THE Orth Star MONTHLY Every Small Town's Newspaper

DANVILLE, VERMONT

GOOD FOR THE WHOLE MONTH

Beat a Path to Your Door

Make a Better Way to Learn

Juggling – and the World Will

JULY 2005 Volume 17, Number 3

PAGE TWENTY-TWO Vanna is Having a Clambake

PAGETWENTY-SIX **Gerry Aubin has** been playing in the band for 76 years



PAGE TWENTY-EIGHT MINI Cooper is Nothing Like Your Father's Oldsmobile

THE SPEED LIMIT WAS 15 **MILES PER HOUR**

he Vermonter was a predecessor of the Vermont Life we know today, privately owned and published in White River Junction. The Vermonter carried feature stories and promotional material about the great Green Mountains, and one hundred years ago, in July 1905 it described the advent of the automobile in Vermont. The article hinted at the shift in tourism that

(Please See If You on Page 24)



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crossing pattern where the objects are thrown up from each hand and over to the other, is more versatile and leads to all kinds of variations on the theme. Through college Wray juggled.



Photos By: North Star Monthly/Dave Ballou

Linda Wray is a juggler. First inspired by performers on television Wray discovered the satisfaction of her own proficiency with the combination of mental and physical skill and the delight of seeing others learn it, as well. Wray has a home-based business producing a learn-to-juggle game, which includes four balls, a box with a practice ramp and six patterns illustrating the basics of juggling. She calls it "Jist of Juggling."

TERRY HOFFER

inda Wray is not a big fan of television, but get her talking about defining moments in her life and she'll mention Ed Sullivan. Ed Sullivan hosted that wonderful Sunday evening variety hour - the institution on television that aired from 1948 to 1971 - where all manner of entertainment was offered as pure family fare.

You could turn on the Ed Sullivan Show with your grandmother and young children and fear neither shame nor guilt at what might appear. In addition to Sullivan, as master of ceremonies, and Topo Gigio, his Italian mouse puppet, you might see anything from comedians to rock & roll (the 1964 appearance of the Beatles on the Ed Sullivan Show still stands as one of the most watched programs in television history) to opera to the high masters of juggling.

And Linda Wray says, "I was 14 and watching that show when a group of jugglers appeared with spinning plates, sticks, rings, clubs and balls. I knew I wanted to do that."

Wray found three golf balls and in a wonderful demonstration of grit and desire started throwing them into the air. Jugglers would know that what Wray taught herself was the "showers" move where objects follow each other from one hand to the next up into the air to

Years later she learned that the showers move is actually harder,

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you aren't dropping It's a great way to pass time and meet people, she says. While the ball all the some people knit or read books; time and your face Wray juggled. In 1970, she found a

and your hands have to move faster, than the other basic move, the

"cascade." Wray says the cascade, which involves not a circular but a

book and learned more moves, and for Christmas one year she got a set of juggling clubs. "That really excited me," she says, "and it made me appreciate just how inter-

Linda Wray

ested people are and how entertaining juggling can be."

Wray joined the International Jugglers Association and sought out

its annual festival where juggling is high art and acrobatic and amaz-

grin."

ing. "There are hundreds of jugglers at these festivals, with workshops (Please See Jist of Juggling on Page 18)

"All of a sudden

lights up with a



Wray discovered juggling as she watched The Ed Sullivan Show on television. Today she thrives on seeing others learn the art, too.

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Don't Let the Lines Keep You from the Top

This year I missed the high school graduation in my home town for the first time in 15 years. I'd probably heard the speeches before, and the traditions of commencement often manage to bring forth the fidgety squealing of younger brothers or sisters in the back of the crowded gymnasium. It's often difficult to hear what is said. The routine is predictable, but I like it just the same. I knew some of the graduates this year as friends of the family, and I would have enjoyed shaking their hands and echoing the speakers' sentiments about high hopes, big dreams and trying harder. I missed graduation because of a conflict.

A member of our *North Star Monthly* staff qualified for the annual Mount Washington Roadrace, which follows the 7.6 mile auto road up the highest mountain in New England gaining 4,700 feet in elevation between the start and the finish. The race was on the same day as graduation, and I had agreed to be steward and valet for three runners, all women, from Vermont. I was to leave them at the base of the mountain near the start, drive a car to the summit and meet them at the finish for a ride back after the race.

The race started at 10 o'clock on Saturday morning with 813 runners. All three of my passengers finished in times that represented their personal records on the course. One ran the fastest time in her 45-49 age group. The others finished with highly satisfying times (5th and 12th in the 50-54 age group), and as the towel boy and keeper of the car key I could not have been more proud of them all. I dare not call them my team, as my role was more that of the proverbial potted plant, but they were gracious and allowed me to join them at the celebration following the race.

Each of these women (and I would say everyone who runs in the annual "Run up the Rockpile") deserves a heap of credit for their commitment and determination in training and their willingness to risk the kind of failure that lurks for people who hope to try harder or leap higher than they ever leapt before. If I had the chance I'd ask the graduates of this year's senior class in my town to think about what really can be done if you try (not only now but) even twenty, thirty years or more beyond high school. I'd like them to think about these women in their 40's and 50's, and then I'd ask them to think about George Etzweiller from State College, PA. George ran in the Mount Washington Roadrace this year, and he finished first in his age group. He was the 578th male finisher overall. George crossed the finish line in just over two and half hours smashing the existing record for his age by 30 minutes. George is 85.

At just about the moment the last diploma was handed out in the gymnasium back in Danville, George Etzweiller jogged up to the award platform under the tent at the base of Mount Washington and turned to the assembled runners and their friends. George smiled, and he waved. Every one of us stood to applaud.

Terry Hoffer

Mind Full of the Weather

Al and Leonora were sitting at the counter of the local eatery, commiserating with the other regular patrons over a cup of coffee about the horrid May weather, when in came an unfamiliar couple and sat down next to them. After placing their order, the couple explained that they were from Texas and on a driving tour of New England. "Sure is pretty country around here," said the man, "though, it's a lot colder than what I'm used to for this time of year. What ya'll do in the summer?"

Al and Leonora looked at each other in that knowing way, and Leonora answered, "Well, if it happens to fall on a weekend, we usually have a picnic."

I enjoyed first hearing this joke while living in northern Minnesota, where summers are even shorter than in northern Vermont. The weather this spring tested my sense of humor. There seems to have been a seasonal shift the past year, with spring weather all last summer, fall weather during what is usually early winter and winter into the spring months. Then there was May, a monotony of atypically cool, cloudy, rainy days. Weather forecasters exhausted their repertoires of words to describe disgusting weather and, perhaps fearful of being the stoned messenger, apprehensively reminded us that they just predicted the weather, they did not make it.

The long stretch of gloomy weather engendered gloomy moods. As the siege wore on moods tilted toward the despondent, tempers became a bit shorter, cynicism a bit sharper. "Good morning," became an oxymoron. I suppose some people are unaffected by such weather: astronauts, submariners and miners. I now understand why cave-dwelling creatures de-evolved eyes—so they wouldn't have to see how grumpy their peers look.

There was, of course, a gilded lining to the literal black cloud. Daffodils bloomed for weeks; the black fly season was delayed (alas, just delayed); my procrastination over house painting was legitimized. What an emotional high when the sun finally did shine for more than three hours. Once the mistrust faded that seasonal weather had indeed returned, the sunshine plus the longer days discharged all the energy stored from postponed outdoor activities. Funk turned to mania. There was an eruption of frenetic gardening and lawn mowing. Walkers, hikers and bikers came out pumped up and moving fast.

The weather this spring proved once again who the boss is. It is not us. It is attention getting how little control we have, not only over the weather, but also the impact weather has on our emotions and behavior. There must be a physiological reason for how weather affects our state of mind. (Could it be from a lack of sun-derived vitamin D?) Perhaps someday we will understand this environment-mind-body connection. Until then, I'm getting out our picnic basket, just in case summer decides to come this weekend.

Tim Tanner

Scientific Research in the United States: Cooperation or Isolation?

Scientific research in the United States has changed course dramatically since the election in 2000 of a conservative Republican President and Congress and the terrorist attacks of September 11, 2001. The major change has been away from pure research toward applied science and technology. The emphasis now is in areas that can be used to combat terrorism. Electronic surveillance, tracking of individuals, methods of detecting biological and nuclear materials indicate the nature of that research.

Although the government has a responsibility to protect the citizens of this country, there are two fundamental problems associated with this change of focus: first, there are fewer scientists with the talent and time available to develop innovative products with economic and social benefits for the general public; second, the focus on defense technology inevitably involves greater secrecy.

(Please see Is this the Path on Page 4)

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Write to Us

LETTERS: Write to *The North Star*, and let us know what's on your mind. Your point of view or observation is important to us. Letters must be signed.

ARTICLES: We don't have a big staff of writers. So we look forward to you sending your writing. If you have questions or ideas and want to ask us first, please call. We'll send our guidelines. No fiction, please.

photos: We'd like to see your photos and welcome them with a story or without. They can be black-and-white or color, but they must be clear.

PRESS RELEASES: We prefer press releases that are unique to *The North Star*.

DEADLINE: 15th of the month prior to publication.

All materials will be considered on a space avallable basis

Letters to the Editor:

No Thanks to a Dress Code

Dear North Star,

I read the editorial about the

St. Johnsbury School dress code with surprise and dismay. The students and administration are advocating a dress code that eliminates, among other things, clothing with "messages." This was based on a noble cause, namely the desire to promote decent behavior, values and

(Please see Letters on Page 4)

Indians Reported Raiding Across Border from Oregon to Kansas St. Johnsbury Closes High School and Offers Student Tuition to Academy

The North Star

"WHERE LIBERTY DWELLS THERE IS MY COUNTRY"

1807-1891 Est. by Ebenezer Eaton Danville, Vermont



THE NORTH STAR

July 3, 1874

Life on Pike's Peak in Winter - A few days ago Sergeant E.W. Boutelle of the U.S. Signal Service traveled to Washington to receive a promotion. This gentleman has been stationed at Colorado Springs in connection with the Pike's Peak Observatory since last July when the station was formed. The telegraph line from Colorado Springs to the summit of Pike's Peak is twenty miles in length. It passes along a trail made during the past year, which is far easier in ascent than any of the old routes. It is now possible to ride an animal from the base of the mountain to the signal station at the top. Mr. Boutelle has been engaged most of the time in keeping the line in repair, and in the discharge of his duties made fifty-two ascents of the mountain. The telegraph wires are stretched on poles and

along dead pine trees. The line gets out of repair frequently by reason of trees falling and breaking the wires. Extreme cold at the summit has also at times so contracted the wires as to break. Life on the summit of Pike's Peak in the winter is rather precarious. With the thermometer over 30 degrees below zero at times and the wind blowing so strongly that exposure to it is dangerous, the snow driving in blinding clouds, the experience of the observer located at the great height was varied and still fraught with tedious monotony. The station is a substantial stone edifice occupied by three officers who manage the affairs of the observatory at end of the line.

The 99 cents store - At the Boston 99c Store in St. Johnsbury our readers can find a large variety of useful and fancy articles. This is the first store of its kind opened in the County, and the proprietors are meeting with great success. Their store is constantly filled with visitors, and judging from the class of articles which are offered at the uniform price of 99 cents it is a remarkably good place to invest money. An advertisement can be found in this paper giving a partial list of their goods.

A high wind at Johnson blew down the tent of Barnum's circus thus compelling them to forego the evening exhibition.

No paper next week - According to our custom on the Fourth of July we shall issue no paper next week. Remember the

STAR will be suspended one

July 17, 1874

Products of the United States - A recent report of the Agricultural Department summarizes the agricultural industries of the different states as follows:

In Maine hay occupies the first place and dairy husbandry the second; hay and stock raising are of equal importance in New Hampshire; dairy husbandry stands high in its prominence in Vermont; in Massachusetts, hay first, market gardening second; garden and dairy divide the honors in Rhode Island, and tobacco stands first in Connecticut.

The Indian War to be General - The dispatch from General Sheridan published in the Globe yesterday shows that fighting along the border has commenced in earnest. The discontent exists along the whole border from Oregon to Kansas and roving bands are raiding upon the settlers of Colorado Indian Territory. Intelligence is brought in daily to the several posts of murders and atrocities committed by them. The depredations and atrocities committed by the Indians and their evident design for a simultaneous raid upon the white settlements demand immediate and decisive action.

Albert Adams refused \$50,000 for his field in Newbury under which a lead mine was recently discovered and will sell the ore at \$40 a ton to be taken out by the purchasers.

July 24, 1874

St. Johnsbury has abolished its high school and will give scholars three years at the Academy in its stead, the district paying the tuition.

The log drivers at work near Windsor report twenty-four to thirty-three million feet to be driven this season.

A son of Curtis Hubbard of Swanton, 19 years old, was taken suddenly deranged Thursday of last week while at work in the hay field. The cause is thought to have been over-exertion of mind and body.

Orin Cooper of Shoreham was riding in his buggy a short distance from home on Thursday last week, when a pitchfork lying under the seat was struck by one of the wheels in such a manner as to thrust the tines through both of his feet.

The Fourth of July at State Prison - The observance of Independence Day at the Vermont State Prison was memorable. At 12:30 the men left their cells for the freedom of the yard and upon their appearance the Windsor Cornet Band struck up a lively tune, which the men greatly enjoyed. Filing in front of the steps of the South Shop Superintendent Pollard addressed them with very appropriate words of welcome to the liberty and pleasures of the hour.

He them proposed the sentiment of "The Fourth of July" and called upon the chaplain to respond and the cheers began from near a hundred stout voices. Then came the hand shaking and talking and running and jumping and ball playing and dancing, and the day was full of patriotic pleasure.

July 31, 1874

County Newspapers Will Be Mailed for Free - Under the new postage law newspapers go free in the county where published from and after the 1st day of July. Postmasters who have not received their instructions under the new law can rely upon this statement, and those Caledonia County readers of the STAR who have paid postage for the current year should have the amount returned to them.

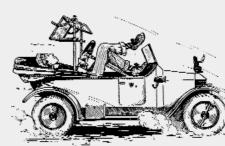
St. Albans has been frightened out of the extension of its water works system all over the village by the overwhelming taxation that must result therefrom. The floating debt of the town is now \$31,000, the water debt is \$11,000 and the grand list only \$15,000 so that to pay the whole would require a tax of about 300 cents on the dollar. At a corporation meeting, recently it was voted to pay off the debt already accumulated while any further addition is deferred until the people have got over fuming over their burdens.

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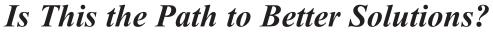
Letters to the Editor:

(Continued from Page 2) decorum. However it ends up defeating the core principles upon which our society is founded. It stifles opinion.

Specifically, the dress code forbids messages about "drugs, violence, sex, tobacco, profanity or government bashing." First, this takes the peculiar perspective that all opinions, including promoting sexual abstinence or an anti-tobacco stance are contrary to some imagined code of conduct simply because they refer to sex and tobacco. Secondly, rather than forbidding any political commentary whatsoever, it defines a horribly misconstrued "government bashing" element. This means that depending upon the administration, its policies and decisions or the outcome of supreme court decisions, a particular T-shirt message can oscillate between support and "bashing" of the government.

How would they evaluate a T-shirt that reads "Support medicinal use of Marijuana." Or how about "Ask your Congressman to Allocate Funds for better Armored Vehicles" or "Keep cheap foreign steel out of America." The first one supports the state of Vermont but "bashes" the federal government; the second supports our soldiers but bashes the federal government; the third supports the federal government, or bashes it, depending on if you look at Bush's first or second term in office. Are they "good" or "bad"

The current administration has reversed many of its own



(Continued from Page 2)

Another tragedy for American scientists is related to the makeup of Congress, and the increasing influence of the fundamentalist conservative Right (Neo-Conservatives) in all phases of American life. For example, Congress has enacted restrictions on stem cell research that, along with the study of the human genome, is on the cutting edge of scientific research in the life sciences and medicine. New treatments for debilitating diseases may result from this type of research.

From the end of World War II until 2001, the United States attracted the best and most creative scientists and students from all over the world. Ample money for scholarships, well-equipped labs and exposure to stimulating fellow scientists, gave the United States the lead in many fields of scientific research. Since 2001 this trend is reversing. Secrecy in research projects with defense or antiterror focus, has led to drastic security scrutiny and an increase in the complexity of the visa process for foreign scientists and students. Some world-renowned scientists have been unable to attend conferences here because of significant delays in issuing their visas, sometimes because of where, and for whom, they previously worked.

According to testimony presented to the House Committee on Small Business in 2003 by a spokesperson for the American Immigration Lawyers Association, one German professor who had attended an annual scientific conference at University of California at Irvine for twenty-five years decided to stop attending because of difficulties getting a visa. By denying or delaying visas to so many foreign researchers, we are denying this country the immense benefits of cultural exchange, educational benefits for our students and jeopardizing the increase in the vitality and quality of

In 2003 Johns Hopkins University offered a position in its new medical research facility to a world class Chinese molecular biologist who had been working at Yale. The U.S. State Department refused to grant a visa to the biologist's Chinese fiancee fearing she might never return to China. The scientist himself had previously been stranded in China because of visa problems of his own and these experiences caused him to rethink his career future in the U.S. Canadian and German universities offered him positions. This is a loss for Johns Hopkins University's research facility and the United States.

Om Columbia University's Chinese Student Association web site lists the number of days that graduate students have been waiting for their visas, ranging from 95 to 272 days. These and other similar examples confirm that many foreign students and professors now see this visa hurdle as so difficult that they are choosing to go to other countries to study and work. China, India, Australia and European countries, such as Spain and the United Kingdom, are attracting many of them. These countries are surging ahead of the U.S., especially in research in the life sciences.

South Korea recently developed techniques for growing stem cell lines tailored to specific individuals. This may lead to a breakthrough in individual-specific treatments for diseases such as diabetes. New discoveries and patents in this field could be very profitable for South Korea in the near future and should certainly attract new researchers to that country.

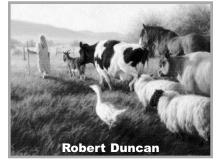
Science truly is an international language. Even in the Cold War, scientific contacts existed between the Soviet Union and America, perhaps helping to prevent nuclear war by providing the governments with sound advice based on hard facts. In present times, science speaks to the Arab world despite the often inflammatory, political rhetoric. American scientists are respected there while their political counterparts are despised. This connection is important and may be the only positive relationship we have with some foreign countries. All peaceful connections between countries are important to global stability.

Science advances through cooperation and friendly competition. The free flow of ideas is the basis for good scientific research. Without it, each country has to spend huge amounts of talent and money to arrive at the same end point. Our world cannot afford this squandering of time and talent. Urgent global problems, such as infectious and chronic diseases, food shortages, clean air and water and alternative energy supplies, demand cooperation. If the United States will not be a partner, the global scientific community will move ahead without us. It already has momentum.

Isobel P. Swartz



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decisions and campaign promises and fights with congress and the supreme court, all of which are branches of government. Is supporting one, bashing the other? I have to say that there are few among us that would even agree on whether most statements of fact are "bashing" How about a T-shirt that

reads "Bush administration supports use of torture." This is not an opinion, it's a legal finding announced by the Attorney

General... or is it? attempts to suppress opinion have, in the final analysis, turned into arbitrary tyranny of authority. Just imagining the administration trying to decode text, images and symbols to determine the "message" is enough to give even the most intolerant of us a headache.

As soon as the school realizes how unenforceable this rule is, it will rescind the policy and go back to the drawing board. Maybe forbid all text, symbols

and images on the body completely, including Nike swooshes (could indicate support of taking American jobs overseas) and crucifixes (could be worn to secretly indicate support of neonazi politics).

Start looking at rings, earrings, shoes, hats, notebook covers, web-pages, socks and underwear and you'll discover that the messages of our culture are not simply emblazoned clearly on billboards but permeate our day-

(Continued on Next Page)



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Letters to the Editor:

(Continued from Page 4)

to-day living in a complex web of cultural context - and reflecting the true, necessary and valuable interplay of lives and jobs and government and life.

Allowing the students to provide feedback was necessary, but allowing them to draft the policy simply brings up memories of the novel "Lord of the Flies." We don't want our nation's strength eroded by the well-meant gestures of the novice.

Please rescind the dress-code.

Daniel Zucker Danville, VT

Living Off the Grid

Dear North Star,

The article about living off the electric grid by Elissa Denton in the June 2005 issue of *The North Star* raises mixed reactions.

While any effort to publicize the fact that it is possible and comfortable to live without being connected to the umbilical cord from the electric utility is worthwhile, Denton's article, like so many others, gives the impression that to do so requires substantial sacrifices in the quality of life. Such is not the case; my wife and I have lived very comfortably off the grid in Danville for 12 years (and counting.)

We enjoy most of the electric appliances that have come to be considered necessary to a modem style of living, including lights, water pumping, an electric refrigerator, toaster, television with DVD, radio and CD player, a computer and a washer/dryer. Our dishwasher (me) requires no electric energy. While we are more careful to avoid wasting electrical energy than we might be in a grid-connected house, we certainly do not "wait to flip the light switch until the sun sets and the kitchen is dusky."

