

# THE North Star

MO  
Every S

DANVILLE, VERMONT

GOOD FOR THE WHOLE MONTH

JULY 2007

Volume 19, Number 3

PAGE SIXTEEN

**Nuclear Physics  
Can Be a Cold and  
Unforgiving Career**

PAGE TWENTY

**One Hundred Years  
Ago Just About  
Everyone Had Cows  
- Evelyn McReynolds**

PAGE TWENTY-FIVE

**Danville Baseball  
Threpeats D4 State  
Championship**

PAGE TWENTY-EIGHT

**Vanna's  
Double Berry  
Mousse  
Is No  
Ordinary  
Shortcake**

## ST. JOHNSBURY'S FIRST MEETING HOUSE

RETA H. MORSE

Meeting houses were the most important structures in early community-planning. They were geographi-

## Somewhere and Somehow Was a Much Better Life



*Gary and Maggie Hatch bought the Newbury Village Store in May 2003. Since then the store has undergone a reputation has spread out and away from this quiet village on Route 5.*

TERRY HOFFER

Newbury is one of those places that I find myself slowing down to admire. Route 5 winds through the rolling terrain that marks

me a chance to understand community and I discovered the intertwining of animals. I'd see people around town about Tabby. It was great."

## Hats Off to Coach Dave Chamberlin

Dave Chamberlin is one of those people who always knows the count on a batter in a baseball game. He knows the inning and the number of outs. He probably knows the lineup and everyone's batting average and the situation as to relief pitchers in the bullpen. Chamberlin knows baseball, and for those who think of the great American pastime as a thinking man's game, Dave Chamberlin is what they are talking about.

Chamberlin just completed his sixth season as coach of the Danville boy's varsity baseball team, and the results of his efforts qualify as a program turnaround of the highest order. [See Page 25.] In the baseball seasons of 2005, 2006 and 2007, Chamberlin and his teams have been to the top of the mountain. Danville has been to the Division IV Vermont baseball championship in each of the last three years, and in each of those years the team has come home from Burlington's Centennial Field as champions.

Chamberlin is quiet and modest about his accomplishments, and he's quick to defer credit to his players and assistants. They deserve credit, but this is about the Coach. Chamberlin graduated from Danville School in 1974. He played baseball in high school, but with a revolving door of coaches and a different playoff structure at the time, he says he never played in a high school playoff game. He tried out for a slot in professional minor leagues and played once as a semi-professional at Centennial Field, but as the father of four and a career in the making he was distracted. Gradually his attention to high school softball and baseball floated again to the surface. Six years ago he grabbed the varsity baseball equipment bag and a clipboard and he went to the diamond. "I love the game," he says, "and I love working with the age group and watching them improve from one year to the next."

Chamberlin admits it's not always easy. He stresses fundamentals of hitting, fielding and thinking ahead, but his practices emphasize the "little things" as much as the obvious skills of batting and fielding. He says, "Understanding how to hit different pitchers, how to pitch to different batters and how to position the defense builds confidence for everyone." Perhaps most importantly Chamberlin preaches the importance of team. "There are no big egos, if I can help it," he says. "Everybody supports everyone else, and being supportive shows they are thinking and counting on each other."

This year Chamberlin's team started the season with a record of one win and three losses. After two state championships in 2005 and 2006, he says, the team was not thinking in the present. They were focused on the end of the season and tournament playoffs, but with three losses (two to the '05 and '06 runner-up Blue Mountain Union) the season hung by a thread.

At the beginning of the second week of the season Chamberlin turned to his senior captains, Jesse Murray, Jordan White, Julian Kempton and Justin Chamberlin, and asked them to "gather the team together and determine if they wanted do what it takes or to simply go through the motions."

Chamberlin says, "I never asked what happened at the meeting, but the next practice convinced me things had changed. We won 11 of the next 14 games including a quarter-final against West Rutland and the championship against Blue Mountain, in both of which we were down (but not out) in the bottom of the last inning. These kids understand that no matter what happens now, they can dig down and find an enormous sense of accomplishment ... for not once, not twice but three times finding the way to win the season. They have every reason to have confidence in whatever it is they do."

"After the come-from-behind finish on Friday evening, June 9," Chamberlin laughs, "I don't think any of us will ever be the same."

Next year? Chamberlin is looking forward to it. He'll have only two returning seniors, and it may be a stretch to be thinking about how it will come together, but you never know. "You have to have a group that's willing to work hard," he says, "and willing to learn. Then you hope."

Thanks Coach, if anyone can do it ...

Terry Hoffer

THE North Star MONTHLY

**The North Star Monthly** (ISSN 0892-3447) is published monthly by Polestar Publishing, Danville, VT. Subscription Rates are \$10.00 per year. Copyright 2007 by Polestar Publishing. All rights reserved. No part of this publication may be reprinted without the expressed permission from Polestar Publishing. Polestar Publishing is responsible for errors resulting from advertising is subject to publisher's standard disclaimer. Advertiser indemnifies the publisher from and holds the publisher harmless upon contents of the advertising. Polestar Publishing is not responsible for errors in any advertising beyond the individual item in which the error appears. Postmaster: Send address changes to Polestar Publishing, P.O. Box 319, Danville, VT 05820. Danville, VT.

**Contributors to this issue include:** Lorna Quimby, Jeff & Ellen Downs, Adrian Duckett, Dick Strife, Cyr, Batty Hatch, Jeffrey Paquet, Sarah Rachel Siegel, Van Parker, Bets Parson, Vanna Guldenschuh, Dee Palmer, E. Burton Zahler, Bill Christiansen and

## No Simple Solutions

We Americans are quite accomplished at creating our own conundrums. There are small, personal conundrums, such as why I chose to write this month about a conundrum of societal dimensions, the vastly complex subject of prescription drug costs. Controlling prescription drug costs may be an insoluble conundrum, because at its root are two passionately held, equally valid American values: our belief in the free market economy and our belief that everyone should get the health care they need. Unless we (that's the

e-mail: northstar@northstar.com  
www.northstar.com

# Little Horn Battle Leaves Custer and All in Five Companies Devastating Fire Sweeps St. Johnsbury Center

**The North Star**

"WHERE LIBERTY DWELLS THERE IS MY COUNTRY"

1807-1891

Est. by Ebenezer Eaton  
Danville, Vermont



## THE NORTH STAR

July 7, 1876

Indian War - Muggins Taylor, a scout for Gen. Gibbon rode into Still Water, Montana on the night of July 3 direct from Little Horn River. On June 25, Gen. Custer found the Indian Camp of 2,000 lodges on the Little Horn and immediately attacked the camp. The Indians poured in a murderous fire from all directions; besides the greater portion fought on horseback. Gen. Custer, his two brothers, nephew and brother-in-law were all killed, and not one of his detachment escaped. Two hundred and seven men were buried in one place. The killed are estimated at 300, with only 31 wounded. The Seventh Cavalry fought like tigers and were overcome by mere brute force. The Indian loss cannot be estimated as they bore off and cached most of their killed. The remnant of Gen. Gibbons command and the Seventh are returning to the mouth of the Little Horn. The Indians got all the arms

of the killed soldiers. Fifteen commissioned officers were killed.

The news which we publish from the Indian country is of the most startling and melancholy character. The massacre of Custer and his brave officers and men calls loudly for some active and decisive movements toward punishing the savages. Some now prophecy a general Indian war, but Gen Sherman does not seem to share this fear, but he thinks military operations will be lively against the hostile Indians. Gen. Sheridan expresses the belief that there are troops enough on the plains to subdue the Indians, while others contend that government should raise an army of fifty or one hundred thousand, place them under the command of Gen. Sheridan and exterminate the Indians.

Fire in St. Johnsbury Center - On the afternoon of July 1 a most disastrous fire occurred at St. Johnsbury Center. Breaking out in a paper mill next to the Passumpsic River a few minutes before noon, it swept unchecked through the village, destroying sixty buildings including stores, mills, dwellings, barns and so forth. The entire business portion of the village was consumed.

July 14, 1876

Deaths from Heat - From every section we have accounts of the excessive heat of the past few days. In New York, Philadelphia and other cities the thermometer ranged over 100 in the shade. A large number of persons have been sun stroke, many of them dying

from the effects of it. Many horses have also died from heat. Never has there so long a continued "heated term" been known.

We have already had more very warm weather than we had during the whole of last summer.

A Serenade - On the evening after the nomination of Hon. Horace Fairbanks for Governor was known at St. Johnsbury, a large number of citizens accompanied by the band, repaired to his residence and gave him a serenade. Mr. Fairbanks was called out and was briefly addressed by Judge Ross who happily referred to the action of the state convention. Mr. Fairbanks briefly replied that the nomination came to him unsolicited and unsought, also unexpectedly and that he had not decided whether to accept it. At the same time he said he was touched beyond measure at the cordial expression of his fellow citizens and he invited them all into his house that he might take them by the hand.

July 21, 1876

Fredericton, New Brunswick suffered an invasion of caterpillars last week, so numerous that when they crossed the railroad track the trains were unable to proceed.

The blueberries have come ripe and fresh. S.H. Stone, our depot master, will furnish them to customers during season.

Benj. Greenbanks has closed his factory for three weeks for the purpose of making repairs.

The recent fire at St. Johnsbury Center was more destructive, in

proportion to the size of the places, than the great fire of Chicago. There is not much, if any, prospect of the buildings being rebuilt. It has failed the mercantile firm of Bacon & Ide.

Lager Beer - The second trial as to whether lager beer is or is not intoxicating came off in Rutland last week Tuesday before Justice Porter and a jury and resulted, like the first trial, in a verdict that it is not intoxicating.

Adv. Mothers can secure health for their children and rest for themselves by the use of Castoria, a perfect substitute for Castor Oil. It is absolutely harmless and is as pleasant to take as honey. For wind-cholic, sour stomach, worms or constipation, for young or old, there is nothing in existence like it. It is certain, it is speedy, it is cheap.

July 28, 1876

The Indian War - Accounts from the Indian War in the west are of somewhat indefinite character. There have been no more battles. Gen. Cook is on the move trying to find the hostile Indians and will follow them up and make an attack whenever he receives reinforcements. There are conflicting reports as to whether Sitting Bull, head chief of the Sioux, was killed in the late Custer engagement. The probability, however, is that he was not.

General Custer was married during the early days of the Rebellion to a Michigan lady, who shared with him the privations of camp life most of the time since. They have no children. Gen.

# THE North Star MONTHLY

Send The North Star

Bob & Linda Desrochers,  
St. Johnsbury VT

Libby Hillhouse & Bob Manning,  
East Rye VT

**New North Star Subscribers and**

## *Is There a Solution to Soaring Prescription Drug Costs?*

*(Continued from Page 2)*

Generic drugs are less expensive than brand-name medications and, when therapeutically equivalent, are preferred. Unfortunately, there are many diseases for which the available treatments are only brand-name drugs.

I don't have much hope that what I consider minor market manipulations will survive the political process. I'd like to see a ban on direct-to-consumer advertising, with the savings in pharmaceutical companies' marketing expenses hopefully translated to lower drug costs. I think that pharmaceutical detailing (the practice of drug sales reps marketing to physicians, physician assistants and nurse practitioners) should be limited to offering unbiased, published studies on the use and benefits of a specific drug, and ban the free meals, trips and "honoraria" currently used to influence prescribing practices. I would also prohibit drug reps from providing medical practitioners with free samples of medications that are solely for the treatment of chronic health problems. Samples may be free to start, but, as the pharmaceutical industry knows, can lead to the on-going use of a brand-name drug for which there may be less expensive and equally efficacious alternatives.

I would like to see, on the national level, a discussion on imposing an excess profit tax on pharmaceutical companies. The proceeds of such a tax could be used to fund public insurance for prescription drugs, and, perhaps, drug research (thus reducing drug manufacturers' costs to develop new drugs). An excess profit tax is different from the windfall profit tax that was placed on oil during the late 1970's and early 1980's. This was an excise tax placed on each barrel of domestically produced oil. Excess profit taxes have been enacted only during the two World Wars and the Korean War. They were taxes developed to help fund the wars and in response to the general opinion that companies should not earn disproportionate profits from the circumstances of the time—times in which many were suffering—as opposed to profits resulting from their own efficiencies and business acumen. I grant that the "crisis" of rising drug costs does not approach the same level as a world war, and that there are many complexities in devising an excess profits tax on pharmaceutical companies. Nevertheless, I think it is an idea worthy of debate, if nothing more than to be an aversive alternative to lesser interventions such as drug re-importation and limiting marketing practices.

In the near term, what can we individually do to help stem the rising cost of prescription drugs? If we are to continue to follow the rules of the free market, we can try to reduce the demand for drugs—by preventing chronic illness through healthy lifestyles that include regular exercise, diets slanted toward fresh fruits and vegetables, not smoking; by preventing injuries; by preventing infections through safe food and water, clean hands (and good luck). Reducing demand for prescription drugs, although attractive because it implies less disease burden, is not particularly realistic. I believe that to control the rising cost of prescription drugs we will have to bend some of the rules of the free market. To do so will require a greater political pressure than the pharmaceutical companies can muster. Interested in writing your legislative delegates?

## *A Long-Delayed Family Reunion*

Summer is a happy time for family gatherings and nostalgic reminiscing. It is amazing how much one learns about loving relatives and earlier times when I recently to attend the reunion of members of the Lyndon branch of the

My wife, Virginia, is a proud, 100% Scot descended from the branch of the Caledonia County when her ancestors moved from Putney to Sutton in 1840. I eventually moved to Massachusetts to manage a creamery business, an offshoot of which his father helped to organize.

The family in Vermont is now represented only by Virginia, and her three cousins and their progeny. The cousins have kept in touch infrequently. I had been approximately 30 years since all were actually together. When I was a child, Campbell clans, I sometimes joke that I would never have married Virginia if the Campbells murdered hundreds of MacDonalds in their sleep in Glencoe.

I had barely sat down with the reunion group at lunch one day when she quickly that I didn't see her until after she had given me a warm kiss on the cheek that she is, "You haven't changed a bit since my wedding!"

When I recovered I learned that she was cousin Jack Campbell's daughter. The wedding had taken place about 30 years ago, at the time of the last reunion in Longmeadow where I lived for three years from 1928 until 1931, again, one result of this happy occasion.

Most of the group is Republican, although one cautiously admitted that political discussions were muted but interesting. I have learned not to talk on such occasions, knowing that I risk alienating a friend or relative in the process.

Cousin Gilbert, who has the liveliest interest in politics, is a solid Democrat. To explain why he thought Bush was a great president, better even than Clinton, a few years he has teased Virginia by sending two-dollar checks payable to her with instructions to deliver them personally. She mails them to Montpelier.

Gilbert hopes that Mitt Romney will be the Republican nominee in 2008. Al Gore if he is the Democratic nominee, but wouldn't vote for any other Democrat. He thinks that a ticket of Hillary Clinton and Barack Obama would have no chance to elect a woman and a black running together.

His son, Craig, is a highly placed Air Force officer in Alaska. Gilbert will be over within six months, although it will take a while after that to share his father's enthusiasm for President Bush.

It was a surprise to learn that Ed Lucas, married to Virginia's niece, graduated from State College in 1969, the top scholar in his class. He was most enthusiastic with praise for Professors Mary Bisson, Peter Brown, Brian Kelly, Doris, Kurt Singer, Al Toborg and Ken Vos. Ed became a teacher and has never been received at Lyndon.

As you might expect, much time was devoted to talking about the family and children and 2 great grandchildren.

The cousins are familiar with Lyndonville and have made many trips. I worked in Springfield, MA for the creamery from the mid-1920's until 1931. Jack succeeded him and sold Vermont cream to ice cream manufacturers in Massachusetts for many years.

The contrast between life in the suburb of Longmeadow and the country in Vermont. When the young Massachusetts cousins visited their country cousins, they were in Vermont and try to irritate Virginia. Both areas have their charms, of course.

Longmeadow's two-lane, five-mile long main road, running from the Connecticut border, is the most attractive municipal thoroughfare I have ever seen. The street are set back from the highway by broad grassy areas. It is reminiscent of the filmed Main Street before all the elms died in the 1950's.

We spent several hours touring the area, driving past my old home in Lyndon. The summer school I attended for two years, Forest Park with its large recreation area, is still there. I was a teacher back in the 1920's. We enjoyed a pleasant lunch in Springfield at a restaurant which boasted fine, inexpensive meals (with Cabot Creamery butter) and a view of the mountains in the world.

And thus the reunion ended, except for the 175-mile drive back home. A "Welcome to Vermont" sign that meant there would be practically no traffic.

One Longmeadow grandchild is getting married next summer.

## Genes and Grandparents

Two separate but interconnected events occurred during the first weekend of June, 2007: the matriarch of our family turned 100 years, and *The New York Times* reported that Dr. James Watson, one of the two scientists who discovered the structure of DNA, received a CD of the map of his genes that have been identified and described to this date, his genome.

At the family party to honor the centenarian it was fascinating to see family resemblances among the grandchildren but particularly among the 14 great-grandchildren. Genes at work. We all wondered whether the longevity gene has passed down through these generations. In 30 years there have been three centenarians, and one nearly so, all in the same family strand, all female. I look at my daughters and wonder if they carry the trait or if it failed to pass from their father to them and their daughters.

Dr. Watson apparently was happy to receive his million dollar genomic gift. He did ask that no information be included about the gene that controls the potential for Alzheimer's disease. This map will have to be updated as more genes are identified and their influence and possibilities described. Soon, for a mere \$100,000, many of us will be able to receive our own gene map, less complete of course, than Watson's whose was a special endeavor for a special person.

The possibility for us to know our genetic make-up in such detail may be a mixed blessing. In some ways it seems to be a gift that can alleviate the anguish of certain families. If a couple knows that they each carry recessive genes that if combined would produce a lethal deformity in their child, it gives them warning and allows other options. One of these is the amazing process of pre-implantation genetic diagnosis, where the DNA of a fertilized egg can be examined before implantation in the uterus. This process can determine the presence of genes for some organ deformities or fatal diseases that may not even develop until adolescence or adulthood.

Along with such potential benefits come possible problems. What about selecting genes for physical attributes such as height; the potential for physical or intellectual prowess; musical or artistic ability. Where does selection stop? In some countries couples have already used ultrasound and abortion to select male fetuses over female, changing the balance of the sexes in the population with undesirable results. This reminds me of the story of the Sorcerer's Apprentice – the little imp who, thinking he knew his master's tricks, set the magic broom to do his chores but didn't know how to stop it.

We are continually learning more about how genes work. What we once thought was the work of one gene we now know is the work of many, switching on and off in a sequence we do not yet understand. Tinkering with such a fragile mechanism is like trying to mend a fine watch with carpenters' tools.

Our species, like all others, is much more than just a bundle of genes. It has interacted with other species and the environment and evolved to the form it takes today. Who are we to decide which characteristics are positive for our species and which are negative? Unless we claim complete control over all facets of our future environment we have no way to know. We would be denying our species the flexibility to evolve, a recipe for disaster.

I know I am lucky. The traits that our family carries that have been manifested thus far have not been lethal, though some of them are restrictive for certain career choices or activities. So I enjoy and I am intrigued by family resemblances and personality traits that may, or may not, be genetically determined. I do have one regret: I shall never know if my children, or theirs, have inherited that centenarian gene.

Isobel P. Swartz

## Sounds a

Lying on my grandson's bed t  
Listening to his breathing slip  
I heard the purr of the dishwasher  
The downstairs murmur of ad  
Sounds at bedtime, evoking se

Like the chatter and whirr of t  
In the day-lit dusk of an Engli  
Or the restless splash of lake v  
On a stony beach,  
As sun-tanned bodies try to sl

I remember that almost painfu  
As a baby wakes and cries in  
Rousing parents too tired to d  
The fear that makes them liste  
For the whisper of an infant's

These sounds, so commonplac  
So benign we scarcely think o  
But just a subtle change or ab  
Denying sleep, disorienting ou  
And changing peace to fear.



Jordan and  
invite you to c

July 7, 200

for our

**Dan and C**

25th An

B.Y.O.B. We'll have

563 Cormier Rd

## Letters to the Editor:

(Continued from Page 2)

the fact that they thought to carry  
along "Every Small Town's  
Newspaper."

Marion Johnson  
Conway, NH

including *The North Star*.

Don Tescher  
Thomaston, ME

### Write On

Dear North Star,

I look forward to your paper  
every month and love the articles  
you publish. Keep up the good



37th ANNUAL BUR

# There is an eclectic product mix ranging from cheap beer to nice wines from around the world ... to organic locally grown meat.

*(Continued from Page 1)*  
gasoline tanks out of the ground, the permits in place and miscellaneous legal issues all sorted out, the Hatches had the key to the store. Maggie says, "I never had

any doubt. The previous owner had been here for 24-years. He was tired, and we were ready to go. He had a big smile on his face, and he was ready to go." She laughs, "We stayed and he



*During one of the frequent class trips from the Newbury School Gary them all about summer plans.*

**River Garden Cafe**  
ROUTE 114 • EAST BURKE VILLAGE  
802.626.3514  
Lunch 11:30-2 • Dinner 5-9 • Sunday Brunch 11-2 closed Mon.  
- fresh ideas...fresh ingredients -

**When you think insurance...**

**Caledonia Insurance AGENCY, INC.**

663 Old Center Road, St. Johnsbury, Vermont 05819  
(802) 748-8797 Fax (802) 748-8609

left."

When asked about their vision at the time, Gary says, "We had a cash register, and we'd practiced at home on our kitchen table. We knew we wanted this to be a community place where everyone is treated in a professional and friendly way. We had looked around, and we were determined to offer service and products that were a cut above the ordinary." And that is exactly what they have done.

