 05828

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 In Memory of: \_\_\_\_\_  
 Given by: \_\_\_\_\_

**Make checks payable to: North Danville Community Club**

For information, contact: Mary McReynolds (802) 748-5751

**McKay's**  
*Christmas Trees*

**BALSAM & FRASER FIR**  
 Cut Your Own: \$15 - \$25  
 10 a.m. - 4 p.m.  
 Hot Chocolate to warm the kids on weekends.

**2113 Thaddeus Stevens Road in Peacham**  
 2 miles from Greenbanks Hollow covered bridge  
 or 2.2 miles up Thaddeus Stevens Road  
 from East Peacham  
 (802) 592-3366

**Trout River**  
*Brewing Company*  
 Northeast Kingdom

**November**  
 Hours Vary  
 Please Call Ahead

**Trout River Brewing**  
 Route 5, Lyndonville, VT  
**(802) 626-9396**

# Are we special? BY ISOBEL P. SWARTZ

Two observations regarding this past summer in the Northeast Kingdom with which there can be no disagreement: the weather was very wet, and vegetation grew abundantly. One day, when I was pulling weeds from the cracks between some paving stones, I remembered a poem that I read as a teenager. The poem is *Beleaguered Cities* by F.L. Lucas, an early 20th century English poet. Here is the first verse:

Build your houses, build your houses, build your towns,  
Fell the woodland, to a gutter turn the brook,  
Pave the meadows, pave the meadows, pave the downs,  
Plant your bricks and mortar where the grasses shook,  
The wind-swept grasses shook.  
Build, build your Babels black against the sky-  
But mark yon small green blade, your stones between,  
The single spy  
Of that uncounted host you have outcast;  
For with their tiny pennons waving green  
They shall storm your streets at last.

This poem, written before the Green movement had developed to publicize environmental concerns, is in part a commentary on the desecration of nature, and the ugliness and pollution of the Industrial Revolution. Its theme is just as relevant today as when it was written more than 50 years ago.

Last winter I read Alan Weisman's book, *The World Without Us*. Here Weisman considers what would happen to life on Planet Earth if the human species suddenly and completely disappeared. The themes of the poem and Weisman's book seem to fit together neatly.

One of the most interesting chapters in Weisman's book describes what would happen to New York City if, suddenly, humans were no longer there. Our creativity has enabled us to build cities in the most inappropriate places — New York City, Washington DC and New Orleans to name three familiar examples. Each is built on wetland, temporarily "reclaimed" from a great river or the ocean. We have seen the devastation of New Orleans when the levees ruptured. Without the pumps that constantly drain the subways of New York City it, too, would soon revert to a swamp.

Maintaining this infrastructure is only one of our responsibilities. Domesticated animals and plants are also dependent on their human guardians. We know that most large cities have populations of feral cats and sometimes dogs too — pets abandoned by their owners and left to fend for themselves, breed, and revert to a wild existence. Domesticated cattle, horses, hogs and poultry would also either die or become wild without humans to care for them.

In a big city like New York, plants, if untended and

unchecked, would either wither and die or run rampant, quickly engulfing buildings and parks and undermining streets and sidewalks with their roots. We are familiar with plants that botanists refer to as garden escapes that have quickly become invasive species. Examples include Tartarian honeysuckle, Rugosa roses along the seashore, Burning Bush and many other ornamental species that are not native to North America but flourish here. Without humans to keep them in check, they too would soon flourish, as Kudzu has done in the southern states, and Japanese Knotweed here in the north, overwhelming native species, depriving native insects and birds of their normal food supply.

Weisman's book is interesting in part because it puts our species in a new perspective. Today we often read about disease organisms that have become resistant to antibiotics. We have overused these so-called wonder drugs, derived from nature, not only in treating diseases, but also to prevent them. We have abused these drugs in this way to allow us to produce cheap food in very unsanitary and inhumane ways. The end result has been that antibiotic residues are found in most public water supplies, disease bacteria have become immune and more virulent, and many of these drugs are no longer useful to us. This should tell us that we don't really have "dominion over every living thing that moves upon the earth," as the Book of Genesis states; we just think we do!

It should also remind us that all life is constantly changing. Change is a basic characteristic of life and the fight to exist is very powerful. The web of nature is very complex. As we attempt to control one part of our natural environment another part often responds negatively; at least from our point of view.

Change is also part of the life of the physical planet itself. Climatic changes and geological changes are both part of our planet's development. Some of these natural events of recent years: hurricanes Katrina and Ike; the tsunami in Asia; earthquakes in China this past spring, are very sobering. These types of change are way beyond our control and they should help us recognize that our species is not so important in the grand scheme of things.

So while our politicians debate "Change" and who has the market on it, we should realize that political change is just a "drop in the ocean" among the real changes that are fundamental characteristics of life. But it is an important "drop". The more we understand our place in the natural world and how our species effects change in that world, both positively and negatively, the more opportunity we will have to use political change positively for the future benefit of all life on this planet.

# Letters to the Editor

Dear Editor,

I was disappointed to learn that incumbent Senator Jane Kitchel has been endorsed by Planned Parenthood of Northern New England's Political Action Fund. Planned Parenthood endorses those candidates who support their radical abortion agenda including unlimited abortions paid for by taxpayers and opposition to notifying a parent before a minor daughter has an abortion. Jane Kitchel has lost this/my vote.

Sally Ann Young  
St. Johnsbury

## Danville Restaurant & Inn

Casual Dining • Lodging • Fully Licensed

**FRIDAY NIGHT SPECIAL**  
Chicken Pie Buffet \$9.95  
**SATURDAY NIGHT BUFFET: \$11.95**  
Breakfast: Tuesday - Saturday 7 - 11 a.m.  
Lunch: Tuesday - Friday 11 a.m. - 1:30 p.m.  
Dinner Reservations are a must.

Main Street, Danville VT  
(802) 684-3484

Steve A. Cobb, owner  
Justice of the Peace & Notary Public  
Weddings/Civil Unions  
By appointment or by chance



Steve Parker's  
Cut-Your-Own Fraser and Balsam  
**CHRISTMAS TREES**

**High Reach Farm**  
in North Danville  
Saturdays and Sundays  
between Thanksgiving  
and December 21  
10 a.m. - 4 p.m.  
All our trees are  
100% organically grown!

**SPECTACULAR TREES**  
AT A BARGAIN PRICE!  
\$25 - tabletops \$10-\$15  
Plus FREE Brush  
Follow the signs  
from either North Danville  
or South Wheelock





*We're thankful for your patronage!*

From:  
Bob  
Jean  
Chuck  
and  
Magon



**THE CARPET CONNECTION**

199 Depot Street  
Lyndonville, Vermont  
(802) 626-9026  
(800) 822-9026

## NORTHEAST KINGDOM ARTISANS GUILD



A Vermont Artisans Cooperative



In the Backroom Gallery

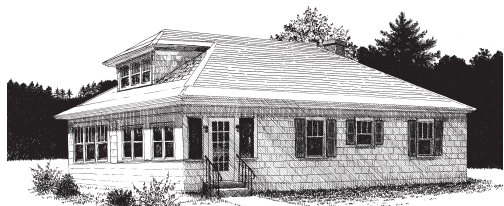
*"Transition and Evolution"*

Printmaking and Pastel Images  
by Daryl V. Storrs  
October 7-November 15  
Artist's Reception:  
Friday, October 24th, 5-7

GIFT CERTIFICATES AVAILABLE

MONDAYS - SATURDAYS 10:30 - 5:30 Under The Purple Awning At  
430 Railroad Street, St. Johnsbury 802.748.0158 www.nkartisansguild.com

**When you think insurance...**



**Caledonia Insurance**  
AGENCY, INC.



663 Old Center Road,  
St. Johnsbury, Vermont 05819  
**(802) 748-8797**  
Fax (802) 748-8609



**Community  
National Bank**

Equal Housing Lender Member FDIC

**18 Month  
CD/IRA  
Special**

**Annual  
Percentage  
Yield**

**3.25%**

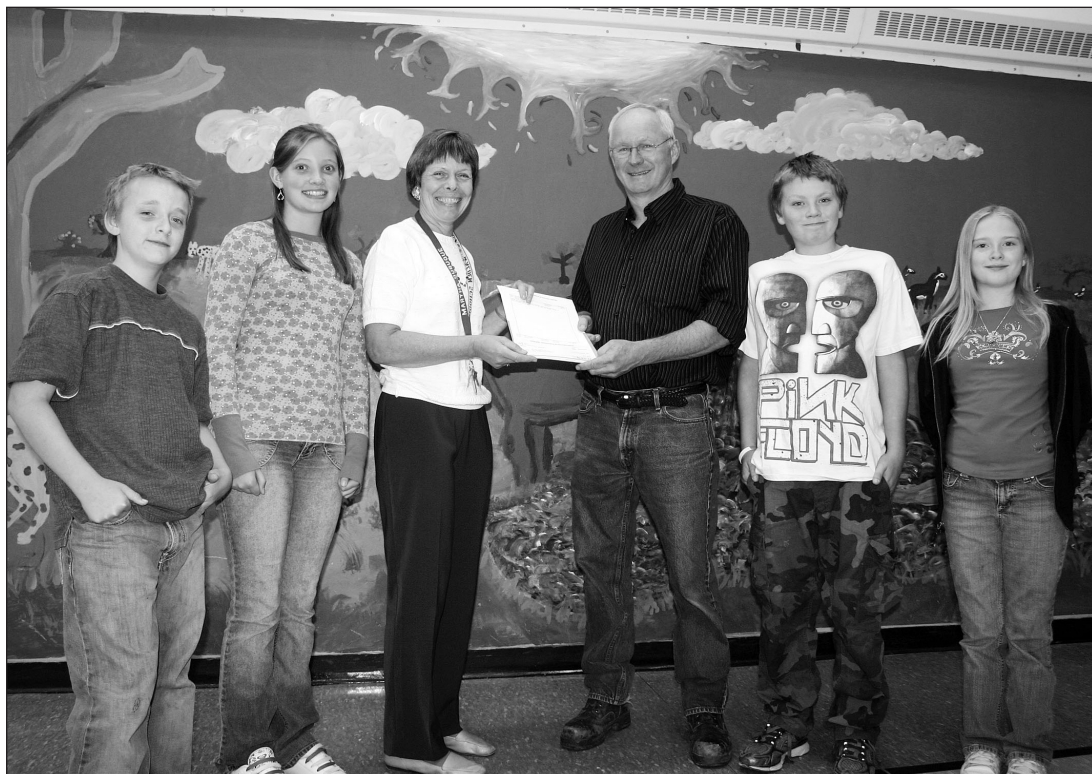
Annual Percentage Yield calculated on a minimum balance of \$2,500. Rate effective as of October 22, 2008. Minimum deposit to open \$2,500.

This offer is for a limited time only. A penalty may be imposed for early withdrawal of funds. Fees may reduce earnings on the account.

- Derby (Main office): 334-7915
- Barre: 476-6565
- Barton: 525-3524
- Derby Line: 873-3101
- Enosburg Falls: 933-8500
- Island Pond: 723-4356
- Lyndonville (Broad Street.): 626-1111
- Lyndonville (Memorial Drive): 626-1200
- Montpelier: 223-0598
- Morrisville: 888-4633
- Newport: 334-7915
- St. Johnsbury (Price Chopper): 748-3605
- St. Johnsbury: 748-1686
- Troy: 744-2287

**www.communitynationalbank.com**

**Exxon gives back**



North Star Monthly photo

Marty Beattie, of Marty's 1st Stop, hands over a \$500 check to Walden School Principal Martha Dubuque. The funds are an education grant from Exxon Mobil Education Alliance. Beattie said the only restriction on the funds is that they must be used for something that would benefit the entire student body. Dubuque said administrators are still deciding the best use of the grant. The students, from left to right, are Richard Willson, Ashlynn Doyon, Caleb Millington and Emily Cochran.



**Follow the Money**

by Rachel Siegel

Our markets are our mandarins of materialism, distributing our productivity through trade. For the most part, we believe that markets do a good job. They are the fundamental infrastructure of our economy, after all. We let the anarchic yet rational decisions of the masses decide priorities, a process we find preferable to sovereign or central edict.

Our belief in individual economic free will is so strong that whenever we do come to believe that something should be more widely available than markets make it – education, home ownership – we don't nationalize, we don't socialize, we finance.

Rather than simply have the government provide whatever is lacking or become its supply, we try to ease consumption, or enable more demand. We encourage private sector production because we believe it to be more efficient and responsive, and we believe that boosting demand by easing consumption will encourage even more supply.

Typically we ease demand by lowering its cost, not by mandating price, but by lowering the cost of financing. We create government agencies to create secondary markets to shift and absorb the risk and thus the cost of financing from private sector lenders, who would pass it on to borrowers otherwise. The agencies borrow to finance this risk, and thus pass the costs on to future taxpayers.

So we don't provide free government higher education, but we provide student loan guarantees. We don't provide government housing, but we provide mortgage guarantees. It makes sense to borrow for an education or a

home, because those are long-term investments with long-term financing that a lifetime of earnings can afford. Many more people have gone to college, which has made us a more productive economy. Many more people now own their homes, or at least, have an equity stake in them.

The risk of such enabling, however, as any self-help paperback will tell you, is dependence, along with the carelessness that comes with a shift of responsibility. Private sector lenders making the initial loan have more incentive to lend more with less care. With credit coming easier, borrowers have more incentive to save less and borrow more, and invest less of their own sweat equity. Such are the moral hazards created.

There is also a political hazard. Government policies can change. Emphasis can shift due to competing concerns, or prevailing opinions, or a legislative champion. When such a change occurs, however, it rarely occurs for reasons of the markets.

The real risk, however, may be a theoretical hazard, that is, a change in how we think about how we get what we want, a change in our very understanding of how markets work. We begin to believe that we get what we want in a market-based economy not by trading what we have, not by sacrificing what we have already earned and saved, but by trading what we might have someday. We begin to see our possessions or our economic achievements not as a result of our past actions, but of our future.

We begin to see trade as a process of sacrificing someone else's earnings, whether a

lender's, the government's or, ultimately, future taxpayers'. We come to believe that in an ever growing, ever productive economy, prosperity will only increase, and that in the future others will surely be better able to afford our current spending. We see possession as our benefit, but payment as someone else's cost.

When we see all problems solved by debt, we lose the distinction between financing for investment and borrowing for consumption. Many who are now defaulting used their home equity for cash advances, and their credit cards for income. We use credit to expand disposable income and purchase disposable items, but our debt outlives our desires.

We have forgotten how to live on earnings, perhaps because our stagnant wages have proven to be less fertile than debt, and then how to save and invest, how to use our past and our present to trade for our future. Instead, we are leveraging our future to pay for our present and even for our past consumption. While ironically hopeful, perhaps, this does not leave us with much of a future.

More practically, it is not something we can continue. Our ability to borrow, individually or federally, is limited by some notion of real collateral; for most of us, that was our "real" estate, now falling from its bubble-crazed values. Now that the music has stopped, we need to learn to think -not just to finance - differently.

*Rachel S. Siegel, CFA, consults on investment portfolio performance and strategy, and on accounting and tax dilemmas. She has an MBA from Yale; she is a professor in the business administration department at Lyndon State College. "Follow the Money" has been a regular feature in the Northstar since July 2001.*

# A perfect Thanksgiving

*Continued from Page 1*

by now if they had the sense to leave early.

Back in the kitchen, I admonish people not to eat too much breakfast but they do anyway because they are having so much fun. Some of our children have not seen each other since summer, and there is a lot to catch up on; jobs, friends. My mother is making the cranberry sauce. My wife is cooking bacon while a daughter and son-in-law make waffles. I hear the grandchildren stirring upstairs. The scent of the turkey cooking fills the room. The fourth generation arrives in their pajamas, and the house seems to swell and embrace us all. I don't dare start the big black iron cook stove, with so many of us all crowded together it would drive us out of the house.

Inevitably, we are out of something, milk or toilet paper, and someone has to take a car to town. Almost inevitably, a car won't start, or has a flat tire. It is now nine in the morning. A shot rings out; the air is so still we can hear it echoing off the hills even though we're indoors. This is the perfect time for me to get out the jumper cables, or fix the flat, or do some barn chores, or go out in the woods gathering decorative things. I'm getting jumpy, nervous about our guests hitting snow, fretting over the menu. The deer hunter returns, he missed. It was a really big buck, he says, gesturing, his arms spread like antlers.

I watch the weather channel instead of going outside, and the family swirls about behind me. A huge crash in the livingroom as a tower of building blocks collapses. Laughter, screams, banging on the piano, and reading aloud. I am oblivious, trying to pick a safe course for this ship of ours between the ridiculous ads and weather hysteria. Hopefully the New York contingent is past Brattleboro by now, I can see the snow line right behind them. It is now eleven and time to get going. Fortunately, the breakfast crowd has considerably done all the dishes and put them away.

I start assembling things. I have some samples of our best apples this year; some Cortlands that are such a deep dark red they look entirely black, and some Rhode Island Greenings that are really yellow with dapples of red and russet. They'll be our center piece. My mother and I join the family in the livingroom to peel onions and Brussels sprouts by the fire. There is barely room for us, then it's back to the kitchen. Already, the turkey is turning dark brown. Soon we are slicing mushrooms, chopping giblets, boiling sweet potatoes and talking, talking, talking. People come and go. I send fresh apple cider back for the others; I just pressed the last of our cider apples a few weeks ago. On

this, the most perfect Thanksgiving ever, it was also a very good apple year and a good year for Brussels sprouts as well.

An hour until dinner. I have to go out on the porch to cool off and I can see the first, fine motes of snow drifting down. Then I hear a car coming down the lane and I am beside myself with joy and relief, shout the news to those inside, but then it is back to work for me, arms flailing as though conducting a symphony, which I am, gravy going great guns, turkey coming out, potatoes going in. Behind me the women are hard at work too, silver being polished then china set out. On this, the most perfect Thanksgiving ever, I have finally mastered the steamed onions in cream sauce, adding some cheddar cheese for the first time and putting the sherry in at the very last moment so that some of the alcohol is still there when the lid of the serving bowl comes off, and the aroma is lifted into the room.

On this, the most perfect Thanksgiving ever, which I have put together from pieces of many Thanksgivings past, there are people at the table who have actually been dead for years but they are beside us again, full of humor and cheer. Reeve's mother says grace. She looks at her plate and then says solemnly; "Dear God help us with all this food." Anzie effervesces like the champagne and Ned refuses to eat the Brussels sprouts. We all toast each other and dig in while the snow falls harder and harder. Stories go 'round with the serving platters, some cleverly flirting with the bounds of decency, finding fertile ground between those too young or too old to understand. Toasts go 'round with the drinks. There are several Buddhists at this table and two vegetarians, four generations in all. The oldest of us now seems to have fallen asleep and the youngest has filled a knot hole in the pine table with peas. Dogs lurk at our feet. Then there are pies and ice cream.

Dinner has ended and it is nearly dark. There must be two inches on the ground by now but nobody has far to go. An uncle has parked himself in front of the television to watch football, and has turned it up very loud. He soon falls asleep and we turn it down. A few of us take a brisk walk in the snow, hoping not to be mistaken for deer, while the women clean up. As we return, we can hear music coming from this house which sits all alone in the valley. Orange light floods the windows and all is softened by the snow. We enter, stomp our boots, take turns by the fire. The piano and the accordion are rehearsing in one corner, guitar and banjo in another. I see the young lovers embracing in the shadows. My mother has gone to bed, she says, but she comes down again as soon as the music begins.

On this most perfect Thanksgiving ever, which all really happened but not at the same time, the big buck steps out of the woods and looks down to the house in the valley with the windows all lit up and the music coming out. He stands perfectly still while the music fills the valley and the snow

comes pouring down, limning his antlers. The snow blows and the music flows until at last it really is time for the oldest and youngest to go to bed, and just as they do, the electricity goes out and those of us that are still up giggle and fetch candles and soon the house is more beautiful than ever, looking much as it might have Thanksgiving a century ago. Some people are actually helping themselves to some turkey again by the time I go to bed myself.

This is how it should always be, with the teen to thirty something crowd staying up late, surrounded by these walls, those fields, the dark woods which have provided for us, the sound of their voices mingling with the occasional restless animal sounds in the barn.

Then at some point, even the hardest among us retire as well and the house is still but for the flicker of the fading fire and the full range of night breathing; two years old, ninety two, and lovers. The snow stops. The moon comes out and slowly walks its light across the floor.

## NORTHEASTERN VERMONT REGIONAL HOSPITAL



We treat you like family.

### "I was worried about losing my ability to be independent."

DONNA WHITING, LUNENBURG, VERMONT

Donna Whiting is an independent and proud woman. She lives by herself, maintains her woodpile, mows her lawn, and loves to spend time with her grandchildren, ages 10 and 16.

About a year ago, she developed plantar fasciitis in both feet. "I was terrified I would lose the ability to take care of myself since the pain was so debilitating," she said.

She made an appointment with Miriam Simon, PA-C at NVRH Corner Medical. "Miriam has been my healthcare provider for the past 10 years. She listens to me, and takes the time to explain things to me. I trust her. It's as simple as that."

Miriam set her up with Mike Matteis, Physical Therapist at the Lyndonville office of Dan Wyand PT and Associates. Through soft-tissue mobilization, ultrasound and strengthening

and stretching exercises, Donna's symptoms improved and her fear turned into empowerment.

"It's a win-win situation," state both Miriam and Mike. The close relationship between the two offices is terrific. Everyone benefits. And we have the satisfaction of helping and seeing people get better. People like Donna make it easy. Her commitment to getting better and staying well makes such a difference."

Mike Matteis, Physical Therapist, Dan Wyand PT and Associates

Miriam Simon, PA-C, NVRH Corner Medical

Donna Whiting

**BUILDING  
HEALTHCARE  
PARTNERSHIPS**





## Park restoration will need new generation

*Continued from Page 1*

lady' was knocked from her pedestal. The town's Beautification Committee, with the help of Garey, was established in 1980, and the group worked hard to raise the money for the restoration. Now 25 years later, the elements have taken their toll on the 'lady' again.

The fountain was purchased from the Mott Iron Works of New York, through Wilder Noyes & Co. Old newspaper clippings describe the fountain's style as a "gargoyle octagon pan with a vase bearer." The height at the top of the pan is seven feet with the total height being 11 feet seven inches. The diameter of the pan is five feet eight inches, and the ground basin is 11 feet six inches in diameter. As water shoots from the hands of the 'lady' it collects in the upper bowl before spilling over the sides and through several ram heads fastened around the outside of the bowl.

When the snow melted this spring, the lady's caretakers noticed the bolts holding her to her pedestal were loose and her figure was leaning badly. The fountain was never turned on this year, and the lady has

been removed and placed in storage, waiting for restoration, which won't begin until fundraisers can come up with the first \$15,000. There is less than \$1,000 in the restoration account now.

This time, the committee will have the help of St. Johnsbury Academy senior Josh Waldner, Garey's nephew, who has taken on the task of publicizing the restoration effort as part of his senior Capstone Project. The St. Johnsbury native has already spoken in front of the Rotary and Kiwanis Club and is preparing solicitation letters for local businesses. Waldner will give a final presentation to the Academy, which will also be turned over to the Fairbanks Museum & Planetarium to preserve the history of the project.

The restoration work includes the removal of the existing fountain in its entirety. The plan is to send it to Boston, where all the components will be sandblasted to bare metal, removing all mechanical connectors that have deteriorated and replacing them with stainless steel hardware. All missing castings will be replicated and cracks will be welded. The

fountain will then be painted and returned to the park.

Town employees and Mayo's Paint have, historically, been generous with time and supplies.

While Garey has been at the forefront of the fountain's restoration for the past 30 years, the late Elmer Billig was the park's keeper for years prior. Elmer's wife, Catherine, now 97 years old, said her husband's two great joys in life were working on his house and maintaining the park.

Sitting on a couch in her spacious Portland Street apartment, Mrs. Billig still looks ready to garden in a red and white checkered shirt and blue jeans. Her many years have left her frail physically, but her memory and wit are sharp as ever. She is quick to call herself a flatlander because of her past residences in Pennsylvania and Czechoslovakia. Though, as she puts it, I've been here for 40 years.



The Billigs lived for many years across from the park in the large, Victorian home that has since been transformed into the Estabrook House Bed & Breakfast.

"Elmer was happiest when he was on the house's façade cleaning out the dirt and leaves," Catherine said, adding her husband's dedication spilled over to the park and its fountain across the street. "He took care of that park like it was his own lawn,"



THE  
**SAWYER & RITCHIE**  
AGENCY

A DIVISION OF Noyle W. Johnson Insurance, Inc.

Rest Assured ~

Sawyer & Ritchie offers:

**All lines of Insurance Coverage,  
Professional Prompt Service,  
Convenient Location and  
Convenient Parking**

Open 8:00 a.m.-4:30 p.m. Monday through Friday  
Weekends and Evenings by appointment

PO Box 196  
Danville, VT 05828  
**(802) 684-3411**  
(800) 734-2203 (VT toll free)



From left: Cindy White, Donna Percy, John Blackmore, Joan Field, George Coppentrath, Betsy McKay, Sam Kempton, Darlene Pilbin, Sue Coppentrath and Cindy Hastings.



she said.

"He was fascinated with the fountain of course, because no one else seemed to be interested."

Catherine also played a role, taking care of the park's flowers. In fact, she founded the town's "Seed and Weed Garden Club," a group that still exists today. She used to grow African Violets and annuals under grow lights before transporting them to the park's flower beds.

A plaque in the park bears her husband's name. Elmer was badly hurt in the early '80s while working on the fountain with his son, Mike. Elmer died a few years later in 1985 before the fountain was rededicated. Catherine said he would have liked to have seen the restored treasure.

"I hope wherever he is he's happy," she said, glancing around her living room to a bookshelf filled with photo albums and books on gardening and birds.

The fountain was erected in 1891 by residents, including E.T. Ide, Dr. H.S. Browne and S.A. Nelson, who purchased it for \$400. The park in which it sits has an interesting story of its own.

Edward T. Fairbanks, in his history of St. Johnsbury, writes, "What used to be known as "The Green" at the head of Main Street was for more than 60 years an open space without trees, used as the men's ball ground, as the starting place for horse races, and for June training, as the rendezvous for public assemblies under a temporary bower or tent, and here was planted the first village band stand. In the spring of 1855 it was enclosed within a fence and trees were set out; after this it received the name of Arnold Park, being situated in front of the Old Arnold House; it was part of his original homestead lot made over to the town. Four hundred loads of dirt were dumped upon this park for grading in 1891, and residents of the vicinity erected the fountain, the largest and most conspicuous one in town. The two oak trees on the north side of Arnold Park were planted there by Lieut. Col. Geo. E. Chamberlin before he went off to war."

**WhattheySaid**

...residents of the vicinity erected the fountain, the largest and most conspicuous one in town...

- Edward T. Fairbanks

on the north side of Arnold Park were planted there by Lieut. Col. Geo. E. Chamberlin before he went off to war."

Later on, the park, like most of Main Street, had many large elm trees that were eventually ravaged by disease and had to be removed, creating the current landscape at the North end of Main Street.

The "Old Arnold House" refers to the home of Dr. Jonathan Arnold, the founder of St. Johnsbury. The town of St. Johnsbury was originally granted in 1760 as part of the New Hampshire Grants and named Bessborough. However, it was re-granted by Vermont in 1786 as Dunmore, and the town's first settlers of European descent were led by Arnold, a member of the Continental Congress and the author of Rhode Island's act of secession from the United Kingdom in May, 1776.

Arnold left Rhode Island in 1787, and he and six other families built their homes in what is now the center of town. By 1790, the town had grown to 143 inhabitants, and the first town meeting took place in Arnold's home that year, where the name St. Johnsbury was adopted.

According to local lore, Vermont folk hero Ethan Allen himself, proposed naming the town St. John in honor of his friend Jean de Crèvecoeur, a French-born author and agriculturist and a friend of Benjamin Franklin. According to this account, de Crèvecoeur suggested, instead, the unusual ry to differentiate the town from Saint John, New Brunswick.

Norman R. Atwood, in his re-dedication speech of 1985, said the Old Arnold House faced east and was allowed to become decrepit and ruinous before being burned down in 1848. In 1855, the park land was fenced in and used for military exercises and recreation.

According to Atwood, the figurine on top of the fountain has ancestors in ancient times: "Small, "for small brooks were supposed to be presided over by resident female deities called 'naiads,' while larger rivers were the home and residences of river gods...our fountain is ruled over by this graceful classically clothed figure of a naiad."

A pumping station on the Passumpsic River, wrote Atwood, used to pump water up to the fountain and to all the fire hydrants in town, but a diphtheria scare ended that system. Now, the water is drawn from Stiles Pond in Waterford.

"The Fountain is certainly part of a great tradition. Its falling waters make a soft sound that blots out some of the traffic noise, and they cool the air a bit and create here an oasis of peace, an area of calm, where people can come and sit quietly for a time, let their heartbeats slow down and regain their proper sense of things."

Atwood's words resonated then and even offered a bit of foreshadowing.

"Our old fountain is again an ornament to the park and to the town and will continue its quiet gentle influence over the lives of all who come here. We hope it may be here for another century or more."

It will be up to a new generation of fundraisers, donors and volunteers to make that happen.



Photos by The Fairbanks Museum

Arnold Park slowly developed into the small gathering area it is today. Generations ago, the park was almost completely covered with Elm Trees before a devastating disease led to their removal. The green ram heads that surround the fountain's upper bowl may be the most distinguishable feature of the important landmark.

