

THE North Star MONTHLY

Every Small Town's Newspaper

DANVILLE, VERMONT

GOOD FOR THE WHOLE MONTH

\$1.50

JANUARY 2006
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Dog Tag Solved**



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Wants Me for a
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THE TRUE BLESSING OF THIS PLACE IS THE CLEAN MOUNTAIN AIR

In October 1906 Willametta A. Preston raved in The Vermonter magazine about this historic sward called Danville. She described five roads radiating out from its central Green and the congregation of business interests and historic homes. But it was the clean mountain air that she believed was Danville's true blessing. She imagined visitors, suffering from hay fever and the like, would seek it out, and it was her vision at the time that a few small hotels or even a large one would lead to prosperity without diminishment of the life she described as lovely and simple.

The railroad has come and gone, but it was those roads and the automobile that finally put hotels like the Elm House, the Eagle and Thurber's out of business. With fuel prices surging higher and supplies no longer an endless bounty, could Preston's vision make sense again. It's not unlike Danville's vision today. See Page 2.

WILLAMETTA A. PRESTON
OCTOBER 1906

In the northeastern part of the New Hampshire Grants, according to an old map of
(See *Five Roads* on Page 6)

Rollie Beaupre Quartet Owned Northern Vermont

LOIS FIELD WHITE

I slipped the old vinyl record out of its cardboard jacket and placed it on the turntable. The needle eased down onto the spinning black record, and sweet music drifted out of the speaker. I was transported back to moonlight nights at the Pavilion on Harvey's Lake.

From the 1930's through the 70's dancers flocked to Harvey's Lake in West Barnet, Point Comfort on Joe's Pond, the Sunset Ballroom in Lyndonville, the Blue Moon in St. Johnsbury, Mallett's Bay, the Littleton Opera House and many other places where bands played swing music for dancing every Saturday night.

These musicians had music as a part of their genetic makeup. Many played by ear; that is the tunes seemed to go in their ears and out their fingers, and it was as natural for them to play as it was to breathe. The Rollie Beaupre Quartet was one of the best groups of the era.

The Quartet was composed of its founder, Rollie Beaupre on drums; Stan Folsom on piano; Leo Henault on saxophone; and Warren Prince on bass. These four gifted musicians were from musical families and had all played with other bands for years. Rollie knew them all and established the Quartet in 1960. Stan wrote songs, and he and Leo arranged many of the quartet's tunes. The men seldom held rehearsals; they merely practiced together before dances. They wore matching outfits with dark trousers, white or colored jackets, white shirts and ties.

Beaupre was born in Burlington in 1918. His parents bought him his first drum set when he was a freshman at Cathedral High School in Burlington. While still in high school he was invited to play with the University of Vermont Jazz Band. He also played at night clubs around Burlington such as the Black Cat, the Paragon, the Royal Grill and the Sherwood Hotel.

Beaupre married Frances Warren in 1940 in Hardwick. He was
(Please See *Rollie Beaupre* on Page 8)



Photo By: Jenks Studio of Photography

The Rollie Beaupre Quartet was one of the premiere dance bands in northern Vermont and northern New Hampshire through the 1960's. (L-R) Leo Henault played tenor sax, Stan Folsom played keyboard, Rollie Beaupre played drums and Warren Prince played bass. Author Lois (Field) White listened to the Rollie Beaupre Quartet's long playing album produced by Loren Phelps and Vic Gilding in 1965 and remembers the dance pavilions across the area.

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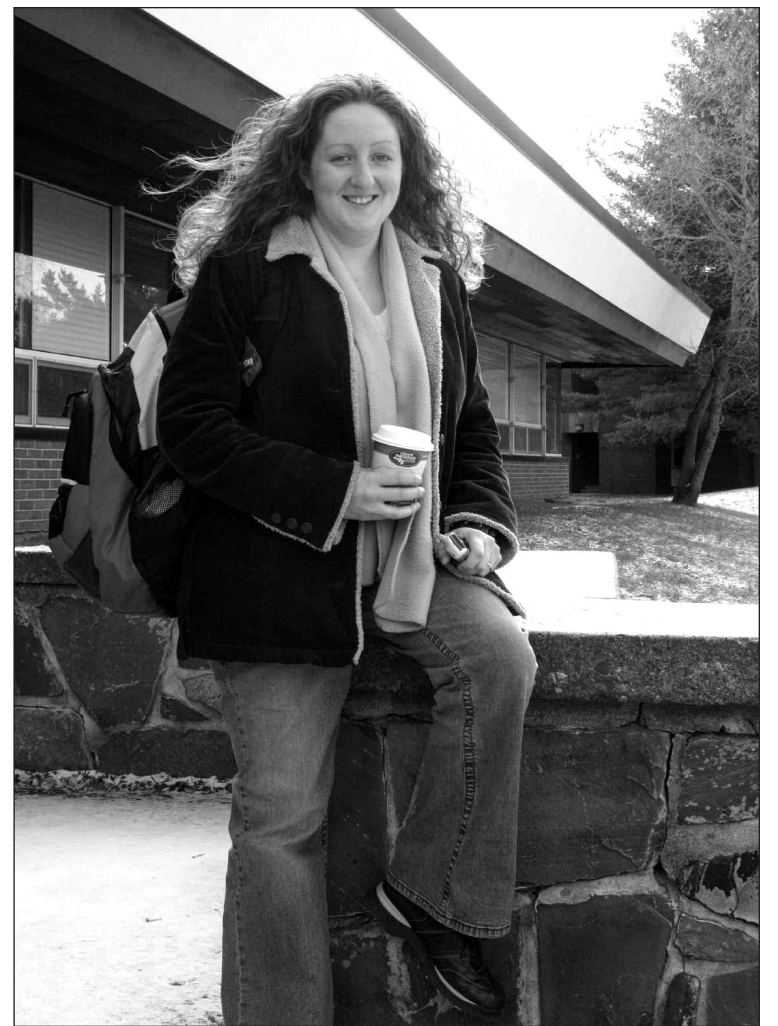


Photo By: North Star Monthly

Karen Perkins is a "nontraditional" student at Lyndon State College. She's 29 and a junior. She's a standout student and a single mother. She's the kind of student teachers want to teach.

TERRY HOFFER

"My classmates always ask when my daughter is coming back to the classroom." Karen Perkins is a full-time student at Lyndon State College, the kind teachers love to teach. She's a leader in her class - and the single parent of a 6-year old girl.

Perkins is full of energy. She is bright and dedicated. She is competitive in the classroom - what some might call a late bloomer. After six years in the work force Perkins enrolled at Lyndon, and standing among most of her classmates, who went to college directly from high school, she is a nontraditional student. In January 2006 she turns 29. She is a junior.

Perkins graduated from St. Johnsbury Academy in 1995, and she says, "I thought I knew everything. I loved sports at the time. I was a C and B student, and the last thing I wanted was to go back to school. I moved into an apartment and got a job on the assembly line at Hitchiner Manufacturing in Littleton. My paycheck covered the rent, my car payment and going out. I figured I had everything."

A year later Perkins packed up her belongings and moved with her boyfriend to Concord, NH. In short order she had a new apartment, a new job - and then a child.

"I was working for a national company that sold package-design and printing services to huge corporate accounts. All of a sudden I was

(Please See *They Always Ask* on Page 10)

THE North Star MONTHLY
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Small Town Planning

The job of the small town planner can be a lonely one.

Sure there are some fascinating examples of town planning in the context of crisis, where residents find themselves backed into a corner by the threat of development. What was taken for granted as stability in land use gets thrown into turmoil by someone's opportunity for profit. Deals are struck, options on land are quietly purchased, and suddenly the old place isn't what it was. People wait in line to speak up at committee meetings and public hearings, and the debate often finds its way into court. Those are exciting times for planners.

One of the most fascinating examples of land use planning in crisis is detailed in the planning school classic, *The Sanibel Report*. In 1974 the citizens of Sanibel Island, off the southwestern coast of Florida, voted to put a stop to a building boom, which was headed in the direction of accommodating 90,000 residents. At the time, the peak season population of the island was 12,000 souls, and developers were less than impressed by the vote and subsequent moratorium on building permits. The island, by then a city, hired the Philadelphia planning firm of Wallace, McHarg, Roberts and Todd, and over the next two years a plan was developed to stop the rising tide of development and preserve Sanibel's land and water resources, its beaches and mangroves, its drinking water and wildlife and literally its remarkable quality of life. The Sanibel plan still stands as an example of remarkable creativity in the planning process and a successful defense of what was determined to be important on the 12-mile-long barrier island.

In 2002 a brave group of volunteers agreed to revise the town plan in Danville. No one was wishing for the threat of massive commercial development or broad acres devoted to condominiums. No way - this was and is still Danville, a bedroom community between St. Johnsbury and Montpelier. Its development continues to be characterized by evolution not revolution. That is a good thing, but the challenge for the planners in Danville was to fire up the interest and participation from the population of 2,000 people who don't describe their community as being in crisis. Could they get participation at meetings and hearings, could they find some sort of consensus, and could they get a plan approved by the town?

The Danville planners drafted a survey, they hosted a series of meetings and they did an commendable job of seeking out and culling through the wisdom of the community. They published their work on the pages of *The North Star* and circulated it at town meeting and gatherings of their smaller committees.

Planning is always an important process, oftentimes more important than the document - the written plan, itself. And in Danville the process was an effective one. On December 8, 2005 their work was adopted by the Selectboard, and in accordance with state law it has moved on to review by the regional planning commission for a determination as to its consistency with other town plans in the Northeast Kingdom.

Members of the planning commission including Jim Ashley, Ed DeMott, Derek Fenby, Jeff Frampton, Jeremy McMullen, Kellie Merrill and Mike Smith deserve a ton of credit for seeing this through. As Danville's administrative assistant Merton Leonard says, "The biggest crisis in Danville is a snowplow running off the road, or in terms of development it's the soaring market values of real estate on Joe's Pond. There are no looming proposals for windfarms or WalMarts, and at times there were more planners than participants at meetings, but the planning commission did a heck of a job."

They and all of the participants did do a heck of a job, and the resulting town plan is a well articulated vision for Danville's future. It's a vision for a thriving, attractive, organic, New England, village community with considerable character and vitality. Planning and implementing is an evolutionary process, and, you know, that sounds just fine.

Terry Hoffer

Movement on the Lamoille Valley Railroad

The *North Star* of 130 years ago chronicled the progress of construction on the St. Johnsbury and Lake Champlain Railroad. Completed in 1877, the rail line meandered around the north-south orientation of the Green Mountains, following the Lamoille River for a substantial portion of its course from St. Johnsbury to Swanton. As is all too familiar with railroad enthusiasts, freight and passenger services declined on what became in the 1970s the Lamoille Valley Railroad, and rail use ceased in 1994. Floods in 1995 and 1997 imparted such damage to the rail bed that it became economically unfeasible to restore the bed for rail traffic. However, there has never been abandonment of hope for finding a use for the railway.

New movement is coming to the rail corridor that still connects the Connecticut River and Lake Champlain valleys. No iron horses, but, perhaps in 2 years, live horses - or bicyclists, walkers, joggers in summer and snow travelers in winter - will be moving on what is now termed the Lamoille Valley Recreational Trail. After years of hard work planning, negotiating and lobbying - yeoman service done largely by members of the Vermont Association of Snow Travelers (VAST) - the physical work on the trail began in earnest this summer. Removal of the rails and ties this fall is just the beginning. When completed, the 96-mile trail will have a 12-foot surface suitable for non-motorized summer use by bicyclists, equestrians, runners and walkers. Winter use will likely be limited, mainly by human nature, to snow machines. Regardless of state-mandated speed limits and rider courtesy, the power and speed differences between foot and snow machine locomotion create an inherently uncomfortable situation for skiers and snowshoers. The perception of vulnerability is an unwanted but difficult to ignore distraction that detracts from the outdoor experience. Unless creative trail grooming can produce the snow equivalent of a sidewalk - a space separated from motorized traffic for snowshoe and cross-country ski use - ski and snowshoe use of the trail will likely be limited to the less traveled times and locations of the trail. Given the time and money invested in the trail thus far by VAST, I believe snow machines have the first right of winter trail use (this opinion from an ardent cross-country skier).

Much work remains before the Lamoille Valley Recreational Trail is a reality: finalizing the lease of the right of way from the state, planning trailhead access, meeting with abutting land owners to air concerns, trail bed repair and the ever-present fundraising, to list a few. Although a \$5.8 million grant has been awarded to the project (a slice of pork served up for Vermont by Representative Bernie Sanders from the recently passed Federal transportation bill; I am unashamed to partake of this serving), there is a requirement of a 20% funding match from local sources. Sadly, the state has allocated only a pittance of the proceeds from the salvage of the rails and ties, estimated to be well over \$1 million, to be applied to the project.

Readers of *The North Star Monthly* may tire of my editorial crowing about the virtues of recreational trails, but it will not stop. The Lamoille Valley Recreational Trail is an ambitious project. When done, it will be a precious asset for this area. I look forward to lending my financial and physical support to the completion of the trail. I encourage others to do the same.

Tim Tanner

THE North Star MONTHLY

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LETTERS: Write to *The North Star*, and let us know what's on your mind. Your point of view or observation is important to us. Letters must be signed.

ARTICLES: We don't have a big staff of writers. So we look forward to you sending your writing. If you have questions or ideas and want to ask us first, please call. We'll send our guidelines. No fiction, please.

PHOTOS: We'd like to see your photos and welcome them with a story or without. They can be black-and-white or color, but they must be clear.

PRESS RELEASES: We prefer press releases that are unique to *The North Star*.

DEADLINE: 15th of the month prior to publication.

All materials will be considered on a space available basis.

Letters to the Editor:

**Randall Linebacks –
Heritage Breed**

Dear North Star,
About a year ago two guys

traveled from their Northeast Kingdom homes to find out the real story of the Randall Lineback breed of cattle that originated in Sunderland, VT. [*North Star Monthly*: January 2005] I was one of them.

From that fateful day
(See *Letters on Page 4*)

Fraud Exposed in the House Committee on Naval Affairs Stock Ownership Question at Bank Thwarts Plan to Move to Barton

The North Star

"WHERE LIBERTY DWELLS THERE IS MY COUNTRY"

1807-1891
Est. by Ebenezer Eaton
Danville, Vermont



THE NORTH STAR

January 1, 1875

Appalling Ocean Disaster - A telegram has been received from Madeira stating that three of the crew of the emigrant ship Cospatrick, bound from London to New York, arrived at St. Helena and reported the Cospatrick burned at sea. The report lacks confirmation, but it is feared the crew and passengers of the Cospatrick, numbering 500 souls, have all perished with the exception of the three reported at St. Helena.

A New Eldorado - Hon. Trenor Park of North Bennington has been prospecting in California for silver mines accompanied by Senator Stewart of Nevada and some others. The result was the discovery and purchase of seven silver mines about six hundred miles south of San Francisco in Los Angeles and Santa Barbara Counties in California. The principal mine

lies about sixty miles inland by stage route from the port of Los Angeles. One million feet of lumber has been shipped to build houses and four hundred men are now engaged at the mines. A force of one thousand men will be put on in a few weeks. Mr. Park will leave New York in a few days for the mines to make further arrangements for building and increasing the force. The mines are now yielding a thousand dollars a day, and it is expected they will yield at least five thousand dollars a day within a year.

January 8, 1875

Still Robbing the Treasury - There are a thousand ways in which the US Treasury is robbed, and occasionally a member of Congress has the pluck to expose the frauds. Just before passage of the Naval appropriations bill, a Mr. Burleigh stated that a member of the House Committee on Naval Affairs had received a letter in which it was explained that the Chief of the Bureau of Construction was in the habit of receiving presents including five or six thousand dollars for his influence in getting the department to buy a timber bending machine. At some point the letter was withdrawn with the complainant representing that his previous letter was written while he was crazy. This man, Burleigh went on to say, already had three extravagant contracts for shipbuilding

at the Kittery Navy Yard even after the yards were closed.

The wood teams are doing a brisk business. The price for wood delivered here is the same as it was last year, namely \$4.00 per cord for four feet wood, birch and maple or \$6.00 for a solid cord of 16 inch wood, same quality from limbs.

January 15, 1875

The St. Johnsbury House has been sold to E.A. Parks of Waterford and Emory Thayer, for many years past conductor on the Boston, Lowell & Nashua Railroad. The price paid was \$19,500. We understand they will make some extensive repairs.

Sad Accident - A sad accident on the Montpelier and Wells River Railroad occurred at Plainfield on Saturday evening. Willis Dodge the head brakeman was acting as conductor of the mixed train which arrived in Plainfield from Montpelier. As the train arrived Dodge found some cars on a side track which he was to attach to his train. The train was backed to make the connection, and young Dodge running by its side with the coupling pin to slip in place when the cars came together. While doing this his foot caught in the frog of the switch and he was thrown partly under the wheel of the moving train. The flesh on one leg from the foot to the knee was cut to the bone and he was frightfully mangled to the

hips. He was taken to the hotel where every medical aid was rendered. The prospects for a full recovery are not the most hopeful. Mr. Dodge is a young man of some twenty years, a native of Barre, had been on the road a long time.

January 22, 1875

Ever since New Year's Day we have had uninterrupted frigid weather and for eight or ten days past an almost unprecedented cold snap accompanied by snow storms and piercing winds. The cold has penetrated into buildings, freezing house plants and destroying potatoes in cellars.

The cashier of the First National Bank of Woburn, Mass. has forgotten the numbers of the combination that opens the safe, and the manufacturer of the safe has been vainly struggling to open it for several days.

Wilbur T. Dodge who was recently injured on the Wells River Railroad while shackling at Plainfield has since died of his injuries. At his own request he was buried with the honors of Odd Fellowship.

January 29, 1875

Cold In the West - Dispatches from the West state that the recent cold weather was the severest known on the plains. Twenty one men have been brought to Dodge City who were found frozen and in a

helpless condition on the plains. Some have since died and those alive are badly crippled. Mr. Van Tress, a member of the Kansas Legislature had both of his legs frozen while trying to reach the capital, and it is feared they will have to be amputated. It is reported that cattle are freezing to death and there is great suffering among the settlers on the borders of the western states.

In Paris there are contractors who pay the city \$120,000 per annum for the privilege of sweeping the streets perfectly clean. The work is well done by men under the orders of the municipal authorities, and the contractors are reimbursed by the sale of the mud and dust, which when manufactured into fertilizers is said to be worth \$600,000.

John S. McLelland, a telegraph operator, was found guilty of manslaughter in Jersey City, in having by negligence of duty caused a fatal railroad accident.

The dividend just declared by the Irasburgh National Bank of Orleans is \$1.90 per share. Few banks can make a better showing of net profits in the six months just past. At a recent meeting of the directors of the bank it was decided not to take a vote on removing the bank to Barton on account of a dispute as to the ownership of 100 shares of stock, which could turn the scale either for or against removal. The courts will probably be called on to decide the ownership of the stock.

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Letters to the Editor:

(Continued from Page 2)

many many things have happened. I have become very close friends with George Randall, the son and grandson of the founders of the breed.

We have formed the Randall Lineback Breed Association, a nonprofit organization to collect data, keep a registry, and network with others in the breed for bulls and so forth.

Through this organization I have met many wonderful people and traveled to Virginia to attend the first Randall Lineback Breed Association and meeting of its board of directors in September. This rekindled a longtime friendship with friends who lost contact and renewed mutual interest in the Randall Linebacks.

An attempt was made by others to change the name of the breed, but with our organization we were able to save the name. A recent development is the addition of a new board member. She is a member of the Cowgirl Hall of Fame and has spent many years in a saddle following cattle. We are privileged to have Supreme Court Justice Sandra Day O'Connor on board.

As you see from a small beginning here in the Northeast Kingdom and an article in *The North Star* a lot of

friendships have redeveloped and new ones established.

Cheers to the paper and thanks.

David Randall
Kirby, VT

Wind Power

Dear North Star,

With regard to your editorial in the December issue of *The North Star*, it is important to note that aesthetics is a minor concern in opposing wind factories. The positive side is, of course, that they are non-polluting (although it is not unusual for them to leak oil into the ground, and maintenance roads must be built.)

On the negative side: The theoretical capacity of the East Mountain project is 1.5 megawatts from each of the 4 turbines. However, wind turbines operate at best at 1/3 of capacity, so in this instance, each of the 4 turbines will produce .5 MW. In contrast, the small Ryegate chip plant continuously produces 20MW, and the Burlington chip plant, 50 MW. It would take 40-100 turbines to produce an equal amount of power. Wind is inefficient; where wind turbines are widely in use, not one fossil fuel burning plant has been decommissioned.

The radar base is surrounded by conserved land. These conservation easements were determined through years of difficult negotiations and provide one of

(See Letters on Next Page)

A Hearty Welcome to 2006!

It has been years since I have anticipated a new year as much as I do 2006. The old man with scythe in hand can't come soon enough. It promises to be a momentous year. And I say this knowing that, until at least January 1, 2007, the Republicans will be in charge of the executive department and Congress and with many of their friends or sympathizers sitting on the Supreme Court.

It is not my purpose to chastise the Republicans for what many perceive to be their sins of commission and omission. All of us know thoughtful and caring Republicans — we are surrounded by them here in the Northeast Kingdom. I want to think that people of their ilk, in positions of power, can have an influence as the Bush administration makes decisions affecting all of us.

There are problem areas around the world that we can improve, if only because we were responsible for creating many of them. For example, the Iraqis have a new constitution and have elected the legislature that must try to make it work. Unfortunately, in the haste to get it adopted by an arbitrary deadline, the new constitution is deeply flawed. In the December 11 *New York Times*, Brandeis University Professor Kanan Makiya, an Iraqi, wrote Present at the Disintegration. She supported the opinions of many experts that the constitution is a formula for civil unrest and possible civil war among the Shiites, Sunnis and Kurds.

The United States was the principal architect of this constitution and ought to be able to help the new administration propose the amendments necessary to establish a strong central government that would have the authority needed to make for fairness, peace and cooperation among all ethnic groups.

There is a polarizing debate going on across the nation about when to bring the troops home from Iraq. Congressman John Murtha, a Vietnam war veteran and specialist in military affairs, calls for their withdrawal as soon as possible for the reason that our troops are now contributing to the continuing mayhem. On the other hand, the president urges that we must stay the course until victory is won, regardless of the length of time and loss of lives involved.