The conception that off-grid living requires substantial lifestyle sacrifices is due to the fact that the economics of off-grid energy sources are reversed from the economics of a conventional on-line energy source. Up-front costs to be connected to the grid are limited to minor expenses involving being connected to the utility lines, assuming your location is close to existing lines. You then pay the utility forever, both a per day charge for the privilege of being connected and a charge for the actual energy you use.

Whatever construction is required to guarantee availability of the energy you require, at the rate you require it moment to moment, is the responsibility of the utility, paid for by everyone's per day charges.

Off-grid systems, whether they are based on solar panels, windmills, micro-hydro water turbines or a combination of these, must be sized at the outset to accommodate the various electrical loads in the house, considering both their instantaneous demands and the average amount of time they will be used. There is essentially no limit to the size an off-grid system can be, except for cost.

Here is the difficulty: because the system must be built before the first kilowatt-hour is available and because a large system is more costly than a modest one, those installing offgrid systems frequently choose to avoid up-front costs by opting for a smaller system than one capable of supplying energy levels typically consumed in grid-connected houses.

The trade-off is seen as an acceptable alternative to making a larger initial investment, as with Denton's friends. It is not a fundamental limitation but rather a choice of how much one wishes to spend, much like the decisions that determine how large a house to build or buy. Once an

off-grid system is built, the incremental cost of energy use is essentially zero. If eventually it is decided to increase the system capacity, additional capital costs are incurred.

There are many advantages to living in an off-grid house. Perhaps dominant is the freedom to choose where you wish to live, independent of where utility lines exist. In addition there are the "green" considerations, such as the satisfaction of knowing that the energy that is sustaining your lifestyle does not come at the expense of increased global warming or the real cost in money and blood of sustaining a supply of fossil fuel. It is nice not to receive a monthly bill from the utility.

Disadvantages include substantial initial cost, especially if you require very energy-demanding appliances, such as central air conditioning. And finally, if something goes wrong, you cannot just call the utility and say "fix it."

Living off the grid does not require a sacrificial lifestyle.

John H. Matsinger Danville

Bravo

Dear North Star,

Keep up the good work. We look forward to reading the *North Star* every month.

Walter & Odianna Antczak Windsor, CT

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As the weather goes, so goes the maple industry. Unfavorable weather conditions this year caused a drop in maple production for 2005. According to New England Agricultural Statistics Service, the Vermont maple crop was down 18% to 410,000 gallons in 2005. Vermont is still the national leader in maple production, and its decrease is directly in line with the rest of the country.

Vermont Maple Season

Mirrors National Trend

Despite the drop, agricultural officials say losses could have been more severe. During the season, analysts were projecting a 25-30% drop in production based on early field reports and weather. However, they say, technology helped save the season from a disastrous result.

of Agriculture Consumer Protection Chief Henry Marckres says. "Vacuum systems definitely made the difference between a poor year and a year that was actually impressive considering the weather."

Marckres says he believes more than 60% of Vermont maple pro-

"A lot of people are using vacuum systems now," Vermont Agency

Marckres says he believes more than 60% of Vermont maple producers now use vacuum systems to pull sap from trees. The system is still dependent on the weather, but it allows sugarers to produce a sap run at a lower temperature.

"The difference is only a couple of degrees, but at that time of year, a couple of degrees have a significant impact on how much sap you can collect," Marckres says.

Vermont is still the leader in maple production in the United States with 410,000 gallons produced in 2005. Maine is second, its 265,000 gallons was a decrease of 9% from 2004; New York is third 222,000 gallons, down 13%. New Hampshire saw a 31% decrease in production, while Wisconsin's maple production was cut in half this year.

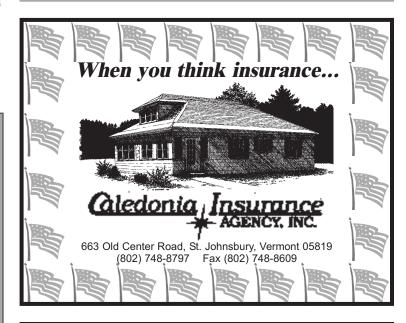
According to New England Agricultural Statistics Service the price of syrup in Vermont averaged \$27.30 per gallon.

I would like to thank the Danville School staff and the Danville community for a lovely retirement party on May 25. I know a lot of individuals were responsible for the event, and I greatly appreciate your efforts.

I would also like to thank the community, students, parents and my peers for a wonderful 18 1/2 years as a Danville resident and educator. I appreciate the patience you had when I first started and the support you showed me in later years.

I go to a new job with warm and happy memories of great experiences from this community. I also take with me many wonderful friendships. I will think of you often and will be back to visit. Thank

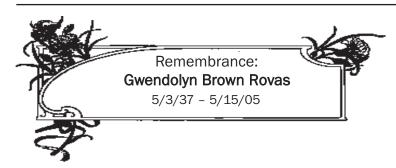
Nancy L. Frizzell



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DIANNE BROWN GADAPEE

Gwendolyn Elaine Brown was born in Danville on May 3, 1937, the first child of Eunice and Gerald (Brownie) Brown. She was a beautiful baby with blue eyes and blonde, curly hair. She did all the things a baby does first as an infant and then as a toddler. Not until Gwen was over a year old did our parents learn that she was profoundly deaf.

As my sister was eight years older than I, some of my memories are gathered from stories told by my parents or my sister, Gracie. Somehow my parents developed a means to communicate with Gwen before she went to school and learned to talk.

I recall a story our mother told about Gwen becoming lost in a large building in Boston. Our father drove for Eleanora Adams, and Mom and Gwen accompanied them to Boston. They took their eyes off Gwen for a minute so she took advantage of this and wandered into the hall. Gwen proceeded to the elevator that opened at just the right moment. She wan-

4581 Memorial Drive

St. Johnsbury, VT 05819

dered in and the door closed behind. Can we just imagine the panic my parents experienced when she was nowhere to be found and she could not hear them calling and no one could ask her any questions?

When she was a child one of Gwen's friends was Winston Badger. On Sundays, Winston and Gwen would walk to church together. Both families lived in the Smith house, which is where Sawyer Insurance now is, and the children only had to walk to the Congregational Church, without having to cross the street. They used to sit on the stonewall along the sidewalk and somehow would communicate that it would be okay to use their collection pennies in the gumball machine at the filling station across the street. Apparently, they got away with this for some time before they were caught red-handed.

Gwen began her education at age 5 at the Austine School for the Deaf in Brattleboro. She had been there a few years when she and Gracie had a conversation about why she attended the Austine

School. They were sitting on the bank beside the road and Gwen asked Gracie why they didn't go to the same school. Trying to think up an understandable reason why she couldn't go to public school, Gracie asked Gwen if she could hear the oncoming car. Gwen replied she could not, and the car drove by. Another car came along and, again, Gracie asked her if she could hear that one. Again, she stated she could not. It was only recently that Gwen explained that that was the first time anyone had explained to her that she was deaf and that was the reason she had to go to a special school.

Brattleboro was a long way from home, and I only remember Gwen getting home for Christmas and the summer. When she came home, the three of us (Gwen, Gracie and I) shared a bedroom. Of course, we had a lot of catching up to do, so we'd leave the light on and talk and giggle half the night. We had to have the light on because we communicated by reading lips, and we were all pretty good at it. When our parents had enough of the giggling, off went the light and when the light was turned off, communication stopped. We figured out that if we could smuggle a flashlight to bed, we could keep talking. We would shine the light on each other's lips, turn off our voices and mouth the words, using the flashlight like a microphone and still talk half the night. Of course, there were outbursts of laughter just the same so I'm sure we weren't fooling our parents one bit.

One fond memory I have of Gwen when we were growing up was going to the movies. There were two theaters in St. Johnsbury. I wasn't old enough to go alone, so I was Gwen's ears and voice, and she was my baby-sitter. She loved the wide screen movies because it was easier to read the lips of the actors in the theater than on television. Gwen was a devoted fan of the theater and movies, and she could name all the actors and actresses of the time and tell about them all. In fact, she would cut pictures of them from magazines, read all about them and even had a scrap book that she looked at all the time.

We grew up in the house where Betty Chamberlain now lives. During the summer there was always a baseball game at the Vance's. I hated playing baseball but never wanted to miss anything, so I tagged along. We always ended up staying too long, and it would be nearly dark before we walked up the (then) tree-lined road for home.

We were ordinary kids, who played games together, argued with each other and played tricks on each other, although some of our tricks had different twists. One night when it was quite dark for that walk home, Gracie ran ahead. When Gwen and I got closer to her, Gracie spoke to me, asking me to pretend that I heard an animal in the bushes and show Gwen that I was afraid. Gwen just brushed it off and tried to convince me there was nothing there. Of course, she couldn't hear Gracie speaking to me. Then, out of the bushes came Gracie, rushing at Gwen like an ugly bear, practically scaring her out of her wits! We laughed about that for days, but only long enough for Gwen to get back at us with a practical joke of her own. She had a great sense of humor.

After attending Austine School for nine years, Gwen transferred to Clarke School for the Deaf in Northampton, MA.



Gwendolyn Brown Rovas

Their philosophy was to speak orally and not to use sign language, which fit our family of lipreaders very well.

It was at a Clarke School reunion that Gwen met her first husband, David Teeter. They married and had three children. They moved to California in 1966. Gwen loved babies and frequently took care of children in her home or helped others with babies. Subsequently she had three more children of her own. She was an avid reader and enjoyed sewing and handiwork. She loved music and was a great dancer even though she could only feel the vibration from the music. She could identify some songs played on the piano just by holding onto the piano and feeling the vibrations and rhythms.

Gwen returned to Vermont in the early 1990's and taught independent living skills to young deaf adults for a few years. Following the death of our mother, she and her second husband, Jim Rovas, returned to California to be nearer her children.

Gwen died peacefully in her sleep on May 15, 2005 at age 68 at her home in Burbank, CA after a lingering illness. Services were held on May 18 at the Wee Kirk o' the Heather Chapel at the Forest Lawn Cemetery in Glendale, CA. In death, as in life, Gwen was surrounded by her husband, Jim, her six children, 11 grandchildren, four step-grandchildren and five great-grandchildren, who were all devoted to her. She is also survived by two sisters and many relatives. She was predeceased by her parents and a brother.

Gracie and I and our families want to thank everyone for the cards, calls and other acts of kindness during this time of sorrow in our lives. Many people in Danville will remember Gwen for the exceptional person she was.



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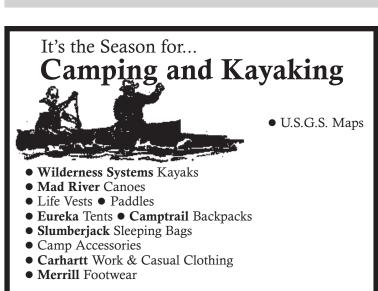
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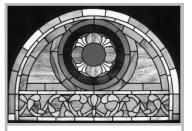


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Bike Trail Network Opens around Historic Granite Quarries in Barre

Millstone Hill, Vermont's newest non-motorized recreational center opened in June giving access for the first time to Barre's scenic historic quarry

The trail network is modeled after the highly successful **Kingdom Trails in East Burke.**

Millstone Hill Touring Center is the first phase in a larger plan to make this area open to the public. The Center includes miles and miles of old rail beds, quarry roads and more challenging single track trails, as a network connecting more than three dozen historic quarries. This summer the public can bike or hike through almost 1,500 acres of distinctive terrain. By winter the trails will be suited to crosscountry skiing and snowshoeing. Future plans are to add equestrian trails and other non-motorized recreational opportunities including fishing, swimming and bird watching.

One hundred years ago Millstone Hill was the site of more than 50 small independent quarries fueling Barre's 19th century growth and prosperity. Virtually every square foot of Millstone Hill was cleared and quarried. As quarries consolidated during the 20th Century, the smaller independents closed. Gradually they filled with water, and forest growth returned. What was once a near moonscape was reclaimed

Pierre Couture, who is spearheading the effort to develop recreation on the historic quarry lands, grew up on the single active farm on Millstone Hill. "My father moved to Millstone Hill in 1938," he says. "While growing up, these lands were our playground. We swam and fished in the quarries in summer; we skated in them in the winter. The grout piles were, to me, Mt. Everest. The remnants of the

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ancient ruins!"

During the last 25 years Couture has acquired land in hopes of keeping the family farm open and preserving the unusual and historic property. "My hope was that this property could be kept intact, someday opened to the public and used for recreation. There is so much beauty and history on this hill," says Couture an avid historian.

Last fall Couture met Pete Richardson, an outdoor enthusiast known in Central Vermont for his passion for biking and skiing. Richardson, also a Barre native, secretly dreamed of seeing recreation on these historic lands as well. "When I met Pete there was an instant connection," says Couture. "He was the first person

quarry operations were like I knew who had the same vision as I did for the area. Pete's experience in managing a bike shop, leading group rides, competitive racing and developing miles and miles of single track mountain bike trails on private property was the perfect match for my love of the land."

> The 350 acres owned by Couture is the core of the recreation center. The Touring Center itself is located at 422 Websterville Road in East Barre. in an historic barn renovated in 1980. The barn was built over 100 years ago by a Barre teamster, to house horses used to remove granite from Millstone Hill. Last fall Couture opened The Lodge at Millstone Hill in another historic barn, providing "Adirondack" inspired lodging



Burton Zahler and Alice S. Kitchel

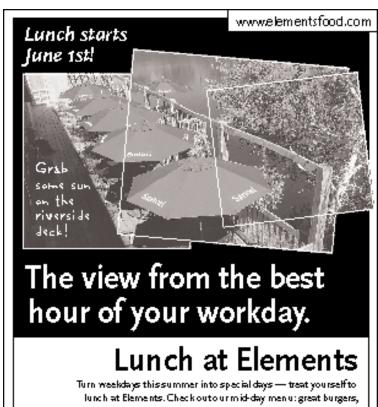
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on the property. Camping sites and a "bike house" or dorm will open later this summer.

The trail network is modeled after the highly successful Kingdom Trails in East Burke. Similarly, the nonprofit "Millstone Trails Association" will maintain the extensive network of trails on the Couture property, as well as on the quarry lands owned by Rock of Ages, Barre's sole surviving active quarry operation. Organizers hope that an even larger network extending to a variety of private land will someday link all of Central Vermont to Millstone Hill.

About ten years ago Couture temporarily operated The Millstone Hill Cross Country Ski Center on the farm to test his concept. In its first year the center garnered a cover story in "Cross Country Ski Magazine." "They loved the quality of the trails and the unique access and beauty of the quarries and grout pile lookouts," says Couture. "They were surprised to find this. Truth is even locals are unaware of the old quarries located on Millstone Hill."

Couture hopes that is all about to change. It's been a dream for 25 years to develop recreation on Millstone Hill. "My father, who passed away last October, would be gratified to see the farm lands open and thrilled to see others enjoy the property he maintained for over



Photos Provided By: Millstone Hill Touring Center

60 years. It would be very satisfying for me if this could create a resource for recreation and help make others more aware of Barre's fascinating heritage. I really believe that this could have a long term impact on Central Vermont."

Richardson is equally enthusiastic about the potential legacy of establishing the Millstone Trails Association. "As a member of the Civilian Conservation Corps, my father worked on the first ski trails on Mount Mansfield. I can only hope that my efforts in opening the trails on Millstone Hill might someday have a similar impact."

The Millstone Hill Touring Center will be open daily 9:00 a.m. - 5:00 p.m. through October. The bike shop has rentals and r e p a i r s The Ski Center is scheduled to

Peacham

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- 11:30 to 12:00 PARADE (Tractors, Horses and Bicycles)
- 12:00 to 1:00 Back Shed String Band
- 11:30 to 1:00 Barbecue

Afternoon:

- 12:00 to 3:00 Blacksmith Shop Demonstrations
- 12:00 to 3:00 Historical Association Open House
- 12:00 to 3:00 Firehouse Open House
- 1:00 to 2:00 Historic Tour of Village
- 2:00 to 3:00 Ghost Presentation
- 3:00 to 3:30 Reading of Declaration of Independence
- 2:00 to 4:00 Games for Adults & Kids
- 4:00 to 5:00 Alan Greenleaf Singer/Songwriter
- 5:00 to 7:00 Pig Roast with Strawberry Shortcake

Refreshments Available Throughout the Day. For More Information Call (802) 592-3025



Up on the Farm Early

Lorna Quimby



I'd always thought Dad made home brew during Prohibition. But sometimes I've discovered what I believed had little to do with reality. This year's display at the Peacham Historical House will be "1920-1939, the Lull Between the Wars." I was making a poster, and I discovered the date Prohibition ended, December 5, 1933.

1933! I was born the summer of 1928. If my math is correct I was 4, going on 5 that year. Either I was precocious – and I don't believe I was – or Dad's batch of home brewed beer had little to do with Prohibition and more to do with quenching Dad's thirst during a hot summer's haying

It was always a big event when Dad worked in the kitchen. His approach to cooking differed completely from Maw's. Once, when Maw was laid up, he'd mixed the bread dough in the dishpan. (He was emulating the cowboy cooks he'd read about.) We all relished the delicious crusty result the more because of its glamorous – to us – preparation. So when he commandeered Maw's enamelware canner and got out sugar and other stuff, I followed his every move. That's a polite way of saying "got under foot."

He had some directions written out on the back of an envelope that he consulted every now and then. He had plenty of good pure spring water – and the quality of beer or ale depends greatly on the quality of water available. I don't remember how he prepared the hops. I didn't enjoy the odor. But I loved the smell of the yeast cake, softening in a dish. Yeast looked so good. Maw carefully unwrapped the light beige square and softened it in the bot-

tom of her bread mixer (no kneading in a dishpan for her!). I'd wanted a taste but Maw assured me yeast did not taste good — and she needed every crumb for her batch of bread.

Dad hummed as he poured and stirred and walked back and forth between stove and sink. I followed every step. At last he carefully set the kettle in the pantry to work. I lost interest after that. Nothing, as far as I could tell, was going on – just a funny smell.

Then, one day Dad brought in a small keg with a hole on one side and a little wooden faucet on one end. Using the tin funnel, he poured the brew into the keg. Next he set the keg on props on the walk that went around the space where we stored wood for the cookstove. The walk was four or five inches off the ground so there was a drop-off to the dirt. The spigot from the keg projected over the drop-off. It was real handy. You held a tumbler underneath the faucet, turned the spigot and filled your glass. After some days, Dad brought out a jelly glass and

sampled the brew. I pestered him for a taste.

Ugh! I hated the bitterness of the hops — but I liked the fizz going down my throat. Talk about a love/hate situation. Periodically I'd sample the brew to see if the taste had improved. I got fizz up the back of my nose, coughed and choked — and came back for more.

Maw would have had to have a very stuffy nose not to realize that Lorna had been at Dad's homebrew again.

I thought I was clever. I watched for a chance when no one could see me. I was "getting away with" something, or so I thought. I must have reeked of beer. No one had to guess what I'd been at.

As my wont, I hadn't a clue that Maw would have had to have a very stuffy nose not to realize that Lorna had been at Dad's homebrew again.

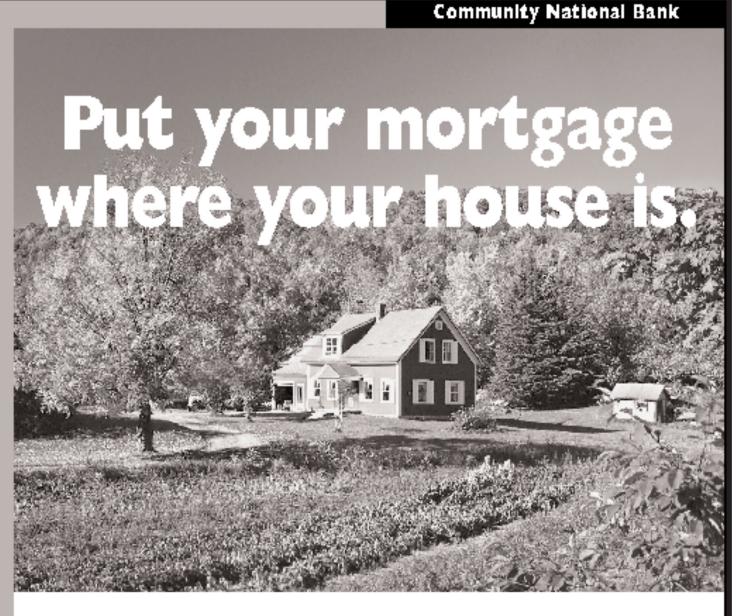
As the summer went on, the level in the keg went down, the contents aged and flattened. Probably Dad had treated some of our visitors. They would have been male, for, at that time, no self-respecting woman would have openly drank beer.

After a while Maw made comments. "Honestly, Ben! No one can miss that keg, right in the open, where folks come in!"

It wouldn't have been only once that Maw spoke her mind on the subject. Maw was a great believer in what we girls later called her "Chinese water torture" method.

Dad moved the keg to the back porch. It was out of sight, easier to get to, but somehow the glamour was gone. I took a sip, made a face, and poured the beer remaining in the tumbler down the drain in the porch floor.

So, was I just barely 5, and Dad was flaunting the law or was it the next summer, when, although Peacham had voted "Dry," a law-abiding citizen could make his own brew, although he couldn't sell it?