**Zutano**<sup>®</sup>

Clothes unique as your baby.

hide and seek

© Zutano Inc. 2008

**come check out our amish catalogues for special orders**

- amish made furniture • quilts • nonperishable food items
- jewelry • toys • candles • spoons • blankets



more items arriving soon

**The DOLEBLOCK Children's Clothing & Fine Furniture**

stop by and see Katie on the corner of route 2 & hill street 802 • 684 • 9900 open 10 - 6 tuesday thru saturday



## Up on the Farm Early

Lorna Quimby



Oct. 31 was the day Dick and I married 55 years ago. "You got married on Halloween?" people ask, incredulously. And, yes, we did. Patty planned a wedding the same year. She and I did not want a double wedding. In September, Patty and Bud (Linwood) McLam married in the West Barnet Presbyterian church. I thought our relatives' cars should have a chance to cool before they headed back to Peacham, so Dick and I set our date about a month later. Little did I foresee what being married on Halloween would mean. At least Dick has never forgotten our anniversary.

We don't go out to dine on Halloween. When the neighborhood children came trick-or-treating—and there were quite a few then—we wanted to be home to treat them and we didn't want any tricks. We also didn't want to be on the roads with all the spookers running back and forth, to say nothing of the pranksters

with their rolls of toilet paper. (What do they find so hilarious about draping toilet paper everywhere?) During those first years, money was tight and we didn't have funds to go to a restaurant. A special dinner with steak and all the fixings and chocolate cake for dessert, the table set with our best china, candles lighted—that was how we celebrated. Small ghosts and goblins stared at our table while their small hands scooped candy from a wooden bowl.

Later on, when we felt a little richer, we'd drive somewhere the Sunday nearest Oct. 31. Perhaps our coming was a kiss of death to a restaurant, for a lot of them faded away after a short while. There was the restaurant near Willoughby someone recommended but was disappointing. There was another in Lyndonville that I loved, for it was posh without being intimidating. Many are no more. I remember only a few: Aimee's in

St. Johnsbury, the Lobster Pot (Tub?) on the way to Littleton and the Clamshell.

For a couple of years we went to the Hidden Valley Restaurant in Lowell. I was glad to see their ad in the Caledonian-Record this summer and to know they will be open all year. It is a drive but, unless they've changed, the meal is worth the trip. At all the restaurants I've mentioned, we enjoyed a Sunday dinner in the middle of the day.

I understand why brunches became popular with the restaurants. A brunch, served buffet style, does not require the staff a full-course dinner, served individually, would. We became conscious that brunches had shouldered Sunday dinner out of the way after driving to North Conway to dine at the Scottish Lion. On our way home from the Maine coast, we had stopped there for supper. I had particularly enjoyed a lamb dish and thought the Scottish Lion would be a good place for our anniversary celebration. When we got there, we found they were serving an enormous breakfast/brunch buffet. Oatmeal, scones and oatcakes were not what we wanted. Since that time, we have found that, in a lot of restaurants, Sunday dinner starts at five in the afternoon.

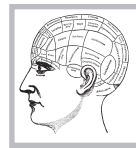
Five doesn't sound too bad in the middle of summer, but around November 1, the days grow in and it gets dark early. Our eyes are older and we don't drive at night unless it's an emergency. So we don't go for an evening meal.

Last year we went to Montpelier for our dinner. I'd hoped to eat at Sarducci's, but they were closed. By then I had to have nourishment of some kind, so we stopped at the Culinary Arts restaurant. And they were serving brunch! The food was excellent, as it always is. We served ourselves from the buffet and had plenty to eat. But it was brunch, not dinner. Where, oh where does one find an old-fashioned Sunday dinner?

We enjoy the books by Peter Meyle. He writes about his adventures in Provence, the cooking, the people. In the chapter titled "The Inner Frenchman" (French Lessons), Meyle wrote, "There is something about Sunday lunch in a French country restaurant that goes beyond food." And he was talking about a small, what we would call a mom-and-pop, restaurant that provided an excellent meal after mass. It wasn't an informal lunch buffet. You found the place at the end of a long narrow road. Choices were few but excellently

prepared and presented. Le Pere did the cooking, la Mere, the serving. Both were concerned that the food was good and that you were pleased with it. The meal was not cheap but you had a delicious and leisurely meal in the middle of a Sunday. Vive la France!

I don't know how we will celebrate our anniversary this year. Dick will have a knee replacement on Oct. 27. I doubt we will be going anywhere to dine, but we will be together—and we won't have brunch!



## Ask the Shrinks

Alice S. Kitchel and Burton Zahler

**Q:** My best friend from high school, Sal, married an older guy right after graduation. Harry (I'll call him) is in his late twenties, bright and good-looking. For a year Sal has cried on my shoulder at least twice a week about Harry.

He drinks too much. He lies about where he's going and when he's returning. He has lost two jobs, the last one because he said he was sick, but Sal thinks he was faking. It's clear to me Sal made a bad mistake and should throw the bum out. She says she loves him and couldn't stand leaving him.

What's wrong with her? Is there any way I can help?

**Sad and frustrated**

**A:** To your first question (What's "wrong" with her?), here are some possibilities:

1. Sal's father is much like Harry and she is (neurotically) following her mother's pattern of codependence. (In general, it is very common to unconsciously follow patterns of behavior that we have witnessed or been a part of during our upbringing, both productive and positive, and destructive.)
  2. Sal has a very poor self-image and feels Harry is what she deserves. (Again, this unconscious belief could be linked to learned early patterns.)
  3. Sal is deeply committed to keeping her marriage vows.
  4. Sal sees some reason to believe Harry may turn his life around.
- Several of these possibilities could be true simultaneously. There are probably other possibilities also.

You also wondered if there is any way that you can help. Here are three possible things that you can do:

1. Continue to be a shoulder for Sal. You sound like a good friend. Sometimes the best thing that a friend can do is to listen and then convey back what you have heard, without judgment. (Without judgment, that's the hard part!)
2. Offer to go with her to a local Al-Anon meeting where she'll meet others in her situation and learn how they cope.
3. Suggest that Sal find a couples' therapist, and if Harry won't go, she should go herself. Sal needs to sort out her own reasons for being in this predicament and how she can take care of herself.

## 14th ANNUAL PEACHAM CHRISTMAS MEMORY TREE



Light Bulbs are \$7.50 each

All proceeds go to the Peacham Congregational Church

Person ordering bulb: \_\_\_\_\_

In Memory of: \_\_\_\_\_

(List additional names on attached sheet as necessary.)

Mail orders to: Mary Williams, PO Box 192, Peacham, VT 05862 or call (802) 592-3135 by Sunday, November 29, 2008. Tree-lighting ceremony will be Saturday, December 6, preceded by a potluck supper at 6:00 p.m.

Winter months are long and cold, and the electrical power is expensive. If you wish to include a little extra to help please enclose your check marked "Memory Tree and GMP."

Please check if you would like booklet of names mailed to you.

## Vote November 4th

# Re-elect Jane Kitchel

## Vermont State Senate

Caledonia  
Orange  
District



Keep a Strong Voice in Montpelier

[www.KitchelforSenate.com](http://www.KitchelforSenate.com)

Paid for by Kitchel for Senate PO Box 82 Danville VT 05828

## WINTER IS COMING



COUPON

ALL-NATURAL  
*Aspen Song*  
WILD BIRD FOOD

\$100 Off  
Any Bag  
thru 11/29/08

- ◆ Trailer Load of Horse Hay
- ◆ Horse Tack for Sale
- ◆ 4'x6'x3/4" Stall Mats - **Only \$31.99!**
- ◆ Pine Shavings - in Paper Bales
- ◆ Clean Straw Bedding - **Only \$7.75!**
- ◆ Stock Panels & Gates

Winter Boots  
Large Variety  
& Affordable Prices



Monday-Friday 8:30-5:30 Saturday 8:30-1:00  
**(802) 748-0010**

## Letters from the Past

When writing was a necessity and an art

Lynn A Bonfield



Dustan Walbridge (born 1832), a twenty-eight year old husband and father, described his current situation in this letter to his sister, Clara Walbridge Rogers (1830-1917), whom he had not seen since they both lived in San Francisco almost five years before. Like many young men from Caledonia County in the early 1850s, Dustan had followed the adventurer's path to the California gold mines but never made his "pile." He then tried working at the wheelwright trade in San Francisco but failed as every steamer brought men willing to work for lower wages than Dustan earned. In 1857, he returned to Vermont with good health but empty pockets.

Clara, a Peacham school teacher, journeyed to California in 1853 and after a few years of teaching, she married and settled permanently there. When Dustan married a Peacham girl, Abbie Hardy (1842-1917) in 1860, he set up a business in St. Johnsbury with his brother, Augustus (born 1835), also a wheelwright. Unfortunately, this attempt failed as well for the market for carriages and buggies floundered when the Civil War began in April 1861.

The brothers had opposing reactions at the onset of the war. Dustan was eager to join the Union army; Augustus wanted to avoid it. Unlike Dustan, Augustus was a reticent man, known for keeping his thoughts and emotions to himself. Not surprisingly, he fled to California, where there was no pressure to join the army, and Dustan was convinced Augustus had made the right decision as he knew his brother would never adapt to army life. In this letter he warned his sister of their brother's habits as Clara had not seen Augustus for more than eight years. Dustan waited another year before volunteering, and tragically he died in June 1864 from wounds at Cold Harbor. Augustus worked in California for a few years, and after the war returned to Peacham and eventually purchased the farm on East Hill where he and Dustan had been raised. A combination of pressures including the fear of not succeeding on the farm led Augustus to commit suicide on November 11, 1881 by hanging in the horse barn. The Caledonian noted that he had been "subject to long fits of melancholy. He was no doubt temporarily insane." The two Walbridge brothers are buried in the Peacham cemetery.

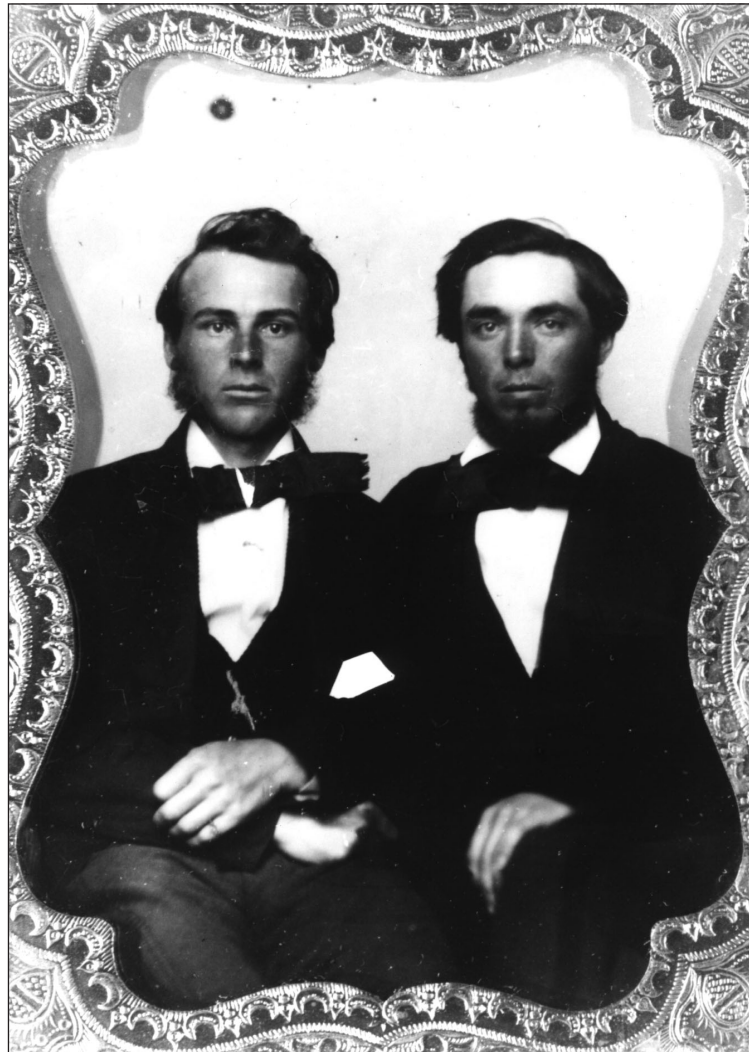
St. Johnsbury Nov 3 1861

Dear Sister,

In your letter to Augustus you said you would forgive all my past neglect if I would do better in the future. I will avail myself of that promise although I know it is much better than I deserve for I have been negligent, inexcusably so, but never forgetful of you. I don't know how long it is since I have written to you but it has been

a long time—if we look back upon time past, it seems but a little while since you and I were together there, it takes but a thought to span the whole distance, but in that time what a change has taken place in our Country—and if we look closer, we can see that many of the events which mark our onward progress through life have been passed—this is something that I have found out lately in fact I can hardly realize it now—when they ask me how my wife and baby are getting along it seems as though there was some mistake that they don't mean me—but if I study upon it awhile I see just how it is—Yes—I am married and got a baby it is funny but is so—was married the eighth (a year ago) of last Oct.—and in ten months I made 25 buggies, and my wife had a fine healthy baby—not bad working was it—but the bother of it is—in these hard times I don't know what to do with either the buggies or the baby. our baby is a girl—I wanted a boy but Abbie went in so strong for a girl that I had to give up to her this time—we call her Nellie Florence Abbie claims the privilege of naming all the girls and I am to name all the boys . . .

We now live at St. Johnsbury—have been living hire about six weeks, just commencing house keeping—what a job it is—what an everlasting running and getting things and getting fixed to suit you and then the milk bills and the wood bills and meat flour potatoes and what not have to be got. then what a nice bonnet Mrs Higgins has got for only four dollars and what nice delain you can get at Mrs Johnstons for 25 cts pr yd, and such a pretty little hood for baby only a dollar—all such things are new and interesting to an old fellow like me that has lived so long in single blessedness—and makes a thoughtful man like myself more thoughtful of the ways the money is come to meate all these new expences but not a bit sorry he done it for although there are some little vexations attending all these things with cares and duties multiplied it gives a man something to live for, and if he has a wife that is not extravagant and tries to do the best she can as mine does—and a little one to look up with its little innocent face and talk its baby talk to you when you come home from work—I think it pays—there is but one consideration that makes me in the least regret taking such responsibilities upon me, and that is a War consideration. it makes me feel mean to think that my Country calls for men in her hour of need and I an able bodied man am here not ready at her call. I feel as though I ought to go—but Abbie can't bair to hire me mention a thing about going she has a little one and her folks think I ought not to think of going. I know there are many that have gone that are not as well situated to go as I am, but as long as all the men that have been called for from this state have been easily



Dustan Walbridge, of Peacham, left, and Ira Rix, of Dalton, N.H., pose for the camera in San Francisco in 1855. Costume historian Lynne Z. Bassett notes that both men wear the fashionable new turn-down collars with large cravats. Also, their facial hair is up-to-date, Dustan with bush sideburns and Ira with a trencher beard. Dustan also has his hair puffed on top, which was an 1850s fashion. Note the watch chain peeking out of Dustan's vest. Copy from ambrotype in private collection.

got and more offered than could go, how can I say to those that love and cling to me—I am needed and must go. I hope that necessity will never come but if it does—then I shall go. . . . There has over thirty gone from Peacham but few of them that you would know anything about

I suppose that Augustus starts

soon for Cal.—perhaps you will see him before you get this he will tell you all the news much better than I can write it Our folks thought it was not a very good notion but I thought it was the best thing that he could do—there is nothing doing in our trade hire now and I don't know when there will be again—he is not one that is

good for knocking around and finding jobs is not a money katcher and if out of work is rather apt to be gloomy, have the blues &c.—and for such times has not quite enough energy and go-ahead about him—the same as it was with me— You know these are bad faults but I don't know as he can help them . . . he is as still as ever never says much and does not show his appreciation of kindness as much as some but has as fine feelings as any one—

I wrote this that you may know how to take him when he gets there. I think he had better work at his trade than to go at any thing else if he can get work at that he is a good workman but not fast, although work that he is acquainted with he can do a good days work I want him to get a job there in the city so that he can visit you often—so don't be afraid of him if he does seem reserved . . . I do not ask you to do this thinking you would not do all in your power to help him without asking—but to encourage him to keep trying when you perhaps would think he ought to know his own business best. if you got acquainted with him and see him out of jobs &c you will know what I mean—

I have not written half I want to but must stop for want of space—wishing him a safe voyage to you, and you all much happiness together I am as ever...

Your Brother  
Dustan

*The original of this letter is preserved in a private collection. Letters in this series are transcribed as written with no changes to spelling, punctuation, or capitalization. Eclipses denote words left out by the editor.*

## LINDA VANCE

Your candidate for election to the Vermont House of Representatives  
Caledonia Washington 1 District,  
Cabot, Danville and Peacham



"I hope you join me in supporting Linda's candidacy to represent Danville, Cabot and Peacham. I need Linda on my team to help strengthen Vermont's economy and to fight to lower taxes for hard working families."

— Vermont Governor Jim Douglas



I share your concern with the state of our economy. High taxes and high spending by the State needs to be controlled. Too many are wondering how to fill their oil tank, gas up their car and pay for medical care.

I believe in attracting good paying jobs, with great benefits for the people in our state so that they will want to stay in Vermont and enjoy the quality of life here. My family has been residents of this state for the past 200 years and I want that to continue, for my family and yours.

I believe in our state's small school system and would like to find a more equal way of funding that to the betterment of each of our Vermont students.

I would like all of our state's senior citizens to be able to enjoy their "Golden Years" happy and healthy in the place that they want to be, their own homes.

A vote for me is a vote for **Service not Self-Service**. Remember me when you vote.

Thank you,  
Linda Vance

**LINDA VANCE**  
Republican candidate  
for Vermont State Representative  
aid for by: LINDA VANCE FOR VERMONT  
STATE REPRESENTATIVE  
Alberta Charron, Treasurer  
P.O. Box 186, Danville, Vermont 05828  
e-mail linda\_vance@charter.net  
802-684-3488



# No Small Potatoes

Vanna Guldenschuh

Thanksgiving, the quintessential Vermont holiday isn't the only celebrated tradition in November. Deer season is as strong a tradition as any in the Northeast Kingdom and hunters abound this month. Providing food for the table is very basic to our existence and certainly peaks my interest as a foodie. Venison is a wonderful meat and its hearty flavor stands up to many different herbs, spices and marinades. It's lean, it's local, it tastes great and it's amazingly versatile.

I turn a good portion of any deer that comes my way into small roasts and chopped meat. You can make meatloaf, burgers, chili or my favorite, meatballs, quickly and easily. I usually add chopped beef or pork to keep patties or meatballs together, but if you are making chili, plain burger will work just fine. I make venison cutlets from the small roasts when I am feeling really creative and want to wow family and friends with something a little different. These cutlets are also a great way to get skeptical eaters to try venison for the first time.

## Venison Meatballs

Assemble all the basic ingredients in a large bowl - do not mix. Add one of the following sets of ingredients for the flavor you want and mix everything together well.

Preheat the oven to 400

degrees. Rub olive oil on the bottom of a large tray. Roll the meatballs and place on the tray. They can be close together. Bake in the oven about 20 to 30 minutes and check to see if they are done. I usually just cut one in half and taste it. Take them out as soon as they are done. They will dry out if you leave them in the oven. You can always reheat them in the microwave or oven later. There are some suggestions below on how to serve the different styles.

### Basic Ingredients:

- 1 lb ground venison
- ½ lb ground beef (can use a combination of ground beef and ground pork)
- 1 cup homemade or panko bread crumbs
- 2 eggs
- ½ cup chopped scallions
- ¼ cup chopped parsley
- ¼ cup olive oil
- ¼ cup ketchup
- 1 teaspoon salt
- 1 teaspoon sugar

### Italian Style

- 2 teaspoons dried basil
  - 1 teaspoon dried oregano
  - ¼ cup cream
  - ½ cup grated parmesan cheese
- You can use these meatballs plain or with tomato sauce and pasta.*

### Asian Style

- 2 tablespoons soy sauce
- 2 tablespoons sherry
- ½ teaspoon 5 spice powder

(optional)

*Cook down a soy, sugar and sherry sauce to drizzle over these meatballs for a great appetizer or serve them with rice and stir fried veggies for a tasty meal.*

### Vermont Style

- ¼ cup cider
  - 1 teaspoon dried savory (can use thyme)
  - ½ teaspoon dried sage
- These meatballs do well in soup made with a beef or venison stock and lots of carrots, celery and onions. Make a rich broth and after the vegetables are cooked add the meatballs to heat. Serve with wide noodles.*

## Venison Cutlets

You will love these cutlets. Serve them plain or with a light marsala or marinara sauce. Make sure you have some left over for sandwiches with bread and butter pickles.

- 2-3 lbs venison meat (use small roasts from the hind quarter or shoulder)
- 4 eggs
- 2 cups all purpose flour
- 4 cups homemade bread crumbs or Panko Japanese style bread-crumbs
- 1 tablespoon grated lemon zest
- 1 teaspoon dried thyme
- ¼ cup chopped parsley
- salt and pepper
- 2 cloves fresh garlic - kept whole
- 2 tablespoons butter
- Olive oil for sautéing
- 1 ½ cups light beef stock
- ½ cup red wine

Prepare the venison - Cut the venison into ½ inch slices about the size of a deck of cards or

smaller. I cut enough for about 2 cutlets for each person. They make a great sandwich the next day, so don't worry about having a few left over. Salt and pepper each piece.

Put the sliced venison between two pieces of wax paper or plastic wrap and softly pound each slice into a cutlet with a meat mallet or the side of a large chef's knife. You do not want to pulverize the meat just turn it into a fairly thin cutlet. It is alright if a little hole appears here and there in the meat. Set them in the refrigerator.

Mix the flour with salt and pepper for flavoring. Spread the mix onto a flat plate.

Crack the eggs (use 3 at first and see if you need any more) into a fairly flat bowl and scramble lightly with a fork. Add about ½ cup of water to thin the mix.

In a large mixing bowl combine the breadcrumbs, lemon zest, parsley, thyme and salt and pepper (couple of shakes of each.)

Take the venison out of the refrigerator and line up the cutlets, flour, egg mix and the breadcrumb mix in that order. Put an empty flat platter out to place the cutlets on after they have been coated.

One by one dredge the cutlets in the flour and then dip in the egg to coat. Do about 4 or 5 pieces at a time. Take the cutlets from the egg mix and press into the breadcrumb mix to coat thoroughly. Place on the platter. Do this until all the cutlets are done.

In a large sauté pan heat 2 tablespoons of the butter with about ½ cup olive oil. You will have to judge how much oil and butter to have in your individual pan. It should be about ¼ inch deep. A little more than a regular sauté but not a deep frying depth. Throw in a whole garlic clove and

let the oil get hot - be careful not to let this burn as it has butter in it, but get it hot enough to sizzle the cutlets when you put them in. When it has reached the proper temperature place the breaded cutlets in the pan with a little breathing room between each one. Adjust the heat so that they are browning lightly but not getting too dark. This step takes patience. You must brown each side of the cutlets and not take them out too soon (they should be a golden brown) or leave them in too long so that they overcook or get too black. Continue until they are all done to perfection. A perfectly done pile of cutlets is a thing of beauty for the cook to behold.

Place all the cutlets into a large baking pan so they overlap each other - like putting shingles on a house. There is always room for a few more just move them around. Choose a baking pan that will require you overlap them in it. This will make for better steaming.

At this point you may store the cutlets in the refrigerator - even overnight - until you are ready to finish them or you can finish them right away. You can even freeze them at this point for later use.

Finishing: Mix the stock and wine together and pour over the cutlets until there is about ¼ inch in the bottom of the baking pan. Cover tightly with aluminum foil and place in a 375 degree oven for about 30 minutes. The cutlets are now ready to serve as-is or in a variety of ways.


This steaming step gives the cutlets a wonderfully soft texture and a great flavor.

**FRIENDS OF THE ST. JOHNSBURY ATHENAEUM**


## Pewter Keepsake Ornaments

**FEATURING ST. JOHNSBURY'S HISTORIC BUILDINGS**

New this year!

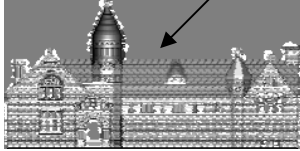


**St. Johnsbury Railroad Station**




**St. Johnsbury House**


Limited quantities available



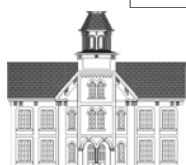
**The Fairbanks Museum**



**North Congregational Church**




**Fuller Hall**



**Summer Street School**

Available as ornament or keychain



**The Athenaeum.**

---

St. Johnsbury Railroad Station	\$10/ea	qty _____	\$ _____	
St. Johnsbury House	\$10/ea	qty _____	\$ _____	
North Congregational Church	\$10/ea	qty _____	\$ _____	
Summer Street School	\$10/ea	qty _____	\$ _____	
Fuller Hall	\$10/ea	qty _____	\$ _____	
Fairbanks Museum	\$10/ea	qty _____	\$ _____	
St. Johnsbury Athenaeum	\$10/ea	qty _____	\$ _____	
Shipping & Handling /see chart			\$ _____	
<b>TOTAL AMOUNT</b>			<b>\$ _____</b>	

Please make checks payable to: **Friends of St. Johnsbury Athenaeum**

Name \_\_\_\_\_

Shipping Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

**Shipping & Handling**

1 ornament..... \$5.00

2 ornaments..... \$6.00

3 ornaments..... \$7.50

4 or more..... \$8.25

Make checks payable to:  
Friends of St. Johnsbury Athenaeum

Mail your order to:  
**Friends of St. Johnsbury Athenaeum**  
1171 Main Street  
St. Johnsbury, VT 05819

Contact us at:  
(802) 748-8291  
inform@stjatheneum.org

**MICHAEL K. WALSH & SON, Builders**

*New Construction • Remodeling • Renovations  
Finish Work • Decks • Wallpapering • etc.*

**• Call Now for Winter Projects**

*Solid reputation of quality workmanship,  
reasonable rates and dependability*



Over 25 years of experience    **(802) 684-3977**    Danville, VT

## WORKERS' COMP

### Are you getting the best deal possible?

**Call us** today and we will answer this all important question for you.

# Kinney Pike

Kinney Pike Insurance, Inc.    Insurance Specialists  
**Crafting Insurance Since 1904**

**We have access to exclusive markets.**

**Call us for all of your insurance needs.**

**Bill Daley and Doug Spaulding are located at  
970 Memorial Drive, St. Johnsbury.  
(802) 748-1010 or (800) 639-1010  
www.kinneypike.com**

Six offices statewide: Burlington, Poultney, Randolph, Rutland,  
St. Johnsbury & White River Jct.




Reflections

There's something about water

By Van Parker

When we tell people in Connecticut that we own a house in Vermont they will often ask "Is it on the water?" "No", we will answer, perhaps a little defensively, "but it's really up in the hills with a great view of the White Mountains." We may then go on to assure whomever it may be that there are plenty of beautiful lakes and ponds nearby.

Not to speak of brooks. My favorite brook is about a mile from our home. For some reason, maybe a geologist could explain, the rocks in it are flat. Our children and now grandchildren have walked up and down the brook, stepping from rock to rock. There is one pool where the water is nearly three feet deep, enough to cool off on a summer day.

Trout navigate the stream.

Our nephew has cleared a space and built a cabin near the brook. One late summer or early fall day I walked down to a spot near the cabin. The trees had begun to turn and the scene had changed from mid summer. Newly fallen leaves were floating along downstream. The water was distinctly colder. But the sound of water running, moving over rocks, was the same. It was a calming, reassuring sound. That brook, mostly spring fed, just keeps flowing,

all year, every year. It doesn't know if the stock market has reached a new low or a new high. In the words of the song "Old Man River" it just keeps rolling along.

There is something about water, moving or still, that draws people. We read the Burlington Free Press regularly. I would guess that at least every second or third day, something is written about Lake Champlain. It could be a piece about chemicals running into the lake or a boat race or combating the growth of algae, or ice fishing.

Senator Leahy even sponsored a bill in which he proposed that Lake Champlain be added to the list of "great lakes."

Vermont has many assets besides our "great lake." It's a beautiful state. It has more than its share of mountains, rivers and lakes, all the way from our nearby brook to Lake Champlain. The one thing we don't have is a coastline. That

may be why some Vermonters go over to the Maine coast for short periods of time. Walking along the beach, listening to the waves, watching the tide come in and go out again helps to put one's troubles in perspective. It holds us steady.

I heard just today (October 8) that 80 percent of those interviewed in a poll said they were worried about money. What would happen to their savings, their 401(K) plans, and their ability to send children to college and eventually provide for their own retirement? These are not easy times for many people, here and elsewhere.

Robert Frost wrote a poem in which he said, "Choose something like a star." Frost was, in his indirect way, recommending a reference point that doesn't change, that holds steady. Stars may be fine for navigators but they are too far off, too distant for many of us. We need something closer, like that brook just down the road from our home.



Eight-year-old Connor Barany spent a good share of his summer learning how to enterprise and put the proceeds to good use. After offering multiple flavors of lemonade and tasty snacks to passersby in North Danville, Connor donated \$78 to six-year-old Zachary Porter, who was diagnosed with Leukemia earlier this year. The stand, designed and painted by the Barany family, was open 1 p.m. to 4 p.m. for six weeks throughout the summer and set up on his grandmother's front lawn at the corner of McDowell Road and Wheelock Road.