The basic issue is what is best for the Iraq people. Is our continued presence a deterrent to a peaceful Iraq? Withdrawal should take place when there is a consensus that the right time has come, and that must be determined with the involvement of the new Iraq government. However, if we are asked to withdraw by the new government, we should leave whether or not we agree that it is wise to do so. 2006 will probably provide the answer to that question.

The United Nations, despite its perceived flaws, is the only international organization equipped to deal with many of the world's problems. Instead of attacking it as President Bush and his cohorts did in the months preceding the Iraq war, he should strive to help it reorganize so that it will work more effectively. John Bolton, our Ambassador to the UN, should be instructed to work for that goal; our tarnished image in the world community would improve substantially.

The greatest tragedy and disaster here at home was caused by Hurricane Katrina and its aftermath. Its dire consequences will be with us for years to come, for there is still no agreement on the measures necessary to prevent similar catastrophes in the future. Fortunately, the administration and Congress can provide for the environmental improvements by appropriating the necessary funds and making sure that experienced personnel are available to do the job.

If the president recognizes the serious domestic and foreign problems that require constructive attention for solution, he must make the necessary changes that are within his power to do. That could involve replacing the officials in his administration who were responsible for creating and implementing foreign policies that are discredited and ineffective. As difficult as such firings would be, he should consider replacing Secretary of State Condoleezza Rice, Secretary of Defense Donald Rumsfeld and Karl Rove, his principal political adviser.

Vice President Dick Cheney can not be dismissed by the president, even though he selected him to fill that office., consequently the vice president must assume some responsibility to bring about constructive changes, for he helped create some of the problems we now face.

It did not become him to attend a dinner in Texas for the purpose of raising a defense fund for former Speaker of the House of Representative Tom Delay who has been charged with crimes involving fundraising for political purposes.

The Senate voted to curtail the use of torture in interrogations by a vote of 91 to one. Again it did not become the vice president or his office to go to the Senate and lobby for an exemption for the CIA from that law.

I have touched on what I consider to be major problems the president should deal with to be effective and people in his administration that he should replace if the Republicans are to retain their majorities in the House and Senate in the 2006 Congressional elections. Probably there is time enough before the November 2006 elections for the president to recover support of enough voters so that his administration can be more or less effective during the two-and-one-half-years of his presidency that remain.

But on the other hand, there is also time for the voters to decide that a change in Congressional leadership is called for, and accordingly vote for new representatives and senators. My instinct tells me that the president will not have the political will or the ability to make necessary changes.

Time will tell.

John Downs

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By Their Works You Shall Know Them

I was born in a country of cathedrals in a continent of cathedrals and have visited these wonderful buildings in many cities. They were built to inspire awe, and they do! The European gothic cathedrals, especially, are amazing technological achievements, built without the benefit of modern tools or construction machines, and without the expertise that comes from architectural and engineering training. Each of these massive creations represents the work of generations of men and women: stone masons, carpenters and craftsmen in wood, stone, stained glass and tapestry.

It is difficult for me to conceive of a building taking many generations to complete. Imagine a young man working on the foundation of such a building, knowing that it would not be finished in his grandson's lifetime! Construction would stop for many years when building problems arose, such as miscalculating the weight of the towers so the foundations cracked and could not support them; or foundations subsiding as the building rose skyward; or towers actually collapsing. For some cathedrals, funds ran out and the partial shell stood empty and exposed to the weather for years until more money could be raised. In England, York Minster, begun in the 1220's, took over 250 years to complete, and Wells Cathedral took 200 years. In contrast, St. Patrick's Cathedral in New York City, the largest modern gothic style cathedral in the United States, begun in 1858, took only 12 years to build.

What was the reason for this dedication to these early, massive building projects? Some say, "Well, it provided work and a living for many people." This is true, but much of the construction work was extremely dangerous, and many people lost their lives or were disabled for life. Novels such as Ken Follett's Pillars of the Earth, William Golding's The Spire and David Macaulay's reference book for young people, Cathedral, are all based on considerable historical research and give the impression that there was more to this dedication than a job. Many of the craftsmen were working "for the glory of God", a powerful incentive at a time when everyday life was so grim. Their works remain today as a testament to that faith.

Recently visiting York Minster again, I felt the impact of this wonderful building that dominates the old part of the city. To a Yorkshire lass, this cathedral is a special place. I love its treasures, stone carvings, stained glass, the wonderful organ and choir, but they are aloof. I feel conscious of what I am, a visitor, just passing through as millions have before me. This was the first time in my life I had seen the Minster without scaffolding on one or another tower or facade. The upkeep and repairs are a constant process requiring huge investments of money and manpower. Some might question these investments, considering the declining use of these cathedrals as places of worship. But I think it is important to preserve these remarkable structures that represent the faith, work and talents of so many lives over more than eight centuries.

At the other end of the spectrum of magnificence lies the small Brigflatts Friends' Meeting House in Sedburgh, England. Built in 1675, it is a simple, whitewashed stone building similar in size to a farmhouse. A peaceful place, it sits at the end of a small lane surrounded by trees and a garden. When we arrived we found the door unlocked. Inside, the smell of dust and wood polish was evident. In the main meeting room, old meetinghouse benches were arranged on three sides of the room, with a facing bench for the clerk and "weighty members" of the Meeting on the fourth side of the room. A raised gallery surrounded three sides of the room, containing boxes of children's materials for First Day School and old prints on the wall familiar to many Quaker families. No collection box for upkeep of this building was obvious, just an open plate on the table for donations for world peace activities.

At one side of the meeting room was a small kitchen and social area. No one was there, but a sign on the table greeted us and invited us to make tea or coffee (Milk in the fridge!) and enjoy cookies. A display of photos of our hosts hung on the wall, their faces greeting us with smiles. All in all it was a warm and welcoming place with no pretensions, obviously focused on serving humanity far and near. Its comforting, caring presence made a deep impression on me.

There is room in my heart for both of these places, the magnificent and the simple. They remind me that there are many ways to nurture the human spirit that connect us through time. The dedication of generations of artisans and the gathering of people together to serve others are powerful human qualities. From them come great enrichment of life and a source for positive change in our world.

Isobel P. Swartz

Letters to the Editor:

(Continued from Page 4)

the few remaining undeveloped places in Vermont. At night, that corner of the Northeast Kingdom is truly dark, and, one hopes, will

over the years, return to a truly wild state. Although the East Mountain Wind "Farm" would be on a 17-acre sliver of private land, it is on the summit of the highest peak (3,400') in this area, entirely surrounded by conserved land to which the public has guaranteed access. At such high elevation rime ice will

reduce the efficiency of the turbines and be thrown off the rotor blades onto protected land, creating a hazard for wildlife and humans alike.

Wind energy can't be stored; it goes directly into the New England power grid, to be used immediately. Thus, it may go to waste if there isn't an immediate

need.

High elevation ridges give us more water than rain and snow combined. This is because the temperature differential at high elevations creates so much condensation on the large surface area of millions of conifer needles. That is why the Nature Conservancy argued for no development over 2,500' in the legislation that was codified in Act 250.

The Vermont Agency of Natural Resources has asked for further study to determine how much the development of the radar base will impact birds and wildlife. Some rare birds, such as the Bicknell's thrush and black-backed woodpecker, currently breed in the area. Pine martens, an endangered species, live in the area. And even those creatures which are not endangered will have their habitat disrupted.

For Vermont, industrial-scale

wind is a poor choice. We have abundant sources of hydro- and biomass-power. Let's use our strengths.

New England's "working landscape," often cited by VPIRG, was based on waterpower. Let the huge wind turbines be built where they are most appropriate, on the wide open mid-western plains from the Dakotas to Texas, where winds tend to be strong and steady.

And let's ask our legislators to encourage hydro, biomass and small-scale wind for towns and individual residences.

Joan Harlowe
East Burke, VT

Thanks

Dear North Star,
Keep up the good work and Happy New Year.

Beverly Daniell McCann
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Five Roads Radiating and a Skyful of Clean Air

(Continued from Page 1)

New York, was a tract called Hillsborough. It was well named as it was 2,500 feet above sea level with hills rising still higher.

It is unique in that although having advantages that might bring it fame as a summer resort, it has no desire to have itself taken possession of by the summer tourist.

Here, in 1783, three young men came, made a clearing, built a log cabin and went back to their New Hampshire homes intending to come back in the spring with their families. Sickness delayed their return. In March of 1784 Captain Charles Sias moved his family over from Peacham on a handsled and "made a pitch" as it was called, about a mile west of

Danville Green.

Several other families came that summer, and the next year 50 families moved in. Thanks to Ethan Allen and the Green Mountain boys, the deeds were granted by the State of Vermont. The town at first called Hillsboro was named Danville in honor of General D'Anville, who with Sir John de Creveceour had brought such timely aid to the young state.

In March 20, 1787, the first town meeting was called, and town officers were chosen. Joshua Stevens was appointed surveyor, the town limits were fixed and certain public lands were set apart for the support of church and state. A system of district schools was organized.

The "old bark meeting house" was built in 1790, in the part of the town since known as the Dole neighborhood, which was already a small village. It was made of logs, covered within and without with bark. The seats were of split logs, resting on blocks of wood. There was no means of heating the building nor were people allowed to take footstoves, so they sat and shivered during a three-hour service. Yet here was organized a Congregational



To Author Willametta A. Preston the four-acre Danville Green today would look much as it did when she wrote about the Village in 1906, and in many ways it would look just as it did to the town mothers and fathers in 1796 when it was cleared to serve as the seat of Caledonia County.

church of twenty members. Rev. John Finch was the first pastor.

In 1792 when Caledonia was organized there was quite a strife as to which town, Danville or Peacham should be the county seat. Danville won because of the generous offer of two of its citizens. Deacon Thomas Dow and Mr. Aaron Hartshorn, whose farms covered what is now Danville Green, offered to give land for public buildings and a village green.

A common was laid out with roads radiating in five directions.

A court house and "gaol" were quickly erected. The "gaol" was of logs hewn square at the ends to be fastened together with wooden pins. A gaol yard was laid out one mile east, west, north and south. Many delinquent debtors moved into this yard as the easiest means of paying their debts. The next jail was of huge granite blocks, some twenty feet long, which were quarried in Danville.

In 1801 the old bark meeting house was burned. A framed structure was started but never completed, for many clung to the

old site with its adjoining burying-ground, while others clamored to be nearer the center of town. After sixteen years of worship in an unfinished building, a new church was built on the Green.

With the county buildings came merchants, lawyers and farmers from the adjoining towns. Mills were built along the stream and villages clustered around them - North Danville, West Danville, Harvey's Hollow, Greenbank's Hollow, Morses's Mills.



The great Elm House, where the Danville Post Office is now, served boarders and summer visitors seeking the fine views and clean air in Danville. The Elm House had 27 guest rooms, twin dining rooms and a ballroom on the third floor. Its proximity to the railroad depot gave it an edge over Thurbers and the Eagle Hotel both located on the main road we know now as Route 2. The Elm House survived the Danville fire of 1889 and dominated the Green and Village for many years thereafter.

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Kevin Gadapee
 Road Foreman



Photos from the Merton Leonard Collection

The brick house and United Methodist Church marked the corner of the Danville Green in 1906 much as they do today. They were an important part of the appeal of the village and the Green leading Author Preston to speculate that Danville was a sleeping giant in the world of tourism. She reasoned that all Danville needed was a willingness to be a fashionable summer resort and a few small hotels.

In 1805 the General Assembly of the State met here, the House sitting in the court house, the Council in the hall of the hotel.

In 1806 Ebenezer Eaton came from Connecticut, driving an ox-cart upon which was a printing press. He had a letter from his brother, General William Eaton whose Tripolitan fame had reached these hills. Ebenezer asked permission to start a paper.

There was no county paper at this time. Peacham had tried one, but it lived only two years. A public meeting was held, and it was voted to give the new enterprise a cordial support. The first number of the *North Star* was published in January 1807. For 50 years it was one of the leading papers of the state. Publication continued until 1890.

Danville raised two Companies for the war of 1812. One was stationed near the Canada line, the other at Portsmouth, N.H. A third company was raised but was not called out. Two companies of Kentucky dragoons were stationed here for some time.

June training, when the militia

from all the towns in the county assembled for their annual drill, was the event of each year.

A state bank was organized in 1826. This was changed afterwards to a national bank. Philips Academy was endowed by its founder, for whom it was named.

In 1824 William Palmer, a rising young lawyer, was chosen U.S. Senator. For seven years he served in Washington, then he was elected governor, and for four years Danville had the honor of claiming the Governor of Vermont.

Thaddeus Stevens, son of Joshua, the first surveyor, was also making a name for himself. [Thaddeus Stevens was born in Danville in 1792. He was a Radical Republican member of the U.S. Congress from Pennsylvania and recognized as an astute legislative leader and champion of human rights.] Danville remembers these sons with pride, and also the fact that Polly Hill, better known as Madam Willard, was born here. There are people now living who can remember going to school with her. [Polly Hill, later Madam

Willard, was the mother of Frances Willard who was a professor and dean of Northwestern University and president of the national (1879) and the world (1888) Woman's Christian Temperance Union.]

But the growth and prosperity of the town was destined to be of limited duration. In 1855 the county seat was changed to St. Johnsbury and with it went many of the lawyers, merchants and men of affairs who had contributed so largely to its prosperity.

Before it recovered from this blow, came the Civil War. Danville furnished more than its quota of men and money for this and thought not of self growth or self improvement but of the needs of the country.

The record of the years since the war shows no marked growth in population, wealth or business. Neither does it show lack of prosperity. In 1872 the railroad came bringing more direct communication with the outside world.

The town has the advantages of fine tillage land, beautiful scenery and cultures people. It is

unique in that although having advantages that might bring it fame as a summer resort, it has no desire to have itself taken possession of by the summer tourist.

Yet it extends a cordial welcome to those who enjoy country life, and to them it affords extensive views, delightful drives over good roads and the best of mountain air.

It welcomes, also, the hay-feverite to whom it offers the long desired haven of rest, affording as it does perfect relief from that tantalizing malady. Not once in all its history has it disappointed a sufferer who came to it.

One gentleman from Washington was so ill he could not lift his head and had to be carried from the train to the carriage. The next morning he had not a vestige of it left, nor did it return during the entire season. Nor does the place wear out with continued using. A friend of mine has been coming here each season since 1888 and each year with the same beneficial results.

People who have found only partial relief at Bethlehem and other advertised places are perfectly well here and find it difficult to realize that it is indeed the "hay fever season."

Flowers do not have to be banished from the house, fields of goldenrod produce no bad effects, and even the hated ragweed grows under windows without the least harm to the patient.

Why then does not Danville exploit itself? Why not invite the multitude of sufferers?

There are two reasons. One as given above; it is selfish. While the people enjoy the few summer guests who come year after year, they dread the many. They do not

want their quiet village transformed into a fashionable summer resort.

The second reason is that it has no adequate accommodations for caring for more than a limited number. We would be glad of a few small hotels or one large one upon one of the many hills, with summer people coming and going, if only these summer people would be satisfied with perfect health, lovely scenery and the simple life of the place.

Danville has no wish to change in order to attract the multitude.

This article appeared in the October 1906 Vermont magazine and is reprinted here courtesy of the St. Johnsbury Athenaeum. ★



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Rollie Beaupre Quartet Owned Northern Vermont

(Continued from Page 1)

still playing music in Burlington, and the couple moved to St. Johnsbury. Beaupre, who had studied to become a dental technician at Albany Dental School, bought a dental laboratory on Eastern Avenue in St. Johnsbury, and he operated the lab while continuing his musical career, playing with many bands.

It was as natural for them to play as it was to breathe.

Beaupre once traveled to New York City to play with Benny Goodman at the instigation of a vocalist who had performed with both of the men. Beaupre played with the

Goodman Band at the Paramount Theater in New York on Labor Day weekend during wartime in 1942 or 1943. They did four shows a day there for 3 or 4 days, and Beaupre remembers many military servicemen and women in the theater and at the stage door canteen next door.

He was invited to accompany Goodman to California to perform in a movie. Beaupre considered the offer but decided to return to St. Johnsbury and his family and business. Nevertheless, the taste of life in the big city was exciting and he looks back on those four days as a great experience.

Beaupre operated the Dental Laboratory until he retired in 1991. But he continued to play his drums.

Stan Folsom was born in Lyman, NH in 1928. He took

piano lessons but preferred to play softball. He listened to jazz records and started playing by ear (the music gene!). Folsom graduated from Marshfield High School and attended the Lyndon Teachers College. Folsom sat in with the H. Guy Dunbar Band as a college student and met Beaupre during that time.

Following graduation from Lyndon Folsom taught at schools in Rochester, Randolph and Milton while continuing to play solo and with various groups around the state. He remained in touch with Beaupre, and the two began playing together while Folsom was in Randolph. In 1961 Folsom married Sally Rae Perron while in Milton. He retired from teaching in the mid-1980's, but kept on playing.

Leo Henault, the tenor sax player, was born in St. Johnsbury



Founded by drummer Rollie Beaupre, the Beaupre Quartet was one of the best groups of the era. After a weekend playing with the Benny Goodman Band in 1942 or 1943, Beaupre considered the offer to stay with the group but chose to return to St. Johnsbury, his business and family.



Beaupre Family Photographs

Rollie Beaupre's parents bought him his first drum set when he was a freshman at Cathedral High School in Burlington, and before he was out of high school he had been invited to play with the University of Vermont Jazz Band.

in 1925. He graduated from St. Johnsbury Academy in 1943. Henault took a few music lessons, but his wife, Pauline (LaFlamme) Henault, says "His music came from his heart."

Henault played during high school in a small band, but after graduation he went into his father's printing business, the Henault Press on Eastern Avenue in St. Johnsbury. He continued to play in the area. Eventually Henault took over the printing business and operated it until retirement in the early 1980's. But like Beaupre and Folsom, he continued his music.

Henault was a charter member of the Big Band, organized, with the help of its mentor Beaupre in 1977. Henault was an original member of the Maple Leaf 7 band. In later years he

played with Charlotte Niles, a very well-known organist. Henault died in 1993.

Warren Prince was a plumber by trade and yet considered one of the best bass players in the area. Prince came from Lancaster, NH. He played for 35 years, including several with Beaupre. Prince died in the late 1960's. Phil Brown replaced Prince for a few gigs, and Beaupre, Folsom and Henault continued as a trio.

The Rollie Beaupre Quartet was very popular and played at the Pioneer Club in Sugar Hill, NH, the Candlelight in St. Johnsbury, Elks clubs and other service clubs and for school proms and wedding and receptions. Folsom says, "During the 1960's we owned northern

(See *Hundreds* on Next Page)

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Up on the Farm Early

Lorna Quimby



The Wilson Orchard

Last October's snow storm finished the Wilson orchard. This was an unusually fruitful year for the apple trees. They were loaded with fruit, boughs bent toward the ground and still carrying their summer's leaves. Heavy wet snow completed the destruction. As we drove by one gray November afternoon, we saw trunks split and broken over. Boughs lay at awkward angles around the ground, like legs of a wounded mythical beast writhing in its last agony.

The orchard went with the Wilson farm. The house and barn stood across the road from the South Part school house. One day, we pupils were taken to see a blue bird's nest in a hole in the trunk of an apple tree, which even then seemed ancient. The bark was rough and dark. I could see the hole. What I couldn't see, in spite of everyone's telling me it was "right there in front of you," were the eggs or the little birds. I could hear peeps, but as for seeing, I felt my usual frustration. What were they talking about?

The orchard was old in the 1930's. There would be the usual assortment of apples, Yellow Transparents, Peach and Duchess for early pies and "sass." Wealthies came later, Wolf Rivers still later, and Baldwins and Russets were for winter keeping. I don't know what apples were actually in the Wilson orchard. There is no one of the family left to tell me. Those I've named were the usual apples in Peacham orchards. I call them "Heritage orchards," and they haven't fared too well.

Historically, apples were an important crop in the area. When transportation was by pack horse or wagon, no one sent apples to market. They made cider, which they poured into barrels. Barrels were efficiently transported. The cider kept well (if aged correctly!) Vinegar was useful, too.

An ample orchard was a selling point when it came to selling a property. When the Jennison farm on the Mack's Mountain road changed hands, the seller reserved half of the apple crop for that year. A similar clause appeared in the sale of the Schmaling place (now Crisman's). Yes, apple trees were considered an asset. Their value declined as the Temperance movement gained momentum and hard cider was no longer a medium of exchange. Many orchards succumbed to cold weather and neglect.

We did not prune trees in the orchards at home. We used the apples, both by the house and up to the Old Place, but it never occurred to any of us to feed the trees. We hayed around the house, where the orchard had been, so Dad spread manure there in the spring. Thus inadvertently - were the remaining trees fed. We pastured cattle at the Old Place, and the orchard

got some benefit. By the time I "came to town," there were three Duchess trees at the extreme south end behind the Old House, a big gap with only one straggly tree and then a half a dozen Baldwin trees.

We lost apple trees in the 1938 hurricane. The old Duchess tree in one corner of the orchard was one that survived. It was split and bent, but one half lived. For years, we enjoyed pies made from those apples. The remnant still bears a small crop each year.

Bitter temperatures during hard winters decimated still more orchards. But recently we've lost a lot more, and the loss has nothing to do with either wind or freezing temperatures.

Dick's folks had the remains of a large orchard across the road. On a dark November afternoon, Mother Quimby would sit with her knitting by the front window and watch the deer come into the orchard. The trees had never been fed or pruned, but year after year, she froze and canned all the apples they needed. It was from their orchard I had my first Wolf River apple. They were much larger than other apples — sort of a pumpkin among apples — and the sauce we made from them was a bright pink and had its own delicious flavor. After the farm was split up and sold to others, the new owner had the orchard cut down.

There are still a few Heritage orchards to be found. In the Corner, behind Jamieson's house, is a large one. The Smiths, who live on the old Jennison farm on the Mack's Mountain road, have another, although some of their trees were badly damaged by the same snow that did for the Wilson orchard. The O'Briens, on East Hill, have some of the old apple trees. And Omri

Parsons, who lives on the Green Bay Loop, has started to plant Heritage trees in the orchard by his house. In the spring, walking up the hill from East Peacham to the Corner, I enjoy the sight of the houses embowered by the flowering apple trees.

When you stand under an apple tree in full bloom, bees murmuring among the blossoms, and smell the sweet odor and see the pink and white petals against a blue spring sky, there's no dollars and cents involved in your pleasure.