In morestate, existion is everything. So if "location, location, location" applies to your nouse, shouldn't in also apply to your more gage?

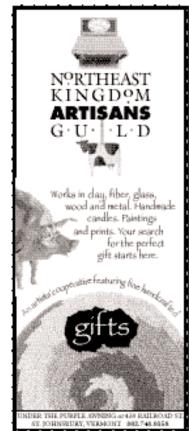
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Gerd Hirschmann

ging wine is a little like Aging cheese; I love a wellaged cheddar, but I wouldn't touch a cream cheese past its due date. While I cherish a 10-year old Barolo or Bordeaux, I would stay away from a 10-month old Beaujolais Nouveau.

Like cheeses not all wines are made to age, and not all of them improve with age. To age well a wine needs to meet certain criteria, sufficient amounts of tannins (that compound derived from grape skins reminiscent of overly strong black tea) are required for red wines and enough acidity for white.

It is often thought that all wine improves with age, but in reality only a small amount of wines (probably about 5%) is meant to age. Most are best consumed when they are fairly young, on average between 1 and 5 years.

Another misconception is that only red wines age well, but some whites age just as long, particularly some German Rieslings, Hungarian Takaijs or French Chenin Blancs from the Valley. In contrast

chardonnay is not a long-lived grape variety, and it is best drunk within a couple of years (with the exception of some Burgundies).

Aging wine is a little like aging cheese: I love a well-aged cheddar, but I wouldn't touch a cream cheese past its due date.

For the red wines the most famous wines made for aging come from Bordeaux with its "Cru" classifications (the best "Grand Cru," then "Premier Cru" and so forth) and similarly red wines from Burgundy; also some Rhone wines such as Chateauneuf-du-Pape or Cote Rotie. From Italy most notable should be Barolo, which is almost a sin to drink young, as well as Barbaresco, Brunello di Montalcino and

Chianti Classico Riservas. Californian or Australian Cabernet Sauvignon and some well-crafted blends belong to this list, as do some Riojas from

In general, price can be a good indicator of the value of aging. Inexpensive wine rarely improves with age.

The other big factor for aging is storage; even the best will spoil if not stored properly. The best place for storage obviously is a wine cellar for various reasons. It keeps sunlight out. Light is bad for wines, which is why most wine bottles are made of dark glass to give a little extra protection against its harmful rays. A fairly constant temperature and steady humidity are necessary to keep corks from drying out. That is the biggest reason for putting bottles on their side.

But most of us don't have a wine cellar, and few buy wine to "lay down." We buy wine to drink in the near future, which may range from hours to months. The longer you plan to keep wine before drinking, the more it matters where you keep it. The worst place would be the window sill with sunlight and temperature fluctuations. Good places can be found in closets or under stairways. As long as the temperatures are pretty constant it doesn't matter much how high the

thermometer reads. Obviously the wine shouldn't freeze or boil. The ideal level is between 45 and

In terms of storage temperature there is little difference between red and white wine until it comes to drinking it. It is a lot easier to chill wine than to warm it up, so unless you have a lot of extra space in your refrigerator, my recommendation is to keep all wines at room temperature and chill the white before you serve it.

When ready to drink, white wine should be cold, but the

colder it is the less flavors and aromas that are noticeable. The best range starts at about 40° for sweet whites or sparkling wines to 45-50°, with the lighter whites a little colder than the richer

Few reds like to be chilled (such as Beaujolais Nouveau or Lambrusco). The best temperature is around 60° for the lighter reds such as Chianti or Pinot Noir to 65-70° for the richer

Gerd Hirschmann is a wine distributor of the VT Wine Merchants Co.

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I Wish I Had Known her Better

SUSAN HEATH BOWEN

I always knew I was named for my great-grandmother, Susan Heath Duncan, born in North Monroe, NH, well before the Civil War.

The Duncans were of Scottish ancestry and members of the strict Presbyterian sect known as Covenanters, who worshipped at the Barnet Center Church. This was no simple matter in those times, as it meant a long drive in some sort of horse-drawn vehicle for services that lasted a good part of the day, including the morning service, Sunday school classes for the children, probably Bible study for the grown-ups, as well as a service in the afternoon. They were lucky to get back home in time for milking.

They took their religious beliefs seriously. No musical instruments were allowed in church - no organ not even a piano, and although they did sing psalms, there was a good deal of discussion as to whether or not it was acceptable to use a tuning fork to start the congregation off on the same note.

Like Quakers, they were abolitionists, and the Duncan house was a stop on the Underground Railway, the route taken by runaway slaves on their way to freedom in Canada.

A family story tells of one time such a group took refuge in their barn on a very cold night. In the morning, young Susan came downstairs to tell her family that she dreamt that a "pickaninny" slept with her in her trundle bed. And of course it was true. It had seemed too cold in the haymow for the littlest child, and she was indeed brought inside for the night.

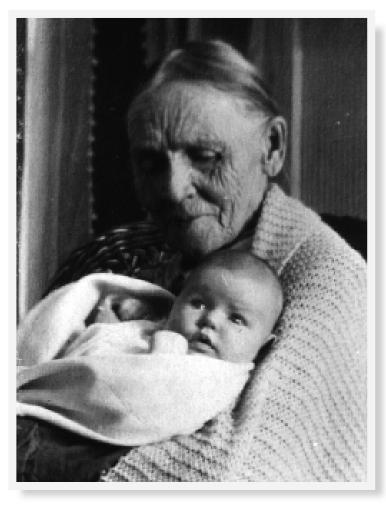
In Vermont and New Hampshire at that time there were many mills on small streams, mills for sawing lumber or grinding flour, during the seasons when water was plentiful. It may have been the case that Grandma Sue's father owned one of those mills or worked in one. In any case, he decided that he would move west, having heard perhaps that there were not enough mills across the Mississippi. In any case, he made the move, ending up in Iowa near Keokuk on the Des Moines River, if memory serves me. The Des Moines is a sizable river, so perhaps he settled on a smaller one.

He did build a mill and was successful, but unfortunately it was "fever-and-ague" country, and he died from the fever, even though he and his wife had taken up the local antidote of pipe-smoking. His widow tried to keep the mill going, but it

was hard to find workers. So she sold out and, with her daughter Susan, came back to Vermont and later married a Mr. Batchelder of Barnet. She was known to the family thereafter as "Grandma Batch." She con-

tinued to smoke her pipe until, fearing that her grandson might take up the habit, she gave it up.

So it seems that my greatgrandmother, whose name I inherited, was part of that challenging and dangerous western



Heath Family Photograph

Susan Heath Bowen inherited her name from her great-grandmother, Susan Heath Duncan, born in North Monroe, NH, well before the Civil War. Author Bowen was 10 when her great-grandmother

Tues.-Sat. 9:30 a.m.-5:00 p.m. Jan Nutting, Owner

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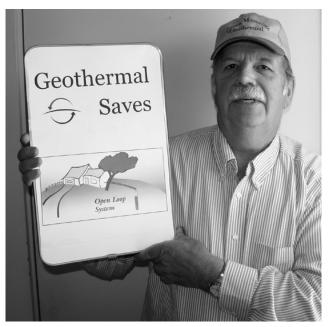
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migration that played so large a part in our country's history. She also was a part of a much less well known reverse movement, with its own story of disappointment or tragedy. Perhaps this was the reason I was so long unaware of Grandma Sue's pioneer story, because once she and her mother were back East and re-integrated into the former pattern of life, her pioneer experiences were, bit by bit, forgotten or no longer spoken of.

But family stories should be shared with subsequent generations, told and retold as children become more and more aware of their own history as part of the broader history of their country and the world.

I don't know Grandma Batch lived in Barnet or much about my great- grandmother's youth, but in due course she married Thomas Gilfillan, who had a sawmill in Barnet. I presume that it was on her marriage, if not at the time of her mother's remarriage, that she became a Congregationalist, no longer a Covenanter Presbyterian. Nor do I know for sure when the young couple went to live in the large house on Church Street, now marked in memory of their grandson, Ralph Flanders. The marker quotes him as saying, "I love the old place," and I know my mother shared his fond memories of their years in Barnet.

Thomas and Susan Gilfillan had five children. They were Mary Lizzy (that's my grandmother, also known as Minnie), Helen, Lycurgus, Charles and, I think, another brother. Lycurgus moved west, settling in Chicago. (My parents, sister and I stayed with his widow when we visited the Chicago World's Fair in 1933). Charles and his brother were lured to the promise of New York City. Mary met grandfather, Albert Flanders, while both were teaching school in Grantham, NH. After their marriage in 1860, they lived with her par-



ents, and Albert worked in his father-in-law's sawmill.

As part of a Chatauqua program, my grandmother was trying to read certain books and found it hard to do in what I imagine was a busy household. Her husband took note of her problem and devised a folding moveable bookstand, which she could place at her convenience for reading "on the fly." Apparently it was a success, and he began to think of getting someone to manufacture them. For that reason, he moved, with his wife and three children, Ralph, Alice and Emily (my mother) to Pawtucket, RI.

While her family was living in Pawtucket, Emily went a number of times to visit Grandma Sue in Barnet, and I heard some of her memories of those (mostly) happy days. I'm sure Grandma Sue was happy to have "young legs" around to be helpful. When she wanted apples, Emily went to the cellar to pick them out of the barrel, Grandma calling after her, "Look for the bruised ones, Emily!"

And Emily would say, "Oh, couldn't we have the good ones, just this once?"

"Oh no, dear, we can't let them go rotten," was the inevitable answer.

There were two substantial families in the village with high-school-age daughters at that time, probably those of the doctor and the lawyer. In those days, most people made do with one everyday dress and one for Sundays. But these fortunate young ladies also had dresses just for summer, no doubt made of a thin white material with ruffles and tucking. I imagine my mother's envious eyes watching them as they passed, carefree and lovely as a picture book.

Apparently, Grandma Sue noticed and understood her

grand-daughter's yearning. How she managed the financing I don't know, but one day she presented Emily with enough cloth for a light-weight dress. It was practical gingham rather than impractical lawn, and lavender checks instead of lady-like white, but it gave pleasure enough for a lifetime.

My great-grandmother, whose name I inherited, was part of that challenging and dangerous western migration that played so large a part in our country's history.

Another story might have had a sad outcome, but it turned out all right, as Emily learned a lesson. Emily had a friend outside the village whom she wanted to see, but had no way to get there. She was wondering what she could do, when she saw a man, who lived near her friend, loading his wagon. Without thinking it over, and without consulting her grandmother, she ran to him and asked if he were going home. Could she have a ride to her friend's house, she asked. The man looked at Emily, and said he'd be glad of the company, but he was in a hurry and was going to start immediately. Emily climbed onto the seat, and they started off.

It seems that man had a questionable reputation, and word got around to her grandmother. What happened next or how she got home is not clear to me but apparently the man with the wagon neither harmed nor frightened her. I am sure that Grandma explained the dangers of the situation and that Emily never forgot that lesson.

Our family loved to sing, and it was soon recognized that Emily sang in the alto register. This was thought to be remarkable in a mere child. Perhaps it was thought to happen at puberty, like a boy soprano becoming a baritone. In any case, a widow up the street (I'll call her Mrs. Brown, as I've either forgotten or never knew her real name) invited Emily to her house for tea. After the tea, Mrs. Brown asked Emily to sing. Of course, singing alone, she sang the tune, and the poor lady was very disappointed. Not merely disappointed but she also felt quite deceived. "Why!" she said, "You sing just like anyone else!"

At some time, perhaps when Albert and Mary Flanders were living in North Brookfield, MA, Grandma Sue left her home in Barnet to live with them. The two youngest boys, Ernest, who attended a Worcester High School, and Donald, five years

younger, were still living at home. Their impression of Grandma Sue was different from that of their sister. She was worried about her daughter's health and kept urging the boys to help their mother. Ernest claimed later that she would suddenly appear, as if from nowhere, and scold them. She must have seemed to them like a vengeful spirit.

By the time I was aware of Grandma Sue, her grandchildren were grown and married, with children of their own. She was living still with my grandparents, in Springfield, VT, where two of her grandsons had settled. I remember her as an old, old person, huddled in her chair placed by the kitchen door, where she could watch Grandma at work and look out

the window onto the porch. Grandma Sue seemed swathed in layers of clothing and shawls, only her smiling face visible. Somewhere in all that cloth she kept a bag of lemon drops to offer to us children as we gave her a kiss.

I was 10 when my greatgrandmother died. I think it was because of the mystical connection I felt with her that I privately called myself, traveling down the female line, Susan Heath Duncan Gilfillan Flanders Beardslee. It is part of the Great Mystery that the last name, of course, is my father's name, but in the next (my daughter's) generation it becomes part of the female line, when traced through me.



Photo By: North Star Monthly

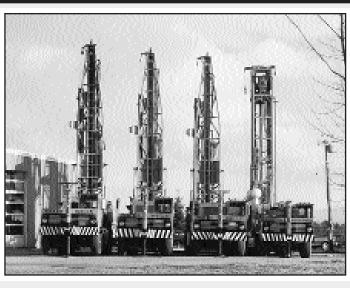
Susan Heath Bowen lives in Danville with her husband, Ralph Bowen.





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Ask the Shrinks

Alice S. Kitchel and Burton Zahler

Dear Shrinks,

I have a problem, which is making me angry and despairing. My father was killed overseas while in the Army. My mother and grandparents always spoke of him as a hero. While I missed him terribly, I felt proud of my father and a lot of my self-worth came from being the son of a hero

Well, my pride in my father led me into doing extensive reading about the recent wars of the United States. Slowly I started doubting the importance and even the relevance of some of these wars. A few weeks ago I suddenly realized that I now believe my father threw his life away for a mistaken set of beliefs. Now I often hate my father and feel betrayed by my country. As you could guess, my relationship with my family is very strained.

Thanks for any help you can give.

Veteran's Son

Dear Veteran's Son,

First, let's do some separating: it seems from your description of your relationship with your father that you never knew him. Perhaps you were an infant or not even born when he left for service. People who lose a parent without ever having the chance to interact with him or her typically have more intense and purer feelings about that parent than those who grow up with a parent. We think that this is mostly because our fantasies

(positive or negative) about our parent get modified by the reality of daily contact. You may be able to check this out by remembering how you used to think and feel about your mother when you were very little and compare that with how you see and feel about her now.

What this means is that most probably your father was never quite the hero you used to dream that he was. And it also means that he wasn't the foolish young man that you now believe that he was, either. The reality was certainly much more complex than either extreme.

People die in battle for many reasons besides an unthinking belief in their country's foreign policy. Some examples; many men have died for the love and respect they felt for their comrades or because they believed that they were protecting or taking care of their families or because they believed that they were helping another country in some way.

Let's make another separa-

War itself is an ugly, brutal, violent reality. It is hard to glorify. However, in contrast, the archetype of the soldier includes the attributes of discipline, dedication and sacrifice. These are ennobling characteristics and can be even when employed in the ugliness of war. Your father chose to participate as a soldier and made the greatest sacrifice that a person can make.

While your father may not have been the hero that you had

believed he was, he probably displayed some or all of these admirable attributes. Perhaps it would help to think about him, the soldier, separated from a particular war.

People who lose a parent without ever having the chance to interact with him or her typically have more intense and purer feelings about that parent than those who grow up with a parent.

Lastly, a final separation: you have our respect for accepting your citizen's responsibility of formulating your own opinion of America's foreign (or domestic) policy. Since the birth of our nation we have always had an active and loud minority trying to change the government's policies. Often they have been successful. Many times they have failed, but they never stopped trying.

To act (respectfully) because of one's beliefs is also to act in a noble and courageous way. We urge you to join others who feel as you do, and we urge you to bless our country for allowing you to fight against its actions.

Alice S. Kitchel and Burton Zahler each have a private practice in St. Johnsbury.

Ever Feel You're Knitting With Just One Needle? – Help is at Hand at the Peacham Library!

How many phrases do you know to describe a person not functioning as well as he or she might? Though often used derogatorily in reference to someone else, we all have times when we feel they are far too apt a description of our own mental state. Take heart – there's something we can do about this!

Have you ever felt you're not the sharpest knife in the drawer? If so, come sharpen your wit and hone your skills at the Peacham Library. What do you fancy? What do you need? Biography, history, geography, the arts (fine and practical), science, technology, philosophy - we have it all and much, much more.

Painters and how to paint; the learned and how to learn; thinkers and how to think; writers and how to write - the list goes on. All this awaits you at the Peacham Library.

Or perhaps you feel you're living life one trip short of an adventure? If you do, come to "Postcards from the Edge," the Peacham Library Summer Lecture Series on Thursdays in July and August. Explore the world, share the experiences, contemplate the insights of Peacham neighbors who have traveled throughout the world.

And if you feel a sandwich short of a picnic or one leg short of a piano stool – come to the Annual Antique Show and Sale on July 23 at the Peacham Elementary School. While perus-

ing some of the finest antiques in the area, you'll sustain yourself with superb food prepared by Peacham's preeminent cooks.

And if anyone in your family is a roller coaster ride short of a good time, we have the solution. Kids of all ages will delight in the third Harry Potter movie on July 7 and the party, later in July, to celebrate the release of Harry Potter and the Half Blood Prince.

On July 21 older folks might want to come see a film about the comical adventures of some middle aged women who decide to raise money by posing for a "nude" calendar. Younger children can come for story time every Monday at 10:45 a.m., while their older friends and siblings enjoy mornings of stories, crafts, food and friendship on July 20 and 27 and August 3 and 10

And about that knitting ... we have books to get you started and books to take you further than you ever thought you'd go. We even have librarians who can help along the way!

So join us this summer at the Peacham Library and *let your* bulb burn as bright as anyone else's in town!

Library Hours: Mondays, Wednesdays, Fridays and Saturdays – 10:00 a.m. to Noon. Tuesdays and Thursdays – 1:00 p.m. to 7:00 p.m. Coffee Hour, a drop-in event open to all – Fridays 10:00 a.m. to Noon.

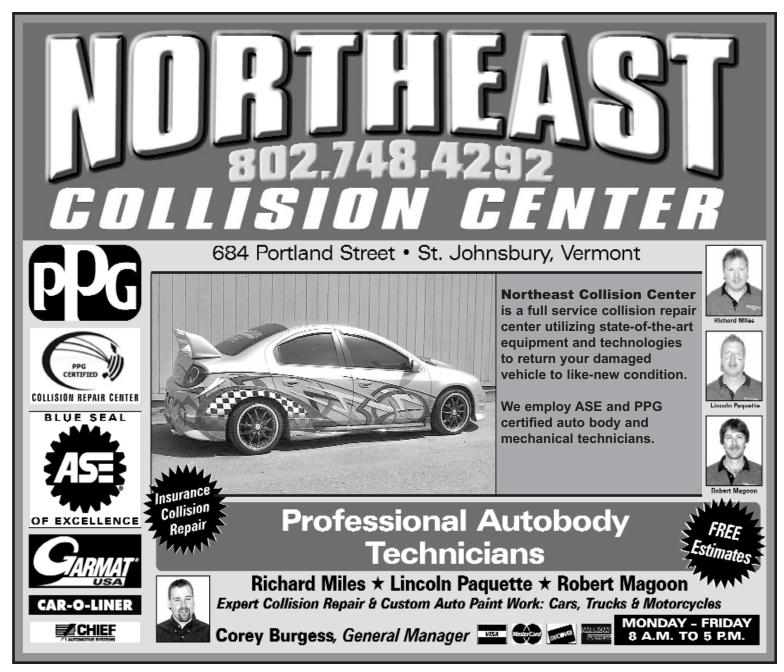


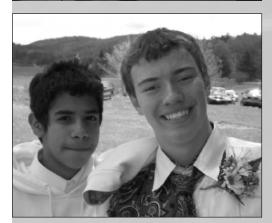
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In a recent visit to The Riverside School, the New England Association of Schools and Colleges commended the school for:

"creating and maintaining a school culture and ethos that conveys affection and support for each child and promotes respect for the individual, the school and the community at large"

"its hardworking and devoted faculty and administration have developed and implemented a rich and diverse educational experience for the students"





Peacham to Hold Annual Antique Show to Benefit Peacham Library

The Peacham Library is holding its annual Antique Show & Sale on Saturday, July 23, from 10:00 a.m. to 4:00 p.m. at the Peacham Elementary School. Peacham is in its prime in July – the summer flowers lining the village roads are in full bloom – what a beautiful sight!

Dealers come from all over New England to enjoy the area as they sell their wares, filling most of the Peacham school yard. A wide variety of antiques is beautifully displayed. Last year, the selection included jewelry, postcards, linens, smalls, tools, old signs, exceptional furniture and much more. The Antique Show Committee hand-selects the dealers who participate, ensuring quality antiques; no reproductions are allowed.

The dealers arrive early with their trucks, vans or trailers and spend several hours getting their displays ready for the show. The public also arrives early – long before 10 o'clock, and often there is a line of expectant antique collectors hoping to be the first to see what the dealers have to offer this year.

Homemade baked goods and lunch are available and always

draw compliments. Food sales, as well as the \$4 admission fee, benefit the Friends of the Peacham Library. Parking is free.

Plan to spend Saturday, July 23 in the Northeast Kingdom in a quintessential Vermont village, considered by many to be one of the state's most beautiful. Visit

the antique show, walk around the village, and tour some of Peacham's country roads. What a great way to spend a summer's day! For further information about the Antique Show call (802) 592-3366.