"Your Clear Choice in Auto Glass Replacement"

## Windshield World

"We Come to You"

- FREE COURTESY CAR OR MOBILE SERVICE
- INSURANCE APPROVED FOR DIRECT BILLING
- WRITTEN WARRANTY
- ORIGINAL EQUIPMENT SAFETY GLASS
- LOCALLY OWNED & OPERATED

**BARRE 479-0666**  
**HARDWICK 472-5554**  
**WHITE RIVER JCT. 295-9903**  
**NEWPORT 334-1348**  
**GORHAM, NH 752-1414**

DIAL TOLL FREE  
**800-639-0666**  
 "PROMPT FRIENDLY SERVICE"

ST. JOHNSBURY  
 371 Memorial Drive • 748-3310

Stuart V. Corso, D.M.D.

GENERAL AND FAMILY DENTISTRY

31 Mountain View Drive  
 Danville, VT

(802) 684-1133

Are You Having Trouble Affording the Prescription Drugs You Need?

Our Health Centers May Be Able to Help

Our offices offer discounts on many of the most common prescription drugs. This discount is available to all our patients. In addition, for those with limited incomes, we apply an additional discount if you qualify for our sliding fee program. For more information, call for an appointment.

Concord Health Center (802) 695-2512

Sarah Berrian, MD (Pediatric, Adult and Obstetrical Care)  
 Susan Taney, Nurse Practitioner (Adult Care)  
 Jeniane L. Daniels, Physician Assistant-Certified

Danville Health Center (802) 684-2275

Tim Tanner, MD (Pediatric and Adult Care)  
 Sharon Fine, MD (Pediatric and Adult Care)  
 Mariel Hess, Nurse Practitioner (Pediatric and Adult Care)  
 Jeniane L. Daniels, Physician Assistant-certified

Caledonia Internal Medicine (802) 748-5174

Frank Meierdiercks, MD (Internal Medicine)  
 Thomas Ziobrowski, MD (Internal Medicine)  
 Claudia Lee, MD (Internal Medicine)  
 Elaine Robinson, Nurse Practitioner  
 Betsy Fowler, Behavioral Health Counseling

St. Johnsbury Family Health Center (802) 748-5041

Dana Kraus, MD (Family Medicine and Obstetrical Care)  
 John Ajamie, MD (Family Medicine)  
 Cathleen Besch, Nurse Practitioner  
 Carey Brodzinski, Nurse Practitioner  
 Diane E. Matthews, Nurse Practitioner (Adult Care)  
 Betsy Fowler, Behavioral Health Counseling

These Health Centers are units of Northern Counties Health Care, Inc. - established in 1976 to bring health services to those in need in the Northeast Kingdom.



In Stock for Immediate Delivery

The "Greenest" Outdoor Furnace\*

Meets 2010 Emission Limits\*\*

E-CLASSIC Outdoor Wood Furnace

HUGE SALE SAVE BIG

Discover how you can be energy-independent using clean, safe and environmentally friendly wood heat!

\*E-Classic 2300. Based on data from EPA OWHH Program  
 Qualified models (4/4/08) \*\*Maine and Vermont



Eliminate your heating bill and invest the savings

Call or visit your local Central Boiler dealer today and learn how a lot of people just like you are saying goodbye to high heating bills by heating their home with a Classic outdoor wood furnace. That means the money you save can go somewhere else important-like into your savings.

CLASSIC Outdoor Wood Furnace

HUGE SALE SAVE BIG

IN STOCK NOW



Can't put an outdoor wood furnace where you live? We have the solution now on sale —

New England Outdoor Furnaces

3613 Charlestown Rd, Box 1475, Claremont, NH 03743  
 (603) 543-1110 - Toll Free (866) 543-7589  
 neof@nhvt.net

Unsecured installment loans provided by Enerbank USA  
 (1245 E. Brickyard Rd., Suite 100, Salt Lake City, UT 84106)  
 to homeowners who meet bank's qualifications. Financing Available (OAC)

centralboiler.com

©2007 Central Boiler ad200613m

## People &amp; Places

## My seventh continent

In last month's issue of the North Star, travel writer Dick Boera, of Lyndonville, delivered Part I of a three-part series describing his 2004 trip to Antarctica. Boera is a frequent traveler and contributor. The following is excerpts from the detailed journal he kept during his adventures.

**Wednesday, Feb. 18**

The long underwear, wool shirts and trousers, waterproof pants and jacket, boots and two pairs of shoes, sweaters and fleece vest, neck warmer, heavy gloves, collapsible ski pole, reading material, binoculars, digital camera, and a few dozen other items ("just in case") are crunched into one large piece of luggage and a carry-on when Julie deposits me at midday at Burlington's International Airport for the long journey south.

It's only Newark and the fun begins. After hustling from one end of the airport to its most distant terminal, it's announced that the gate for Continental Flight 45 has been changed to a different terminal. Further word is that the plane has been grounded for a maintenance problem; another will take its place. The 3:45 p.m. takeoff to Miami becomes 6:15 p.m., which virtually erases the scheduled layover time. Arrive at Miami at 8:45 p.m., another 15-minute hike to the LAN Chile ticket counter...again at the concourse furthest from the arrival gate...where the agent tells me that the plane is already boarding passengers and it's too late to be processed. However, "not to

**Part II**

Story by Dick Boera

worry." He's gone for ten minutes and returns with an American Airlines voucher for a non-stop flight directly to Buenos Aires, due to arrive there even earlier than the flight I missed (which would be going first to Santiago, then over the Andes to B.A.). 'Bueno!' The plane is overbooked; they're asking for eleven volunteers to give up seats...in exchange for first class flight tomorrow, overnight hotel and meals, plus a \$750 flight voucher. I can't risk it. I'm paged to the boarding counter and my heart sinks. Instead of an expected bumping, they upgrade my seat to first class...great! Solo plush swivel seat reclining into a bed, lumbar adjustments, leg rest; movie screen at my elbow and choice of films; champagne; fantastic menu (lobster/shrimp/salmon appetizer, cheddar and crackers with grapes, beef filet, Heinekens, Grand Marnier fruit salad, topped off with Courvoisier cognac); toiletry kit with socks, eyeshade, sewing kit, Kleenex, mint sachet, nylon bag and toothpicks; champagne or other drinks on request throughout flight. This must be a dream! If you "have to" travel first class, the time to elect it is on an 8½-hour, 4500-mile flight.

I have a day to explore Buenos Aires, its picturesque parks, the Avenida 9 de Julio - the shortest and widest boulevard in the

world, the 67-meter high obelisk commemorating Argentina's independence from Spain, Casa Rosada - the rose-colored presidential palace and site of balcony speeches by the Perons, the La Boca shopping district with its outdoor art galleries and tango exhibitions, and a stop at the Recoleta Cemetery - a "city" of mausoleums...streets full of them...including that of the Duarte family, Maria Eva Duarte de Peron ("Evita") the most prominent among those entombed. There's a huge statue of Evita on the lawn of the nearby National Library.

The next day is a flight to Ushuaia, the remote city "al fin del mundo" (at the end of the world)...the southernmost tip of South America, hemmed in by Alpine-like mountains and glaciers. The adjective "spectacular!" can be used - the first of many times on this trip - to accurately sum up the visual impression. It's here that we board ship. Each cabin has a nameplate honoring a famous explorer or trailblazer; the one opposite mine is named for my number two hero, Lindbergh. (Theodore Roosevelt is still number one.) Each cabin has one of the striking photographs of the Shackleton expedition taken by Frank Hurley, its young photographer. A fleecelined red parka, backpack and cap are provided each passenger gratis. We learn that the ship has an open door policy; keys will be issued upon request. Although I routinely sign out a key, I never use it...leaving my stateroom unlocked whenever I'm not



**"The World is a book, and those who do not travel read only a page."**

St. Augustine

inside. (The system worked 100 percent. There wasn't a single report of a loss.)

Our first port-of-call is at the Falkland Islands.

**Sunday, Feb. 22**

Wake-up announcement at 6 a.m., but I had awakened five minutes earlier to take a photo of the sunrise over the Falkland Islands where we've just arrived. After breakfast, we make our first Zodiac landing...a "dry" one...at a dock on Westpoint Island. Could have worn a T-shirt and shorts today. It's so mild. Sea is calm; it's a beautiful, sunny day. Take a long hike over the hills to see nesting black-browed albatrosses and rockhopper penguins. There are many geese on the island, making trails messy, and a few (crow-size) caracaras, falcon-like birds of prey...After

lunch, the ship anchors off Carcass Island where we make a wet landing and embark on a long nature walk, over hill and dale, sand dunes and rocks...about five miles (a bit much at age 78, but no more than a round of golf). Immediately we encounter magellanic penguins on the shore, then gentoo penguins a bit inland in the tussock grass dunes where they burrow, more along a beach on the far side of the island.

[On February 25th, we see our first iceberg, a massive hulk that the captain steers (almost too) close to. Dramatic! By dinner-time we're passing dozens, then hundreds of these goliaths.]

**Friday, Feb. 26**

(54°3' south latitude)

Up at 5:15 a.m. as we've arrived at the Bay of Isles, surrounded by

Dr. Mark A. Leipert  
Dr. Lisa Martin Eriksson  
Dr. Richard Leven  
Dr. Stephen Feltus  
Peter Boyle  
OPTICIAN

**Give  
the Gift of Sight  
this Holiday Season**

**Purchase a Gift Certificate**

**valued at \$100 for only \$75 or**

**Purchase a Gift Certificate for \$50 and pay only \$40.**

Some restrictions apply. Offer Expires December 24, 2008

**Optical Expressions**

**Berlin Mall**  
282 Berlin Mall Rd., Unit 4  
802 223-2090

**Green Mountain Mall**  
US 5, St. Johnsbury Center  
802 748-3536

**In Stock for  
Immediate Delivery**

**MAXIM®**

Outdoor Wood Pellet  
and Corn Furnace

Wood Pellet Fuel  
IN STOCK

- Automatic Power Ignition
- Heats for days on a single loading
- Heats entire home, multiple buildings and domestic water
- Adapts easily to any existing heating system, including radiant floor

**Can't put an outdoor wood  
furnace where you live?**

**We have the solution  
now on sale —**



FINANCING AVAILABLE (OAC)

**New England Outdoor Furnaces**

3613 Charlestown Rd, Box 1475, Claremont, NH 03743

(603) 543-1110 - Toll Free (866) 543-7589

neofnhvt.net

Unsecured installment loans provided by Enerbank USA  
(1245 E. Brickyard Rd., Suite 100, Salt Lake City, UT 84106)  
to homeowners who meet bank's qualifications.

maximheat.com

ad200801m

a Himalayan landscape. Time for a quick breakfast, then ashore at Salisbury Plain. "Large" colony was an understatement. We're greeted by an estimated 90,000 king penguins (I would have guessed over a million), a mind-boggling sight! They're as curious of us as we are of them...pretty friendly, not skittish, just beautiful coloring. The setting is Shangri La-like with high, rugged white mountains, glaciers coming down to the bay. The tussock grass seems richer, more vibrant here. Watch huge petrel steal and kill a penguin chick while a skua waits to share the feast...sad. Fur seal pups abound, playing with penguins in the surf. Have (and need) many layers of clothing and am quite warm even though it's frigid and windy and light snow is falling. Looks like I've brought along all the right gear. We leave reluctantly and the ship moves on for another wet landing at Prion Island, followed by a steep, muddy, rocky climb amid fur seals and gentoos. High up on the grassy knoll we find nesting wandering albatrosses and petrel chicks. The panoramic view from here is almost too much to "drink in"...mountains, glaciers, icebergs in all directions. Have taken over 50 pictures already today, but will discard some that are redundant or underexposed. The tip to use the flash for all shots is good advice; I would have thought the opposite for snow scenes. We're ashore about two hours for each landing and I'm exhausted and perspiring after the last one, too many layers of clothing this time. The afternoon landing is at Hercules Bay, but first a Zodiac tour of its inlets to see macaroni penguins and fur seals in and around sculpted blue-green icebergs...fantastic! On landing, we see macaronis and the massive elephant seals close up. The seals here are surprisingly aggressive; I'm glad I have along the ski pole to fend off a possible nip. (The pole is also very handy for the many hikes over slippery and often steep terrain.) Back to the ship at 6 p.m., then cruise to two deserted old whaling stations, the last one in Stromness Bay where Shackleton and two of his crew descended after climbing over the mountains from the other side of South Georgia. Many seals and king penguins now guard this ghost community and some reindeer are seen grazing on the plain behind the whale oil storage tanks. (Reindeer were introduced artificially here to provide a meat supply and sport for the whalers. In recent years, there was concern that they might disrupt the local ecology balance and there were suggestions to destroy the herd, numbering about 2,000. The effect of the Chernobyl disaster on the herds in northern Scandinavia put an end to such talk; the unaffected remnants here have become the control group for a long-term study of the genetic consequences.)

Friday, Feb. 27

After lunch, the ship arrives at the old whaling station at Grytviken where local customs and immigration officials board the vessel to clear us into South Georgia. We go ashore, first assembling at the grave of Sir Ernest Shackleton who died here in January 1922 as he was about to embark on another expedition. Cups of vermouth are distributed to the assemblage and the captain conducts a very moving memorial service at the simple gravesite. On the reverse of the marker we read Shackleton's favorite (Robert Browning) quotation, "I hold that a man should strive to the uttermost for his life's set prize." The pilgrimage has already been most rewarding and fulfilling... Southern elephant seals, fur seals and gentoo penguins are our occasional companions at this site.

Saturday, Feb. 28

The 6 a.m. wake-up and early breakfast are getting to be an easier habit. This morning's 7:30 a.m. wet landing is at Gold Harbor, still South Georgia. The black sand beach (the sediment produced by weathered remains of volcanoes) is teeming with wildlife ...aggressive multi-ton elephant seals and less feisty fur seals (except for the bulls), king and gentoo penguins, skuas, petrels and snowy sheathbills. Have to start limiting the number of photos since I'm sure the results will later appear as boring as endless shots of foliage in Vermont...but there is so much to command the attention of the lens everywhere you look. How can you ignore those elephant seals battering one another or that cute penguin in the puddle? I guess I'm fortunate since I seem to have lost my sense of smell. Others are complaining about the stench of penguin guano and elephant seal excrement here, but I'm oblivious to it. Weddell seals are spotted for the first time as we begin to cruise in the Drygalski Fjord. We pass several blue-green glaciers with erosion sculpting giving them eerie shapes. The ship stops at the end of the fjord within 50 feet of the glacier. Everyone is outside the bridge or the observation deck to gawk and take another few hundred photos. Spot leopard seal on an ice floe, a new species for our list. While we're pulling away from the glacier a huge segment, as large as a hotel, calves off throwing spray onto the bow and creating a huge swell all around the ship. Low clouds over the rugged mountains suggest once

again that we're engulfed in Shangri La. A planned walk on the nearby glacier is cancelled since we're behind schedule after spending so much time in the fjord. Sailing back from the "dead end" we head southwest toward the South Orkney Islands.

Sunday, Feb. 29

There's a timely sighting of a jade iceberg, a fantastic sight that my photos will hardly do justice to. The incredible sight of a lone penguin, half way up on this leviathan, gives some perspective to the enormity of these floating giant-size aircraft carriers (some of which are a mile long). The penguin looks like an ant. Some of the icebergs look like battle-ships, others like volcanoes, ice castles, Dali sculptures or the Gehry-designed Guggenheim Museum in Bilbao. Growlers, the small filigreed scraps of icebergs, are a greater danger to ships since they're not large enough to be visible on the radar screens. At 6 p.m. a fin whale is spotted; lots of spouts, but see the body only once, too fleeting to be captured on camera... Most of the passengers aboard are a well-traveled group, but a new friend tells us that the story of the young Japanese girl...about whom we know so little...who also joined the ship in Ushuaia...with a motorcycle...tops anything he's come across. If I have the story approximately accurate, she started out from Japan, ferried to Vladivostok, motored across Siberia to Moscow (having to board train for some roadless stretches), then cycled to Helsinki, ferry to Stockholm, ferry to Denmark, cycled down through Germany and France to Spain, ship to Paraguay, motored down through Argentina to join our ship, will motor up through Chile after disembarking at Punta Arenas and take a ship back to Japan. Good grief! The three Japanese young men aboard are not actually with her; they met in Ushuaia... Tonight I watch the four-hour movie "Shackleton" on TV in my cabin, very faithful to the epic events of the survival saga. Kenneth Branagh bears a striking resemblance to Sir Ernest and gives a faithful portrayal of the explorer; a very worthwhile "timeout!"

Look for Part III of "My Seventh Continent" in the December issue of the *The North Star Monthly*.



**LARRABEE'S**  
BUILDING SUPPLY

Color Matching • Expert Advice  
Knowledgeable Salespeople  
Remember us for all your building needs.

*Happy Thanksgiving*

We carry an extensive line of:  
Protects Wood Beautifully


**OLYMPIC**

1410 RT2 WEST • WEST DANVILLE, VT 05873  
MON-FRI 7-5, SAT 8-1 • (802) 684-3622 • FAX (802) 684-3697

**Peak Perfection**

The air is filled with gold,  
as if the light reflected from the leaves remains suspended,  
a misty filter to the view.  
Nature stands drowsy and fulfilled,  
waiting for a puff of wind to break the spell.

Isobel P. Swartz



**Peter M. Ollman • D.M.D.**  
PEDIATRIC DENTISTRY

802-748-8701  
576 RAILROAD ST.  
ST. JOHNSBURY  
VERMONT 05819

**REID & BALIVET**  
ATTORNEYS AT LAW

ERNEST TOBIAS BALIVET  
JUDITH A. SALAMANDRA CORSO

DANVILLE GREEN • DANVILLE, VT • (802) 684-3666



**PAUL'S FARM SERVICE**  
Sales • Service • Parts

Paul D. Bergeron  
Phone (802) 695-2500 • Fax (802) 695-2900  
514 West Main Street (US RT 2) • Concord, Vermont 05824  
*Serving Agricultural Needs with Integrity Since 1976*



**SUNSHINE**  
JEWELERS • BOUTIQUE • GALLERY

Dear Customer,  
**THANK YOU!**  
Sincerely,  
Fred & Robin Little

17 EASTERN AVENUE, ST. JOHNSBURY, VT 748-2933 VISAMC/AMX



**HASTINGS STORE**  
"DOWNTOWN WEST DANVILLE"  
(802) 684-3398

**Friendly Family Service**  
Quality Groceries and Meats  
Fresh Produce, Home Cooking ~ Deli Salads  
**Please Call Ahead for Party Platters and Special Meat Platters or Deli Dinner Entrees**  
Vermont Maple Products and Cheeses  
VT Lottery ■ Megabucks ■ Powerball  
■ Delivery service for our Senior Citizens ■

Holiday baked goods and platters!  
Monday-Saturday 6:30 a.m. - 6 p.m.,  
Sunday 8 a.m. - Noon

## 'The Immigrant's Contract'

By Marvin Minkler

Leland Kinsey has written a magnificent collection of linked poems, set in the northern reaches of Vermont. The book-length series of poems tell the story of a French-Canadian, immigrant child who crosses the Canadian border, into the Northeast Kingdom from the Eastern Townships, with his family, in a horse and wagon at the turn of the century.

"The Immigrants Contract," Leland Kinsey's sixth volume of poetry, follows the young immigrant as he grows into a man, who at various times in his life, helped dynamite a side of Jay Peak, so that a road could be built across its flank, log the forests of Canada, worked the veneer mills, boated to Cuba, milked cows in Florida, tended dams, pulled up snapping turtles in the Kingdom, and dug up dinosaur bones in the badlands. Moving, and powerful, it is a book ripe with life and sorrow. A life of displacement, hard work and transformation

Acclaimed author, Howard Frank Moshier wrote of the immigrant. "Here's a jack-of-all trades, and hell, most of the trades he knew were obsolete. You're not going to meet him now, or people like him. They're gone."

The poet, who lives with his wife and three children in

Barton, wrote the book in four months, in late 2005 and early 2006. The idea for the book had begun long ago, when Kinsey met an older man from North Troy, of French Canadian descent. The man was a natural storyteller, with many adventures to relate about his life in the Northeast Kingdom, and beyond. The man talked while Kinsey took notes, hoping that at some point in time the material could be used. He knew that the stories would be lost forever if someone didn't write them down, while the immigrant talked.

"Sundays, us teamsters would mix a tub of warm bran mash for our team to clean them out for a week.

I'd braid ribbons into my teams manes and I'd even take the longer hair of their bobbed tails and knot them up with bits of yarn. Then we'd have ourselves an informal show with the whole crew turned out in their finest. The festive air, the lateness of the hour, the horses figured soon enough no work coming so then they picked their front hooves up in fine park trots, especially the Percherons "The Immigrant's Contract," spans most of a century and encompasses an amazing range of experiences.

"The Immigrant's Contract," was published by David J. Godine, and can be found in our independent bookstores.

## Woody's Words

### How our language changes along with us

By Woody Starkweather

Vermont's autumn beauty makes me think of how natural changes produce glories that fall unbidden at our feet. Windfall. Grace. Taking the breath away.

Words too change. Language grows and morphs to suit the needs of an era, a season, a workplace, or a new technology. And we reap the benefits. Well, okay, sometimes the windfall words are scaly, misshapen apples, but just as often they're sweet and well formed, even juicy.

We have living with us here in Danville a young man from Kyrgyzstan, struggling to learn English. "Why do you say geese, but not meese?" he asks. "Why can you say 'wicked' when you mean something is 'really good'?" There is no logical answer to questions like this. Language isn't logical; it's historical. The odd exceptions and irregularities of English come from the influence of many other languages over many long years. Language "borrows" (steals actually) and also develops and changes within itself — unpredictably, whimsically. Language evolution is an organic process much like the evolution of species. Here are some examples.

Not long ago, the word square described someone who was out of

it, not a part of the current trend. Maybe this usage came from the idea of the square peg in the round hole — someone who didn't fit in. We don't hear square that much anymore. We do still hear its opposite, hip, which was coined at around the same time, probably from "hep cat," a jazz word with a similar meaning. Square, however, is no longer hip.

How does it happen that one expression comes into the language and stays, while another is born, flourishes briefly, then dies out?

Many words start out as vivid metaphors. Butterfly is an interesting example. Originally flutterby, it described the insect in a way that was straightforward and descriptive, solid, utile, but maybe a little boring considering how gloriously ephemeral a butterfly is. Some unknown language genius transposed the syllables, perhaps responding to the animal's whimsical beauty on a soft spring day. Maybe the "flutterby" was yellow and made her think of a butterfly flyer. I say "her" because I see this genius as a young girl in a pinafore giggling as she runs through a meadow of wildflowers. The new name, more whimsical and poetic, responds to the beauty of the care-free insect. And it has lasted, even though the poetry that midwived its birth has long since gone out of print. Now, it is simply the word we use, butterfly

Language change also produces clichés. Once, saying that someone was "over the hill" or that an idea was "old hat" was vivid and poetic. In a wonderful leap of


imagination an outmoded idea was made akin to last year's haberdashery. Now the leap is gone, but the expression is still with us, but it's very old hat.

Other expressions don't last even as clichés. I remember hearing the expression "pink tea drinker" in the 50's. I'd never heard it and didn't understand it. Conservative thinkers used the term to refer to elitists with communist tendencies, so it would not have been uttered in my liberal childhood home. But, asking around, I found out that "pink" referred to Communist leanings, and only elitists, faintly British and above hoi polloi, drank tea. Politics aside, the expression is a lively metaphor, but it died out anyway. Why? Because the idea it stood for passed out of our political life. Once the idea lost credit, the expression had no home. Its niche in political discourse disappeared, and it became as extinct as a brontosaurus.

And for the same reason. If there is no place for a species in the world — no food source or nesting place or suitable climate, it becomes extinct. It is the same with words. They survive if they express ideas that are current and important.

Slang is at the forefront of language change. It is a motley collection of mutant terms that might fit in somewhere but will probably survive only briefly along with the cultural quirks they refer to. These mutations arise more in adolescent speakers, eager to differentiate

*Continued on Page 18*



TECHNOLOGICALLY BREATHTAKING

INTRODUCING THE ALL NEW 2009 LINCOLN MKS

LINCOLN.COM

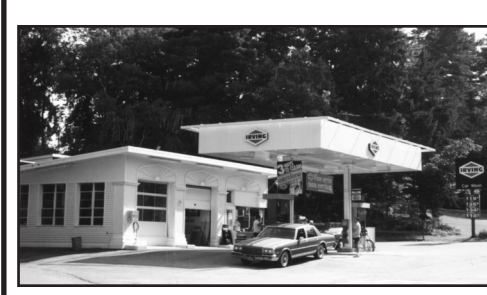
Gilmour Ford Lincoln Mercury  
8 Memorial Drive  
St. Johnsbury, VT 05819  
(802) 748-4444  
www.gilmourfordlincolnmercury.com

LINCOLN REACH HIGHER

Optional features shown.

**WESTERN AVENUE STATION**

"your friendly full service station"

Specializing in

- ♦ Exhaust systems
- ♦ Brakes

"See Dan the Muffler Man"  
Danny Lapierre, Mechanic

13 Western Ave. ♦ St. Johnsbury, VT 05819 ♦ (802) 748-2339

**GREEN MOUNTAIN BOOKS**

**BOOK SIGNING**

Wednesday, November 5th, 4 p.m.  
**Archer Mayor**  
will be here  
reading & signing his new book  
**"The Catch"**

---

Friday, November 14th, 5 p.m.  
Local author  
**Beth Kanell**  
will be signing her new YA book  
**"The Darkness Under the Water"**

Broad Street, Lyndonville, VT 05851  
(802) 626-5051 Open M-F 10-6; Sat 9-5



# International Flavor

Autumn on the Green draws vendors from all over the U.S. and beyond

Photos & Story by Cheryl Linsley

From the first trace of color on a little maple tree at the southwest corner of the Danville Green in August, through full blown glory on the big trees in late September and early October, to starkly majestic branches standing guard over the beloved center of Danville village – it's unquestionably autumn on the green.

In the midst of this annual metamorphic cycle, the Danville Green was itself transformed from a sea of red flags and white site markers to a small city of one hundred fifty vendors. And despite chilly temperatures and invigorating breezes, Autumn on the Green hosted several thousand guests from 40 states, the District of Columbia, 15 foreign countries and four Canadian Provinces. Cars were parked as far as one could see, in every direction and in every available space.

Town greens were originally created to provide grazing areas for livestock. On Oct. 5, it could be said that it was possible for patrons of the green to literally graze their way from one end to the other. Hearty soups and stews, vegetarian entrees, sandwiches and fries, desserts from the gourmet to "just like grandma's," BBQ, cheese, complete hot lunches, hot and cold beverages, and so much more awaited guests at nearly every turn.

With caller Bob Grant, the Country Corner Squares demonstrated the joy of square dancing to an appreciative morning crowd. A large gathering congregated on the sap bucket and board seats at the bandstand to enjoy the soft rock and country ballads played and sung by Skip and Debbie Gray, along with their daughter Morgan and friends Hannah Lazerick and Hannah Kitchel. The enjoyable late afternoon entertainment was by Contra-dance band, the Parsnips.

Right next to an impressive display of antiques, the Danville headquartered American Society of Dowsers introduced the ancient art of finding underground water veins with dowsing rods to interested onlookers. P.E.T.S of the Kingdom offered several children's games and prizes. A blacksmith, recreational tree climbing professional, painters, basket weavers, wood smiths, rug hookers, knitters, quilters – all demonstrated and encouraged participation in their art throughout the day.

Segways made their Danville debut courtesy of Segway of Northern New England, hosted by Washburn Lodge #92. The 21st century personal transportation device captured the attention of young and old. Instructors assisted the curious and adventurous in how to use the "state of the art" personal mobility equipment.

One of the most unusual items shown was a beautifully handcrafted wooden coffin, reminiscent of times past and a resurgence of simpler tastes today. Its creator brought other traditional items, but the casket was incredible in its simplicity.

Kathy Rooker, proprietress of the village's Sewin' Love Fabric Shoppe, pieced a lovely wall hanging rendering her vision of Autumn on the Green that was displayed throughout the event on the picturesque grain wagon that welcomes passersby on Route 2. The number and quality of vendors participating is testament to the artistry, creativity and skill they want to share with visitors to Vermont's Northeast Kingdom during its own most spectacular season. And it's just plain fun!

Always the first Sunday in October, next year's 7th Annual Autumn on the Green will be Oct. 4, 2009, from 10 a.m. to 4 p.m. It's never too early to reserve the date and make plans to join Danville enjoying and sharing autumn at its peak. Autumn on the Green is recommended by Scenes of Vermont, and a multiple winner of the Vermont Chamber of Commerce Top 10 Fall Event award. Check the web site [www.autumnonthegreen.com](http://www.autumnonthegreen.com) or write [aog@charter.net](mailto:aog@charter.net) or call 802-684-2528.

## HELP NEEDED

The Danville Chamber of Commerce and the Autumn on the Green organizing committee are trying to trace the ownership history of the wagon used for the annual event prior to its purchase from Judge Springer. Anyone with information can contact the committee at (802) 684-2528, PO Box 273, Danville VT 05828 or [aog@charter.net](mailto:aog@charter.net).



The 2009 Autumn on the Green was a smashing success with a diverse group of vendors, games, music and even a Segway demonstration. The weather may have been dreary on Oct. 5, but plenty of patrons turned out.