I've emphasized the economic value of the trees, but apple trees give us something else. When you stand under an apple tree in full bloom, bees murmuring among the blossoms, and smell the sweet odor and see the pink and white petals against a blue spring sky, there's no dollars and cents involved in your pleasure. Drive around and notice the remnants of the Heritage orchards around the outlying houses and in the villages. Shouldn't we value these old orchards for the beauty they bring to us, free of charge, as well as for the variety they could bring to our meals? ★

Hundreds of People Attended Our Dances

(Continued from Page 8)

Vermont and New Hampshire! Hundreds of people attended our dances and loved to dance to our music. Rollie got dancers on the floor and kept them there. He was the best band leader I knew."

The Rollie Beaupre Quartet disbanded in the late 1960's. However, each of the musicians continued to play with H. Guy Dunbar, Charlie Hoar, Cliff Greenwood, the Ambassadors and others. The Ambassadors were owned by a Harry Pitman of Barre. Pitman died in a car accident while traveling to a dance. Later, Beaupre took over the Ambassadors and the ensemble became known as Rollie Beaupre's Big Band, playing at Forest Lake in Whitefield, NH, Cole's Pond in Walden and other halls. Folsom and Henault played with the Big Band during those years.

Beaupre and Henault played in the original Twilight Jazz Band (with Les Blodgett on trumpet, Phil Brown on bass and John Goodrich on piano). Beaupre continued to perform until a few years ago, but finally had to give up sitting on the drummer's stool because of back problems.

In 1965 The Rollie Beaupre Quartet traveled to radio station WDEV in Waterbury and recorded a long-playing record. The album was produced by Loren Phelps and Vic Gilding. Phelps says, "These men were the best musicians in St. Johnsbury!"

It was a copy of that very record that I found and listened to on my record player. Each time I play it I hear more, and I am continually impressed by the artistry of those musicians. Compositions by the Quartet are still wonderful listening and dancing music. When I hear them I easily imagine those wonderful dances at pavilions across Vermont and New Hampshire.

Tunes on the record are *It's a Wonderful Life*, *Stan's Idea*, *What Kind of Fool am I*, *I Hear Music*, *Li'l Darlin'*, *In Deep*, *Just Between Us*, *I Left My Heart in San Francisco*, *One Note Samba*, *Let's Fall in Love*, *For Heaven's Sake* and the *C. Jam Blues*. ★

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They Always Ask When My Daughter Is Coming Back to the Classroom

(Continued from Page 1)

working with professionals with standards of behavior and standards of dress that were familiar from the Academy, but a big change from those on the assembly line. People were flying all over the place and driving Mercedes to work. They had high expectations of the people who worked for them.

What she has accomplished while being a mother is incredible."

"My boss had accounts all across the country, and she involved me as her assistant in a way I will never forget. She was very capable and a successful woman - a mentor. She was old enough to be my mother, but we hit it off, and she gave me all kinds of responsibility. When she was away for a few days I filled in for her. It was seamless."

Perkins' daughter, Karya, was born in November 1999. Perkins was enjoying a supportive and understanding boss, a lovely

garage apartment on a country estate in southern New Hampshire and all manner of opportunities at work. "They wanted to promote me and give me my own accounts, but it would have meant more time and travel. My daughter was there, and we had this great place two hours from family. I just couldn't do it."

Two years later Perkins was in Vermont visiting relatives and on a whim took a tour of the college on Vail Hill over Lyndonville. "I saw the graphic design department," she says, "and I felt right at home."

Perkins' mentor and friend from Concord offered unconditional support, and in 2002 the single mother resigned from her job and headed for Vermont and college. She was six years older than her classmates.

"It was interesting," she says. "I didn't see myself as a lot older, and some were from very specialized high schools with technical experience certainly equal to mine. One thing was that I could always write and speak well - I could communicate. But the biggest difference was our priorities outside of the classroom."

Perkins had two jobs and a young daughter, yet she says, "I am far from alone. There are a lot of nontraditional students here. They accommodate it at Lyndon, and

sometimes when I think I am overloaded I find someone else who is balancing far more than I in their lives, and that's a motivation."

Perkins is majoring in graphic design. She says, "I understand the value in what I am doing, and the teachers know I am here because I want this stuff. I take the initiative, and I think they respect my skills of organization." Perkins' grade point in her major is 4.0, the equivalent of straight A's. Overall her grade point is 3.6, but Perkins accepts that and confesses to having learned that running out of time is a fact of a busy life.

Perkins is quick to say her experience is not about going it alone. Her family has been supportive and helpful and the other (mostly younger) students have been an important part of her experience. "Their attitude is good for me in a way that helps me from taking myself too seriously."

She credits her teachers, as well. "They understand, and they have been incredibly helpful."

Associate Professor of Graphic Design Barclay Tucker says, "Karen is one of the best students we've had. She is open and willing to contribute in class. She pushes me to do better, and what she has accomplished while being a mother is incredible."

Between two jobs and the full time responsibilities of parenthood Perkins has pushed on, and

although she had hoped to graduate in May 2006, she sees commencement as more likely in December or May the following year. She has a new boyfriend and plans to get married. Graduation may wait for a semester or even two.

"I expect to do freelance work, and there are people in Concord waiting to see my portfolio. I have worked on publications for the college admissions office, the graphics department and other projects including brochures and packaging for the new college course catalogue on CD. I'm networking all the time."

Perkins says she is motivated by her fiancée, by her parents and other close friends but most importantly by her daughter. She says, "I want her to understand the importance of education and the value of strong work ethic. This is the way I can do that."

Perkins smiles at the number of times her daughter has been in the Lyndon State College classroom. "One day I explained to her that I was going to be taking a math test, and she had to be very quiet and not bother anybody. My daughter sat there and worked on a coloring project, and when I turned in my test, there she was turning in the picture she had been working on. The teacher went along with it, gave her a grade and constructive comments, and she took it all as

quite normal."

When Perkins' daughter started kindergarten she wanted to know where the desks and the teachers were. Her assessment of kindergarten was, "We play games and do projects all the time - it's pretty boring."

On this day Perkins laughs as she balances a coffee cup in one hand and cell phone in the other. "Our first parent teacher conference was good for us both. We both heard the importance of giving others a chance, and that is important, but nobody has to teach us how to come out of our shell."

As for what follows graduation, Perkins has thought about returning to what she calls the "corporate buzz."

She says, "Part of me would like to get back to it, but I really like it around here. After all where else can you find so much diversity where people can just be themselves? You go to work and everyone puts on their work face."

Perkins admits she finds herself thinking more about the future these days. "I'll graduate with \$40,000 of debt for college, and I catch myself looking out the window and wondering what's next. I've been thinking more about staying right here as a teacher. This is a great place to raise children, and my daughter, she's 6, wants to be a veterinarian. Maybe I'll just have to see." ★

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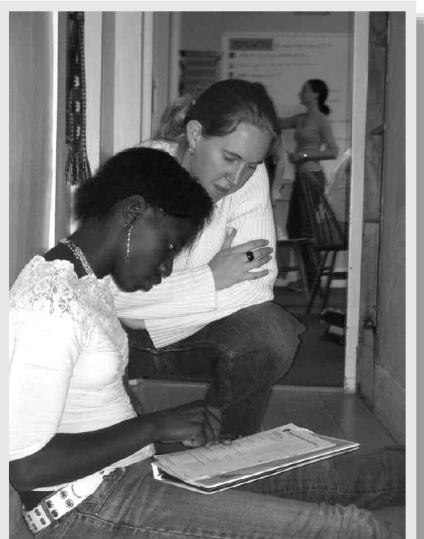


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Photo By: North Star/David Ballou

Karen Perkins and her 6-year old daughter, Karya, are familiar personalities in the computer graphics lab at Lyndon State College. Karen is a non-traditional student. She's a single mother and a college junior at age 29. She hopes to graduate next December or the following year in May. Karya wants to be a veterinarian.

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Follow the Money

by Rachel Siegel

"The Chairman"

This year, for the first time since 1987, there will be a new chair of the Board of Governors of the Federal Reserve Bank. Altogether there are seven members of the Board, which oversees a system of 12 district banks with 25 branches. It is not a retail system but a bank for banks, overseeing all other banks and setting the monetary policies that direct our economy. The Fed Chair is at the top of this pyramid.

Our banking system is not just a conduit of money that thus enables the transactions and the trade that is our market economy but it is also the origin of our supply of money. The federal government controls that supply of money, which is what every sovereign government does, in order to create the currency with which we can trade, measure and store our wealth. Providing that currency is crucial to enabling the economy to function; without currency, we would be limited to what we could barter – very limited indeed.

We decided to have the federal government supply our currency in 1863, with the passage of the National Bank Act (the task was assigned to the Federal Reserve Bank in 1913, when it was created). Before that, local and state banks issued currencies, but as the country expanded and as transportation and communication systems grew to create a national economy, we needed a standardized, nationally accepted currency. We needed one seamless system for clearing transactions, and we needed oversight of the local and state banks, but most of all, we needed one central control of the money supply, so that the flow of currency into the economy was not too fast or too slow for our economic growth.

As an economy grows, more currency is needed to enable more trade. If the creation of currency is too slow for the economy, then demand for dollars rises - with the increasing economic activity - faster than supply. As each dollar becomes more and more valuable, that will create deflation. The value of a currency is what it can buy, so as the value of the dollar rises, each one purchases more and more goods,

which means that goods' prices are falling. That sounds fine, but that also means that the value of our labor falls and so do our incomes.

If currency is created faster than the economy's ability to use it, then the supply of dollars grows faster than demand, and the value of the dollar falls (and prices rise) and we have inflation. The supply of money should be just right – not too fast and not too slow – to keep pace with economic growth.

Control of the money supply is therefore a matter of national sovereignty, or really of national security, because any government must protect its economy. No government can allow its economy to be flooded with currency or starved of it.

Our Federal Reserve System manages our money supply, just as central banks in most developed economies do. The Fed has three ways to literally control the money supply – by changing the reserve requirement (deposits that cannot be lent out) for banks, by changing the discount rate (the interest rate that banks pay to borrow from the Fed to cover fluctuations in their reserves) and by buying and selling government bonds.

Economists mostly agree that monetary policy – the management of the money supply – does have real consequences for our economy, but the Fed Chair alone does not determine policy. The Board of Governors (seven members) decides the reserve requirements and many of the regulations for banks. The Fed Open Market Committee – seven

governors plus the twelve district bank presidents - determines the Fed policies on the discount rate and on the purchase and sale of government bonds.

The Fed Chair manages the Federal Reserve System and its staff, presides over Board meetings and testifies before Congress to inform us as to how the economy is doing and will do and what the Fed is doing to protect it. He does not make policy so much as he sees to it that policy is made.

Control of the money supply is therefore a matter of national sovereignty, or really of national security, because any government must protect its economy.

To the public, the Chair is the face and the voice of the Fed, and thus his philosophies and beliefs about how actively the Fed should manage the money supply, and about how and how much it affects our economy, become larger than life. The Chair is at the helm, although hardly without a vast crew, and we hope for a steady hand on the tiller through rough or calm seas.

Rachel S. Siegel, CFA, consults on investment portfolio performance and strategy, and on accounting and tax dilemmas. She has an MBA from Yale; she is a professor in the business administration department at Lyndon State College. ★

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that would overpower
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as
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for the traveler
would cut its way
through the farmer's field
with exits to McDonalds
and Burger King
pass the local Diner
without a drive-through
Careful Careful
the tree farmer
would understand restraint
with select cutting
leave some for later
knows
what the clear cutter
doesn't want to hear
Careful Careful
the delicate balance
we tip
when our tastes
are too rich
and greed
overpowers
the broth

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Walden Hill Journal

ELLEN GOLD

January 1, 2005 - We're having a very icy start to 2005. What began as freezing rain that closed I-89 from Waterbury all the way to the Canadian border, turned into just rain as the temperature rose about 10-15 degrees. More snow was washed away, but the ice beneath remains and is being added to as more freezing rain falls today, glazing the windows and blurring our view. The forecast is for warmer weather and rain that will hopefully wash down the ice pack that's coating both drives. A substantive snow dump would solve the problem too.

January 4, 2005 - Redpolls have returned, adding a splash of rosy color to the leafless trees. Weather farther north must not be as mild as here to drive the flocks south of the border. We had an aggressive mourning dove yesterday, fanning its wings to drive the squirrels away. In the process, the dove would lose footing and glissade down the hill. Between the fanning and sliding, we had quite an interesting ballet. Bluejays have joined

the morning feeders as well as our lone blackbird. Chickadees of course are our constant companions.

January 7, 2005 - Our 12 hour snowfall left a modest 3 to 4 inches of snow on the ground. It's just enough to paint a beautiful winter scene and give better purchase to that treacherous ice. It also gives a false sense of security to anyone who forgets what lies a few inches underneath. Once we get a foot or 2 of new snow, that icy problem will be solved. Sunshine prevails as the clouds linger over the emerging distant mountains. A constant "breeze" keeps a dusting of snow in motion, sparkling in the otherwise crystal clear air.

January 9, 2005 - Sunday is living up to its name. Sunlight floods into the house, bringing solar warmth and a brightness that only occurs with the magnifying intensity of snow-reflected light. Another several inches fell yesterday, coating our world in a mantle of white. Evergreen boughs are pointed downward with the weight of the snow. A classic more gentle winter scene finally delights our view. We lost

the sun by early afternoon, but it was still mild enough for a walk in the woods. I've only been on snowshoes twice this winter so the trail is not yet established. It took some dead-ends and backtracking, but I managed to open our winter path.

I came across a beautiful impression of a grouse's tail and was admiring it when the bird made its presence known, bursting into flight. It's nature's very own "stress test" for those of us who are lulled into the peaceful beauty of the winter woods. It looks like a mouse or two has been out, "knitting" trails in the snow. I guess they haven't had enough snow to establish their winter tunnels and so are staying above ground for now.

January 11, 2005 - Zero this morning but full sun brightens the day. More snow overnight painted a beautiful wintery scene. Warmer temperatures yesterday brought more icy precipitation, locking the pines in a brittle cloak of frost with intricate patterns of ice crystals and frozen snowflakes hung on the branches. Fortunately there was also enough snow to cushion the

ground.

Our off-again, on-again phone line is causing problems. We forget how dependent we are on the phone. Those e-mails really add up, and although they may not be important, they are a regular part of our daily routine. Then of course it's the regular phone calls that are now unintelligible and the business faxes that can't come through the static. We do fine when we lose electricity but loss of telecommunications is a different story.

January 18, 2005 - We're back home in the snow after 5 days in Florida to celebrate Dad's 90th birthday. Four generations gathered for the great occasion, and everyone from the 90-year old patriarch to the 1½ year old youngest great grandson thoroughly enjoyed themselves. Unfortunately, Florida was mostly cloudy, cool and rainy but very green. We did manage a few hikes to enjoy the tropical flora and fauna, especially the exotic birds.

We arrived home late last night to a cleared upper drive, a sanded porch and a welcoming light. Our well-cared for cats greeted us at the door. We're very fortunate to have good, caring neighbors on Walden Hill. So now we're attempting to warm up the house and will work on clearing the bottom drive for access to the garage. We didn't appear to get too much snow while we were gone but the wind has piled the drifts up against the garage door. We actually left during a 24 hour January thaw but that brief chapter was quickly closed and subzero winter weather has resumed.

January 20, 2005 - It's 5 o'clock and although the sun has set, twilight lingers. We're just beginning to see an increase in daylight hours at day's end. Winter still retains its tight grip as the thermometer heads below zero.

There's talk of possible

Northern Lights tonight. We're fortunate to have good indoor viewing of the northern sky. The combination of howling winds and subzero temperatures makes it imperative to remain inside tonight.

January 21, 2005 - No luck with Northern Lights last night. The moon was just too bright. I had knocked on the thermometer a bit to unlock its iced-up spring mechanism. It went from 20° above to zero immediately and reached -21° below this morning. Maybe I should have left it stuck at 20°. More sunshine on this cold day which is a real plus especially with wind-chill advisories in effect. "High" of -10° today with -25° tonight. Hopefully we'll get a break from all this subzero weather soon. The only outside chore I did was a walk to the mailbox. Even with full sun at noon, it was a brutal few minutes to the road and back.

January 23, 2005 - We actually saw the thermometer rise all the way to zero today which is 25 degrees warmer than yesterday. Full sun gave a false impression of good snow-shoeing weather. I went out early afternoon to clear the stairs and refill the bird feeders, which are being emptied daily. A quick trip to the compost bin was the only additional time spent outdoors.

The wind took away any hope of staying out for a snowshoe through the woods. Even with a double set of gloves and mittens, my hands were numb after only about five minutes outside. At least I was able to do a little more than just walk to the mailbox. Jeff was about to head out to snowblow when I came in and told him not to risk it. There'll be plenty of time tomorrow and hopefully less wind and warmer temps for clearing the drive. The sun has just set, leaving a rosy glow on the snow and -10° on the thermometer.

January 25, 2005 - It's a



A holiday message from Paul Bengtson and Northeastern Vermont Regional Hospital



THE HOLIDAY SEASON is a time for reflection, and this year I again find that I have a lot to be thankful for. At NVRH, we are committed to making our community a better place by working to meet the healthcare needs in our region.

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This is just a small example of what I have to be thankful for, and like you, I look forward to a new year filled with hope and success.

I feel fortunate to work with the fine people here at NVRH. On behalf of all of us, I wish you a holiday season filled with joy, peace, and good health.

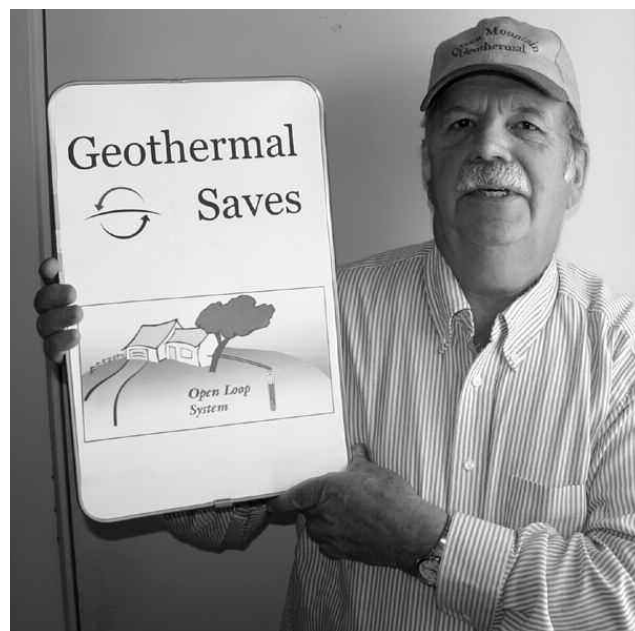
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Photo By: Jeff Gold

zero degree, sun-dog morning. A colorful ice-bow is rising with the sun, arcing and shooting up from the horizon through a misty, blowing snow. It actually warmed to 20° above yesterday. Once the wind settled down, I headed out for a snowshoe. The ice base underneath with a fresh

six inches of snow was perfect footing through the field and woods.

Not too many tracks to see but there were a few telltale

droppings. One was from a grouse, complete with a double wing impression landing. The others were neat rounded hare pellets. It was a pleasant and

peaceful walk through the snow. I was hoping for a full moon snowshoe tonight but a -10° reading convinced me to stay indoors. It sure is beautifully bright and clear.

January 27, 2005 - Went out for a noon snowshoe, taking advantage of the sun's warmest hour on this subzero day. Fresh snow and very little wind made for a perfect, aerobic walk through the woods and field. Chickadees are trilling more boldly and regularly now, adding the warmth of their song to this otherwise frigid day.

It feels good to be back into a more normal winter rhythm. First ice and lack of snow, then dangerously cold and windy weather kept me housebound. But there's no need now to stay indoors, especially with full sun to brighten the day.

Even indoors though, there was plenty to see. I caught a glimpse of a fox yesterday running through the woods across the road. His reddish-brown fur was easily visible against the snow. Then of course there are the magnificent starlit skies, shimmering in the subzero nights and the strong beacon of the full moon stretching long moon

shadows across the brightly lit snow.

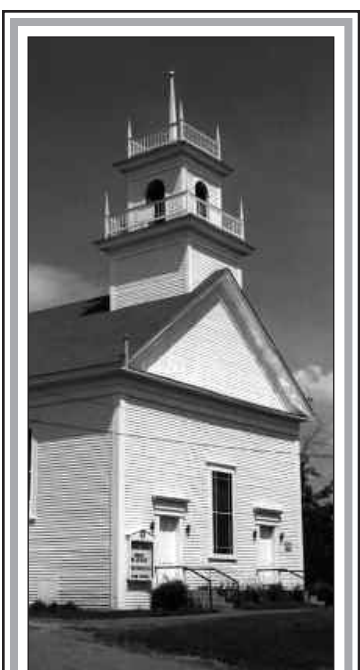
January 31, 2005 - We're ending January on a balmy note. Daytime temperatures have risen up into the 20's with an abundance of sunshine. Once the sun is down though, the thermometer hovers on either side of zero with sharp, clear starlit nights. The waning moon still rises with full brightness a little later each night. It always manages to send a floodlight beam into our bedroom loft just as we're heading to sleep. It's been a week of glorious snow-shoeing.

There's a very lengthy well-trodden canine track across the length of our field from the Kittredge Road into the woods. It looks as though a pack of coyotes may have wandered through. There was also indication of a lone animal crossing the pond near the old beaver lodge and a very artistically drawn mouse track near the cattails. Winter is putting on a more friendly daytime face for snow-mobilers and kids with sleds all playing in the snow. Night however continues to be indoor time with winter's harshness holding on with a firm, frigid grip. ★

Deer Season

Summer is over. October is here.
 Soon the hunters will be chasing the deer,
 Out in the woods and over the ridge,
 Hoping to put venison into the 'fridge.
 There's muskets and arrows, rifles galore,
 With every hunter hoping to score.
 Into the woods slowly they creep.
 Anything with antlers surely they'll keep.
 When it is over and hunting's no more,
 Out by the road sides are beer cans galore.

Richard Quimby



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Kronos Quartet Heads for Hanover

For more than 30 years, the Kronos Quartet - David Harrington and John Sherba (violins), Hank Dutt (viola) and Jeffrey Zeigler (cello) - has pursued an artistic vision, combining fearless exploration with a commitment to expanding the range and context of a string quartet.