July

June 30 - July 3 (9 p.m.)

Postmen in the Mountains
(1999, China) [PG] Director:
Jianqi Huo. A son prepares to
take over the postman job
from his father who has been
forced to retirement due to
arthritis, and slowly, the son
begins to grasp the sacrifice
and responsibilities involved
in his father's commitment.
Catamount Arts, St. Johnsbury.
(802) 748-2600.

- 1-7 Crash (2004, U.S.) [R]
 Director: Paul Haggis. A noholds-barred movie about race and racism in America that's at the same time sharply funny.
 Filtered through the atomizing car culture of multiethnic L.A.
 Catamount Arts, St. Johnsbury.
- 1 Nobby Reed Project, Middle Earth Music Hall, Bradford.
- 1 Mark Knopfler, Bank of America Pavilion, Boston.
- 2 Syd with Gregory Douglas, Middle Earth Music Hall, Bradford.
- **1&2** Dave Matthews Band, Performing Arts Center, Saratoga, NY.
- 4 Indigo Girls, Flynn Theater, Burlington.
- 7 John Mellencamp, Tweeter Center, Mansfield, MA.
- 7 Moody Blues, Verizon Arena, Manchester, NH.
- 7-10 Mad Hot Ballroom (2005, U.S.) [PG] Director: Marilyn Agrelo. Delightful story of a group of eleven-year-old New York City public school kids who discover the world of ballroom dancing and learn to celebrate themselves in vital new ways. (9 p.m.)
 Catamount Arts, St. Johnsbury.
- 8 Samples, Mayor's Cup, Plattsburgh, NY.
- **8-14** *The Hitchhiker's Guide to the Galaxy* (2005, England) [PG] Director: Garth Jennings. After spawning a cult through

- a series of books, radio shows and a 1981 TV series, Hitchhiker thumbs a hot ride to the big screen. Catamount Arts, St. Johnsbury.
- 9 Vermont Philharmonic Summer Pops. Barre Opera House, (802) 476-8188.
- 9 John Mayall, Spectrum, Montreal, PQ.
- 9 Allman Brothers Band, Verizon Arena, Manchester, NH.
- **10** Jazz on a Sunday Afternoon, Catamount Arts, St. Johnsbury.
- 12 Dr. John, Hopkins Center, Hanover, NH.
- **13** Music for a Summer Evening, Morse Center, St. Johnsbury.
- **14** Buckwheat Zydeco, Rusty Nail, Stowe.
- 14-17 Enron: The Smartest Guys in the Room (2005,
 U.S.) [NR] Director: Alex Gibney. Documentary examination of the Enron accounting scandal reveals psychology of greed and corporate corruption that facilitated the company's rise to power and its fall.

(9:30 p.m.) Catamount Arts,

16 Bruce Springsteen, Pepsi Arena, Albany, NY.

St. Johnsbury.

- 17 Big Bad Voodoo Daddy, Trapp Family Lodge, Stowe.
- 15-21 Kings and Queen (2004, France) [NR] Director: Arnaud Desplechin. An art gallery director and single mother must track down her ex-husband, a neurotic musician who has descended into a comic nightmare and is mistakenly committed to a mental hospital. Catamount Arts, St. Johnsbury.
- **20** Music for a Summer Evening, Morse Center, St. Johnsbury.
- 21-24 Turtles Can Fly (2004, Iraq) [NR] Director: Bahman Ghobadi. Set in a village near the Iran-Iraq border shortly before the 2003 U.S. invasion, the film centers on a community of Kurdish chil-

- dren, many of whom are orphaned refugees; some have lost limbs in land-mine explosions. (9 p.m.) Catamount Arts, St. Johnsbury.
- **22** Lyle Lovett, Bank of America Pavilion, Boston.
- 22-28 Layer Cake (2004, England) [R] Director: Matthew Vaughn. In the underworld of the UK a sleek, well-dressed polite and unnamed hero is the consummate professional, and treating drugs like any other commodity, he has made a fortune by staying under the radar. Catamount Arts, St. Johnsbury.
- 23 Elvis Costello, Bank of America Pavilion, Boston, MA.
- **24** Hot Tuna, Higher Ground, Burlington.
- **27** Music for a Summer Evening, Morse Center, St. Johnsbury.
- 28-31 3-Iron (2004, South Korea)
 [R] Director: Ki-duk Kim.
 Tae-suk drifts around on his
 motorcycle looking for empty
 houses to stay in. One day, in
 a wealthy home, he meets his
 destiny a married woman.
 (9 p.m.) Catamount Arts, St.
 Johnsbury.
- **29** Crosby, Stills & Nash, Performing Arts Center, Saratoga, NY.
- 29 August 4 Brothers (2003, Denmark) [R] Director:
 Susanne Bier. Story of two brothers wrenched into change by circumstances beyond their control. One, an aimless drunk, has always been the embarrassment of the family, and is just out of prison. He is met and judged by his older brother Michael, who is called to military service. Catamount Arts, St. Johnsbury.
- 30 Tom Petty & the Heartbreakers, Performing Arts Center, Saratoga, NY.
- **30** Dar Williams, Opera House, Lebanon, NH.



Photographs on Display at Artisans Guild

An exhibition of photographs by Rob Reade will be on exhi-

Rob Reade is a landscape photographer, whose exceptional-

bition in the Back Room Gallery of the Northeast Kingdom

ly beautiful photographs are featured in fine art galleries

throughout Vermont and New Hampshire. Reade's aim is to

weather, time of day and lighting conditions combine to reveal

the beauty and complexity of the natural world. He does not

alter his photographs in order to "create" something that was

The exhibition will feature images of the Northeast Kingdom.

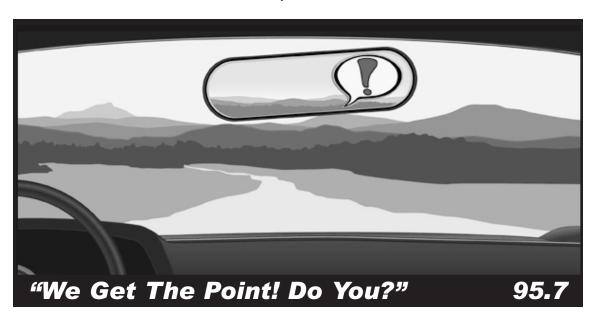
capture authentic and original images of the landscape by

photographing at the moments when the subject, season,

Artisans Guild from July 5 through August 18.

not actually captured on film.





Burklyn Arts Fair To Be in Lyndonville's Bandstand Park on July 2

This year's Burklyn Arts Council summer craft fair features three new juried Vermont craftspeople. The jury accepted five applicants, two of whom will appear first at the Burklyn Holiday Market in December.

Alexis LaRow-St. Croix of Moretown will offer fused glass creations from her electric kiln, something completely new to Burklyn fairs. LaRow-St. Croix is the daughter of Burklyn tenured artist Donna LaRow of McIndoe Falls, who also works in glass and will take part in the fair.

Aurora of Huntington, whose business is called "Green Angel Arts," will show her mixed media art and handmade note cards, created with all—natural materials.

Derby Line's Pierrette Marsh creates rag quilts in a wide variety of colors and styles, along with scarves, wall hangings and placemats.

This year's fair is dedicated to the memory of the late Jim Doyle, who served as trustee and board president for a number of years, during which time he had a strong influence on the successful development of Burklyn programs.

The new artists will join approximately 50 other Vermont craftspeople at Burklyn's 35th annual summer fair on July 2 from 10:00 a.m. to 4:00 p.m. in Lyndonville's Bandstand Park, rain or shine.

Lunch will be served along with some of the season's first Vermont strawberry shortcake. Mark Breen will provide musical entertainment from the bandstand. Admission is free. The park is handicapped accessible.

All proceeds from Burklyn craft fairs go towards enhancing and encouraging the arts in the schools of Burke, East Haven, Lyndon, Newark, Sheffield, Sutton and Wheelock.

For more information, contact Bob McCabe at (802) 626-6210.

See Photo Above is Courtesy of Artist Pierrette Marsh

Pierrette Marsh of Derby Line creates rag quilts in a wide variety of colors and styles, along with scarves, wall hangings, pillows and placemats.

Marsh will exhibit at the Burklyn Arts Summer Fair in Lyndonville.







The gift shop offers jewelry, local crafts, books, tapestry jackets, teapots and more, plus a super selection of summer hats.

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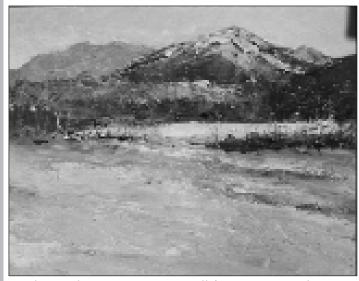
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The Peacham Historic House will feature paintings by Barbara Grey during the month of July. Grey lives in Peacham and paints places that catch her eye around northern Vermont and along the coast of Florida. She paints with oil on canvas or panel. Panels don't blow away in the wind so easily, she says, and they are easy to carry outside. Her paintings are largely done on site, perhaps touched up a little in the studio.

For most of each work Grey uses a palette knife, which creates interesting textures and a loose quality. She says she isn't bothered if a bit of sand blows into a work while in progress or mosquitoes or other accidental additions land on the surface. Her paintings are often colorful and nearly always of places familiar to viewers from the area. The Peacham Historic House is open for the July 4 festivities and on Sundays.



Summer Hours: Saturday 9-2 or by appointment Rt. 5 South, St. Johnsbury, VT (802) 748-0148

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At Kingdom Books

July 11

Meet jazz poet David Budbill at Kingdom Books on Monday, July 11 at 4 p.m. reading from and signing his new poetry collection While We've Still Got Feet, a rich blend of Zen, life on a Vermont mountain and love of place and spirit. Budbill is also one of Vermont's finest performance poets. This upstairs event is free and joyful; if you'd like to purchase a copy of this or other Budbill books, please call ahead. Kingdom Books, 748-5488, KingdomBks@aol.com



July 19

Can a woman write a great detective series? You Bet! Sarah Strohmeyer, author of the Bubbles Yablonsky detective series (featuring the madcap beautician turned journalist and detective), arrives at Kingdom Books on Tuesday July 19 to sign books from her series and read from her NEXT book, *The Secret Lives of Fortunate Wives*. AND she'll talk about how women's writing is seen in the publishing field — of mysteries and more. This upstairs event is free and joyful; if you'd like to purchase a copy of any of the Bubbles books, please call ahead. Kingdom Books, 748-5488, KingdomBks@aol.com

Also in July and August

Meet More Authors at Kingdom Books This Summer!

Tuesday, July 12, 4 p.m., **David Stahler** of Lyndonville, reading from and signing his young adult mystery/ghost story, *A Gathering of Shades*.

Tuesday, July 26, 4 p.m., **Sarah Stewart Taylor**, reading from and signing her new Sweeney St. George mystery, *Judgment of the Grave*.

Monday, August 8, 4 p.m., jazz poet **Wyn Cooper** with his new poetry collection, *Postcards from the Interior*.

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Summer Hours: 10-6 on the second Monday of each month, and every summer Tuesday, 4-6 p.m.; also appointments.

What's Happening at the Town Hall?

Barnet

Town Clerk: William Hoar Selectboard: Ted Faris, Stanley Robinson and Gary Bunnell

June 14, 2005 Garland Hill - Gary Bissell thanked Board for use of a section of Garland Hill by snowmobiles last winter and asked if they could do so again. Board responded by requesting that snowmobile association be pushed to remove its trail from Garland Hill

Barnet Water System - Board reviewed notice sent to Bimson Drive property owners describing June 20 meeting to discuss request by Barnet Water System to drill a test well near the new Barnet Fire

All Hazards Mitigation - Board reviewed draft all-hazards mitigation plan, which is required by FEMA for town to ever apply for disaster mitigation funds.

Town Audit - Board distributed copies of annual audit recently completed by Mudgett Jennett & Krogh-

Paving - After review of quote for additional paving Board approved work to be done by Pike Industries on West Barnet Road from Roy Mountain Road to bridge over Stevens River (\$13,350) and a small section on Barnet Center Road north of the church (\$6,675).

Barnet Road Concerns - Board discussed letter from Dave Warden expressing concern for road conditions at various locations and will ask Road Foreman Maurice Gingue to review the observations.

July 4 Fireworks – David Frechette appeared to confirm the interest of Harvey's Lake Association in handling annual July 4 fireworks. He also expressed interest in future of house located at Harvey's Lake Beach. Board discussed request for proposals on dam at Harvey's Lake and opposition to boatwash station expressed by a property owner near boatwash project.

Planning Commission - Board discussed appointments to planning commission.

Overweight Permit - Board approved overweight vehicle permit for Classen's Crane Service.

Access Permit - Board approved temporary highway access permit for William Dunklee for logging entrance on Ferguson Road.

Constable - Board discussed radio for 2nd constable. Action tabled to next meeting.

Assistant Health Officer - Board approved appointment of Maurice Roberts as assistant health officer.

Cabot

Town Clerk: Chris Kaldor Selectboard: Larry Gochey, Caleb Pitkin and William Walters

June 1, 2005

Community Service Award -Board reviewed applications for Cabot Community Service Award and agreed with recommendation of school board.

UDAG Loan Agreement - After discussion Board voted to release its mortgage lien described in the November 3, 1997 Wonder Why Farm loan agreement for any two acres of Cabot farmland owned by Walter E. and Mary L. Churchill.

June 15, 2005

Utility Permits - Board approved two permits for Washington Electric Cooperative for work on Coits Pond Road and on Dubray Road.

Dog Warrant - Christopher Kaldor submitted 2005 dog warrant with names of owners of unlicensed pets. Board approved the warrant as writ-

Democracy Committee - Board noted recent activity of town democracy committee.

E-911 Road Signs - Board discussed stolen road signs especially those at Hookerville Road and Smith Road and reviewed options to curb theft of the signs.

Coin Drop - Board discussed request from Cabot School French Club to conduct a coin-drop and voted to deny its permission.

Danville Town Clerk: Virginia Morse

Selectboard: Marion Sevigny, Larry Gadapee, Rick Sevigny, Gary Turner and Michael Walsh.

June 2, 2005

Development Review Board -Board met with Greg Scott to consider his interest in serving on development review board.

Village Center Designation -Marty and Plynn Beattie asked the Board to consider designating part of the Village Green area as a Village Center and thereby make properties within the area eligible for incentives for improvement. Board will consider the request.

Road Crew - Road crew is working on Joe's Brook Road improvement. Crew will be working on a four $(10\frac{1}{2})$ hour) day work week.

Joe's Pond Beach - Board authorized Merton Leonard to sign documents for the town for the purchase of Joe's Pond Beach.

Town Road Protection Ordinance - Board voted to adopt the draft ordinance for protection of town roads particularly as their use may be affected by wood harvesting opera-

Curb Cuts - Board approved curb cut requests from Glen Ehern and James Emmons/Dana Young.

Dog Warrant – Board approved dog warrant for unlicensed dogs.

June 16, 2005 Town Green - Board approved request from Brittany Benoit to use town green for a fundraising dinner dance on August 12. Board approved request from North Danville Community Club to install a sign promoting the 4th of July in North Danville.

Village Center Designation -Board voted to seek designation of Danville Green Historic District as a designated village center from Vermont Downtown Development

Joe's Brook Road Construction -Board met with Richard Despins and discussed his concerns about damage to his property during improvements of Joe's Brook Road.

Development Review Board -Board appointed Greg Scott to development review board.

Road Crew – Town crew is working on Joe's Brook Road project and Kevin Gadapee reported some travelers have been impatient, impolite and inconsiderate about having to wait or detour, even though the road is impassible at times and closed to through traffic. Board voted to hire two sheriffs to control traffic through remainder of the construction.

Legal Matter - After executive session to discuss a legal matter associated with landowner Joseph Garcia Board authorized town attorney to reply and Mike Walsh to sign any papers necessary.

Leonard reported water tests at Joe's Pond Beach have been very good so

Town Hall - Installation of chair lift in town hall is almost complete. No additional work has been done on

Flood Insurance - Board acknowledged letter from FEMA and appointed Merton Leonard as floodplain administrator.

Curb Cut – Board approved curb cut on Penny Lane for Tyler Fornier. **Utility Easement** – Board approved right of way easement for Verizon on the Peacham Road.

Arthur Whitcomb Co. - Board approved application for credit with Arthur Whitcomb Co.

Lyndon

Town Clerk - Lisa Barrett Selectmen: Martha Feltus, Bruce James and Rob Elmes

June 1, 2005

Highway Report - Board reviewed highway report. At 38% through year, budget is 23% expended.

Financial Reports - Board quarterly department budget reports.

Stray Animals – Board agreed town will continue to take in stray dogs and cats, use unbudgeted revenues for a spay and neuter program and work with animal control officer on a fundraiser.

Excess Weight Permits - Board approved excess weight permits for Larry Brown Logging, Clogston Transport, Kevin Conway, Northern Gas Transport and Kermit Weed.

Outside Consumption Permit -Board approved outside consumption permit for Hoagies Pizza and

Access Permits - Board approved access permits for Robert Audette on Sand Dollar Drive and Brian Nichols on Vermont Drive.

Wastewater System - Board approved USDA loan resolution for additional \$50,000 for wastewater

Town Vehicles - Board discussed bids for sale of 1973 Mack and 1956 Chevrolet fore trucks. Town needs to find permanent storage for 1938 truck. Town will seek bids for sale of

Road Foreman - Town will seek a permanent road foreman.

June 13, 2005

Highway Report - Board reviewed highway report. At 42% through year, budget is 25% expended.

Walk-a-Thon - Board approved request from The Pines to hold a walk-a-thon on September 24.

Tax Anticipation Loan - Board voted to accept tax anticipation loan from Chittenden Bank at 2.83%.

Summer Road Work - Art Sandborn reviewed ongoing highway, bridge and wastewater projects.

Perpetual Care - Board approved perpetual care agreement with Clifton and Bonnie Little.

Peacham

Town Clerk: Patrick Downes Selectmen: Gary Swenson, Richard Browne and Tim McKay

May 18, 2005

Distribution of Minutes - Board discussed whether to post unapproved minutes or approved minutes from board meetings electronically.

Town Highway Map - Board discussed town roads, legal trails and road maps with John Reiss. Board discussed possible revision of town highway map.

Transfer Station - Beatrice de Rocco discussed transfer station costs. She presented information on dumpster costs and history of charges incurred.

Cemetery Matters - Board discussed cemetery matters. Treasurer will provide a financial proposal and application for the purchase of cemetery lots. Treasurer/clerk will confer with VLCT on insurance mat-

Road Crew - Administrative Assistant Phil Jejer reported on road work and town equipment. Work on Mack's Mountain Road will begin soon. State denied town's grant application for Class II Road maintenance. Board discussed correspondence from Edna Furr regarding road maintenance in front of her

Winter Sand - Board discussed winter sand suppliers. On recommendation from Jejer Board voted to accept winter sand bid from Fenoff. Budget Report - Treasurer provided budget status report and discussed

how payments should be handled for appropriations. Old Town Hall - Board discussed use of old town hall including the

possible lease arrangement with historical association. No action taken. Work Plan – Board discussed 2005

Conservation Commission – Board accepted Chris Hunt's resignation from conservation commission with

Liquor License - Board approved liquor license renewal for the Peacham Store.

June 1, 2005 Road Crew - Phil Jejer reported on

work along Stevenson Road. The company fabricating a snow wing for town's grader had a fire. As a result the wing (ordered by town's supplier) will not be delivered. Jejer will seek other options.

Personnel and Legal Matters -After executive session to discuss personnel and legal matters no action was taken.

Cemetery – Board voted to transfer cemetery plot 99 in section B of



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Excerpts from Selectboard Minutes from Area Towns See your Town Clerk for complete minutes of the meetings

town cemetery on Highway 6 from Wayne K. Patch to Darrell Goslant. Financial Report - Town treasurer provided budget report.

Town Plan - Board discussed minor revisions to draft town plan taking into consideration public comments at June 1 hearing.

Old Town Hall - Board discussed a letter from Peacham Community Housing expressing interest in purchasing the old town hall. After considering costs and benefits of owning the building, Board decided to explore possibility of selling it.

St. Johnsbury

Town Manager: Michael Welch Town Clerk: Sandy Grenier Selectboard: Bryon Quatrini, Dale Urie, Reg Wakeham, Jerry Rowe and Gary Reis

May 9, 2005

Bank Stock - Sandy P. Grenier reported Union Bank stock owned by the town has a current value of approximately \$60,000.

Umbrella - Michelle Faye reviewed activity provided by Umbrella in support of victims of domestic violence through Caledonia, Essex, and Orleans counties. She described the collaboration between law enforcement agencies, victims and advo-

Community Justice Center - On recommendation of Lisa Rivers, director of Community Justice Center Board voted to approve grant applications for offender reentry program and Kingdom Recovery

Main Street Sprinkler System -After discussion Board voted to direct the town manager to continue to work with property owners on Main Street to finalize plans for a cooperative proposal that will reduce overall costs for sprinkler system connections. The manager was authorized to commit the town to a plan that best addresses needs of the town and property owners.