**The number and quality of vendors participating is testament to the artistry, creativity and skill they want to share with visitors to Vermont's Northeast Kingdom during its own most spectacular season.**

## VOTE JOHN

# Kascenska

**VERMONT STATE SENATOR CALEDONIA - ORANGE**

LEADERSHIP



**FOR A BETTER VERMONT**

& SERVICE

**LET'S GET BACK TO BASICS  
CONSIDERING TODAY'S ECONOMY**

- Rethink existing expenditures in order to maintain a balanced state budget
- Review state regulations, permitting and taxes to make doing business in Vermont more efficient and more affordable
- Re-focus state resources to improve our roads and bridges
- Rework the funding of education at all levels to help secure a stronger economic future for our youth
- Be good stewards of our natural resources and Vermont's way of life

**EMPOWER YOURSELF  
EXERCISE YOUR  
RIGHT TO VOTE**

**Vote John Kascenska for  
VERMONT STATE SENATOR**

Paid for by Kascenska for VERMONT STATE SENATE  
2424 Peak Road, Wheelock, Vermont 05851

~ About John ~

- Resident of the Town of Wheelock
- Graduate of Lyndon State College
- Experienced in higher education
- Experienced in workforce development
- Lifelong outdoorsman and outdoor recreation professional
- Dedicated to family and community

# The Lost Is Found

By Bets Parker Albright

It had been a long, cold winter in The City. It was 1929, and a load of discouragement with the economic depression hung over everything, and spring did not appear in a sunny burst of hope. It was a grim time, and there were no 'safety nets' like Social Security or Medicare to fall back on.

A once-successful businessman, the father of a friend of mine, jumped to his death from one of New York's many bridges. The government supplied tons of apples, which were sold on street corners by men who had never considered unemployment as a possibility.

My stepfather's long-time employment with the New York branch of a prestigious European banking firm dissolved overnight as the firm collapsed. (Such a thing seems only a little less bizarre in light of recent similar financial col-

lapses!) Families struggled to get by on anything they had managed to put by during good times. Many, of course, suddenly had nothing.

A college classmate of my stepfather's who was living abroad, apparently untouched by the disaster, contacted him and said that he had a large, empty, but well-equipped house just outside the city that needed a family to move in and care for it. He would be most grateful if our family would take over the house at least until we were able to regain our feet and start over.

We were in no position to refuse such an offer and really had no alternative. We could only be grateful and accept. My mother found someone to sublet the apart-

ment. So we gathered together what belongings we would need and went off to our 'borrowed' house.

The friendly owner of the house traveled back to help us get settled. He told us that there was an old but functioning car in the garage that we were welcome to use. Before he went on to rejoin his family, he said, "By the way, somewhere in this house there must be a document that I have mislaid. I have searched high and low, to no avail. If, by any chance, you come across a white paper scroll tied with a ribbon, please notify me at once and I will arrange to collect it. I am really distressed at losing it, and do hope it will turn up!" With that, he went on his way.

As we continued settling in, we began to enjoy the house very much. I was given the large sunny room that belonged to the daughter of the house. She was at school in Europe. I was urged to enjoy the books and games there, along with a well-equipped doll's house. This excited me, as I had always wanted a doll's house but there wasn't room for one in our apartment.

Before long, we were each doing 'our thing.' I was happy in the local school, my stepfather found some part-time work in a local bank and my mother did a bit of painting. She drove the old car into the country where she could do her water colors, some of which she would sell.

One day I decided to empty out the big doll's house, which was dusty, tidy it up and rearrange everything. There was even an attic under its sloping roof that was full of old doll furniture, little dolls and other accessories. I was pulling these out when I noticed something stuffed back under the eaves. It was odd-shaped and rather dusty. I reached in with a bent coat-hanger and was able to hook one end and pull it out. When I shook the dust off it, I could then see that it was a quite large piece of paper, rolled up tight and tied with a faded bit of red ribbon. Thus I untied and unfurled the paper and sat down to examine it carefully. There was a lot of faded old-fashioned writing that was very hard to read, and there were a couple of red seals attached at the bottom.

When my stepfather came home, I showed it to him, barely concealing my excitement at having discovered it. He looked it over and shook his head. "I just wonder if this could possibly be what Mr. Williams was searching for. I'll tell him about it, and as soon as he can come, we'll show it to him." Mr. Williams came quite soon after, and was delighted with the find.

"This is indeed what I was looking for, but I can't imagine why it was in the doll's house," he said. "I never would have thought to look there." He went on to explain that it belonged to his father, who guarded it carefully, so that Mr. Williams had never seen it. He

rushed off to show it to his wife, and later told us how thrilled they were to have the document, though they were still not sure why it was important, as it clearly was. They took it to their lawyer, who was sure to give an explanation.

"Meanwhile," he said, "I think we should all go out for dinner and celebrate the discovery!" So we did, and our hosts showed us a very good time. We told them how grateful we were to be in their lovely house. Mr. Williams laughed and said he doubted they would ever have found the document. He said that when I was older he would like to have me work in his office, so that he could then be sure that anything lost would soon be found!

That was a promise for the future, but Mr. Williams was so pleased about the document that he got busy looking for a really good job for my stepfather. In only a few weeks he found just such a job in his own office. We could hardly believe our good fortune and were soon able to move back into our own apartment.

We remained fast friends with our kind hosts. Things began to look up for us. My mother got some requests for her paintings after they were displayed in Mr. Williams' office. The level of anxiety in our life diminished greatly, and I was especially happy that my good luck had helped in turning our fortunes around.

What was the significance of the document? Why had it been stuffed into the back of the doll's-house attic? The answers to these questions were never revealed!



**Sanderson's Wooden Bowls**  
*Perfect for that Special Gift*  
 Each Bowl is Hand-turned from Native Vermont Hardwood  
[www.vtbowls.com](http://www.vtbowls.com)  
 Sam & Weeza Sanderson  
 2902 VT RT 114 East Burke, VT  
 (802) 626-9622  
 Visitors Always Welcome

**The Village Baker**  
 Artisan bread, sweet and savory pastries, lunch and espresso.

**Now Serving David's Handmade PIZZA**  
 Mon - Fri 11-2  
 Thurs & Fri 5-8

*Please call for our Holiday Specials*

462 Railroad Street  
 St. Johnsbury, VT 05819  
 751-8010

Open Tues - Thurs 8-4  
 Friday 8-5:30  
 Saturday 8-3

## Woody's words

*Continued from Page 18*  
 themselves from adults. But sometimes they stay with us because we need to say exactly that. The druggie culture of the sixties gave us many of these – tripping, mainlining, getting high, etc. – and many

are still in use. The idea of being transported by some specific process, not necessarily drugs, is a useful thought, so even in our more sober time, someone could say "I was tripping on autumn today." Well, probably they remember the sixties. Or not.

Technical terms survive as long as the technique is being used. We're learning now how to use terms like google and shareware. And they'll be with us as long as

we keep googling for shareware. New ideas require new terms – sub-prime mortgage, default credit swap, investment bank. Hopefully, these terms will only wrinkle brows in the future. But other ideas will, we hope, live on to enrich the language – tidal power, solar thermal, localvore – just as the genetic mutation that gave some dinosaurs the ability to fly has given us, with grace, the sound of birdsong on a spring morning.

**A lifetime of service . . .**

- EMS provider and Registered Nurse
- NVRH Corporator
- President, CALEX Board of Directors

**. . . a commitment to meaningful work for the people of this District . . .**

- Addressing skyrocketing property taxes
- Ensuring high quality education
- Finding a solution to healthcare that gets primary care and dental to all
- Preserving family farms
- Helping seniors stay independent
- Finding reliable, sustainable and affordable energy solutions
- Investing in our roads, bridges, broadband and cell phone services

**. . . and values that we share.**

- Independence and self-reliance
- Fiscal prudence
- Commitment to strong communities

**Matthew Choate for Senate**  
 Caledonia - Orange District

Paid for by candidate



*On November 4, you get to elect two State Senators. I hope you will place your trust in me with one of those votes. I will listen to all sides, be thoughtful in my approach and work hard to make the best decisions I can.*


{ HISTORIC PRESERVATION }

**S.A. FISHBURN**

{ CUSTOM CABINETRY }

{ AUTOCAD DESIGN }

{ PLASTERING }



We bring years of experience and a passion for excellence to everything we do. Exacting and professional, straight forward and honest, skilled and quietly confident. Call us for a consultation.

S.A.FISHBURN, INC.  
 DANVILLE, VERMONT 05828  
 802 684-2524  
[fish@kingcon.com](mailto:fish@kingcon.com), [www.safishburn.com](http://www.safishburn.com)

# What are you doing for Halloween?

By Bruce Hoyt

Some time ago I received a letter from a longtime friend explaining his sudden departure from the St. J. area. I will relate his frightening story but will limit the details to protect his privacy.

When the Moore Hydroelectric Station was under construction in the mid '50s, many of my contemporaries took jobs vibrating the tons of concrete in the continuous pour. The letter writer, however, hired on with a crew moving remains from the old Pattenville cemetery up to higher ground. The village, if it could be called that, consisted of half a dozen houses where Route 18 swooped down through a valley. It would eventually lie beneath 170 feet of water, necessitating the removal of its buildings and the bodies resting in its graveyard.

College age students, supervised by a funeral director, used hand tools to disinter the deceased and carefully placed the remains in individual, labeled boxes for transfer to a new resting place.

The temptation to take shortcuts comes to us all at one time or another and for my friend it came late on a Friday afternoon when he was tired and more than ready to finish up and get back to the temporary dormitory that housed the young workers. A body in particularly advanced decomposition was going to require a lot of sifting and picking. He had heard that moving a difficult grave could be accomplished merely by moving the soil reddened by the iron-rich, decomposed liver of the deceased. So that's what he did.

My own compliance to the easy way came that summer when I painted the Portland Street Overpass with a steeple-jack crew. The boss said the "pigeon poop primer" would be adequate in the hard to reach (and hard to inspect) places. Good enough for me!

My friend, however, soon saw his shortcut as a desecration and a sin. We'd talk about it over a brew from time to time, and the pain in his conscience gradually subsided. It reemerged sharply a couple of years ago when he took

a job in Littleton. Every workday he had to drive by the sunken foundations and vacant graves far below the reservoir surface. He knew what was out there.

No backyard tree or TV antenna pokes the surface to mark the place, but Pattenville lies beneath the south tending cove of the lake that comes near the arcing I-93 highway, just beyond Moore Station. On late summer nights, the warm water and the cool air above it tends to generate fog. For him, the fog generated unexplainable forms which gave him such anxiety that he often stopped for a drink before heading home. The forms became a bearded man with soggy clothes and straggling waterweeds. The drinks became harder. Once, as he drove by, the apparition shouted "I want my..."

My friend gunned his Dodge up to red line and never heard the rest. Thereafter he always drove with the windows up. He didn't

have to hear it, but still he saw the vision more and more through October. It gave him a burning sensation at the bottom of his rib cage. Finally, he wrote in his letter that he had to move away to another state to find a new job and avoid this torment. A month later he was dead.

We all had our suspicions, so a nurse in our group made a few phone calls and reported back: "Yes, cirrhosis." Then added "not the usual spongy form of liver deterioration, but more like burned, cooked."

A couple of the guys said, "Yup, drank too much." One offered, "Microwaves. He worked on microwave towers."

Another remembered taking his girlfriend out to see the new hydro station, and seeing an old man trudging along the bank, as if looking for something. "I felt a pain in my gut and a chill at the same time", he said. "Creepy! I never went back".

We talked some more about these strange phenomena.

There was even a proposal to go see for ourselves but we decided that we would look ridiculous. We're all too old to go "sparking" in the moonlight, so we ordered another round and left the matter to be explored by younger guys and their girlfriends. If they dare.

Building & Remodeling  
Painting & Wallpapering  
Snowplowing & Sanding



**EMMONS & YOUNG  
CONSTRUCTION**

Jim (802) 684-3856 1154 Bruce Badger Memorial Hwy.  
Dana (802) 633-3844 Danville, VT 05828

## TIME SPACE HIMALAYAS Finding Time and Space for Yourself in Vermont



Brian S. Ward offers Holistic Coaching and Meditation Instruction for groups or individuals in life transition as well as coaching for tobacco cessation, weight management and relaxation. Provider for Blue Cross - Magellen Insurance.

(802) 684-3636 or www.consciousconsultingandcoaching.com

## Danville United Methodist Church "The biggest little church on the Green"

### "Breaking the Code" A study of the book of Revelation

Sundays beginning Nov. 2 at 5 p.m.  
at the Danville United Methodist Church  
Pre-registration appreciated  
684-3389 or 748-1447

Rev. Henry E. Cheney Sunday Worship  
684-3389 office and Fellowship 9:30 a.m.  
Sunday School During Worship Service

## NORTHERN PETROLEUM CO.

189 RAILROAD ST. - ST. JOHNSBURY, VT 05819 (802) 748-8934 OR 1(800) 222-9276

**Take the worry  
out of winter...**

**There's still time  
for a furnace tune-up**

- ▶ Ensure maximum efficiency
- ▶ Enhance system longevity

"We make your home a better "safer" place".  
(802) 748-8934 or 1(800) 222-9276



# QUALITY SUZUKI

Way of Life!

## SERVICE CENTER

I-91 Exit 22 • Route 5 • St. Johnsbury, VT

## Half Price

Vermont State Inspection  
Call NOW To Schedule

- Most cars and light trucks
- With ad and scheduled appointment
- Regular price \$35.00
- Inspection only, repairs extra.



Nick Pilotte - Service Advisor • Pat Wheelock - Service Mgr.

**\$13.95**  
Lube, Oil &  
Filter Service



Includes FREE 27-Pt. Inspection

- Includes FREE battery check
- Most cars and light trucks
- Up to 5 qts. oil
- With this ad and scheduled appointment

**Synthetic Oil Change**  
• Up to 5 qts. oil **\$49.95**  
+PLUS TAX



**15% OFF**  
Suzuki  
Accessories

Most Popular  
In Stock with this ad!

**FREE**  
Mount &  
Balance



With purchase  
of 4 snowtires.

Most Popular  
Sizes In Stock!!

CALL  
TOLL  
FREE

**1-800-563-7043**

Limit one offer per customer per scheduled visit. OFFER IS GOOD WITH AD UNTIL 11/30/08. May not be combined with other offers. Service hours: Mon.-Fri., 7:30-4:30.



# Life after Layoff

## Rocky emotions and intense competition in wake of the economic downturn

Photos & Story by Carla Occaso

Lynn Sakal of Kirby worked as quality manager at Lydall, Inc. a St. Johnsbury automotive parts manufacturing plant, until getting permanently laid off this summer due to a planned facility closing.

The news came suddenly one Thursday at lunch, she recalled recently. Sakal and her family of four had relocated for the job from Detroit, Mich., just over a year ago and expected to be here awhile. Then the company announced it would consolidate and leave Vermont.

"I've mainly been in the automotive industry for the past 20 years," Sakal said in her kitchen overlooking the Willoughby Gap. "Part of me felt relief because I could see the automotive industry. With the impact of gas ... you constantly worried, 'Am I going to have a job tomorrow?'"

Sakal went home to break the news to her husband, Al, and two children, Noah, 12, and Emily, 15. She said

they discussed key survival issues. First, she and her husband made sure to put aside food provisions in case the job hunt took longer than expected. Second, she said she took the children shopping for school clothes with the understanding no new purchases would be made until after she landed a new job. And third, she made a plan of attack to find employment as quickly as possible. She realized the situation would most likely force the family to move out of the Northeast Kingdom because of the shortage of jobs.

The family also cut luxuries, such as premium cable channels, but kept the high-speed Internet connection she would use to find work.

"I wanted to maintain my professional habits," Sakal said. "I got up early, got the kids to school. I worked on my resume and went to career Web sites." She set a goal of three job contacts per day. Within a few weeks she

Lynn Sakal, of Kirby, had to go out of state to find a job after she was laid off from Lydall in St. Johnsbury after the manufacturr decided to consolidate plants.

**Part of me felt relief because I could see the automotive industry, with the impact of gas... you constantly worried 'am I going to have a job tomorrow?'**

arranged telephone interviews with companies all over the country. It took several more weeks for interviews to lead to offers, but as of this writing she had one job offer and a couple more possible opportunities – all outside Vermont.

Sakal said her faith in God guided her and a positive attitude was key to finding work. She believed she would get a job. She refused to let herself get depressed. She did have low days, but said she still forced herself to make contacts on those days.

Others with tighter local ties are unable to cast as



**VOTE**  
**Kitty Beattie Toll**  
 for Vermont House of Representatives

**Tuesday, November 4<sup>th</sup>**  
 D-Caledonia-Washington-1

***Committed to Our Communities***

Cabot • Danville • Peacham

P.O. Box 192 • Danville, VT 05828 • 802.684.3671

[www.kittyforhouse.com](http://www.kittyforhouse.com)

Paid for by Kitty Toll for House, Martin Beattie, Treasurer



**BOOKS ■ COFFEE ■ CONVERSATION**



**books are a great holiday gift for all ages**  
 gift certificates in any amount • calendars • stocking stuffers

**HOLIDAY CARDS** - special November & December  
 buy 3 holiday card boxes - **get the 4th FREE**

**FREE WIRELESS INTERNET ACCESS**

Mon - Fri 7 am - 7 pm • Sat 9 am - 7 pm • Sun 9 am - 5 pm  
 394 Railroad St., St. Johnsbury (802) 748-3551



Shirl Sizen, of St. Johnsbury, is one of many local workers searching for a job after a recent layoff.



The Lydall, Inc. manufacturing plant, announced it would consolidate operations and move out of state. The move will leave 190 people without work.

close by.”

Sizen has two children, David, 3, and Dalton, 1, who are in daycare while she looks for work. The expense is hard to keep up with, but Sizen said she cannot bring them along.

So far Sizen and her fiancé, David White, a carpenter, are getting by, but Sizen said she doesn't know what will happen if this situation drags on.

“I'm going to pay my daycare this week and half my house payment,” she said. “Then I'm broke. I won't have any money for gas, food... I don't think I can afford diapers.”

Sizen is not alone in her challenge. Two human resources contacts verified her description of a glut of workers vying for few jobs.

“Definitely, what is out there is very competitive,” said Deanna de la Cruz, driver resources manager for Northern Gas Transport in Lyndonville. “We received triple the amount [of job applica-

tions] we have in the past.” Northern gas recently advertised two office jobs and some truck driver positions. A staffer at Caledonia North Supervisory Union also reported an increase in job applications.

When Lydall, a company that makes car parts, moves Vermont operations to its North Carolina facility, 190 St. Johnsbury-based jobs will disappear, a company spokesman said in September. Joel Schwartz, economic development director for St. Johnsbury, called the situation “devastating” for the local economy.

A slew of layoffs this year means bad news for everyone, said Steve Patterson, executive director of the Northeastern Vermont Development Association, a

regional planning and economic development agency based in St. Johnsbury.

“Obviously when you lose your job it is a very significant event,” Patterson said. “Every time you have a significant layoff, like you do at Lydall, it is never good for the local or regional economy. It might make you stop and think before you decide to buy a new car. It is difficult, and it is hard, but the response is to look forward and do the best we can to reemploy those folks. We are trying to respond as well as we can to the situation at Lydall.” Federal economic development grants will help pay for training and reemployment efforts.

Patterson said in October he was meeting with Patricia Moulton Powden, commissioner of the Vermont Department of Labor, Carol Moore, president of Lyndon State College, and local employers to put together an infrastructure to provide training and support for laid off workers. Still, it is difficult to predict how much the Lydall layoffs, which may not be complete until the end of 2009, will affect the local economy, Patterson said, because it is not known how many workers are willing to relocate to North Carolina and how many have already found other work.

While jobs will be lost at Lydall, two local manufacturing plants will be hiring, Patterson said. NSA industries in Lyndonville and Vermont Aerospace in the Lyndon-St. Johnsbury Industrial Park have reported shortages of trained workers. NSA has roughly 40 openings for machinists and/or welders.

But the few openings may not be a match for the nearly 200 layoffs. Unemployment has trended up statewide, according to Vermont Department of Labor statistics.

Unemployment statewide has grown by 2,300, from 15,000 to 17,300 since January 2008, according to the Vermont Department of Labor Web site. Also according to the department, unemployment in St. Johnsbury alone rose from 600 in August 2007 to 750 in August 2008. This does not include the majority of Lydall workers.

This holiday season might be more notable for how neighbors help neighbors than for how many new video games can be found under the tree.

wide a net as Sakal. For them, prospects are slimmer.

Shirl Sizen of St. Johnsbury worked her last day as an engineering administrative assistant in July for Mobile Medical International Corporation, a St. Johnsbury medical equipment manufacturing company where she had worked for the past three years. Sizen fell victim to budget cuts this summer with nine other coworkers. Sizen now competes with a crowd of newly unemployed people for a small pool of job openings. Unlike Sakal, Sizen said she does not have the resources to move out of town. She's stuck competing for the few jobs within driving distance of her New Boston Road home.

“Every job I apply to, there's 10 friends applying to the same job,” Sizen said recently. “That's what I keep getting, [letters that say] ‘We'll keep your resume on file.’”

Sizen said her closest neighbor and someone a few doors down have been laid off as well. Sizen devotes every Monday to apply for jobs in person by driving from employer to employer hoping for an opening. Gas costs are getting prohibitive. She has visited some workplaces two and three times, but so far, no luck. Many days she goes to the Cobleigh Public Library in Lyndonville to search for jobs on the Internet.

“I just want to get back into an office,” she said recently. “Some place

Leather for a lifetime.



**SMITH BROTHERS**  
of BERNE

American-made leather furniture, made in the Swiss-Amish Tradition since 1926. A lifetime warranty and classic styling ensure that you will want it around as long as it will last . . . for a lifetime.

**Stahler Furniture**

*American Quality - Vermont Values*

**FREE Delivery and Setup**

Route 5, Lyndonville, Vermont 05851  
Mon. thru Fri. 9-5, Sat. 9-3, Sun. Closed  
1 877 883 8415 or visit stahlerfurniture.com

**St. Albans**  
802.524.9000

**Fairfax**  
802.849.2600

**Jeffersonville**  
802.644.6600

**Johnson**  
802.635.6600

**Hyde Park**  
802.888.6880

**Morrisville**  
802.888.6860 Plaza  
802.888.6600 Main

**Stowe**  
802.253.6600

**Hardwick**  
802.472.8100

**Danville**  
802.684.2211

**St. Johnsbury**  
802.748.2454 GM Mall  
802.748.3121 Portland  
802.748.3131 Railroad

**Littleton**  
603.444.7136  
Equal Housing Lender  
Equal Opportunity Employer

**Danville!**

**Our convenient Danville office is open.** Find us within the Marty's 1<sup>st</sup> Stop complex, Route 2 East, in Danville. Meet our friendly Team, and take advantage of the extended hours... Monday through Friday, 7:30AM to 5PM. Learn about our Small Business loan programs, our GreenLend™ Energy Efficiency loan program, our B.U.I.L.D. Loan, our GreenLend™ and FLEX Certificates of Deposit and so much more!



**Union Bank**

Banking. Simplified. www.unionbankvt.com Member FDIC

Introducing... **MATTRESS 1<sup>ST</sup>**  
 AMERICA'S SLEEP SPECIALISTS™

by **Serta**®

**SEASON'S LOWEST PRICES** **SPECIAL VALUE!**

**HURRY IN FOR THE BEST PRICES!**

**QUEEN SET \$349**

*A few examples of Incredible Savings!*

<b>BLAIR FIRM</b>	<b>BEST PRICE!</b>
<b>\$249</b> TWIN SET	FULL SET .....\$299 QUEEN SET ....\$349
<b>CLEARFIELD PLUSH</b>	<b>BEST PRICE!</b>
<b>\$349</b> TWIN SET	FULL SET .....\$449 QUEEN SET ....\$499 KING SET .....\$799
<b>CRAWFORD EURO TOP</b>	<b>BEST PRICE!</b>
<b>\$549</b> TWIN SET	FULL SET .....\$649 QUEEN SET ....\$699 KING SET .....\$1099
<b>CUMBERLAND FIRM OR PILLOW TOP</b>	<b>BEST PRICE!</b>
<b>\$649</b> TWIN SET	FULL SET .....\$849 QUEEN SET ....\$899 KING SET .....\$1149

**TWO GREAT LOCATIONS**

103 **MODERN FURNITURE** NEWPORT, VT  
 Lyndonville, VT  
 Formerly **WAYSIDE FURNITURE**

**CRAFTMASTER** FURNITURE INCORPORATED  
**KING KOIL**  
**ASHLEY**  
**Best** **TEMPUR-PEDIC** **BERKLINE**

**MODERN FURNITURE & MATTRESS SHOP**  
*"Bringing New Styles and Designs to Your Home"*  
 Delivery Available • Lay-Away Available • Financing Available

Exit 23 off 91 Rte. 5 - Lyndon, VT **802-626-3273**  
 Mon.-Sat. 8:30-6, Sun. 10-4

FORMERLY **WAYSIDE FURNITURE**

103 Coventry Street Newport, VT **802-334-5616**  
 Mon.-Sat. 8:30-6  
 Across from Pick & Shovel

Photo reprints are available at:  
**www.northstarmonthly.com**

# Ready for radon

Fairbanks Museum offers free testing kits

By Isobel P. Swartz

Fall is here and the heating season has begun. This is a great time to test your home for radon. This is important because more than 20,000 lung cancer deaths a year in the United States are attributable to prolonged exposure to radon. It is the second leading cause of lung cancer in this country.

Radon is a chemical element that occurs in nature. It is a gas formed by the radioactive breakdown of uranium in the rocks of the earth's crust. It has the potential to harm delicate lung tissue if it is inhaled, because it is also radioactive. Radon passes through the cracks and fissures in rocks, through pores in the soil and eventually out into the atmosphere. It can also be trapped inside a house, when it infiltrates through cracks in a basement floor or walls.

In most cases radon escapes with the regular air flow through the home but when the air flow is slow, or rooms are kept closed, radon can accumulate in the inside air of the home and reach

unacceptable levels. Radon is odorless, colorless and tasteless, so the only way to detect it, and find out how much is present, is to do a radon test.

The best way to test is to do a long-term test (2-3 months) during the heating season when the home is closed up. The warmer air in the home rises and creates a slight negative pressure in the lower level of the building that draws air, including radon, in through any existing cracks. A long term test gives a better reading of the average radon level in the building. The best place to do the test is the lowest living level of the home. This might mean the basement if there is a finished area such as a bedroom or den there. If the basement is only used for storage, laundry and furnace, then the first floor would be the level to test. There are a few other simple guidelines for testing that come with the test kit.

Test kits and analysis are available free to Vermonters through a grant from the U.S. Environmental Protection Agency to the Vermont Department of Health. They can

be obtained locally from the Fairbanks Museum and Planetarium by calling 748-2372 ext.105, by email to pswartz@fairbanksmuseum.org, or by going to the Museum's web site: www.fairbanksmuseum.org. Under "Explore" on the Home Page you will find the Radon Program's part of the site. Here you will find information about radon and answers to several frequently asked questions. You can also order a radon test kit through the web site.

Test kits should be returned to the Museum after the testing period is completed. They will be sent to a lab for analysis and the results will be reported to the clients. Help is always available from the Museum's Radon Program coordinator who will interpret test results and suggest follow-up actions, if necessary. A future article will explain methods of reducing radon levels in homes.

Isobel P. Swartz is the radon program coordinator for the Fairbanks Museum and Planetarium.

# A Shaman at sunrise

'Walking in beauty'

By Susan Bowen

Why did I rise at 5 a.m. on that recent Saturday to drive to Marshfield? It was not a usual thing for me to do, but my daughter Sarah had invited me to join her, and I felt more than a bit of curiosity about this new experience. I knew that a shaman from Greenland had been invited to the area, and he was going to lead a sunrise ceremony.

Shamanism is a range of traditional beliefs and practices concerned with communication with the spirit world. A practitioner of shamanism is known as a shaman. Shamanism is based on the premise that the visible world is pervaded by invisible forces or spirits which

affect the lives of the living. In contrast to organized religions lead by priests and which all members of a society practice, shamanism requires individualized knowledge and special abilities. Shaman operate outside established religions.

As we arrived, a group of 30 or 40 people had formed a circle around a fire glowing in a small round hole. At first, I couldn't see where the shaman might be, but I noticed that everyone's attention was directed towards a certain part of the circle. Yes, someone was talking, quietly, simply, talking about beauty and light, the light of the fire that was dying down, the light of the sun that was about to rise, that must be the shaman, whose role in his com-

munity was a combination of keeper of his group's history, teller of tales, and spiritual leader. It seems that people in other places in the world want to learn his people's way of understanding the big questions humans have been asking ever since we had the words to ask them. Who am I? What is this world in which we live? What is the right way to live our lives in this world?

Many Native American groups have a word for their way of life as reflecting their spiritual beliefs, translated into English as "beauty." The Navajo speak of "walking in beauty" to mean following their spiritual customs, feeling the world around them as a whole of which each is a part. In his talk, the shaman was expressing a similar theme, but directing our thoughts in a particular event, the sunrise. Do we, the people of today, tend to take a purely scientific view of the natural world because of all the spectacular discoveries made by scientists in recent times? We may know more facts about the sun than someone 500 years ago, or 5,000 years ago, but that fact should not change our feelings of awe and wonder when we see the sun rise each morning.

As the shaman was talking, he picked up a drum and held it over the fire, apparently to improve in some way its resonance. Then he performed an impressive chant, accompanied by the drum, which, rather than

## Need a Winter Project?

- Paint & Supplies
- Serta Mattresses
- Furniture
- Floor Covering
- Window Treatment



## Mayo's Furniture & Floor Covering

Monday-Friday 9:30 a.m.- 5:00 p.m.  
 Saturday 9:30 a.m.- 4:00 p.m.