Within a week they had torn out the old coffee makers and replaced them with a modern coffee bar. They ripped up the tired old flooring and replaced it with a striking new surface. Today the Newbury Village Store is bright, clean and full of inventory. There is an eclectic product mix ranging from cheap beer to nice wines from around the world to organic locally grown meat. There are seafood and specialty foods and a deli with baked goods and sandwiches custom made on request. The deli is staffed by friendly and

capable people with a flare for salads and sandwiches like the Tuscany with prosciutto and mozzarella to the classic meatball sub.

**"It gets to the point where the generic homogenization of our country blurs it all together."**

It sounds kind of upscale and highfalutin, but it absolutely is not. Maggie says, "We think all people are equal. Whether they are physicians, plumbers, scientists, artists, loggers, farmers or kids - they all know they will be treated here with integrity and respect."

She says, "I think we demonstrated an extraordinary work ethic from the outset. When we started we were working 90-100 hours a week, and my car was full of fast food wrappers. As a result, it seems as though we have earned the respect of the community in return."



*The lights all work, the shelves are full, the place smells good and the floor is clean. The owners' vision was to offer service and products that were a cut above the ordinary, and that is just what they have done.*



Photo By: North Star Monthly

*Not far from the Village of Newbury and the Village Store is a monument to the memory of Indian Joe. Still marked with a flag and geranium on Memorial Day each year the monument salutes the Algonquin Indian who, according to William Parker Neal, was left an orphan after the 1745 battle at Fort Louisburg on Cape Breton*

## Volunteers Make Danville Home

Thirty people descended on a Danville home 18 armed with brushes, ladders and tools. Denise Riopel and her son, Michael, were scraping and outfitting her home with new paint. A school bus dropped her other son, Christopher, who carried ladders and painters everywhere.

The event was sponsored by the Danville HomeOwnership Center. According to Denise Mathias, "Today was a great success. It was a lot of volunteers, great weather, and 25 gallons of paint from Williams." He says, "Neighbors and friends from HomeOwnership Centers across the area came to support local residents." Joe Alton, who planned the work and coordinated the event, said,

Volunteers included Gilman Hill residents from Danville and Newport. Ed Stretch, recently moved to Danville, joined in the work, as did friends and neighbors. Other young people from the community joined in 2002, after participating in a mortgage assistance program. Section 8 mortgage assistance from the Danville HomeOwnership Center. She is one of 425 people who have received HomeOwnership Center services, which help families get ready to become homeowners. Denise attended the Center's Homebuyer Education program and purchase counseling since the program began.

This event was a first for some of the volunteers who thoroughly enjoy the satisfaction of helping others. Some were shaking their heads at how their home was transformed.

At day's end, Denise Riopel was proud to see her entire house and the barn finished. She was so grateful to all the volunteers and the staff of the Center.

Many volunteers can't wait for their turn. If you know how you can help, call the Gilman Hill HomeOwnership Center at (802) 626-1175.

and cookie cutter chain stores, this is the kind of place we'll all remember with sadness when, and if, it is gone.

Across the street in the Newbury post office is Janice Mitchell, postmaster. Mitchell has watched the Village Store's resurrection with fascination. "They are so pleasant," she says. "They have done a lot with the kids at the school on the other side of the Green. The store gets involved in projects at the school, and one day a class full of kids all had some money and they went into the store to learn about counting and making change. The Hatches welcome everyone, and..." Mitchell says with just a bit of thinly disguised shame, "they make the best muffins."

Gary says, "I still laugh about pulling up here one day and seeing that For Sale sign in the window. We are incredibly lucky," he laughs. "And it's not about the money." He says, "Best of all, I'm working with my best friend." ★

**DADS 4 BY T**

**STORE HOURS**  
**MONDAY - FRIDAY**  
 7:30 AM - 5:30 PM  
**SATURDAY**  
 8:30 AM - 4:30 PM  
**SUNDAY**  
 9:00 AM - 2:00 PM  
**802-748-4208**

**22 Memorial Dr.**

**Just for kids ...**

# The First St. Johnsbury Meeting House

(Continued from Page 1)

Johnsbury, before the meeting house was constructed town affairs were conducted in local homes. The first meeting, with 54 male settlers, was at the Jonathan Arnold house in 1790. The town's population was 143. Another

meeting place was Nathaniel Edson's in 1798, a dwelling built in the previous year.

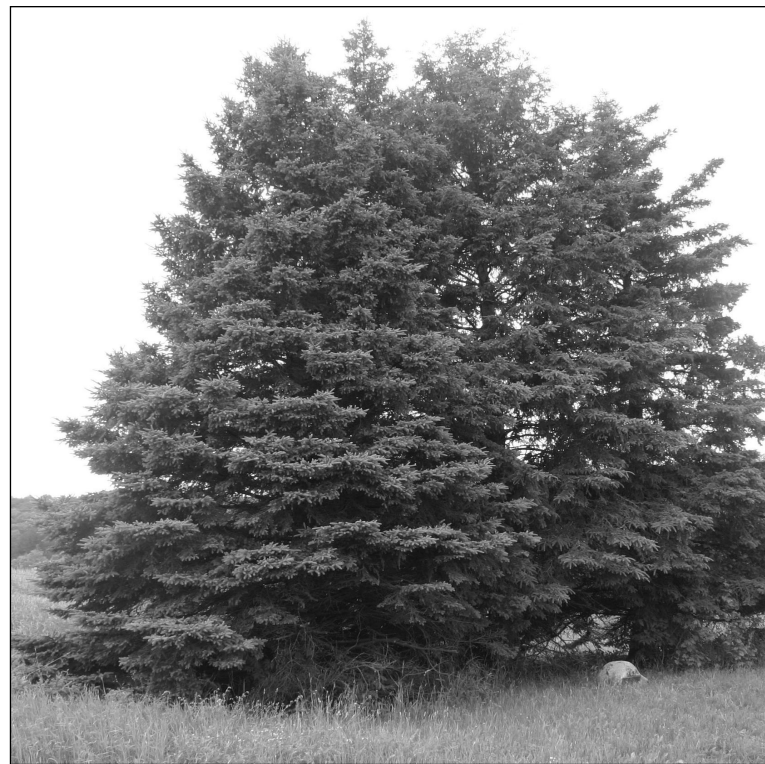
In these times, before a place of worship was built, most families held religious meetings among themselves. In pleasant weather they gathered for services in an open field, such as that on



FIRST  
MEETING HOUSE  
1804

Permission of Fairbanks Museum Archives Collection

*In 1804 St. Johnsbury Center was the hub of community activity, and it was there on a hill that the Meeting House was constructed. People came from Stark, Goss Hollow, Four Corners, Spaulding, Waterford, St. Johnsbury proper and up from the Center to witness the great raising.*



*A granite boulder and bronze plaque flanked by four spruce trees mark Johnsbury's first meeting house. The site is near the intersection of I-*

Bible Hill or on the Green at the head of the Plain. But there were some in this dense wilderness who professed no religion at all. That was of deep concern to those with religious beliefs.

Although it was evident that a meeting house was needed, the vote for one was rejected again and again, primarily as a result of the debate over taxation for religious purpose. Repeated attempts were made to secure voluntary

financial support, but townspeople could not agree to hiring a minister or building a meeting house. Finally, on September 29, 1802, a group of 18 voted to raise \$850 by means of the sale of wheat to start the structure.

Lieutenant Thomas Pierce gave a section of his land for the meeting house. It was a lovely site with a view of the Passumpsic Valley from Lyndon Falls to the north past the Moose

**DADS 4 BY TOOL & SUPPLY**  
 "We Got You Covered"  
**We Stock Tarps**

Blue Poly Tarps		Heavy Duty Tarps	
5x7	12x25	24x36	8x10
6x8	12x32	25x40	10x12
8x10	12x36	30x30	10x20
8x12	12x45	30x40	12x16
8x18	15x20	30x50	15x30
8x20	15x25	40x40	20x20
10x10	15x30	40x50	20x30
10x12	18x24	40x60	30x40
10x20	20x20	50x50	
12x12	20x25	50x100	
12x16	20x30		
12x20	20x40		

**22 Memorial Drive, St. Johnsbury, VT 802-748-4208**

**Gauthier's Pharmacy, Inc.**  
 The only independent pharmacy in St. Johnsbury  
 "Dedicated to your good health"

**Going away this summer?**

Our Travel Section has a good selection of miniatures for your convenience: first aid and personal care items. Don't forget about Gauthier's brand products!

415 Railroad St. ♦ St. Johnsbury, VT 05819 ♦ (802) 748-3122





*In 1845 the old meeting house was dismantled, moved and reassembled in St. Johnsbury Center where it still serves as the First Church Congregational.*

families had plank homes, clapboarded and comfortable for that era. Others lived in log houses or makeshift shacks. In 1800 the population was 663, and it was presumably more in 1804. The start of the meeting house was an exciting event that few would want to miss.

If we could visualize the great raising that occurred on a summer's day in 1804, we would see throngs of people traveling in oxcarts or walking along the narrow dirt roads and paths from such places as Stark, Goss Hollow, Four Corners, Spaulding, Waterford, St. Johnsbury proper and up from St. Johnsbury Center. The men and boys would be attired in homespun trousers and customary blue and white frocks and dark wide-brim hats. Women, some bringing their infants, and girls would be dressed in long checked or striped print gowns with poke bonnets on their heads. Children would likely be barefoot.

Timber and other necessary materials were already at the building site when construction begun. Food to feed the hungry workmen was served by the womenfolk. Liquor to spurn on

stand on the ridge pole while he swallowed the contents of his flask. The feat ended as he fell headfirst to the ground. Fairbanks quotes a 91-year old eyewitness to the event, but there is no mention of injuries sustained.

Meeting houses were often erected high on a hill so that they could be seen from a distance. St. Johnsbury's was 62-feet long and 44-feet wide. The main entrance in the middle of the long side faced to the west, with enclosed entrances on either end.

There were 51 square pews on the main floor and 25 pews above in the galleries. They were owned as private property. The most influential men in the community and their families were seated in the best places. The original floor plan and deeded assignment of pews is in the archives of the St. Johnsbury Athenaeum. Dated December 29, 1803, it shows the two front pews on either side of the central aisle assigned to Thomas Pierce and General Joel Roberts, St. Johnsbury's first

town representative. Roberts paid \$135 for his pew. The price dropped to those in the rear of the gallery, which were sold for \$14.

The sale was a success in that all but three of the 76 box pews were sold representing a total of \$836, a sum that nearly doubled the town's appropriation in September 1802. The majority of the pew owners were Universalists.

The pulpit, with a curved stairway, 10-feet tall, faced the east. The building was sufficiently finished to host a town meeting by September 1804. As was common, tacked on the entrance door were public notices, town meeting warnings, new laws and the announcements of marriages.

Sunday worship services were irregular and often ecumenical. Denominations had no exclusive control. There was no bell tower, no bell, no chimney and the idea of heating the space was unheard of.

Although town meetings thrived, church services were not well attended. Since a fireplace wasn't allowed, some women brought "foot stoves." Hot embers for the foot warmers were supplied from burning logs in Thomas Pierce's kitchen fireplace.

As time went on the town approved the appointment of one Captain John Barney to keep the meeting house clean directing him to sweep it at least twice a

Welcome to the

# Caledonia County

Celebrating  
**163 YEARS**

## AUGUST 22<sup>nd</sup>

### Mountain View Park, Lyn

Thursday,  
August 23  
Senior Citizens



## Up on the Farm Early

Lorna Quimby



We've been watching the demise of one of East Peacham's old barns. A few years ago we saw the first indication of its ill health. A loose strip of metal roofing clanged and clattered in the wind. Other strips followed, until a large portion of the south side was laid bare. Wooden shingles under the metal no longer keep out snow, wind and rain. The weather-beaten rafters resemble gaunt ribs on an old cow ready for the slaughterhouse. Last winter's snow collapsed a section of wall. It is only a matter of time before the rest of the building goes. If it hadn't been for its post-and-beam construction, the barn would have gone to ground years ago.

In the over-50-years Dick and I have lived in East Peacham we have seen a steady attrition of its barns. Some were large (for this area) structures: Ben Berwick's and Farrington's. The Jones's barn, not so large, held a small herd at one time. Blairs held young cattle and hens. Others,

like the one on our property and the one we are watching die, were small village barns.

These small village barns are disappearing. Many have been converted to garages, altered beyond recognition of their humble origins. Others are so unstable that items stored in handy lofts are unreachable.

When these small barns were first built, they housed the cow or two that provided milk, butter and cheese. They held chickens for eggs, a pig or two for salt pork, ham and lard and a horse. The horse of choice was a Morgan, which was as upscale as you could get, and would draw a buggy or sleigh to church on Sunday.

The animals had to be fed. Therefore, the barn contained a loft to store hay for cow and horse and mangers for the same. The pig ate scraps from the house, buttermilk from the churning or whey from cheese-making, as well as corn, which also fed hens.

If the property did not have a

carriage shed, buggy and sleigh had to be stored somewhere out of the weather, usually on the barn floor.

Times changed. Milk and eggs were bought at the neighboring store, but until the advent of the Tin Lizzy, the barns housed one's source of transportation. After the automobile replaced the horse, the car usually sat in some part of these buildings, usually on the barn floor where at one time wagons brought in hay for the winter.

I regret the loss of village barns, but I realize there comes a time when they are beyond saving.

When, with a G. I. loan, Dick bought our property, its barn was unsafe. The roof leaked, and rain rotted the linoleum that covered the floor of the loft under which was space for a vehicle. Weeds, including poison ivy, grew closely over the crumbling foundation. Dick tore the barn down the next year and, frugal Vermonter that

he is, salvaged what he could to build a garage. (The listers promptly upped our appraisal.)

The first winter we spent in East Peacham was cold—I mean, really cold. It was thirty below morning after morning. We couldn't use the barn. I still drove to my job at Luce's in Groton. Dick worked for Ralston-Purina in St. Johnsbury. Our cars, my old Woody station wagon and Dick's Studebaker, which wasn't new either, did not enjoy standing in the cold.

The Woody, a Ford, would at least start. So we spent early mornings pulling the Studebaker with the Woody until the Studebaker started. This chore didn't do the Woody's clutch any good. We decided we had to put up some kind of shelter for our vehicles before another winter came.

Dick's brother Jim helped put up our garage. It had room for two cars and a sizable space upstairs that Dick hoped to make

## Knowledge and Ignorance

VAN PARKER

A sort of ritual in our home is watching Jeopardy at 7 p.m. on weekdays. In case you aren't familiar with Jeopardy, it's a sort of "knowledge contest" between three people who have prequalified for the panel. Questions range over such diverse topics as English literature, geography, inventions, old movies, sports, rodents, mountains and almost any other category you can think of. When one of the contestants wins she or he goes on again the next night and stays after that, until finally losing to a challenger. In recent memory one man won over a million dollars (or was it two million?). He displayed an amazingly broad knowledge of a multitude of sub-

jects.

Obviously there's more than one kind of knowledge. Some of what I've learned about growing fruits and vegetables has come from reading instructions on seed packets or in articles. I've learned at least as much from talking to people at places like the Farmers' Market. One very successful raspberry grower simply said that raspberries "don't like to be crowded." A comment that tomato plants and basil "seem to get along well together" has also been helpful to me. Most people I talk to don't pretend to know all the answers. Often their advice has been couched in words like, "This worked for me" or "You can never tell about the weather."

One of my favorite gurus is



### The Carpet Connection

Your full-service carpet and flooring store.

We are experts when it comes to carpet, vinyl, ceramic tile, hardwood, laminates and area rugs.

199 Depot Street  
Lyndonville, Vermont

(802) 626-9026  
(800) 822-9026

David Toll, M.D.

Pediatrics



On one of the last days of the school year, Danville Teacher Danielle Nitsche took her first grade class to The Creamery Restaurant where Margaret Toll, T Madison Costello, Torey Findlay, Riley Fenoff, Travis Gross, Matthew Hauserman and Emma Forster. At rear are Danielle Nitsche, Marion E

## Summer Paddlers Wanted

Joan Klappert is an enthusiastic bicyclist and kayaker. Once a trail guide for horse packing trips in Pennsylvania and a leader of the Charles River Wheelmen in Boston, Klappert is an enthusiastic paddler on the Connecticut River and Joe's Pond.

She has seen loons, eagles, great blue heron and more deer than she can remember finding

is in discovering new places and meeting other people with similar interests," and she is inviting those with kayaks or canoes to join her on the second and fourth Wednesdays of July, the 11th and 25th to explore the area above the Comerford Dam

between Waterford and Monroe, NH.

Klappert will meet anyone interested at the Pine Grove Picnic and Boat Launch area, three miles east of US 5 in East Barnet, at 6:15 p.m. on July 11 and July 25. Klappert says,

"Bring something to paddle and a life jacket, and we'll see what we decide to do from there. Another time we might try the



20%  
Yarn of the  
Tatamy Tweed ~

# Ellen Doyle Sells Green Mountain Books to Longtime Store Employee

ADRIAN DUCKETT

As I look through the scrapbooks I borrowed from Ellen Doyle, I begin to understand the legacy of Green Mountain Books and Prints. Like shelves in the store flush with books, the albums are filled with letters, notes, newspaper clippings and photographs.

**“No one wants to leave after they start working here,” says Ellen Doyle.**

The photos capture the essence of what the bookstore is about. There are people smiling and shaking hands with local authors, sharing good books with one another, finding new writers and rediscovering old ones. Bookshelves in the store run from floor to ceiling, and they are crammed with all sorts of cate-

gories and titles. The inventory includes books on history, geography (including, of course, Vermont and New England), politics and crafts, as well as biographies, novels, children’s books, rare books and books on tape. They also buy and sell used books, which are hard to find in most bookstores. And as the staff proudly declares, “If a customer cannot find what they’re looking for here, then we can order it for them.”

For the past several decades, the staff has managed to provide an important service to the Lyndon community while radiating joy and compassion. Now, the torch is being passed from one book enthusiast to another. As Ellen Doyle says of her buyer and longtime employee, “I have always been impressed with Kim.”

Ellen has intense compassion for small bookstores, especially those that exist in the rolling hills of New England. Kim Grady-Smith has similar views. It was Kim who offered an interesting



*Ellen Doyle (left) long-time owner of Green Mountain Books and Prints store to her employee Kim Grady-Smith.*

statistic. For every \$100 a consumer spends locally, \$68 goes back to the local community. In large department stores, only \$43 goes back to the community. “When people shop locally at places like Green Mountain Books, the money they spend goes back into the community, which is essential to the survival of towns like Lyndonville,” she says.

The way Ellen sees it, the bookstore has always provided an important and necessary service. She emphasizes the necessity of local, independent businesses. “It is critical to our culture and to our way of life,” she says. Many visitors who frequent the shop would

agree, according to the small “Comments Book” on the counter by the cash register.

Believe it or not, customers who visit this wonderful store are not limited to the Northeast Kingdom. Some come from as far away as England and beyond, even Tokyo. Ellen says, “My nephew from California was teaching in Tokyo and went to a bar where he sat down next to a man and struck up a conversation. After trading introductions and talking for a while, my nephew mentioned his family in Lyndonville, Vermont. The man cried out, ‘Oh, they have the best bookstore there!’ As it turns out, the man was originally from New Hampshire and had known of my family’s business for years.”

Much of Ellen’s family is in the word industry. Some are

## Are You Having Trouble Affording the Prescription Drugs You Need?

### Our Health Centers May Be Able to Help

Our offices offer discounts on many of the most common prescription drugs. This discount is **available to all our patients**. In addition, for those with limited incomes, we apply an additional discount if you qualify for our sliding fee program. For more information, call for an appointment.

## Acupuncture

in the Northeast Kingdom  
Ancient Wisdom. Modern  
Dedicated to your health a

Amy Wh

tionship over the years. When asked why she decided to pass on the business, Ellen says, "It was perfect timing. I felt like I was ready to move on, and when Kim said she was interested, I took the opportunity."

Kim also has a history of her own when it comes to working with books. She taught English for ten years and was one of the founders of the Caledonia School in St. Johnsbury. Over the years she has learned many of the skills necessary to run the bookstore.

She has worked at the store every Saturday and was a student of Jim Doyle's at Lyndon State College. Kim has set out a set of goals for herself, all of which will continue to preserve the legacy of her bookstore. Primarily, she says, the goal is to increase the number of people reading and the amount of traffic the bookstore sees. She plans to accomplish this by reaching out to schools in the area and to involve students, teachers and parents in reading. She also hopes to continue the relationship between the store and other local businesses.

Finally I have worked my way through the vast number of handwritten notes and colorful photos in the Green Mountain Books family album. The last picture I see is of Ellen and Kim standing together in the shop, surrounded by titles of old books and new. Judging from the smiles on their faces, they are immensely happy about what the future has in store for them. Kim will likely be here at the store. Ellen promises to spend more time with her grandchildren.

*Adrian Duckett, a 2007 graduate of Danville School, has written for The North Star as partial fulfillment of his senior project requirement for graduation. ★*

# Old North Church has a Milestone Birthday

DICK STRIFERT

The year was 1832. The European cholera epidemic first appeared in New York and began spreading its arms of death south and west. The first skirmish between Texans and the Mexicans bubbled up highlighting the growing tensions that would lead to the Mexican War a decade later. Andrew Jackson was elected to a second term as president, and Martin Van Buren replaced John Calhoun on the November ballot as vice president. The U.S. Supreme Court ruled that the country had exclusive authority over Native American tribal lands. A three-year expedition began to explore the Rocky Mountains, and construction began on the 459-mile Wabash Canal linking the Ohio River and Lake Erie. Codeine was discovered, and Dr. Thomas Hodgkin defined cancer of the lymph nodes, which will be known as Hodgkin's Disease. Horatio Alger, Edouard Manet and Lewis Carrol were born, and Sir Walter Scott, Goethe and Clementi died.