Fire Truck Replacement - On recommendation of Fire Chief Troy Ruggles Board voted to purchase new fire pumper truck with a down payment of \$200,000.

Highway Department Loader Purchase - On recommendation of Highway Superintendent Larry Gadapee Board voted to purchase a second and new loader for the highway department for \$99,565.

May 23, 2005 Loan Authorizations - On recommendation of Sandy Grenier, Board approved \$1 million line of credit from Lyndonville Savings Bank at 2.45% and a loan from Passumpsic Savings Bank for \$381,000 for the parking lot.

Bay Street Recreational Facilities - Katherine Tolman presented

results of her Capstone project at St. Johnsbury Academy. Tolman studied benefits of improved recreational opportunities and river access in Bay Street area. She provided a copy of her written report and argued that recreational opportunities (including bike path, greenspace and river access) would pay economic benefits for entire community.

Department of Health - Darlene Ahrens and Valerie Cook described programs available through Vermont Department of Health.

Police Department Report - Chief Richard Leighton described activity including training, staffing, services and patrols within police depart-

Pension Plan - On recommendation of town manager Board voted to approve the First Amendment to the St. Johnsbury Pension Plan.

Construction Contract Award - After town manager reviewed documentation from Earthtech Engineering relative to contract for Cliff Street Hastings Hill CSO Project and discussion as to reducing project contingency amount from 10% to 5%, Board voted to award construction contract to Morrill Construction in amount of \$2,343,317.50 and increase local capital reserve for project from 385,000 to \$401,000.

Utility Easement - Board approved utility easement for Central Vermont Public Service to relocate power lines underground on Almshouse

Use of State Education Funds -Board discussed proposed resolution from Vermont Coalition of Municipalities relative to use of state education funds and agreed to seek additional information.

State Office Building - Town Manager noted State is hoping to consolidate some offices into one building in St. Johnsbury. Board voted to request that State of Vermont keep its state offices in downtown area.

Board of Listers - Board noted resignation of Leon Bryer from board of listers.

Economic Study - After presentation by Joel Swartz Board voted to enter into an agreement with Northern Economic Consulting for an amount not to exceed \$12,000 to perform a retail trade analysis for St. Johnsbury. Analysis will include estimated impacts for recreation and

Real Estate Contract - Following executive session to discuss civil proceedings and a real estate contract, no action was taken.

Liquor Permit - Board approved

liquor permit for the Underground on Railroad Street.

Animal Cruelty - On request of Jo Guertin, animal control officer, and Ann Mills representing Caledonia

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Animal Rescue Board agreed to revise the existing town animal ordinance. Board asked Guertin to draft recommended changes.

Dog Warrant - On Jo Guertin's request Board agreed to establish a dog warrant procedure pursuant to State law listing owners of unlicensed or uninoculated dogs.

Union Bank Handicapped Access

Request - On request from Union

Bank that it be allowed to construct an access ramp within the town's sidewalk easement on bank property on Railroad Street, Board voted to table the matter until next meeting. Rubbish Removal - In response to inquiry from municipal administrator in Lyndon as to St. Johnsbury's interest in a joint venture for trash collection, Board agreed to get additional information but it would be reluctant to take business away from private enterprise or expand municipal services by taking on trash col-

Drinking Water Loan Applications - The manager reported on status of town's application for funding for addressing the alum lagoon operations at water treatment plant. After discussion Board voted to resubmit application for state funding in the amount of \$46,100 for the lagoon and dam evaluation and to approve contract with dam evaluation as an option with Dufresne & Associates.

lection.

Welcome Center - Board voted to adopt various policies and procedures to comply with agency requirements for funding renovations at Town Welcome and Transit

Relay for Life - Board voted to congratulate Fred Laferriere and his planning team on successful Relay for Life fundraiser June 11 and 12.

Rapid Response Plan - Board voted to approve the Vermont Rapid Response Plan.

Recreation Department - Board voted to close Maple Street at 2:30 p.m. on Saturday, July 9, to conduct the Ping Pong Ball Grand Prix to benefit St. Johnsbury Recreation Department.

Billing for Services - Board discussed request from Richard Greenwood that his invoice for services be reduced from \$238.44 to \$38.44. Dan Scott indicated bill was result of town employees being called out after hours for an internal plumbing problem that had nothing to do with town water system. Board voted to let the invoice stand

Walden

Town Clerk: Lina Smith Selectboard: Randolph Wilson, Daniel Lamont and Douglas Luther



May 30, 2005

Gravel - Doug Luther reported gravel has been crushed.

FEMA Repairs - Two contractors met with district highway engineer to review Federal Emergency Management Administration repairs. Bids will be reviewed in June.

ATV Ordinance - Dan Lamont reported ATV ordinances were posted as required.

Greaves Watson Road - Board discussed complaint of water from a beaver dam going over Greaves Watson Road. Road Foreman will look into it.

Road Reclassification - Board discussed reclassification of Greaves Watson Road, Weeks Place and Stevens Hill Road. Dan Lamont will contact planning commission and seek its involvement with road stan-

Constable - Bill Huntoon reported complaints received about people not stopping when coming off Houston Hill road. He noted, however, there is no stop sign there. Huntoon reported a case of a goat climbing onto and damaging a vehicle. There was also a report of a vehicle traveling at a high rate of speed and killing a chicken. There have been reports of ATV's on the railroad bed near Harrington Hill. Board considered a request to post a sign that ATV's are not allowed on Coles Pond Road.

June 13, 2005

Gravel - Dan Lamont reported that 4,500 yards of gravel have been crushed.

Road Standards - Vermont Leagues of Cities and Towns provided feedback on draft road standards. Board will work on class 4 standards.

Town Garage - According to the State the town garage project is still on the table.

Road Matters - A stop sign was installed at bottom of Houston Hill. The new truck is in and the body is being put on.

Greaves Road Beaver Damage -Land owner who complained about beaver damage on Greaves Hill Road volunteered to keep the beaver deceiver cleaned out. If that doesn't work landowner will have the beaver trapped and moved.

Town Clerk's Office - Perley Greaves reported the fire house doors were not sold, which will affect work that can be done to town clerk's office. The money was to be used to shingle the roof.

FEMA bids - Board reviewed two bids for Federal Emergency Management Administration work: RC Contractors, \$24,400 and JP Sicard, \$26,300. Dan Lamont will get in touch with both to make sure the same work is covered in both

Truck Bid - Board opened one bid for the town truck equal to \$8,753. Board refused the offer and decided to trade the Mack for \$22,000.



Photo By Jeff Gold

Look for the summer concerts this year including those on the Danville Green.

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Jist of Juggling is a How-to in a Box

(Continued from Page 1)

and demonstrations and competitions and a great sense of mutual aid," Wray says. "And that's what it's really about. Jugglers, as a group, have an interest in expanding their own skills while helping others do the same."

Wray says that after getting

the clubs she felt selfish. "I was spending too much time practicing, and I thought I should perform and that way teach others how to juggle."

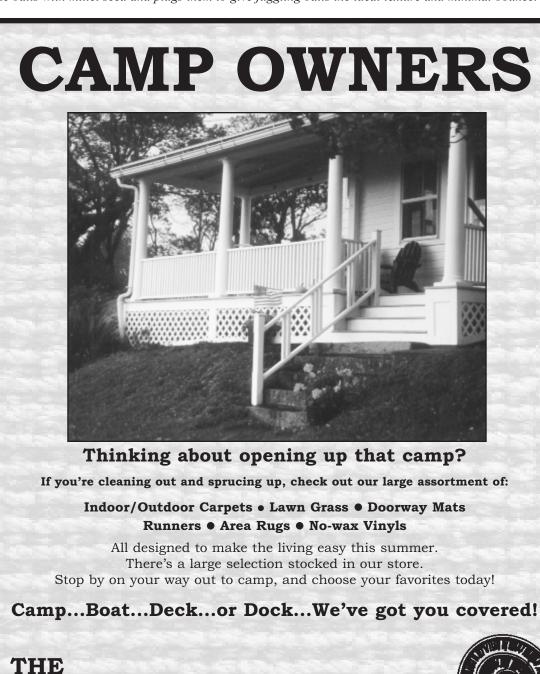
And so she performed.

"But some people, it seemed, just couldn't get it." Wray kept performing and she kept trying to spread the gospel of juggling, and she says, "I kept thinking there must be a way to slow the balls down."

Gradually she developed and modified her answer - a cardboard box - a kit as it is, a workshop in a package - that allows a beginner to learn juggling not by



Linda Wray has created an art in itself in the production of her "Jist of Juggling." She fills hollow plastic balls with millet seed and plugs them to give juggling balls the ideal texture and minimal bounce.



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Jist of Juggling sets are assembled in this Burke Hollow barn and then shipped of Juggling is the answer to the great mystery: "How can you slow the balls of the same of the

throwing but by rolling balls up a ramp and catching them as they roll back.

"I have a basement full of experiments," she says. "But after four years of trials and a world search for balls of the proper texture, size, flexibility and bounce factor I was ready."

Wray called a halt to her trials and adopted the name "Jist of Juggling." She was ready to roll. She placed an order for 10,000

hollow plastic balls, 2,500 printed boxes and 2,500 sets of her patterns or charts, which illustrate the basics of juggling.

In a snowstorm in December 2003 Wray and her husband met the delivery truck in East Burke, transferred the boxes to their own truck and set off for Burke Hollow and home.

Since then Wray has refined the process of filling the plastic balls with millet seed, which

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Photos By: North Star Monthly / Dave Ballou ed or sold to budding jugglers wherever they may be. To Linda Wray the Jist

gives, as she says, just the right And Wray's cottage

gives, as she says, just the right thud when you drop one. Using a system that would make a high tech industrial engineer chuckle she loads each ball with a funnel and piston mechanism driven by a pedal-operated sewing machine. It's homemade, yet it's simple and it works. Two at a time the balls are filled, plugged and boxed and then placed with the patterns into the larger Jist of Juggling cardboard case.

And Wray's cottage craft, her home based business, is ready to go.

"It's neither high tech nor high volume production," she says, "but I wanted to be able to do this in Burke Hollow." As Wray demonstrates her production process she laughs about it all. "Juggling is good for you; it makes the most of your coordination and your cumulative skills. It's about centering and

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concentrating and you can't argue with any of that. But it's fun

"Sure I'm trying to make something that works at a price that I can sell at a profit, but I think the bottom line is more about the smile I see when someone clicks on juggling. All of a sudden you aren't dropping the ball all the time and your face lights up with a grin. For me bliss

will come when I look out the window and I see 20 people all juggling on the lawn. That would be a lot of smiles."

The "Jist of Juggling" is available as a boxed set, including the case that unfolds into a training ramp, four millet seed-filled balls, six patterns introducing the showers, the cascade, passing and gradually more difficult moves and two elastic

deflectors that act as a passing partner.

Look for the Jist of Juggling at Baileys & Burke in East Burke, Natural to a Tee in Lyndonville, Uniquity in St. Johnsbury, the Village Book Store in Littleton or on the Internet at www.jistofjuggling.com



The Jist of Juggling includes four balls, six patterns and an ingeneous ramp - the means to learning to juggle.

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Pope Notes

Dee Palmer, Library Director

Many thanks to all who contributed plants, baked goods and books for our Memorial Day Sale. Despite the rainy day, the sale was our most profitable yet. Master Gardeners Susannah Morlock and Barb Irwin were with us to help answer gardening questions and identify plants. We are very grateful to all who helped with the sale; donating their flowers and putting up the tents, organizing books and helping sell on Memorial Day. Our success depends so much on these wonderful volunteers.

Our Summer Concerts on the Green begin on Sunday July 10 with Best of Friends. Other July performers are: the Danville Town Band on July 17 and Skip and Debbie Gray on July 24. There will not be a concert on July 31 because of the Old North Church Service and Hymn Sing. All concerts are at 7:00 p.m. so bring a blanket or chair, and enjoy the music! Donations are appreciated.

We have many new books on CD for your listening pleasure on long summer vacation car trips: *Twisted* by Kellerman, *Rage* by Kellerman, *Dragon's Kin* by McCaffrey, *Light on Snow* by Shreve, *A Home at the End of the World* by Cunningham, *Life Expectancy* by Koontz, *Cold Fire* by Koontz, *Hard Truth* by Barr, *Talk Before Sleep* by Berg, *Vanishing Acts* by Picoult and *The Mermaid Chair* by Kidd. Come in and check them out!

From the Children's Room and YA Center

The summer reading program "Surf Your Library" begins on Wednesday, July 6 and continues each Wednesday afternoon until August 17. The program will feature a new young adult program for kids 12 and up. Participants in YA's program may win a Burton Snow Board or a mini iPod by completing Four Internet Scavenger Hunt forms. Forms and scavenger hunt rules are available at the Pope Library.

We will have games, activities and crafts for summer reading program attendees ages 4-11. Please call the Library to sign up. (802) 6 8 4 - 2 2 5 6 .

All participants in the "Surf Your Library" summer reading program will receive a reading journal to record books read over the summer and at the end of the program will be given a certificate signed by Governor Douglas.

The Boston Museum of Science will present its "Super Cold Science" program at the Library on Thursday July 7 at 7:00 p.m. On Wednesday, July 13 at 11:00 a.m. please join us for Chuck Meese and the Red Wing Puppet Theater in the Danville School Library. Both events are free and pen to the public. Hope to see you there. Happy summer reading!

Pope Library Open House in July for its Staff

CHERLY LINSELY

The Pope Library Trustees will host an open house to celebrate the accomplishments of two Library staff members. The open house will be on the afternoon of Monday, July 18.

In May Dee Palmer was awarded a certificate of public librarianship from the Vermont Department of Libraries. Palmer has taken classes over the period of five years to achieve that goal. When her daughter started kindergarten 12 years ago, Palmer went to school, too, as a volunteer in the Danville School library. She loved being surrounded by books.

During that time she was asked to serve on the Pope Library's Board of Trustees. When the Pope's Children's Librarian left to teach, Palmer resigned her position as trustee to assume that staff role.

In 1999 she began the preparation to achieve certification, and when she was appointed library director in October of 2003, the process was nearly complete. Palmer says, "It's wonderful to have a job I love. I never dread going to work. The Department of Libraries is made up of incredible people who are energized by one another. It is a great system to be a part of."

Palmer and her husband, Bruce, past chair of the Library's board of trustees, live in Danville.

Many know Peter Albright. In last month's *North Star* we saw him modeling a kilt; this month we are left to wonder how he is going to spend his free weekday afternoons. After three years of

mentoring, tutoring, playing with, cleaning up after, "riding herd" on, counseling and influencing a good number of Danville's youth Albright is leaving a position he helped create with the library's Young Adult After-School Program.

The Library's board of trustees sought to develop such a program when the announcement was made through the Department of Libraries that the Freeman family was instituting a grant program to benefit libraries in Vermont. Finding just the right person to establish the program was a piece

of luck; Peter Albright answered the call. This intelligent, caring man nurtured and molded an idea from conception through the popular after-school activity it has become. He has written proposals and the Library has been awarded grants that keep the program viable.

The program will continue, but Peter's participation will be missed.

Everyone is invited to join us and salute Dee Palmer and Peter Albright, at the Pope Library in Danville on July 18 from 3:00 - 5:00 p.m.



Danville Supports Young Adult Program

An afternoon tea on June 5 at the Danville Inn to benefit the Pope Library's Young Adult (YA) Program was an exhilarating success. Program leader Rita Foley says, "The event netted \$550 bringing our total donations to \$2,900. We're almost halfway to our goal. A heartfelt thanks to everyone."

Photo By: Jill Kelleher

Josslyn Berwick and Megan Austin served at the tea to benefit the YA Program of the Pope Library on June 5 at the Danville Inn

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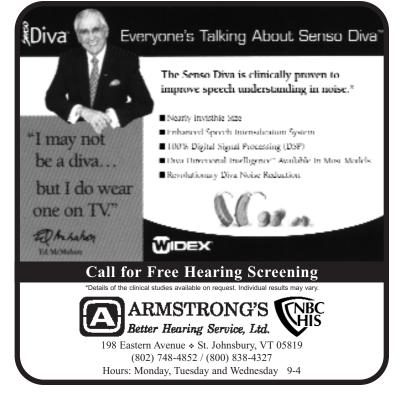
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Photos By: North Star Monthly

Rear: Coach Dave Chamberlin, Jared White, Stone Conroy, Jacob French, Jesse Murray, Asa White, Julian Kempton, Dustin Green, Coach Randall McGrath
Front: Jordan White, Logan Calkins, Justin Chamberlin, Stephen Farrow, Matt Lazerick, Branden Lumbra



The 2005 Vermont Baseball Division 4 State Championship was played under the lights at Centennial Field in Burlington, home of the University of Vermont Catamounts and the Vermont Expos. It was a summer evening in June when it seemed to be raining everywhere in Vermont but here.

Danville School Baseball

Vermont Division 4 State Champions

Centennial Field, Burlington VT June 10, 2005



Danville Senior Captains: Jacob French (left) and Matt Lazerick



Danville Coaches: Randall McGrath (left) and Dave Chamberlin



Danville celebrates its 5-1 state championship victory over Whitcomb from Bethel.

Inset: Coach Dave Chamberlin is congratulated by Bob Johnson of the Vermont Principals' Association and former Danville School principal.



No Small Potatoes

Vanna Guldenschuh

t some point in the summer we All have visions of an encounter with the seashore. And, if we don't make it there we develop a slight ache for the smell of the ocean and the roar of the sea. A culinary substitute for a vacation by the sea may take the edge off the yearning for salt air. How about a clambake or a lobster feast to make us feel less robbed of a visit to the seashore. Close your eyes and chomp on that briny bite of lobster. For a moment you are sitting on a wide porch overlooking the coast of Maine and contemplating the North Atlantic in all its splendor.

A true New England Bake involves a large hand dug pit in the

New England Stovetop Lobster and Clambake

ground, outdoor fires, hot rocks, seaweed and at least 50 participants. However, you can simplify things at home and prepare a yummy bake for the family in a single pot.

Helpful Hints:

Buy lobsters the day you are

going to use them. They don't last long in the refrigerator when alive. Clams should be tightly closed and unbroken. Discard any that will not close after prodding or any that have broken shells. Personally, I like to use littlenecks for steaming clams, but old-fashioned New England steamers with the necks on them are fine. (Just make sure to wash them well.)

One small lobster for each person

Four red potatoes per person Four small onions per person (peeled)

One ear of corn per person (husks removed)

Salt and pepper

6-10 clams per person
(little necks or steamers – well scrubbed and bagged in cheesecloth or net bags)
2 bunches chopped scallions
½ cup chopped parsley

You will need a pot the size of a big canning kettle. Make sure it is not rusty and has a sound bottom. I like to put something on the bottom of the pot to protect the food from sitting right against the metal. A cookie cooling rack or even an inverted pie plate will work. Fill the pot with several inches of water and place it on the burner where you will cook it. You don't want to be carrying a full pot of clambake all over the kitchen.

Have your lobsters within reach and confined. Turn on the burner and place the lobsters in the pot, follow immediately with the ears of corn and the potatoes and onions. Sprinkle with the scallions and parsley. Lay the clams in their bags on the top. Close the pot tightly and let come to a full steam for about 10 minutes. Check the clams - when they are done (opened up) the rest of the mélange should be ready. Put all the different elements in separate bowls as quickly as you can. You will want to serve this immediately so have the table set up to eat this feast without further ado.

I like to serve melted butter with a little parsley floating in it by each plate. A loaf of good bread, a green salad and homemade breadand-butter pickles are nice accompaniments.

There are many ways to serve lobster after it is boiled. It will

Other Lobster Treats

keep in the refrigerator for a few days after it is cooked, and is very versatile. And, although lobster is easy to prepare (simply boil or steam it) it is easy to overcook. Be careful that you don't leave it in the hot water too long. As soon as it is done, take it out of the water and set aside to stop the cooking. There are many supermarkets or fish markets that will cook your lobster for you, and it sometimes pays to have them do so. Simply bring home steamed lobsters and pick the meat out for the following recipes.

A well-made lobster salad is a great dinner. Serve it with good

Lobster Salad for Two

bread, homemade pickles and boiled potatoes or oven fries. You will dream about it for months to come

- 4 lobsters at least one pound each (meat picked out and chopped into good size chunks)
- 1 head buttercrunch or Boston lettuce (outer leaves left whole and reserved)
- 4 scallions chopped ½ cup parsley chopped ½ teaspoon *Old Bay Seasoning* (optional)
- 2-4 tablespoons mayonnaise ½ orange

Salt and pepper to taste

Chop the heart of the Boston lettuce very fine (you will need about ¾ cup). I find this is a tasty substitute for celery in a lobster salad and doesn't interfere with the texture of the lobster.

Combine the lobster, scallions, parsley, lettuce and Old Bay in a bowl. Squeeze the ½ orange over

all. Stir it a little and add the mayonnaise one tablespoon at a time until you feel there is enough for you. Everyone's taste differs, but try not to add too much. A little salt and pepper to taste and you have a delightful salad.

Put a couple of the outer leaves of the lettuce on each dinner plate, and scoop a portion of the salad into the leaves on the plates. Place a wedge of warm bread on each plate and any vegetable garnish that you have available (cucumber and tomato perhaps).

