# Star MONTHLY Every Small Town's Newspaper

DANVILLE, VERMONT

GOOD FOR THE WHOLE MONTH

### **APRIL 2005** Volume 16, Number 11

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PAGE TWENTY-THREE

**Vermont Arts Council** Turns 40 and **Opens** Retrospective **Exhibit** 

PAGE TWENTY-SIX **Vermont Sugar** Special Rolled

Out of Montpelier

### YOU HAVE TO TRY THIS APPLE PIE

LUTHER COLBY

herearesomeserious piemakers in my family, and there's no shortage of debate abouttexture, flavoranding edients. For all of those reasons, and out of respect for the great cooks who preceded us, I found myself apologizing onenight when I picked out a pie from the grocery store freezer and stepped into our kitchen with the box in my hands.

"What are you nuts?" I imagined someone saying. "That's like giving the Bible on tape to the Pope on Easter or a color chart to Pablo Picasso on his birthday. Nobody in this family buys frozen pies." I didn't have an answer.

Later, as the pie cooked in our en. I prepared for the worst, but from the box I learned we were about to taste the only product of the fledgling Vermont Mystic Pie Company. It was their All Natural 100% Pure Butter Crust Apple Pie.

Several years ago after a particularly heated discussion about crust and pie filling we staged the first Apple Pie Super Bowl in our kitchen. Competitors from three generations created a buffet of double crust homemade apple pies. There's no need to identify the win-

(See This Is No on Page 6) (Continued from Page 1)

ner or runners-up, but you should understand that hairs were split,

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# Mount Washington in Winter -Wild and Beautiful Weather



Enroute to the Mount Washington Weather Observatory on top of the highest point in New England, the Bombardier Snow Tractor pauses at the 4,000 foot elevation marker on the Auto Road. Mt. Adams and the northern Presidential Range of the White Mountains carve a sharp horizon line out of the blue morning sky. The snow tractor is the lifeline to the Observatory carrying meteorologists to their seven day shift rotations as well as supplies.

### TERRY HOFFER

Tayne Peterson slides into the driver's seat of the bright yellow Bombardier snow tractor and snaps the door closed to the sharp winter air. The turbocharged diesel engine idles quietly. Peterson pulls off his gloves and looks over his shoulder to the passenger compartment behind him. He checks the engine gauges, adjusts the defroster fan and looks out through the huge windshield. Ahead is the snow covered Mount Washington Auto Road.

"The number one rule is if you don't know where you are going - don't go." **Wayne Peterson, Bombardier Operator** 

The Auto Road snakes its way up the east side of the highest mountain in New England. By road, it's eight miles to the top and the state-owned summit building where the staff of the weather observatory monitors the climate around the clock - 365 days a year. In winter the road can be completely obscured by blowing and drifting snow, and the only way to get supplies to the Observatory is in a vehicle like this - plowing and crawling over as much as 20 feet of snow packed over the roadbed.

Peterson was raised nearby in Jackson, NH, and he's familiar with the weather patterns that are common in this part of New England. He knows the meteorologist's claim that Mt. Washington has the "worst weather in the world." This is his third year driving the tractor for the

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stop and turn around. Peterson is only 28, but he's delightfully confident without being

reckless. "This thing will go through almost anything," he says, "but the hydraulics congeal at 30 below zero, and if there's a whiteout we stop." He says with a grin, "The number one rule is if you don't know where you're going - don't go." He brings the 240 horsepower diesel up to speed, the twin caterpillar tracks lurch forward, and the tractor is underway.

Observatory, and he understands that although people depend on him

to get to the top, the decision to push on or turn back is his. He's made

the trip hundreds of times, but if the conditions become unsafe he'll

On this Saturday morning in late March the forecast for the top calls for temperatures between 10 and 15° and the wind speed 35-40 mph. Visibility for the trip should be good. Peterson's payload includes supplies for the Observatory and nine passengers: a volunteer cook, the visiting father of one of the meteorologists and a group of seven on an Observatory EduTrip.