Closer to home, as described in Jan Albers, *Hands on the Land*, Vermont found that the land was the place on which all future dreams of greatness must be based, and farmers were the cho-

sen people. People were moving from subsistence farming to commercially driven agriculture and industry.

And even closer to home, Danville had 15 one-room school houses, the poor farm was established, and locals showed concern about the rising trend of families heading west for better farming opportunities. As in many parts of the country a wave of religious revivals was occurring.

That same year, 1832, four local church denominations pooled their resources and constructed the meeting house on what is now the corner of Wheelock Road and Old North Church Road in North Danville. Today everyone knows it as The Old North Church, and little has changed to the structure. This year, the Old North Church celebrates its 175th birthday.

In honor of that milestone, the

committee responsible for maintaining the historic site has organized a special "Old Timers Lamplight Service and Hymn Sing" for Sunday, July 29.

The senior ministers of the Vermont Conference of the United Church of Christ, the United Methodist Church of Vermont and the American Baptist Conference of Vermont and New Hampshire will lead the service, and Governor Jim Douglas has been invited to speak. Members of the North Country Chorus, under the direction of Alan Rowe, will provide



*Built in 1832 as an interdenominational North Church in North Danville, the church celebrated its 175th birthday party on July 29. There was a special "Old Timers Chorus."*



**WALDEN** **IS OPEN**  
Country Store FOR LUNCH & DINNER

**Our Extended Menu Includes:**

- Fried Chicken    • New Stone Cooked Pizza
- Homemade Sandwiches with Fresh Halleluia Bread
- Gifford Ice Cream & Sundaes

### Directional

One lilac shoot  
 Defies the lean  
 Of parent free  
 Away from wind  
 And blowing snows,  
 An educated tilt that shows  
 Which harshnesses  
 The old tree knows  
 From seasons past.  
 For those to come,  
 The lilac chose  
 Some weary grace  
 Of flexibility.

Yet one young shoot  
 Declares intent  
 To grow straight up  
 To soar unbent  
 Through air this spring,  
 Toward sparrow song and swallow's wing  
 And every feathered  
 Upward thing.  
 The young tree cries  
 What? Lean? Not I!  
 I take the path  
 From earth to sky  
 With verticality!

It's true, the old tree says, you do,  
 And so do I.

Reeve Lindbergh

## Green Mountain Club Laun Century Campaign

On June 9 at their 97th annual meeting leaders of the Green Mountain Club (GMC) announced the Second Century Campaign: Securing the Future of the Long Trail. The Long Trail is the nation's oldest long distance hiking trail. Trail construction began in 1910. It is still maintained by members and volunteers of the GMC.

Directors of the GMC have set a goal of \$5.25 million for the Second Century Campaign. The ambitious project includes permanent protection of land in the Long Trail corridor, including permanently funding stewardship of the GMC's land and ease-

ments. The club will establish an endowment to ensure ongoing maintenance of trails and shelters. Finally the club plans to address critical infrastructure needs at its headquarters by constructing an environmentally advanced gathering and education facility in Waterbury Center.

As of June 9, 2007, the Club has raised more than \$3.7 million from 235 donors toward its goal.

More than 200,000 people set foot on the Long Trail each year, and 9,500 comprise the Green Mountain Club's membership. Since 1986 the GMC has conserved over 25,000 acres of Long Trail lands through 80 acquisition



### July

- 1 Bob Dylan, Champlain Valley Expo.
- 1 Bela Fleck & The Flecktones, Capital Center, Concord, NH.
- 1 Pink Martini, Hopkins Center, Hanover, NH.
- 3 Tango Lessons, Catamount Arts, St. Johnsbury. (802) 748-2600.
- 5 The Wiyos, Middle Earth Music, Bradford.
- 5 Northern Lights, Colburn Park, Lebanon, NH.
- 6 Nobby Reed, Middle Earth Music, Bradford.
- 6-12 *Private Tears in Public Places* (2006, France) [NR] Director: Alain Resnais. Six characters in search of romance in parallel stories played out against the backdrop of a snowstorm that wraps the entire film in a magical womb. Catamount Arts, St. Johnsbury. (802) 748-2600.
- 7 Catamount Garden Tours

delicious slice of life tale as it reveals the power of friendship, motherhood and the willingness to take a chance. It's the story of a small town woman who transforms her hopeless life into an hilarious and unexpected love story. Catamount Arts, St. Johnsbury.

- 14 Alice James Press Celebration, Catamount Arts, St. Johnsbury.
- 14&15 James Taylor, Flynn Center, Burlington.
- 17 Tango Lessons, Catamount Arts, St. Johnsbury.
- 19 Ray Vega and Jazzismo, Flynn Center, Burlington.
- 20 The Mammals, Middle Earth Music, Bradford.
- 20-26 *Away from Her* (2006, Canada) [PG-13] Director: Sarah Polley. Julie Christie shows her spirit and grace are eternal in the screenplay from Alice Munro's short story, "The Bear Came Over The Mountain," a beautiful yet unconventional story of



# Walden Hill Journal

ELLEN GOLD

**July 2, 2006** - July started out with bright sunshine, interspersed with violent thunderstorms. Today began stormy and progressed to just overcast with the sun trying to prevail. Brisk winds keep the weather in motion. Fourth of July fireworks have already begun. This has been an excellent strawberry season and we're definitely consuming our share.

**July 5, 2006** - It feels a lot like summer. The hills, fields and valleys are lush with well-watered foliage in a multitude of greens. The air is fresh with smells of newly mown grass and hay. Birdsong, especially robins, floats through the air. Unfortunately the blackflies are still numerous. There must have been a fresh hatching with this rain. Those little buggers are hungry. Hopefully they'll be over with soon. This blackfly season has been the worst in our 10 year experience.

**July 8, 2006** - I picked our first blueberries today. Profuse green berries promise more to come. We had an overnight to Portland, ME for an Impressionist show at the Portland Museum of Art. Our stay was in a very comfortable B&B in the historic west end. The architectural styles were fascinating and the beautiful condition of the old homes impressive. Some very fragrant tree was in bloom, possibly the American basswood. We ate a seafood dinner and lunch the following day by the water in the Old Port. Travel to and from Portland took us through the scenic White Mountains via Crawford Notch. The weather was sunny and pleasant.

**July 10, 2006** - A very orange full moon is suspended above the old maples. It's barely visible in the haze, exacerbated by smoke from forest fires in western Canada. A few fireflies continue to light up the field, but the major display is past. We harvested our first tender kohlrabi yesterday and added a fine variety of mesclun

noon which means it was at least 90° in town. We opted for an indoor, air conditioned day at the Hood Museum in Hanover. A special 400th anniversary exhibit of Rembrandt etchings from the museum collection was worth the trip. One small, early Rembrandt self-portrait and some detailed and atmospheric landscapes were my favorites. A stop for ice cream at Mr. Putz in Bradford while heading home added nicely to our first day of the heat wave. Fortunately the night has cooled off with our own mountain air conditioning showing 71°.

**July 17, 2006** - We're into day four of the heat wave with our noontime thermometer showing 92.7°. I hate to think of what the temperature is as you drop down to Danville and finally to St. J. Tomorrow is supposed to have rain coming in to break the heat wave and usher in more bearable weather. Meanwhile, we continue to harvest from the field and garden.

**July 19, 2006** - 60° this morning; now that's more like it. The best thing about an oppressive heat wave is the feeling of relief when it breaks. That glorious moment occurred last evening, and I celebrated by finishing mowing the back lawn. There was ample light until just past 8:30 when I stopped to enjoy a rosy, residual pink glow in the east. The sky was clear and star-studded when we went to bed. Clarity continues this morning with the snaking valley fog offer-

ing up a faux ocean view. Wild blueberries on cereal add the crowning touch to start our day.

**July 23, 2006** - 58° this morning with a chilling rain making for an indoor laundry day. A brief appearance of the sun at its usual 4:30 hour was about all we can expect for today. The thermometer has only risen to 66°. The garden is happy with these few days of rain, and we're very happy with the garden. We had our first major feasting of snowpeas, did a third harvest of kohlrabi and a first basil picking for pesto. We'll have one serving fresh tonight with 9 more tucked away in the freezer. Our potatoes are bug-free but developing a wilt of some sort. I'll need to get advice on how to handle that before it spreads. I ate our first cherry tomato while harvesting snowpeas. Monarch butterflies are back, gliding among the milkweed.

**July 25, 2006** - Temperatures have been at a Vermont summer's best. A low of 55° made for ideal sleeping weather and a high of 79° perfect for catching up on garden chores yesterday. A previous day of rain, left the soil willing to yield up weeds that are taking over the vegetable garden. 62° and overcast this morning continues the pleasant pattern. I picked a quart of wild blueberries in the comfort of cloud cover and a little sprinkle of rain. I'll need to get out tomorrow and harvest some more for friends and for our freezer. We went looking for raspberries, but there's not



much happening there yet.

**July 30, 2006** - We've gone from a 3-H (hot, humid and hazy) to a 3-C (cool, crisp and clear) day. More rain has kept us on a constant seesaw of summer weather. A low of 53° last night after a high of 83° tells part of the story. High humidity upped the heat index, but we're back into the comfort zone now with 55°. The sun will gradually take out the morning chill. I picked our first zucchini yesterday, and more is on the way. Tomatoes aren't doing much other than offering necessary shade for the lettuce and spinach. The wildflower bouquet is filling out nicely

CABOT GREENHO

Annuals  
Perennials  
Hanging Baskets  
Geraniums  
Trees  
Shrubs  
Conifers

SAL  
All ann  
Open

Route 215 Cabot, Vermont O



RESTAURANT

**GOODFELLAS**

TAVERN

THIRSTY THURSDAY  
\$1 BUD DRAFT

Mon.-Sat. 4-Close; Sun. 11:30-8 pm      Closed Tue.

**FATHER'S DAY WEEKEND SPECIALS**

FRIDAY, SATURDAY & SUNDAY

**BBQ PORK RIBS • PRIME RIB**

*Red Roasted Potatoes, Maple Glazed Carrots, Homemade Apple Pie*

**MONDAY NIGHT**

**UC BIKER NIGHT**

JUST SHOW  
UP YOUR  
HELMET!



# Nuclear Physics Can Be a Cold and Unforgiving Career

TERRY HOFFER

Hal Frost likes to say that he was born during the Battle of Midway. Known as the most important naval battle of World War II, it was Midway that denied the Japanese a free hand in the Pacific. Some historians compare it to the battles of Lexington and Concord in the American Revolution and Gettysburg in the Civil War. Those were all dark days but ultimately significant turning points in American history as we understand it today.

In June 1942, the Frost family was living in southern Connecticut, but following the path of Frost's father's opportunities as a physician, it moved to Hanover, NH where the heavy sounds of war were replaced by gentler tones from the bell tower on the college campus at Dartmouth.

Frost graduated from Hanover High School, but, rather than stay in Hanover and go on to Dartmouth, he opted for the University of Vermont up and over the Green Mountains and over-

looking Lake Champlain. Four years later, and within the period of a single month, there were three events that have proven, too, to be turning points to Frost. He was confirmed in the Roman Catholic Church in Burlington; he graduated with a bachelor's degree in physics from UVM; and he married Beverly Roy of West Barnet.

Frost was commissioned as a 2nd lieutenant in the U.S. Army and served in the ordinance corps as a guidance missile specialist at White Sands Missile Range in southern New Mexico with his wife and young son nearby.

Separated from the Army as a captain, Frost and his family returned to Burlington and graduate school in physics. He received a master's degree in 1969 and a doctorate in 1974 with a dissertation representing his research and conclusions on the effects of ultrasound relevant to those on the human body.

Ten years later in 1984 Frost accepted a position back in New Mexico where he joined a community of some 10,000 employees and



*Frost and his last painting, which he calls "You Are." The catalogue 2007 exhibition at Catamount Arts in St. Johnsbury describes "the image of a family of three conveying the spiritual reality that out of the persons of the artist has come their child, the oneness, still young ... still growing as he is eventually to offer to God when he passes one day from this work not signed in the usual way as the title is also the painter."*

contractors working at the Los Alamos National Laboratory (LANL). Los Alamos is 45 miles west of the idyllic community of Santa Fe where retirees and artists have since been drawn in great numbers. "Los Alamos had a stellar reputation for research," Frost says, "with its association with the University of California. There were Nobelaureates and a lot of Ph.D.'s."

He says, "When I started, I worked on unclassified materials issues not related to the fenced nuclear weapons area laboratory on the hill where testing and research was underway [behind razor wire and armed guard securi-

ty] to refine further the hydrogen bomb."

Frost describes his experience as research on peaceful applications of the fusion process, including the vision of its use in generating electricity. From the distance of time and space it may seem like a foggy distinction, but Frost is clear that his work was with "materials that would be exposed to radiation and the effects on heat transfer in metal alloys and the transparency of ceramics in millimeter wave frequencies following a fusion reaction of any kind."

He says, "My work related to the physics of the [hydrogen] bomb but as it could be used in a con-

## REID & BALIVET

ATTORNEYS AT LAW

ERNEST TOBIAS BALIVET

JUDITH A. SALAMANDRA CORSO

DANVILLE GREEN • DANVILLE, VT • (802) 684-3666

### Injun Joe Court

PO Box 27, West Danville, VT 05873. (802) 684-3430.

Located 10 miles west of St. Johnsbury on US 2 overlooking Joe's Pond. Beautiful views, private beach.

## THURSTON AUTO SALES

Ernie Thurston and Bill Dimick

**Used Cars and Trucks  
BUY - SELL - TRADE  
Appraisal Services**



P.O. Box 12

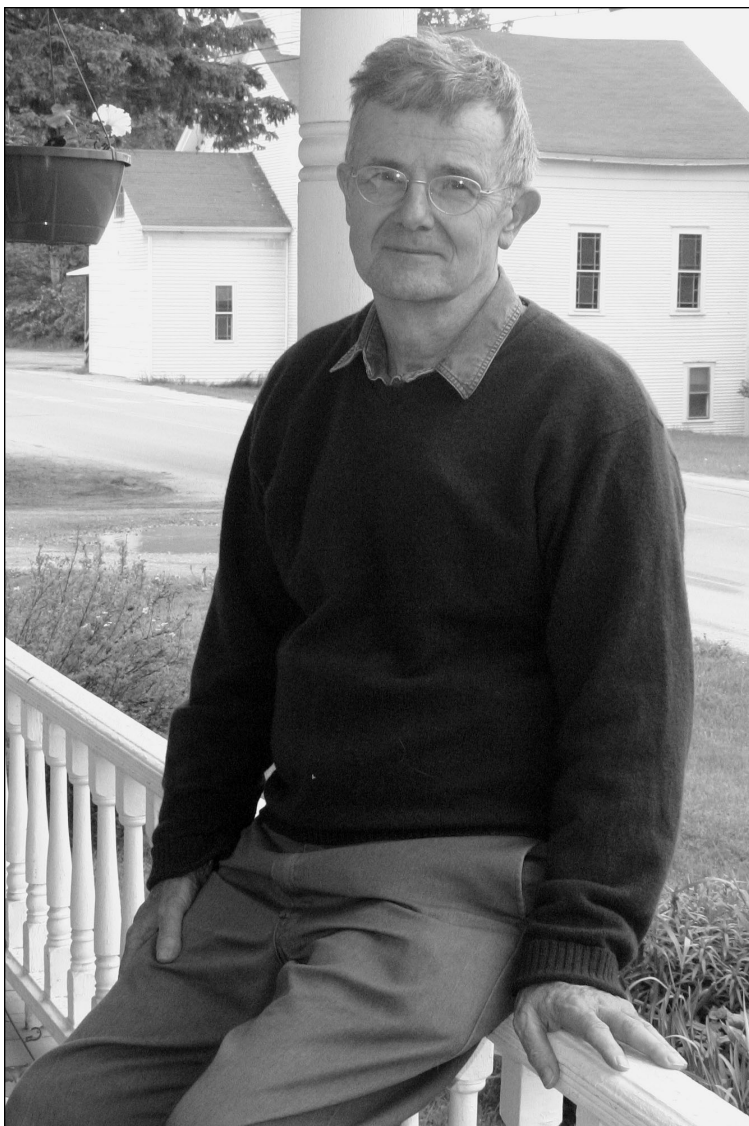
1320 Memorial Drive

St. Johnsbury, VT 05818

Cell: 802-922-4062

Office: 802-748-1373





*Hal Frost lives in Sheffield in a setting where his career as a nuclear physicist and his avocation of painting represent a fascinating web of history.*

peaceful applications and development of weapons was less clear, and what he calls the “horrendous reality of nuclear weapons and the human pride in their development” struck him hard. “I expressed the highly unusual preference of not working on nuclear weapons.”

Frost’s conclusion was not taken lightly, and it took a toll that would shape the years that followed. He says, “It was the death of the ‘oneself’ I had wanted.” Frost suffered two bouts of acute depression including hospitalization. In short order a former group leader died of a heart attack, a work colleague committed suicide and another close friend from his church died. “There was a lot of grieving,” Frost says. “It was far from a happy time.”

Frost was involuntarily sepa-

but only after a lengthy, three-year, legal battle over the issue of wrongful termination and a “mystical experience” during a church service in which he was reborn to “a gentle and loving God carrying me through the internal emptiness to be who I really am.”

In 1999, before returning to New England, Frost and his wife lived in a rented house in Espanola

in the valley of the Rio Grande where his wife, the scenery of the American Southwest, his religious reawakening and the chance to distract himself gave him sorely needed stability. He visited art galleries, and he turned to painting. “I thought I’d never be back in physics,” he says. “I thought about poetry or piano improvisations, but I decided to do something very different. Otherwise, I figured, I’d do nothing and get worse.”

Frost’s paintings are abstract representations of his experience and the challenges that occurred as he broke away from a “toxic psychological environment,” and his “transition from life with a laboratory salary to one on a disability payment.”

He describes them as “abstract views based upon his Catholic faith with symbols from mathematics and physics.” In contrast with, for instance, the great Georgia O’Keefe who painted extraordinary landscapes and large-scale close-up views of flowers from New Mexico, Frost says, “I couldn’t draw a straight line or hard edges, so some of my work is multimedia with pieces of ribbon, sand and even costume jewelry bound with the acrylic paints to give different reflections of light from the painted surface.” Some he calls “interior landscapes in a spiritual sense in which the Lord appears in various ways.”

In 2000 Frost and his family returned to Vermont. He and his wife live in Sheffield. His son lives in Burlington. He continues to credit his path to physical and emotional recovery to his faith. “I had lost my job, my career and myself as I knew it, and the signal was that He would use me to rebuild me as He wanted.”

Frost says, “I’m a scientist, and I want arguments based upon clear logic and truth without biases, and this is no small mystery, but my faith in the Lord allows me to let go of the thought that I can’t do this. And I don’t question it. I am down to simply being - stepping out of the dark without knowing how it is going to be done or how it will end. It’s a risk, but I trust in Him, and I am so little that I am not in His way. I don’t understand it all, but I have faith. I have confidence in my work because I think better.”

In October and November 2002 Frost exhibited his work at the Miller’s Fare in Littleton, NH, and in March 2007 it was featured in a retrospective solo exhibit at Catamount Arts gallery in St. Johnsbury.

Bob Manning is a retired professor of art, a painter and member of the jury for gallery exhibitions at Catamount. Manning says, “When I first stepped into Frost’s art room, I was confronted with floor to ceiling passion. I thought to myself, ‘This guy has an engine, an engine that churns out images saturated in chromatically charged color,’ and his direct iconoclastic approach doesn’t follow any school or visual philosophy, but I loved it.”

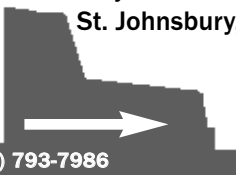
The exhibition at the Miller’s Fare and that at Catamount were successful when measured by viewer responses and Frost’s own satisfaction as the artist, but since 2004 he has not painted again.

In October 2005 he was appointed to the position of

## LITTLE MOVER

**Local & Regional  
and  
Contract Trucking  
Since 1967**

**KAP Enterprises, LLC**  
838 Keyser Hill Road  
St. Johnsbury, VT



(802) 748-9112 or cell (802) 793-7986

## Shado Art & F

Custom Pict  
Art Su  
Fine Art G

### Gift Certific

15B Hill Street  
Danville, VT 05828  
802-684-8124

\$

# Follow the Money

by Rachel Siegel

**The Only Enlightened Form of National Self-Interest**

“To seek the achievement of our aims separately through the planless [sic], senseless rivalry that divided us in the past, or through the outright economic aggression which turned neighbors into enemies, would be to invite ruin again upon us all. Worse, it would be once more to start our steps irrefragably down the steep, disastrous road to war. That sort of extreme nationalism belongs to an era that is dead. Today the only enlightened form of national self-interest lies in international accord.” - Henry Morgenthau, U.S. Secretary of the Treasury, July 1944.

With this mix of idealism and pragmatism, Henry Morgenthau convened the United Nations Monetary and Financial Conference at the Mt. Washington Hotel on July 1, 1944. The idea was to create internationally cooperative economic policies to manage a global economy.

At the time, the U.S. was emerging from World War II as one of the only developed economies with its infrastructure and workforce intact. The United States had a trade surplus from equipping its allies, but with the war ending, it would need trading partners to buy its peacetime

products. Many feared that without wartime production, unemployment would return to the levels of the Great Depression, thus the urgency to re-establish world trade as soon as possible.