Here is a luncheon item that will really wow your guests. It's a

Lobster Club Sandwich

simple and elegant twist on an old favorite.

Three pieces of your favorite white bread for each person – sliced thin and lightly toasted. Mayonnaise for spreading – Try a lemon flavored version or put a pinch of *Old Bay Seasoning* in the spread

- 3-4 pieces of thick sliced bacon per person – cooked till barely crispy
- Green leaf or red leaf lettuce cut into a chiffonade (thin long strips)
- Meat from ½ lobster per person picked out and sliced thin

Toast the bread – Use a toaster if you don't have too many sand-wiches to make. If you need to toast bread for a few sandwiches, place the slices on a tray in the oven under the broiler and flip once. With whatever method you employ take care not to overcook the bread. You want it to stay soft with just a little brown on the top. As soon as the bread is toasted put mayonnaise on each slice.

Working in groups of three slices – layer one slice with lobster



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Find a dog and walk it! If people look like their pets, walking will make both of you trim, healthy and active. It's good for Fido too!

Yard work rules! A few reps with the shovel, a couple laps with the wheelbarrow and you'll be watching something grow besides your waistline.

Tag, you're it! Recapture your youth by playing with your kids for at least 30 minutes a day—now that's quality time!

Become an active listener, literally! Dance and jump around to the radio and your favorite CDs.

There's strength in numbers. Start an exercise group or find a buddy to give you a little push.

The important thing is to start slow and stick to it, setting small, realistic goals. Do you want more information about adding physical activity into your life? Visit www.smallstep.gov.

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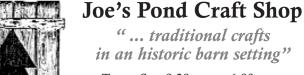
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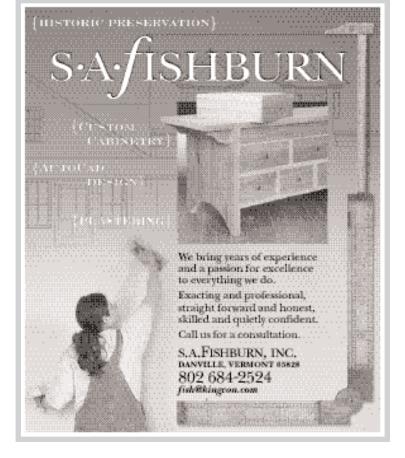
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and a small amount of the lettuce. Layer the next slice with 3-4 slices of bacon, tomato and lettuce. Put this layer on top of the first layer. Salt and pepper it then cover it with the third piece of bread (mayo side down). Press down a little on the sandwich and cut in half on a diagonal.

Serve with potato salad or a green salad. Pickled beets are a nice accompaniment, and don't forget some homemade lemonade.

A well-made lobster stew defies description. It's simple, rich

Lobster Stew

and magnificent looking on any table. It needs only some good bread and a green salad to make a satisfying dinner.

- 4 double-clawed lobsters
- (one per person)
- 2 cups chicken stock
- 2 cups heavy cream
- 4 Tablespoons butter
- 2 bunches of scallions chopped
- ½ cup fresh parsley chopped
- 1/4 fresh chives chopped
- ³/₄ cup golden sherry

Steam or boil the lobsters over the chicken stock and let them cool. Pick all the meat out of them - claws, tail and small swimmer claws. Set aside the meat and the broth.

Sauté the scallions with the butter in a thick-bottomed soup pot. When the scallions are soft, add the stock and heat to boiling. Turn down the heat and add the lobster meat, heavy cream, parsley and sherry. Bring to just below boiling, and turn off the heat. Let sit for about five minutes and serve immediately in soup bowls. Sprinkle the chives over each bowl for service.

A retro dish evolved from the 50's and 60's food that found its

Lobster Newburg

way from restaurant kitchens into the homes of adventurous cooks at this time. It is still an exciting way to serve lobster.

4 small lobsters – one per person (can be one clawed

or chicken lobsters) 1 onion – chopped fine 8 tablespoons butter 1 cup fish or chicken stock ½ cup Madeira wine 2 cups heavy cream ½ teaspoon cayenne pepper 1 teaspoon paprika ½ lemon for juice 1 cup sliced mushrooms 1 ounce Cognac 1/4 cup fresh chopped parsley A few tablespoons of roux

(butter and flour)

Cook the lobsters (either boil or steam them). Let cool and pick out the claw and tail meat. Leave the claws as whole as possible and slice the tail meat crosswise. Set

Make a thin roux using 4 tablespoons butter and 3 tablespoons flour. Cook the two over low heat for a few minutes and set aside.

Sauté the onions in the half the remaining butter until just soft. Add the chicken stock and reduce by half. Add the Madeira and reduce the liquid by half again. Slowly add the cream and adjust thickness of the sauce by adding a small amount of roux at a time. When the desired consistency is reached add the cayenne, paprika and a little salt and pepper to taste. Reserve.

Sauté the mushrooms in a large skillet with the rest of butter and juice of the lemon. Add lobster slices and claws and sauté for a minute longer. Add the reserved sauce and the Cognac. Bring back to just short of a boil and spoon over toast cut into points or into patty shells. Sprinkle with parsley. Serve this delicacy with a simple vegetable and green salad.



Judy and Bud Clifford Honored by Square Dance Foundation of New England

BETTY HATCH

This is the time of completing school studies and graduations. Square Dance classes do the same thing.

There are square dance clubs throughout Vermont, which hold classes through the winter and have a ceremony in the spring to recognize those who have learned the calls. Dances are scheduled throughout the summer for everyone to get together for an evening

Judy and Bud Clifford of Walden have been helping clubs with classes by visiting them off and on through the winter. On April 22-24, the Cliffords chaired the New England Square and Round Dance Convention in Brattleboro for the second year. With good working committees, they held workshops and dancing for more than 2,000 dancers, caller and cuers.

When Judy attended Noyesville School in Walden in the 1950's, square dancing was a frequent winter recess activity. Recordings by Ed Durlacher walked dancers through the calls until they were ready to try them to the music.

For several years Vermont Country Dance Festivals took place at the Armory at Norwich University. Walden had several squares which attended and danced to the live music and demonstrated what they had learned. Young people from schools throughout the state had an opportunity to dance to several

noted callers from the area, as well as Ed Durlacher, himself.

At the time they were dating, Bud and Judy went square dancing where families danced at the North Danville Schoolhouse. In 1981, they decided to try Western Style Square dancing, with more calls and dance patterns. They joined the Hazen Squares in Hardwick, where they learned calls with Hal and Doris Holmes.

There are several levels of western square dance - Beginning Dancer / Class, Mainstream, Plus, Advanced (Al & A2) and Challenge (C1, C2, and so forth).

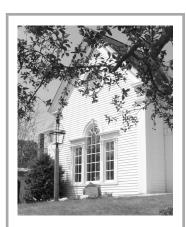
Ernest "Red" and Eleanor Thompson in Littleton had been enjoying square dancing for some time and invited the Cliffords to dance at their summer workshops. For Plus they danced with the Country Corner Squares in Lyndonville, and for Advanced classes, they went to Lamoille River Swingers in Morrisville. Eventually they danced with the Advanced 60's at the Capital City Grange in Montpelier for Advanced and Challenge.

The Cliffords became delegates to the Vermont Association of Western Style Square Dance clubs and Judy was its secretary for three years. They chaired and co-chaired the Vermont Conventions for several years and were presidents in 2001 and 2002. In 2001, they and two other couples placed a bid for the New England Convention to return to Vermont, and they became general chairmen of the convention at the time it was in Brattleboro in 2004 and 2005.

In 1997, Judy and Bud Clifford received their first Good Neighbor pin for attending dances in all the clubs in the Vermont Association. They are still visiting clubs and encouraging square- and rounddance throughout New England.

On May 7, 2005, the Cliffords were inducted into the Square Dance Hall of Fame by the Square Dance Foundation of New England at its annual meeting in Manchester, NH.

In their travels they have made many friends, attending all but two New England Conventions since 1983. The Cliffords still enjoy dancing with clubs on the weekends, and they hope to be able to travel to dances throughout the country after their retirement from



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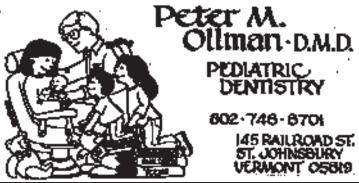
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From left: Cindy White, Donna Percy, John Blackmore, Joan Field, George Coppenrath, Betsy McKay, Sam Kempton, Darlene Pilbin, Sue Coppenrath and Cindy Hastings.

If You Had a Car in 1905 – People Noticed

we would eventually come to experience and listed the names of Vermont's registered automobile owners.

The next event of the kind will be in the middle of July, to the White Mountains, at the time of the "Climb to the Clouds," which is the annual hill-climbing contest up Mt. Washington.

According to the July 1905 Vermonter ...

Vermont has within its boundaries 14,910 miles of public highways. These roads laid out in a continuous route would stretch three fifths of the distance around the earth. An automobile running at the speed limit allowed by Vermont law would require 41 days to make the trip.

A glance at the map of

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Vermont shows a great network of public roads extending in all directions. Vermont roads compare favorably with those in other states and are constantly being improved. There are many miles of excellent permanent roadway in the State, especially in and around some of its villages and cities. The scenic attractions and picturesqueness of Vermont are of a character that appeal strongly to the lover of nature and to all who delight in pastoral scenes.

The Green Mountain State is a summer paradise for those who seek pleasure and recreation in carriage drives and automobile tours. The favorite mode of touring the State is by automobile, and many tourists are daily seen in all sections making a trip on these wheeled vehicles. There are now 380 registered automobiles in the State.

The State Law relating to automobiles provides registering, numbering regulating the speed and for licensing operators. All automobiles must be registered by the owner with the secretary of state, the fee for which is \$2.00. The owner receives a certificate and a distinguishing number. Licenses for operating automobiles are issued by the secretary of state,



Photo Courtesy of the St. Johnsbury Athenaeum Collection

Mr. Charles C. Warren of Waterbury owned the first automobile registered in Vermont, an 1899 Haynes Apperson. In 1905 Warren held the registration numbers 1 and 2 for these two automobiles, both four cylinder machines made by the Packard Motor Car Company. The one at the left boasted 28 horsepower and had been, at the time, over 10,000 miles. In July 1905 Warren and L. Bart Cross of Montpelier were planning to take the same car on a European tour during the fall.

the fee for a license being \$2.00.

The speed limit for automobiles fixed by law is 15 miles per hour outside of the limits of a city or incorporated village and 10 miles per hour within the limits. Automobiles owned by non-resi-

NORTHEASD AUTO RECYCLERS

dents of Vermont and driven by a person residing and licensed in some other State may be operated in Vermont, subject, however, to limitations of the law and to such further regulations as the secretary of state may make. The operation of automobiles is lawful by unlicensed persons if riding with or accompanied by a licensed chauffeur or operator. Other sections of the law relate to the operation of automobiles and provide penalties for violating any of its provisions.

The Vermont

In the winter of 1903, soon after the New York automobile show, a few of the pioneer automobilists of Vermont began to

agitate the question of forming a State club. An automobile census of the State was taken and a circular letter sent to all known owners, asking those interested to meet at the Pavilion Hotel in Montpelier, on the eve of March 26. Only 12 owners were present, but with that nucleus the Automobile Club of Vermont was organized, with Dr. L. Hazen, president; W. B. Fonda, 1st vicepresident; C. C. Warren, 2nd vicepresident; W. D. Woolson, secretary and treasurer. From the 12 charter members the club has grown by easy stages to its present membership of 103, there being now about 380 machines owned in the State, an increase of about 90 per cent during the last six months.

The aim of the club is, to

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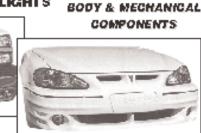
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Route 5 ■ Broad Street, Lyndonville, VT 05851 (802) 626-5996 or (800) 439-5996 Hours: Mon.-Fri. 9-5 ■ Sat 9-3 ■ Closed Sunday quote from its constitution, "to cooperate with others interested in securing rational legislation, rules and regulations governing the use of automobiles, to maintain the lawful rights of owners and users of automobiles, to promote and encourage improvements of the highways of the State, and to maintain a social club devoted to automobilism."

The scattered membership of the club and the urgent demands of business of most of its members prevent it from doing its most efficient work, but it has held two runs each year to different parts of the State which, all things being considered, have been well attended. The last run was on June 13 to Montpelier, and the next event of the kind will be in the middle of July, to the White Mountains, at the time of the "Climb to the Clouds," which is the annual hill-climbing contest up Mt. Washington, conducted by the White Mountain Road Improvement Association. As this run takes its participants through the most picturesque and grand scenery of New England, and offers such a unique entertainment at Mt. Washington, it should be well attended by Vermont automobile owners, as with proper weather a most enjoyable outing can be expected.

Mr. Charles C. Warren of Waterbury was the pioneer in ownership of the first automobile in Vermont. He purchased a Haynes-Apperson in 1899 and since then has owned a large number of machines of different manufacture. He enjoys the distinction of holding register No. 1 and No. 2 issued under the recent Vermont law. These two cars are both four cylinder machines, the most recent production of the Packard Motor Car Co. One has 32 horsepower and seats five easily. The other is for only two persons and has 28 horsepower.

Mr. Warren has run his car

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over 10,000 miles, and it has the reputation of always taking him to his destination on every trip, which considering the distance it has been run is a remarkable record. The car will be used in a European tour to be made by Mr. Warren and Mr. L. Bart Cross of Montpelier during the coming fall months.

The Vermonter is able to publish, through the courtesy of Hon. Frederick 0. Fleetwood, Secretary of State, a complete list of owners and numbers of registered automobiles. The July 1905 issue of The Vermonter included the names and residence of the owners of the 373 registered automobiles in Vermont.

[As reported at the time by the Vermont Secretary of State] Among them, in addition to C. C. Warren of Waterbury, were:

Dr. John M. Allen, C.A. Heyer, Carl H. Turner, Henry Walker, Charles E. Simanton, Lyman S. Hooker, George S. Wright, George A. Burbank, Charles H. Clark, Walter J. Aldrich, John E. Conly, Dr. Trueman R. Stiles, Charles H. Goss, Charles A. Cranton, Harvey McIntyre, and Edmund F. Taft of St. Johnsbury; Edwin T. Wood and Harvey V. Wakefield of Lyndonville; Campbell Kimball, William L. Glove, George B. Shipman, George B. Wheeler and J. Willard Hersey of Hardwick; U.A. Harris, William Hight, H. R. Flower, Jerry F. Lambert, McDiarmid Co., Walter J. Avery, B. F. & E. L. Moore, Milo A. Shattuck, George H. Prouty, George R. Peltus and Mrs. Geo. H. Flint of Newport; Charles E. Nelson of Derby Line.

Dr. Edward J. Horan and L. F. Elkins of North Troy; John F. Ruggles and Francis W. Richardson of West Burke; Ernest C. Wilcox of Island Pond; John G. Turnbull and Frederick H. Pillsbury of Barton.

Things Aren't Always Under Control

VAN PARKER

I remember growing up in a family where the question was sometimes asked, "Is everything under control?" It was always asked with concern and affection, usually by my Dad. Few of us want to be out of control, whether that means living in a disorganized, cluttered mess, saying or doing things we later regret, or feeling tossed about by illness, a job loss or anything else that undermines "best laid plans."

In a very unusual book, called The Botany of Desire, Michael Pollan writers about a potato farmer in Idaho. His farm was a highly specialized operation geared to yielding a huge, unblemished potato harvest, some of which probably went to McDonald's to produce French fries. Like clockwork this farm's irrigation system sprayed chemicals every few days to do in this or that pest. The process worked. The bugs and beetles and other enemies of the potato were mostly eliminated by the chemicals. The trouble was that the soil was also pretty much done in. It was a grayish color without worms, bugs or other

signs of life. The price of controlling the potato's enemies was a sterile soil.

Near this farm another farmer practiced a different kind of potato production. It was probably as organic as it is possible for a potato farm to be. The result was that the fields looked wilder. The weeds grew quickly. It seemed downright disorderly, out of control. But from the apparent disorder came some very good potatoes. They may or may not have passed the French fry test at McDonald's. I think I'd rather have a potato from the second farm than the first.

Having some control, some order, some consistency in our lives are probably all good things. It's not bad to answer the question, "Is everything under control?" with at least a qualified yes. Most of us like to be able to pay our taxes, mow the lawn, go to work, more or less take care of ourselves. But there is a difference between that and being a control freak, for yourself or anybody else. The effort to button everything down is sort of like spraying chemicals to get rid of the potato bugs. It may get rid of the bugs (some of them) but it leaves the soil sterile. With sterility we aren't open to new ideas, new possibilities, new forms of

It might just come as a relief to know that we neither can nor have to manage everything. Our children will make their own mistakes, just as we did, and they may just come up with better solutions - for them. We can leave room for mystery, for wildness, for unpredictability. Was it Hamlet who said "There are more things in heaven and earth than are dreamed of in your philosophy?"

When I scratch around in my garden, or look up and see a moose walking through our field, or find the day isn't going according to plan, I'll remember

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Gerry Aubin Plays in His 76th Season in Town Band Summer Concerts

TERRY HOFFER

When Gerry Aubin first cut his teeth on music he was playing with his parents and his brothers in the living room. "Every night of the week we had a rehearsal," he says. "After supper we'd go to the living room and play old songs. There were waltzes and other dances, I'm sure. We didn't have a radio or anything, and there was just nothing else to do."

"We didn't have a radio or anything, and there was just nothing else to do."

Aubin's father played the violin, trombone and the trumpet. His mother played piano. They met playing together at a church in St. Johnsbury, and eventually they produced three sons. David was born in 1911; Paul was born in 1913; and Gerry, was born in July 1915.

Aubin's father was a bookkeeper for the railroad and later an RFD mail carrier, but there was little that interfered with his music. "My parents were quiet people, but they loved to play," Aubin says. "We lived beside the Catholic Church rectory on Charles Street in Lyndonville. [It's called East Street, now.] And there was always music." On hot summer evenings when the windows were open the neighbors must have known when the Aubins were home - whether they were quiet people or not.

The oldest brother, David, played piano and clarinet. "He played like Liberace," Aubin says comparing his brother to the flamboyant "Mr. Showmanship," who brought piano playing to millions of nonbelievers during a high profile career as a rhinestoned performer. "David was postmaster in Vergennes, and he played there in the town band. Boy he was good."

Next was Paul. "He was terrific on the trombone, and he played piano for years for the Lyndonville Rotary Club. Paul ran Aubin's Jewelry Store in Lyndonville, and he literally died playing the piano in 1992. David died the same year."

The youngest brother was Gerry. "I started playing drums," he says. "I had a big lard barrel made into a bass drum, and for a snare drum I had a wooden box with a sheet of iron nailed onto it. It wasn't fancy, but it worked.

"In those days we didn't have money to buy anything. If you worked 40 hours in a week and got paid \$12 you were rich and lucky to have it." Aubin talks wistfully about being able to buy coffee with endless refills for five cents and gasoline at a dollar for five gallons.

In the summer of 1929 Aubin was invited to fill in on the cymbals in the Lyndonville Town Band. He was 13.

Since then he has played in more town bands than he can remember. He's played in Barre, Barton, Bristol, East Burke, Montpelier, Orleans, St. Johnsbury, Vergennes, West Burke and, of course, Lyndonville. On July 7 this year Aubin will turn 90, and on the

Monday before and the Monday that follows he'll be playing in his 76th season - this summer as a member of the St. Johnsbury Town Band. Gerry's son Gary is its director.

Following World War II Aubin used his experience as a machinist to get a job teaching in the machine shop at Spaulding High School in Barre, and in 1956 he moved back to Lyndonville and the balance of his teaching career at Lyndon Institute. He retired from teaching in 1977, but he has yet to miss a chance to play

Aubin is a modest man, and he credits his family's enthusiasm and a twist of fate for much of his long success. He tells about getting his first real drum set and playing the alto horn in the 1930's. Then there was a big break. He remembers it clearly. "Perley Baraw played the baritone horn in the Lyndonville Town Band, but he had died. I finally got up the nerve to go talk to Homer Wilson about my chances of playing Perley's horn. Homer was the band director at the time, and he was working at his shoe store on Depot Street. I waited to speak to him. Before I had a chance to say anything he put out his hand and said he was just thinking about me, and he asked if I would take over Perley's seat. He says to me, 'You're just the guy I wanted to see." Aubin says, "It almost knocked me over."

And Gerry Aubin has been playing this double bell horn, he calls it a euphonium, ever since. The instrument was purchased with other replacements after much of the band's equipment



Photo By: North Star Monthly / Dave Ballou

Gerry Aubin is playing in his 76th season in town band summer concerts. On this summer evening he tells about mowing lawns and delivering mail around the Bandstand Park in Lyndonville. Aubin turns 90 in July, and he will play summer concerts again this year in St. Johnsbury under the direction of his son Gary.

was destroyed in fire that leveled much of Lyndonville's Depot Street in 1924.

The euphonium was invented in the 1880's to sound like a baritone horn and a trombone - probably as an economical means to fill out a small band. Its popularity waned after World War II, and as Aubin says they are rare. His is a true double bell instrument made by the King Company in Elkhart, IN. It has three valves controlling the tone to a large bell, which sounds heavier than a trombone but not as heavy as a tuba, and a fourth valve that will direct the air to a smaller bell with a lighter tone like a trombone. The euphonium is, in effect, two instruments in one.