802 Railroad Street, St. Johnsbury, VT 748-8725

# Christmas comes to the Old North Church

By Dick Strifert

The Old North Church will hold its first Advent Lamplight Service and Carol Sing at 7 p.m. on Dec. 14. The service will be led by the Danville Ecumenical Community and their choirs. There will be a fire burning in the wood stove, and we are counting on lots of body heat, but please dress very warmly and remember to bring a flashlight.

We invite you to come and see the restoration of the Old North Church in progress. The clapboards on the south side were meticulously restored or replaced this past summer by Jan Lewandowski and Chris Patton. Much of the upcoming work now has been made possible through the generosity of several individuals and organizations. The Old North Church received a Preservation Grant made possible by a partnership between the Freeman Foundation and the Preservation Trust of Vermont. In addition, we received a bequest from the estate of William J. Stanton. Bill, a former trustee, was an ardent supporter of the church and throughout his life time, he and his family donated much of their time as well as financial support to this treasured historic site. We are also receiving numerous donations from individuals and families through the ongoing "Adopt-A-Window" campaign. Accordingly, the restoration work continues to progress. The exterior of the church was painted in late summer by Leonard Spencer of Cabot, the interior walls of the church have started to be stripped of the wall paper, and the plaster is being repaired to its original condition by Sally Fishburn. The four windows on the west side of the church will be removed this fall to be restored at the shop of S. A. Fishburn in Danville.

We can reminisce and experience what it was like in the early 19th Century. It is true we won't be in horse drawn carriages traveling over snow-rolled roads, but we will be huddled together by a wood stove in the glow of kerosene lamps to hear readings of the gospel and singing together our favorite carols. Mark your calendars and come celebrate Christmas in the country.



## Friday afternoon tea room

By Sue Strifert

The Friday Afternoon Tea Room at the North Danville Baptist Church will open Dec. 5 for the fifth year offering fellowship and hospitality to all.

The Tea Room is open from 2-4 p.m. every Friday from December through the end of March. Donations are accepted and are given to the Open Door which is Danville's ecumenical food shelf and thrift shop.

Please come and join us for tea, coffee or hot chocolate,

scones with jams, jellies and lemon curd, cookies, muffins and quick breads. Tables are set with china, linen and silver, however, dress is casual and all our welcome. Visitors come from a wide area, men, women and children alike, so plan to join us and make new friends.

The capacity of the Tea Room is 30 so please call Sue Strifert at (802) 748-4096 if you plan to bring a group of 4 or more. We hope you will join us some Friday for an hour or two of good food and fellowship.



### The Old Crow Craft Farm

*"It's a Country Shop"*

*Feather Trees, Hooked Rugs, Candles, Dolls, Placemats and other Handcrafted Things. Collectables and Antiques.*

**OPEN HOUSE:** November 8 & 9 and 15 & 16; 9 a.m. - 5 p.m.

*3 miles from Cabot Village. 2 miles from Walden Fire Station.*

Route 215, Foster Drive, Cabot, VT (802) 563-2526

*Open: Wed-Sat, 9-5 and most Sundays, call; Closed: Mon & Tues.*

## Pōdō SHOES

### STEP INTO COMFORT, WARMTH & FASHION with

**BOOTS** from Ariat, Ecco, Keen, LaCanadienne, Kamik and UGG.

**NEW** Colorful and luxurious hosiery, sweaters, hats, scarves and gloves from Smartwool.

**JUST IN:** Beautiful handbags and wallets from Ameribag and Sven, plus a select group of designer bags and belts.

**418 Railroad Street, Suite 1 St. Johnsbury, VT**  
**(802) 748-4500**



## Gardening & Growing

Marsha Garrison

Now, right now, when fall's riot of color and form no longer clouds your vision, is the time to walk through your garden and remember. If you close your eyes, smile slowly, and breathe deeply, you should see what gave you the greatest and purest gardening pleasure this past growing season. And if you keep your eyes closed for perhaps a minute longer, you may even have a vision of how these felicities might be increased next year.

The first image that came to my own mind when I conducted this exercise was that of a smoke-bush named Grace (*Cotinus x "Grace"*). Grace is aptly named; she has the capacity to make you feel that angels are tossing whole handfuls of blessings down on you and your garden. Grace's glory is her leaves, an ethereal, almost aching beautiful shade of maybe-red-and-maybe-purple suffused with delicate hints of dusky grey-green. No leaf is quite the same, but all of them have a strangely translucent quality. And when those leaves are backlit by the setting sun, you will feel sure that the Garden of Eden is closer than you had realized.

Grace is a little tender, so you should expect to lose the tips of

her twigs each winter. This means that she will not blossom, or "smoke," except in lower portions that are snow-covered. But her leaves are enough; even if Grace did not flower at all, she would glorify any landscape.

My own Grace is situated at the base of a substantial stone wall that both protects her from the prevailing northwest wind and creates a snow pocket where drifts gather. In this sheltered, but sunny, location, Grace has grown to about ten feet wide and her shoots extend ten to twelve feet high by the end of each summer. She is sizeable enough that I had not thought of providing her with a companion until I closed my eyes and pondered the summer's gardening pleasures. But this mind's-eye vision of Grace in all her glory convinces me that one is not enough. Come spring, I will plant another Grace to scatter more blessings throughout my garden.

So, if you don't have a Grace, add her to your own planting list. And let me know what visions you conjure up as when you close your eyes and remember this season's special gardening pleasures.

**Richard P. Barrett Insurance Agency**  
309 Portland Street, Suite 102  
St. Johnsbury, Vermont 05819  
**(802) 748-5224**

## Need Home & Auto Insurance?



*Let us put it together for you!*

- Savings
- Service
- Satisfaction

REPRESENTING



CO-OPERATIVE INSURANCE

ASSOCIATION OF VERMONT • MIDDLEBURY, VT 05753

- Convenient Payment Plans

## Internet

Unlimited Hours, No Contracts!

**\$9.95** /mo. No Credit Card Required!

- FREE 24/7 Technical Support
- Instant Messaging - keep your buddy list!
- 10 e-mail addresses with Webmail!
- Custom Start Page - news, weather & more!

*Express Surf up to 6X faster!* just 43 more

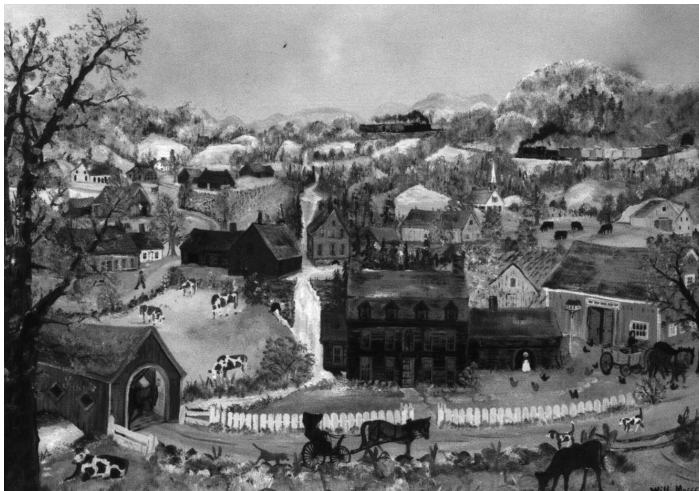
Sign Up Online! [www.LocalNet.com](http://www.LocalNet.com)

Call Today & Save!

**LocalNet 748-8188**

Reliable Internet Access Since 1994

## SNOW IN THE HILLS by Will Moses



Serigraphs, Prints, Christmas Cards, 2008 Calendars  
Puzzles, Books, Framed Mirrors, Conservation Framing

**The Framing Format & Gallery**  
485 Lafayette Street \* St. Johnsbury, VT  
802-748-3964 \* 800-699-3964

[www.framingformat.net](http://www.framingformat.net)

Craftsmen Series

# Whittle while you work

## The story of John Donovan

By Bennet H. Leon

Standing at a counter, utility knife in hand, John Donovan, 72, cuts slivers of pine out of a small plank. Relief carvings in various degrees of completion occupy most surfaces in the room. Covered bridges, cows, and syrup buckets pop out of the woodwork.

“Relief is an image that is attached to the background, but appears to be separate,” said Donovan, of Sheffield. In his retirement he has employed the use of traditional tools to create works of art. “It’s all done with a utility knife, chisels, gouges, that type of thing. Designs can come from almost anywhere: Celtic knot work is ancient...and images like covered bridges, sugarhouses, people’s houses; I’ve done the lions outside the Fairbanks Museum.”

Donovan started carving “by accident” around 1970. “By trade I was a maintenance mechanic and I was waiting for some machine parts and I had some time on my hands. With a utility knife I carved a face in a two-by-four and it didn’t look too bad so I branched out from there and kept going,” he said. “This is self taught...It’s a time killer.” It wasn’t the first time Donovan had taught himself.

He remembers his first introduction to art in grade school. “I found out that I had so much natural talent that I was better than the instructor was. So I was always a little ahead of what they were trying to explain,” he said. “Early on I could draw anything. It was an internal thing, it was a natural ability, and it just branched out from drawing to carving. Carving’s more dimensional. The same thing applies; I draw the image on first and carve.”

As a young man on Staten Island, Donovan hoped to make his career with his artistic talents. “I aimed at going in for cartoon-

ing, but it was a very difficult field to break into, took a long time and in the interim you had to make a living to get by so I became a mechanic,” Donovan said. He found that he could also excel working on automobiles.

“I had the mechanical ability; it’s kind of an aptitude. I got [an apprenticeship] and tried to stay with it; I went from one job to another with that as a background,” Donovan said. He had trouble with mechanics when the fast pace at the garage challenged his internal rhythm.

“What I try to avoid is tight schedules; I like to have some leeway. I don’t want to get bound up with time restrictions,” said Donovan. “I don’t keep accurate track of time...I only count decades,” he added.

He moved from Staten Island to South Peacham in 1964. “[Staten Island] was a relatively hectic place and difficult to put up with when my internal pace is slower,” Donovan said.

Donovan found a “laid back atmosphere and slower pace” when he moved to Vermont. “I bought a house on an acre and some—that’s what it was listed on the deed, ‘An acre and some’—for \$3,800 and that’s not doable today. The guy I bought it from went out and bought a brand new pickup and had change from it; can’t do that either!” As a mechanic, Donovan could find work as he moved.

“Somewhere in the eighties I got a divorce and I moved to St. Johnsbury,” he said. “I got three daughters: one in Pennsylvania, [Rhoda]; Laura in Montpelier; and Melody, she’s still in South Peacham.” Eventually Donovan would move to Lyndonville and then to



**“When we are forced to stop looking to our homes to provide our gains, we may have to start trying harder to create real ones.”**

Sheffield. His artistic talents never left him.

For years Donovan has demonstrated how he carves reliefs at the Festival of Traditional Crafts at the Fairbanks Museum and Planetarium in St. Johnsbury. Donovan sells his carvings at the St. Johnsbury Farmers Market as well as other fairs including the Fairbanks Festival. Everyone at the Festival enjoys seeing old techniques that many people still keep alive today.

Donovan introduces others to his craft and remembers a teacher who tried it for the first time. “She was all by herself keeping track of all these kids; you know, ‘Put that down! Get over here! Stay in line! Get away from that!’ She was a little stressed out!” Donovan recalls. “I have a scrap of lumber there that they can try it out on. I say, ‘Who wants to try it out?’ and all these hands shoot up. They all line up; everybody gets a chance. I said to the teacher, ‘How about you?’ She said no. I said, ‘Go ahead!’ She said, ‘I won’t. No.’ And all the kids started picking on her, ‘Go! Do it, do it, do it!’ She said, ‘Okay,’ and she tried it. You could see the tension melt away! She made another cut and said, ‘This is so cool—where can I get this stuff!’”

He doesn’t hesitate to point out his attraction to woodworking. “It’s relaxing. It can be therapeutic. It can also be exacting...unlike clay, if you take too much off, you can’t put a bunch back on and reshape it. With this if you cut too much off you throw it away,” he said. “Take your time; be methodical and accurate. It’s relaxing.”



Get The Winning Formula ...

**Freds = Fuel Deliveries + 24 Hr. Repair Service**

“Make the Logical Choice  
Your Local Choice”



4920 Memorial Dr., Lyndonville, VT  
802-626-4588 • 1-888-499-9992  
[www.callfreds.com](http://www.callfreds.com)



Walden Hill Journal

# The cooler November air

Nov. 2, 2007

We're starting off November with morning temps in the 20's and highs staying in the 40's.

The sun has managed to appear at least briefly which is always a treat for traditionally dreary November. The deer managed to dislodge the remaining cage in the garden and finished off the chard. Fortunately the kale end was not as easy to uncover. I added extra stakes and will make sure to harvest the kale soon before the deer do. Our snow tires are on and the snow thrower has been serviced and is ready for action. The porch swing is in the bulkhead for winter storage. The asparagus bed needs some attention yet, but otherwise we seem caught up on our fall chores.

Nov. 4, 2007

Bright, warming sunshine prevails as we set our clocks back to EST. The sun should be able to squeeze an extra little bit of daylight out of our ever shortening days. It's 50/50 for November as far as sunshine and clouds. For this time of year, that's an impressive record. Even with yesterday's dreary overcast, we managed a glorious orange/pink glowing sunset. A small vee of geese sailed across the waning color, proclaiming the change of seasons.

Nov. 5, 2007

6:30 sunrise is just south of Mt. Washington. The sun will need to travel a bit further north, before reversing directions in its slow journey through winter. There are just enough clouds to spread the morning color. Mist hangs in the valley and frost blankets the grass.

Nov. 7, 2007

We're seeing snow flurries after a failed attempt from the sun to break through. A little dusting of snow remains on the ground.

Yesterday brought 12 hours of torrential rain and driving wind as tropical storm Noah traveled up the coast and collided with a storm from the Great Lakes. If

it had been a few degrees cooler, we'd be digging out instead of just drying the umbrella. The coyotes put on quite an impressive howl last night just as we were falling asleep. They sounded extremely close, yipping, barking and howling. The pack was quite excited about something. Kale is harvested and a big pot of Portuguese soup is simmering on the stove. An oregano, herb bread is baking in the bread machine. It's starting to feel and smell like winter.

Nov. 10, 2007

Partial sun helped to take the bite out of this chilly day. We managed a bit of solar gain but it's 4:00 and time to get the wood stove going. I finished cutting back the asparagus today and as usual, there were still several green stalks. Afterwards, I took a quick walk up the logging road. Delicate, miniature "florets" of ice crystals were sprouting from clumps of evaporating mud. The main beaver pond is picturesquely icing up as well. It appears that the newer dam above the old pond is more extensively flooded than I realized. I'll have to keep looking for a second lodge but might need the binoculars to finally scope it out. Fading gold finches have returned to the feeder and are helping the chickadees and blue jays to empty it daily. A gentle sunset and the comforting, golden warmth of the directional afternoon sun, bring a relaxing close to the day.

Nov. 16, 2007

We're in the midst of our first measurable snowfall. It's high in moisture content and leaving an icy film on the roads. Earlier temps were just at freezing but



have dropped throughout the day, showing 26° at 4:00. It's not a pretty snow because of the rainy quality of the small flakes. High winds add to the general discomfort of being outdoors. Once this dies down, the hunters will be happy. There's just enough accumulation to dampen their footsteps in the woods while clearly indicating where the deer have tread.

Nov. 17, 2007

The snow became more beautiful overnight and deeper as well. We shoveled off an additional six inches this morning. Bright sun, a few clouds and winter blue sky offset our fluffy, white, winter wonderland. I think this is mostly elevation, "north of Rte. 2" snow and don't expect much accumulation once we head towards St. Jay and Littleton. The White Mountains have a substantial snow base, just in time for Thanksgiving skiers to be able to get in some early winter sport. Snow machines were already out this morning, whirring down the road.

Nov. 19, 2007

Another November day of full sunshine. We're enjoying an abundance of passive solar heat even with a morning reading of 17°. Numerous intertwining tracks and diggings in the snow show that the deer have been out foraging. They reappeared mid-morning to graze on the bushes on the side of the house, then meandered over to the cedar trees

to tear large chunks off the lower branches and finally found a more secluded spot on the path at the edge of the back woods. They've been pawing through the snow and feasting there for the past two hours. It's a doe with two very chunky fawns, now donning their adult fur. I assume these are the deer that enjoyed eating from our garden all summer. It's good to see that they fared well and look fat and healthy going into the long winter. Jeff got some nice photos to document our morning's entertainment.

Nov. 23, 2007

A nippy 18° this morning. Light snowfall is attempting to cover up the icy base on the ground but howling winds are keeping it in motion. Fortunately the cold weather didn't move in until we were finished with our Thanksgiving travels. The heavy precip. stayed as rain, our only challenge being pockets of fog. It was a very festive and delicious New England Thanksgiving feast at Riverglen.

Nov. 28, 2007

Fresh snow whitens the ground with morning flurries adding to the wintery scene. Sun rays are beaming down through the breaking clouds. After several days of mixed precip, it's good to see the snow again. Chickadees are busy at the feeder, adding their cheerful presence in a mostly drab landscape. A hairy woodpecker is hoarding the suet cage,

his red-topped cap bobbing as he feeds. Red squirrels have been here as well but have been content with nipping off remaining seed heads and taking sunflower seeds from the ground. Our blue jay (the other "squirrel") is grabbing anything edible he can find and bullying all others away from the feeder. We watched a mole, gliding along just below the surface, leave an interesting, curly-cue pattern before surfacing and scampering to safety under the lilac hedge. I ended my day with a triple moose sighting on Walden Hill Road. A mamma with two calves was strolling along the road. As my car approached, the mother planted herself in the middle of the road, blocking my passage until her twins were safely across. She slowly followed them as all three disappeared into the woods. The moose were in that animal corridor just down the hill from us where we've had several wildlife sightings throughout the years. We saw our first bear there as well as a mother bobcat with her young kits. A hundred acres of undeveloped woods, brambles and ponds exist on both sides of the main road, with logging roads offering good passage for all sorts of wildlife. 3 moose and a mole; what a day! Or as Jeff said "A-mole and the Night Visitors".

*(To view an extended version of this month's Journal with additional photos, go to [www.jeff-goldgraphics.com](http://www.jeff-goldgraphics.com) and click on "The View from Vermont")*

## EAST BURKE SPORTS

from skis to snowshoes to bikes and boats

### special \$20.00

## ski & snowboard

### tune-ups

ends 12/5/08

\$30 with binding adjustment

**new this season**

women's  
**SMARTWOOL**  
clothing

**ROME**  
snowboards

**LINE** skis

Get your Christmas shopping done at end-of-season pricing! layaway 'til xmas

<b>SEASON RENTALS</b>	
adult ski pkg .....	\$170
jr ski pkg .....	\$130
jr snowboard pkg .....	\$170
	buy it for \$299!

Rt. 114 East Burke, VT • 802-626-3215

[www.eastburkesports.com](http://www.eastburkesports.com) [skibike@charterinternet.com](mailto:skibike@charterinternet.com)

Tue - Sat  
9:30-5:30  
Sun 10-5  
Closed  
Monday

### Danville Congregational Church

United Church of Christ  
An Open and Affirming Congregation

**Rev. Douglas Carter**  
Pastor

**Please Join Us**  
for Worship  
& Sunday School  
at 10 a.m.

**Bring your family.**  
(802) 684-2176

# HISTORY CORNER

## Danville bank robbery

It happened back in 1934 in the little town of Danville. At 2 p.m. on June 4, 1934, two well-dressed men walked into The Caledonia National Bank and robbed it at gun point. The assailants made off with \$18,000 in cash and securities while a third man waited outside in a stolen getaway car. They made a clean getaway.

In fact, they weren't apprehended and brought to justice for five years. The two bank tellers, Selden Houghton and Harriet McDonald, identified the two gunmen that held them up but didn't see the man outside the bank in the getaway car. They were later subpoenaed by United States Marshal Edward U.

Burke to appear in a Los Angeles, Calif. court to identify one of the bank robbers (his name was Avery Simons) in order to have the man extradited to Vermont to face trial. An interesting fact is that Simons attempted, without success, to remove his fingerprints with acid. The two men pleaded guilty to the bank robbery of The Danville bank and also the First National Bank of Brandon.

The trial was held in Burlington. Judge James P. Leafy sentenced the men

By Ronald Coolbeth

to a federal penitentiary after the jury delivered a verdict of guilty. The jury was out for only four hours and 15 minutes. Edward Wilhelm Bentz and his brother Theodore Bentz, the robbers, were linked with the John Dillinger gang. They were with Dillinger at the Little Bohemia Resort when federal agents raided the resort. The gangsters escaped but one of the federal men was shot and killed. The Bentz brothers were linked with Mrs. Anne Sage (the woman in red) who

accompanied Dillinger to the theater where he was killed in Chicago by Melven H. Purvis' men.

On Sept. 11, 1934, both men were serving sentences in Alcatraz prison, according to Charles Ryan, the assistant district attorney.

**HISTORY QUIRK:** The St Johnsbury Trucking Company got its start with a loan from the Caledonia National Bank of Danville. The trucking company's owner, Harry Zabarsky, started hauling milk with a single truck bought with that hank loan in 1920. So it seems the Danville bank has quite a history.

**SEE SOMETHING YOU LIKE?**



The North Star Monthly offers reprints through its Web site. Order online and receive your print in days or just download a high-resolution photo file! We have hundreds of photos already available for purchase from:

Custom Sizes	
3x5	\$3.95
4x6	\$4.95
5 x7	\$8.95
8x10	\$9.95
11x14	\$19.95

\* Prices do not include shipping & handling

- Danville Soccer
- Foliage
- Autumn on the Green

[www.northstarmonthly.com](http://www.northstarmonthly.com)

## New Source of Historical Information

The Vermont Historical Society's Leahy Library has procured a very important set of Civil War letters from the region around Fayston, Moretown and Waitsfield. The letters shed insight into the war, its impact on Vermont and on people of the time.

"Research material on the Civil War is hugely important for historians, scholars, and the thousands of others who use the Society library each year," says the Society's librarian, Paul Carnahan. "Wilson enlisted in Company B of the 13th Vermont regiment in 1862 and wrote 53 letters home to his mother, sister Lucy, and friend Melville Eaton. Wilson died during the Battle of

Gettysburg on Cemetery Ridge, July 3, 1863, just before Pickett charged toward the Union troops."

According to Vermont Civil War historian Howard Coffin, "The Wilson collection is very important not only for its wealth of information on the nine months of service of the Second Brigade, but because of the light it sheds on East Warren. It is one of the finest Second Brigade collections that I have seen and is a very valuable addition to the VHS archive."

Wilson's first letter is sent from the camp at Brattleboro where the 13th Vermont assembled. "We are to be sworn in today and tomorrow. We are to bid adieu to the Green Hills of Vermont for nine months. Then we shall see

home again. All I hope." Apparently losing weight, in November Wilson tells his family to "look on the sash by the showcase in Jim's store and see how much I weighed the night I enlisted." By February, he writes to friend Melville at home urging him to avoid the draft and saying that he will not reenlist unless given a horse to ride.

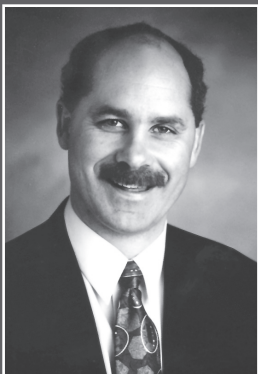
In what is apparently his last letter home, Wilson writes that "we have to keep awake on guard as one neglect endangers the whole Brigade. I will write soon as I can to say goodbye." Back home, his fiancée Delia Porter took the news of his death hard. She died within a few months. Wilson's body came home to East Warren, and is buried in the cemetery there, all that remains of the village.

The Vermont Historical Society is a nonprofit organization with offices in Barre and Montpelier, engaging both Vermonters and "Vermonters at heart" in the exploration of our state's rich heritage. The Vermont Historical Society believes that an understanding of the past changes lives and builds better communities.

For more information on the Society, go to [www.vermonthistory.org](http://www.vermonthistory.org).



Karen Paquette  
Lancaster  
(603) 788-4973



Dave Cowens  
St. Johnsbury  
(802) 751-4218



Ellen Stanley  
Newport  
(802) 334-6529



Brian Petelle  
Littleton  
(603) 444-1738



Cathy Clark  
Lyndonville  
(802) 626-9211

### COMMUNITY MORTGAGE LENDERS

## Answering Your Questions: Community Banking

**Q: What are the benefits of working with a community banker? Why does it matter?**

A: Sitting down face-to-face and understanding your personal situation means getting you the best mortgage for your individual situation. There are many variables involved in the process: your housing needs, credit rating, and income potential. It's also important to realize that the best value is not always the best rate, and that's something a community banker can explore with you. After all, we're right around the corner.

**Q: Are community bankers really aware of what's going on in the larger markets?**


A: Definitely, and even more so, because we not only have the training on issues of national relevance, but we live within the communities we serve. We assist with workshops to counsel homeowners and provide current information to realtors. With our many financing options, our customers receive a wide array of mortgage options with local service.

**Vermont:** St. Johnsbury  
Lyndonville Danville  
Island Pond Newport

**New Hampshire:** Littleton  
Lancaster Groveton Whitefield

**Passumpsic Savings Bank**  
Your Partner in Financial Success  
[www.passumpsicbank.com](http://www.passumpsicbank.com)


Member FDIC 



**SAMADHI STORE**

Unique Gifts • Elegant Jewelry  
Home Decor • Incense  
Greeting Cards  
Accessories for  
Body and Mind  
And our Signature  
Cushions for  
Meditation  
and Yoga

Mon. to Fri.: 9-5  
Saturday: 10-4



802.633.4440  
800.331.7751  
[www.samadhystore.com](http://www.samadhystore.com)

30 CHURCH ST., BARNET, VT 05821

# HISTORY CORNER

Then & Now

## Harvesting our refrigerator

**EDITOR'S NOTE:** This past winter, local author Reeve Lindbergh held a 10-week writing workshop at the Good Living Senior Center in the St. Johnsbury House. Susan Shaw, director of the senior center programs, and Lisa von Kann, library director at the St. Johnsbury Athenaeum, were interested in various writing workshop ideas. The workshop, dubbed "Then & Now," met every week for an hour and a half at the senior center. Olive Cheney, author of 'Harvesting our Refrigerator' was a participant in the workshop. Her story below reminds us all that keeping food cold was a year-long process of hard work and planning.

By Olive Cheney

In the 1920s and early 30s we had no refrigeration for food, only the natural Vermont kind. Winters were no problem, but in the warmer months we kept milk, butter, and certain other foods in sealed jars or tins tied with cord and dropped into the milk house cooling tank.

The wooden tank had a hinged cover and was installed in an air tight room we called "the milk room." It had one window and two doors: one to the milking area, the other to the outside. Through the outside door huge cakes of ice were brought from an icehouse attached to the barn, where 2'x3' solid cakes of ice were stored in the winter months, packed in sawdust to preserve them after they were cut from our pond.

The pond was 12 to 15 feet deep with springs bubbling up in the center and streams running into it from the north. It froze solidly in early winter so we skated on it until it was time to harvest the ice. Dad requested the help of uncles, cousins, and neighbors to bring their saws and sometimes teams of horses with sleds to carry the heavy cakes of ice, from the pond up a driveway onto the main (dirt) road a short distance, then up into our barn driveway to the ice house where piles of sawdust were stacked.

The cakes were placed in a roughly 12'x14' icehouse in a square storage tin. Sawdust was shoveled in around each cake of ice to insulate it from the heat in the summer. As more and more ice was cut the layers grew, and after a week the 20 to 25 foot high ice house would be half full if the winter had been cold enough to freeze the pond well. Sometimes we had to stop to let Mother Nature re-freeze the pond. During this time we kids heard "don't go near the pond until we say it's safe."

I once saw my uncle accidentally slip into the pond, while attempting to pull out a heavy cake of ice with ice tongs. He was himself pulled out by many hands and taken in a rush by horse and sled up to

our house. His clothing froze immediately—stiff. He was wearing his pride and joy: an ankle length bearskin coat, but by the time he reached our kitchen, they had trouble getting him out of it.

The coat stood by itself on our porch while Mother stripped my uncle to his old-fashioned long-legged Union Suit, sat him in front of the oven and gave him hot coffee. My brother and I made sure we hung around to be in on any further excitement!

## Danville Center School 1940s



**QUESTION:** Can anyone identify the students in this photo? The above photo was taken at the Center School in Danville in the 1930s. Give the North Star Monthly a call at (802) 684-1056.



**FROM LAST MONTH:** Claire Sevigny called last week to identify her teammates in this basketball photo from the 1940s. First row, from left to right, Barbara Sleeper, Ruthie Cahoon Smith, Marion Hamilton Morse, Betty Carr Calkins, Billy Carr Perkins, Marjoria Bigelow. Second row, from left to right, Thelma Drown, June Bigelow Withers, Alice McDonald Hafner, Claire Simpson Sevigny, Frances Morrison Cutting.