The rest of the world needed capital to rebuild infrastructure and economies. Postwar economic institutions that would create order for the global flow of capital seemed a necessary solution. Many European nations faced not only the devastation of the war but the dissipation of their empires, and sought an international order to replace the old empirical order.

“National self-interest” was not the only catalyst for the Conference, however. World leaders well remembered the aftermath of the First World War and the nationalisms that had bred the trade restrictions, protectionism and monetary policies that led to global inflation, then deflation, unemployment, recession, depression and war.

And so they convened – over 700 delegates from 44 nations. John Maynard Keynes, the great British economist who had been at Versailles in 1919 (and had strenuously objected to the economic “order” imposed by the victors after that war), complained about the surfeit of lawyers and the dearth of translators. Many delegations com-

plained about their countries’ slighted prestige, imagining a larger role for themselves in the world economy. In the end, most went along with the plans developed by the Americans, led by Harry Dexter White, lead international economist for the U. S. Treasury. (Ironically, neither White nor Keynes would live to see their ideas mature, both died of heart attacks within three years of the Conference.)

The first order of business was a system of currency exchange that would provide stability for world trade. The idea was that the U.S. dollar would become the world’s reserve, or definitive, currency. The dollar’s value would be tied to gold (\$35 per ounce), and all other currencies would be pegged to the dollar.

Practically, this lasted until 1971, when the U.S., by then with a trade deficit and inflation, went off the gold standard. By 1973, almost all currencies were “floating” in value, creating the currency markets that are now so critical in global trade. More recently, with the huge U.S. trade deficit and massive investment in dollars by foreign trading partners, the dollar’s role as the world’s reserve currency seems to be weakening.

In three weeks, the Conference created the International Monetary Fund, to oversee monetary policies and the balance of payments; the International Bank for Reconstruction and Development (now a part of the World Bank) to provide loans to countries devas-

tated by the war (and now development loans to emerging economies); and the General Agreements of Tariffs and Trade (GATT), to be a forum for settling trade disputes, which it was until the creation of the World Trade Organization replaced it half a century later.

**The three institutions that emerged from that July of 1944 were created with the idea that economic well-being is essential to peaceful coexistence ...**

All three institutions – the IMF, the World Bank, and now the WTO – still exist, and all three remain controversial. They are often seen as tools of economic control – instruments of empire – imposing constraints on developing nations, or using an institutionalized protectionism to restrict competition.

However they are viewed now, the three institutions that emerged from that July of 1944 were created with the idea that economic well-being is essential to peaceful coexistence, that international governance must be cooperative and that institutions must exist to settle differences peacefully.



# NORTHEAST

802.748.4292

# COLLISION CENTER

# Summer Essentials: Fairbanks Museum Presents Nature Series

ANNA RUBIN

Summer days overflow with ways to explore the rich diversity of our natural world. The Fairbanks Museum & Planetarium is positively hopping with new programs for kids, families, adults and seniors. When you join the Museum for a workshop or an event, you'll carry the skills and knowledge you gained all season.

The Fairbanks Summer Nature Series reflects the diversity of nature in the Northeast Kingdom through courses designed to inspire and inform. These courses are for adults and older students. They are led by recognized experts in their fields. The Series invites everyone to take a closer look at nearby

neighbors – birds, bugs, trees, flowers and animals. The courses are designed to introduce new perspectives about how to identify species and where and how they thrive, what threatens them and how we can appreciate the multitude of life we enjoy in the region.

Charles Fergus, author of *Trees of New England: A Natural History*, celebrates each species' beauty, its place in the landscape and the characteristics and usefulness of its wood. His course, *Trees of New England* (July 16–20), will explore the natural history of our native and common nonnative tree species. Through field workshops, you'll become familiar with a wide range of trees, from shrubby alders to stately oaks, from ever-

green spruces to deciduous ashes, from pioneering aspens to climax-forest species such as sugar maple and yellow birch. Fergus also introduces ways animals use trees, from insects to birds to moose and bears and how humans have depended on trees, from pre-European times to the present.

Natural Communities of the Passumpsic River Watershed (July 11–14) puts natural communities in the Passumpsic watershed into clear focus through discussion of the landscape, such as vegetation patterns and ecological processes. This hands-on workshop will introduce natural community mapping, including sources of information for manual and GIS (Geographical Information

System) methods, with an emphasis on patterns and processes, including land use history. Field trips are planned to walk and study a representative landscape of the Vermont Piedmont containing upland and wetland natural communities. Workshop leader Brett Engstrom is a naturalist with over 20 years' experience. His work mapping natural communities brings together his life-long love of maps with a deep understanding of our natural world.

Brighten your day! Living Color for the Nature Artist (July 30 – August 3) follows the spectrum of summertime colors in all their glory. Botanical illustrator and scientific instructor Susanna Bowman promises careful, individual guidance to adults at all

# 2007

## Household Hazardous Waste Collection Schedule

DATE	TIME	LOCATION
Sat., July 21	8 a.m. - 3 p.m.	Lyndon Recycling Center
Sat., August 11	8 a.m. - Noon	Troy Transfer Station
Sat., August 18	8 a.m. - 11 a.m.	Canaan Transfer Station
Sat., August 18	Noon - 2 p.m.	Norton Transfer Station
Sat., September 29	8 a.m. - 3 p.m.	Lyndon Recycling Center
Sat., September 29	7:30 a.m. - Noon	Waterford Transfer Station

**Not going to be able to make any of these dates?** NOT A PROBLEM! The NEKWMD will be accepting these materials at the Lyndonville facility from June 1 to September 29, 2007. Due to regulatory handling requirements, hazardous waste must be scheduled without an appointment. Scheduling ahead ensures that a qualified individual will be on-site ready to accept your materials.

**HHW Collections are free and open to residents of all DISTRICT TOWNSHIPS.**

**What are Household Hazardous Products?**

# One Hundred Years Ago Just About Everyone Had Cows

TERRY HOFFER

Today there are eight dairy farms in Danville. (They are the Websters on Webster Hill Road, Beatties beside US 2 and in North Danville, the Pattersons, Heaths, three Langmaids and the McReynolds.) Eight active dairy farms are a far cry from the days that Evelyn McReynolds describes when she says, “just about everyone had cows.”

Evelyn McReynolds was born 100 years ago on May 29, 1907. In her clear voice and vision unobstructed by glasses, she is in so many ways a remarkable lady, but she has experienced a wealth of history and probably knows as much as anyone about changes in rural life.

McReynolds’ mother died when she was 2, and her father died four years later. An only child she was adopted by Merton and Liza Hall, who lived in the Village of North Danville. “Mrs. Hall made a wonderful mother,” McReynolds

says. “She was strict, and when she said not to do something she meant it. She followed up on things.” The Halls had 12 cows, and like many others around them they sold cream to the creamery or made butter to be packed in molds, wrapped in paper and then sold in one-pound squares to private families often in St. Johnsbury.

McReynolds went to school in

**“I wouldn’t be surprised if this is the nicest village anywhere.”**

**- Evelyn McReynolds**

North Danville including two years of the high school, which was “up over the woodshed” of the school that still is the center of the North Danville neighborhood. “I remember a class trip one year to the town meeting in Danville and coming

out of the meeting with my classmates. I heard someone say, ‘I don’t know why the North Danville people are here.’ I’ve never forgotten that, and I still think the people are different.”

After finishing 10th grade, she says, “My folks went to Florida for the winter, and I had a job. After we came back I didn’t want to go back to school.” Rather than returning to North Danville the family lived in White River Junction where McReynolds worked as a dipper making the popular Dartmouth Chocolates for the company that also made Hanover Crackers and sold packaged roasted peanuts.

Missing the old village, the Halls returned to North Danville, and McReynolds commuted in a Dodge automobile with side window curtains to a job at Maple Grove, then at the building now owned by the Elks Club on Western Avenue, and then at Brigham’s Pharmacy and Flint Pharmacy both on Main Street in St. Johnsbury. “They didn’t scrape the roads then, and they didn’t have



*Henry and Persis McReynolds and Evelyn and Earl McReynolds and Earlene.*

antifreeze as we know it today. One winter I had to drain the water out of the radiator every morning and put in warm water in the afternoon for the drive back to North Danville.”

During the Great Depression McReynolds was laid off. She says, “There was a fellow who managed the phone company over Brigham’s Drug Store. He lost a lot of money, and he committed suicide. He wasn’t the only one. There were a lot of people who lost a lot of money, and the stores had a hard time - the groceries, the clothing stores, the car dealers, everything.” But Maple Grove, with a lot of business out of the country, fared better than some, and McReynolds went back to packing candy for the maple sugar company in St. Johnsbury.

Speaking of the North Danville Baptist Church, McReynolds says, “We got short of ministers, and





“Young people have changed. Young kids have gotten pretty bossy. They are spoiled,” she says, “and television is the ruination. They see things they never used to see. It’s a bad influence.

“The way they dress isn’t very good either. They wear clothes down as low as possible and up as high as possible with nothing in between.”

McReynolds isn’t convinced about the current system of education. “Kids haven’t learned to add or subtract. You go into a store, and they can’t make change if the computer doesn’t work. I know someone who went to the Green Mountain Mall when the power was out, and the clerk couldn’t make change.”

She says, “It used to be that you didn’t waste anything. There were a lot of times that we didn’t have it to waste. I didn’t always have money enough to buy clothes for my kids. That bothered me a lot.” She hesitates, and then she says, “Earl always had money for cigarettes - but it was cigarettes that killed him.” Earl McReynolds died in 1972.

She looks around her bright kitchen and says, “Housekeeping has changed. Refrigerators have replaced iceboxes, electric irons replaced flat irons, and the furnace in the basement is tended by a thermostat on the wall. We have a vacuum cleaner instead of a broom and a carpet sweeper, and like everyone we used to have a wood cook stove. Now we have a gas range.” She laughs, “I don’t miss the wood stove a bit. You had to be a real expert to cook on one of those things.

“It’s more convenient now,” she says, “but morally things were better then.”

There’s something bigger going on, too. She says, “The country has changed. We used to have all kinds of bees.” Pointing out the window again, she says, “That bush used to be covered with bees. Now you see only a few. We have tomato plants that just don’t amount to anything. I remember the fruit was wonderful. Vegetables you buy are bigger and brighter now. but they are tasteless. There



*Evelyn McReynolds did all of the housework. The wood stove was replaced by a gas range, and she replaced the wood stove a bit. Photo dated 1972.*



*The new tractor served multiple purposes. Photo with Russell, Everett, Earlene and...*

This whole community helps out when you need it. I’ve seen homes burn and the whole village turns out to help with food, clothing and everything. I wouldn’t be surprised if this is the nicest village anywhere. The people are wonderful.”

## What's Happening at the Town Hall?

### Barnet

Town Clerk: William Hoar  
Selectboard: Ted Faris, Stanley Robinson  
and Jeremy Roberts

May 29, 2007

**Roy Mountain Road Culvert** – Gary Wood met with Board seeking permission to correct a problem on his property in which water runoff cross his lot in a pipe under a cottage. Woods hopes to replace the cottage and reroute drainage path. Board agreed to a site visit after the meeting.

**Paving Contract** – Board approved contract with Pike Industries for paving a section of West Barnet Road from Park & Ride area to Barnet School. Estimated cost at 1,076 tons @ 60.77 is \$65,400. Contractor will do an overlay on 1/10 of a mile on Kid Row, leading into the school, for an estimated \$4,400.

**Utility Permit** – After discussion of request from Fairpoint Communications to bury approximately 1,100 ft. of cable on west side of Mosquitoville Road, Board directed road foreman to inspect area for his recommendations.

**Waste Management District** – Board noted letter from N.E. Kingdom Waste Management District indicating member towns will receive a 2006 surplus of \$43,209.96. Barnet's share of surplus is \$1,840.93.

**Overweight Permit** – Board approved overweight permit for Mathews Excavating.

June 11, 2007

**Harvey's Lake Beach** – Property owner James MacDonald met with Board to discuss issues concerning beach operation next to his cottage on Sunny Beach Lane. MacDonald wants town to exert more control over access to and activity on the beach and swimming next to his cottage. MacDonald described parties late at night, cars racing in the parking lot and so forth.

**Town Garage** – Contractor Ross Page met with Board to discuss his proposal for

concrete for new town garage.

**Harvey's Lake Camp Owner** – Property owner Gary Woods met with Board to discuss culvert in front of his cottage on Roy Mountain Road. Woods indicated he will be removing his cottage and rebuilding. At that time, culvert will be moved to avoid future problems.

**Bridge Painting** – Board announced its decision to hire Village to Vermont Nondestructive Testing of South Burlington to paint floor beams on Passumpsic River Bridge in East Barnet for \$18,000. Other bids were \$89,000 by Modern Protective Coatings; \$109,850 by Catamount Environmental; and \$124,170 by Vermont Protective Coating.

**Harvey's Lake Dam Study** – Board reviewed letter from Milone & MacBroom updating Board on progress in hydrology study for dam at Harvey's Lake.

**Utility Easement** – Board approved request from Fairpoint Communications to bury cable on Mosquitoville Road. Cable is being installed to provide customers with Broadband Internet service.

**Highway Access Permit** – Board approved highway access permit on TH#74 for communications equipment on land owned by George & Doris Pierce.

**Transfer Station** – Board noted town's order for a trash compactor to be placed at transfer station. Compactor will be purchased from Leavitt & Boucher Equipment Inc. for \$21,050. Board discussed changes necessary at site to accommodate compactor.

**Barnet Center Road** – Board discussed necessary repairs to a section of Barnet Center Road.

**Overweight Permits** – Board approved overweight permits for King Forest Industries; Kermit Weed; Peters Excavating and Acklin Humphrey.

June 25, 2007

**Transfer Station** – Board discussed installation of compactor at transfer station. Town will save several hundred dol-

lars by having road crew clear brush along road. Total estimated cost of installation will be \$3,500.

**Sheriff Patrol** – Board signed contract for sheriff patrol from June 1, 2007 to May 30, 2008. Patrols will be 6 hours per week from June to October and 4 hours a week thereafter. Rate will be \$28 per hour.

**Municipal Equipment Loan** – Board accepted \$50,000 in loan funds from state municipal equipment loan fund at 2% for a new backhoe.

**Road Complaint** – Board discussed letter from Roy Mountain Road residents Gene & Sandi Redfield about condition of road in front of their house. Road was patched and Board noted continuing problem.

**Planning Commission and Zoning Board of Adjustment** – Board appointed Bruce Denio and Louis Bushey to planning commission and zoning board of adjustment and appointed Ben Adams to replace Wendy Bunnell who requested that she not be reappointed.

**Road Work** – Gordon Goss met with Board to discuss road crew's practice of cleaning out ditches with the backhoe. Goss thought crew was taking more gravel from the ditch than leaves and then dumping gravel beside road. Board noted Goss' comments. Stan Robinson reported a request from William Graves for about 250 cubic yards of gravel for the Class 4 portion of Tower Road. Graves would do the ditching work. Board denied this request due to concerns about setting a precedent for work on Class 4 roads.

**Fireworks** – Fire Chief Ron Morse met with Board to clarify his role as fire chief in issuing permits for fireworks. He presented permit form that he is using and conditions that he is requesting before signing the form.

### Cabot

Town Clerk: Chris Kaldor  
Selectboard: Larry Gochey, Caleb Pitkin  
and Ted Domey

May 2, 2007

**Dog Issue** – Board met with Melissa Mason and Kimena Gile to discuss an incident in which Gile's dog bit Mason.

**Liquor License** – Board approved liquor license for Goldie's Gathering.

**Financial Plan** – After review of annual financial plan for town highways submitted by Chris Kaldor Board voted to approve the plan.

**Bridge Inspection Report** – After discus-

### Danville

Town Clerk: Virginia Morse  
Town Administrator - Merton Leonard  
Selectboard: Marion Sevigny, Denise Briggs, Doug Pastula, Marvin Withers and Michael Walsh

June 7, 2007

**Fire Permits** – Former Forest Fire Warden Bob Briggs met with Board to suggest guidelines, rules, and ordinances to assist new forest fire wardens. Briggs suggested fines when someone starts an unpermitted fire or starts any fire that requires fire department for control. Merton Leonard will search out ordinances in other towns.

**Road Crew** – Road Foreman Kevin Gadapee reported seasonal grading and chloride application continues on class 3 roads and work has been done on class 4 roads at Joe's Pond. Crew has been sandblasting and repairing body on truck #3 and will repaint it. After executive session to consider applicants for position on road crew, Board voted to hire Donald Lamont as recommended by Kevin Gadapee.

**Culvert Thawer** – On recommendation of road foreman, Board voted to purchase Power America culvert thawer/pressure washer for \$5,150, using funds saved after buying grader.

**Waste District** – Board noted NEK waste district has refunded \$1,867 to town from its surplus of operating expenses.

**Town Road Speed Limits** – Merton Leonard noted town can lower speed limits on all town roads, but must add speed limit signs at the entrance to each. Danville would need at least 75 signs at an estimated cost of \$5,000 to \$7,500 for signs plus labor to install them.

**Joe's Pond Water Quality** – Kellie Merrill will again obtain water samples from Joe's Pond Beach each week this summer and transport them to Waterbury for testing.

**School Wood Chip System** – Town received notice of act 250 permit application for school wood chip heating system for any comments town may wish to make.

**Emergency Management** – Board approved updated emergency management documents in new format revised by FEMA.

**Curbcut** – Board approved curbcuts for Daniel & Joy Bessette on Peacham Road, Marvin Withers & Melinda Johnson on Hill Street. Peter & Jeanne Gallerani on

## Chris Kaldor, Cabot Town Clerk, Dies

We are deeply saddened to note the sudden death of Cabot's Town Clerk, Christopher R. Kaldor. Chris was a kind and thoughtful friend of ours. He was famous as a multi-talented and extraordinarily vital person. He was a devoted husband and father. He was an entrepreneur and an actor. He was an avid reader and writer. No one could brush

## *Excerpts from Selectboard Minutes from Area Towns*

*See your Town Clerk for complete minutes of the meetings*

truck/tanker for \$5,500 payable over next three years.

**Employee Life Insurance** – Board voted to increase life insurance coverage for town employees from \$18,000, at a cost to town of \$8.64 per month, to \$25,000 effective June 1.

**China Moon Leasehold Mortgage** – Board authorized Martha Feltus to sign leasehold mortgage for town and T&S Caledonia Properties.

**Wastewater Rates** – Board voted to increase wastewater rates to \$69 per quarter for base fee plus \$5.39 per 1,000 gallons used.

**ATV Road Use** – Board listened to public input on proposal to allow ATV use on town roads. After considerable discussion Board voted to table issue until next meeting.

**Lyndon Area Sports Association** – Board voted to sign certain loan documents with Lyndonville Savings Bank for \$57,000 at 4.12% to be paid back over eight years by the LASA.

**Excess Weight Permits** – Board approved excess weight permits for Romaro 2000 LTD and John Colgrove Trucking.

**Industrial Park Board** – Board reappointed Richard Lawrence to two-year term on Industrial Park Board.

**Ancient Roads** – Board authorized Martha Feltus to sign application for Ancient Road Project Grant.

**Fire Department Policy** – Board voted to adopt a policy for filling of swimming pools by fire department. The activity will be allowed for training purposes with maximum amount per drop of 1,500 gallons and no more than two drops per location. The \$100 per drop charge is to be paid to town.

June 11, 2007

**Highway Report** – Board reviewed highway report as of week ending June 1. At 42% through year entire budget is 25% expended.

**Access Permit** – Request of Debra Reynolds Harris for access onto York Street was tabled pending further information on how existing sidewalk will be affected by proposed access.

**Junkyard Permit** – Board reapproved junkyard permit of C&M Used Auto Parts for another five years.

**Maple Ridge Trailer Park** – Board voted to sign agreement for \$275,000 grant in support of purchase of Maple Ridge

to ATV's in order to connect Peak Road to the Class 4 road.

**Excess Weight Permit** – Board approved excess weight permits for Acklin Humphrey and Kermit Weed.

**Mobile Home Park License** – Board approved mobile home park licenses for Mark Bean's Woodland Heights, Hill Street Park and NEK Mobile Home Park and for Gilman Housing's Maple Ridge Mobile Home Park.

**Winter Sand** – Gerard Gingue met with Board to review mileage expense in consideration of winter sand bids and location of sand relative to town garage. Gingue is concerned with poor quality of sand purchased in past. Board will consider splitting bid with more than one vendor. Mileage figure will be eliminated and town may award ½ of total bid request to one vendor and seek samples of the sand for town and VTrans to analyze.

### Peacham

Town Clerk: Bruce Lafferty  
Administrative Assistant: Phil Jejer  
Selectmen: Richard Browne, Tim McKay and Gary Swenson.

May 16, 2007

**Land Ownership Clarification** – Board voted to sign deed for clarification of ownership of Scott land.

**Road Crew** – Board discussed lack of grader use and need for grading on town roads. Board expressed interest in having grader in operation every possible hour when there is work to be done. Phil Jejer indicated he doesn't have personnel to comply with the directive. After discussion, Board voted to create additional position on road crew for a grader operator. Board instructed Jejer to continue analyzing road crew for improvements.

**Peacham Pond Road** – Work is being done on Peacham Pond Road. Outside contractor will be hired to move larger rocks and provide proper ditching. Unusual winter weather caused damages at Peacham Pond and other locations, requiring substantial road grading.

**Mutual Assistance Among Towns** – Board discussed agreements with Cabot, Danville and Marshfield regarding winter plowing. Jejer will review agreements and report back to Board.