Kronos has become one of the most celebrated and influential ensembles of our time, performing worldwide, releasing more than 40 recordings of extraordinary breadth and creativity, collaborating with some of the world's most eclectic composers and performers and commissioning hundreds of works and arrangements for string quartet. Kronos' work has earned numerous awards, including a Grammy for Best Chamber Music Performance (2004) and "Musicians of the Year" (2003) from Musical America.

Kronos' approach dates to the ensemble's origins. In 1973, Harrington was inspired to form Kronos after hearing George Crumb's Black Angels, a highly unorthodox, Vietnam War-inspired work featuring bowed water glasses, spoken word passages and electronic effects.

Kronos went on to build an eclectic repertoire for string quartet, performing and recording works by 20th-century masters, contemporary composers, jazz legends and artists from even farther afield (rock guitar legend Jimi Hendrix, Pakistani vocal master

Pandit Pran Nath and avant-garde saxophonist John Zorn).

Integral to Kronos' work is a series of collaborations with many of the world's foremost composers. One of the quartet's frequent composer-collaborators is "Father of Minimalism" Terry Riley, whose work with Kronos includes the early *Sunrise of the Planetary Dream Collector*; *Cadenza on the Night Plain* and *Salome Dances for Peace*; 2002's *Sun Rings*, a multimedia, NASA-commissioned ode to the earth and its people, featuring celestial sounds and images gathered by the space agency; and, most recently, *The Cusp of Magic*, commissioned for Kronos in honor of Riley's 70th birthday.

Kronos has collaborated extensively with composers such as Philip Glass, recording his complete string quartets and scores to films like *Mishima* and *Dracula* (a restored edition of the Bela Lugosi classic); Azerbaijan's *Franghiz Ali Zadeh*, whose works are featured on the full-length 2005 Kronos release *Mugam Sayagi: Music of Franghiz Ali Zadeh*; Steve Reich, whose Kronos-recorded *Different Trains* earned a Grammy; and Argentina's Osvaldo Golijov, a MacArthur Fellow whose work includes both compositions and extensive arrangements for albums like *Caravan* and *Nuevo*.

Kronos counts many artists from around the world among its regular collaborators, including the

legendary Bollywood "playback singer" Asha Bhosle, featured on Kronos latest CD; and the unbridled British cabaret trio, the Tiger Lillies. Kronos has performed live with Allen Ginsberg, Modern Jazz Quartet, Tom Waits, Betty Carter and David Bowie, and has appeared on recordings by such talents as singer-songwriters Dave Matthews, Nelly Furtado, Rokia Traore, Joan Armatrading, and Texas yodeler Don Walser.

The Quartet spends five months of each year on tour, appearing in concert halls, clubs and festivals including Dartmouth College's Hopkins Center on January 14. Mark your calendar, call the Hopkins Center and get ready to make tracks to Hanover. This is not your great aunt's chamber music.



The Kronos Quartet will perform in Hanover on January 14. This is not your ordinary chamber music.

the ARTS around

January

- 6 Tambor, Middle Earth Music, Bradford.
- 6-12 *Pride & Prejudice* (2005, England) [PG] Director: Joe Wright. Faithful to the setting and period of the beloved Jane Austen novel and filmed entirely in the U.K., this is the first feature film version of the story in 65 years. The classic tale of love and misunderstanding unfolds in class-conscious England near the close of the 18th century. Catamount Arts, St. Johnsbury. (802) 748-2600.
- 6&7 Dutch Theater Company Kassys presents *Kommer* (Grief), Hopkins Center for the Arts, Hanover, NH.
- 7 Driftwood Citizens, Middle Earth Music, Bradford.
- 7 Denyce Graves, Mezzo-Soprano with Warren Jones on Piano, Hopkins Center for the Arts, Hanover, NH.
- 10 Rolling Stones, Bell Centre, Montreal, PQ.
- 12&13 Bill T. Jones/Arnie Zane Dance Company present *Blind Date*, Hopkins Center for the Arts, Hanover, NH.
- 12-Feb 21 Nicolas McGowan exhibition, Artisan's Guild, St. Johnsbury.
- 13-19 *A History of Violence* (2005, U.S.) [R] Director:

- David Cronenberg. Tom Stall has a happy and quiet life with his lawyer wife and two children in the small town of Millbrook, IN when one he foils a vicious attempted robbery in his diner. Heralded as a hero, Tom's life is changed overnight. Catamount Arts, St. Johnsbury.
- 13&15 Rolling Stones, Fleetcenter, Boston.
- 14 Viscus, Middle Earth Music, Bradford.
- 14 Kronos Quartet, Hopkins Center for the Arts, Hanover, NH.
- 14 Rebecca Padula, The Music Box, Craftsbury, (802) 586-7533.
- 16 The Wailers, Paradise, Boston.
- 19 Trinity Repertory Company present *Grandchildren of the Buffalo Soldiers*, Hopkins Center for the Arts, Hanover, NH.
- 20 Knobby Reed Project, Middle Earth Music, Bradford.
- 20 Big Spike Bluegrass, Morse Center, St. Johnsbury.
- 20-26 *The Overture* (2004, Thailand) [NR] Director: Ittisoontorn Vichailak. Inspired by the life of maestro Luang Pradit Pairon, the storied master of Thailand's traditional wooden xylophone this film bursts with color, energy and music.

- Catamount Arts, St. Johnsbury.
- 21 Stone Cold Roosters, Middle Earth Music, Bradford.
- 21 Maria Schneider Orchestra, Hopkins Center for the Arts, Hanover, NH.
- 24 Hirsch-Pinkas Piano Duo, Hopkins Center for the Arts, Hanover, NH.
- 26 B.B. King, Capitol Center, Concord, NH.
- 27 Ojos De Brujo, Hopkins Center for the Arts, Hanover, NH.
- 27 Aztec Two Step, Middle Earth Music, Bradford.
- 27-February 2 *The Squid and the Whale* (2005, U.S.) [R] Director: Noah Baumbach. Two kids grapple with the confusing and conflicted feelings that arise from the sudden collapse of their parents' marriage. An exquisitely layered look at divorce and the resiliency of youth the film deftly navigates, with tension and humor, the realities of a family in transition learning to redefine itself. Catamount Arts, St. Johnsbury.
- 28 Dave Keller Band, Middle Earth Music, Bradford.
- 28 Melissa Ferrick, Higher Ground, Burlington.
- 29 Big Head Todd & The Monsters with Jackie Greene, Avalon, Boston.
- 29 B.B. King, Symphony Hall, Boston.

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St. Johnsbury - an Industrial Utopia

How St. Johnsbury became so famous will be the topic of a lecture at the Athenaeum by Dartmouth Professor Emeritus Jere Daniel.

St. Johnsbury: A Model Industrial Utopia, will reflect the extraordinary display currently in the second floor alcove, which celebrates the 175th birthday of the Fairbanks Manufacturing Company.

From 1964 until his retirement in 2003 Jere Daniel taught history at Dartmouth with a concentration on the history of towns.

Daniel grew up in Millinocket, ME and has been interested in mill towns, like St. Johnsbury throughout his life. He has lectured in over 300

Vermont locations, featuring in each lecture historical details specific to the community.

In Daniel's words, "By the late nineteenth century St. Johnsbury had become both internationally and regionally admired as a model industrial community. My lecture will explain how and why this community became so famous."

The January 13 lecture will coincide with the dedication of the beautiful maple display case at the top of the stairs at the Athenaeum. Designed and built by Sally Fishburn of Danville and given to the library by the children of Ned and Sarah Handy in honor of their Mother, the case will be safely holding examples of the Athenaeum's rare book

collection as well as other displays for generations to come.

Paul Chouinard, a collector of Fairbanks Company artifacts and memorabilia, created the current display, on view through January 2006. Chouinard's exhibit includes scales, brass measures, images, artifacts and explanatory materials from his collection, as well as maps and images reproduced by another Fairbanks Scales collector, H. Brooke Paige.

Doors will open at 6:00 p.m. for the public to enjoy the exhibit, chat with members of the Handy Family and sample refreshments. The lecture will begin at 7:00 p.m. For information call (802) 748-8291. ★

North Country Chorus Presents Madrigal Dinner 2006

Tickets are on sale for the 25th Annual Madrigal Dinner presented by the North Country Chorus at the Monroe, NH, Town Hall. In this all new production, you'll spend an entertaining evening at the court of Queen Elizabeth I. Performances will be held on Friday, January 20 and Saturday, January 21 at 6:30 p.m. and Sunday, January 22 at 4:30 p.m.

Tickets are \$25 per person and available by mail only on a first-come basis. Special for Friday

only - purchase an entire table (10 seats) for \$200. Please send your check, your first and second preferences for date and a stamped, self-addressed envelope to Sue Parmenter, 460 Hayward Rd, Corinth, VT 05039. Include your name, mailing address, phone number and email address. Tickets make great gifts!

Sorry, there are no phone reservations. For more information: call (802) 439-5046, email loghome@tops-tele.com or visit www.northcountrychorus.org ★



The 25th North Country Chorus Madrigal Dinner will be at the Monroe Town Hall on January 20-22.

Pope Library Young Adult Program Defines New Year's Wishes

Considering that we are about to embark on a new year, I asked the exuberant youth who thunder up the library stairs each Monday, Wednesday and Friday after school what their New Year's Resolutions were. They were all adamant about having none, and so I posed a different question: What do you wish for or what would you like to change in your life?

They pondered this and gave the following responses: I wish I had an unlimited library filled with all the books I love; I wish

there were no rules at home; I wish we'd win the megabucks; I would rather be rich than poor; I wish I had a Hummer Limo that would go 500 m.p.h.; I wish I lived in Florida where there are no tornadoes; I wish I had a pony; I wish I had a new Dodge Viper to take on the Pan American Highway and go 1,000 m.p.h.; I would like to live in a place that was warm but not hot and was close to a place where I could snowboard; I wish I had super-powers; I wish that there were someone smarter in the White

House; I hope my Mom passes nursing school; I wish I had more video games; I wish the war would be over; I wish my six-month old cousin didn't have to have an operation; I wish for more money for the YA Program; I wish I didn't have to make a wish.

Happy New Year to all and may your wishes come true. ★



At the Pope Library YA Program are (L-R) Emily Long, Cortney Elliot, Michael Newman, Max Willis, Ben Favreau, Rebecca Newman, Megan Austin and Korey Call.

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- Martin Luther King Jr.

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Let's Not Be Too Serious

VAN PARKER

Life is too serious to be serious about it. If that sounds like a quote, I think it is, sort of. At least I remember someone saying something to that effect. But what in the world does it mean? Sounds like double-talk. But I don't think so.

My favorite president, Abraham Lincoln, was a melancholy man. He suffered from depression at different periods in his life. Beyond that he felt deeply the plight of our country during the Great Rebellion. Would the country hold together?

Why were we involved in such a terrible war? Would we ever see any light at the end of the tunnel?

Sometimes, in the midst of a Cabinet meeting or some other seemingly inappropriate setting, Lincoln's face would light up and he'd say "That reminds me of a story." He'd go on to tell about some character back in Springfield, Ill and how this person had said the funniest thing and maybe that could just shed a little light on the present situation. At one point Lincoln said that if he didn't laugh, he'd cry.

Some friends of ours are

going through a difficult stretch. Neither of them drives anymore. He's having a tough struggle with Parkinson's disease. She feels overwhelmed much of the time. Down the road they have decisions to make about how much help they'll need and where they will live. But Nancy always has had a great sense of humor. She says funny things, often self deprecating, and it always seems to bring fresh air to any situation. We noticed that all over again the last time we saw them.

A middle aged man I know is a great smiler. It's not a false

smile at all. It's just who Luther is. His wife, who must know him as well as anybody, says he's always smiling. He also knows a great deal about many technical subjects. One of these subjects is the new touch-screen voting machine. I've heard him talk about the dangers of these machines being abused and he'll smile while he's talking about them! Somehow it's kind of reassuring. It's almost as though he's saying "Don't we human beings do stupid things! We need to stay on the ball all the time just to save us from ourselves."

I'm a bit of a news junkie, and one of the news people I've watched never seems to smile. I don't know if he has a sense of humor or not. I just wonder if you can process all the news very well without one. Can any of us

process what happens on an ordinary day without shaking our heads and laughing at ourselves. At least it helps us look at things a different way.

The Iona Community is a small community off the coast of Scotland. It dates back to the time of St. Columba. The community has reinvented itself over the centuries and now is an ecumenical center visited by people from all over the world, including some readers of *The North Star*. Their "credo," which is a kind of statement of faith, begins with these words: "We believe in God who made the world, loves it and laughs at it." Wow! Maybe a bit of humor or at least a smile, helps to sort things out.

Perhaps a good New Year's Resolution would be not to take oneself too seriously. ★

It Appears He Was in the Hospital at the Time He Was Listed as Missing in Action

(Continued from Page 16)

wanted to talk about his experiences. He suffered from "shell shock" (now referred to as post traumatic stress disorder) after he returned from Europe and never wanted to speak of his experiences in the Army.

Albert served with Company M 50th Infantry and was in an army hospital until February 7, 1919. There is documentation

that suggests that Albert was in that hospital at the time he was listed as missing in action.

Shortly after his return from Europe, Albert and Marion had another son, Osmun (Jimmy). Albert worked in the South Peacham Creamery until 1925 and moved to Danville around 1927. They lived on the Greenbanks Hollow Road where Albert was a farmer and logger.

In 1945 they moved to the center of town in the house that Judy now owns and the location of the discovered dog tag. At some point after 1945 that tag was either lost or thrown away not to be found again until 50 or 60 years later on the weekend of the 4th of July.

The dog tag is a tribute to the heroism of so many young men, who fought for our country. Many did not return. It is now displayed in the former home of the man who wore it into battle, returned to Danville to raise a family and lived, it seems, a long and happy life.

Marion Randall died on October 15, 1972. Albert died a year later on November 13, 1973 and took many of his secrets with him. ★



Lance Comfort (right) presents members of Albert Randall's family the mysterious dog tag identified as Albert's from World War I. Left to Right: Joyce French, Virginia Frye, Judy Garland, Jerry A. Randall and Joan Field.

Visit Vermont's Forests and Parks in Winter

As we head into Vermont's winter, there is nothing to compare with exploring the wonderful wilderness that makes the state beautiful. Vermont State Parks and Forests offer a pristine environment for a plethora of winter activities from cross-country skiing and snowshoeing to wildlife viewing and ice fishing.

While officially "closed" for the winter, the state parks are available for winter use statewide.

"Vermont State Parks are a wonderful place to enjoy the natural beauty of Vermont and in the winter months we encourage people to enjoy the parks without any crowds or fees," says Larry Simino, director of state parks. "Because the parks are technically closed, they are not staffed, so we ask people to honor the policy of leaving no trace by carrying out everything that they bring in."

Groton State Park has 20,000 acres of uncrowded recreation opportunities at Big Deer, New Discovery, Ricker, Stillwater and even Boulder Beach. Willoughby State Forest and Victory State Forest are also appealing in the off-season. Whether you go there to walk or ride you will surely find it worth the effort.

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BOYS BASKETBALL (JV/V)
January
6 Lyndon @ Hartford, 6:00/7:30
13 Lyndon @ Lamoille, 6:00/7:30
18 U-32 @ Lyndon, 5:30/7:00
20 Oxbow @ Lyndon, 5:30/7:00
25 Theford @ Lyndon, 5:30/7:00
27 Lyndon @ Harwood, 6:00/7:30
February
1 Montpelier @ Lyndon, 5:30/7:00
3 Lyndon @ U-32, 5:30/7:00
8 Lamoille @ Lyndon, 5:30/7:00
10 Lyndon @ Randolph, 6:00/7:30
15 Lyndon @ Oxbow, 6:00/7:30
17 Hartford @ Lyndon, 5:30/7:00
21 Harwood @ Lyndon, 5:30/7:00

FROSH BASKETBALL Girls/Boys
January
3 Peoples @ Lyndon, 5:00/6:30
7 Lyndon @ Harwood (Boys only), 11:00
16 Hazen @ Lyndon, 5:00/6:30
19 Lyndon @ SJA, 5:00/6:30
21 Lyndon @ Randolph, 1:00/2:30
25 Lyndon @ Missisquoi, 5:30/7:00
27 Canaan @ Lyndon, 5:00/6:30
30 Lyndon @ Lake Region, 5:30/7:00
February
1 Lyndon @ Peoples, 6:00/7:30
6 North Country @ Lyndon, 5:00/6:30
10 Missisquoi, 5:00/6:30
13 Enosburg @ Lyndon (Girls only), 5:00

GIRLS BASKETBALL (JV/V)
January
4 Lake Region @ Lyndon, 5:30/7:00
6 U-32 @ Lyndon, 5:30/7:00
14 Lyndon @ Stowe, 1:00/2:30
19 Harwood @ Lyndon, 5:30/7:00
24 Lamoille @ Lyndon, 5:30/7:00
28 Lyndon @ Randolph, 2:00/3:30
February
1 Lyndon @ Rivendell, 6:00/7:30
3 Lyndon @ Montpelier, 6:00/7:30
7 Oxbow @ Lyndon, 5:30/7:00
9 Randolph @ Lyndon, 5:30/7:00
14 Lyndon @ Harwood, 6:00/7:30

ICE HOCKEY
January
4 Colchester @ Lyndon, 6:00 p.m.
7 Lyndon @ Harford, 2:00 p.m.
14 Middlebury @ Lyndon, 7:00 p.m.
18 Lyndon @ North Country, 6:30 p.m.
21 Stowe @ Lyndon, 7:00 p.m.
25 Lyndon @ U-32, 8:00 p.m.
28 Lyndon @ Peoples, 5:00 p.m.
February
1 Mt. Mansfield @ Lyndon, 6:00 p.m.
4 Lyndon @ Burr & Burton, 4:00 p.m.
8 Lyndon @ Woodstock, 8:00 p.m.
11 Montpelier @ Lyndon, 7:00 p.m.

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What's Happening at the Town Hall?

Barnet

Town Clerk: William Hoar
Selectboard: Ted Faris, Stanley Robinson and Gary Bunnell

November 28, 2005

Facilities Committee – Merle Fitzgerald and members of the facilities committee outlined recommendations for future work on various facilities with town garage having top priority and suggestions for town to plan for a new facility.

Fire Department – Chief Ron Morse discussed 2006 budget for fire department.

Stevens River – Board discussed work by Caledonia County Natural Resources Conservation District including roadwork and culvert replacement along Stevens River.

Barnet Village Library – Board discussed current lease of space to Karne Choling in Village Library Building and its expiration on February 1, 2006.

Town Truck Loan – Board agreed to transfer funds from equipment fund to truck fund to make December 31 truck payment of \$29,150.

Special Appropriations – Board discussed request from Area Agency of Aging asking for an increase in special appropriation from \$693 to \$800. No action taken.

Employee Pay Level – Board voted to pay a differential rate of pay for acting road foreman when foreman is on vacation or sick. Rate of pay was not determined.

December 12, 2005

Town Garage – Board discussed having facilities committee proceed with research on site location and preliminary design for a new town garage. Board would like committee to investigate locations with particular interest in town land on Bimson Drive and land around the school on West Barnet Road.

Town Waste Disposal – Board noted letter from Northeast Kingdom Waste Management District recommending that for budgeting purposes town may expect a surcharge rate of \$19.50 per ton on non-recyclable waste, down from \$20 last year.

Appropriations – Board noted requests for budget items for 2006, which increased from 2005: Pleasant View Cemetery Association: \$2,500, up \$500; Area Office on Aging: \$800, up \$100; Rural Community Transportation: \$600, up \$140; and NVDA: \$709.80, up from \$625.

Office Computers – Board reviewed proposal from office software supplier, NEMRC, for a backup service for computer files at off-site location. NEMRC has been doing this but at no charge. NEMRC announced it will be charging for the service in future. Annual fee is \$500, which includes two backup sites, plus assistance if disaster strikes the office and we need to use computer and printer at another site. Board approve agreement for service as proposed.

Budget – Board reviewed preliminary budget worksheets and agreed to meet on December 21 to discuss the

material.

School Paving – On request of school district facilities committee Board agreed to have town paving contractor do small area near school next year in order to save money.

Road Foreman – Road Foreman Maurice Gingue was accepted to Vermont Local Roads Management Academy. Monthly meetings will be in Rutland starting January 10.

December 21, 2005

Tax Anticipation Loans – After review of bids from TD Banknorth, Passumpsic Savings Bank, Union Bank and Community National Bank for \$586,000 loan in anticipation of taxes, Board accepted bid from Passumpsic Savings Bank.

Red Cross Appropriation – After discussing \$250 appropriation request from American Red Cross, Board agreed to place request on town meeting warning.

Budget – Board met with Road Foreman Maurice Gingue and Fire Chief Ronald Morse to discuss department budgets for 2006. During discussion Board agreed town will replace guardrail sections at entrance to new fire station. Board approved agreement with Reynolds & Sons for testing breathing apparatus and monitoring of the scuba air fill trailer at a cost of approximately \$1,000. Board decided to postpone purchase of new plow wing for 2000 International dump truck at price of \$11,125 but agreed to install new antenna at town garage for contact with town vehicle

radios for \$1,300 and repair overhead door at garage in accordance with a \$444 quote from TTS Service.

Cabot

Town Clerk: Chris Kaldor
Selectboard: Larry Gochey, Caleb Pitkin and William Walters

December 7, 2005

Pre-disaster Mitigation – Joshua Schwartz, planner for Central VT Regional Planning Commission, met with Board and reviewed efforts to create town pre-disaster mitigation plan in concert CVRPC. Board voted to adopt Central Vermont Plan and Cabot annex as presented.

UDAG Committee – Andy Leinoff asked for Board direction regarding future of UDAG Fund and Committee. Andy offered several possible plans of action and agreed to research alternatives for revitalizing fund and committee and meeting demands for municipal grants.

Real Estate Purchase – Board voted to sign revised option to purchase ten acres of unimproved land, being the same, more or less, located on Vermont Route 215 South, currently owned by Connie Gould.

Community Land Trust – Board voted to designate nonprofit community development organization as recommended by Central Vermont Community Land Trust.

Budget – Christopher Kaldor reviewed various budget worksheets for 2006.

December 21, 2005

Democracy Committee – Bonnie Dannenberg and Lee Blackwell submitted draft report as recommendations from the democracy committee. Board agreed committee did a great job and voted democracy committee remain a standing committee. Final report will be published in 2006 town report.