Aubin has a delightful sense of humor, and he says that his biggest problem with the old euphonium is that it gets heavier as it gets older. That, he says, is

because it has accumulated more wrong notes.

Aubin still looks forward to the weekly rehearsals and summer band concerts in St. Johnsbury's Courthouse Park. He and Clara, his wife of 67 years, call the Pines Rehabilitation Center in Lyndonville their home. It's not as good, he says, as the house he built with his own hands in 1956, but the people are wonderful and they realize they are safe and well cared for.

As Gerry Aubin puts his euphonium away for the evening, Clara joins her husband in the last laugh of the day. He snaps the heavy case closed and mutters to himself about the instrument getting heavier with more wrong notes each night. They look up and across the room at each other and laugh just as they have done many many times before.

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North Danville School Association Launches Summer Raffle

GERARD LAMOTHE

The major fund-raiser of the year for the North Danville School Association will be a raffle for a large basket filled with local products, gift certificates and handmade crafts. Proceeds will go towards maintenance of the North Danville School, built in the early 1930's.

The North Danville School Association is comprised of the three sister organizations housed in the structure: the Danville Historical Society, the North Danville Community Club and the North Danville Brainerd Library. Rentals, a town stipend and fundraising finance the ongoing expenses for the much used structure.

Last year alone, under the leadership of President Laurie Machell, a two year calendar of projects was accomplished. The tasks included: painting of the entire exterior of the building, repair and renovation of one set of emergency stairs, placement of the cupola on the gazebo and professional restoration of the main entrance doors by Sally Fishburn.

The current fundraising is for continued maintenance including repair of a roof leak and setting aside monies for the failing heating system. Tickets for the basket raffle will be sold in the name of the North Danville School

Organization as well as the sister organizations.

One focal point of the raffle will be a large handmade basket, crafted and donated by Rita Hodges Laferierre. Primitive art work, depicting the North Danville School and North Danville Baptist Church, will be painted on the sides by another local artist. Contents of the basket include a handcrafted surprise item made by local artist Kathy Dellenger, homemade preserves "put up" by Linda L.

Vance, a stuffed animal, created by local quilter/seamstress Lee Beattie, an overnight in-law certificate from Comfort Inn, Cabot Creamery products, Maple Grove products, an organic and locally grown turkey, donated by

Penny Lowe and much more.

Tickets will be available, at the North Danville July 4 celebration and at community events and locations until the drawing on November 11. The winner will be notified by telephone.

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This MINI is **Nothing Like** Your Father's **Oldsmobile**

TERRY HOFFER

When the decision makers at BMW first thought about reintroducing the legendary Mini Cooper as part of their esteemed line of motorcars it was anything but a slam dunk in the confer-

It had been 35 years since the last new Mini was sold in America, and a lot of people at BMW said, "No wav."

The Mini first appeared in 1959, and by the time production ceased in October 2000, 5.4 million Mini's had been manufactured. It was the best selling British car of all time. The Mini had a quirky design, 10-inch wheels and a personality that attracted a cult following worldwide. But in the country with the biggest appetite for automobiles,

sales were less than exciting. Americans were more interested in muscle cars and land yachts than economical little cars modeled after a shoe box, and from 1960 to 1967 only 10,000 Minis were sold in the United States. Ultimately the rising costs of emission and safety standards stopped production for the American market. The 1,300 pound car, which in 1960 sold for less than a dollar a pound (\$1,295), was no longer welcome on American shores.

In 1995, in a corporate shuffling of brand names and manufacturing facilities, BMW acquired the British Rover Group including the faded luster and the dwindling production of the Minis. Designers at BMW had been sketching concepts for a new small car to capture the population unable to reach up to its 3-series, and some thought this was the solution. Others pointed to Americans in the heat of their affair with pickup trucks and sport utility vehicles and couldn't believe the Western market would accept such a small car.

It had been 35-years since the last new Mini was sold in



Photos By: North Star Monthly / Dave Ballou

"I sat in that car," Wes Ward says, "and I knew I had to have one."

America, and a lot of people were saying, "No way." But BMW told its designers in England, Germany California to put pencil to paper and get to work. Their challenge was to "combine the emotional power of the original model with the technology of the future." A design was selected, and it was tentatively introduced as the MINI Cooper at the Frankfurt auto show in 1997. The design team emphasized it was not a retro design car but an evolution - more powerful, more muscular and more exciting than its predecessor ever was. A production model was unveiled in 2000 in Paris.

10/07

In March 2002 BMW's MINI rolled out in the United States, and even BMW got quirky. With a sales target of 20,000 vehicles BMW brushed aside radio and television advertising and introduced the MINI at major league baseball games and on Monday Night Football. Print ads were clever but subtle. At one California shopping mall BMW installed a MINI-ride with a sign over the coin slot that read, "Insert \$16,850 in quarters only." Americans loved it, and they were knocking on doors of the 70 select dealerships.

In St. Johnsbury Wes Ward was watching.

Ward grew up in St.

Johnsbury and joined the Army in 1975 following high school. After a tour in the Army's motor pool Ward worked as a mechanic at Bedard's Service Station on Portland Street. His experience grew, and between a degree from Lyndon State College and raising a family on Pumpkin Hill in Danville his following expanded, and in 1999 he purchased the property formerly known as Sumner Tire.

Wes Ward Auto Repair now employs 32 providing mechanical services on Portland Street, transmission repair in Barre, a service for Federal Express distribution systems throughout New England and mechanical house calls to the 22 FedEx garages where the number of delivery vehicles total less than 40. It's a big operation, but Ward still answers the phone, and he keeps his hands on the cars.

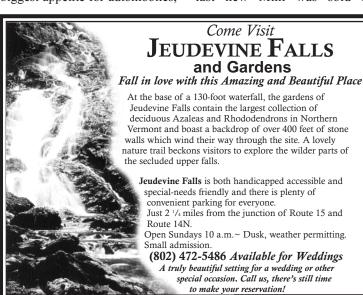
Ward says that his business taught him a lot about cars, what's good, that is, and what's not, and he believes that every make and every model on the road has a weakness. When he started reading reviews about BMW's new MINI he says he smiled. Ward had been to an automobile rally while he was in the Army in Washington, and Minis were standouts.

He says, they outhandled and outperformed everything else in the race. At the time they were reintroduced in 2002 he found himself paying attention. "Every reviewer," he says, "seemed to be smiling, and they all said that driving the MINI was the most fun they'd ever had."

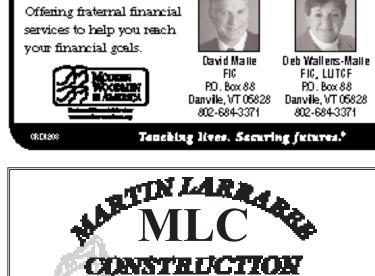
In December last year Ward was at the Los Angeles Automobile Show and found himself at the MINI exhibit. There was the new model for 2005, a convertible. "I sat in that car," Ward says, and like the straw that broke the camel's back, "I knew I had to have one."

In January Ward and his wife sought out a dealer and bought a 2005 MINI Cooper S, the beefed up version of the new generation of the car that once had 10-inch wheels and, in 1960, tipped the scales at 1,300 pounds. It's a

(See It Handles on Page 29)







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Follow the Money by Rachel Siegel

"Suggested Summer Reading"

s we celebrate the Fourth and A mark the day when our declaration of political independence was read out in 1776, we should remember an equally important and lasting work, published in March of that same year. The Wealth of Nations by Adam Smith, was no less a watershed, and like the Declaration of Independence, is one whose meaning and implications we still struggle to understand.

Adam Smith was one of a hugely influential group of intellectuals in late-eighteenth century Scotland, along with David Hume and James Boswell. Although Edinburgh, at the beginning of that century, was a backwater, the 1707 political union of England and Scotland brought with it the wealth and trade of the British Empire.

Within half a century, Edinburgh had become a cosmopolitan and affluent city.

The Wealth of Nations is most well remembered now for laying out the premise of modern capitalism, that is, that markets and trade should organize an economy. Any economy must have some rationale to order itself in regard to two issues: how its resources should be used - who makes what - and how its products should be distributed throughout society - who gets what. A "market" is simply any "place" – now often cyberspace – of trade. Smith articulated our "natural" inclination to trade as the key to our continual betterment of the human condition.

There are other ways to decide those things, of course, and for thousands of years economies had indeed organized themselves differently. There were economies based on tradi-

tion, where one's economic role and share of the wealth were determined by inheritance: by the established - and thus perpetuated - class system. There were economies determined by fiat, where political power then determined the structure of the economy as well.

Smith described an economy in which the rationale for answering those economic questions (who makes what and who gets what) was simply trade. He noted that each person will trade in his own self-interest, but that taken together, these thousands of trades would sum to a populist vote deciding the organization of the economy. In Smith's vision, this was most efficient, in that decisions are most likely to reflect the true economic will of the people, and thus their needs and desires are most likely to be satisfied. It would also be most efficient, as resources would not be wasted by the misjudgment of the ruler or by the dictate of the caste system.

Smith described a particularly democratic vision of an economy, startling for its time. He described an economy determined by individual decisions, not by birth or by edict. From that relative anarchy and universal participation would come an optimal economy.

Adam Smith is often maligned today for his idealization of the profit motive and of individual enrichment.

He is often maligned today for his idealization of the profit motive and of individual enrichment. Smith saw the individual's profit motive as a good thing precisely because it led to the betterment of society as a whole, and not just the elevation of an individual. That profit motive inspired individual participation, which then democratized the economy and increased its efficiency.

Smith is also remembered for his insistence on the separation of economy and state, or laissezfaire economic policy, that implies little or no state governance of economic activity. He saw markets, rather than any government, as the more fair and objective arena in which to play

out our human drama. Since everyone trades, markets become a means of economic and therefore social and political mobility. That very mobility would free people from much of the need for government protection. In turn, this would make governments less burdened with and responsible for economic welfare and thus less powerful, as they would play less of a role in people's everyday lives.

Smith was writing before so many of the consequences of capitalism and its social upheavals such as urbanization, mass emigration, labor movements - had developed. The Wealth of Nations was published when the idea of participatory political democracy was just a gleam in the eyes of our founding fathers. Its idea of market capitalism as economic democracy was radical, and perhaps still is. It is a startlingly prescient work, which, in clear and simple prose, changed the way we look at ourselves, and think of ourselves, forever.

Rachel S. Siegel, CFA, consults on investment portfolio performance and strategy and on accounting and tax dilemmas. She has an MBA from Yale; she is a professor in the business administration department at Lyndon State College.

Wednesday

College Day

It handles like a go-cart

(Continued from Page 28) convertible.

The 2005 MINI is a couple of feet longer 1,200 pounds heavier than the original and satisfies the U.S. standards for emissions and safety. It appears, like its predecessor, to have a wheel at each corner, which maximizes space efficiency and enhances handling and road holding. The MINI Cooper S has a six-speed manual transmission and supercharged 168 horsepower, 4 cylinder, 1.6 liter engine. The specs say it will go 135 mph, but even with its ingenious windscreens to stabilize interior airflow, that's better off left for the test track.

Ward says his car handles like a go-cart and that it goes quite fast enough. "There are faster cars and there are those that handle better, but for less than \$30,000 nothing comes close." This MINI has a back up alarm that beeps when you get close to the car behind you. It has 16-inch run-flat tires, a delightfully engaging interior style, state of the art stereo system and an elegantly air conditioned glove box. (I always prefer my maps chilled.)

Ward is characteristically understated about it all, but this car is sharp. And if you don't think it's sharp, stay clear of the sort of crowd that I watched

ogling this car on Main Street in Littleton one afternoon in early June. Pedestrians, bicyclists and drivers of all manner of cars and trucks were stopping and smiling at this car with its top down.

This car is worth smiling about. If Ward's theory that every make and every model has a weakness is true - he's still looking for the soft spot in this one.

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Walden Hill Journal

ELLEN GOLD

July 1, 2004 - Enjoying an early morning calm after the storm. Still, moist, cool air with the occasional lazy chirping of finches and sparrows floats through the windows. No more boisterous singing from birds seeking mates or defending territories, just the relaxing songs of summer. Watched the light show prelude to a violent thunderstorm, which finally arrived full force around 1:30 this morning. Last night at 10:00 we watched a hint of what was brewing. We moved the couch to the window for a view of the changing light show. Pulsating heat lightning illuminated the clouds while straight shooting bolts burst through. A nearly full moon was playing peek-a-boo with the clouds, sending out radiating moonbeams and glowing bright orange. In contrast to the rapidly changing sky illuminations, fireflies were gently flickering, filling the ground with a glittering calm. The distant rumble of thunder was the only sound in an otherwise still night.

July 3-5, 2004 - A festive 4th of July weekend. Today was cool and rainy, but the previous two days were sunny and in the 70's. Started out on July 3 at the Burklyn Arts craft fair, a nice gathering of artists with a steady flow of visitors, music in the bandstand and face painting for kids. The highlight was a heaping dish of strawberry shortcake topped high with whipped cream. Warmed up

our Virginia Bentley 5-star meatloaf and sweet potato/apple casserole for supper and watched distant fireworks from the loft. There was a brilliant display behind Twin Mountain, probably from the Mt. Washington Hotel, closer fireworks from the same general northeasterly direction and some further east and south of Moosilauke somewhere else in New Hampshire. Closer displays farther south were probably from Harvey's Lake. An orange moon rose with a slightly dented and lopsided face, probably from the shock of all that noise and exploding lights. On the 4th I traveled to North Woodstock in New Hampshire to play a gazebo concert with the St. Johnsbury Town Band and saw my first moose of the season, grazing off the road in Franconia Notch.

July 10, 2004 - Morning clouds are beginning to lift with a hint of sun at the horizon and a patch of hazy light in the valley. More heavy rain the past few days with some strong electrical episodes. Cedar waxwings continue to visit, fluttering and hovering close to the ground to snatch those tiny wild strawberries. We've been enjoying the cultivated kind. Evert's pick-your-own strawberries are finally profuse enough for outside pickers. We drove up between rains, and in about 15 minutes had 2 quarts of succulent, organic berries, which perfumed our ride home. We stopped in Peacham for a morning piano recital by Paul Orgel. The program

consisted of two very ambitious and excellently executed sonatas. Our day was sandwiched with recitals, ending with an organ concert by John Weaver in Greensboro. The restored organ has lots of color and power. A bat flew in and frantically circled the audience, while performers remained totally unaware of it. Finally it settled behind the organ pipes. We returned home to power restored after two hours without it.

July 12, 2004 - Our musical weekend continued with Pumpkin Hill Singers at the anniversary commemoration of Charles Bell's election as governor of Vermont. Festivities were at the Belfry in North Walden and included speeches from Senator Jeffords and Governor Douglas. We performed under a threatening sky in front of the picturesque pond. The next day was the first of the Pope Library concerts on the green. Danville Town Band played to an enthusiastic and appreciative audience. Free strawberry ice cream helped put the audience in a receptive mood.

July 13, 2004 - I've enjoyed observing our resident eastern kingbirds. They swoop through the air, catching insects much like swallows, but they flutter their wings to stay aloft. Evidently they are not as aerodynamic as swallows but put on an entertaining display of their own. They seem to enjoy landing on the very top of saplings or tall weed stalks in the field. Cedar waxwings are harvesting the remaining shad berries and



Photo By: Jeff Gold

We harvested the kohlrabi, and the snow peas abound.

greeted me en masse as I went for the mail. Had a glimpse of a fox scurrying across Walden Road a few evenings ago. We harvested our first kohlrabi and enjoyed a meal of Jeff's "famous" rich pasta sauce with plenty left for the freezer. Picked a few early blueberries for morning cereal and will eat our first snow peas tonight. Lettuce has done well with cooler weather. I'm harvesting whole plants now and have started new seeds to continue our harvest. For now the new sprouts are in the shaded protection of tomato plants.

July 15, 2004 - Our morning visitor is back, slowly grazing in the field after bedding down while the rain got heavier. She's a lone hen turkey, probably with her chicks, but the grass is too high to see them. Yesterday the very large mother hen took her tiny poults for a walk along our mowed path before heading into the grass. She

gave us a clear view of herself and her six or so progeny. All she needed to do was slightly fan her tail and the poults scurried into the grass.

July 21, 2004 - I hereby declare blackfly season officially over. I was able to mow the lawn without my bug shirt and just some Lake and Lodge Salve to keep mosquitoes at bay. The lawn is a sea of purple thyme, a-buzzing with honeybees. White daisies have been replaced by golden yellow black-eyed Susans. Pink marsh mallow and purple milkweed form bushy clumps in the field and around the house. Orange day lilies and huge gloriosa daisies in all shades of yellow and orange are beginning to bloom. The weather has finally turned very warm, just in time to encourage the lagging corn. Our kohlrabi is harvested and snow peas abound. honeysuckle demurred to the overwhelming sweet scent of profuse milkweed.

July 24, 2004 - High pressure settled over the mountains bringing in cool, clear air, perfect for transplanting a second crop of lettuce, spinach and kohlrabi. Also harvested our first basil today, and we have 17 double servings of pesto in the freezer with enough for tonight's supper. Pesto is always good from the freezer but is spectacular when it's fresh. All that garlic oozing from my pores kept the mosquitoes away as I

(See **The Weather** on Next Page)

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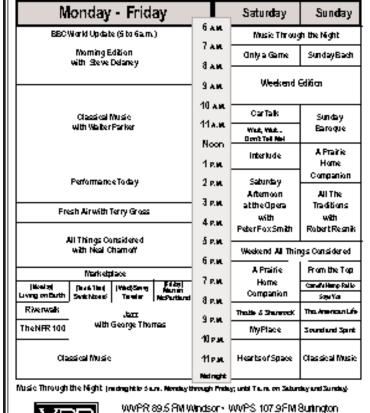
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by Katherine Paterson
July 10: Crispin: The Cross of Lead
by Avi
July 17: The Great Brain

by John D. Fitzgerald July 24: Everything on a Waffle by Polly Horvath



of July



String Worth Saving

Bill Christiansen

 $S_{g~a~z~i~n~g~.}^{ummer~is~the~ideal~time~for~star}$ The Summer Triangle is easy to find and has some very bright stars.

During the summer, the Triangle is overhead and defined by three bright stars: Vega in Lyre the harp, Deneb in Cygnus the swan and Altar in Aquila the eagle. Lyre looks more like a butterfly than a harp. Cygnus is sometime called the Northern Cross as the stars in the constellation form a large cross. Aquila is little more than a short line of stars.

As we look up at the night sky, it is interesting to contemplate what we see. At night the sky looks flat, and all of the stars appear to be on the same plane. The reality is that the sky is three dimensional. As we put stars into patterns, the patterns are visible from only our location in the universe. Some stars in the pattern are closer to us than others. If you could view the stars from a position 90 degrees from our location, the sky would look completely dif-

When we consider star patterns or constellations, we think of them as unchanging. Each star is speeding along in its own direction. Since the stars in the pattern are not related, they are all doing their own thing. The distance from us to the stars observed is so great, that in our brief lifetime there is no perceivable movement. Over generations the patterns show change.

As an example, consider the seven stars in the Big Dipper. Five constitute what is know as a "loose cluster." These five are associated with each other and over time show little change in their relationship. The two stars that are not part of the cluster are at the very end of the handle at the upper tip of the bowl. If you move these two stars around on paper, it does not take much to lose the dipper shape. It just happens that in our lifetime, a

dipper has been formed.

The Big Dipper is the rear quarter of a much larger constellation, the Great Bear. Why a bear? The Great Bear is one of the only constellations that can be seen year round in what was called the "civilized world." The dipper always appears in the Northern sky. The Greek philosopher Aristotle believed the only animal that could survive in the frigid north was a bear. Our word "arctic" is derived from the Greek word "arktos" or bear. There are many variations of this story as to why the group of stars refer to a bear.

Native Americans also called the group of stars a bear. If we consider the fact that the Inuit of the far north traveled back and forth across the frozen Bering straits between Asia and North America the Big Dipper would have been an important part of their sky. If they saw the group as a bear, the picture would have been communicated to the Old World the New. There is a commonality here we

sometimes forget. Not all variations in the arrangement of stars depend on motion. Some depend on the movement of the Earth. Such a variation concerns the North Star. Once you have found the Big Dipper, draw a line through the front to stars on the dipper's bowl and it will lead to the North Star, that's Polaris. Polaris has not always been the North Star, and it will not be the North Star as we

Summer is the ideal time for star gazing.

move into the future.

If you could draw a line through the North and South poles of the Earth, and extend the line into space, it would pass close to Polaris. As the Earth spins around this axis, the line does not move in space, it always points to Polaris.

Now the problem. The Earth spins like a top, and as it spins it wobbles. The line through the axis of the Earth inscribes a circle on space. Any star that falls along this circle will at one time or another be the "North Star." One complete wobble takes about 25,700 years.

About 2,800 years ago, the axis pointed near the star Thuban, in Draco the Dragon. This means that the Egyptians would have had a North Star different from ours. So stories about the alignment of the pyramids with points in the

night sky need to be looked at with skepticism.