The Mount Washington Observatory is a membership supported nonprofit institution with an educational as well as a scientific purpose. From early December to mid April the Observatory hosts twoday classes conducted by volunteers and working meteorologists on

(See From the Observatory on Page 16)

### You Can Do Something About the Weather

Did Mark Twain say, "If you don't care for the weather just wait a minute?" or was it he who said, "Complain if you must, but there's nothing you can do about it." Those must have been simpler times when you could make a living with insights like that, because there are things you can do about the weather.

First, anyone can observe it. Throw open the curtain, and roll up the shade. The weather is everywhere, and wherever you are - a tropical island, a cold hollow in Vermont or a high peak in the mountains - the conditions at any moment are a function of change. The weather from upwind arrives and disturbs or pushes aside the existing conditions. You can see it in the clouds and watch it in the treetops as it happens.

Second, anyone can learn more about weather by making note of its patterns and listening to experts. There are at least two rich sources of expertise described in this issue of the *North Star*.

On April 1 the Fairbanks Museum and Planetarium will open its new "Eye on the Sky Weather Gallery." There you will find mounted displays and computer animated illustrations of the fundamental elements of weather: wind, temperature, pressure and moisture. As Museum Meteorologist Mark Breen says, the Gallery lets you "peel away the layers of complexity to discover the basic scientific principles that can turn a sunny day into a fearsome display of nature's power."

Staring in the mid-1800's Franklin Fairbanks studied and kept meticulous records of the clouds overhead and precipitation falling on St. Johnsbury. Museum staff began recording daily statistics soon after the Museum opened in 1891, and Fred Mold established a weather station and began broadcasting radio forecasts in the 1950's. The veritable Eye on the Sky has been a staple of Vermont Public Radio since 1981 with millions of listeners making outdoor plans on the basis of its predictions for weather. The new "Eye on the Sky Weather Gallery" will allow you, too, to understand and appreciate finer points of the weather. See page 8.

A bit farther afield but (often) within sight of northeastern Vermont is the Mount Washington Weather Observatory. There, around the clock throughout the year, meteorologists record and report conditions at the highest point in New England. The Observatory opened in 1870 and operated under the Army Signal Corps reporting data to the National Weather Service until the station closed in 1892. The summit Observatory was reopened in 1932 by a group of individuals inspired by the spectacular majesty of the "worst weather in the world." Today the Observatory's steady stream of data is incorporated into computer models that become forecasts for weather across the planet.

The Observatory gives year-round tours of the weather station and maintains a museum where exhibits describe the superlatives and spectacular at the top of Mount Washington. The Observatory has an outreach program to promote a better understanding of the relationships between weather and the Earth and hosts a series of winter EduTrips at its facility looking down over New England. A description of our recent trip to the top of the "Rockpile" begins on page 1.

We invite you to join us this year and learn more about weather. Visit the Fairbanks Museum and Planetarium in St. Johnsbury, and make plans to visit the top of Mount Washington. In summer you can join hundreds of thousands of others who travel to the summit by Cog Railroad or by automobile. For our money it's more satisfying on foot, and there are all kinds of routes to do just that. But the really sweet experience is to stay at the top for a weekend in winter and hope for a view of the sun setting over Vermont.

You can do something about the weather, and let it begin right here.

Terry Hoffer

### Tolerance Please Among E-mailers

I am a devotee of zits - sorry, Zits. As the name suggests, this comic strip portrays life from the vantage point of a teenager. In one of my favorite Zits strips, Jeremy, the central adolescent character, swoons in shock and disbelief when his father unashamedly admits that he hasn't checked his e-mail that week. The themes hit close to home.

I find e-mail to be simultaneously a convenience and a pain. It is a very convenient way to send information. I can send messages (with correct spelling, no less!) on my own schedule, as time allows. I use e-mail when I do not need the give and take of live discussion or I am not seeking a rapid response. On the other hand, I receive far more e-mail messages than I want. I am not even considering the mostly blocked spam e-mails. It is now so easy to be included, voluntarily or unknowingly, on e-mailing lists. I appreciate the concern and intentions of those who send "FYI" (For Your Information) messages, but the volume of unsolicited "I" becomes a distraction.