**Personnel Policy** – Board approved revised personnel policy.

**Tree Board** – Board approved recom-

Casella contract documents and agreed to request that town's and Casella's attorneys develop a clear version of the contract and present it to Board.

**Peacham Pond Zoning Violation** – Board discussed correspondence from Mrs. Curtiss and Board response and will have it reviewed by town attorney.

**Recreational Walking Paths** – Sharon McDonnell and Jean Berwick discussed initial plans for village paths with Board. Proposed recreational walking paths will be marked for residents to try out.

**Road Maintenance** – Phil Jejer reported on road maintenance and road department priorities. Board discussed importance of the report and recommendations relating to department efficiencies.

**Paving** – Paving of section of TH #1 will begin shortly. Jejer requested additional \$65,000 for the project so that entire section of TH #1 from Buick's to South Peacham could be paved. Board voted to sign paving contract with Pike Industries for an amount not to exceed \$250,000.

**Personnel Policy** – Board voted to add vehicle equipment policy to town's personnel policy.

**Cemetery Deed** – Board approved cemetery deed for Herman and Yvonne Hoyt.

**Health Officer** – Board appointed Jean Berwick as town's deputy health officer.

**Utility Permit** – Board approved permit request from Washington Electric Cooperative for electric distribution line crossing Great Road.

### St. Johnsbury

Town Manager: Michael Welch  
Town Clerk: Sandy Grenier  
Selectboard: Jerry Rowe, Daniel Kimbell, Bryon Quatrini, Gary Reis and Dale Urie.

May 29, 2007

**Harvey Street** – Board met at intersection of Harvey and Cliff Streets to review reconstruction plans with residents and property owners.

**Liquor Permits** – Board approved liquor catering permits for Black Bear Grille at Comfort Inn on June 1 and for Sweet Basil at Keeper on Horned Pout Pond June 15.

**Tree City USA** – Deputy Tree Warden Andy Fisher and tree committee members met with Board to review Tree City USA requirements and noted that St. Johnsbury has been designated a Tree City USA for three years.

**Vermont Salvage Corporation**

the shares.

**Safe Routes to School** – Mike Welch reported on his training session for Safe Routes to School grant funding which will be available for planning or projects that remove barriers to walking or riding bikes to school including sidewalks, intersection improvements, paths and signs.

**Fire Station Roof** – Town manager reported advertising for proposals for replacement of roof over fire station.

**Contracts** – After executive session to discuss mediation and contracts with Mike Welch and Joel Schwartz, Board voted to transfer town's interest in a MicroData Loan to Passumpsic Savings Bank for \$184,000. Proceeds from sale of note are to be reserved for economic development and community development projects.

June 11, 2007

**Three Rivers Transportation Path** – Board met with Three Rivers Transportation Path project manager, project engineer and various others in a public hearing of plans and construction schedule for proposed path.

**Jumpstart to Wellness** – After a presentation by Ida Rainville, Board voted to participate in Blue Cross Blue Shield Jumpstart to Wellness pilot program, for an amount not to exceed \$1,460.

**Municipal Building Roof** – Following discussion of bids received for replacing roof on town municipal building: DG Roof (\$21,101); Palmieri Roofing (\$25,615) and Rodd Roofing (\$30,750), Board voted to accept low bid submitted by DG Roofing.

**Main Street Playground Project** – Joe Fox, recreation director, reported on status of fundraising for Main Street playground. An additional \$7,647.50 has been raised or pledged and fundraising is \$1,043.57 shy of total cost of \$27,025.58. Equipment has been ordered and project will be dedicated on July 28. Four Season Neighborhood organization is planning a multi-family yard sale on July 21 with proceeds going to playground fund.

**Liquor and Tobacco Licenses** – Board approved outdoor liquor consumption permit for American Legion and a tobacco license for Kinney Drug.

**Water/Sewer Grievance Committee** –

## *No Fishing in*

The Vermont Fish & Wildlife

# Peacham Preps for 4th of July

Where else on the 4th of July will one be lucky enough to compete in a contest which tests how fast one can throw a baseball, watch fire departments compete against each other in acts of derring-do, see ghosts in a cemetery talking about life in the early days, listen to bluegrass music and go sliding down a waterslide? Where else can you watch the largest tractor parade in the Northeast Kingdom or eat some of the best homemade food in the area?

Where else, but Peacham on Wednesday, July 4, 2007.

Peacham, that small hill town recognized by *Yankee Magazine* as the “prettiest town in Vermont” will start its gala celebrations with what is alleged to be the largest tractor parade in Vermont. And this year’s parade is promising to be another amazing display. As the parade grows in size and reputation, year over year, we’ve now decided to reward some of these tractors; acknowledging the oldest and the youngest tractor of the day. (Note: it’s the age of the tractor not the driver which we plan to celebrate).

If that weren’t enough to draw people to Peacham, the day promises to have two of the ‘coolest’ bluegrass bands in the

area. The music will begin up at the firehouse with the sounds of the Parker Hill Road Band. They plan to begin their first musical set soon after the parade has concluded. Parker Hill Road will be followed by the Grateful Dads who promise a lively performance to carry us through the afternoon.

While the bands are pouring out fine music, the Peacham Volunteer Fire Department will have a series of competitions for the younger generation with prizes for all, and then to show off their true prowess, they will challenge some of the neighboring town fire departments to a competition of skills and talents – all of which promises to displace a fair amount of water in all directions. So come prepared to appreciate the skills of the firemen and to get perhaps a wee bit soaked in the process.

Of course, the 4th of July holiday is more than just picnics, parades and toe-tapping. It is a day to commemorate our country’s heritage; and so Peacham will continue its tradition with a reading of the Declaration of Independence by one of our local citizenry, Tim McKay.

The reading will be followed by the famed ghost walk, which this year is celebrating its 10th

anniversary in the cemetery. The plans are to do a look-back at that first ghost walk in 1997 and some of the original ghosts will rise once more to tell their tales.

These will include Peacham’s first minister, Reverend Leonard Worcester and his wife; Sally Stevens, mother of Thaddeus Stevens; Governor John Mattocks and his lovely wife Esther; Nellie Bunker, a teacher at the Caledonia County Grammar School; and Dustan Walbridge, a Civil War Soldier. These long past, but not forgotten residents of Peacham will provide interesting insights into their lives and the early days of Peacham.

At the Historical Association there will be a wonderful display titled “In the Good Old Summer Time” featuring the contrasting worlds of the borders, the renters and the local residents, and the Blacksmith Shop with Joe Miller will be working its bellows and demonstrating the fine art of a smithy.

And what would the 4th of July be without a little baseball – that unique and wonderful All-American game? Peacham is planning to have some challenging softball games starting in 2008, but to ensure that we get the best players around; we’re having “tryouts” this year. There will be a baseball throwing contest to see who has the best arm in the territory with prizes for winners. So everyone should warm up their throwing arm before heading to Peacham and be prepared to fortify yourself with fabulous food provided

again by the elementary school (lunch), the Stevens School (mid-afternoon snacks) and the Congregational Church (dinner).

So come one come all. The festivities begin with the tractor parade at 11:30 a.m. and won’t



Peacham's first minister, The Rev. Francis Perry, Susan O'Brien and Elizabeth Hopkins Worcester, and a ghost walk in the cemetery. This event will be a part of Peacham's

**YOU PUT THEM IN A SAFE PLACE. NOW, WHERE WAS THAT?**

Are your stock, bond or other certificates in a deposit box, desk drawer or closet...or are you not sure?

A lost or destroyed certificate can mean inconvenience and lost money for you and your heirs. Let Edward

**Treasure Chest Crafts**  
Hand Crafted in Vermont

Ken & Cheryl Munding  
451 Peacham Road, Danville, VT 05828  
(802) 684-2569 KKM4807@aol.com

**DANVILLE SE**  
Route 2, Danville

**Tha**  
cont  
We  
tain  
provi





# Danville Varsity Three Vermont Champs

Danville at Blue Mountain  
Williamstown at Danville  
Lake Region at Danville  
Blue Mountain at Danville  
Danville at Stowe  
Hazen Union at Danville  
Winooski at Danville  
Lake Region at Danville  
Danville at Richford  
Peoples at Danville  
BFA Fairfax at Danville  
Williamstown at Danville  
Stowe at Danville  
Danville at Hazen Union  
West Rutland at Danville  
Chelsea at Danville

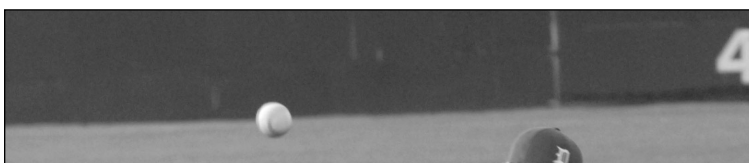
Photos By: Jim Ashley

After beating season rival Blue Mountain Union in the state championship game on Friday, June 9, the Danville School 2007 varsity baseball team returned from the University of Vermont Centennial Field as a three time state champion.

Above: Front Row: (L-R) Jordan White, Jesse Murray, Julian Kempton and Justin Chamberlin. Second Row: Assistant Coach Randall McGrath, Logan Calkins, Jared White, James Kiligowski, Nate Woods, Mike Riopel and Head Coach Dave Chamberlin. Rear: Richie Benoit, Chris Elliott, Pat Young, Danny Persons and Scorekeeper Paula Bystrzycki. After starting the season 1-3, including two losses to Blue Mountain, Coach Chamberlin turned to his captains and asked them to call a team meeting. "Ask them if they just want to go through the motions," he said, "or do what it takes."

Chamberlin says, "They regained their focus and won 11 of the next 14 games. Everyone on the team deserves credit for turning the season around. None of us will ever forget it."

**FINALS:** Blue Mountain



## *Dwindling Bird Populations Are Like Canary in the Coal Mine*

A new analysis by the National Audubon Society reveals that populations of some of America's most familiar birds have taken a nosedive over the past 40 years, with some down as much as 80 percent. The declines are attributed to loss of grasslands, healthy forests and wetlands and other critical habitats from environmental threats such as sprawl, energy development and the spread of industrialized agriculture.

The study shows these threats are compounded by the escalating effects of global warming. In combination, they paint a challenging picture for the future of many common species and send a serious warning about our increasing toll on local habitats and the environment itself.

"These are not rare or exotic birds we're talking about—these are birds that visit our feeders and congregate at lakes and seashores and yet they are disappearing day by day," says Audubon chairperson and former EPA administrator, Carol Browner. "Their decline tells us we have serious work to do, from protecting local habitats to addressing the huge threats from global warming."

Species on Audubon's list of 20 Common Birds in Decline have seen their populations plummet at least 54 percent since 1967. The following are among those hardest hit:

Northern bobwhite populations are down 82 percent and have largely vanished from northern parts of their range in Wisconsin, Michigan, New York

and New England due to loss of suitable habitat to development, agricultural expansion and plantation-style forestry practices.

Evening grosbeaks that range from mountains of the west to northern portions of the east coast show population declines of nearly 78 percent amid increasing habitat damage and loss from logging, mining, drilling and development.

Northern pintail populations in the continental U.S. are down nearly 78 percent due to expanding agricultural activity in their prairie pothole breeding grounds.

Greater scaup populations that breed in Alaska, but winter in the Great Lakes and along Atlantic to Pacific Coasts are being hard hit by global warming induced melting of permafrost and invasion of formerly-southern species; populations are down approximately 75 percent.

Eastern meadowlarks, down 71 percent, are declining as grasslands are lost to industrialized agricultural practices. Increased demand for biofuel crops threatens increased agricultural use of lands that are currently protected, making both Eastern and Western Meadowlarks even more vulnerable.

Common terns, which nest on islands and forage for fish near ocean coasts, lakes and rivers, are vulnerable to development, pollution and sea level rise from global warming. Populations have dropped as much as 70 percent, making the species' outlook increasingly dependent on targeted conservation efforts.

Whip-poor-wills, down 57 percent, are vulnerable to fragmentation and alteration of their forest habitat from development and poor forest management practices.

Little blue herons now number 150,000 in the U.S. and 110,000 in Mexico, down 54 percent in the U.S. Their decline is driven by wetland loss from development and degradation of water quality, which limits their food supply.

Overall, agricultural and development pressures have pushed grassland birds to some of the worst declines, followed closely by shrub, wetland and forest-dependent species.

"Direct habitat loss continues to be a leading cause for concern," says Audubon bird conservation director and analysis author, Greg Butcher, PhD. "But now we're seeing the added impact of large-scale environmental problems and policies."

Butcher says global warming is damaging some key habitats and speeding the spread of invasive species that spur further declines. Mounting demand for

corn-based fuels is expected to result in increased use of marginal farmland that currently serves as important habitat. The fate of species such as eastern meadowlarks and loggerhead shrikes could hinge on efforts to conserve these areas.

"People who care about the birds and about the human quality of life need to get involved in habitat protection at home, in pushing for better state and national protections and in making changes in their daily routines," Butcher says.

Public response will shape the long-term outlook for the listed species. Unlike Watch List birds, these Common Birds in Decline are not in immediate danger of extinction, despite global populations for some as low as 500,000, the threshold for a "common bird" designation.

Even birds with significantly higher overall populations are experiencing sharp declines, and with their populations down sharply, their ecological roles are going unfilled and their ultimate fate is uncertain. Audubon leaders hope the multiple threats to the birds people know will prompt individuals to take multiple actions, both locally and directed toward state and national policies.

## **Cabot School Wish to Class of 2007**

On June 15 members of Cabot School's senior class were honored by parents, friends and by William Voight, Cabot's valedictorian in 1994 and currently coach of The Vermont Frost Heaves, the 2007 championship basketball team of the American Basketball Association.

The crowd practiced Voight's instruction on The Wave and listened carefully to his urging the class to understand balancing sacrifices with following passion. "With determination."

accomplish everything but you will reach your goal."

After the presentation of scholarships and class awards, Teacher Helen Morrison introduced each student and described their plans and hopes for the future.

Plans for the graduates are as follows: Jill Ackermann, Travel; Sofia Belenky, Bard College; Sarah Borrelli, Cosmotology and Miss Vermont, USA competition;

Jeremiah Breer, Liberty

### **Stuart V. Corso, D.M.D.**

**GENERAL AND FAMILY DENTISTRY**

31 Mountain View Drive  
Danville, VT

**(802) 684-1133**

# Reliving a Magical Day

VIRGINIA DOWNS

I am writing this on June 12, the anniversary of a date a quarter of a century ago when my husband and I marched for peace in New York City. We were among 3,000 Vermonters led by the Bread & Puppet Theater.

It would be hard to match that overwhelming feeling of walking four miles up Fifth Avenue to Central Park, behind soaring signs expressing such pleas as "Fight Against the End of the World," "No War on Children" and "Give Peace a Chance." There were 750,000 Americans rallying to the cause of a nuclear arms freeze. It was the largest political demonstration in the history of the United States. As we passed sidewalk spectators, they shouted their approval. I recall looking upward and seeing businessmen leaning from their office windows, waving enthusiastically.

At Town Meeting in March of that year (It was 1982) citizens from 177 of 195 Vermont towns voted for a nuclear arms freeze. It was because of the hard work of peace coalition members in Vermont like Eleanor "Bonney" Simons of St. Johnsbury that the nuclear arms freeze vote passed overwhelmingly. "My job was to contact every town in Caledonia County to see that it was placed on the ballot," she recalls. Simons is familiar to many for her weekly appearance Friday afternoons in front of the St. Johnsbury Athenaeum with a devoted group representing the cause of peace.

There were unforgettable moments on that uptown march. One friendly policeman inquired, gazing at the sea of posters carried by the Green Mountain delegation, "Is anybody left in Vermont?" Another quipped, "Who's home milking the cows?" With Peter Schumann on skyscraper stilts leading his gigantic Bread & Puppet puppets, it was an unforgettable sight.

A little over a year later, on



*Peace activists meet every Friday. Emily Manchester, from Groton, honking horns by supportive passersby. "Bonney" Simons is wearing the same hat she wore in 1982, at the nuclear freeze parade. "Vermonters for a Nuclear Free*

July 9 of 1983, John and I were on our way to Moscow, he as a delegate from the Lawyers Alliance for Nuclear Arms Control and I as one of two wives who were part of our group meeting with the Association of Soviet Lawyers. Relations between the United States and Russia in the Cold War period were alarming. Seven American lawyers were on a mission to Moscow, hoping to help curb the nuclear arms race. They met annually for the next seven years in Moscow and Washington, seeking solutions to arms problems that threatened world peace.



Photo By: North Star Monthly

*Jeremy White teaches high school history at the Danville School. One of his most popular classes is Current U.S. and Global Events, in which, he says, Iraq and Afghanistan are regular topics. White says, "I wanted the kids to be in touch with the war and its cost in human terms and not to forget the soldiers. I wanted them to understand the order of its magnitude." Students in White's class have cut ribbons representing the American lost lives and on another wall the American wounded.*

*The ribbons were installed in the corridor outside of the school library. Using data published by the New York Times and CNN the total is updated each day. White says, "When we started we spent three whole days getting caught up, and we will keep updating the total for as long as we have to." Above, Danville Students Samantha Ewen and Jenna Welch join Teacher Jeremy White in the daily update.*

## Peace Is No Bombs or Guns

I picture peace as people at home and not at war. Everyone will not get shot or killed. I like peace because my teacher's brother is in the war. I want everybody to live in peace. Why are people in war anyway? I picture happy mothers and children and their fathers have come home to safety. I wish there are no wars from this day on.

Peace is no bombs or guns. Peace is also freedom and happiness. If there were no wars and everybody is happy and free ... that is peace.

Peace is black and white made as one. When black and white are made as one and wars are stopped that is peace for you and me.

*"Your Clear Choice in Auto Glass"*

## Windshield W

*"We Come to You"*

- FREE COURTESY CAR OR MOBIL
- INSURANCE APPROVED FOR DIR
- WRITTEN WARRANTY
- ORIGINAL EQUIPMENT SAFETY C
- LOCALLY OWNED & OPERATED

**BARRE 479-0666**  
**HARDWICK 472-5554**  
**WHITE RIVER JCT. 295-9903**  
**NEWPORT 334-1348**  
**GORHAM, NH 752-1414**



## No Small Potatoes

Vanna Guldenschuh

There is no better argument for local foods than the strawberry. You need only to bite into a juicy locally grown berry to wonder what you were eating all winter disguised as berries. Those monsters from California that looked like a strawberry were a distant relative of what is available in Vermont this time of year. The juice flows from local berries, and the taste is indescribable. They don't last long so enjoy the bounty and make sure they are part of your Fourth of July celebration.

Make one of the following desserts or just serve the berries over homemade ice cream and you will be the hero that day. Using blueberries for a garnish adds a patriotic touch.

### Handling Fresh Berries:

Preparing strawberries or any other berry, for that matter, is a simple task. The less you do to them the better. Wash them with care. They are a fragile fruit. The most fragrant and juicy berries

require only cutting into a bowl and a sprinkling of sugar on the top. You will have to judge how much sugar to use. The sweetness and water content of all berries vary according to weather and geographical factors. Better to use too little sugar and have to add extra than to have an over sweetened mix. If you want thicker sauce, I recommend taking a cup or two of berries with a small amount of sugar and blending the mix in a food processor or blender. Add this to the cut and sugared berries. Always save a few whole berries to top the finished product.

### Double Berry Mousse in Filo Cups with White Chocolate Sauce

This mousse contains no eggs and is made with gelatin. It is a simple dessert made elegant with the addition of a white chocolate sauce and a filo pastry cup. It all

works together to create a beautiful taste treat for the Fourth of July.

This dessert seems a little complicated, but you can make the mousse, sauce and pastry cups ahead of time and put it all together right before service. Your audience will be amazed at how effortlessly you put together this masterpiece.

### Mousse:

- 1 quart strawberries - washed, hulled and cut
- 1 pint strawberries - left whole with tops removed and
- 1 pint blueberries - washed
- 2 cups heavy cream
- 2 packs unflavored gelatin
- 2 cups sugar

Sprinkle the gelatin over one half cup of water or fruit juice to soften. Mix the cut strawberries with 1 1/4 cups of the sugar in a medium sized saucepan and cook until the sugar is dissolved. Add the softened gelatin and cook gently until the gelatin is dissolved. Remove from the heat and set aside to cool. Mix half of the blueberries together with 1/4 cup of sugar. Whip the cream until it forms soft peaks. Gently fold the raw blueberries and the cooled (make sure they are fully cooled)

cooked berries into the cream and refrigerate for 3-4 hours in a covered bowl. You can do this a day ahead.

### White Chocolate Sauce:

- 12 ounces good white chocolate (Calebaut or Lindt) - chopped or you can use chips
- 2 cups heavy cream

Boil the cream in a large saucepan for about 5 minutes. Be careful not to let it boil over - it has a tendency to do just that. Pour the hot cream over the chopped white chocolate and stir until smooth. Let this mix cool. You can put it in the refrigerator for a few days. Just bring it to room temperature before you use it.

### Filo Pastry Cups:

- 12 sheets filo dough (in the freezer case at most groceries)
- 1 stick melted butter
- 1/2 cup pecans - finely chopped
- 1/2 cup sugar

Thaw the filo dough in the refrigerator overnight leaving it in its own box. Leave it in the box at room temperature for about an



# Turning Food Waste into Soil

## COMPOST

The Northeast Kingdom Waste Management District will be collecting food waste for composting starting May 5th at the Depot in Lyndonville.

Food collection will take place on Wednesdays & Saturdays only.