UDAG Committee – Board appointed Glenn Goodrich and Tom Considine to fill vacancies on UDAG Committee. Andy Leinoff reported on discussions with Union Bank regarding administration of UDAG Fund. Leinoff noted pending legal fees for fund administration, and Board voted to authorize \$25,000 administrative budget for the Committee.

Town Road Mileage – Board signed agency of transportation certificate of highway mileage year ending February 10, 2006.

Aquatic Nuisance Control – Board noted request from Pam Hebert for an allocation to cover costs of aquatic nuisance control project at Joe's Pond for next summer.

Danville

Town Clerk: Virginia Morse
Selectboard: Marion Sevigny, Larry Gadapee, Rick Sevigny, Marvin Withers and Michael Walsh

December 8, 2005

Town Plan – Following a presentation by planning commission of revised town plan, the process of soliciting public comment over two years and recommendation for approval, Board reviewed the plan, suggested several changes and voted to approve plan as written subject to statutory requirement of 21 day waiting period. Plan will be forwarded to regional planning commission for final approval.

Planning Commission – Board appointed Allison Meaders to planning commission. Further, planning commission received \$9,349 grant to assist in rewriting zoning bylaws. Planning commission intends to hire a consultant as was done for town plan. Following discussion Board approved planning commission's request to purchase laser printer and supplies at a cost of \$981 for printing town plan and other large documents.

Road Crew – Foreman Kevin Gadapee reported road work has been required with wintery conditions, and road crew is working on equipment and installation of wood furnace at town garage. Kevin and road crew have experienced an increasing number of private snow plow operators plowing snow into and across town roads as well as residents snow-blowing into town roads. Board agreed to place an ad in paper to raise awareness of problem.

Fuel Spill – Merton Leonard reported Ross Environmental will test soil and water at location of underground fuel tank on Hill Street. Cost is estimated to be \$7,067. Town will have to pay \$2,261 to meet \$10,000 deductible.

Route 2 Improvements – At a meeting with Route 2 Local Review Committee, VTrans reported construction is scheduled to start in 2008. Local merchants objected to indication that work will last two years.

Village Designation – Town has approval for its Village Center Designation. Owners of commercial buildings in center of Danville Village will be eligible for certain benefits available to a designated village center for next three years.

Reappraisal – Tim Ide and Bill Ottinger are making progress with reappraisal. They have begun verification of property data and are entering completed information into final reappraisal book.

Curb Cut – Board approved curbcut for Vince Foy on Morrill Road.

Personnel – After executive session to discuss a personnel matter no action was taken.



Photo By: North Star Monthly

No Reservations Required. On this bright day between the two coldest sub-zero nights of the year there was plenty of room for picnickers at Joe's Pond Beach in West Danville.

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Minutes from Harvey's Lake

Excerpts from Selectboard Minutes from Area Towns

See your Town Clerk for complete minutes of the meetings

Lyndon

Town Clerk - Lisa Barrett
Selectmen: Martha Feltus, Bruce James and Rob Elmes

November 28, 2005

Highway Department – Board viewed new Sterling truck purchased by highway department and met new employees Joe Lund and Russell Brown.

Library Budget – Board met with representatives from Cobleigh Library and reviewed 2006 budget. Library is asking for \$13,720 increase in annual appropriation.

Access Permit – Board approved access permit for William Chamberlain on Abbey Road.

Employee Health Benefits – Board agreed to retain current prescription drug rider on town health insurance coverage.

December 12, 2005

Highway Department – At 92% through year entire budget is 74% expended.

Bulky Day Dates – Board agreed to bulky day dates proposed by Waste Management District as May 13-10 and October 7-14.

Road Acceptance – Board voted to take over Blue Spruce Lane as class 3 road.

Perpetual Care Agreement – Board voted to approve perpetual care agreement with Paul and Margaret Hilliard.

Gilman Housing – Board voted to discharge a certain mortgage with Gilman Housing Trust associated with a property on Main Street and establish a new one.

Peacham

Town Clerk: Patrick Downes
Selectmen: Gary Swenson, Richard Browne and Tim McKay

November 16, 2005

Fire Department – Board offered its appreciation for a difficult job well done by members of fire department who responded to tragic hunting incident on East Hill. Board conveyed thanks, too, to Danville Rescue Squad.

Road Safety – Hilary Smith met with Board and expressed concern for traffic safety at intersection of Church Street, Bayley-Hazen Road and Old Cemetery Road and at entrance to town office driveway. She mentioned illegal use of ATVs and inquired about policies regarding such activity. Board requested that Sheriff concentrate more efforts on enforcing existing ATV laws, which might include added police patrols.

Caledonia County Budget – Board met with Assistant Judge Kennedy and Sheriff Bergeron to review county budget for 2006. Board asked for a more detailed breakdown of budget.

Transfer Station – Board discussed transfer station matters. Northeast Kingdom Waste Management District notified town that under revised state statutes town may enforce laws regulating illegal burning. Board is continuing feasibility study of purchasing a trash compactor. Board discussed trespassing at transfer station. Only authorized people should have access to dump on days other than Saturday or other days when dump is open; others are trespassers.

Road Matters – Board discussed winter plowing and asked Phil Jejer to develop plan for summer work. Jejer noted there are couple of areas where beavers may be a difficulty, on Rake Factory Road and near Mason and Bartell properties. McKay mentioned possibility of VT Agency for Natural Resources installing beaver baffles for free. Board discussed policy for existing access points as they relate to road maintenance and emphasized importance of Jejer working with landowners to avoid problems.

Treasurer's Report – Treasurer gave his report. Patrick Downes will try to determine if a surplus is expected.

Budget Preparation – Board discussed 2006 budget. Board noted that taxes in 2006 would have to be sufficient to compensate for delinquent taxes. Board noted it has no responsibility or authority over collection of delinquent taxes; that resides with tax collector. Treasurer noted that when delinquent tax collector decides not to run, it would be a good idea for town treasurer to stand for election as tax collector.

Speed Limit Reduction – Board convened hearing on petition to reduce speed limits. After public comment Swenson said if Board decides to amend existing ordinance, there will be a waiting period before ordinance becomes effective, during which citizens may file petitions to bring amended ordinance to a town-wide vote.

December 7, 2005

Snow Machine Access – Francis Berwick asked if there could be snow machine access on Foster's Pond. Board and administrative assistant agreed it is not a good idea.

Transfer Station – Board offered thanks to Neal Gombas, Dave Stauffer and volunteers who helped to complete new transfer station shed. Following discussion Board voted to reject offer by Casella to sell a used trash compactor to town in favor of a full credit in amount of \$8,344.42 for waste management overcharges. Board agreed to continue discussion of purchasing a trash compactor.

Beaver Ponds – Phil Jejer reported three known beaver ponds. Road crew dealt with one pond crisis on Mack's Mountain Road, and Jejer will keep an eye on others.

Town Vehicles – Jejer reported he has

begun comparison-shopping on new truck. Board opened a single bid in of \$18,760 from J&J Rental and Equipment Sales, Inc. for old yellow grader. On Jejer's recommendation Board voted to accept the bid.

Old Post Office – Board discussed use of Old Post Office, specifically allowing organizations to have opportunity to propose lease agreements.

Budget – Board discussed 2006 budget. Board removed NVDA and Northern Vermont Resource Conservation and Development Council from list of special appropriations and added their requests for support as budget items.

Planning Grant – Board noted that full grant request of \$5,775 from department of housing and community affairs for planning commission has been funded.

Zoning Bylaws – Board voted to adopt Peacham Zoning Bylaws as proposed by planning commission and discussed at hearing on December 7.

Personnel – After executive session to discuss personnel matter no action was taken.

St. Johnsbury

Town Manager: Michael Welch
Town Clerk: Sandy Grenier
Selectboard: Bryon Quatrini, Dale Urie, Reg Wakeham, Jerry Rowe and Gary Reis

November 28, 2005

St. Johnsbury WORKS – Barbara Morrow met with Board to review promotional CD. Board agreed disk is of excellent quality and it should be used in as many locations as possible. Board commended St. Johnsbury WORKS for excellent job.

Charter Amendments – Mike Welch reviewed draft charter amendments with Board which when adopted will eliminate offices of fence viewer, inspector of lumber-wood-shingles, second constable and weigher of coal and convey their duties as there may be to town manager or his designee and establish department of assessment including a professional real estate appraiser and three listers as a board of assessment. Board voted to accept draft changes for submission to towns attorney for review.

CALEX EMS Appointment – Board appointed Erin Quatrini Petelle as a St. Johnsbury representative to CALEX EMS board of directors.

Road Signs – Board discussed request for various signs indicating "Hidden Drive," "No U-Turn" and kids crossing the road in front of Recreation Center.

St. Johnsbury Center School Property – Board agreed town should take active role in pursuing development for school property in St. Johnsbury Center. Board agreed to be a part of committee to discuss how best to pursue sound development of the property.

Welcome Center – Town manager reported Welcome Center has "welcomed" more than 20,000 visitors in 2005.

Overnight Parking Ban – Manager reported notifications were mailed to overnight parking permit-holders relative to need to move vehicles for snow removal.

Tax Collection – Sandy Grenier reported that 96.59 percent of 2005 property taxes have been collected. For years prior to 2005 there is a total delinquent tax balance of \$61,000.

December 12, 2005

Downtown Marketing – Town manager reviewed a Preserve America grant proposal prepared by St. Johnsbury Works. Application is for \$30,000-\$35,000 for marketing of St. Johnsbury's Historic Downtown. Proposal objective is to promote and enhance visitor experience in St. Johnsbury, particularly its historic downtown, and to share cultural and historic heritage with a wider audience. Grant requires a 1:1 match, and matching funds are available through Donchian Foundation. After discussion Board voted to approve resolution in support of proposal.

Municipal Building & Fire Station Project – Jay Ancel of Black River Design provided Board with an update on status of fire station and municipal building project. Board discussed schedules, site and construction considerations including use of construction manager or general contractor and possibility of using student workers from St. Johnsbury Academy. Board agreed that it would act as building committee with consideration provided by employees and the public. Further Board agreed to consider a schedule that would lead to a bond vote in May 2006.

Budget Schedule 2006 – Town Manager informed Board that finance committee has not been able to make recommendations on 2006 budget because the manager did not have

material prepared in time for Committee to review. Board directed manager to proceed with budget schedule and, if additional meetings are required, to recommend same to Board. Finance Committee will concentrate efforts on preparation of Capital Improvement Plan and review of Water/Sewer rate structure.

Town Plan – Town Manager informed Board town was awarded a \$10,000 municipal planning grant to help cover costs of finalizing and publishing 2006 Town Plan - The Avenue to the Future.

Caledonia County Expenses – Gary Reis provided copies of Caledonia County Expenses for the Board.

Solid Waste Plan – Manager informed Board town has received state comments back on solid waste implementation plan submitted in 2004. Town needs to provide written responses by April 2006.

Real Estate Purchase – Following executive session to discuss options for purchase of real estate, no action was taken.

Walden

Town Clerk: Lina Smith
Selectboard: Perley Greaves, Daniel Lamont and Douglas Luther

November 29, 2005

Cole Pond Road Damage – Dan Lamont reported a water line broken during ditching work on Coles Pond Road has been repaired.

Snowmobile Road Use – On request of Coles Pond Sledgers Board agreed to allow snowmobile use of four limited sections of town roads.

Class 4 Road Policy – After much discussion Board voted to table class 4 road policy until further review at next meeting.

Reappraisal – Town Clerk noted reappraisal is moving forward well.

Town Plan – After question of status of town plan Dan Lamont noted they are waiting for class 4 road policy.

Employee Health Insurance – Dan Lamont referred to an anonymous note objecting to high cost of employee health insurance. Lamont explained Board is aware of the issue and is working on it.

Road Repair Grants – Lamont explained grants that had been approved for road repairs will not be funded because of extraordinary costs associated with hurricanes and flooding in New Orleans.

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Fairbanks Museum Honors Bill Eddy

The Fairbanks Museum & Planetarium will honor the contributions of several exceptional people at its annual meeting on Sunday, January 22, from 2:00 – 4:00 p.m. The meeting celebrates everyone who is part of the Museum community.

This year, the Franklin Fairbanks Award will recognize the tremendous dedication, vision and leadership of William H. Eddy Jr., a former trustee of the Museum and a friend and advisor to the institution for over 30 years. "He has contributed exhibits, public programs and visionary leadership in many ways," says executive director Charlie Browne, "and Bill's late wife, Beryl, was a long-time Museum volunteer."

The Franklin Fairbanks

Award is an honor given every year in recognition of outstanding contributions in the arts, humanities and sciences which have enriched our awareness and understanding of the natural world. In the case of Bill Eddy, the contributions have reached beyond the regional to the truly international.

Museum Fellow Bill Eddy has applied his lifelong interest in linguistics and philosophy to the study and conservation of the environment. He is adjunct associate professor emeritus at the University of Vermont, where he received an honorary Ph.D. in 1993. He continues to work globally from his home in the Northeast Kingdom. Before his 12-year teaching career in the environmental studies depart-

ment at the University of Vermont (1987-1998), Eddy worked with the New York Zoological Society, the Conservation Foundation and the African Wildlife Foundation. He has also served with the International Division of the U.S. National Park Service in India, Sri Lanka and Nepal. His voice is known to many through his provocative and insightful commentaries on Vermont Public Radio.

The Museum will also name four new Fairbanks Fellows during the annual meeting to recognize exceptional commitment to the Museum's goals.

A special presentation links the annual meeting with an exhibit currently on view, *PATHWAYS: Evolution in American Indian Material Culture*. Jeanne A. Brink, whose knowledge of traditional Abenaki arts contributed to the success of this exhibit, will open the meeting with her presentation, "The Western Abenaki: History and Culture." She discusses her Western Abenaki heritage and examines the importance in Abenaki society of elders and children, the environment, and maintaining traditions. Her first-hand expertise has helped connect contemporary Abenaki artistic expression with tradition.

The Fairbanks Museum & Planetarium annual meeting is open to the public. Join the fun and discover ways to get involved with the future of the Museum. The presentation and awards will be held at the North Congregational Church in St. Johnsbury, followed by a reception at the Museum. ★



Eddy Family Photograph

Fairbanks Museum friend and trustee Bill Eddy (right) is to be presented the Museum's Franklin Fairbanks Award at the Museum's annual meeting on January 22. Both Bill and his late wife, Beryl, (left) volunteered countless hours on the Museum's behalf.

Promises, Promises... or What I Did On My Sixtieth Birthday

When I turned sixty
I found in the store
A world of temptations
For girls of three-score.

Definers for eyebrows
And liners for pants
And remedies made
From obscure jungle plants

Pills for our ills,
For good moods, for good sex,
Supports for our feet
And our backs and our necks

Glamorous hair dyes
Row upon row
To transform our tresses
To auburn from snow.

And oh, the cosmetics!
The powders! the creams!
They promise results
From our farthest-fetched dreams.

*Here is what it says they'll do.
How can I resist this stuff? Can you?*

*They won't fade or cake or streak.
We'll look younger in a week.*

*With our Anti-Wrinkling Serum,
We who have Fine Lines won't fearum.*

*No, we'll be Regenerating:
Moistly, Actively Hydrating!*

*With these products we'll be using,
We won't age. We'll be Diffusing*

*We'll be dancing, we'll be prancing
While De-creasing and Enhancing*

*(No one's footsteps could be dragging
While her face cream's Anti-Sagging)*

A world of temptations,
Yet I could not choose
From all of these things
Even one I would use.

I declined to be eye-lined,
Hydrated, Enhanced,
Supported for sex, or by socks,
Or in pants.

I left the store happy, though
Isn't that funny?
I'm learning, at sixty,
How NOT to spend money.

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From left: Cindy White, Donna Percy, John Blackmore, Joan Field, George Coppentrath, Betsy McKay, Sam Kempton, Darlene Pilbin, Sue Coppentrath and Cindy Hastings.

North Danville Community Club 2005 Memory Tree

In memory of Given By

Helena Carson Leonard Carson & Family
 Alice Couture Dick and Larry Couture
 Melvin McFarland Leon & Anna McFarland
 Diana Couture Jerry & Doris Randall
 Ann Langmaid Hugh Langmaid
 Dot & Gil Gilfillan Diane, Frank, Jen & Jack
 Laine Vance Eleanor Vance
 Beverly Hamilton Jenks Her Family
 Pearl Gadapee The Gadapee Family
 Howard Byron Freda Byron
 Michael Guertin Mother
 George & Barbara Randall The Randall Family
 Arlene Swett Harry & Claudette Swett
 Ruth Cousins Jerry & Robert Boardman
 Reg Smith The Family
 Nathan "Nate" Morrill Janice Morrill
 Lyman & Florence Morrill Janice Morrill
 Israel & Burniece Farrow Janice Morrill
 Malvern & Marilyn Blodgett Janice Morrill
 I. John Farrow Janice Morrill
 Ted & Margaret Farrow Janice Morrill
 Helena Carson Janice Morrill
 Friends and Neighbors Janice Morrill
 In Loving Memory of Margaret & Ted Farrow All our love, Lynda, Gary, Matt and Kevin
 In Loving Memory of Nathan Morrill Chuck, Suzanne, Kaetlyn & Kendra Bolton
 I. John Farrow; H. Ted Farrow; Margaret Farrow; Malvern Blodgett & Marilyn Blodgett Chuck, Suzanne, Kaetlyn and Kendra Bolton
 Olive, Reg and Ronald Smith Doug, Dianne, Andrea and Families
 Helena Carson Leon & Anna McFarland
 Harold & Eva Gadapee Richard & Paula Stevenson
 Barb & George Randall Lorraine & Walter Dodge
 Aunt Barbara & Uncle George Randall Donald, Dale, Dwayne, Dennis and Danny Lynaugh
 Richard E. Ide Margaret Ide
 Helena Carson; Mom, Dad, Frankie and Joseph Sherman Simpson Dick & Doris
 Sherman Simpson Ann Ovitt
 Bill & Bev (Hamilton) Jenks; Mr. & Mrs. George C. Morse; Gordon S. Morse; Michael G. Morse; Marilyn (Morrill) Blodgett; Dr. & Mrs. William A. Hamilton; Paul C. Hamilton; Bob & Barb (Hamilton) Roberts; Cecilia Paon Morse; Gloria Morse; Barbara Sleeper Terrill; Mr. & Mrs. William Clement; Mal Blodgett; and Mr. & Mrs. Fenton Morse Bob & Marian (Hamilton) Morse
 Gaston & Diana Couture Dick and Larry
 Ida, Phil, Ann & Forrest Langmaid The Bennett Family
 Burl & Ethel Langmaid and Wilfred & Willamine Bennett The Bennett Family
 Phil Bennett His Family
 Harold Beattie; Helena Carson Catherine Beattie and Occie Beattie
 Grandfather Beattie & Grandfather Mills Jacob
 "Beattie"; Ike & Dorothy Stanton Nathaniel Kitchel
 Aaron Michael Root Mom - Alana Langmaid
 Pop and Mem; John Pal Alana, Ed & Girls
 Jerry & Virginia Jarrosak Ed Jarrosak
 Grammy Margaret Kate and Margaret Toll
 Gloria Morse Kitty, Kate, Margaret and Abel Toll
 Roland Carson; Jim Isham; Larry Royston; Ken Bess; Dickie Vance; Sylvia Drummond Kitty Toll
 Grampa Beattie Kate and Margaret Toll
 John Pal and "Pop" & "Mem" Jennifer Pal, Bry, KT and Sam
 Plyn McDonald; Joe Swett; Carrie Thresher; and Jeff Ziter Plyn Beattie
 Jonathan Jewell Philip Beattie
 Forrest Langmaid; Phil Bennett; Howard Penniman; Ann Langmaid; "Beattie"; Burl & Ethel Langmaid; "Pop" & "Mem"; Aurora Dwyer Lee, Philip and Plyn Beattie
 My Dad & My Mom Lee
 Mem & Pop; Steve Stanley; Ann Langmaid; Departed Loved Ones and Friends Alan, Susan, Jeff & Kelly
 John Villeneuve; Ralph Page Alan Langmaid
 Dickie Vance; David Kirker; Laine Vance; and John Kirker Dick & Ann Vance and Family
 Gladys & Delmer Smith; Beulah, Tip, Dick, Myles & Zoe-Ann (Cortese) Wakefield; and Sarah & Claude Keen Janet Wakefield and Family
 Reg Lamothe Fran, Doug, Cindy, Sean and Marc Lamothe
 Julia Morey; Paul Lamothe; & Karen Holderby Aunt Fran Lamothe
 Gerard Lamothe; Camille Lamothe; and Irene Lamothe Moony Fran Lamothe
 Gloria Morse Fran Lamothe
 Deceased Members of the Clyde Ovitt family; Deceased Members of the Sherman Simpson family Charlotte Simpson
 Hap & Mary Dresser; George & Barbara Randall; Vernon & Luella Webster; Roland Carson; and Helena Carson Paul, Mary & family
 Earl McReynolds; Stewart & Elva Coates; Ranald & Madelyn ("Peg") Davis; George & Barb Randall; Henry Patoine; and Billy Kennedy Jeff, Mary, Justin and Jacob
 Ken Bailey Ruth Bailey and Family
 Tom Machell Wife and Family
 TomMachell J, Laurie, Christina, Brittany & Jeffrey Machell
 Cheryl Stocker J, Laurie, Christina, Brittany & Jeffrey Machell
 Aurora Dwyer Kenneth Dwyer
 Aurora Dwyer Rosie, Diana and Maria Chaloux; and Linda Mosse
 Dot & Gil Gilfillan; Henry & Stella Gilfillan Diane, Frank, Jen & Jack
 Malvern & Marilyn Blodgett; Walter & Ruth Blodgett; Burl & Ethel Langmaid; Ed Barrett and Rolfe Chickering Arnold & Shirley Langmaid
 George & Barbara Randall Jerry & Doris Randall
 Anna & Gaston Couture Jerry & Doris Randall
 Merton & Eliza Hall Evelyn McReynolds
 Persis & Henry McReynolds; Earl McReynolds Evelyn, Earlene & Jimmy
 Hobart Paige; Ruth Paige and Ken Strifert Dick & Sue Strifert
 Tom Machell; Dot Colby; Ralph & Annie Briggs; Nancy Briggs and All loved ones no longer with us Bobby, Denise & Kalyn
 Theodore & Robella Legendre Rodger, Joan and Family
 Beulah Couture; John Joyce Rodger, Joan and Family
 Curtis Vance Derek & Alysia Vance
 Mom; Roland Carson Ozzie & Ellen
 Grammie Meredith, Megan and Emily
 Laine Vance; Charles Vance; Richard Vance; Reginald Vance; Curtis Vance; parents; brothers; sisters; cousins and many friends and neighbors Eleanor Vance and Family
 Levi & Marguerite Vance Newell Somers
 Fred & Bessie Carson; Alvin and Ken; Helena Carson Mildred Gross
 Gloria Dargie Mike Dargie
 Bee & Steve Waterman Molly
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 Frank & Helen Brunell; Carlton & Tessie Chickering Harry & Claudette Swett
 Duane Ingalls; Paul Hamilton; Demmy Devenger; and Dick Wakefield Bev (Ingalls) Lynch
 Lucien Desrochers; Alice Calkins Tom & Bev Lynch
 Merle & Doris Gadapee; Henry & Alice Walker Howard & Annie Gadapee
 Helena Carson Alice Hafner
 Herbert & Florence Stanton; Helen Stanton; Kenneth Robinson and Rolfe Chickering William Stanton