In the future, the star Vega in Lyre the harp will become the North Star ... in about 14,000 A.D. If you trace the circle in the sky, you will see that most of the time, there is no star that falls on the line. Through most of mankind's history, there has been no North Star; just as today, there is no South Star.

The opposite end of the axis carves a circle in the southern sky. But, as with the northern sky, most of the time the axis points to blank sky. From time to time in the 25,700 year cycle there will be a southern star, but not now. While the North Star became key to navigation in the northern hemisphere, people in the Pacific had to find another point of reference. They became experts at reading the waves on the surface of the water, a completely different system from that used in the North.

One last activity, once you have found the Big Dipper. Look carefully at the middle star in the handle of the Dipper. Being able to resolve the "star" into two stars at one time we refer to as a test. If you see two stars you have normal vision. The activity tests your vision and your ability to look "around" the blind spot in your eyes. With normal eyesight, you should be able to see the double star, Mizar and Alcor. Don't look directly at the stars, but a little to

The Weather Finally Turned Warm

(Continued from Page 30)

picked more blueberries. I've discovered that when shad berries turn purple, they are a delicious, succulent treat. Usually birds get them before they ripen, but this year they've left us a few. The shads produced a bumper crop of berries so there is plenty for us and the birds. It's great to find a new wild berry to add to our summer harvest. Between our cultivated garden and mother nature's wild one, we have an abundance of fresh food for summer meals.

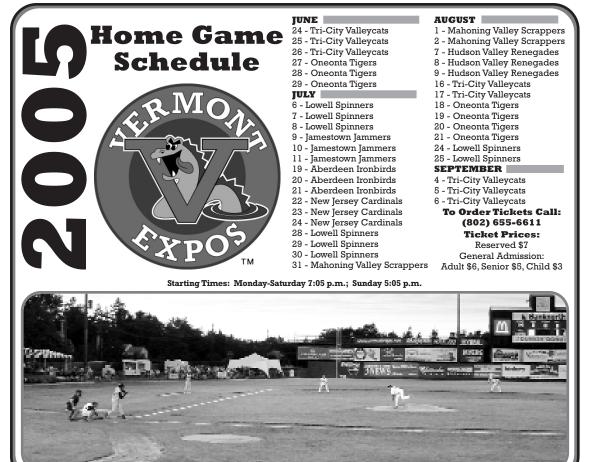
July 30, 2004 - A hazy orange moon has finally risen above the clouds. The air is heavy with moisture and weakening the usual brightness of what appears to be a full moon. My calendar marks the full moon for tomorrow, but it looks complete tonight. Either way it's a blue moon, the second full moon of the month. We spent part of the day catching up on yard

chores. Jeff finished mowing the side lawn and it's already time to start the front again. All this rain is giving a spring-like growth spurt to the normally slow growing summer grass. I pulled out some invasive honeysuckle to give the bushes and trees we're encouraging for a wind screen some breathing room. I started sawing off the limbs of our dead cedar tree and put them over the wet area to give

firmer footing for crossing from the lower to the upper woods. Lots of Indian pipe is coming up on the forest floor. Big individual mushrooms in all colors and sizes are springing up in the wet field as well. It's been a cool and wet July with wild and cultivated plants growing profusely everywhere. The vegetable garden is keeping us well-fed with plenty left over for friends. 🛊









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Sara Heft, REALTOR

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Do you have some free time? Do you want to help an organization in the Northeast Kingdom as a volunteer? For information call the Retired and Senior Volunteer Program and the Volunteer Center at (802) 626-5135 or (802) 334-7047.

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Lessons Learned

Twenty-seven years as the parent of school age children

Of teachers notes and school reports

Of games and plays, parent nights, field trips and school picnics What have I learned?

Twenty-seven years of school schedules, bus schedules, permission slips and absence notes

Of listening to the radio for snow days

Of arranging supervision or family trips during school vacations and holidays What have I learned?

Twenty-seven years of friends that came and went with some that stuck And parents of friends who themselves became friends

Of calls late at night, me calling or others calling me "Is my child there?" What have I learned?

At this my graduation as a school parent

I have learned that my children are also my teachers

That their experiences and fresh perspective on the world freshens mine That their very existence creates a community

I have learned that

Love means allowing my children to grow by

Not trying to fix everything or prevent all pain

By allowing them their mistakes along with their successes

I have learned to

Say through word and action that the child is loved even when the behavior is not

That the child must own the challenges presented to advance their own growth That love alone is not enough but must include parental discipline

I have learned to

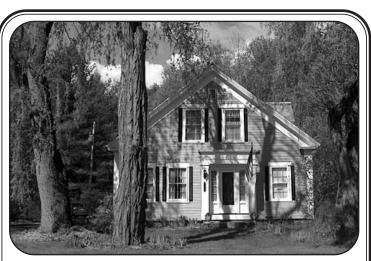
Appreciate the knowledge, work and caring of the teachers in my child's life Trust the universal caring that parents have for all children as together we Attempt to establish boundaries that will keep them safe and yet allow growth

I have learned that

As a parent it is important to read to young children but also To teach them to write at an early age and

Allow them to figure out how to do things on their own

(Continued on the next page)



ML#204447 This Vermont village farmhouse, circa 1856, offers over 3,100 square feet of very nicely appointed living space. Tastefully renovated, this property has new siding, plumbing, electrical and heating system. The one-acre lot affords privacy and in-town convenience. \$236,000



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Photo By: Ray Richer

Danville School Class of 2005: Front row (L-R) Kari Legendre (salutatorian), Jennifer Pollard, Kiva Costa Marinace, Tristan DaPonte, Kristie Garcia, Hannah Malabre-Speicher and Andrea Boyce. Second row: Maressa Maddox, Sheena Stewart, Regina Fontes, Ann Marie Trudeau, Tiffany Johnson, Amanda Sweeney, Kayce Robinson, Riley Davidson, Jen White (valedictorian), Corrina Holden and Lisa Fontes (salutatorian). Rear:Ian Duckett, Matt Lazerick, Eliot Prevost, Addison Parr, Robert Therrien Jr., Jacob French, Nathan Taylor and Steve Tanner.

he class of 2005 at Danville School heard local radio personality Todd Wellington urging the graduates to follow their dreams. On Saturday June 18 the class of 26 accepted their diplomas and set out to do just that.

Danville graduates have ambitious plans including: Andrea Boyce, Becker College; Kiva Costa Marinace, work and travel; Tristan DaPonte, work; Riley Davidson, Lyndon State College; Ian Duckett, Rensselaer Polytechnic Institute; Lisa Fontes, University of Limerick and Hamilton College in spring 2006; and Regina Fontes, work.

Jacob French, Lyndon State College; Kristie Garcia, armed services; Corinna Holden, work; Tiffany Johnson, Sarasota School of Massage; Matthew Lazerick, Lyndon State College; Kari Legendre, UNC-Charlotte; Maressa Maddox, Gainseville College; Addison Parr, Lyndon State College; Jennifer Pollard, work and travel; Eliot Prevost, work; and Kayce Robinson, Community College of Vermont.

Hannah Malabre-Speicher, New England Culinary Institute; Sheena Stewart, Lyndon State College; Amanda Sweeney, Lyndon State College; Steve Tanner, Hartwick College; Nathan Taylor, New Hampshire Technical Institute; Robert Therrien Jr., New Hampshire Technical College; Anne Marie Trudeau, work and travel; and Jennifer White, Lyndon State College.

Danville Senior Action Center

July Meal Schedule

July 5 - Grilled Burgers and Hot Dogs with Buns, Potato Salad, Watermelon, Carrot Raisin Slaw, Strawberry Shortcake.

July 7 - Chicken Parmesan Pasta, Garlic Bread, Tossed Salad, Peaches.

July 12 - Ham & Broccoli Quiche, Mixed Vegetables, Tomato Juice, Homemade Rolls, Cake.

July 14 - Macaroni with Cabot Cheddar Cheese, Carrots with Honey, Blueberry Muffins, Fruit Cocktail. July 19 - Pepperoni and Cheese Pizza, Spinach Salad with Mandarin Oranges, Ice

Cream.

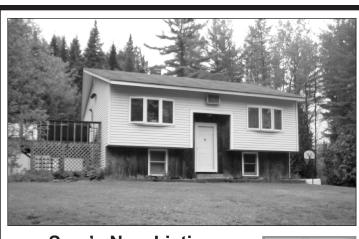
July 21 - Corn Chowder,
Chicken Salad, Tomato Juice,
Oranges, Homemade Rolls.

July 26 - Meat Loaf, Rice
with Gravy, Homemade Rolls,
California Blend Vegetables,
Chocolate Chip Cookies.

July 28 - Salami with Cheese
Sandwiches, Potato Salad,
Melon, Strawberry Shortcake.

Sing-a-Long with Winona Gadapee on Tuesdays at 11:30

Meals at Danville Methodist Church. All meals served with a beverage, homemade breads and desserts. Reservations are appreciated by calling (802) 684-3903 before 9:30 a.m. on day of the meal. A donation of \$3.00 for guests 60+ (Others \$4.00) is appreciated.



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Cabot School Photograph

Cabot School Class of 2005: Front row (L-R): Greg Molind, Josh Szymanik, Mary Burlison, Bonnie King, Hilary King and Brittany Haworth. Second row: David Helfand, Daniel Hourihan, Allison Dudley, Molly Pitkin, Becky Burns, Ruby Dale-Brown (salutatorian) and Allison Gulka (valedictorian) Rear: Casey Cochran, Sam Tormey, Ian Ackermann, Travis Hough, Alex Leinoff, Quint Welters and Brian Rossell.

wenty members of the Cabot High School class of 2005 listened to their families and friends sing Child of Mine as part of their graduation ceremony in the Cabot School gymnasium on Friday June 17.

Math teacher Charles Wanzer was the graduation speaker who urged the group to seek out and embrace or, as he said, "subscribe, subscribe, subscribe."

West Barnet Senior Action Center

July 2005

July 1 - Buffet.

July 6 - Baked Beans, Brown Bread, Hot Dogs, Cole Slaw, Peaches with Cream.

July 8 - Chop Suey, Tossed Salad, Italian Bread, 3-Bean Salad, Pudding.

July 13 - Salisbury Steak, Mashed Potatoes, Mexican Corn, Dark Bread, Grapenut Pudding.

July 15 - Lasagna, Tossed Salad, Garlic Bread, Tropical Fruit Cup.

SOUNDER LEADER ASSOCIATION

EXCIN REALTY ASSOCIATION

July 20 - Chicken & Biscuit, Mashed Potatoes, Peas & Carrots, Cranberry Sauce, Orange Jell-O with Pineapple. July 22 - Shepherd's Pie, Carrot Salad, Muffins, Cak July 27 - Meat Loaf, Mashed Potatoes, Fresh Carrots, Assorted Breads, Brownies. July 29 - Hawaiian Chicken, Mashed Potatoes, Cranberry Jelly, Mixed Vegetables,

Meals served at West Barnet Church. All meals served with a beverage. Reservations not required. Suggested donation of \$3.00 per meal is appreciated. Phone (802) 633-4068.

Biscuits, Ice Cream.



Wanzer's message was one of subscribing - as in commitment to ideas, to a personal philosophy and perhaps even to the National Geographic in order to appreciate the vast differences of the

Future plans for the graduates include: Ian Ackerman, work with father and brother; Mary Burlison, work; Rebecca Burns, Endicott College; Casey Cochran, undecided; Ruby Dale-Brown, Williams College; Allison Dudley, Johnson State College and Allison Gulka, St. Lawrence University; Brittany Haworth, Pine Manor College; David Helfand, University of Vermont; Travis Hough,

Vermont Technical College; Daniel Hourihan, University of New Hampshire; Bonnie King, Lyndon State College; Hilary King, University of New England; Alexander Leinoff, School of Music at University of Illinois or Liszt Institute in Budapest, Hungary; Greg Molind, University of New England; Molly Pitkin, St. Lawrence University; Brian Rossell, New England Culinary Institute; Joshua Szymanick, Albany College of Pharmacy; Sam Tormey, Middlebury College and Quint Welters, Aki Academy for the Visual Arts and design, Enschede, Netherlands.

(Continued from Page 34)

I have learned that

Each child is an individual, and so

There are no universal rules of parenting that apply to all

But personal discipline, accepting responsibility and respect for others are important values

I have learned that

Unconditional love sometimes requires setting unconditional boundaries Requires honoring a child's assets but without a blind eye to their weaknesses But mostly requires a safe place for self-expression for maximum growth of

On this the last day of my role as a parent of a school child I am thankful for the incredible richness of my life that has come from my children

Without them my own growth would have been stunted Seeing the world through their eyes has challenged me to think again about truths I thought I knew

I am ready to graduate

To explore new vistas

To continue to stay open to new experiences and new perspectives To play a supporting role but mostly to enjoy the fruits of my labor

Jean Dedam



Wheelock: This cape on 1.4 +/- acres is in good condition with nice landscaping and valley views. Small barn for animals and woodshed. Small pond. New appliances. Fully finished basement. This property needs to be seen to be appreciated. Motivated seller.

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AROUND THE TOWNS 2 Men's Ecumenical Breakfast,



July

COMMUNITY CALENDAR

- **Daily -** Bread & Puppet Museum, Glover, 10:00 a.m. - 6:00 p.m. (802) 525-3031.
- Mondays Preschool Story Time, St. Johnsbury Athenaeum Youth Library, 10:00 a.m. (802) 748-8291.
- Mondays Story Time, Pope Library, Danville, 10:00 a.m. (802) 684-2256.
- Mondays Just Parents meet with concerns for drugs and kids, Parent Child Center, St. Johnsbury, 7:00 p.m. (802) 748-6040.
- Tuesdays Baby & Toddler Story Hour, Cobleigh Library, Lyndonville. 10:00 a.m. and 1:00 p.m. (802) 626-5475.
- **Tuesdays -** Bridge Club for all experience levels, Cobleigh Library, Lyndonville, 6:30 p.m. (802) 626-5475.
- Wednesdays Preschool Story Hour, Cobleigh Library, Lyndonville. 10:00 a.m. (through May 18). (802) 626-5475.
- Wednesdays Read 'n' Stuff, Cobleigh Library, Lyndonville. 3:30 p.m. 802) 626-5475.
- **Thursdays** Introduction to Computers, Cobleigh Library, Lyndonville. 10:00 a.m. (802) 626-5475.
- **Thursdays** Read and Weed Book Club, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.
- **Thursdays -** Danville Town Band Rehearsal, 7:00 p.m., Danville School auditorium. (802) 684-1180.
- Saturday & Sunday Planetarium Show 1:30 p.m.,
 Fairbanks Museum, St.
 Johnsbury, (802) 748-2372.
- **Saturday & Sunday -** Ben's Mill, Barnet, open 11:00 a.m. 3:00 p.m. (802) 748-8180.
- Saturdays Bridge Club for all experience levels, Cobleigh Library, Lyndonville, 1:00 p.m. (802) 626-5475.

July

1 Bingo, Lakeview Grange Hall, West Barnet. 6:30 - 8:30 p.m. (802) 748-8180

- 2 Men's Ecumenical Breakfast Methodist Church, Danville, 7:00 a.m. (802) 684-3666.
- 2 Burklyn Arts 35th Annual Summer Craft Fair, Bandstand Park, Lyndonville. 10:00 a.m. - 4:00 p.m.
- 4 July 4 parade (10:00 a.m.) and annual church supper, North Danville.
- 4 Peacham July Fourth Parade at 11:00 p.m. Activity all Day with Pig Roast at 5:00 p.m.
- 5 Summer Reading Time. All Ages. St. Johnsbury Athenaeum Children's Room. 10:30 a.m. (802) 748-8291.
- 6 North Woods Naturalist in Cuba with Charles Woods, North Woods Stewardship Center, East Charleston. (802) 723-6551.
- 6 Readings in the Art Gallery with David Cavanagh and Leland Kinsey, St. Johnsbury Athenaeum, 7:30 p.m. (802) 748-8291.
- 7 Boston Science Museum Special Summer Program, St. Johnsbury Athenaeum, 2:00 p.m. (802) 748-8291.
- 7 Super Cold Science from the Boston Museum of Science, 7:00 p.m. Pope Library, Danville. (802) 684-2256.
- 8 A "Crafternoon" in the St. Johnsbury Athenaeum Children's Room featuring water related craft projects. 2:00 p.m. (802) 748-8291.
- 8 Sacred Circle Dance, Danville Congregational Church, 7:00 -9:00 p.m. (802) 684-3867.
- Oraftsbury Antiques and Uniques Festival; Music, food and over 100 vendors of crafts and antiques in Craftsbury Common. (802) 655-0006.
- Household Hazardous Waste Collection, Central Vermont Transfer Station, East Montpelier. 9:00 a.m. - 1:00 p.m. (802) 229-9383.
- 10 Medicinal Plant Workshop and Walk with Brian Lapierre, 1:00-4:00 p.m., North Woods Stewardship Center, East Charleston. (802) 723-6551.
- 10 Concerts on the Green in Danville with Best of Friends, 7:00 p.m. (802) 684-2256.
- 11 Summer Reading Time. All Ages. St. Johnsbury Athenaeum Children's Room. 10:30 a.m. (802) 748-8291.
- 11 Cancer Support Group,



Photo By: North Star Monthly

Last summer in July our pool of North Star photographers went seeking the most appealing American flag flying for Independence Day. Every flag we saw prompted us to stand tall and think deeper thoughts about our patriotism, but this fine bridge crossed over the outlet at this little pond in East Hardwick. We liked the flag a lot. We have more to show you before this summer is over.

- Conference Room A, NVRH, 4:00 p.m. (802) 748-8116.
- 13 Chuck Meese and the Red Wing Puppet Theater, 11:00 a.m. Danville School Library. (802) 684-2256.
- 13 St. Johnsbury Athenaeum special event with Red Wing Puppet Theater, 2:00 p.m.
- (802) 748-8291.14 Lunch with the Children's Librarian at the St. Johnsbury Athenaeum. 12:30 p.m. Bring a lunch. Dessert provided. (802) 748-8291.
- 14 Film discussion following 7:00 p.m. film at Catamount Arts, St. Johnsbury. (802) 748-8813.
- 15 Bingo, 6:30 8:30 p.m., Lakeview Grange Hall, West Barnet. (802) 748-8180.
- 16 North American Butterfly Association Butterfly Count, 9:00 a.m. - 5:00 p.m., North Woods Stewardship Center, East Charleston. (802) 723-6551.
- 17 Concerts on the Green in Danville with Danville Town Band, 7:00 p.m. (802) 684-2256.
- 18 Summer Reading Time. All Ages. St. Johnsbury Athenaeum Children's Room. 10:30 a.m. (802) 748-8291.
- **20** St. Johnsbury Athenaeum

- special event with Tom Joyce, The Magic Hat. 10:00 a.m. (802) 748-8291.
- 20 Cardiac Support Group, Cardiac Rehabilitation Room, NVRH, 6:30 p.m. (802) 748-7401.
- 20 Readings in the Art Gallery with Rachel Hadas and Baron Wormser, St. Johnsbury Athenaeum, 7:30 p.m. (802) 748-8291.
- 20 Nearly Full Moon Paddle, North Woods Stewardship Center, East Charleston. 7:30 p.m. (802) 723-6551.
- 22 A "Crafternoon" in the St. Johnsbury Athenaeum Children's Room featuring water related craft projects.
 2:00 p.m. (802) 748-8291.
- 22 Sacred Circle Dance, Danville Congregational Church, 7:00 -9:00 p.m. (802) 684-3867.
- 23 Snorkling Tour of Lake Seymour with Ross Stevens, North Woods Stewardship Center, East Charleston. 12:30 - 4:00 p.m. (802) 723-6551.
- 24 Concerts on the Green in Danville with Skip and Debbie Gray, 7:00 p.m. (802) 684-2256.
- 25 Summer Reading Time. All Ages. St. Johnsbury

- Athenaeum Children's Room. 10:30 a.m. (802) 748-8291.
- 25 Diabetes Support Group, Conference Room B, NVRH, 6:30 p.m. (802) 748-7433.
- 25 Alzheimer's Support group, Caledonia Home Health, St. Johnsbury. 7:00 p.m. (802) 748-8116
- 28 Lunch with the Children's Librarian at the St. Johnsbury Athenaeum. 12:30 p.m. Bring a lunch. Dessert provided. (802) 748-8291.
- 29 Extreme Parenting with
 Ornithologist Meredith Sweet
 as she discusses unique challenges birds face as parents,
 North Woods Stewardship
 Center, East Charleston. 7:00
 p.m. (802) 723-6551.
- 31 Old North Church, Lamplight Service and Hymn Sing. North Danville. (802) 748-4096.
- 31 Old Home Day at Newark Union Church (10:30 a.m.) and Volunteer Fire Department Chicken Barbecue (11:00 a.m. - 3:00 p.m.) and Flea Market at Town Park, Newark. (802) 467-3788.

See also the Arts Around the Towns Calendar Page 14.

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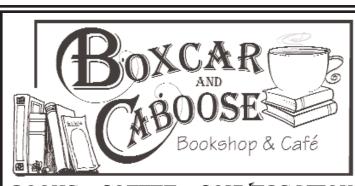




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