  
**Appalachian Supply Inc.**  
Wholesale - Retail  
Plumbing, Heating & Electrical Supplies

4581 Memorial Drive Rte. 302  
St. Johnsbury, VT 05819 Littleton, NH 03561  
**(802) 748-4513 (603) 444-6336**

**"DADS" GOT GAS**  
ALL SIZES PROPANE CYLINDERS FILLED  
*Dads is a Vermont Fuel Assistance Dealer*  
Dyed Off Road Diesel Now Available LP GAS

MONDAY - FRIDAY 7:30 AM - 5:30 PM  
SATURDAY 8:30 AM - 4:30 PM  
SUNDAY 9:00 AM - 2:00 PM

**802-748-4208**  
**DADS 4 BY TOOL & SUPPLY**  
22 Memorial Dr., St. Johnsbury, Vt.

  
**High Beams**  
CUSTOM BRASS & COPPER LIGHTING  
Lighting Showroom  
**802.467.3943**

We make wall lights, ceiling lights, table & standing lamps and outdoor lighting. Custom shades and a large selection of glass shades. We rewire, restore, polish, patina and do lighting decorating & consulting. Residential or commercial.  
See us by appointment or by chance.  
2 miles north of West Burke off Route 5, Sutton, VT  
[www.highbeams.com](http://www.highbeams.com)

**DANVILLE SERVICE CENTER**  
Route 2, Danville Village 684-3481



DANVILLE SERVICE CENTER  
A.S.E. CERTIFIED  
REPAIR  
EXHAUST  
TUNE UP  
BATTERIES  
SECTION  
LIPS  
STRUTS  
ANGES  
WORK

- ♦ Foreign & Domestic Auto Repair
- ♦ State Inspections
- ♦ Exhaust Work ♦ Batteries
- ♦ 2 & 4 Wheel Computer Alignment ♦ Shocks & Struts

Ask Us About Tires


  
A GOOD DEAL ON A GREAT TIRE



 **HANKOOK**  
TIRE  
World-Class Performance at Sensible Prices.

HOURS: 7-5 Mon. thru Fri. ♦ 8-1 Sat. ♦ Mechanic on Duty

88th Annual  
**DANVILLE METHODIST**

  
**Old Fashioned Game Supper**

"Oldest and One of the Best Game Suppers in Vermont"  
Since 1921


**Thursday, November 20, 2008**



**Venison Moose Bear**  
**Rabbit Chicken Beaver**  
(Other game as available)

Serving: 5 p.m.-6 p.m.-7 p.m.  
Adults: \$12 12/under: \$8

Danville United Methodist Church  
On the Green in Danville, VT



Tickets at Hastings Store in West Danville, Danville Restaurant or Marty's Store in Danville or Caplan's Army Store in St. Johnsbury. Advance purchase strongly recommended. Tickets at the door only if available. For more information, call (802) 684-3666 or (802) 684-3398.  
Sponsored by the Danville United Methodist Circuit Men's Club.

# Shaping Vermont

## Local artists vie for 'Art of Action' spot in 2009

The Vermont Arts Council and Lyman Orton recently announced 20 Finalists for the "Art of Action: Shaping Vermont's Future Through Art." Two of the artists are from the area, Curtis Hale, of Danville, and Susan Abbott, of Marshfield.

The artists have been selected to create proposals for works of visual art that will grapple with diverse issues facing our state. In January 2009, ten finalists will be commissioned to develop their proposals. Commissions will range from \$10,000 to \$40,000 and average \$25,000.

More than 300 artists from Vermont, 25 other states, and 3

foreign countries responded to the Call to Artists.

Each of the twenty Finalists will receive a \$2,500 Honorarium to become familiar with the findings of the Council on the Future of Vermont to inform their thematic or conceptual content. Finalists will have three months to prepare their proposal for presentation in front of the judges in January 2009. Presentations may include drawings, maquettes and other prototypes as appropriate in addition to a written proposal from each artist for his or her project. From these twenty presentations, ten artists will be offered commissions to realize their proposals by September

2009.

Applicants were evaluated for high artistic quality of past work; experience and ability to work effectively with various communities or groups; and a demonstrated desire to engage in transformational work and other factors. Seven Vermonters with knowledge of various artistic disciplines and experience with the various issues facing the future of Vermont were invited to serve on the PRC.

"Art of Action" is the latest chapter of Lyman Orton's ongoing passion for art that reflects Vermont's social and cultural values. As a collector, he is interested in art that moti-

vates people to contemplate our current state of affairs and then to change the way we approach and solve problems in Vermont. Artists will create two-dimensional works of art with a social purpose: to catalyze action and affect change on a statewide level. The work that results will demonstrate how art can help bring focus to Vermont's issues by inspiring thoughts and provoking discussions that will lead to action.

When the ten commissioned suites of artwork are completed in early autumn 2009, the Vermont Arts Council and Orton will produce a series of exhibitions around Vermont to showcase the art and encourage discussion on the issues. After the exhibits, a nationally promoted celebration and disbursement of the artwork will give everyone an opportunity to own a piece from this landmark

process. A portion of the sale proceeds will be returned to the artists, in addition to the original commission amounts. The bulk of the proceeds will be used to seed another round of commissioned work that strengthens the 'brand identity' of Vermont as a state that supports artists and art inspired by citizen engagement.

"Art of Action" embodies the idea of a self-sustaining arts-based program that provokes social change presents enormous possibilities for creative problem solving. The Council and Orton believe that demonstrating that there is a market for this type of art will encourage more artists to develop socially-responsible themes and approaches to art-making.

Visit [www.artofaction.org](http://www.artofaction.org) for the most current information on the project's evolution.



**The North Danville Church (ABC)**

Worship and Sunday School  
9:30 AM

Coffee, Conversation, and Confectioners  
10:25 AM

Pastor: The Rev. Bob Sargent  
Organist and Choir Director: Linda Clouatre

## Benefit concerts star in November

Upper Valley audiences will have two opportunities to enjoy the North Country Chorus in concert in early November. They'll also have the chance to contribute to several community food shelf projects.

"A Song for Their Supper" will be a varied program of light music under the direction of Alan Rowe. The first performance will be on Saturday, Nov. 1 at 7:30 p.m. at the Congregational Church in

Haverhill, N.H.. On Sunday, Nov. 2 at 3 p.m. the chorus will repeat the program at North Congregational Church in St. Johnsbury.

A free will offering will be collected at the door in both locations. All proceeds will benefit food shelves in Haverhill, Littleton, Bradford, and St. Johnsbury. Area music lovers should mark their calendars for the chorus' upcoming performances of Handel's Messiah.

They will be held on Friday, Dec. 5 in Littleton, on Saturday, Dec. 6 in Wells River, and on Sunday, Dec. 7 in Peacham. Tickets will go on sale soon for the North Country Chorus' 28th annual Madrigal Dinner series to be held in Monroe, N.H., in January. Visit [www.northcountrychorus.org](http://www.northcountrychorus.org) for more information about the programs.



**wireless internet**

Available for immediate installation from our Crow Hill antenna in the St. Johnsbury / Danville area.

Call us today to schedule an installation  
**1-802-748-5866**  
or visit online at  
[www.kingdomwireless.net](http://www.kingdomwireless.net)

 The Kingdom Connection  
53 Railroad Street - St. Johnsbury, VT 05819

**David Toll, M.D.**

**Pediatrics**

1394 Main Street  
St. Johnsbury, VT 05819  
(802) 748-2348

**DIVERSIFIED CLEANING LLC**  
For all your interior cleaning needs!



Seasonal Home \* Rental Units \*  
Residential \* Office Space \*  
Commercial Properties \*  
Estates

A family business locally owned and insured that offers professional quality and a personal touch.

Call for a free quote:  
(802)-684-3642 [diversifiedcleaning@hughes.net](mailto:diversifiedcleaning@hughes.net)



**AFFORDABLE TIRE & AUTOMOTIVE CENTER**  
Across from Mayo's Glass, St. Johnsbury • Look for sign.  
**WINTER TIRE SALE**  
All Tires On Sale • If You Don't See Your Size Call

<b>ARCTIC CLAW TXI</b>	<b>GENERAL ALTIMAX</b>
185/75r14 .....\$69.00	185/70r14 .....\$66.00
205/75r15 .....\$75.00	205/70r15 .....\$76.00
205/55r16 .....\$96.00	205/55r16 .....\$93.00
<b>NEXEN</b>	<b>FIRESTONE WINTERFORCE</b>
185/70r14 .....\$63.00	185/75r14 .....\$63.00
205/65r15 .....\$76.00	205/65r15 .....\$80.00
205/55r16 .....\$93.00	205/55r16 .....\$95.00
225/55r17 .....\$101.00	225/55r17 .....\$103.00

**TRUCK TIRES**

<b>ARCTIC CLAW XSI</b>	<b>DISCOVER M+S</b>
235/75r16 .....\$100.00	237/75r15 .....\$95.00
265/70r17 .....\$121.00	245/75r16 .....\$107.00
	265/75r17 .....\$123.00

All Prices include mounting & balancing.

Help Protect Your Car from Winter Salt  
**Oil Spray Special ... \$34.95**

Store Hours: Mon. & Thu. - 8-6:30 • Tue., Wed. & Fri. - 8-5 • Sat. 8-12  
**802-535-3391 • [www.affordabletireandauto.com](http://www.affordabletireandauto.com)**

**DADS 4 BY TOOL & SUPPLY**  
"We Got You Covered"  
**We Stock Tarps**

Blue Poly Tarps			Heavy Duty Tarps	
5x7	12x25	24x36	6x8	20x20
6x8	12x32	25x40	8x10	20x25
8x10	12x36	30x30	10x10	20x30
8x12	12x45	30x40	10x12	20x40
8x18	15x20	30x50	10x15	24x50
8x20	15x25	40x40	10x20	30x40
10x10	15x30	40x50	12x12	30x50
10x12	18x24	40x60	12x16	40x40
10x20	20x20	50x50	12x25	40x60
12x12	20x25	50x100	15x30	50x100
12x16	20x30		18x24	
12x20	20x40			

22 Memorial Dr., St. Johnsbury, Vt • 802-748-4208

**November 2008 Menu**

**West Barnet Senior Meal Site**

Meals served at West Barnet Church. All meals served with a beverage. Reservations not required. Suggested donation of \$2.50 per meal is appreciated. Phone (802) 633-4068.

**Nov. 5** - Corn chowder, tuna/egg salad sandwich, cottage cheese, fruit salad and jello.

**Nov. 7** - Buffet

**Nov. 12** - Salisbury steak, mashed potato, mixed vegetables, dark bread and peaches.

**Oct. 10** - Spaghetti and meatballs, tossed salad, Italian Bread, Sliced Peaches.

**Nov. 14** - Roast turkey, stuffing, potato, cranberry jelly, squash, rolls and pumpkin pie.

**Nov. 19** - Chipped beef with egg gravy, potato, buttered beets, biscuits and gingerbread with topping.

**Nov. 21** - Sweet and sour pork, rice, green bean casserole, bread and apricots.

**Nov. 26** - Autumn stew, tossed salad, muffins and ice cream.

**Nov. 28** - Closed

**Happy Thanksgiving!**



# The Cork & Bottle

Gerd Hirschmann

It seems everything that moves to Argentina changes and takes on its own local character. Even the people (mostly Italians, Spaniards and other Europeans), that emigrated there earlier in the century became 'Italians that speak Spanish, but wanted to be British'. The same happened to the grapes they brought along, Torrontés, Malbec, Bonarda are hardly varieties everyone knows, but they are the ones that really took on the character of this 'new world'. While all the other grapes also do well in the almost ideal wine-growing climate of Mendoza at the foothills of the Andes, it is those grapes that really stand out.

Malbec, originally used in Bordeaux as a blending grape, is really the grape that defines Argentinean wine like Shiraz does for Australia. It might even eventually replace it on Americas tables one day, as it does much better with American food, such as steak and burgers. Somewhere between a Merlot and a Cabernet Sauvignon it produces a very drinkable wine worth a try. With enough tannins to give it some structure, the wine is soft enough for easy access and its rich, lush and juicy personality make it a great partner at the dinner table. (I like this grape so much, an article just about Malbec will follow next week.)

Bonarda is a grape whose origins are in Italy, and it is still found predominantly in Lombardy and

Piedmont for blending purposes, although in Lombardy it is sometimes called Croatina, which is an entirely different grape. And then there are those who believe that Argentinean Bonarda is actually a Californian grape called Charbono, which supposedly is a strain of the Piemontese grape Dolcetto. Well, enough of grape genetics, let's try a glass of this wine, usually a great value like all wines from Argentina.

It has an interesting aroma of black fruit and earth, even slate or mint come to mind next to subtle smoky oak notes. In the mouth it has a surprisingly smooth texture, dry ripe fruit flavors of black cherry, cranberry and freshly crushed raspberries that can echo on the palate with some leathery notes of menthol or eucalyptus, dark chocolate and black pepper. It finishes with earthy flavors that range from

tobacco and dusty tannins to slightly bitter, green fruit. The mild tannins and medium to high acidity make it a wine to be drunk in its youth. A rustic charm reminiscent of a Chianti is not overpowering and offers a nice structure that matches well with just about any food. It goes particularly well with earthy flavors such as mushrooms and root vegetables, and adds interesting notes to meats.

Bonarda is becoming hugely popular among the winemakers of Argentina, and that is probably for a reason well enough to seek out this uncommon variety. Ask for it at your favorite wine store or restaurant, especially if you are a fan of big spicy Zinfandels and want something new, you might just fall in love with it.

## South Africa

Mention South Africa and images of Apartheid mingle with Nelson Mandela and Bishop Tutu, but wine does not immediately come to mind. However the wine country at the southern tip of the continent has a long and fascinat-

ing tradition, going back hundreds of years. Glorified in the writings of Dickens, Baudelaire and Jane Austen wine from the 'Cape of Good Hope' graced the tables of Bismarck, King Louis-Philippe of France and was a favorite of Napoleon while exiled on St. Helena.

Hundreds of wine farms nestle beneath dramatic mountains with their distinctly unique architecture of rounded facades amid breathtaking scenery and hard to pronounce names such as Welgemoend, Blaauwklippen or Buitenverwachting. Circling the vicinity of Cape Town are the best known and oldest wine districts of Constantia, Durbanville, Paarl, Franschoek and Stellenbach, each with their own distinct characteristics and micro-climates.

The grapes of South Africa range from traditional Chardonnay and Chenin Blanc to Riesling and Sauvignon Blanc for whites; Cabernet Sauvignon, Merlot and

Shiraz for reds, with the French Rhone grape Cinsaut giving a particular mark to the region. Locally often called Hermitage it is mostly used for blending and is part of the hybrid that comes to characterize South African wine, Pinotage. A genetic cross of Pinot Noir and Hermitage (thus the name 'Pinotage') shows genetic modification is nothing new. Created in the 1950's Pinotage is rarely found anywhere else in the world and could be regarded as South Africa's Zinfandel, as its popularity almost reaches cult status. It is usually a fairly rustic, simple, yet appealing wine with a striking gamey, earthy-tasting, often savory, cheesy edge.

Locally available, the Moreson Chenin Blanc offers refreshing acidity with distinct honey and lemon peel flavors, Graham Beck Pinno Chardonnay has a bright clean unwooded citrus structure, Nederburg Sauvignon Blanc balances fruit and acidity with citrus and floral aromas.



**Kix 105.5 FM**  
Hot New Country WKXt

**Happy Holidays**  
from everyone at **Kix 105.5**

**AquaRealm Aquarium & Pets**  
Your Local Full Line Pet Store  
www.AquaRealmAquarium.com

**Also, watch for our Holiday Sales...coming soon**  
Looking to save money?  
We can help make your fish aquariums and reptile cages run much more efficiently.  
Come see us for details.



418 Railroad St.  
St. Johnsbury, VT  
802-748-8858  
D.J. Nelson, 13+ Years Experience  
Monday-Friday 10-7; Saturday 9-6



**BACKYARD WINTER BIRDS**  
Chip Darmstadt - North Branch Nature Center

Come learn how to:  
Attract  
Feed  
and Identify  
your backyard winter birds

**Tuesday ~ Nov. 11, 2008 7:00 p.m.**  
**North Danville Community Building**

Elizabeth Szymanik, Librarian 748-4423  
Library Hours: Mon., Wed., Fri. 2-4 p.m. Wednesday Evenings 6-8 p.m.  
**FREE and open to the public, Handicapped Accessible**

**Danville Senior Action Center**

**November Meal Schedule**  
Meals at Danville Methodist Church. All meals served with a beverage, homemade breads and desserts. Reservations are appreciated by calling (802) 684-3903 before 9:30 a.m. on day of the meal. A donation of \$4 for guests 60+ (Others \$5) is appreciated.

**Nov. 4** - Tuna Pea Wiggle, spinach salad with mandarin oranges and homemade croutons, carrots and peach cobbler.

**Nov. 6** - Breakfast, Nollie's Donuts, red flannel hash, french toast casserole, tropical fruit salad and orange juice.

**Nov. 11** - Virginia Bentley's Macaroni & Cheese, carrots, OJ, rolls and apple crisp.

**Nov. 13** - Meatloaf with peppers, tomatoes, onions, rice, pumpkin muffins and juice.

**Nov. 18** - Chicken Pie with carrots peas and potatoes, cranberry sauce and rice pudding with raisens.

**Nov. 20** - No Meal (Game Supper)

**Tues 11-25** - Chipped Beef with gravy and toast, peas and carrots, cranberry sauce and apple crisp.

**Nov. 27** - Closed

**WHEELER True Value Building Materials**  
29 Church Street  
Lyndonville, VT 05851  
(802) 626-5102 or 626-5040


**Wheeler Sports Team Sports Products**  
Images Of Vermont Silkscreening and Embroidery  
246 Church Street  
Lyndonville, VT 05851  
(802) 626-8235  
Fax: (802) 626-6180  
Email: wheel56@together.net

**Lyndon Institute Athletic Events Winter 2008-2009**  
Athletic Director: Paul E. Wheeler (802) 626-9164

BOYS BASKETBALL (JV/V)		GIRLS BASKETBALL (JV/V)	
<b>December</b>		<b>December</b>	
8	Lyndon @ Lamoille, 6/7:30	5	Hazen @ Lyndon, 5:30/7
13	Varsity at SF Tourney, TBA	9	Lake Region @ Lyndon, 5:30/7
16	Varsity @ SF Tourney, TBA	138	Hartford @ Lyndon, 1/2:30
18	MVU @ Lyndon, 5:30/7:00	17	Lyndon @ Hazen, 6/7:30
20	Lyndon @ Vergennes, 1/2:30	19	Lyndon @ Hartford, 6/7:30
23	Oxbow @ Lyndon, 5:30/7:00	27	Holiday Tourney vs. North Country, 3:00
26	Lyndon @ Hazen, 6/7:30	30	Holiday Tourney Consol @ 5:30 / Champ @ 7:30
<b>January</b>		<b>January</b>	
5	Lyndon @ Spaulding, 5:30/7	3	Lyndon @ Lake Region, 1/2:30
7	Randolph @ Lyndon, 5:30/7	6	Lyndon @ Harwood, 5:30/7
9	Montpelier @ Lyndon, 5:30/7	8	U-32 @ Lyndon, 5:30/7
12	Lyndon @ Harwood, 5:30/7	10	Lyndon @ Montpelier, 1/2:30
16	Lyndon @ MVU, 6/7:30	15	Lyndon @ Lamoille, 6/7:30
21	Lyndon @ U-32, 5:30/7	20	Oxbow @ Lyndon, 5:30/7
23	Lyndon @ Oxbow, 6/7:30	27	Randolph @ Lyndon, 5:30/7
28	Lamoille @ Lyndon, 5:30/7	<b>February</b>	
30	Lyndon @ Randolph, 6/7:30	3	Harwood @ Lyndon, 5:30/7
<b>February</b>		5	Lyndon @ U-32, 5:30/7
4	Lyndon @ Montpelier, 6/7:30	10	Montpelier @ Lyndon, 5:30/7
6	Harwood @ Lyndon, 5:30/7	12	Lyndon @ Oxbow, 6/7:30
11	Hazen @ Lyndon, 5:30/7	17	Lamoille @ Lyndon, 5:30/7
13	U-32 @ Lyndon, 5:30/7	19	Lyndon @ Randolph, 6/7:30
<b>FROSH BASKETBALL Boys</b>		<b>FROSH BASKETBALL Girls</b>	
<b>December</b>		<b>December</b>	
4	Lyndon @ Lake Region, 6:00	4	Lyndon @ Lake Region, 4:30
108	U-32 @ Lyndon, 7:00	10	U-32 @ Lyndon, 5:30
12	Lyndon @ Harwood, 6:00	15	MMU @ Lyndon, 5:30
15	MMU @ Lyndon, 7:00	20	Randolph @ Lyndon, 11:00
20	Randolph @ Lyndon, 12:30	23	Lyndon @ North Country, 5:00
23	Lyndon @ North Country, 6:30	29	Lyndon @ Lamoille, 5:00
29	Lyndon @ Lamoille, 6:30	<b>January</b>	
6	Harwood @ Lyndon, 5:30	8	Lyndon @ St Johnsbury, 5:00
<b>January</b>		12	Lyndon @ MMU, 5:30
8	Lyndon @ St Johnsbury, 6:30	16	Lyndon @ U-32, 5:30
12	Lyndon @ MMU, 7:00	19	St. Johnsbury @ Lyndon, 5:30
16	Lyndon @ U-32, 7:00	24	Lyndon @ Randolph, 1:00
19	St. Johnsbury @ Lyndon, 7:00	26	North Country @ Lyndon, 5:30
24	Lyndon @ Randolph, 2:30	29	Lake Region @ Lyndon, 5:30
26	North Country @ Lyndon, 7:00	<b>February</b>	
29	Lake Region @ Lyndon, 7:00	4	Lamoille @ Lyndon, 5:30
<b>February</b>		<b>NORDIC SKIING</b>	
4	Lamoille @ Lyndon, 7:00	<b>December</b>	
<b>ICE HOCKEY</b>		13	Lyndon @ Lamoille, 10:00
<b>November</b>		16	Lyndon @ Peoples, 3:00
3	Northfield @ Lyndon, 6:00	20	Lyndon @ Harwood, 10:00
6	Hartford @ Lyndon, 6:00	27	Lyndon @ Mt. Hor, 10:30
10	Lyndon @ SJA, 6:00	<b>January</b>	
13	Montpelier @ Lyndon, 6:00	3	Lyndon @ U-32, 10:00
17	Lyndon @ Northfield Tourney, 8:00 vs. Northfield	6	Lyndon @ Montpelier Relays, 4:00
19	Lyndon @ Northfield Tourney TBA	9	Lyndon @ Trapp's, 3:00
27	Lyndon @ North Country, 4:00	13	Lyndon @ Lamoille, 3:00
30	Lyndon @ U-32, 3:00	17	Lyndon @ S. Burlington, 10:00
<b>December</b>		23	Lyndon @ Underhill, 4:00
2	Lyndon @ NC Tourney vs. SJA, 5:30	28	Lyndon @ Peoples, 4:00
3	Lyndon @ NC Tourney, TBA	30	Burke Trails @ Lyndon, 1:30
7	vs. MSJ at Rutland, 5:00	<b>February</b>	
10	Lyndon @ Harwood, 5:00	5	Lyndon @ Colchester, 5:00
14	Middlebury @ Lyndon, 6:00	11	Lyndon @ Crosset Br., 2:30
17	Lyndon @ Peoples, 5:00	17	Lyndon @ N. Country, 4:30
28	Milton @ Lyndon, 6:00	19	Lyndon @ Morris Fm., 4:00
31	U-32 @ Lyndon, 5:00	25	Lyndon @ Sleepy Holl., 10:00
<b>January</b>		<b>ALPINE SKIING</b>	
4	Lyndon @ Montpelier, 8:00	<b>December</b>	
7	Lyndon @ Northfield, 11:00	8	Lyndon @ Burke Mtn., 10:00
11	St Johnsbury @ Lyndon, 6:00	19	Lyndon @ Bolton Valley, 4:00
14	North Country @ Lyndon, 7:00	<b>January</b>	
<b>GO VIKINGS!</b>		5	Lyndon @ Burke Mtn., 10:00
		10	Lyndon @ Sugarbush, 10:00
		13	Lyndon @ Smugg's, 10:00
		16	Lyndon @ Bromley, 10:00
		21	Lyndon @ Jay Peak, 10:00
		30	Lyndon @ Burke Mtn., 10:00
		<b>February</b>	
		6	Lyndon @ Smugg's (Essex), 10:00
		7	Lyndon @ Smugg's (Essex), 10:00
		12	Lyndon @ Stowe, 10:00
		17	Lyndon @ Sugarbush, 9:30
		20	Lyndon @ Smugg's, 9:30
		<b>March</b>	
		2	Lyndon @ Stowe, 9:30
		4	TBA, 9:30

modern woodmen of america

Offering fraternal financial services to help you reach your financial goals.



FRATERNAL FINANCIAL SERVICES  
www.modern-woodmen.org

CRD1203

**Touching lives. Securing futures.®**



**David Matte**  
FIC  
P.O. Box 88  
Danville, VT 05828  
802-684-3371



**Deb Wallens-Matte**  
FIC, LUTCF  
P.O. Box 88  
Danville, VT 05828  
802-684-3371

# The Film Scene

## ELEGY

(2008, U.S.) 106 min. (R).  
Director: Isabel Coixet  
Cast: Penélope Cruz, Ben Kingsley, Dennis Hopper, Patricia Clarkson, Peter Sarsgaard, Deborah Harry, Charlie Rose.

Orchestrated by Isabel Coixet's visually assured and deeply observant direction, ELEGY charts the passionate relationship between a celebrated college professor (Ben Kingsley) and a young woman (Penélope Cruz) whose beauty both enchants and destabilizes him. As their intimate connection slowly transforms them—more than either could imagine—what seemed to be no more than a charged sexual contest evolves surprisingly into an indelible love story. With humanistic warmth, wry wit and erotic intensity, ELEGY explores the power of beauty to blind, to reveal and finally to transform. Based on Pulitzer Prize-winner Philip Roth's short novel THE DYING ANIMAL. "Wonderful writing, good performances, beautiful photography, and a lot of food for thought." Roeper, EBERT & ROEPER.

**Oct. 31 - Nov. 6**  
Catamount Arts in St. Johnsbury, Vt. Call (802) 748-2600 for showtimes.

## A THOUSAND YEARS OF GOOD PRAYERS

(2007, U.S.) 83 min. (NR).  
Director: Wayne Wang (THE JOY LUCK CLUB, BLUE IN THE FACE).  
Cast: Henry O, Faye Yu, Vida Ghahremani, Pavel Lychnikoff.

Family ties bind us together in visceral ways, but the forces of modern life often seem to drive parents and children apart. Elderly Mr. Shi (Henry O), a widower and a retired scientist, has arrived from Beijing to spend

time with his divorced daughter, Yilan (Faye Yu). He hopes to help her sort out her life in this strange new country. That, after all, is his duty as a parent. Mr. Shi finds his daughter leading what seems like an empty routine existence. But Yilan refuses to share any of her private life with him. Mr. Shi cannot understand what is happening. He comes from a generation where parents remained part and parcel of their children's lives, as long as they lived. Disappointed but not discouraged, Mr. Shi explores the town where he will meet an old woman, Madam (Vida Ghahremani), who fled the Iranian Revolution. Neither Mr. Shi nor Madam speak English well, but by gesturing and talking in their own tongues, Mr. Shi and Madam begin a precious friendship, in which they find momentary haven from the world of lies they have to weave to keep themselves hopeful. "A modest and lovely film." - SF CHRONICLE.

**Nov. 7-13**  
Catamount Arts in St. Johnsbury, Vt. Call (802) 748-2600 for showtimes.

## A GIRL CUT IN TWO

(2007, France) 115 min. (NR).  
Director: Claude Chabrol (THE CEREMONY, BETTY).  
Cast: Ludivine Sagnier, Benoît Magimel, François Berléand, Mathilda May, Caroline Sihol, Marie Bunel, Valeria Cavalli, Etienne Chicot, Thomas Chabrol, Jean-Marie Winling.

A new thriller directed and co-written with a sure touch by that old master of the French thriller, Claude Chabrol. François Berléand (THE CHORUS) stars as Charles, a world-famous but jaded novelist and "ladies man" whose latest conquest is perky TV weathergirl Gabrielle (Ludivine Sagnier, (SWIMMING POOL)). At once naïve and

unflappable, Gabrielle eagerly enters into a dubious May-September relationship with a celebrated member of the intelligentsia. However, tugging at her other arm is the handsome young Paul (Benoît Magimel, THE PIANO TEACHER), the spoiled heir of a Lyon pharmaceutical magnate, who has always gotten anything he ever wanted. Paul is cute, but dangerously schizophrenic; Charles won't leave his wife. What's a girl to do? "Gabrielle is more than a girl cut in two by this ambience, she's pulled every which way, a situation that Chabrol investigates with the subtlety and complexity only a lifetime behind the camera can provide." Turan, - LA TIMES.

**Nov. 14-20**  
Colonial Theatre in Bethlehem, N.H. Call (603) 869-3422.

## THE POOL

(2007, U.S.). 95 min. Director: Chris Smith (THE YES MEN, HOME MOVIE).  
Cast: Nana Patekar, Venkatesh Chavan, Jhangir Badshah, Ayesha Mohan.