In memory of Given By

Family, Friends & Neighbors Hap & Betty Hutchins
 Jack Parker; John Parker Judy & Mike Parker & Family
 Jerry Lamothe, Aunt Irene Merchant Hubbard & Uncle Bill; Uncle Reg Lamothe; Aunt Bernice Merchant Johnston & Uncle Francis; Great Uncle Allen Sanborn & Great Aunt Lettie; Great Aunt Addie Sanborn & Great Uncle Author Sanborn; Lillian Sanborn Gadapee & Uncle John; Grammie Jessie Sanborn Merchant & Grampa Shirl; Uncle Leroy & Aunt Millicent Merchant; Uncle Camille Lamothe and Paul & Karen; Aunt Irene Lamothe Moony & Uncle Ted; Uncle Theoron Merchant; Grandma Mary Lamothe & Grandpa Napoleon; and Dear Friends Virginia Butterfield, Dot Gilfillan and Doris Gadapee Gerard Lamothe
 Francis & Hazel Boyle; Walter & Gladys Hubbard; Carl & Regina Hubbard; Helena Carson Rodger & Virginia Boyle
 All Departed Loved Ones & Friends The McGill Family
 Diana Couture; Helena Carson; All departed friends & neighbors Freda Byron
 Neil & Nell O'Neil Carol & Bill Ottinger
 George & Barb Randall; Earl J. McReynolds; Stewart & Elva Coates Everett & Martha McReynolds
 Alice Elizabeth Chickering; Arthur Merton Chickering; Azro Carlton Chickering; Mable Adele Chickering; Donald H. Chickering; Orville M. Chickering; Carlton Chickering and Rolfe Chickering Alice Crays
 Mel McFarland Donna, Julie & Travis
 Eugene Charron Donna McFarland
 Vicki Campbell-Beer Donna McFarland
 Ida Langmaid Donna McFarland
 Reginald M. Vance; Charles Vance & Curtis Vance Roy & Linda Vance
 Norman Maiden; Reg Smith; Ted Perrigard; Forrest Langmaid; Laine Vance & Curtis Vance "The Huntin' Camp"
 Forrest Langmaid; Clara McGill Langmaid; Harry Drew; Howard & William Penniman; Flora & Willis Pierce; Grammie Tennie; Grandpa Burl & Grammie Ethel; Mrs. Clarke; Mrs. Hall; Mrs. Bailey; Norman Maiden; Charles Vance; Clair Vance; Laine Vance; Curtis Vance; Maurice & Susan Prior; Ann Langmaid; Phil & Ida Langmaid Hollis & Mary Prior, Dwayne & Susan Lynaugh, Roy & Linda Vance, Jane Langmaid & Clif Langmaid
 Leland Mathews Dave, Marie, Sarah and Zachary Langmaid
 Leland Mathews Evelyn Mathews
 Uncle Roland Carson; Aunt Welly & Uncle Vernon; Mae Page Janet, Casey, Brett and Asa
 Mom Roxanne and Bud; Janet and John; Ellen and Ozzie
 Gram Casey, Brett, Asa, Meredith, Megan, Emily, Travis, Jack and Meriah
 Bud, Roxanne & Travis Courser
 Roland Carson; Mae Page Milt Montgomery
 Burns & Hazel Heath; Ray & Jeanie Locke; Ray Locke Jr.; David Locke; and Jerry & Hazen Livingston Roland & Betty Heath and Family
 Clarence Hubbard; Homer Ailes; Wendall Tillotson
 Ila Spaulding; Maude & Carl Ailes; Rufus & Lottie Hubbard; Earl Tillotson Arlene Hubbard; Mike & Gloria Tillotson and Family
 Departed Loved Ones Shirley Langmaid "2"
 Velma Paquin Webster; Gertrude Dunbar; Mary Montgomery and Mel McFarland Milt Montgomery
 Guy & Arnold Hodges; Mr. & Mrs. Joseph Masure; Mr. & Mrs. Grant Hodges; Joseph Masure Jr.; Philip Masure; Weybourne Masure; Phyllis Mitchell; Jean Stewart; Arlene & George Swett; Ann Langmaid; Judy Wheeler & Harriet Masure Ann Hodges
 Lorraine Legendre Desrochers Louise Legendre Lessard
 Bob Dole and Harriet Rogers Martha Dole
 Leonard & Pearl Gadapee; Reginald & Mabel Peck Arnold & Winona Gadapee
 Blanche, Jim, and Clare Daniels Julie Daniels
 Leon and Anne Pacholek; Gil and Dot Gilfillan; and Amy Verge Elaine and Steve Pacholek
 Kenneth R. Blair Alice Blair
 Beulah & Joe Couture; Johnny Joyce Ray & Leah LaBounty and Family
 Ann Langmaid; Raymond Locke Jr.; Raymond Sr. & Jeanie Locke; and David Locke Phyllis Locke & Dale Kendall
 Raymond Locke, Jr.; Raymond & Jeanie Locke; Ann Langmaid Janet Locke
 Ann Langmaid Jeanie & Bill Clark
 Ann Langmaid; Dot Walsh; Alan & Natalie Amadon; Bob & Hazel Hill; Joan Davis Scott & Laurie Langmaid and boys
 Wayne Bassett Mom - Grace J. Astle
 Edward Bird Janet Bird
 Edward Bird; Everett & Arlene Peck; Walter Peck; Paul & Elsie Joyce Jerry, Debbie Peck and Family
 Emile & Dot Berard Billy & Sue Murray
 Percy & Gladys Rowell Billy & Sue Murray
 Marion Murray Billy & Sue Murray
 Helena Carson Billy & Sue Murray
 George & Roger Pollard Connie Dimock
 Ida Langmaid and Aurora Dwyer Goss Hollow Homemakers
 David Locke Cecil & Theda Williams
 Carolyn Hafner Sullivan and Amos Hafner Ginny Sullivan
 Uncle Rolfe Bob & Phyllis
 Helena Carson Bub & Nancy Dresser
 Grandmother - Shirley Hutchinson; Grandfather - Allen Hutchinson; Grandmother - Cora MacLeod; Mother - Nancy Sevingy; Dad - Ahmed Hutchinson; Step Grandfather - Rob Sevingy Stephanie & Dakota Johnson
 Dave Dellinger; Leonard Freed; Ruth Freed; Michele Byrd; Ray and Benjamin Sundance Cathy Dellinger
 Neighbors & Friends Ken & Cheryl Linsley
 Bob "poppo" Lemon Josiah Stewart
 Bob & Hazel Hill Bob Hill and Matt
 Ruth & Percy Arling; Roger & Priscilla Anderson; and Kenneth Pettigrew Matt & Marcia Pettigrew
 Gary Eynon His Family
 Lorenzo Noel Wife and Family
 Max, Vesta & Hugh Ruggles Eleanor (Ruggles) Watkins
 Marian Hamilton Morse Bob, Topsy, Bill, Rick and Families
 Mary Hoffer Terry, Kathy, Emily and Helon Hoffer
 1990 Nate Morrill North Danville Community Club
 1991 Reg Smith North Danville Community Club
 1992 Ruth Cousins North Danville Community Club
 1993 Arlene Swett North Danville Community Club
 1994 George & Barbara Randall North Danville Community Club
 1995 Mike Guertin North Danville Community Club
 1996 Howard Byron North Danville Community Club
 1997 Pearl Gadapee North Danville Community Club
 1998 Beverly Hamilton Jenks North Danville Community Club
 1999 Laine Vance North Danville Community Club
 2000 Dorothy "Dot" Gilfillan North Danville Community Club
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No Small Potatoes

Vanna Guldenschuh

Nothing compares with a hearty and flavorful meal for warming one's body and soul in the middle of winter. But, isn't January a time of resolution to eat less and eat lighter? The self made dietary promises of the New Year don't seem reasonable when temperatures have not gone above freezing for weeks.

Maybe you can have it both ways – "have your cake and eat it, too" – so to speak.

The following recipes let you do just that. They are low in fat, while high in flavor, protein and heartiness. **Essentially vegetarian dishes, these may be enhanced with meat or fish.** A simple salad turns them into full meals. These entrees can be dressed up or down and make a good lunch the next day.

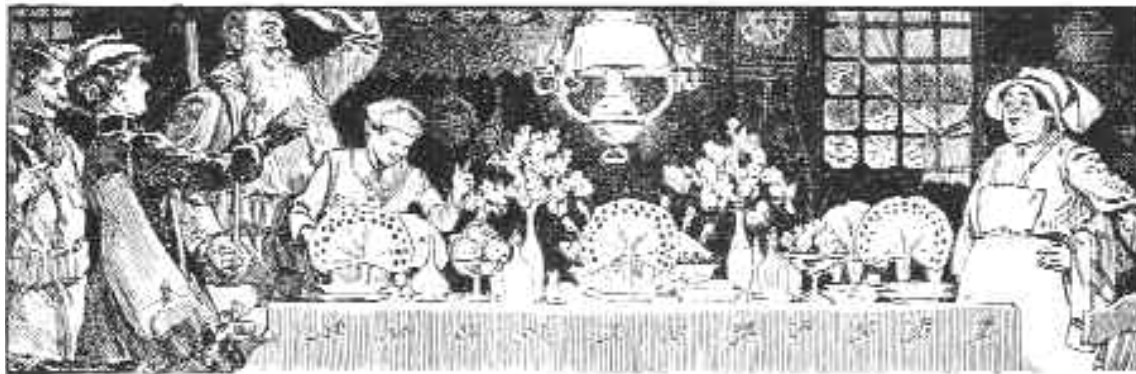
NORTHERN LIGHTS FAMOUS THREE-BEAN CHILI

This chili stands on its own without meat or vegetable crumbles. It is a simple recipe, which can be lifted with an ancho chile puree if you have time. The best partners for chili are cornbread and salad.

- 2 24oz cans tomatoes packed in water or juice
- 2 cloves garlic - chopped
- 2 large onions – chopped
- 4 ribs celery – chopped
- 2 red peppers – chopped
- 1 green pepper – chopped
- 3-4 tablespoons good dark chili powder
- 2 teaspoons cumin
- 1 tablespoon dried basil
- 2 teaspoons dried oregano
- 5 dried ancho chiles – seeded and stemmed (optional)
- Salt and pepper to taste
- Olive oil
- 2 can cannellini beans with liquid
- 1 can great northern beans with liquid
- 2 cans red kidney beans with liquid

Make the Ancho Chile Puree:

The ancho chile is a dried poblano pepper. It is a dark red mahogany color and has a slight amount of heat to it. They are just as hot if you seed them. To make a flavorful puree seed and stem about 5 anchos. Cover them with water in a small saucepan and simmer until they are soft. This usually takes about 10 minutes. Blend the anchos and the water in a food



processor until very smooth. Pass this mix through a medium strainer. Add more water if it is too thick to pass through the strainer. It is really worth the trouble to add this vibrantly colored puree to the chili you are making. It gives it incredible depth.

Make the Chili:

Heat olive oil in a 10-quart stockpot, and brown the garlic until just colored. Stir in the onions, and cook until they are soft and almost transparent. Add the celery and peppers, and cook till they are soft. Put the canned tomatoes in a bowl, and mash them slightly. Decide how chunky you want them in the chili. Add the tomatoes, chili powder, cumin, basil and oregano to the onion mix. This is the time to add the ancho puree if you want. Let this mix simmer for about 30 minutes on medium heat. Stir occasionally so it does not stick. Then add the beans with their juice, and simmer for another 15 minutes on medium heat.

Let sit about one half hour before serving with cornbread and a salad.

brought to greater heights with the addition of any number of ingredients. I know saffron is expensive, and you can make this dish without it – you just need to rename it.

- Olive oil
- 3 medium size onions – chopped
- 2 garlic cloves – chopped
- 1 bunch scallions – chopped
- 2 ribs celery – finely chopped
- 1 small can whole tomatoes – coarsely chopped in the food processor
- 1 teaspoon dried thyme
- ¼ cup chopped fresh parsley
- 2 to 3 generous pinches of saffron
- 2 cans cannellini beans with liquid
- 4 cups broth – either vegetable or chicken
- Salt and pepper
- Optional Extras
- 1 jalapeño or habanero pepper – finely chopped (how hot do you want it?)
- 1 link kielbasa sausage cut into coin shapes

Any flavorful sausage will do – Andouille, Linguica or Chorizo. If it is not precooked – cook it in the oven before using
Shrimp – peeled and deveined
Ham – cut into chunks – I like to saute it before using to bring out the flavor

Heat the olive oil in a 6-quart saucepan and barely brown the garlic. Add the onions, celery and scallions and slow saute until they are very soft. Add the tomatoes, thyme, parsley, saffron, hot pepper (optional) and 1 cup of the broth. Cook for about 5 minutes to meld the flavors together. This would be the time to add the optional precooked sausage or ham. Add the beans with their liquid and slow cook for about 20 minutes. Add the optional raw shrimp now and cook

until the shrimp are done. Salt and pepper to taste and serve with rice.

LENTIL STEW

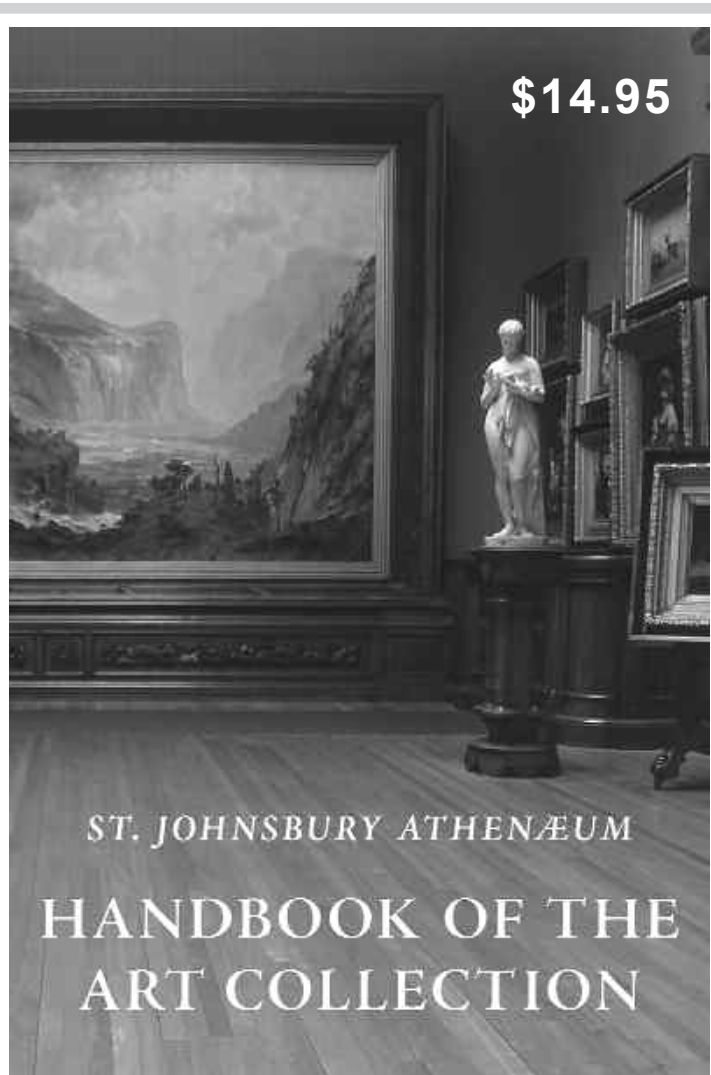
This stew is a great entrée or side dish that is high in protein. Serve it underneath links of hot or sweet Italian sausage with toasted pita bread for a real treat. It also partners well with couscous.

- 12 oz. dried lentils
- Olive oil
- 3 cloves garlic – chopped
- 2 medium onions – chopped
- 1 bunch scallions – chopped
- 2 ribs celery – finely chopped
- 3 medium carrots – coarsely diced
- 1 small jar or can roasted red peppers
- 1 can original recipe stewed tomatoes
- 1 tablespoon curry powder
- 4 cups broth – vegetable or chicken
- Salt and pepper to taste

Cover the lentils with 2 cups of water and 2 cups of the broth in an 8-quart saucepan. Bring to a boil and immediately turn down to a simmer. Cook for about 20 minutes – adding extra broth or water if it starts to dry out. The lentils will not be quite cooked at this point. Set aside.

Heat the olive oil in a saute pan and brown the garlic. Add the onions, celery, scallions and carrots and saute until the ingredients are very soft. Add this mix to the lentils along with the roasted peppers, tomatoes and curry powder. Simmer for about 20 minutes or until the lentils are soft, adding extra broth if it gets too dry. This is stew – not soup – so add liquid accordingly.

Couscous or toasted pitas are good matches for this fragrant dish.



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ST. JOHNSBURY ATHENÆUM HANDBOOK OF THE ART COLLECTION

The new *Handbook of the Art Collection* by Art Historian Mark D. Mitchell and designed and printed at the Stinehour Press is available at the St. Johnsbury Athenæum.

The handbook is a field guide to the collection, rich with detail and user-friendly text, offered as a resource to teachers and self guided tours.

"The concept is an effective one for groups or a visitor alone trying to understand the thinking of Horace Fairbanks or that of the artist himself waiting for his paints to dry."

- The North Star Monthly

SAFFRON BEANS

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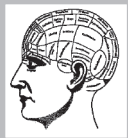
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Ask the Shrinks

Alice S. Kitchel and Burton Zahler

Dear Shrinks,

Either I'm the most unlucky man in the world or I need your help. Here's my story. I'm a 42-year-old man who is twice divorced. I'm well respected in my field, but my love life is a disaster. I didn't even start dating until my last year in college. The third woman I dated was IT! I fell in love, courted her and we married. Within three months we were having bad arguments, and in six months they turned violent. I never hit her but she attacked me with whatever was available. Our reconciliations were loving and passionate, but the fights grew worse. I finally left (and later divorced) her when I became convinced that I was in real danger.

Years passed, I started dating again, once again fell in love, married and the same increasingly violent fights started. I asked my wife to go for counseling with me but she refused. I left her and again divorced.

Now I've again started dating. Needless to say I'm leery and cautious. If I'm attracted to someone I ask (in a round about way) both her and her friends if she has any history of violence. Well, the last three women I was attracted to had a history of violent behavior! So I am asking you two to explain what seems inexplicable to me and to help me figure out what to do.

Want love without bruises

Dear Want,

We will be glad to try. Actually, one large category of reasons people come to shrinks is because they have noticed a pattern, a painful pattern that they seem to have no control over, in their lives.

We are quite sure that the roots of your problem lie in your early childhood. We'd speculate that the relationship with one of your parents, probably your mother, while warm and nurtur-

ing also contained many of the elements you found so painful in your wives. Think about her behavior at various times and how it made you feel while you were growing up.

Our patterns of understanding and experiencing relationships and all kinds of situations can take on an energy and a way of unfolding that continue through generations. One gets caught up in the unfolding, knows no other way, and therefore cannot make different choices. One thinks; "this is just the way life is." Another example of patterning, along with the one that you have given, would be someone who always ends up dating someone who is never quite available like a workaholic or who repeatedly gets involved with someone who is already married.

A helpful way of understanding our tendency for unwittingly reproducing painful situations is to think of it as an attempt to heal an ancient injury. By reconstituting parts of the original trauma the possibility exists of finding another outcome, one less damaging to the personality. We all have this opportunity! About marriage in particular, Sigmund Freud said that every marital union has both healthy and neurotic aspects. (By neurotic he meant that some patterns from childhood continue into adult relationships.) Of course, other aspects of life can offer "learning experiences" also.

This is one of the times that we recommend that you seriously consider psychotherapy for yourself. You need to become more aware, to discover what elements of your past you are reconstituting and to learn what you need to do to break your pattern.

Alice S. Kitchel and Burton Zahler each have a private practice in St. Johnsbury. ★

You Can't Burn the Candle at Both Ends

BETS PARKER ALBRIGHT

It is probably a good time to reflect a little on the Christmas Holiday season we have just past. Many people acknowledge that the season, while truly joyful, as also stressful for most of us. There is just so much to do, so many things to think about, so many memories that come up at this time.

We have had an experience that we have found helpful in winding down when the stresses seem to pile up excessively. Some years ago we found classes offered in Burlington in Transcendental Meditation, or TM.

We didn't know much about TM specifically, but we knew about meditation and felt that it was a good idea, so we signed up. Our daughter kindly moved in with a friend so we could use her small apartment for the duration of the course, rather than having us commute back to Danville or stay in a motel.

We joined an interesting and varied group of a dozen or so men and women at a Victorian house not far from the University of Vermont campus.

During the first few days we

got acquainted with each other and our instructor, who talked about meditation and explained TM's approach to it. We practiced as a group and then moved into individual instruction.

On the final day we were asked to bring a clean white handkerchief and a flower. We had our final indoctrination into the meditative process and departed with new ideas and some new friends - and a personal "mantra" to use during meditation.

We went home full of enthusiasm. We did our daily meditations faithfully and talked with family and friends about the experience. There was enough interest to set up a group in St. Johnsbury, and our teacher was willing to come over for the course.

For a number of years we were very regular in our meditation and practiced it in interesting places - more than once in an airport waiting for a plane. I remember one clear, cold night pulling into the parking lot at the Moore Dam on our way home from Littleton. We sat in our car in the moonlight and enjoyed our quiet time there. Over the ensuing years we were quite faithful, especially on our visits to Scotland, where we joined friends who were regular meditators.