**NO**  
**PUT THESE INTO THE TRASH:**

### Paper products, including:

- ✓ sugar and flour bags
- ✓ waxed milk and juice containers
- ✓ soiled cardboard
- ✓ sugar and sweetener packets

### Plastics, including:



crisp and browned. When the pastry barely cools, gently pry the 'cups' out of their cooking containers and let cool on a tray.

**Assembly:**

- Cocoa for dusting
- Whole fresh fruit for garnish

Place the pastry cup on a good-sized dessert plate. Fill with the berry mousse and drizzle the white chocolate sauce on top. Top with fresh fruit (blueberries and strawberries) and sprinkle with a light dusting of cocoa.

**Red, White and Blue Tart**

We can't get enough of the old red, white and blue on the Fourth. This is a great way to incorporate these colors into your holiday – and get to eat it too.

**Shortbread Crust**

- 2 cups flour
- 1 heaping tablespoon cornstarch
- ½ cup sugar
- ½ lb butter - softened

In a mixing bowl blend the flour, cornstarch and sugar well. Cut in the butter with an electric mixer or by hand with a pastry cutter. Knead the dough by hand just until it all comes together in a ball. You can add a little extra flour if it seems too soft or you can add a little extra butter if it will not come together easily. The dough should be workable, but not greasy. Make sure you use butter and not a substitute.

Line a 9" tart pan or spring form pan with the dough by pressing it into the pan with your fingers. The dough should come up on the sides about 1 inch high.

Bake in a 350° oven for about 15 minutes.

**Make the filling:**

- 3 eggs
- ½ cup sugar
- 2 tablespoons flour
- ½ teaspoons lemon zest
- ¼ cup fresh squeezed lemon juice
- ¼ teaspoon baking powder

While the crust is cooking beat the eggs. Add the sugar, flour, lemon zest, lemon juice and baking powder. Beat the mix for about 2-3 minutes until it is thick.

Take the crust out of the oven and pour the mix into it. Put the tart back in the oven and cook for about 20 minutes more or until the center is just set.

After the tart has cooled take the sides of the pan away (this is why you have to use a tart pan or a spring form pan) and sprinkle with confectioners sugar. Set aside.

**Prepare the berries:**

- 1 quart strawberries
- ½ cup currant jelly
- 1 pint blueberries

Cut the tops off a quart of strawberries so they have a flat top surface. Put them cut side down in concentric circles on the top of the tart. Paint the strawberries with melted (not hot) currant jelly. This step makes the berries shiny and keeps them fresh. Pour the blueberries over the tart so they fill in among the strawberries. Cut the tart in long thin triangles (like pie slices.)

Serve with whipped cream.



**Ask the Shrinks**  
Alice S. Kitchel and Burton Zahler



Dear Shrinks,

My sister, 46-years old, has been married for 22-years. She has three wonderful children. She has recently gone into treatment for depression. I am scared and upset for her. After a while when I visit her she mentions that she has been very, very bad and the depression is a punishment for her sins.

Our whole life we have been very, very close. I think she has been an exceptionally good person. When I ask her what she has done that is so bad she cries louder and shakes her head. I tell her how good she's been but it doesn't seem to help.

What does sin and feeling bad have to do with depression? Is there anything that I can do for her?

Worried Sister

are surely not experts on the subject of sin, but we can give you two psychotherapists' perspectives on it. Almost all people have the conviction that they are sinners. By this we mean that from childhood on we all have thoughts, wishes and feelings which are prohibited, and, of course, we have all done things we should not have done.

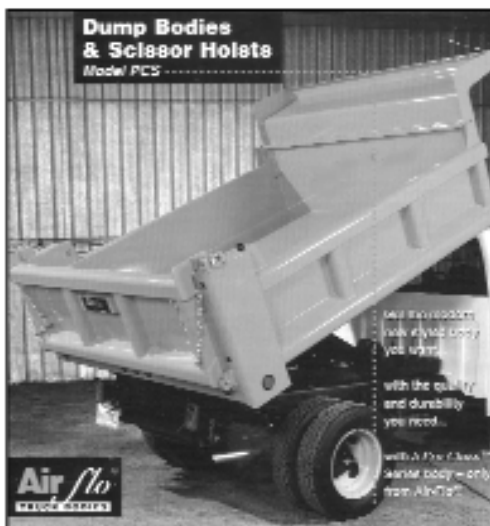
When people are depressed, one of the psychological manifestations is that they focus on all the bad things they think about themselves. The diagnostic description in the *Diagnostic and Statistical Manual of Mental Disorders published by the American Psychiatric Association, 1994* actually mentions "feelings of worthlessness" and "excessive or inappropriate guilt." While the depression is at its worst, those thoughts seem to be the only reality.

From another perspective, when someone feels terrible, he or she wants there to be a ration-

Dear Sister,

We need to back up a little to answer your first question. We

**DUMP**



**Downea Dump**

modern woodmen of america

Offering fraternal financial

# Peacham Community Housing An Oasis of Generosity

SANDY RAYNOR

Our founding fathers had it right. There is life, liberty and the pursuit of happiness. Most would agree all three of these concepts are evident in owning a home with a bit of land around it. Whether it's on a dirt road, tucked away in the woods or sitting in an open field with views of rolling hills, we appreciate a refuge to return to and pursuing the freedoms of doing what we want in or around our home-  
stead.

Yet a growing number of adults are excluded from owning their own place as the costs of the real estate market climb higher, outstripping the ability of buyers to afford most mortgages. Middle class folks are squeezed out of the market for housing, unless they find a "fixer-upper," which may become a nightmare

of expenses to repair, upgrade or add on to. Even for those who bought homes before prices soared higher, the property taxes and costs of insurance have grown at such a rapid rate, many homeowners can't meet the expenses without sacrifices in other activities of their lives.

There was a vision in one small town in our region. There, too, was the idea to offer affordable housing more than 25-years ago. This makes the likes of Peacham unusual, among countless other small towns in Vermont. Peacham had four empty buildings situated in the heart of the village and an energetic group of residents motivated to convert the structures into apartments, or at least to convert two of them. Their idea was to offer a quality of living to those not fortunate enough to afford a country home. The goal was to



*Shirley Downs (left) and Jean Berwick live in one of the buildings for School. This, the one-time Science Building and Kennerson Hall, the welcome community and neighborhood in the village of Peacham which is sought out by photographers from all over the world.*

offer well-built and well-maintained dwellings, where monthly rents were geared to a person's income.

Peacham is about a 20-minute drive to the main artery of commerce, St. Johnsbury. The town has mostly pre-1900 structures and vast views, and the village has become a "destination" for travelers from afar, a place where two major movies were filmed. Yet it has no other amenities but a church, post office, library, crafts shop and a Bed & Breakfast, which also sells an eclectic assortment of goods.

Peacham has several working farms, hinting at the quality of farming over a hundred years ago, at a time when rural Vermont was a Mecca for dairy. But the overall impression of

Peacham is up-scale; luxury homes with many more acres surrounding them than a human could possibly use. When it became a magnet for the wealthy, who either own "summer places" or a retirement Eden far from the madding crowd, is anyone's guess.

So the irony of offering modestly-priced rentals within the heart of the town seemed a bit odd. But there was a prestigious school founded in 1795 called Caledonia County Grammar School, later known as Peacham Academy. Generation after generation attended this school. In the 1940's the enrollment dropped drastically, but in the 1950's it recovered and dormitories were added.

Then in 1971 under the weight of increasing state regu-

## Beautiful dresses, sweaters, pants and other goodies for your American Girl Dolls

Stop by or call for  
appointment to view  
these lovely items.



**High Meadows of Vermont**  
P.O. Box 47  
246 Peacham Road  
Danville, VT  
(802) 684-2153



## The Old Crow Craft Farm

## Walden Holds 8th Grade Graduation

BETTY HATCH

Walden School graduated 16 students Friday, June 7. To "Pomp and Circumstance," the graduates were ushered into the multi-purpose room by Samantha Patoine, Justin Fontaine, Danielle Prevost and Matt Bissell.

The annual Community Service Award was presented to William and Roberta Hammond by William Half. Since moving to Vermont from California the Hammonds have been interested in Walden students and for the last several years they have mentored eighth graders. Their names were added to a plaque, which hangs in the lobby.

Principal Martha Dubuque read several sections from the book, *Awful Ogre's Awful Day*, chosen by the graduates. As she read she personalized the plot by adding students' names to the story.

A slide show of pictures of each of the graduates highlighted earlier years at the school.

Amber Menard spoke about families in their homes and described how the class joined as a family at school. Brendan Greaves spoke about special qualities of each of the 8th Graders. Danielle Caputo described experiences from their school years.

Teachers presented individual Student Celebrations includ-

ing amusing stories of the school years. Each student received a carnation to be presented to someone who had made a difference in his or her life. Melissa Piscitelli spoke about Brendan Greaves, Alden Smith, Emily Foster and Danielle Caputo. Heidi Moore recalled Ivan Celley with photographs in a Power Point presentation. Travis Hill told stories about Robert Southworth, Trevor Banister, Michael Judkins, Zachary Stacey and Zachary Patoine. Tammy Russell recalled working with Taylor Bowen. Kevin Colosa described the years with Matthew Szymanik, Michael Richardson Jr. and Came Harvey.



Walden School 2007 Graduates: Taylor Bowen, Amber Menard, C Middle Row: Michael Judkins, M Michele L'Esperance, Zachary P Trevor Banister, Ivan Celley, Rob and Michael Richardson Jr.

There were many funny stories told.

Student Awards were presented by Mrs. Dubuque as follows: President's Academic Award in math to Trevor Banister, Carrie Harvey, Michael Judkins and Zachary Patoine; President's Academic Award in reading to Amber Menard. President's Academic Award in both math and reading to Matthew Szymanik; Outstanding Academic Achievement Award to Taylor Bowen; Principal's Award for academic success, leadership and community service to Danielle Caputo; Nature Trail Restorer Award to Ivan Celley; Youth Advocate Award to Emily Foster; Young Firefighter Award to Brendan

## Peacham Community Housing

(Continued from Page 30)

Academy), and she became acquainted with the various renters who called the former school structures their home. After seven years, Peacham Associates decided it was time to sell the property. A Massachusetts investment corporation began serious investigation into building a 50-unit condominium project. There was strong opposition. That's when a group of concerned villagers got together and talked of creating a non-profit board which, with the assistance of Burlington's Housing Vermont, purchased all of the rental units to keep them available as "senior housing."

Peacham Community Housing was formed in 1992, after a survey of townspeople showed support for offering the existing apartments to elderly folks on limited incomes. "Many of these folks grew up here, care about Peacham and they can continue living here even if their circumstances change," says Jean Dedam, one of the original board members.

expires. Current board president of five years, Harry Barnes, explains the Northern Community Management Corporation (NCMC) based in St. Johnsbury takes care of the operational aspects in every regard. "We have the responsibility without the authority," says Barnes, as the six board members continue to address how it can manage a "working relationship" with NCMC while addressing some problems between renters and management.

Jean Berwick was one of the original tenants 25-years ago. She still lives at Peacham Housing at the "Old Science Building." She has watched a lot of neighbors move in, then relocate elsewhere. Berwick tells stories of how in the past tenants got together over cook-outs, games and brandy. "Our doors were always open," she says,

adding how everyone got along well with each other and was willing to talk things over, when disagreements arose. When Gilman Housing was manager of the building, "They were responsive to any issue, and the upkeep was well maintained."

Times change, and Berwick says, "It's not the same," yet the apartments are a welcomed home for the tenants. There are clotheslines and freshly washed laundry outside to catch the sunlight and fresh air and vegetable garden boxes with tender plants growing in the dark soil. The view is amazing from the knoll these buildings were created on, and traffic is light throughout the daytime. A dog barks at a distant home, birds sing in the trees circling the apartments, and lawn chairs are parked on the large lawn. There is nothing quite like it for hundreds of miles around.



### OLD FRIENDS SHOP

UNIQUE SUMMER CLOTHING

## Perennial Ple Nursery & Tea C

Since 1980

Perennials, Herbs,  
Specializing in F

Treat yourself and yo  
in a beautiful display

Fresh baked scones

Teas served 12 - 4 p.m.

See our plant list at ww

# Winning Is Such a Small Part of Competing

JEFFREY PAQUET

This is a story about sports, but it is more about life and what we hope for in all children. On a weekend in June the Northeast Sparks hosted its first annual invitational AAU (that's Amateur Athletic Union) Basketball Tournament. Boys and girls in various age groups from around Vermont and New Hampshire competed against each other. They were organized in brackets, and each team played four games. The team with the best record won the bracket.

I am a parent of a child on the girls 12-and-under Northeast Sparks team. This team is a combination of committed young ladies from Hardwick and Danville. They are coached by two men; Tim Whitney from Hardwick and Jeff Zangla from Danville. The parents all think highly of these coaches because they focus on the good things about competition; being your best, good sportsmanship, teamwork and working hard. They are low key. They never complain

about the referees, never yell at the girls, and they focus on developing these young women as athletes physically and mentally.

The team began three years ago as a young team. The players had heart, but they were small and inexperienced. AAU basketball is competitive. Teams are playing against opponents who have made a decision to become good at the sport. You are playing the best of the best.

The first year for the Sparks was a building year, and there wasn't a lot of winning. The second year the team had improved skills and much improved teamwork. The Sparks won games and a tournament.

This year they have really blossomed and become leaders in their age group. They are one of the teams to beat if you are going to call yourselves champions in Vermont AAU.

This year our organization sponsored the tournament, which was played in Hardwick, Danville and St. Johnsbury. Approximately



Rear (L-R): Jeff Zangla (assistant coach), Jessica Brown, Erika Pastula, Emily Leclerc and Tim Whitney (coach). Front: Makayla Elliott, Alyssa Zangla and Melanie Pastula.

300 young basketball players on some 30 teams participated. The Sparks 12-and-under girls played exceptionally well and were able to win 3 hard fought games. They were looking ahead to winning the fourth game and clinch the top rung in their bracket. The final team they were to play was a very young and small team. They were a group of scrappy young ladies from the Fairlee and Orford area, the Upper Valley Green Streaks.

Prior to the game as the teams warmed up it was clear that it was going to be a mismatch. Our team was bigger, and the other team had won only a single game in their entire season.

Coach Tim Whitney made a decision early that his girls were going to play to win but win with grace. He started his developing players against the Green Streaks.

The Upper Valley Green Streaks scored first and demonstrated they were ready to play basketball. The Green Streaks were not going to let the Sparks walk away with an easy win. They were determined, they didn't get discouraged, and they gave 100% through the whole game.


The Northeast Sparks coaches rotated their girls into the game putting them in positions they hadn't normally played to make it more challenging for them. When the



**High Beams**  
CUSTOM BRASS & COPPER LIGHTING  
**Lighting Showroom**  
**802.467.3943**

We make wall lights, ceiling lights, table & standing lamps and outdoor lighting. Custom shades and a large selection of glass shades. We rewire, restore, polish, patina and do lighting decorating & consulting. Residential or commercial.

See us by appointment or by chance.  
2 miles north of West Burke off Route 5, Sutton, VT  
[www.highbeams.com](http://www.highbeams.com)



**Joe's Pond Craft Shop**  
"... traditional crafts in an historic barn setting"  
Tues - Sat: 9:30 a.m. - 6:00 p.m.  
Sun: 9:30 a.m. - 1 p.m.  
Closed Mondays (802) 684-2192  
Quilts, Pottery, Rag Rugs, Hooked Rugs, Wood-turned Bowls and So Much More.  
**Rt. 2 & 15, West Danville, VT**  
See [www.joespondcrafts.com](http://www.joespondcrafts.com) for more information



# Come to the Table

Denise Brown



“Until you have eaten shortcake made with wild strawberries,” proclaim the editors of Green Mountain Studio’s *A Vermont Cook Book*, first edition published in 1943, “you have missed the treat of your life.”

Probably few of us have the opportunity to gather wild berries these days, and as accustomed as we are to eating what comes washed and weighed and wrapped in plastic, the pleasure of picking sun-ripened fruit off an uncultivated vine might well be mixed with apprehension.

**The unsweetened crumb of the biscuit against the deliciously ripened berries - a gustatory yin and yang if there ever was one.**

We won’t dwell on the book’s suggestion that the berries not be washed. Even so, we shouldn’t let our modern refinement stop us from indulging in an old fashioned delicacy: shortcake with fresh berries and sweetened cream.

Along with a recipe entitled “To Preserve a Husband,” which suggests tender handling and the judicious application of spices but absolutely no pepper or vinegar, *A Vermont Cook Book* provides an illustrative comment on just what makes for the very best shortcakes. “Many good old Vermont cooks consider it nothing less than heresy to use anything for the shortcake except baking powder biscuit,” the recipe states, insisting that sponge or other cakes are unacceptable.

floured board, knead gently, divide the dough in half, and roll into two squares. Brush one with butter and place the second on top. Bake in a “quick” preheated oven set at 450° for about 20 minutes.

Other older cookbooks advise rolling the dough into as many as four layers to make for light, delicate shortcakes that split readily for easy filling. The berries are sliced or smashed, tossed with sugar and allowed to stand for an hour before serving. Strawberries are most frequently mentioned, but red- or black-raspberries as well as blackberries are reason to prepare tempting variations.

Now about the cream: there is some debate. Should it be whipped, poured on top or forgone entirely? An unadorned shortcake, just berries and the split biscuit, slathered first with butter, seems to be the most authentic version. Certainly, it would be “heresy” to use that derivative foam that spurts out of nozzle of a pressurized can.

Try simply beating a pint of whipping cream into quite soft peaks with one-third cup of confectioner’s sugar and two teaspoons of vanilla. A healthy dollop of the real thing, not beaten into firm submission but still soft and nearly pourable, set on top of the berries or between the layers will elevate the shortcake to dessert nirvana.

Speaking of which, over the last couple of months, my first-

born daughter has been refining a recipe that is sure to be the end of me, sort of a strawberry shortcake gone wild.

It takes most of a long afternoon to concoct. First, my daughter macerates a mixture of fresh and frozen berries, depending on what’s available in the produce aisle, with sugar. Then she bakes three layers of a delectable cake, something of a cross between butter and sponge. While the oven’s going, she strains the berries, sets them aside, and simmers down their sweet juices to a thick, delectable syrup.

And then there’s the frosting, which starts out conventionally enough with powdered sugar, but is enriched with heavy cream whipped until firm, part of a package of instant pudding, untold teaspoons of vanilla, and a block of cream cheese.

Next comes assembly – that is, if you can resist devouring the bulk of the frosting on its own. Each layer is moistened with syrup, then covered with creamy frosting and berries. After smoothing the rest of the frosting over the cake, she sprinkles white chocolate shavings over the top and sides.

I’ve resorted to guilt to have her prepare this treat and forgone successive meals in order to indulge in one piece after another. It’s no minor heartache when the last crumb is consumed.

There’s a chance that once my daughter is satisfied with the recipe and shares it with me, I’ll spend the better part of four hours baking and simmering and whipping and sprinkling. But during berry season, late and fleeting as it is here in northern New England,

I’m all for shortcuts, even where shortcake is concerned.

## Strawberries Romanoff

We have Auguste Escoffier to thank for combining marinated strawberries with cream, and a Los Angeles restaurateur named Mike Romanoff for adding softened ice cream. This recipe is based on one found in David Rosengarten’s *It’s All American Food*. If you crave the traditional treat, try serving this with a slice of purchased pound cake.

- 1 pint strawberries, washed, hulled, and sliced
- 1/3 cup sugar, more or less to taste
- 1/3 cup Cointreau or other orange flavored liqueur
- 1 cup whipping cream
- 2 to 4 Tablespoons confectioner’s sugar, optional
- 1 teaspoon vanilla, optional
- 1 cup best quality vanilla ice cream, softened

Toss the berries with the sugar and liqueur. Cover and allow to macerate in the refrigerator about an hour.

When ready to serve, place the cream in the bowl of a mixer. Add the confectioner’s sugar and vanilla if desired and whip until soft peaks form. (The confectioner’s sugar is a variation, and simply stabilizes and slightly sweetens the cream. Vanilla adds depth.)

Reserve a few berries to top

## MICHAEL K. WALSH & SON, Builders

*New Construction ♦ Remodeling ♦ Renovations  
Finish Work ♦ Decks ♦ Wallpapering ♦ etc.*

♦ **Call Now for Summer Projects**

*Solid reputation of quality workmanship,  
reasonable rates and dependability*



Over 25 years of experience (802) 684-3977 Danville, VT

## Danville United M

“The biggest little c

**I cannot change  
I can only make  
and work with h**

**Rev. Henry E. Cheney**

684-3389 office

**Need a ride?**

# BUSINESS DIRECTORY

Business Identification at a Reasonable Price \$75.00/year Price Includes Free Search

## Accountants

**Kenneth M. Biathrow, CPA**  
Tax preparation services -Personal, business, estate. Accounting services, financial statements review and compilation. P.O. Box 528, 364 Railroad St., St. Johnsbury, VT 05819. (802) 748-2200.

**McCormick & Company P.C.**  
Dwight E. Lakey, CPA; Robin C. Gauthier, CPA. 1360 Main Street, St. Johnsbury, VT 05819-2285. (802) 748-4914. (800) 516-CPAS.

**A.M. Peisch & Company LLC**  
A 5 office Vermont based accounting firm specializing in individual and business tax services, financial and retirement planning, accounting, auditing and estate planning. We provide technology services including network security, operational reviews and accounting support. 1020 Memorial Drive, St. Johnsbury, VT. 05819. (802) 748-5654.

## Alternative Health & Wellness

**Classical Homeopathy**  
**Ann Lemon, Dip. Hom. Med.**  
A natural healing process, providing remedies to assist the individual to regain health. For more information on homeopathy or to make an appointment call (802) 274-2350.