THE POOL is the story of Venkatesh (Venkatesh Chavan), a 'room boy' working at a hotel in Panjim, Goa, who, from his perch in a mango tree, can see a luxuriant garden and shimmering pool hidden behind a wall. In making whatever efforts he can to better himself, Venkatesh offers his services to the wealthy owner of the home and is hired as a gardener. Not content to simply dream about a different life, Venkatesh is inquisitive about his employer and his family—indeed about the world around him—and is the results of this curiosity that will change the shape of his future. Remarkably cogent and affecting, this is inspired filmmaking, distinctive for its ability to transmit a complete viewpoint in just a phrase or brief conversation. Working in Hindi with young actors and in a country obviously not his own, director/co-writer Chris Smith has nevertheless created a superbly incisive portrait that will take a place on a global stage."—Geoffrey Gilmore, Sundance Film Festival. "A lovely, warm, unforced film that gives you time to get to know its characters and isn't propelled by any artificial narrative conventions. SALON.COM.

**Nov. 21-27**  
Colonial Theatre in Bethlehem, N.H. Call (603) 869-3422.

Specialty Shopping



**DIAMOND HILL STORE**




Boutique Wine, Specialty Cheese, Vermont Made Products, Gifts, Antiques, Chocolates and More!

Route 2, Town of Danville, Vermont • Mon - Sat 10-6 • Sunday 12-4

Johnson Woolen Goods • Woolrich • Duofold • Mad Bomber

Waterproof & Breathable Boots • Codet Woolen Goods • Turtle Fur

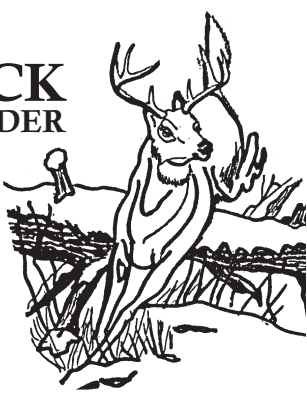
# Caplan's

Since 1922

## 2008 BIGGEST BUCK RIFLE & MUZZLE LOADER CONTEST

**FIRST PRIZE:**  
50% OF POOL  
for heaviest VT legal deer.

**SECOND PRIZE:**  
50% OF POOL



All entries that bag a buck, bring in your weight slip for a second drawing for 2nd prize. Weight slip can be from any legal weigh station. \$2.00 per entry.


**REGISTER BEFORE NOVEMBER 14, 8 P.M.**

**FOOTWEAR • OUTERWEAR • ACCESSORIES**

457 Railroad Street • St. Johnsbury, VT 05819 • (802) 748-3236

Wigwam Socks • Lacrosse Boots • Mens & Womens Carhartt • Merrell • Ammunition

Official Boy Scout Supplies • Knives • Compasses • Binoculars



## H.A. Manosh Corporation

since 1959

We have not one but four drills for your convenience

- Well Drilling
- Water Systems
- Hydrofracturing
- Water Treatment
- Video Well Inspections
- Water Fountains

120 Northgate Plaza  
Morrisville, VT 05661  
(802) 888-5722 or (800) 544-7666


Web Site: www.manosh.com



## The Creamery Restaurant

Happy Thanksgiving to all from the staff at The Creamery.

## Celebrating 32 Years of Fine Dining and Libations



## West Danville United Methodist Church 2008

"A person enjoys much who is thankful for a little!"  
- William Secker

**Overlooking Joe's Pond Sunday Worship Service 9:30**  
God's Children of All Ages Welcome

**Rev. Gerry Piper**  
(802) 684-9804

## North Danville Brainerd Library

Summer:  
MWF: 2-4 p.m.  
Wednesdays: 6-8 p.m.

Winter:  
2-4 p.m. MWF

## Outdoor Adventures

# Youth hunting memories are important to the sport

By Tony Smith

The departure of the leaves from the trees has left a carpet on the forest floor with a noisy layer of frost. Every step I take in the woods I cringe knowing there isn't an animal within 200 yards that isn't going to hear me coming. Since we are in November, I find it impossible not to talk about Vermont's deer rifle season.

The third Saturday in November as well as the following 15 days seems like it has more employee sick days, vacation time, and work skip days taking place than the rest of the months combined. I've seen signs in grocery stores, hardware stores and others businesses saying, "Store hours subject to change during hunting season." I know people that look forward to that Saturday as far ahead as the last Sunday of the previous season. I have many friends and relatives trying to get done house chores promised to the wives all summer long in those days leading up to the season.

Vermont's youth deer weekend is coming up the Saturday before rifle season begins. This is your opportunity to take a kid hunting. If you have a youth or know of a youth that is interested in hunting, take them out. If you are fortunate enough to harvest a deer this weekend, you will most likely meet a biologist at the check station. They will be pulling a tooth from each deer for tests and looking at tooth wear to determine age.

Good luck and remember it's about having fun with the child, not necessarily about being successful harvesting a deer. Below is a map of the check stations around the state, where you can check in a deer. This map may be small, so you need to pay attention to the colored dots. The black ones are where the biologists will be on youth weekend and the white ones are the normal 2008 check station locations.

### My Memory

My story this month is not going to be nearly as exciting as last month's, but once in awhile I like to be serious. I promise in the months to come they will be more exciting and humorous.

In light of deer rifle season, I would like to talk about my grandfather and how I received my first and only deer rifle. The .300 Savage I have used since I was a kid was also used by my grandfather for many years. Ironically, he never owned the gun for the first several years he used it. Having seven kids, he didn't have much money back then so he had to rent the gun from C.H. Dana in St. Johnsbury. He used to pay \$15 each season to rent it and he always returned

it at the end of the season whether he harvested a deer or not.

After a several years of renting the gun, he was asked if he wanted to purchase it at the end of that season. Reluctantly, he had to turn them down because he couldn't afford it. However, they eventually worked out a deal where if he rented the gun for the next two years he could then keep it at the end of that deer season. So this is what he did and how he got the first rifle he ever owned. Now I have it and will never hunt with anything else. He also couldn't afford a box of shells so had to buy them one bullet at a time for 15 cents apiece. Imagine trying to do that anywhere nowadays. I guess things have changed, but those memories will always be there.

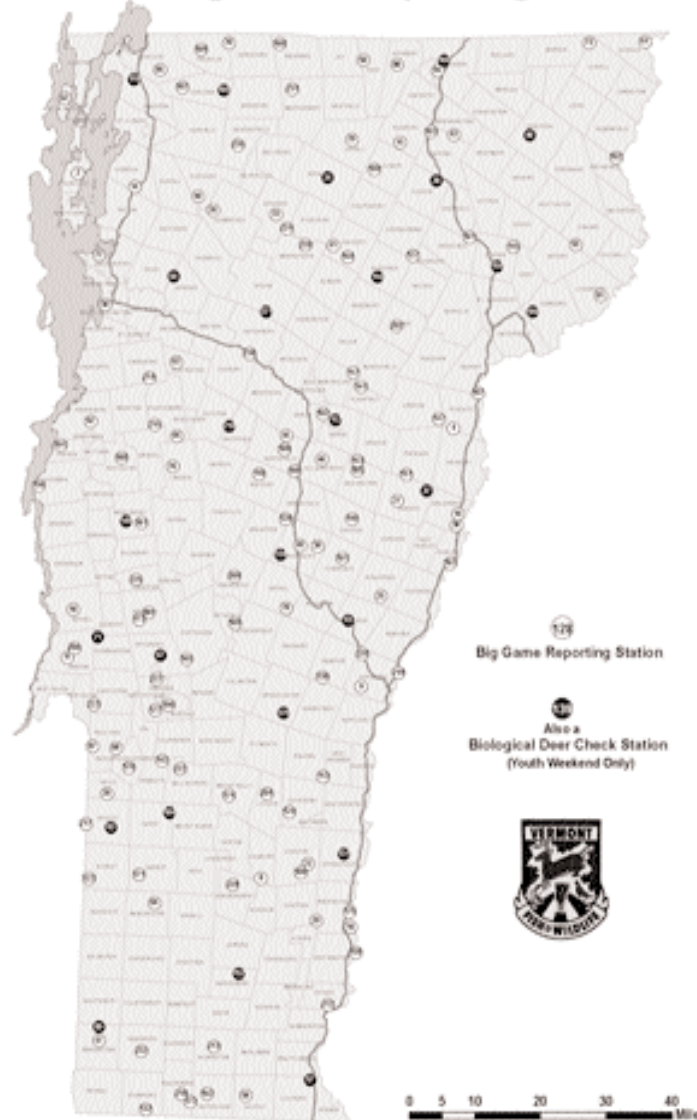
Next month, even though it may be a little early, we are going

to talk a little early season ice fishing. I would also like to cover some great places to snowshoe and or cross country ski. These are places on state land that many people aren't aware of and they are free of charge to the public. I will include a map as well as contact information if you want a detailed copy of your own. You also won't want to miss next month's story as you will laugh till your blue in the face.

Remember, for those of you that want to email questions or comments to have me respond in upcoming articles, you need to have your questions in to me by the 13th of every month.

*Tony Smith lives in St. Johnsbury and is an avid outdoorsmen. Email him with your questions as tonyoutdoorsnorthstar@gmail.com.*

## Vermont Big Game Reporting Stations



### Cobleigh Public Library

Lyndonville

**Monday: Noon - 5 p.m.**  
**Tuesday: Noon - 7 p.m.**  
**Wednesday: 10 a.m. - 5 p.m.**  
**Thursday: Noon - 7 p.m.**  
**Friday: 10 a.m. - 5 p.m.**  
**Saturday: 9 a.m. - 1 p.m.**



### Joe's Pond Craft Shop

Tues - Sat: 9:30 a.m. - 6:00 p.m.  
 Sun: 9:30 a.m. - 1 p.m.  
 Closed Mondays

#### All Local Handcrafts

A wonderful shopping experience. Visit to find owner, Deb Stresing, weaving rag rugs on her loom.

The barn setting is a perfect match for Traditional Crafts, Folk Art, Rug Hooking, Quilting, Woodworking, Pottery, Needle Felting, Penny Rugs and so much more....

**Rt. 2 & 15, West Danville, VT (802) 684-2192**  
 See [www.joespondcrafts.com](http://www.joespondcrafts.com) for more information

## Vermont Associates Wants Mature Workers!

Senior Community Service  
Employment Program

Need full or part-time employment?

Earn while you learn - training you need to succeed. Must be age 55+, low-income, unemployed, and a Vermont resident. Veterans encouraged to apply.

Call Lucille or Dave today at  
(802) 748-8635

## Marty's 1st Stop

US Route 2 ▶ Danville, VT ▶ (802) 684-2574

Mon.-Thurs. 5:30 a.m.-8:30 p.m.  
 Fri. & Sat. 7 a.m.-9 p.m.  
 Sun. 7 a.m.-8 p.m.

**DELI**

**Megabucks Tickets**  
**Mobil Speed Pass**

**PIZZA** served everyday

## DANVILLE SCHOOL 2008-2009 Schedule

Athletic Director: Merlyn Courser CAA

### Boys High School Basketball

December		
4	Thursday	UCA @ Danville 7:00
6	Saturday	Cabot @ Danville 6:00/7:30
9	Tuesday	Danville @ Concord 6:00/7:30
11	Thursday	Danville @ Blue Mountain Union 6:00/7:30
16	Tuesday	Richford @ Danville 5:30/7:30
18	Thursday	Concord @ Danville 6:00/7:30
20	Saturday	Williamstown @ Danville 1:00/2:30
23	Tuesday	Blue Mtn. @ Danville 6:00/7:30
January		
3	Saturday	Danville @ Hazen 1:00/2:30
7	Wednesday	Danville @ Williamstown 6:00/7:30
9	Friday	Stowe @ Danville 6:00/7:30
16	Friday	Danville @ Northfield 6:00/7:30
21	Wednesday	Winooski @ Danville 5:30/7:00
23	Friday	Danville @ Richford 5:30/7:00
28	Wednesday	Lake Region @ Danville 6:00/7:30
30	Friday	Danville @ BFA 5:30/7:00
February		
4	Wednesday	Danville @ Peoples 6:00/7:30
6	Friday	Hazen @ Danville 6:00/7:30
11	Wednesday	Danville @ Stowe 6:00/7:30
13	Friday	Northfield @ Danville 6:00/7:30

### Girls High School Basketball

December		
5	Friday	Danville @ Thetford 5:30/7:00
12	Friday	Danville @ Enosburg 5:30/7:00
17	Wednesday	Blue Mountain @ Danville 6:00/7:30
19	Friday	Danville @ Richford 5:30/7:00
22	Monday	Danville @ Blue Mountain 6:00/7:30
30	Tuesday	Williamstown @ Danville 6:00/7:30
January		
8	Thursday	Danville @ BFA 5:30/7:00
10	Saturday	Winooski @ Danville 1:00/2:30
17	Saturday	Richford @ Danville 1:00/2:30
22	Thursday	Danville @ Stowe 6:00/7:30
24	Saturday	Danville @ Williamstown 1:00/2:30
27	Tuesday	Enosburg @ Danville 5:30/7:00
29	Thursday	Danville @ Peoples 6:00/7:30
February		
3	Tuesday	Danville @ Hazen 6:00/7:30
5	Thursday	Northfield @ Danville 6:00/7:30
7	Saturday	Concord @ Danville 1:00/2:30
10	Tuesday	Lake Region @ Danville 6:00/7:30
12	Thursday	Danville @ Northfield 6:00/7:30
17	Tuesday	Stowe @ Danville 6:00/7:30
19	Thursday	Hazen @ Danville 6:00/7:30

# What's happening at town hall

## Barnet

Town Clerk: William Hoar  
 Selectboard: Ted Faris, Stanley Robinson and Jeremy Roberts

October 13, 2008

**Appearance** - David Snedecker appeared from Northern Vermont Development Association to discuss bulk purchase agreements by towns in the area if there is any interest. They are talking about finding out if interest is strong enough to look into purchasing items such as culverts, tires, etc. He is asking towns that have an interest, to give NVDA some idea of the amount that would be purchased.

**Larry Ruggles** - Resident Larry Ruggles appeared to express his concerns about the condition of the newly paved section of Roy Mountain Road. With this summer's rain, the washout on the road is causing problems with the shoulder and Larry feels that if something is not done some, there will be damages done to the newly paved section. Board is aware of this, but will go out and take another look. Road Foreman Tim Gibbs has been talking with contractors about repairing this.

**Keyser Hill** - The Board has signed an agreement with Joseph P. Carrara & Sons of Middlebury, Vt., for four pre-cast concrete sold deck beams to be installed to repair the bridge on Keyser Hill Road. This work is expected to be done next Tuesday and the Selectmen anticipate the bridge to be open by Nov. 1. We have received notice that the

State of Vermont has approved using funds originally approved to repave the Passumpsic Village Bridge to pay for this project. The four concrete beams to cost \$28,725.

**Town Garage** - Total costs expended to date on the construction of the new town garage is \$119,116 according to treasurer William Hoar. This does not include the \$70,000 price paid for the land.

**Other Business** - A note from Tower Road resident David Kristoff was read. Kristoff requested some kind of road maintenance program on the Class 4 section of Tower Road. He would be willing to do some minimal maintenance himself. No decision was made. An e-mail was read from recycling attendant Bruce Marston that also had pictures of the overcrowding situation at the recycling center. Bruce feels a small addition should be made to the building. No action was taken.

October 27, 2008

**Highway & Roads** - The Select Board signed standard sub-grant agreement with the State of Vermont as part of the paperwork required for receiving Federal and State assistance from FEMA for disaster expenses for flooding that occurred in July and August of this year. The Keyser Hill Road bridge is now open to traffic.

**Purchase** - The Board of Listers requested approval to expend funds in the amount of \$3,900 for computer software from Cartographic Associates Inc. of Littleton, N.H. This software

will enhance the use of computer programs already in existence for mapping of parcels of land with assessment information shown. The price includes money for training. Funding will come out of Act 60 reserve fund account.

## Cabot

Town Clerk: Tara Rogerson  
 Selectboard: Larry Gochey, Caleb Pitkin and Ted Domey

September 17, 2008

**Act 250** - The Cabot Creamery Act 250 Per-Hearing Conference Report was discussed but no action was taken. Town Clerk Tara Rogerson gave an update of the application. Memorial - Roland Payne has agreed to establish a Liberty Elm Tree Memorial in 2009.

## Danville

Town Clerk: Virginia Morse  
 Town Administrator: Merton Leonard  
 Selectboard: Marion Sevigny, Denise Briggs, Doug Pastula, Marvin Withers and Michael Walsh

October 2, 2008

**Waste Water** - Leslie and Jefferson were present to discuss the operating cost adjustments to the contract for the Waste Water Treatment Plant. Of note is the sale of Earth Tech on July 28, the company now operates under the purchaser's name of United Water NACO. There is a provision for the contract to increase by the cost of living each year, which amounted to 4.35 percent for the past year and will mean a \$2,059 payment increase for next year, the last of the five-year contract. Maintenance exceeded the accumulated \$5,983 paid

into the contract by \$600, which will result in an additional charge. Also, the propane for heat exceeded the \$1,000 paid into the contract by \$1,144, which will be included with the extra charges. They pointed out again that other than the name change they do not expect many changes in the operation of the company. After some discussion, Michael K. Walsh moved to accept the extra charges and increased contract amount as presented in accordance with our contract, Marion Sevigny seconded the motion, which was approved.

**Conservation Fund** - The Conservation Commission was present to discuss their plan to establish a town conservation fund and request the Select Board's input on the idea. They presented a draft of the purpose, priorities, criteria, review, and funding of such a fund. The general consensus of the Board was that it would be a good idea and should be approved by discussion and town vote at town meeting. The Board approved placing an article on the warning for town meeting, asking if the town desires to establish a conservation fund. A second reason they were present, was to ask the Board if they supported an idea of circulating a questionnaire asking the towns people what they envisioned for uses of the town forests, and whether they supported a forest management plan. The general consensus of the Board was in favor of the questioner, it would be up to the Commission to distribute and collect the surveys. Prospective new Commission member Evangelyn Morse was present and was requested to replace Susan Blow whom has resigned. The board approved the

measure.  
**Road Work** - Kevin Gadapee informed the Board that culverts and ditch work continues particularly in areas damaged by the rain events. Grading and chloriding also continues as is the roadside mowing. In between times there is some winter sand being hauled also. The box culvert for Calkins Camp Road will be delivered on Oct. 14 causing the road to be closed at 1.9 miles from Hill Street for about three days. He will also be continuing work on the Joes Brook Road project. The Board will have to make a decision as to close Wightman Road or repair it, as the State needs to know. The FEMA estimate and recommendations should be available soon. The Board will wait for the FEMA info before deciding on the roads fate.

**FEMA** - Merton Leonard reported that he attended the FEMA meeting on Sept. 19 which was the beginning of the official FEMA participation. At that meeting they scheduled sight visits to start on Sept. 23 in Danville, which resulted in visiting five damage sights, they will return on Oct. 9 to visit the remaining five sights. He has provided FEMA with damage photos of all ten sights and is awaiting their recommendations on Wightman Road. On Sept 25, he attended a VTrans meeting with the Danville Fire district to review their water line engineering drawings with VTrans engineers. The water line will be disturbed by the Route 2 construction and all of it under Route 2 will be replaced, and old pipes under the green will also be updated. Merton attended a meeting at NVDA on Oct. 1 along with Dan Hill of Lyndon and Mike Welch of St. Johnsbury, to start a discussion of a plan with other towns to join in bulk purchasing of common materials and supplies, in an effort to cut cost. As a late note, the court has ordered Duffy Dodge to reimburse the town for the one way street signs installed on Highland avenue, per his Act 250 permit.

October 16th, 2008

**Cemetery Sextant** - Ed Hebebrand was present to express his interest in the position of Cemetery Sextant, with the thought of doing the mowing also. The Board discussion included that they had not decided just what they were going to about the position, as it does not become vacant until Dec. 31, but following recent board philosophy they would favor putting a notice in the paper about the vacant position. At the conclusion of the discussion, approved placing an ad in the paper for a replacement cemetery sexton.

**Recycling Center** - Jim Ashley, representing the recycling center, was present to discuss the need for more room at the center, and proposed to investigate using a remote area of the land at the sewage treatment plant. He said the 24 foot by 32 foot building is not large enough and the parking area was not large enough to handle the vehicle traffic. He said the Town of Ryegate just built a 28 foot by 40 foot recycling building for approximately \$50,000. The Board discussion included that there was no money to build a new building in the current budget and probably would not be in next years budget. They also questioned why the present facility could not be opened more hours to try to spread out the traffic? The Board's consensus was they would take his suggestion under advisement.



*Dedicated to Quilters seeking quality fabrics and notions*


**Our 1st ANNIVERSARY Celebration!!**

**Blank Fabric Party**  
 November 5, 3 - 6 p.m.  
 See the samples and vote for your favorite fabric  
 Door Prizes • Refreshments

Weekly Specials throughout November

QUILTING & SEWING NEEDS • CLASSES - CALL FOR INFORMATION

*At the Blinking Light in Danville*  
 OPEN TUESDAY 10-5, WEDNESDAY 10-7, THURSDAY 10-5, FRIDAY 12:30-5, SATURDAY 10-5  
 PHONE: (802) 684-9790



**Gearing up for the Holidays?**

Our Super B Complex Vitamin Tablets with Liver and Iron are real energy-boosters. Several of us here at the pharmacy are using them and love them. Be sure to check out our other quality private label products.

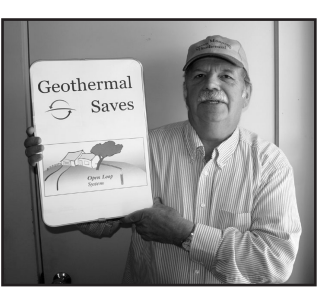
**GAUTHIER'S PHARMACY, INC.**

415 Railroad St. • St. Johnsbury, VT  
 (802) 748-3122 • 748-8941  
 Dedicated to Your Good Health

**Geothermal Heating provides space heating by taking thermal energy from groundwater with a heat pump.**

Based on data from the Vermont Department of Public Service, space heating by geothermal systems will have operating costs equal to:

- 23% of propane,**
- 25% of electric,**
- 31% of fuel oil,**
- 50% of pellets or**
- 71% of cordwood.**



For an analysis of the costs and benefits for your home.

**Contact Jim Ashley:**  
**Green Mountain Geothermal**  
**(802) 684-3491**



**BACKYARD WINTER BIRDS**

Chip Darmstadt - North Branch Nature Center

Come learn how to:  
 Attract  
 Feed  
 and Identify  
 winter birds of the Northeast Kingdom

**Tuesday ~ Nov. 11, 2008 ~ 7:00 p.m.**  
**North Danville Community Building**

Elizabeth Szymanik, Librarian 748-4423  
 Library Hours: Mon., Wed., Fri. 2-4 p.m. Wednesday Evenings 6-8 p.m.  
 FREE and open to the public, Handicapped Accessible



# See your town clerk for full minutes

**Report** - Merton Leonard reported that Kevin Gadapee and the Highway Department has been busy with road construction, first replacing the Calkins Camp Road culvert with a larger concrete box culvert to repair the damage from last summer's rain event. They are currently working on the Joes Brook Road project, rebuilding a section of the road near the Morse's Mills area, where they left off from previous construction to the bridge over Joes Brook. FEMA has evaluated the damage to the Wightman Road and are requesting the Board make a decision on whether to rebuild the road for traffic, or to abandon the road to a trail and return the brook to an open stream. The Town would be able to keep any money not used to return the area to an open stream. To abandon the road would mean an end to through traffic with turnarounds on each end of the road. Garey Larrabee presented the Board with a petition with 66 signatures in favor of repairing the road, although not all were Danville residents, but people who are interested in using it as a through road. The discussion presented reasons for rebuilding the road from using it as a hiking or walking area, to use it for an emergency bypass to the Route 2 area by Frye's Quarry to West Danville that is prone to winter driving problems. Leonard recommended hiring a local highway engineer to get a local cost estimate if they were going to rebuild the road, as whatever cost of construction that the Board agreed to with FEMA is all they would get reimbursed, even if the actual costs were more. After some further discussion, the Board decided to hire a local engineer to do an estimate of both the reconstruction and the abatement so they would have a local cost estimate of the repair to compare with the FEMA estimate, on a motion by Michael K Walsh that was seconded by Doug Pastula. The Board will take the arguments to rebuild the road under advisement and would discuss it further after the local estimate was received.

**Funding Cuts** - Leonard informed the Board that the Governor and the Department of Transportation is proposing to the legislative Joint Fiscal Committee to meet in November and cut the state aid for town highway maintenance this physical year by 7.5 percent plus cut funding to town paving and structures funding dramatically, due to increasing decline in state income receipts. The Vermont League of Towns and Cities furnished a resolution that they are requesting each town Select Board to adopt requesting the governor to withdraw his idea of cutting the State Aid to the Town's by some \$3 million dollars and request that the legislature meet in January and to decide on a resolution to the state's transportation funding crises. The board decided to support the VLCT effort.

## Peacham

Town Clerk: Bruce Lafferty  
Selectmen: Richard Browne, Tim McKay and Gary Swenson.

October 1, 2008

**Cemetery Matters** - Replacement of cemetery maintenance shed floor and sills were discussed. Sexton Cheryl Stevenson will obtain a written job cost estimate from Mr. Young of Young Guns Construction. The administrative assistant and Stevenson will communi-

cate about repairs needed on a cemetery road section.

**Listers** - Becky Jensen reported the reappraisal of town properties is going very well. Approximately one third of the properties have been viewed to date. Initial concentration has been on vacation properties to be followed by farms and year round residences. Jensen stated that current house sales show appraised values are running at 62 percent of actual sale price, demonstrating that sales figures continue to be high, thus substantiating the importance of the reappraisal project. Jensen presented the Select Board with the proposed 2009 Listers' budget. The availability of a "disaster recovery system" for the CAMA (computer assisted mass appraisal) software from the Town's software supplier NEMRC was discussed. McKay moved that the CAMA software subscription be approved and that the Chairman be authorized to sign any documents for said licensing on behalf of the Select Board and the board unanimously approved the motion.

**Report** - The Select Board reminded the Town's citizens that all reports or comments on road matters should be brought to the administrative assistant's attention by calling the Town Garage. Winter sand has been delivered. Town trucks are being inspected. Cutting edges on plows have been changed. All employee vacations have now been taken. Backhoe water pump has been repaired. Exhaust repair on one Town dump truck has been completed. All FEMA projects are complete and all bills have been paid. The Penny Street and HaPenny Street culverts will be repaired in 2009. The Administrative Assistant, the Select Board, and a V-TRANS representative will meet with FEMA next week. Repaired sites will be viewed and FEMA codes and standards will be reviewed. Documentation for all repairs is in order. McKay moved that the Chairman to the Select Board be authorized to sign any documents on behalf of the Select Board that are required by the State and/or FEMA regarding FEMA codes and standards. The motion passed.

**Fairpoint** - McKay moved that Fairpoint Communications be granted permission to bury telecommunications cable along Lanesboro Road in the southeast corner of Peacham. The motion was approved.

## St. Johnsbury

Town Manager: Michael Welch

Town Clerk: Sandy Grenier

Selectboard: Bryon Quatrini, Gary Reis, Daniel Kimbell, Jim Rust, and Jean Hall Wheeler.

October 14, 2008

**Stark District** - Several neighbors from Stark District Road and Highway Superintendent Larry Gadapee were present at a 6:30 p.m. site visit. Larry explained the problem on the road with erosion taking place on the railroad side. He said that the road width is limited by the steep bank, ledge and telephone pole on the other side of the road. Larry said he has asked Tim Ruggles to look at the slope to make recommendations about terracing for a guardrail. Larry said he would also bring some equipment in to see if some of the ledge could be removed. Selectman Bryon Quatrini suggested contacting the phone company about moving the pole. Larry said the road may have to be reduced to one lane with jersey barriers placed on the railroad side. Neighbors expressed concern about the road width, meeting trucks, erosion, and lack of guardrails. Bryon recommended that the road review the status in a couple of weeks once Larry has had a chance to contact the telephone company and check to see what he can move for ledge.

**Main Street Crosswalks** - Gretchen and Chuck Jones, Boynton Street, presented information to the Select Board relative to their concerns about some of the locations of existing crosswalks, and safety of pedestrians in crosswalks throughout the community. Recommendations included relocating some of the crosswalks, purchasing more of the motorist warning signs, having pavement markings in advance of the crosswalks, and reducing speed limits.

**St. Johnsbury Baseball** - Alan Ruggles and Debra Priest were present representing St. Johnsbury Baseball. Alan explained that St. Johnsbury Baseball has always never received a tax bill on the 3 Fields Property on Almshouse Road. Alan said that as part of the reappraisal a notice requesting information about exempt status was sent to Mark Smith, and was not received by the Board of Directors of St. Johnsbury Baseball. For 2008, due to lack of a response to the request for

information, the property was placed on the grand list as taxable and a tax bill was issued. Recreational property can only be exempt following approval by the voters. Town Manager Mike Welch said that he searched the meeting records and was unable to find where voters have ever approved a property tax exemption for St. Johnsbury Baseball. Alan Ruggles requested the Board consider placing an article on the Town Meeting warrant asking the voters to consider a an exemption. There may be a need to have two questions - one for the municipal tax, and one for the education tax. The board agreed.

**Grant Application** - Joel Schwartz was present to review a Municipal Planning Grant Application. Joel indicated that Linda Fogg has volunteered to assist in coordinating a planning grant application for concept planning for the development of the park in front of the Welcome Center. Specific items to discuss include: traffic control, lighting, parking, park space, traffic calming, building access, landscaping, and cost estimates. Joel said that there are not many Planning Grant applications anticipated from this region. Selectman Gary Reis suggested that given the discussion earlier about crosswalks, it may make some sense to consider a planning grant application that looks at the location of sidewalks, traffic calming, speed, traffic, warning devices, and stopping distances. The board authorized the Town Manager to file an application for a Municipal Planning Grant to investigate recommendations for improving pedestrian safety and access on Main Street.