Then, gradually we got out of the daily habit for one reason or another. But recently we decided to start again. We have a quiet upstairs space where we can sit comfortably and undisturbed in the early morning, with our candle in front of us. Our dog Abu sprawls nearby, chin on paws and motionless until we get up. (Who knows what goes on in doggie heads?)

It feels deeply satisfying to be back in a regular routine each morning but Sunday when we go to church. We are healthy in our later years but find that our bodies become weary sooner, and a quiet time is very helpful. We wonder how many in our original group are still at it. Some are we know.

In any case, it is a good experience to return to what was, and now is ... a rewarding part of our lives.

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People Think I Spoil These Kids But My Daughter Says Everyone Wants Me for a Grandfather



This garden tractor is what Aubrey calls Thomas the train. Behind it he pulls the 6-foot caboose.

TERRY HOFFER

Bob Aubrey likes to tell about growing up in Chelmsford, MA. But as you listen you understand that his recollections about Massachusetts are simply the basis for his great pleasure in having moved to Vermont.

"My father died when I was 11," Aubrey says, "and I just had a bad attitude. When I was in 8th grade, I was 16 and quit school. I got my first job in the hole at the quarry in Chelmsford. I was renting a house and living on my

own. Five years later I quit the quarry, I got married and I bought a '56 Chevy pickup truck. I was in the painting business. I'd find a place that I thought needed painting and knock on the door, and it wasn't long before I had four guys working for me. We were always busy."

Aubrey doesn't dwell on the past, but he describes his experience as rich with lessons about facing challenges, solving problems and making something of the broken pieces.

He says, "There was one guy in Chelmsford who was a real estate developer - a contractor. He was building 100 houses a year, and I watched how they did it."

The painting expanded to carpentry, and in 1961 Aubrey bought and dismantled a surplus Army barracks at Fort Devens. "I paid \$200 for half of a 50 by 100 foot building. I tore it all down, and with the tongue and groove boards I built my first house. It was a five room ranch and I figured it cost me \$6,000."

In 1965 Aubrey and his wife came to Vermont and with money they saved bought 20-acres in Sheffield. "It was our escape from the rat race," he says. He commuted on weekends, but in 1975 he turned his back on Massachusetts, and they decided to call Vermont home. Aubrey and his wife parlayed their skills and experience into a simple but satisfying life, and today as he looks at the home he built with his own hands and his yard full of projects he has every reason to be satisfied.

Aubrey retired from regular work three years ago, and the retirement is well deserved. "I usually worked two jobs," he says. "I was a sheet rocker, a carpenter and a mason. I worked in electronics, a shoe shop and a slaughterhouse. We always got by, and if someone said I couldn't do something I wanted to show them I could."

Aubrey's daughter is a single-parent, and she lives in a house Aubrey built for her on the same land in Sheffield. She works and has two young sons, who are 8 and 10. Aubrey likes to say with a laugh, "I retired so I could work for them."

Aubrey is humble about that job he has taken on - he takes his grandsons to the school bus at 8 o'clock in the morning and waits for them there at 2:45 in the afternoon. "Some say I spoil them," he says, "but they are polite and they are good kids. I know what it is to be brought up without a father, and it's my job to be there for them. I'm a stay-at-home grandfather, and I don't mind it a bit."

Three years ago Aubrey designed and built what he calls

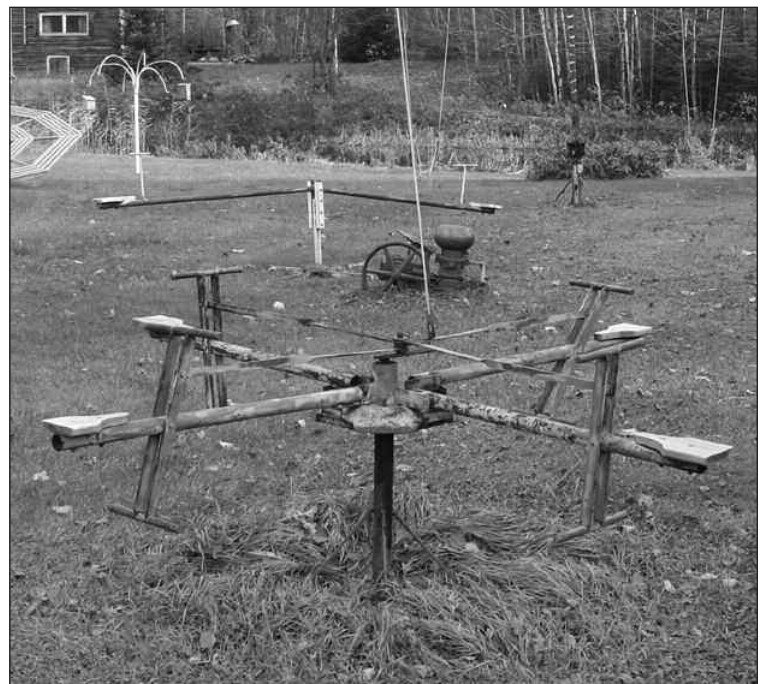
a whirligig for his grandsons. It has four seats attached to a revolving platform, which turns as the passengers pump with their feet and hands to drive the mechanism that whirls the platform. Aubrey smiles as he gives it a tentative demonstration.

"I'm a stay-at-home grandfather, and I don't mind it a bit."

From the whirligig and the delight of his grandsons the concept of playground was born. What followed was a T-swing (that's a pair of swings suspended from a cross bar on a single vertical pole). As riders swing from the seats the T-shaped frame revolves on the pole to the great pleasure of the passengers. Aubrey built a seesaw and a 40-foot slide all from recycled materials gathered from the Sheffield - Wheelock "dump."

He says, "Like they say 'one man's trash is another man's treasure,' and the next thing I knew I was welding. It was something I'd never done before and I wanted to learn." Aubrey's playground equipment expanded into a motorized train - that's a motorized lawn tractor pulling a 6-foot caboose and a go cart powered by a discarded snow blower motor.

One summer Aubrey and his grandsons were visiting Santa's Village and Storyland, both popular amusement parks in northern New Hampshire, and he says, "We were riding a rollercoaster,



Aubrey's first backyard playground project was this whirligig. As the riders pump the handles and footrests the center platform and the outstretched arms revolve faster and faster.



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Photos By: North Star Monthly

Bob Aubrey is not one to idle away his time. After a visit with his grandsons to a rollercoaster at a New Hampshire amusement park he started a roller coaster of his own on this hillside in Sheffield.

and the kids were having a ball - but no one was having more fun than I was studying the way the rollercoaster was suspended on the track. I figured it isn't everyone who has a rollercoaster."

Bob Aubrey doesn't dwell on his own past but sees the opportunity to spend time with his grandsons as a deeply satisfying and a valuable experience for all.

Since then Aubrey, with no shortage of encouragement from his grandsons, has been designing and developing an aerial track from 2-inch iron pipe and

a set of rolling cars from a bed frame. Thus far, the track consists of eighteen 7-foot interlocking sections with parallel rails, which will ultimately carry two passenger cars. Each car will have twelve wheels - sets of three at each corner - to secure the car as it coasts up and over the aerial dips and turns.

Aubrey eyes the painted rails, and he smiles. "This isn't going to be for the public or anything. It's just for us. We're all learning something, and by gosh we're having a great time." Aubrey imagines a motorized device to pull the cars to the top of the run perhaps up and behind his small barn. Then the cars will roll down and over and around the space currently occupied by the whirlingig, the T-swing, seesaw and slide. "We ain't even started yet," he says. "I'll take up everything and I'll move all the rides if they are in the way. We'll see.

I'm trying to be versatile as the kids get bigger, but they still use all the other stuff - so who knows."

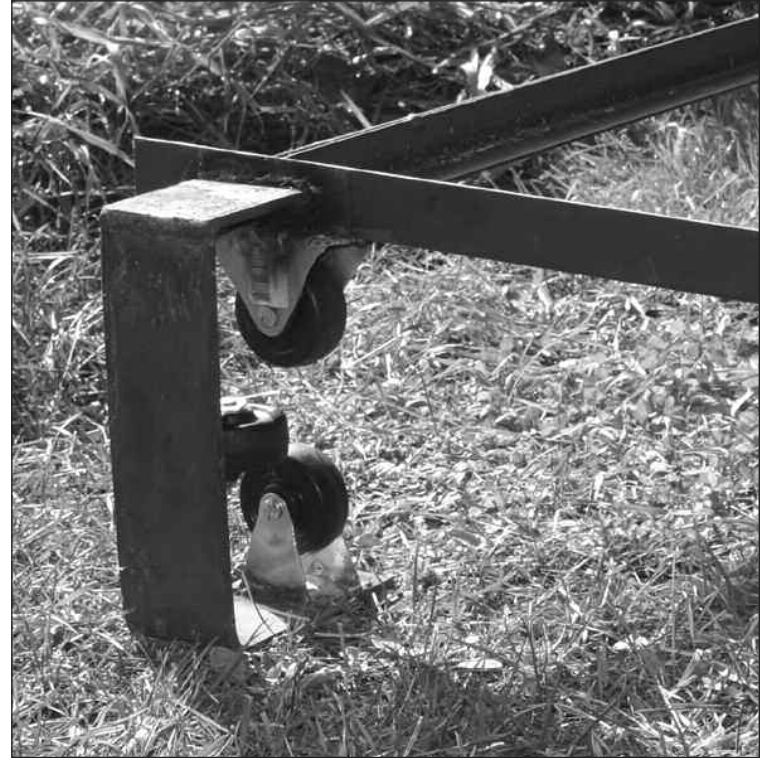
Aubrey produces the chassis of the roller coaster car he is working on and explains how the wheel mechanism will grip the rails. "This will be pretty rugged," he says, "but I remember reading about a guy in Ripley's Believe It or Not who built a huge roller coaster at his house. He made the track so he could take it all apart and cart it away. What happens if you want

to move and you can't sell the house with a roller coaster? That always stuck in my mind. I'll be able to take it down if I need to."

For now this stay-at-home grandfather and his two grandsons are getting along just fine. "I like to build things and I'm teaching the kids about life. It gives me a chance to see something in these kids that I never had myself. It's terrible being 65 and not knowing what you want, but I'm happy. I want these kids to have something. There are other kids I see that have all kinds of material stuff. But we live in a throwaway country. I

don't understand it. I tell my grandchildren that each thing you learn is knowledge, and no one can ever take that away from you."

Almost apologetically Aubrey says again, "There are some say I spoil these kids, but I look at it as I turned it all around because I wanted to make something of myself. My daughter says everyone wants me for a grandfather." He looks out across the area beside his house and he seems to be planning a next step. Then he says, "I'm doing just what I want to do and that's what I'm doing." ★



The cars for the rollercoaster are under construction. Each corner will have a set of three wheels to secure the cars in place on the dips and curves of the aerial track.

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String Worth Saving

Bill Christiansen

As we enter the deepest part of winter and find ourselves wishing for spring, we might reflect for a few minutes on creatures with which we have chosen to live. Today these selected companions are mainly cats and dogs, but not so long ago there were many animals in the average household. Cattle, sheep, horses and chickens were in the typical home. As you drive through most Vermont towns and look at the "Victorian" houses, there is a barn behind the house, a carriage shed. This was where the family horse lived with a chicken or two and maybe the family cow and a pig.

Cattle, sheep, horses and chickens were in the typical home.

The domestication of animals is an interesting subject. Of the thousands of animal species that inhabit the planet with us, it amazes me how few of the animals we have chosen to domesticate. No native animals of North America, Australia, sub-Saharan Africa or Europe were ever domesticated. Only one South American species was recruited for domestication, one in Central America and all of the rest came

from the Middle East or Asia. Why so few and from so few places?

According to physiologist Jared Diamond, an animal has to meet certain criteria to be a candidate for domestication. He lists six criteria essential to the invitation inside: It must 1. be able to eat a flexible diet that consists of food not required by man. It 2. must have a reasonably fast growth rate compared to the human life span. The animals must get to a useful size quickly. 3. The animal must be able to breed in captivity. 4. It must have a pleasant disposition, for eating the owner is not acceptable. 5. The animal must have a temperament that makes it unlikely to panic. Running off requires the owner to spend time getting the group back together. And 6. the animals should have a herd mentality, which recognizes the human as the leader.

As you look at the domesticated animals, you see that most meet all six of these criteria. Selecting an animal for domestication was a rational process.

There are degrees of domestication, ranging from those animals we can keep in large pens such as deer, to animals that have lived with humans for hundreds of generations. This latter group includes animals raised under human control, and their behavior and appearance has been altered to suit human needs. The most com-

mon examples of complete domestication are dogs, sheep, cattle, chickens, guinea pigs and laboratory mice. These animals are so changed they cannot revert to a wild state and survive.

Some animals are semi-domesticated and can revert to the wild or feral state. These would include cats, horses, camels, goats and dingos.

Some animals are raised commercially but never domesticated. These include ostriches, deer, alligators, crickets and oysters.

The lists illustrate the diversity of animals that have captured our interest. Few in the lists have become "pets."

The first animal to be domesticated was the dog, derived from wolves. The dog was domesticated in the Middle East, in the area of Lebanon, Israel and Iraq, not in the northern forests. This happened between 150,000 and 10,000 B.C. Some evidence suggests that three sub-species of wolves were domesticated over time. One in the Middle East, one in China and one in northern Asia.

If we include Egypt as part of the Middle East, sheep, goats, cows, donkeys and cats were all from this part of the world. China gives us pigs, water buffalo and silkworms. Llamas, alpacas and guinea pigs come from South America and turkeys are from Mexico. I'm not sure if turkeys meet the criteria about not panicking.

Most of these animals were domesticated between 8,000 and 3,000 B.C. The horse was probably domesticated in northern Russia about 4,000 B.C. The turkey is about the last, apparently

domesticated about 100 A.D.

Few animals have been added to this list for domestication in the modern era. The few that have been semi-domesticated are fur bearing animals like foxes, rabbits and mink. Using Diamond's definition, I'm not sure these would be considered "domesticated."

Most of the animals that have been domesticated are multi-use animals. Cattle, for instance, can be used for meat, milk, leather and as beasts of burden. The same is true of the horse. Sheep and goats provide fiber as well as meat, and chickens provide eggs. The only single purpose animals in the domestic bunch is the pig. Pigs only provide meat, unless you think of them as truffle hunters. Cats are certainly companions but also keep rodents under control. This became increasingly important as man began to domesticate plants and store their seeds for future use.

We have moved away from our domesticated charges in the modern world. In the old days, in northern climes, domestic animals were used as the first central heat-

ing system. When the weather got really cold, you brought your animals into the house to provide more heat. In some countries, the stable was built under the house so the animal heat could be used upstairs. We still talk about two or three dog nights, but we may not have the correct number of dogs to use or we don't let them on the bed.

While we can think with some certainty about domestic animals, there is the whole subject of domestic plants. Most grain crops such as wheat and rye were domesticated in the Middle East, while squash, beans and maize (modern corn) came from the Americas and rice and soy were domesticated in Asia. Of the millions of plant species in the world, few have been domesticated and included in the human diet. And further, plant names give use a lot of problems. "Corn" is a good example. In this country corn refers to maize, but in England it refers to wheat, and in Scotland it is a name for oats. So much for clarity. ★

Clearing Roads of Snow Can Damage Your Trees

Winter snowfall makes the road clearing necessary, and salt is great for clearing roads, driveways and sidewalks, but a good thing for streets and walkways can be downright rotten for your trees.

"Excessive exposure to salt can cause widespread damage to trees, leading to permanent decline and sometimes death," says Jim Skiera, executive director of the International Society of Arboriculture. "The problem with damage from salt is that it might not show up on trees until summer, when de-icing salt is the last culprit you would suspect." To minimize the damage to trees by de-icing salts, certified arborists offer the following tips:

1. Use less salt. Mix de-icing salt with abrasives such as sand,

cinders and ash, or use alternatives such as calcium magnesium acetate and calcium chloride.

2. Protect trees from salt trucks on the roads. If possible, set up barriers between the road and your trees to keep salt spray from tree trunks.

3. Plant salt-resistant trees. Varieties such as the sycamore maple, white spruce, willow and birch tend to be more salt-resistant than other species. How well they fare varies from setting to setting and conditions of the local climate.

4. Improve soil drainage. Add organic matter to your soil to help filter salt deposits. You can also keep your trees healthy by taking care of their basic needs. Other tips that will help combat the damage done by de-icing salt include: Irrigate to flush the salts from the soils in spring; Mulch sufficiently to reduce water loss; and control pest infestations and destructive tree diseases.

The International Society of Arboriculture, based in Champaign, IL is a nonprofit organization supporting tree care research and education around the world.

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Morning Edition with Steve Delaney	7 A.M. Only a Game	Sunday Bach
	8 A.M. Weekend Edition	
Classical Music with Walter Parker	9 A.M. Car Talk	Sunday Baroque
	11 A.M. What, What... Don't Tell Me!	
Performance Today	Noon Interlude	A Prairie Home Companion
Fresh Air with Terry Gross	1 P.M. Saturday Afternoon at the Opera with Peter Fox Smith	All The Traditions with Robert Resnik
All Things Considered with Neal Chamoff	2 P.M. Weekend All Things Considered	
Marketplace	3 P.M. A Prairie Home Companion	From the Top
Marketplace (Live on Birth Day & The Switchboard)	4 P.M. The Prairie Home Companion	Canfield Folk Song Ya
Riverwalk	5 P.M. The Prairie Home Companion	The American Life
The NPR 100	6 P.M. My Place	Sound and Spirit
Classical Music	7 P.M. Hearts of Space	Classical Music
	8 P.M. Hearts of Space	
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The Cork & Bottle

Gerd Hirschmann

When talking about queens and kings of wine, Cabernet Sauvignon must be the King of red grapes. It is originally from the Bordeaux region of France and was introduced to California in the late 1800's. It is probably the best known varietal produced in the U.S. and almost replaces "burgundy" as the common generic term for red wine (just as chardonnay has done for the generic term "chablis" for white wine) even though "Cab" has nothing to do with Burgundy, but more on this in another article.

Cabernet Sauvignon is generally a medium to full-bodied, densely-colored wine, rich in dark berry flavors and tannins (which are best described by the sensation that overly strong black tea creates in the mouth, a gritty kind of taste that is not necessarily pleasant). But it's those tannins that make wine age well, and Cabernet is probably

the most dependable candidate for improving with age, often leading to aromas of cedar, violets or leather. As the tannins break down with age the wine will soften considerably.

The actual grapes are small, almost black and thick-skinned, making them fairly resistant to disease and spoilage. They do well in warm arid regions with strong sunlight providing a long growing season on well-drained not-too-fertile soil, to promote a strong root growth that extracts characteristics of the specific geographic location. Wine made from these grapes is usually lively and rich but often with an astringent finish, so it's frequently blended with other varietals or treated with oak, which tends to give it a kind of vanilla flavor.

There are quite a few regions in the world that are well suited for this grape. Particularly famous are the Napa and Sonoma Valleys of California -

my favorite has to be "Buehler, and the more southern areas, such as Monterey or Paso Robles, where the renowned "Justin" wines are grown. But of course, great "Cab's" are not limited to California. They come from Australia to Chile, from South Africa to France and Italy. I think of a number of other favorites, such as "Penley Estates" from down-under or the "Carpineto Farnito" from Italy.

Cabernet usually pairs well with red meats and other rich foods, but it also drinks very well by itself.

The strong and rich flavor of Cabernet usually pairs well with red meats and other rich foods, but it also drinks very well by itself, particularly when somewhat aged and enjoyed with good friends and maybe a little aged cheese. ★

Nicolas McGowan Exhibits Work at Artisans' Guild on Railroad Street

The Northeast Kingdom Artisans' Guild Backroom Gallery at 430 Railroad Street in St. Johnsbury will feature a collection of sculpture and paintings by Nicolas Charles McGowan beginning January 12.

McGowan is the son of Kari McGowan and Lyndon State College Art Professor Dorian McGowan of East Burke. A 1977 graduate of Lyndon Institute, McGowan attended the Pennsylvania Academy of the Fine Arts (1981-1985), Community College of Philadelphia (1991-1993) and the University of Arts in Philadelphia. (1993-1994).

McGowan now lives in Porgrunn, Norway with his artist wife, Bente, and his two daughters. He has been the recipient of the Schiedt Award from the Pennsylvania Academy of the Fine Arts. In addition to his most recent artistic interest in traditional Harding violins with intricate moose bone inlay,

McGowan is a nurse specializing in elder care. More than a traditional caregiver, he takes great pleasure in playing the fiddle for his patients.

This large body of work to be shown at the Artisans' Guild was created over a period of approximately six years during the 1980's and early 90's. Many of his pieces are large mixed media creations. "The Bird Catcher," made of wood and metal, is a woman whose body, a welded bird cage, is inhabited by birds, which represent her spirit. A large self-portrait in oil was the result of McGowan's dissatisfaction with his scowling expression in a portrait that his father painted of him. One of his sculptures made from white marble salvaged from an historic building in Philadelphia, depicts his father holding his sister, Kaja, and

brother, Martin. The show will run from January 12 to February 21, Tuesdays through Saturdays from 10:30 a.m. - 5:30 p.m. ★



Nicolas McGowan will have art work on display at the Artisans' Guild in St. Johnsbury beginning January 21.



Pope Notes

Dee Palmer,
Library Director

Happy 2006! How about returning all your overdue books to the Pope Library as a resolution for the New Year? We will gratefully accept all overdue materials without charging late fees. However, a donation is always appreciated.

Many thanks to all who participated in our "Giving Tree" event by donating a book to the Library. If you were not able to choose a tag from the tree, don't worry - we still have a few left.

Our first book discussion in the Canadian Cultural Diversity series is on Wednesday, January 25 at 7:00 p.m. We will discuss *Klee Wyck* by Emily Carr with scholar Helene Lang. The title of artist, writer and rebel Emily Carr's first book means "Laughing One," the nickname given her by the Native people of Canada's west coast. She returned the honor with *Klee Wyck*, a collection of 21 "word portraits" of their lives and ways. The memoir describes in witty, vivid detail Carr's visits and travels as she painted their totem poles and villages and got to know a people whose "quiet strength healed my heart." Stop in and pick up a copy and a schedule of the upcoming discussions. We hope you will join us.