## Antiques

**Saranac Street Antiques**  
We feature a very large selection of fine antique furniture. Also quality area dealers specializing in primitives, White Mountain art, tools, country pieces and exceptional glass and china. Consider us a "must see" on your antiquing list. Open every day at 10 a.m. for your shopping convenience. 111 Saranac Street, Littleton, NH 03561. (603) 444-4888.

## Appliance Repair

**Lewis Appliance**  
Factory Authorized Service and Repair for Maytag, JennAir, Asko, Viking, Bosch, Sub-Zero and Frigidaire. Wayne Lewis, Waterford, VT. (802) 748-6561.

## Attorneys

**Law Office of Charles D. Hickey, PLC**  
General Practice of Law. 69 Winter St., PO Box 127, St. Johnsbury, VT 05819-0127. (802) 748-3919.

**Law Offices of Jay C. Abramson**  
Estate Planning, Long-Term Care Planning, Wills, Trusts, Real Estate.

## Mark's Automotive

Foreign and domestic repairs. Cooper, Hankook and Remington tires. Brakes, exhaust, oil change, VT State inspection, computer wheel balancing and computer diagnostics. ASE certified. Mark Jefferson, West Barnet Road, Barnet Center, VT. (802) 633-3863.

## Wes Ward Automotive Repair and Tire Center

Comprehensive automobile repair for domestic and foreign vehicles, RV's and school buses. ASE certified. 1193 Portland Street, St. Johnsbury, VT 05819. (802) 748-3636.

## Books

**Kingdom Books**  
Northern New England's poetry, mystery and fine press bookshop. KingdomBks@aol.com and (802) 748-5488. See our reviews at www.KingdomBks.com Call for an appointment. Beth & Dave Kanell.

**Lyders Fine Books**  
Buying and selling 19th and 20th century first editions in fine condition. rlyders@pivot.net (802) 592-3086. Josette & Richard Lyders, P.O. Box 250, Peacham, VT 05862.

## Secondhand Prose

Purveyor of quality used books. Operated by Friends of the St. Johnsbury Athenaeum. Open:10-2 Tues., Thurs. and Sat. and 4-8 on Wed. 1222 Main Street, St. Johnsbury, VT 05819.

## Bricklayer

**C.T. Cushman Masonry**  
Chimneys, Fireplaces, Patios, Stonewalls, Slate & Flagstone Walkways, Steps, Chimney and Foundation Repairs, Brick & Stone Veneer. 35 Years Experience. Chimney Cleaning. (802) 748-2221.

## Cabinetry

**Calendar Brook Cabinetry**  
Since 1979 - Custom Kitchen Cabinetry, Bathroom Vanities, Entertainment Centers, Tables, Doors, Architectural Millwork and Mouldings, Hardwoods and Hardwood Plywoods, Hardwood Flooring, Stone and Solid Surface and Laminate Tops. David Patoine, Master Craftsman. 4863 Memorial Drive, St. Johnsbury, VT 05819. (802) 748-5658.

## Cabins & Campgrounds

**Harvey's Lake Cabins and Campground**  
May 15-Oct 15. Lakefront furnished cabins set in wooded private 53-site campground. Large private campsites with W ES suitable for tents

## Computers

**Northeast Computer Systems**  
Home & Business Computer Systems. Networking, Hardware, Service, Support and Software. 37 Depot Street, PO Box 1059, Lyndonville, VT 05851. (802) 626-1050. FAX (802) 626-5012. www.necomp.com

**Yankee Electronic Solutions**  
Est. 1989 by professionally trained master tech. Fast and affordable in-shop or on-site PC diagnosis and repair. Upgrades and custom built systems. 623 Concord Avenue, St. Johnsbury, VT 05819. (802) 748-4544. yes@kingcon.com

**wyBatap Personal Technology Assistant**  
On your schedule in your home/business. (Days - Evenings -Weekends) Desktop and Laptop Computers - Setup, Networking,Wireless, QuickBooks,"How To," AntiVirus, Spyware, Data Recovery and more... Bob Roos, Barnet VT. (802) 633-4395 PersTech@wybatap.com

## Construction

**Armstrong Masonry**  
Masonry Construction & Repair. Brick, Stone, Block. Fireplaces, Chimneys, Veneer, Patios, Walkways. Ken Armstrong. (802) 626-8495.

**C&C Bunnell Excavating**  
Excavation, Site Work, Septic Systems, Bulldozing, Roads, Ponds and Trucking Sand, Topsoil, Gravel & Stone Deliveries. Calvin Bunnell, Joe's Brook Rd., Barnet, VT 05821. (802) 633-3413.

**Calkins Rock Products, Inc.**  
Sale of Sand, Gravel and All Sizes of Ledge Products. Portable Crushing. Route 5, PO Box 82, Lyndonville, VT 05851. (802) 626-5636.

**Gil's Construction**  
Foundations & Floors. New Rapid Forms. Free Estimates. Gilman LaCourse. (802) 748-9476.

**William Graves Builders**  
Working throughout Caledonia County for 30 years, serving as a building and renovation contractor for residences, barns, businesses and public facilities. We also offer project management services. We appreciate your calls and interest. PO Box 128, 329 Cloud Brook Road, Barnet, VT 05821. (802) 633-2579 FAX (802) 633-4631. gravesbuild@kingcon.com

**Kingdom Timber Frames of Vermont**  
Post & Beam Frames from the Northeast Kingdom. Constructing new, recycled and hand-hewn timber

## Vermont Home Specialties

Builder and dealer of Real Log Homes, Timber Peg Post & Beam. Also offering Plain & Fancy and Medallion Cabinetry, lighting, furniture and gifts for the home. 1513 Rt. 2, West Danville, VT. Call (802) 684-1024 or (800) 896-4920. www.vthomespecialties.com

## Michael K. Walsh & Son, Builders

Custom new construction: Houses, decks, remodeling, renovations, restorations, additions, finish work, wallpapering. High quality workmanship for over 30 years. Solid reputation. 349 Calkins Camp Rd., Danville, VT 05828. (802) 684-3977.

## Counseling

**Deborah Goldberg, M.Ed.**  
Licensed Psychologist-Master. Private psychology practice working with school-age children, teens and adults, including but not limited to: stress management and relaxation, depression, anxiety, trauma, self-esteem issues and people coping with chronic conditions such as fibromyalgia and cancer. Most insurances accepted. (802) 748-3711.

## Custom Work

**Michael J. Southworth & Sons**  
Light Trucking, Landscaping, Lawn Care, Bush Hogging, Rototilling, Snowplowing, Bark Mulch and Driveways. 324 Cahoon Farm Road, West Danville, VT 05873. (802) 563-2162 or (pager) (802)742-3362.

## Dentists

**Ronald E. Ducham, D.D.S.**  
Family dentistry. 501 Portland St., St. Johnsbury, VT 05819. (802) 748-4727. New patients welcome.

**Hawkins Dental Group**  
Hubert Hawkins, DDS. Complete Family Dentistry. New patients welcomed. 1350 Main Street, St. Johnsbury, VT 05819. (802) 748-2325. (800) 870-4963.

**Peter M. Ollman, D.M.D.**  
(802) 748-8701. Pediatric Dentistry - since 1977. 576 Railroad St., St. Johnsbury, VT. A team of talented and caring pediatric professionals offering: \*a warm, compassionate, fun environment for infants, children and teens; \*specialized early prevention for infants and toddlers; \*unique children's restorative and preventive dentistry, using our special skills and materials. We offer white and rainbow fillings, athletic mouthguards, and accept most insurance and VT/NH Medicaid programs.

**Stuart V. Corso, D.M.D.**  
General and family dentistry. 31

# BUSINESS DIRECTORY

Business Identification at a Reasonable Price \$75.00/ year Price Includes Free Su

## Hair Care

**Country Styles Family Hair Care**  
Janet L. Carson. Located at the K.P. Hall on the top of Hill Street, Danville, VT 05828. Follow the handicapped accessible ramp. Home service available to shut-ins. (802) 684-2152.

## Hall Rental

**VFW Hall Rental**  
Easily accessible facility with adequate parking for all your function needs. Kitchen/bar on premises. For information call Stacey (802) 748-9065.

## Health Care Providers

**Danville Health Center**  
General Health Services for all ages. Open M-F. Mariel Hess, N.P.; Tim Tanner, M.D.; and Sharon Fine, M.D. 26 Cedar Lane, Danville, VT 05828. (802) 684-2275. (800) 489-2275 (VT).

**Concord Health Center**  
General Health Services for all ages. Open M-F. Sarah Berrian, M.D.; Mary Ready, M.D.; Susan Taney, N.P.; and Donna Ransmeier. 201 E. Main Street, Concord, VT. (802) 695-2512.

**Hardwick Chiropractic**  
BioGeometric Integration is gentle, effective chiropractic that allows your system to heal and to become increasingly adept at correcting itself. Dr. Grace Johnstone and Dr. Rick Eschholz. 54 School Circle, East Hardwick, VT. (802) 472-3033.

**Linda Sayers, Reiki Master**  
Reiki is an ancient, hands-on healing art, which supports the body's ability to heal itself. Reiki promotes deep relaxation and helps release physical and emotional blockages. Linda Sayers, Reiki Master Teacher and Lightwork Practitioner. 63 Norway Road, Greensboro Bend, VT 05842. (802) 533-2378.

**Lyndonville Family Chiropractic**  
Contributing to the health of the community for over 17 years. Offering a holistic approach to healthcare utilizing chiropractic, acupuncture, nutrition and massage therapy. Karson Clark, D.C.; Stacey Clark, D.C. 11 Hill Street, Lyndonville, VT 05851. (802) 626-5866.

**Dan Wyand, PT & Associates**  
Rehabilitation of Sports Injuries, Orthopedics and Neuromuscular Disorders. Sherman Dr., P.O. Box 68, St. Johnsbury, VT 05819. (802) 748-3722/1932. Lyndon, VT. (802) 745-1106.

**Thousand Hands Massage Therapy**

## Berwick Agency, Inc.

Providing insurance for home, farm, automobile and business. Est. in 1955. Licensed in NH & VT. Jeff Berwick. Located at 185 Church Street, Peacham. Mail: PO Box 272, Peacham, VT 05862. (802) 592-3234 or (802) 592-3956.

## Investments

**Investment Watch**  
Portfolio analysis and strategy; tax assistance. Rachel Siegel, CFA. (802) 633-3977. rsiegel@together.net

## Jewelry

**Old Coins & Jewelry Shop**  
BUYING: Silver and Gold Coins, Mint Sets, Scrap Gold and Silver, Wheat Cents, Coin Collections, Diamond and Gold Jewelry. SELLING: Collector Coins and Sport Cards and Supplies, New and Estate Jewelry, Body Jewelry, Magic and Pokemon and Yu-Gi-Oh Cards. 10 Eastern Avenue, St. Johnsbury, VT. (802) 748-9174.

**On the Hill - Kennedy's**  
Full Service. Buy & Sell, New & Used. Jewelry repairs on site. Watch repairs available. Sell or trade your old gold and jewelry for something new. Daily 9-5. Saturday until noon. 1244 Main Street, St. Johnsbury, VT. (802) 748-4367 or (800) 407-4367.

## Lawn Care & Landscaping

**LND Landscaping**  
Excavating - Hauling - Brush hog - Tilling - Driveways - Lawnmowing - Walkways - Stonewalls - Steps - Fencing - Cleanup - Planting - Snow Plowing - Sanding and More. Tim or Dave, Barre and Wolcott. (802) 479-0029.

## PH Lawn Care & Landscaping

Lawn mowing, seed & mulch, bush hogging, retaining walls, shrubbery, sweeping, split-rail fence, lawn installation, light trucking. Jeff Cleveland, 765 Mitchell Drive, Lyndonville, VT 05851. (802) 626-0933 or 535-7069.

## Maple Syrup

**Sugar Ridge Farm**  
Pure Maple Syrup & Maple Products. "Vermont Seal of Quality." Available by mail. MC & Visa accepted. Free brochure. Stephen & Diane Jones, 566 Stannard Mt. Rd., Danville, VT 05828. (800) 748-0892.

**Rowell Sugarhouse**  
Visit a real sugarhouse. Open year round. See our sugaring equipment. Maple products, gifts, country crafts, VT shirts, woodenware, baskets, honey, souvenirs and more. We will

## Meat

**Lewis Creek Jerseys**  
**Badger Brook Meats**  
Vince Foy & Deb Yonker. Retailing Certified Organic Angus Beef and Lamb by the Cut in any Quantity. North Danville, VT 05828. (802)748-8461.

## Mortgage Financing

**New England Merchants Corp.**  
Commercial and residential mortgage brokers. Established 1991. Serving VT and NH. All credit situations considered. "Guiding you to the right mortgage." Theresa Huntoon. (802) 473-4003. thuntoon@charter.net. Licensed Mortgage Broker, VT0332MB and NH6626MBB.

## Movers

**Little Mover**  
Local, Regional and Contract Trucking since 1967. KAP Enterprises LLC, 838 Keyser Hill Road, St. Johnsbury, VT 05819. (802) 748-9112 or cell (802) 793-7986.

## Music Studio

**Vermont Sky Digital Audio**  
16-Track Professional Recording Studio for Singers, Songwriters, Students and Bands. Advertising Jingles; Creative Consulting and Guitar Classes. Barnett, VT 05821. (802) 633-2523.

## Old Barns

**The Barn People**  
Since 1974 Vintage Vermont barns purchased, dismantled, restored & reassembled elsewhere. Great for homes, additions, Great Rooms, studios, backyard offices and oddly enough ... barns. Ken Epworth, 2218 US RT 5 N, Windsor, VT 05089. (802) 674-5898. barnman@sover.net

## Opticians

**Optical Expressions**  
Your Family Eye-Care Center. Eye Exams, Contact Lenses and Consultation for Laser-Eye Surgery. Green Mountain Mall, St. Johnsbury Center, VT (802) 748-3536 or Berlin Mall, Berlin, VT. (802) 223-2090.

## Pet Care

**North Danville Pet Hotel**  
"It's not just a kennel. It's a camp." Boarding and grooming both cats and dogs. 1319 North Danville Road, Danville, VT 05828. Rusty & Laurie Speicher, proprietors. (802) 748-5810.

## Real Estate

**Robin Jacobs, Managing Broker Peabody & Smith Realty, Inc.**  
357 Western Avenue, St. Johnsbury, VT 05819, (802) 748-4407 ext. 16. robinj@peabodysmith.com www.peabodysmith.com

**Barbara Machell, Realtor Begin Realty Associates**  
On the Green in Danville. Long time resident of Danville, specializing in Residential property, Vacation homes, Land and Farms. (802) 684-1127. bmachell@beginrealty.com

## Real Estate Appraisal

**Reynolds Real Estate**  
VT Certified Appraisers, Donald Morrill and Annie Guyer. 791 Broad Street, Lyndonville, VT 05851. (802) 626-9357. reynolds@charterinternet.com

## Schools

**The Riverside School**  
Celebrating 25 Years  
· enthusiastic students  
· dedicated faculty  
· high academic standards  
· Latin, Greek, and French  
· fine and performing arts  
· involved parents  
· grades 2-8~small class size  
VT Approved Independent School. 30 Lily Pond Road, Lyndonville, VT www.trsweb.org (802) 626-8552

**The Stevens School**  
Grades 5-8. Experts in middle-level education offering rigorous, preparatory curriculum aligned with Advanced Placement science, English, math courses in high school. Excellent writing program. Fully integrated arts, music, social studies, English. Transportation and financial aid offered. (802) 592-3194. www.thestevensschool.com

## Septic Service

**B&B Septic Service**  
Full Septic Service and Cleaning. Residential and Commercial. Power Rooter Line Cleaning. Camera Line Inspection. Pressure Washing. Call Bob Briggs. (802) 748-9858, (888) 748-9858 or (800) 870-0428. 24-hour service.

## Ski Equipment

**Power Play Sports**  
Ski and Snowboard Leasing starting at \$99. New and Used Gear bought and sold. Hockey Gear, Ice Skates, XC Skis, Downhill Skis, Snowboards and Snowshoes. New and Used Bicycles. Ski tuning, Skate sharpening, Bicycle Repair. Downtown Morrisville. (802) 888-6557.

## Small Engine Repair



## String Worth Saving

Bill Christiansen

Here we are again at the height of the radiation season. By now we have all had our annual exposure to solar radiation and have either had a sunburn or accumulated a bit of tan. Protection from the radiation takes the form of long sleeves, big hats and lots of sunscreen as well as a change in skin color.

**Mankind has evolved over millions of years in a soup of radiation.**

Radiation is one of the great mysteries of the 21st century. It's one of those things that we think is a great danger, but we are not sure what the danger really is. Mankind has evolved over millions of years in a soup of radiation. While radiation can be harmful, we are well equipped to

deal with most of it. Your ability to tan is an example of that adaptation. Radiation comes from many sources, energy, alpha particles, beta particles, gamma rays, muons, neutrinos and the list goes on.

Where does all of this come from? Everywhere. Not only from the sky, but the earth, the food you eat and the water you drink.

The average American is exposed to a dose of about 360 millirems of radiation per year. This is equivalent to about 36 x-rays. The largest source, about 200 millirems, comes from the decay daughters of radon gas, a product of natural uranium decay. Radon gas is emitted everywhere, not just in your basement. It "bubbles" up through the soil all around you. If you garden, the closer to the soil you get, the more radon you breath.

Radon decay produces alpha particles (Two protons and two neutrons. This corresponds to the

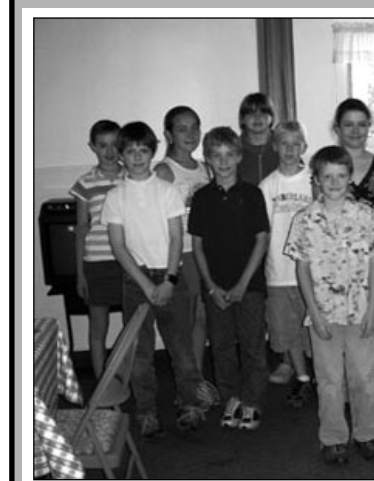
bare nucleus of a helium atom.), beta particles (which are actually fast moving electrons) and gamma rays (very energetic photons).

Medical X-rays and other imaging procedures take second place, dosing a person with about 53 millirems per year.

The third place source goes to about everything around us, the food we eat, the clothes we wear and the papers we read. This accounts for about 28 millirems. Everything around you contains stable, natural elements, a small percentage of which are unstable, radioactive isotopes. For example, all living things need the element potassium. One in every 8,550 atoms of potassium is the isotope potassium-40, which is radioactive and decays to natural potassium by giving off radiation. Bananas are a rich source of potassium and bananas are widely eaten. Bananas are one of the most radioactive foods we eat. Eating 600 bananas is about the same radiation equivalent of one chest X-ray.

Radiation from cosmic rays produces about 27 millirems per year. Cosmic rays consist mostly of protons and a smattering of alpha particles and a few other atomic nuclei. What they are and where they come from are still questions to be answered by science. These rays come from every direction in space and travel at nearly the speed of light.

When these rays hit the upper atmosphere, they produce a secondary cascade of exotic particles. For every one hundred feet of altitude you go up, the annual dose of radiation increases by about 1 millirems. Most of this



*The Danville Elementary School Senior Meal Site on Tuesday, June 12. Front Row: Ian Yarrow, Grady Peterson, Ashlynn Royce, Thresher. Middle Row: Heather Brill, Holly Brown, Greenwood. Rear: Shaunna Cochran, Celine LaRose and E. Out of picture is Nancy Hartswoth.*

radiation passes through us with no effect. Keep in mind that most of the human body is empty space, so for a cosmic ray to hit a molecule or atom in the body is a chance event.

Consumer products, such as smoke detectors add 10 millirems per year. The smoke detector has a small amount of the isotope americium-241 which gives off alpha particles as it decays. Contamination from atomic weapons tests add less than one millirem per year and nuclear power plants add another one millirem. Finally, there are neutrinos emitted from the fusion process on the sun. These are emitted by the quadrillions and continually bombard the earth. Not to worry, most neutrinos pass through matter with no ill effects.

**New, Used & Rare Books**

Bring your summer guests in to browse.

Special orders are always welcome.

**GREEN MOUNTAIN BOOKS**

Broad Street, Lyndonville, VT 05851 802-628-5051 Open Mon.-Sat. 9-5

**BEGIN REALTY ASSOCIATES**

**PAUL'S FARM SERVICE**

Sales • Service • Parts

*Paul D. Bergeron*

Phone (802) 695-2500 • Fax (802) 695-2900

514 West Main Street (US RT 2) • Concord, Vermont 05824

*Serving Agricultural Needs with Integrity Since 1976*



Photo By: Ray Richer

*Danville School Graduates in the class of 2007: Front (L-R): Kimber Leach, Shawn Grant, Michelle Kittredge, Justin Chamberlin, Shannon Abare, Caleb Clark and Sarah Langmaid. Second Row: Derek Daly, Alorah Richardson, Heather Coutu, Jesse Murray, Brittany Swartzenberg, Chris Turner, Eliza Wakefield and Derek Morrison. Third Row: David Trudeau, Jacqueline Garand, Nate Hamilton, Haley Clark, Calie Olmstead, Jordan White, Adrian Duckett, Jennifer Smith, Lauren Craig, Andrew Polzer, Amythest Bigelow and Brett Guertin. Rear: D.J. McLaughlin, Greg Morrison, Sean Wilkie, Weston Brisco, Amy Galipeault, Julian Kempton, Chris Byrne, Aurora Adams and Thomas Blackmore.*

## Danville School Bids Good Luck to Grads

The Danville School gymnasium has no shortage of banners honoring its athletic teams, its academic leaders and other forms of outstanding accomplishment. But at the June 16 graduation of the senior class of 2007, Danville's popular boys' soccer coach Steve Genco asked the graduates and their families to think beyond the moments filled with cheering.