**Welcome Center** - The Board reviewed the draft operating agreement. Selectman Gary Reis said that the key word is

"Advisory: and the Welcome center Advisory Board should be "Advisory" to the Select Board (as building owner). Gary said that he felt there needed to be some clarification in the agreement relative to the advisory nature of the Welcome Center Advisory Board. Gary Reis suggested that the composition of the Advisory Board should not be overly weighted by Chamber of Commerce appointees. Gary said that the Board should be more evenly represented.

**Fairpoint Broadband Coverage** - Joel Schwartz informed the Board that Fairpoint Communications has provided the Vermont Telecommunications Authority with their plans for building 50 percent of their exchanges with broadband coverage by 2010. Joel said St. Johnsbury is not one of the communities that will see 100 percent build-out. Joel recommended the representatives from the Board meet with representatives from Fairpoint to discuss this issue. Gary Reis suggested that this matter be referred to the Planning Commission for review and discussion.

**Skate Park** - The Town Manager provided the Board with a copy of the quote for construction in the skate park, and informed the Board that the property owners have agreed to terms for a ten year lease. Joe Fox has raised the money necessary for construction. Skate park construction will begin this fall.

**Regional Cooperation** - The Town Manager states stated that he did meet with representatives from Northern Vermont Development Corporation, Danville and Lyndonville to discuss regional cooperation - and some steps are being taken to increase cooperative purchasing through Town Highway departments.



**Peter Hopkins**  
13 Raymond Street  
Lyndonville, VT  
05851

**Phone (802) 626-5555**  
**Night (802) 626-8042**

# SUPPLIES

## UNITED STATES POSTAL SERVICE

### Statement of Ownership, Management and Circulation

(Required by 39 USC 3685)

1. Publication Title: *The North Star Monthly*
2. (1043-8041)
3. 1 October, 2008
4. Monthly
5. 12
6. \$16
7. P.O. Box 319, Danville VT 05828-0319 Caledonia County
8. P.O. Box 319, Danville VT 05828-0319
9. Northstar Publishing, LLC., P.O. Box 319, Danville VT 05828-0319  
Justin Lavelly, Editor, P.O. Box 319, Danville, VT 05819-0319.
10. Northstar Publishing, LLC., P.O. Box 319, Danville VT 05828-0319;  
Justin & Ginni Lavelly, 29 Hill Street, Danville, VT 05828
11. None
12. NA
13. *The North Star Monthly*
14. September 2008
15. Extent and Nature of Circulation  
a. 2,050, 2,050; b(1). 586, 573; b(2). 780, 751; b(3). 380, 312;  
b(4). 0,0; c. 1,746, 1,636; d.(1). 0, 0; d(2). 0, 0; d(3). 0,0; d(4). 6, 4;  
e. 0, 0; f. 1,746, 1,636; g. 304, 414; h. 2,050, 2,050; i. 100%, 100%.

Justin Lavelly, Editor, October 1, 2008

# American Girl Doll Party

Sunday, November 16

1 - 4 p.m.

Door Prizes & Refreshments  
Games & Special Crafts

All are welcome! You won't want to miss this special event!

**20% off one item** (excluding shoes)

Full Line of 18" Handmade Doll Clothing

☞ Furniture ☞ Accessories

**Miriam from Wool Away!**  
will be giving knitting lessons

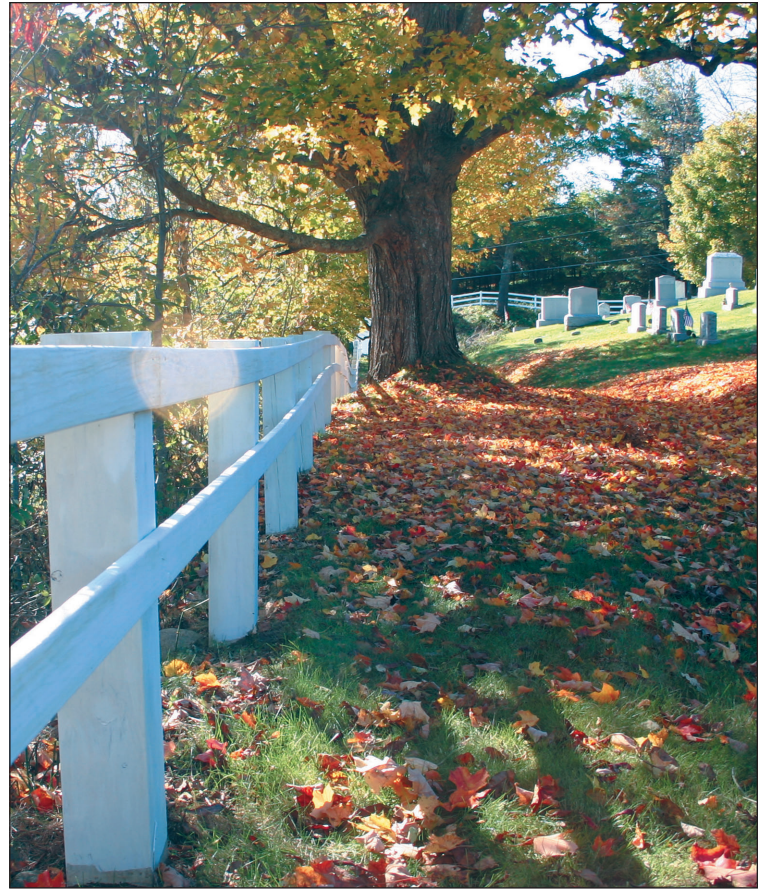
**Uniquity**

Downtown, St. Johnsbury, VT  
(802) 748-1912









Photos by Justin & Ginni Lavelly



# Energy Saving Tips

## Efficiency Vermonts cold weather checklist

As the leaves change from green to gold and the temperature gets cooler, Vermonters will prepare to heat their homes for the fall and winter seasons. Most will spend more this year than ever before to stay warm.

Efficiency Vermont offers the following 10 tips as a means of lowering those costs while keeping Vermont homes safe and warm.

**1. Make Your Home More Efficient.** Efficiency Vermont-approved Home Performance with ENERGY STAR contractors can perform an energy audit on your home and install the recommended improvements, such as air sealing and insulation. Find a contractor and learn about financing options at [www.encyvermont.com/homeperformance](http://www.encyvermont.com/homeperformance). Low-income Vermonters can get similar services for free - learn more at [www.helpforvt.org](http://www.helpforvt.org).

**2. Lower the Thermostat.** Each degree a thermostat is turned down (around the clock) in the winter equates to a cost savings of roughly three percent on your energy bill. Turning a thermostat back from 72° to 65° for eight hours a day can save as much as 10 percent on annual heating and cooling costs. Try lowering the thermostat when nobody is home, or just before going to bed. Programmable thermostats can help to manage your home's temperature by consistently changing the setting whenever you want-even if you are asleep or at work.

**3. Plug Up Air Leaks.** Focus on plugging air leaks in the attic, where warm air escapes, and in the basement, where cold air enters the home. If you're handy, use expanding foam to seal larger holes and caulk to seal small gaps. You can also save more by adding insulation in the attic. There's more information on air

sealing and insulating at <http://www.encyvermont.com/homeheating>. Or find a professional to help at [www.encyvermont.com/homeperformance](http://www.encyvermont.com/homeperformance).

**4. Heat Only Space You Use.** Close off unneeded rooms, but ensure water pipes have adequate insulation or heat and don't freeze.

**5. Let the Sun Shine In.** Open the window shades on the south and west side of the house during the day to maximize the warmth of the sun, and close them at night.

**6. Fix Drafty Windows and Doors.** Caulk around window frames and use weather stripping and door sweeps on doors. Properly adjusted window-sash locks will ensure that windows are properly shut. Use storm windows and put up interior window plastic, available in kits at hardware stores.

**7. Clean Up.** Keep the area near registers, radiators, air returns and baseboards clear and dust-free. Vacuum or dust radiators and baseboards often and be sure they're not blocked by furniture and carpets. Heat needs to circu-

late to reach all areas of the house, especially with a forced-air system.

**8. Close Dampers When You're Not Using The Fireplace.** An open fireplace damper pulls warm air (air you've paid to heat) from the house, even when there is no fire. And, if possible, avoid or reduce the use of traditional masonry fireplaces, which tend to be much less efficient than other heating devices.

**9. Tune Up Your Equipment.** If your heating or hot water equipment has not been serviced recently, make sure it is cleaned and adjusted to operate as efficiently and safely as possible.

**10. Save Electricity.** Replace your standard incandescent light bulbs with ENERGY STAR compact fluorescent bulbs. When purchasing new appliances, be sure to select models with the ENERGY STAR. Small appliances and home office equipment use power even when they're "off". Plug TVs, VCRs, fax machines, computers, printers, etc. into a power strip and just turn them off.



**Newer, fuel efficient home in St. Johnsbury**

St. Johnsbury. Almost new, fuel efficient home in a great area. This home offers 3 bedrooms and 2 baths and is situated on a corner .35/ac lot with views. This house was done right with many nice features including, attached two car garage, mudroom, deck, tile kitchen, full finished walk-out basement, large yard, radiant heat in basement, and masonry composition siding. MLS #2744184

Listed at \$179,900!



791 Broad Street  
Lyndonville, VT 05851  
(802) 626-9357  
Fax (802) 626-6913

# Shaman

*Continued from Page 22*

giving a beat or rhythm, seemed to emphasize a word or phrase. Then, unexpectedly, he turned to me, calling me "Grandmother." Standing beside me, he announced that he was going around the circle to greet everyone, that I should stay there, but everyone else in turn would follow him. I admit to some surprise, but felt that I

should live up to the honorable title of grandmother. As people approached and we hugged, I felt a change in myself, realizing that I was looking each person in the eye, trying to see each one, old or young, as an individual, each with a life to live, and wishing them companionship for their journey.

What is the message that we can receive from such a visit to

the religious expression of another way of life? First and foremost, the realization that there was nothing foreign here. Humans everywhere need to recognize, as well as assure others, we are all fellow travelers through life. We are part of the natural world, for whose beauty and usefulness we are thankful, delighting in its beauty and sharing its benefits. Perhaps other peoples are glad to share some of our knowledge, but we would benefit from living more simply, regaining some of the wisdom we have perhaps lost in our busy lives, rushing about from one thing to another.

When we read about an earlier time, or another place, we make allowances, we expect people's thoughts to be colored by the time and place in which they lived, but we can also recognize values still meaningful here today.

## Happy Thanksgiving

1111 Main St. • St. Johnsbury, VT 05819  
email: [c21qre@sover.net](mailto:c21qre@sover.net)  
website: [quatrini.com](http://quatrini.com) • [realtor.com](http://realtor.com) or AOL  
Keyword "Century 21"  
**(802) 748-9543**  
"Real Estate for The Real World"



#6962 **Sheffield** Open and Spacious is this wonderfully kept home. Sits on .93+- acres & is located on a dead end road. 20 minutes from Burke Mtn. ski area. School is close by, some recent updates, along with appliances & some other items can stay as well. Kennison Dane Program offered! Sellers are Motivated!

Being offered at \$120,000

#6959 **East Haven**  
Tired of paying utility bills? Come see this self sufficient home with a custom water hydro electrical system. This unique property is utility free with a wood stove, backed up by propane radiant flooring. This 3-4 bdrm., home just needs some final touches on a quiet 11.9 acre lot located minutes from Burke Mtn. & next to VAST trails. This new home offers new cherry kitchen cabinets with no maintenance quartz countertops & has several rooms with maple hardwood flooring.



Offered at \$199,000



**ML#2744536** Don't hesitate on this once in a lifetime opportunity, 190 acres of fields and woods, 2 1/2 story original colonial farmhouse. Vermont Land Trust protected. House needs rehab. work. St. Johnsbury Academy sending town.

Priced at \$390,000

**PARKWAY REALTY ASSOCIATES**

75 MT. PLEASANT ST.  
ST. JOHNSBURY, VT 05819  
802-748-8169 • 802-748-8855

971 BROAD STREET  
LYNDONVILLE, VT 05851  
802-626-8333 • 802-626-9342

[www.parkwayrealtyassociates.com](http://www.parkwayrealtyassociates.com)



470 Broad Street  
Lyndonville, VT  
**(802) 626-4343**

ALL SEASONS  
REALTY

Fax: (802) 626-3700  
email: [allseasonyn@together.net](mailto:allseasonyn@together.net)

[www.allseasonre.com](http://www.allseasonre.com)

### Peacham Library

Monday, Wednesday, Friday  
and Saturday  
10 a.m. - Noon  
Tuesday and Thursday  
1 - 7 p.m.

### Dussault's Heating

Sales  
Service  
Installation

- ◆ Thermo Pride Furnaces
- ◆ Peerless Boilers



Box 301  
St. Johnsbury, VT 05819

**(802) 748-4945**  
**24 hour service**

# A famous gourmet buffet

## Fourth Annual event comes to Cabot Nov. 7

Baked Beans, ham or chicken pie are the typical hallmarks of a Vermont church supper, but under the leadership of Cabot Chef David Hale, Cabot's fourth annual "New Traditions Supper" has become an epicurean treat anticipated by many.

The annual buffet-style meal is prepared and served by Hale and students from the New England Culinary Institute (NECI).

A graduate of the New England Culinary Institute, Hale is the former executive chef at Auberge du Soleil in Napa Valley California. He returned to Vermont to serve as campus executive chef for NECI and lived in Waterbury Center.

"We were about to have our second child and needed a bigger house," he recalls. When we started our search we spoke with Jackie Bromley, our midwife. She was very positive about life in Cabot, the schools and the people. We have been in town since March, 2001."

Hale lives on Churchill Road with his wife, Libby, and two children, Eli and Gage.

He is currently director of career services for the school. "I work with the students on their choices, opportunities and aspira-

tions," he says. Every student at NECI has a "service learning requirement" and they have been involved in all kinds of community activities over the years.

"Some of them have been raised helping out in these kinds of events." Others have never been to a place as small as Cabot. They have loved coming here to help. They are always amazed at how appreciative and nice the diners are. Hale grew up on a small farm

in Sherborn, Mass. "We always had fresh ingredients and my mother has always been an excellent cook."

On Cabot's menu will be cider-braised pork with caramelized onions and rosemary accompanied by roasted root vegetables and fresh herbs. Also spinach gratin, whipped sweet potato and a modern waldorf salad are among the culinary treats.

"My hope in designing this menu is that the food would reflect the bounty of the season and offer

refined techniques that many people do not use at home," says Hale. "Many of the churches and communities have meals that they have become known for. This menu and student participation is our attempt to create our own special experience in Cabot."

While many students help in the preparation of the meal, eight people usually come out to the church in Cabot to cook, serve, and clean up.

Proceeds from the event benefit the Cabot United Church. Members of the church and community volunteers work with the NECI crew to make the event a success.

"I am not a full time member of

the church, Hale admitted. "But I understand the integral role the church plays in the community. The people who benefit from this event are my neighbors."

"I love the camaraderie of this event. Everyone gets together to pull this off, students and community members. And I love that joyous buzz of the room as everyone digs into their food."

The last three years the supper has sold out. Settings are at 5 p.m., 6:15 p.m. and 7:30 pm. Prices are as follows: Adults, \$12; Seniors (65 and over)\$10; Children (12 and under) \$6.00. Reservations can be made by calling Marvie Domey at (802)426-3281.

# Local charity looking for help

Hand to Hand is a neighbor to neighbor program that brings Christmas to needy children in our community and helps to brighten Christmas for some elderly people who otherwise might miss out on the joy of the holiday.

Hand to Hand was started by

two area women, Linda McDonald and Jill Broderick, 19 years ago. The need was evident due to the fact that the Santa's Fund did not extend to the Burke, Sheffield, Wheelock, Newark, Sutton or East Haven communities.

The program is set up so that each needy family is assigned a

number and given to a sponsor family. This keeps the needy family and the sponsor family totally anonymous. The sponsor family is given a profile of their family with their Christmas wish list.

The sponsor family provides Christmas gifts for the family and also assembles a holiday food bas-

ket. The program also purchases fuel certificates. On Dec.12 and 13 the gifts and food are brought to the Burke Town Hall in Burke Hollow and then distributed to the needy families.

If anyone would like to donate money, sponsor a family or receive more information, please contact Kelly Deth (802) 535-7193 or mail donations to Hand to Hand, P.O. Box 105, East Haven, VT 05837.

## Old North Star

Continued from Page 1

body. The deceased was a very promising young lady and admired by all who knew her. A young gentleman of St. Johnsbury, somewhat her senior, had been paying his addresses to the unfortunate girl, which was disapproved by her parents on account of the age disparity. It is thought her parents reprimanded her, which may have led to the later suicide.

November 9, 1877

**Earthquake** - Last Sunday morning around 2 a.m., several residents of the Danville village were awoken to what they believed to be an earthquake-their beds and buildings shaking violently. They hardly dared to call it an earthquake, but such was exactly the case. The shock hit Northern New England, New York and Canada, moving west to east and lasted over a minute in some places. In Burlington, the shock was powerful enough to rings bells and shake buildings, causing many to run into the streets. In Marshfield, the powerful force knocked over a rather large woodpile.

November 16, 1877

**In Jail** - John Lines, of Victory, was put in the St. Johnsbury jail recently on account of taking honey from a tree which had been previously marked by William Stone. Stone sued him, obtaining a judgment of \$15 and costs, the execution amounting to about \$30 which he failed to pay.



**FARMHOUSE** - This big roadside farmhouse will fit your whole family. The family size country kitchen will be perfect for the upcoming holidays. The gorgeous landscaped yard has lots of flowers, and even a remote controlled water feature. The 4 acre lot has some woods, too. Separate parents or in-laws quarters, big covered, settin' out porch includes a great view of the mountains. MLS# 2733017

\$259,000



**LOG HOME** - You can't see another house from this nearly new, contemporary log home. Totally private, great views, nicely landscaped. The view side floor to ceiling windows let in the fantastic panorama of the distant mountains. Custom cupboards in the kitchen and baths, big stone fireplace cathedral ceilings wood floors. MLS# 2742255

\$375,000



Welcome Home!  
**Susan Aiken**  
REAL ESTATE  
RESIDENTIAL-LAND-RECREATIONAL PROPERTIES

(802) 748-1145

www.aikencrest.com

### BEGIN REALTY ASSOCIATES

### BEGIN REALTY ASSOCIATES



**VIEWS, VIEWS, VIEWS...**

ML2712351 - Tucked away on a quiet Class 4 town road in Waterford, this log home on 35+ acres has found the perfect setting: looking over an on-site pond and into the mountains of NH from the huge front deck you can just feel the tranquility of country living. Great room concept living with a stone fireplace, loft master suite with full bath, walkout basement, 2-car garage with overhead storage.

\$485,000



**EXCEPTIONAL PEACHAM PROPERTY**

ML2743569 - Combining a unique blend of contemporary space and rustic architectural design, this exceptional Peacham property on 18+ acres of pristine land includes a 5-bedroom, 4-bath 4300+/- sq. ft. home, a horse barn and a unique "drive thru" garage. New kitchen with top-of-the-line appliances, huge fireplace in the den, warm and cozy Post and Beam living room -- much, much, more!

\$695,000

Main Street  
Danville, VT 05828  
(802) 684-1127

Start your search here.



309 Portland St., St. Johnsbury, VT 05819  
(802) 748-2045

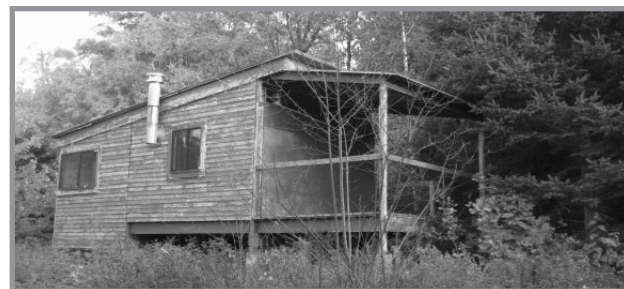
Providing Professional and Courteous Service  
www.beginrealty.com



**MOVE-IN CONDITION**

ML2745343 - Beautiful 3-bedroom home in move-in condition sitting on 3.2 acres in Danville. Open floor concept with large living room, kitchen and dining room. Two storage sheds on the property plus a fenced in back yard. It's close to the interstate but in a private location.

Priced at \$149,000



**YOUR OWN LITTLE GETAWAY**

ML2745708 - This camp is situated on 18.90 acres and has open and wooded land. There is no water, no sewer, no electricity but all could be developed. Enjoy a small porch, and the peace and quiet of this Peacham property. Great for hunting camp or your own little getaway.

\$74,900

### BEGIN REALTY ASSOCIATES

### BEGIN REALTY ASSOCIATES

EGIN REALTY ASSOCIATES

EGIN REALTY ASSOCIATE

# Around the Town Community Calendar

## ONGOING

**MONDAYS:** Story Time, St. Johnsbury Athenaeum Youth Library, 10:30 a.m. (802) 748-8291.

**MONDAYS:** Story Time, Pope Library, Danville, 10 a.m. (802) 684-2256.

Mondays - Just Parents meet with concerns for drugs and kids, Parent Child Center, St. Johnsbury, 7 p.m. (802) 748-6040.

**1ST MONDAY:** North Danville Community Club, Meeting, 6 p.m. North Danville Community Center. (802) 748-9415.

**1ST & 3RD MONDAYS:** "Six O'clock Prompt," Writers' Support Group, 6 p.m. St. Johnsbury Athenaeum. (802) 633-2617.

**2ND MONDAY:** Cancer Support Group, NVRH Conference Room A, 4 p.m. (802) 748-8116.

**LAST MONDAY:** Alzheimer's Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury. 7 p.m. (802) 748-8116.

**TUESDAYS:** Baby & Toddler Story Hour, Cobleigh Library, Lyndonville. 10 a.m. (802) 626-5475.

**TUESDAYS:** Cribbage Tournaments, 6 p.m. Lake View Grange Hall, West Barnet. (802) 684-3386.

**2ND & 4TH TUESDAY:** Bereavement Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury. 5:30 p.m. (802) 748-8116.

**2ND & 4TH TUESDAY:** Drop-in quilting at 1 p.m. at the Cobleigh Public Library, (802) 626-5475.

**WEDNESDAYS:** Read 'n' Stuff, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.

**WEDNESDAYS:** Ordinary Magic. Meditation for Life, St. Johnsbury Shambhala Center, 17 Eastern Avenue, 6-7 p.m.

**3RD WEDNESDAY:** Cardiac Support Group, NVRH, 6:30 p.m.

(802) 748-7401.

**THURSDAYS:** Introduction to Computers, Cobleigh Library, Lyndonville. 10 a.m. (802) 626-5475.

**THURSDAYS:** Danville Town Band Rehearsal, 7 p.m. Danville School auditorium. (802) 684-1180.

**2ND THURSDAY:** Film discussion following 7 p.m. film at Catamount Arts, St. Johnsbury. (802) 748-8813.

**3RD THURSDAY:** Caregivers Support Group, Riverside Life Enrichment Center, 10 a.m. (802) 626-3900.

**THURSDAYS:** Read and Weed Book Club, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.

**SATURDAY & SUNDAY:** Planetarium Show 1:30 p.m. Fairbanks Museum, St. Johnsbury. (802) 748-2372.

**SATURDAYS:** Bridge Club for all experience levels, Cobleigh Library, Lyndonville, 12:30 p.m. (802) 626-5475.

**1ST SATURDAY:** Men's Ecumenical Breakfast, Methodist Church, Danville, 7 a.m. (802) 684-3666.

**1ST SATURDAY:** Scrabble Club, St. Johnsbury Athenaeum, Noon - 4 p.m. (802) 748-8291.

**3RD SATURDAY:** Breast Cancer Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury, 10 a.m. (802) 748-8116.

## NOVEMBER

**SAT.1**  
"A Song for Their Supper," a varied program of light music under the direction of Alan Rowe. The first performance will be at 7:30 p.m. at the Congregational Church in Haverhill, N.H. On Sunday, Nov. 2 at 3 p.m. the Chorus will repeat the program at North Congregational Church in St. Johnsbury, VT.

**SUN.2**  
26th Annual Christmas Bazaar,



Left to right: Pat Webster, Lyndon, Laurel Stanley, Danville, Barbara and Peter Miller, Wheelock posed at The Giant's Causeway while traveling with Vermont Public Radio and Robert Resnick on a musical tour of Ireland. The Giant's Causeway is a UNESCO World Heritage site, in County Antrim, Northern Ireland. The shoreline site has about 40,000 six-sided basalt columns, estimated to be about 55 millions years old, which were formed by cooling lava. Legend attributes the formations to the giant, Finn McCool who made them as a bridge between Ireland and Scotland.

presented by the Concord Booster Club from 10 a.m. to 3 p.m. at the Concord School's Dickson Gymnasium. Over 40 crafters are committed.

### THURS.6

**Danville School Public Forum** to develop a five-year plan for the future direction of the school.

**Reading Book Discussion - Catch 22** by Joseph Heller from 7 p.m. to 8:30 p.m. at the Cobleigh Public Library. Peter Burns will lead the discussion. All are welcome. The reading discussion program is free, open to the public and ADA accessible. For more information, please contact the library, (802) 626-5475.

### FRI.7

**Cabot Gourmet Buffet**, the 4th annual New Traditions Community Supper prepared by Chef David Hale and students of

the New England Culinary Institute. Servings will be 5, 6:15 and 7:30 p.m. at the church on Main Street. Tickets are \$12 for adults; \$10 for seniors an \$6 for children under 12. For reservations call (802) 426-3281.

### TUES.11

**Caledonia Right to Life Group** will meet at 7 p.m. The meeting will be held at St. John's Catholic Church Parish Hall at 1375 Main St., St. Johnsbury. For information you may call Donna at (802) 467-8369, Eric at (802) 633-3203 or Sally or Bill at (802) 748-3930.

### THURS.13

**Do not pass go!** Head straight for the Cobleigh Library at 6 p.m. for an adult tournament of Monopoly! It will be a fun filled two-hour timed event. For more information or to sign-up please call the Library at (802) 626-

5475.

**Old Fashioned Game Supper**, not only the oldest game supper in Vermont, but considered by many to be one of the finest in the region. Once featured in Yankee Magazine's "Book of Special New England Days," the game supper takes place at the Danville United Methodist Church on the southwest corner of the Green.

### SUN.16

**NEK Audubon Field Trip** to the Maine Coast. We'll look for waterfowl around the Kennebunkport area. This day long trip starts at 6 a.m. Meet at the rest stop/welcome center at exit 44,, 1-93 in New Hampshire.

### MON.17

**Button Up Vermont** presentation at the Danville Congregational Church at 6:45 p.m., following the community dinner.

# VOTE JOHN HALL

VERMONT STATE SENATOR CALEDONIA - ORANGE

I  
N  
T  
E  
G  
R  
I  
T  
Y

E  
X  
P  
E  
R  
I  
E  
N  
C  
E

**John Hall knows how business and government work and he understands Vermonters.**

**Elect him to represent you in the Vermont Senate.**

*It's the next best thing to being there yourself!*

**WORKING WITH JIM DOUGLAS TO HELP MAKE VERMONT MORE AFFORDABLE**



*"Vermonters need John Hall in Montpelier, working with me to keep our state's financial house in order - and seeing that Vermonters get what they pay for."*

- Vermont Governor Jim Douglas

### FAMILY VALUES

John and his wife Jo are natives of the Northeast Kingdom. They have lived, worked and raised their family here. An active member of the community John has served on several public boards and generously supports community causes.

### PUBLIC SERVICE AHEAD OF POLITICS

John Hall successfully chaired the House Education Committee as a second-term Vermont Legislator. In 25 years of public service at the town, state and national level, John Hall has worked effectively with Governors, Legislators and Town Officials from all over Vermont, without letting party or politics intrude. Doing the same as your State Senator, ending partisan bickering, time and energy can be used addressing the problems facing Vermonters today.

### IT'S A MATTER OF PUBLIC RECORD

As Town Manager of St. Johnsbury, John effectively managed a \$6 million budget and 60 Town employees. From 2003 - 2008 he served in Governor Douglas's administration as Commissioner of Housing and Community Development, helping bring millions of dollars to the Northeast Kingdom and Orange county for housing, jobs and community improvements.

### PRIVATE SECTOR EXPERIENCE

John manages and owns a successful auto parts store in St. Johnsbury. He served on the board of directors of his local bank and is an active member of the economic development fund. He takes pride in contributing to the local economy and providing good jobs and knows first hand the challenges small businesses face.

**VOTE JOHN HALL FOR VERMONT STATE SENATOR**

PAID FOR BY JOHN HALL FOR VERMONT STATE SENATOR  
PO Box 7, West Danville, Vermont 05873  
e-mail: hallsenate@kingcon.com

## Missing something?

**Do you work with loud machinery and equipment?**

Do you have a hard time hearing your spouse or co-workers?

Maybe you hear everything just fine . . . have your hearing tested anyway!

**We will do it for FREE. NO STRINGS!**

**ARMSTRONG'S**  
Better Hearing Service, Ltd.

198 Eastern Avenue, St. Johnsbury, VT 05819  
**(802) 748-4852 (800) 838-4327**  
Hours: Monday, Tuesday and Wednesday 9-4

Sandra Day, BC-HIS  
(front) Isabelle  
left-right (back) Diane, Sandi,  
Louise

America's Largest Hearing Instrument Manufacturer  
To learn more, visit [www.starkey.com](http://www.starkey.com)