We have many new books for your winter reading pleasure: *Guns Over the Champlain Valley* by Coffin; *The Ancestor's Tale: A Pilgrimage to the Dawn of Evolution* by Dawkins; *Julie & Julia, 365 days, 524 recipes, 1 tiny apartment kitchen* by Powell; *Sex With Kings* by Herman; *A Widow's Walk* by Fontana; *Mexican Everyday* by Bayless; *S is for Silence* by Grafton; *As Dog is My Witness* by Cohen; *Son of a Witch* by Maguire; *Saving Fish from Drowning* by Tan; *March* by Doctorow and *Camel Club* by Baldacci.

We have many new audio books: *Memoirs of a Geisha* by Golden; *Son of a Witch* by Maguire; *March* by Doctorow; *Atonement* by McEwan; *The Curious Incident of the Dog in the Night-time* by Haddon; *Reading Lolita in Tehran* by Nafisi and *Lies My Teacher Told Me* by Loewen. Come in and check them out!

From the Children's Room

Story hour resumes on January 9 at 10:00 a.m. Please join us for books, stories, music, activities and snacks. We have many new books for all age levels to choose from, purchased with funds from The Libri Foundation's Books for Children grant.

The Libri Foundation in Eugene, OR donates quality children's books to rural public libraries. We are very fortunate to receive this grant.

David Toll, M.D.

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Click & Clack Talk Cars

Tire Pressure Debate

Dear Tom and Ray:

When looking for the correct tire pressure, you say to check the recommendation by the manufacturer of the car not the manufacturer of the tire. But how does the car manufacturer know what kind of tires I have? I have no idea what tires came with a '98 Volvo, but I'm pretty sure I didn't buy that type. Wouldn't the tire manufacturer know better what pressure should be put in its specific tire? Please clarify. - Thomas

TOM: Listen to the car manufacturer, Thomas.

RAY: When a manufacturer designs a car, it designs it for a certain-size tire. And even when you replace your tires later on, the tire SIZE should be the same. That's what the pressure recommendation is based on.

TOM: So, let's say your '98 Volvo came with 195/60R15s. That means Volvo designed the car for a tire with a tread that's 195 mm wide, an aspect ratio (the height of the sidewall) of 60 percent of the tread width, a radial design (the R), and a wheel size of 15 inches. When Volvo recommends a tire pressure, it provides the best balance of safety, handling, comfort and fuel economy - for that car, with that tire.

RAY: Does it matter if you replace your Michelins with Goodyears? Or if you switch from all-season to summer tires, or a tire with a different tread pattern? Not really, as long as the tire's basic specifications are the same. Presumably, when you replaced the tires on your car, the mechanic or tire salesman knew enough to sell you the correct size tires.

TOM: Now, there is a little wiggle room. If you get a slightly wider tire, or a slightly thinner tire say 10 or even 20 mm in either

direction from what the carmaker recommends it is still going to be close enough. In fact, if you buy winter tires, it's often advisable to get a slightly narrower tire to cut through the snow.

RAY: But if you go way off the ranch and replace a 195/75 tire with a 235/50 tire, for example, you're on your own. Not only will extra-wide tires put additional pressure on your bearings and steering components, but the correct pressure is now a matter of guesswork.

TOM: And by the way, you should never use (or exceed) the pressure listed on the sidewall of the tire. That's not the recommended tire pressure. That's the maximum the tire can take before it's in danger of exploding. If you fill your tires to that amount of pressure, not only will your car handle like a basketball, but your head will bounce off the ceiling every time you hit a bump.

RAY: So your best bet is to stick to, or close to, the car manufacturer's recommendation when replacing your tires. If you do that, the manufacturer's pressure recommendation will be a good guideline. That means if the local tire shop says, "We don't have your size in stock, but these bulldozer tires'll be even better," go somewhere else.

Air Bag Should Be Fine Even Now

Dear Tom and Ray:

My 1996 Honda Prelude has warning labels that say the car's two air bags need to be inspected after 10 years. It's almost 10 years. Is this really needed? Or was this a warning that was put in before air bags were really understood? - Seth

RAY: There's no way to really test an air bag, other than to loan the car to my brother for the

weekend.

TOM: Right. Without what is called a "destructive test" (actually setting it off and seeing if it works), there's no way to know for certain the air-bag material and the explosive charge are in perfect condition. But based on industry experience, we know they're likely to be fine for the life of the car.

RAY: Volvo, which is known for its leadership in safety, originally told its customers to have their air bags replaced after 10 years, to be safe. But based upon its real-world experience, it changed that recommendation to 15 years, and now - with even more experience - to 20 years.

TOM: They've had Volvos with air bags sitting in the desert for 20 years, with the explosive chemicals just baking in the sun. And every time they test the air bags, they work.

RAY: The electronic components of the system, however, can be checked. That's something you don't need the dealer for. The air-bag system has a self-diagnostic mode that checks all of its circuits every time you start the car.

TOM: So if you go out to your car and turn the key to the "run" position (just before it cranks), you should see an "SRS" (supplemental restraint system) light appear on your dashboard. It should stay on for about six seconds and then go off. That tells you the wires are connected and the sensors are working, and the air bag is ready to go. It also tells you that your SRS light works - which is important.

RAY: If the light doesn't

come on, fails to go off or flashes while you drive, you need to see your mechanic.

TOM: The other part of the inspection is a visual check of the vinyl covering of the air bags. Likewise if you see any cracks or damage, which might hinder the operation of the air bag or if you see a deep imprint of a face in the vinyl, that would suggest the bag hasn't been working as well as it should. But I suspect you'll find that it's fine, Seth.

Water Pump Keeps Conking Out

Dear Tom and Ray:

I have a 1998 Jeep Grand Cherokee with 170,000 miles that is now on its fourth water-pump in less than a year. My mechanic is baffled. He has checked with the supplier and the dealership from which he purchased the last two Mopar, original-equipment pumps. They told him that there have been no major problems associated with water pumps in said make and model. I am at my wits' end. What am I to do if the current replacement also craps out? I was hoping to keep this car until at least 200,000 miles, but it is getting to be annoying to have it in the shop every 6,000 miles for a water-pump replacement. It's getting to be almost as frequent as an oil change! - Neal

RAY: That's no fun. We used to have a customer like that. He'd drive up and say, "Fill 'er up, and change the oil and the water pump!"

TOM: My only guess, Neal, is that your belt is too tight for

some reason. Have you been finding it difficult to choke down that second dessert lately?

RAY: He means the drive belt, Neal, the belt that runs the water pump and other accessories. If the belt is too tight, it'll pull on the water-pump shaft, which will eventually make the bearings fail and the pump leak.

TOM: So what could cause an overly tightened belt? Well, if you had the belt replaced, say, four water pumps ago, someone could have used the wrong belt and installed one that's too small.

RAY: This vehicle also uses an automatic belt tensioner. Perhaps it was replaced at some point with a faulty one, and it's continually overtightening the belt.

TOM: I suppose you could also have a pulley that's misaligned. But that's the general direction I'd look in, Neal. Look for something that's causing the belt to be too tight, which is putting stress on your water pumps and wearing them out. ★

Danville Senior Action Center

January Meal Schedule

January 3 - Joan's Calzones with Pepperoni, Salami, Spinach and Cheeses; Tossed Salad with Peppers, Tomatoes and Homemade Croutons, Apple Crumble.

January 5 - Harrington's Baked Ham, Mashed Potatoes, Homemade Rolls, Carrots, Orange Juice, Bread Pudding, Library Day.

January 10 - Beef & Barley Mulligan, Cranberry & Orange Scones, Spinach, Orange & Onion Salad.

January 12 - Barbecued Pork on a Bulkie Roll, Coleslaw with Carrots and Pineapple, Rice, Tomato Juice.

January 17 - Guest Chef Terry Hoffer and *Friends of The North Star* will serve Boned Stuffed Roast Pork Loin, Braised Cabbage, New Potatoes, Cucumber Salad and Vermont Mystic Apple Pie.

January 19 - Tourtiere (Pork Pie), Whole Wheat Rolls with Maple Butter, Winter Squash, Fruit Cup, Library Day.

January 24 - Liver, Bacon & Onions, Hamburgers, Mashed Potatoes, Peas & Carrots.

January 26 - Chicken Piccata, Rice, Broccoli, Blueberry Scones, Tomato Juice, Lemon Icebox Dessert.

January 31 - Shepherd's Pie, Orange Juice, Caesar Salad with Homemade Croutons, Homemade Rolls, Clementines.

Sing-a-Long with Winona Gadapee on Tuesdays at 11:30

Meals at Danville Methodist Church. All meals served with a beverage, homemade breads and desserts. Reservations are appreciated by calling (802) 684-3903 before 9:30 a.m. on day of the meal. A donation of \$3.00 for guests 60+ (Others \$4.00) is appreciated.

Friends of The North Star Join Danville Meal Site's Celebrity Chef Program

On Tuesday, January 17 Terry Hoffer and friends of *The North Star* will collaborate as the guest chef of the Danville Senior Meal Site. Dinner will be served at the Meal Site located in the Danville Methodist Church. This special winter dinner will include boned stuffed pork loin, braised cabbage, cucumber salad and Vermont Mystic Apple Pie. Reservations are recommended.

The North Star team follows Kate Beattie in November and Steve Cobb in December as, what Karen Moran at the Meal Site has dubbed, the celebrity chefs of the meal site.

Hoffer with considerable help from Executive Chef Irv Gelber, Mark Fixter of the West Danville Auction Company and the Vermont Mystic Apple Pie Company are planning the dinner. ★



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Superintendent Signed Up New Teacher in Johnson

BETTY HATCH

Several months ago, I was fortunate enough to receive a box of letters, papers and other memorabilia from the I. John Farrow estate. John's father was school director in Walden from 1926 to 1940, and he served as chairman of the board for many of those years.

Because the Farrow farm was one of the early properties deeded in town and owned by members of the Farrow family since, I felt there might be historical materials that should be kept in the town. In my call to Janice (Farrow) Morrill I learned she had that in mind and had a box for me.

I was delighted to receive the box, which had been stored in the attic since the early 1940's, when Israel J. Farrow stepped down as School Director. I've not had time to go through the whole box of materials but the

top envelope contained signed teachers' contracts for the 1931-1932 school year. Especially interesting was a copy of the contract signed by Marion Dubuque to teach at the Noyesville School.

The agreements were signed in triplicate for teaching the year from September 1, 1931 to June 30, 1932. The women worked for \$16 a week. Olive C. Thayer of Florence, VT was to teach at the Heights School; Rachael B. Albee of East Hardwick at Wiggins; Hester Houston of Cabot at Four Corners; Jennie E. Goodenough of Walden at South Walden; Kathaleen Foster of Stowe at Star School and Marion Dubuque at Noyesville.

The following message from J. Newton Perrin, superintendent of the Upper Lamoille District, was included with Miss Foster's contract. "May 13, 1931 Dear Mrs. Houston: (That was Mytrie Houston, a member of

the Board.) I took the liberty of signing up this girl, Miss Foster, when I was at Johnson Normal School last Friday. Miss Foster is (appears to me to be) a nice sensible girl. She was recommended in discipline, and she has had some experience with French children. She has had two years of training. I think she is a good candidate. She is Protestant and comes from Stowe. Very truly yours, J.N. Perrin."

Walden, at the time, was part of the district that included Greensboro, Hardwick, Stannard and Wolcott.

Each contract listed the following stipulations: "Said teacher agrees to learn, accept and observe faithfully the requirements of the board of school directors and the laws and regulation of the State and to exemplify commendable conduct and high ideals during the duration of this contract.

"Said school directors agree for themselves and through their superintendent of schools to furnish said teacher fair and reasonable aid, advice, support and facilities in order to assist said teacher in fulfilling the requirements of this contract.

"Should the said school be discontinued or temporarily closed by authorities other than said board of school directors or by causes not controlled by said board, the teacher agrees to make up time so lost in such manner as the school directors may require.

"Said board of school directors may, without liability to said board or town, terminate this contract for inefficiency, failure to fulfill reasonably the conditions of this contract, conduct unbecoming a teacher or for other adequate cause, after said teacher has been given fair opportunity to be heard and upon consideration and approval of the commissioner of education. This contract may also be terminated in accordance with Section 1211 of the General Laws.

"On resignation submitted, said teacher may be released from the contract after reasonable notice, provided said board accepts said teacher's resignation."

The conditions pretty much outlined the conditions for teaching in Vermont during these years.

It should also be noted that

Miss Dubuque and Miss Foster had professional probationary certificates; Miss Albee and Miss Houston, professional standard and Miss Thayer and Mrs. Goodenough, limited standard. These certificates set standards by the department of education and were used throughout the State.

She is Protestant and comes from Stowe.

The contract for Marion Dubuque was of particular interest as she was the teacher who Al Fournier was very fond of and the one whose memory he has perpetuated with a \$50,000 donation to Walden School. Fournier recalled the kazoo band she organized at the school during cold winter days, and part of this gift was used for the Walden School Marching Band. The remaining money has been invested as the Marion Dubuque Arts Fund, and interest from the fund will be used for arts programs for all the children to enjoy.

As the I read the rest of the letters in the box, I look forward to future articles about schools in an earlier day in Walden and the State. The material will be organized and preserved in the town's historical file.

Ski Free at NorthWoods Stewardship Center

The NorthWoods Stewardship Center, on Ten Mile Square Road in East Charleston is pleased to announce that use of its cross-country ski and snowshoe trails will be free to individuals and families this winter.

We have been busy repairing bridges, clearing blow-downs and brushing back vegetation in anticipation of this winter's ski and snowshoe season. Another aspect of our early season preparation has been to take a hard and care-

ful look at the financial challenges inherent in maintaining our trails as a high quality and yet affordable community resource.

Each year operating NorthWoods Stewardship Center's ski and snowshoe program costs nearly \$8,000. And although trail fees have helped offset some of this expense, they have never come close to covering the total. Our hope is that by providing individuals and families free access to our trail network and indoor facilities, even more folks will be able to utilize this resource and this in turn will assist in our ability to solicit grants and donations in support of our programs.

Our 30-plus kilometers of trails are an enticing mix of care-

fully groomed cross-country ski trails and lightly groomed trails, which are ideal for back country skiing and snowshoeing. The trails vary in length from the kid friendly 1 kilometer Tamarack Island loop to our 8 kilometer Echo Lake loop, which takes skiers through an enchanting mix of hardwood glades, thick spruce/fir stands and open fields with views to Echo Lake. Trail maps are available in the Center, as are a warming fire and hot water for tea or hot chocolate. Our trails and facilities are open weekdays 8 a.m. - 5 p.m. and weekends 10 a.m. to 5 p.m. For additional information or directions to the Center call 802-723-6551 ext 115. ★

West Barnet Senior Action Center January 2006

- January 4** - Chop Suey, Tossed Salad, Italian Bread, 3-Bean Salad, Grapenut Pudding.
- January 6** - Buffet.
- January 11** - Meat Loaf, Mashed Potatoes, Fresh Carrots, Assorted Breads, Jell-O with Fruit.
- January 13** - Salmon Pea Wiggle, Pickled Beets, Biscuits, Peaches with Cream.
- January 18** - Salisbury Steak, Mashed Potatoes, Stewed Tomatoes, Assorted Dark Breads, Brownies.
- January 20** - Chicken & Biscuits, Mashed Potatoes, Cranberry Jelly, Mixed Vegetables, Vanilla Pudding.
- January 25** - Corned Beef and Cabbage, Turnips, Carrots, Potatoes, Homemade Rolls, Cook's Choice Dessert.
- January 27** - Lasagna, Tossed Salad, Italian Bread, Ice Cream.

Meals served at West Barnet Church. All meals served with a beverage. Reservations not required. Suggested donation of \$3.00 per meal is appreciated. Phone (802) 633-4068.

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from Wendy F., Wendy H., Barb, Robin, Ernie, Connie, Rosemary, Linda, Sharon, Tristan, Annette and Diane



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Robin Jacobs.....748-3815

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AROUND THE TOWNS



COMMUNITY CALENDAR

Mondays - Story Time, St. Johnsbury Athenaeum Youth Library, 10:30 a.m. (802) 748-8291.

Mondays - Story Time, Pope Library, Danville. 10 a.m. (802) 684-2256.

Mondays - Just Parents meet with concerns for drugs and kids, Parent Child Center, St. Johnsbury. 7 p.m. (802) 748-6040.

Tuesdays - Baby & Toddler Story Hour, Cobleigh Library, Lyndonville. 10 a.m. and 1 p.m. (802) 626-5475.

Tuesdays - Bridge Club for all experience levels, Cobleigh Library, Lyndonville. 6:30 p.m. (802) 626-5475.

Wednesdays - Preschool Story Hour, Cobleigh Library, Lyndonville. 10 a.m. (802) 626-5475.

Wednesdays - Read 'n' Stuff, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.

Thursdays - Introduction to Computers, Cobleigh Library, Lyndonville. 10 a.m. (802) 626-5475.

Thursdays - Danville Town Band Rehearsal, 7 p.m., Danville School auditorium. (802) 684-1180.

Fridays - Read and Weed Book Club, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.

2nd Monday - Cancer Support Group, NVRH Conference Room A, 4 - 5:30 p.m. (802) 748-8116.

2nd & 4th Tuesday - Bereavement Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury, (802) 748-8116.

1st & 3rd Mondays Six O'Clock Prompt, Writers' Support Group, 6 p.m. St. Johnsbury Athenaeum. (802) 633-2617.

Saturday & Sunday - Planetarium Show 1:30 p.m.,

Fairbanks Museum, St. Johnsbury, (802) 748-2372.

Saturdays - Bridge Club for all experience levels, Cobleigh Library, Lyndonville, 1 p.m. (802) 626-5475.

Last Monday - Diabetes Support Group, Conference Room B, NVRH, 6:30 p.m., (802) 748-7433.

3rd Saturday - Breast Cancer Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury. 10 a.m. (802) 748-8116.

Last Monday - Alzheimer's Support Group, Caledonia Home Health, Sherman Drive, St. Johnsbury. 7 p.m. (802) 748-8116.

3rd Wednesday - Cardiac Support Group, Cardiac Rehabilitation Room, NVRH, 6:30 p.m. (802) 748-7401.

2nd Thursday - Parkinson Support group, Caledonia Home health Care, Sherman Drive, St. Johnsbury. (802) 748-8116.

3rd Thursday - Caregivers Support Group, Riverside Life Enrichment Center, 10 - 11:30 a.m. (802) 626-3900.

2nd Monday - Cancer Support Group, Conference Room A, NVRH, 4 p.m. (802) 748-8116.

2 Northeast Kingdom Audubon Informational and Planning Meeting Fairbanks Museum, St. Johnsbury. 4:30 - 6 p.m. (802) 748-8515.

4 First Wednesday Series with Patricia Stuart and "Heat From Hidden Sources: Lives in the Fiction of Mary Wilkins Freeman," St. Johnsbury Athenaeum, 7 p.m. (802) 748-8291.

6 Danville Old Time Contra Dance with Union Suit Hull's Victory String Band and Caller Chip Hedler, Knights of Pythias Hall, Danville. 8 p.m. (802) 563-3225.

7 Men's Ecumenical Breakfast, Methodist Church, Danville, 7 a.m. (802) 684-3666.


7 Scrabble Club, St. Johnsbury Athenaeum, Noon - 4 p.m., (802) 748-8291.



Photo By: Jenks Studio of Photography
The Rollie Beaupre Quartet was one of the premiere dance bands in northern Vermont and northern New Hampshire through the 1960's. This photo was taken in 1965. (L-R) Stan Folsom played keyboard, Rollie Beaupre played drums, Warren Prince played bass and Leo Henault played the tenor sax. There are more than a few stories around about road trips to dance halls and lakeside pavilions where the music was hot and the dancing went late into the night. See the article on Page 1 about this band, which according to Stan Folsom "owned northern Vermont."

- 7** Introduction to Cross Country Skiing with basics for equipment and techniques. North Woods Stewardship Center, East Charleston, 10 a.m. - Noon. (802) 723-6551.
- 12** Book Discussion: Victor Hugo's *The Hunchback of Notre Dame*, Jeudevine Memorial Library, Hardwick. 7 p.m. (802) 472-5129.
- 12** Film discussion following 7 p.m. film at Catamount Arts, St. Johnsbury. (802) 748-8813.
- 13** Dedication of the Sarah K. Handy Rare Books Case, St. Johnsbury Athenaeum, 6-7 p.m. (802) 748-8291.
- 13** Nearly Full Moon Snowshoeing, North Woods Stewardship Center, East Charleston, 7 p.m. (802) 723-6551.
- 13** St. Johnsbury: A Model Industrial Utopia, talk by Jere Daniel, St. Johnsbury Athenaeum, 7 p.m.
- 13** Sacred Circle Dance, Danville Congregational Church, 7-9 p.m. (802) 684-3867.
- 14** Winter Tracking and the Mysteries of Animal Tracks, North Woods Stewardship Center, East Charleston, 1 - 4 p.m. (802) 723-6551.
- 14** United Motorcyclists of Vermont Annual Harley Raffle Dinner, Irasburg Town Hall, (802) 754-2599.
- 14** American Legion Meeting & Supper, Legion Hall, Canaan. (802) 266-8160.
- 15** Elizabeth von Trapp Hurricane Relief Concert, St. Mark's Episcopal Church, Newport. (802) 334-7365.
- 15** Taize Service, 6 p.m. Danville Congregational Church.
- 20** Farmers Appreciation Day, Jay Peak. (802) 327-2198.
- 22** Fairbanks Museum Annual Meeting with presentation, "The Western Abenaki: History and Culture" by Jeanne Brink. 2 - 4 p.m.
- North Congregational Church, St. Johnsbury. (802) 748-2372.
- 28** Northeast Kingdom Audubon Trip to Plum Island National Refuge. Meet at Exit 44 I-93 welcome center at 6 a.m. Register by calling (802) 626-9071.
- 28** Introduction to Ice Fishing on Island Pond, North Woods Stewardship Center, East Charleston, 9 a.m. - 2 p.m. (802) 723-6551.
- 28** Craftsbury Ski Marathon, Craftsbury Outdoor center, (802) 586-7767.
- 28** American Legion Dance, Legion Hall, Canaan. (802) 266-8160.
- 30** Northeast Kingdom Legislative Breakfast, 8 a.m., Black Bear Tavern, St. Johnsbury. (802) 748-3678.

See also the **Arts Around the Towns** Calendar Page 14.



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