"What will you do," Genco asked, "when you don't hear the cheering any more?" You hear cheering, he said, when you take your first steps, when you learn to swim, when you progress from grade to grade. When you're young parents and teachers cheer all the time.

Using the example of the North Carolina State University basketball coach Jim Valvano, who led his team to overcome the highly favored competition in the 1983 NCAA college basketball tournament, Genco described one man

Lyndon State College; Thomas Blackmore, US Naval Academy; Weston Brisco, Vermont Technical College; Christopher Byrne, Green Mountain College; Justin Chamberlin, Johnson State College; and Caleb Clark, Culinary Institute of America.

Haley Clark, Lyndon State College; Heather Coutu, Work; Lauren Craig, University of Southern Maine; Adrian Duckett, St. Lawrence University; Amy Galipeault, Vermont Technical College; Jacqueline Garand, Springfield College; Shawn Grant, Work; Brett Guertin, US Navy; Nathan Hamilton, Lyndon State College; and Julian Kempton, Vermont Technical College.

Michelle Kittredge, Lyndon State College; Sarah Langmaid, Norwich University; Kimber Leach, Work; Darrell McLaughlin, Rochester Institute of Technology; Derek Morrison, Lyndon State College; Greg Morrison, SUNY

Lyndon State College; Brittany Swartzenberg, Norwich University; David Trudeau, Virginia Polytechnic Institute; Christopher Turner, Community College of Vermont; Eliza Wakefield, Vermont Polytechnic Institute and State University; and Jordan White, Vermont Technical College.

## Farm Service County Comm Nominations

Pat Passut, County Executive Agency in Caledonia and Essex counties and ranchers can nominate candidates for the FSA county committee through August 1, 2007. Elections

"I encourage all producers, especially those who do not currently participate in the committee elections, to participate in the committee elections by the August 1 deadline," said

To be eligible to serve on an FSA county committee, a person must participate or cooperate in a program that provides information eligible to vote in a county committee representative area in which the person is currently a resident. The person must not have been removed or disqualified from a county committee member, alternate or public office or have been convicted of a felony or dishonorably discharged from the military or any services.

The County Committee seat up for election is for the towns of Burke, Kirby, Lyndon, and Waterford.

Producers may nominate themselves or someone representing minority and women may be nominated. A nominee, eligible individuals may be nominated. Additional information and other valuable information about the nomination process are available online at: [www.fsa.usda.gov](http://www.fsa.usda.gov). The County Committee Election Ballot must be postmarked or received at the County Center by August 1, 2007.

FSA county committee members receive conservation payments, emergency disaster relief, port loans and payments, and other benefits. Members serve three-year terms. The next elections are members who are elected by eligible voters. Elections take place November 2 - December 1, 2007, and alternates take office on January 1, 2008.

For more information on the FSA county committee eligibility requirements, please visit

# Century 21

**Century 21 Winn Associates**

69 Meadow Street

Littleton, NH 03561

(603) 444-7781 or (800) 998-7781

or call me on my cell at (802) 274-6306

Each office independently owned and operated



**BARNET LAND** - If you own property in Vermont then you will want to see this lot in Barnet just off S. Vermont Street. Beautiful views of the

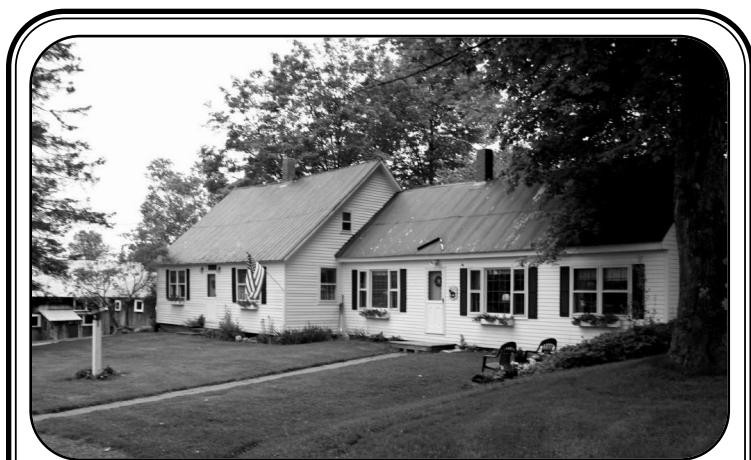


## Pope Notes

Dee Palmer,  
Library Director

We are very thankful for our volunteers and recently honored them at a luncheon at the Danville Restaurant. The delicious lunch was hosted by Steve Cobb. It was a great opportunity for some of our volunteers who had never met

to get to know each other. Many thanks to Mary Blanchard, Jeff and Ellen Gold, Susannah Morlock, Donna Lambert, Peter and Cam O'Brien, Gary and Linda Farrow and Robin Rothman. They all contribute so much to our library.



MLS #2659674 Circa 1820 cape in a beautiful rural setting on 14.25 +/- acres. Inside features a spacious kitchen with porcelain tile floors, a formal dining room, large first floor master bedroom with master bath. Outside there is a large barn with heated work shop. The barn and open land offers great potential for horse property. House is wired for a backup generator.

**\$269,000**



75 MT. PLEASANT ST.  
ST. JOHNSBURY, VT 05819  
802-748-8169 • 802-748-8855

971 BROAD STREET  
LYNDONVILLE, VT 05851  
802-626-8333 • 802-626-9342

[www.parkwayrealtyassociates.com](http://www.parkwayrealtyassociates.com)

### #6713 LYNDONVILLE

Spectacular c.1900 Victorian home with many updates. This home has been lovingly cared for. Hardwood floors throughout most of the house, new kitchen with tile floor and much cabinet space. Updates include, new wiring and plumbing throughout. This home is situated nicely on a .23/ac village lot close to amenities. Over 2,300 sq ft of space includes two full baths and three bedrooms. Woodstove insert in the fireplace with a hearth.



Being offered at **\$195,000**

Summer is here, and we have new books for your summer reading pleasure. Make those long vacation car trips more bearable with a book on cassette or CD from our collection. We also have new DVD's and videos for rainy days at home or at camp. We are always pleased to welcome summer patrons back and look forward to meeting new library users.

We have two computers with high-speed Internet connection and WiFi. Our public-access computers are in use most of the day during the summer, so we must ask that you limit your usage to 30 minutes if someone is waiting. If you do have to wait for a computer we have comfortable chairs to sit in while you read a newspaper or one of our many magazines.

Our Sunday Summer Concerts begin in June and continue through August. The concerts begin at 7:00 p.m., and this year you will be able to enjoy a bite to eat with your music. We will be selling hot dogs at the concerts with proceeds to benefit the Library. We have a great line up of musicians playing a variety of music. Bring your chairs and blankets and enjoy the evening.

Don't miss these wonderful community get-togethers.

Our newest book acquisitions are: *Simple Genius* by Baldacci, *The Woods* by Coben, *A Thousand Splendid Suns* by Hosseini (author of the *Kite Runner*), *Body Surfing* by Shreve, *What the Dead Know* by Lipman, *I Heard That Song Before* by Higgins Clark, *On Chesil Beach* by McEwan, *The Assault on Reason* by Gore, *Animal, Vegetable, Miracle* by Kingsolver and *The Last Summer (of You and Me)* by Brashares.

### From the Children's Room

Story hour has ended for the summer and will resume in September. I look forward to visits from our youngest patrons over the summer as we will be adding new books to the children's room on a regular basis.

The summer reading program theme for summer 2007 is "Get a Clue @ Your Library." This is a mystery-based program featuring books, games, activities, puzzles and much more. For the first time, Vermont is participating in a collaborative summer library program. This program is a grassroots con-

## Joe's Pond Camps in Time for this Summer!



**SANDY BEACH CAMP:** Just listed, this 3 bedroom, 2 bath camp is on a 1-acre lot with 200 ft. frontage! Septic and artesian well, 2 car garage, mostly furnished. The lot is extremely sunny, and has a sandy beach, attractive landscaping, spacious deck, and you can be in immediately.

**\$389,500**



# He Was a New Friend

BETS PARKER ALBRIGHT

My childhood in New York City is so long ago now that it's hard to believe that it happened to me and not someone else. Recently I was musing along these lines when a day in Central Park popped up from some memory bank in my head.

I was not supposed to go into the Park alone, but my brother, Dick, said he would go with me, so that plan was acceptable to our maternal power-that-be. Dick soon found some friends so he stopped to visit with them. Fine, I decided, I would go on ahead. There was a nice path that wound through a woodsy area, and I enjoyed being on my own. I knew of a big rock that I could climb from the back, and once on top I could see a long way.

As I approached the rock, I saw a man dressed in white sitting on the top. He had black hair and brown skin, and I realized I knew who he was. He was sitting quietly with his head bowed. I thought he might be meditating. I sat on a bench near the rock to wait until he was through being quiet. After a while a deep voice said, "Is that Betty down there? Wait - I'll come down and we can walk together."

He came up to me and held out his hands. I took them and said, shyly, "Hello, Dr. Mukerji. It's good to see you. You used to come to our house often. You brought Gopal to play with me. I miss him, and I've missed you, too. Will you come and see us soon?"

He looked at me, and I could feel his sadness, as I remembered the good times I'd had playing with Gopal. We used to do big jigsaw puzzles on a special table

where we could leave the puzzle and no one would bother it. Sometimes it took weeks to finish a big puzzle with its hundreds of pieces. I remembered, too, that we used to write little plays and Gopal's dad would come to see us act them out.

I remembered how Gopal had died - falling from a crowded subway platform onto the tracks and then killed by a train. I felt like crying. Gopal's dad smiled gently and said, "Yes, we all miss him so much. I will come to your house soon. I would like to see your mother again. Is she still

painting lovely pictures?"

"Yes," I said, "she is, and I hope you are writing good books like the elephant story that we all love to read. I know my mother would want to see you. She loved Gopal as though he'd been another son, and we often speak about him, and about you, too."

"Dr. Mukerji, can I ask you something? I know you were meditating up there on the rock. Could you teach me how to meditate? It must be a good thing to do. It might help me to feel close to Gopal."

He answered, "Yes,



## Ruth Burbank Celebrates 100 Years

Betty Hatch

*Ruth Wheeler was born May 13, 1907, the daughter of Hubert and Bertha (Pike) Wheeler of Cabot. On June 20, 1925, she married O. Jack Burbank of Walden, and they made their home there, eventually taking over the Burbank Farm at Walden Heights in 1943. They had three children, Hope, Roy and Charles, all now deceased. As their children grew up, they also provided a home for several boys under the jurisdiction of the State.*

*Mother's Day this year was a special day for Ruth Burbank of Morrisville. She celebrated her 100th birthday at an open house at the Copley Terrace Community Room.*

*Ruth has a sister, Frances Wheeler of Barre, 15 grandchildren, 42 great grandchildren and 38 great-great grandchildren, many of whom were on hand to celebrate on Mother's Day.*

## West Barnet Senior Action Center

### July Menu

- July 4 - Meal Site Closed.
- July 6 - Buffet.
- July 11 - Salmon Pea Wiggle, Pickled Beets, Biscuits, Grapenut Pudding.
- July 13 - Roast Beef, Mashed Potatoes, Broccoli, Homemade Rolls, Peaches & Cream.
- July 18 - Chicken & Biscuits.



**Newark:** 44 acres with 754 You don't see waterfront parcel located next to 3,000 feet of w Conservancy. Keep this all for its development potential. On and wooded area with proxim trails. From Newark Street tur miles and look for sign on the

## REYNOLDS

791 Broad S  
(802) 626-  
w  
Email: reyn



## BEGIN REALTY ASSOCIATES

## BEGIN REALTY A



**AROUND THE TOWNS**



**July**

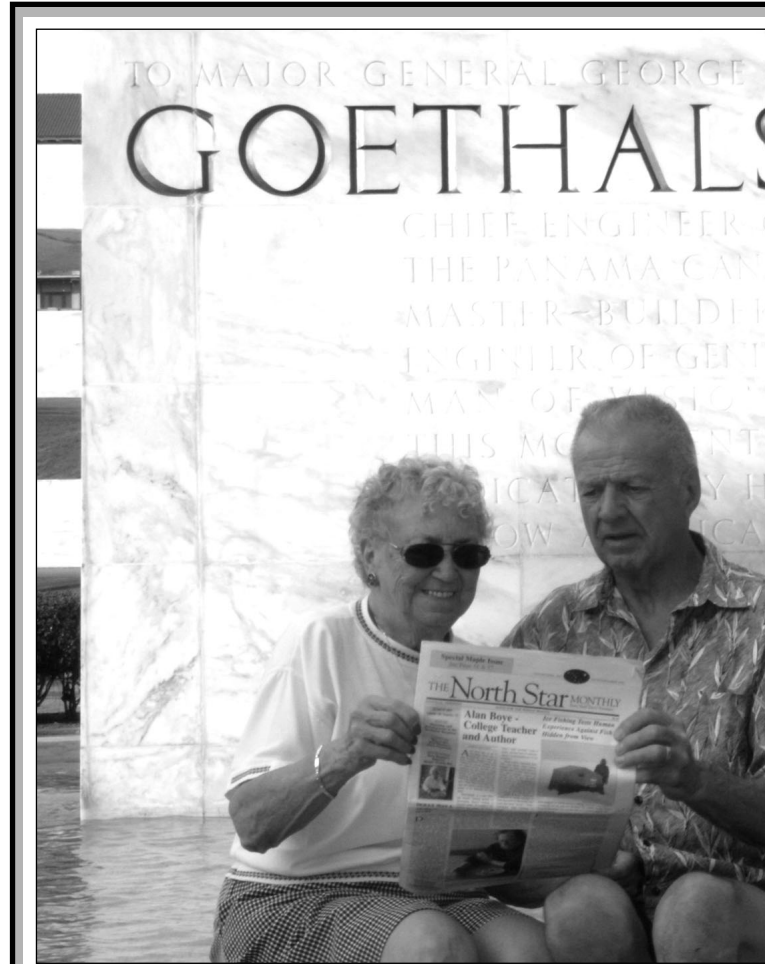
**COMMUNITY CALENDAR**

- Daily** - Northeast Kingdom Artisans' Guild Backroom Gallery: "Mauka/Makai" Paintings by Viui Niiler. Opening July 14.
- Mondays** - Story Time, St. Johnsbury Athenaeum Youth Library, 10:30 a.m. (802) 748-8291.
- Mondays** - Just Parents meet with concerns for drugs and kids, Parent Child Center, St. Johnsbury, 7 p.m. (802) 748-6040.
- 1st & 3rd Mondays** "Six O'Clock Prompt," Writers' Support Group, 6 p.m. St. Johnsbury Athenaeum. (802) 633-2617.
- 2nd Monday** - Cancer Support Group, NVRH Conference Room A, 4 p.m. (802) 748-8116.
- Last Monday** - Alzheimer's Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury. 7 p.m. (802) 748-8116.
- Tuesdays** - Baby & Toddler Story Hour, Cobleigh Library, Lyndonville. 10 a.m. (802) 626-5475.
- Tuesdays** - Cribbage Tournaments, 6 p.m. Lake View Grange Hall, West Barnet. (802) 684-3386.
- 2nd & 4th Tuesday** - Bereavement Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury. 5:30 p.m. (802) 748-8116.
- Wednesdays** - Read 'n' Stuff, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.
- Wednesdays** - Ordinary Magic. Meditation for Life, St. Johnsbury Shambhala Center, 17 Eastern Avenue, 6-7 p.m.
- 3rd Wednesday** - Cardiac Support Group, NVRH, 6:30 p.m. (802) 748-7401.
- Thursdays** - Introduction to Computers, Cobleigh Library, Lyndonville. 10 a.m. (802) 626-5475.
- 3rd Thursday** - Caregivers Support Group, Riverside Life Enrichment Center, 10 a.m. (802) 626-3900.
- Thursdays** - Read and Weed Book Club, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.
- 2nd & 4th Saturday** - Pancake Breakfast, 8-10 a.m. Lake View Grange Hall, West Barnet. (802) 748-8180.
- Saturday & Sunday** - Planetarium Show 1:30 p.m. Fairbanks Museum, St. Johnsbury. (802) 748-2372.
- Saturday & Sunday** - Ben's Mill, Barnet, Open 11 a.m. - 3 p.m. (802) 748-8180.
- Saturday** - Bridge Club for all experience levels, Cobleigh Library,

3rd Saturday - Breast Cancer Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury, 10 a.m. (802) 748-8116.

**July**

- 1 Men's Ecumenical Breakfast, Methodist Church, Danville, 7 a.m. (802) 684-3666.
- 1 Scrabble Club, St. Johnsbury Athenaeum, Noon. (802) 748-8291.
- 1 Pope Library Concert on the Green with MD Dooley Mandich Brothers, 7 p.m. Danville. (802) 684-2256.
- 4 North Danville July 4th Celebration with Parade at 10 a.m.
- 4 Old Fashioned Pig Roast, Congregational Church, Peacham, 5 p.m. (Takeouts Available) (802) 684-3386.
- 5 Chicken Pie Supper, St. Michael's Parish Hall, Greensboro Bend, 5, 6 and 7 p.m. (802) 533-2615.
- 6 Concert in the Park with the Newmont Military Band, 7 p.m. Main Street, Bradford. (802) 222-4423.
- 6 Strawberry Festival in the Park, 1-8:30 p.m. Main Street, Bradford. (802) 222-4423.
- 7 Land Use History: Uncovering your Forest's Past, Northwoods Stewardship Center, East Charleston, 9 a.m. (802) 723-6551.
- 7 Catamount Arts' annual garden tour featuring six outstanding area gardens and an English High Tea. (802) 748-2600.
- 8 Pope Library Concert on the Green with Skip & Debbie Gray, 7 p.m. Danville. (802) 684-2256.
- 8 Music for a Sunday Afternoon: Mainstreet Brass Quintet, 4 p.m. St. Mark's Episcopal Church, Newport. (802) 334-7365.
- 8 Christmas in July Turkey Dinner, 6 p.m. St. Mark's Episcopal Church, Newport. (802) 334-7365.
- 10 Small Planet Series: Travels in Columbia with V Pierce, Northwoods Stewardship Center, East Charleston, 7 p.m. (802) 723-6551.
- 11 Paddling on Connecticut River with Joan Klappert, Meet at Comerford Dam picnic area, 6:15 p.m. (802) 748-0077.
- 12 Film discussion following 7 p.m. film at Catamount Arts, St. Johnsbury. (802) 748-8813.
- 14 Old Fashioned Square Dance with Union Suit String Band, Dave Machell, caller, 8 p.m. (802) 563-3225 or 748-2655.
- 15 Pope Library Concert on the Green with Best of Friends, 7 p.m. Danville. (802) 684-2256.
- 17 Northwoods Stewardship Center Hike on Bluff Mountain, Island Pond. Meet at Northwoods Center, East Charleston, 9 a.m. (802) 723-6551.
- 18 History of the Bradford Strawberry



Bill and Fran Chaloux, Danville, visiting Mr. & Mrs. Hubert Boyle Panama, read The North Star at the Goethals Memorial, dedicated Washington Goethals, chief engineer of the Panama Canal. The Panama Isthmus of Panama in Central America connecting the Atlantic and Pacific one of the largest and most challenging feats of engineering ever undertaken. The 48-mile waterway was plagued by malaria, yellow fever and landslides on August 15, 1914. At the time, no single effort in American history had cost more dollars or human life. American expenditures from 1904 to 1914 totaled more than the cost of anything built by the United States government to date. French and American expenditures totaled \$639 million. It took 34-years for the actual opening in 1914. Estimates are that over 80,000 persons died during the project and that over 30,000 French and American lives combined were lost.

- 222-4423.
- 18 Readings in the Gallery with Poets Ellen Dudley and F.D. Reeve, 7:30 p.m. St. Johnsbury Athenaeum. (802) 748-8291.
- 20 Piano Recital with Paul Orgel, Peacham Congregational Church, Noon. (802) 592-3448.
- 20-21 Cracker Barrel Bazaar: Chicken Pie Supper, 4:30 - 7 p.m.; Fiddler's Contest 8 p.m.; Connecticut River Cruises, Newbury. (802) 866-5123.
- 21 Northeast Kingdom Lakes Tour: Holland Pond, Northwoods Stewardship Center, East Charleston, 9 a.m. (802) 723-6551.
- 21 Lyndonville Stars and Stripes Festival.
- 21 Irasburg Church Fair, Irasburg Green. 10 a.m. (802) 988-4300.
- 22 Pope Library Concert on the Green with John Weaver, Organ, United Church of Christ, Greensboro. (802) 525-3291.
- 25 Paddling on Connecticut River with Joan Klappert, Meet at Comerford Dam picnic area, 6:15 p.m. (802) 748-0077.
- 25 Readings in the Gallery with Poets David Budbill and Jody Gladding, 7:30 p.m. St. Johnsbury Athenaeum. (802) 748-8291.
- 27 Sacred Circle Dance, Danville Congregational Church, 7-9 p.m. (802) 684-3867.
- 27 Full Moon Paddle, Northwoods Stewardship Center, East Charleston, 8 p.m. (802) 723-6551.
- 28 Peacham Antique Show and Sale, Peacham Elementary School, 10 a.m. (802) 592-3153.
- 29 Old Home day, 10:30 a.m.,