I struggle to sift through the factoids and data noise, interesting as it may be, to find the information that I truly need to attend. Perhaps I am overly sensitive, but I worry that I will miss, among all the messages, an e-mail from someone who is expecting a rapid reply. You see, I am not on the fast track when it comes to e-mail. I sometimes perceive a touch of irritation from senders of e-mail who expect an immediate, or at least prompt, response. I cringe when asked, "Did you get my e-mail?"

"Probably," I respond guiltily, "but I haven't checked my e-mail today," which is a stretch; it is possible I haven't checked it in a week.

There are two types of e-mailers. Type I e-mailers (my terminology) use e-mail at its full capacity for clear, efficient, orderly and prompt communication. Then there are the Type II e-mailers, like me, who use it much like regular mail, but with light-speed delivery time and without the expense of postage. (O-Kay, I admit I like the spell check feature of e-mail and the lack of complaints about illegible handwriting.) I suspect that the Type II e-mailers drive Type I e-mailers crazy. I think we are a Type I or Type II e-mailer partly because of experience but largely because of yet unexplored constitutional factors. Our approach to e-mail is an enduring character trait, much like punctuality and procrastination.

I wish that e-mail systems could automatically alert the sender and recipient about their respective e-mail styles - Type I or II. Such a warning system could diminish the friction that may occur when Type I and Type II e-mailers interact. It could avert heartburn, worn molars, glower-induced skin wrinkling and premature hair loss. Forewarning of possible delayed responses or expectations of prompt responses, might enhance tolerance and promote acceptance of our e-mailing differences. In our present day life, there are plenty of issues over which to swoon or feel guilty; e-mail does not need to be among them.

Tim Tanner

# Letters to the Editor:

### **Duchess Recovering**

Dear North Star,

Back On All Fours: As promised, here is an update on

Duchess who was hit by a car the day before Thanksgiving, breaking her leg in two places. The external cast with nine pins in her leg is gone. Because of sur-

# B North Star MONTHE

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# W f to Us

**LETTERS:** Write to *The North Star*, and let us know what's on your mind. Your point of view or observation is important to us. Letters must be signed

ARTICLES: We don't have a big staff of writers. So we look forward to you sending your writing. If you have questions or ideas and want to ask us first, please call. We'll send our guidelines. No fiction, please.

**PHOTOS:** We'd like to see your photos and welcome them with a story or without. They can be black-and-white or color, but they must be clear.

**PRESS RELEASES:** We prefer press releases that are unique to *The North Star*. **DEADLINE:** 15th of the month prior to publi-

All materials will be considered on a space

face wounds, her bandages had to be changed every other day. We took over from the vet after two weeks. She now has a slight limp, which may go away eventually, but it doesn't slow her down. She and our cat, Sami, are back to their old tricks, chasing each other around the yard and

the house. After all is said and done, the ordeal probably was harder on her "parents" than on her. She thanks you for the "get well" cards and wishes.

Bob & Liz Sargent Danville

(See Letters on Page 4)

### Massachusetts Establishes Weight Standard for Chicken Eggs Hatch Sells Hardwick Reporter to Morrisville Citizen

### The **Aorth** Star

WHERE LIBERTY DWELLS THERE IS MY COUNTRY"

1807-1891 Est. by Ebenezer Eaton Danville, Vermont



### THE NORTH STAR

April 3, 1874
Eggs By Weight - The legislature of Massachusetts has lately passed a law making it necessary that a dozen eggs weigh one and a half pounds. This is a move in the right direction, and we hope that all the other states may speedily follow the good example set by Massachusetts. It is annoying to the breeder of blooded and fine fowls to find, when he offers for sale eggs nearly twice as large as his neighbors, that they bring no more per dozen than the smaller ones.

Bank Robbery and Arson in Bradford - The Village of Bradford was startled on Wednesday morning by the announcement that C.F. Wright, clerk in Bradford Savings Bank, had absconded with the available funds. Wright has been employed at the Bank since it commenced business and was generally considered an exemplary and honorable young man.

St. Johnsbury Bridge - A town meeting has been called on Tuesday next to see what course the town will take in regard to building a new bridge over the Passumpsic River. It is proposed to build over both railroad tracks which would be rather expensive, but we think in ten years the public will be dissatisfied unless something of this kind is done.

It is rumored that Hatch of the Hardwick Reporter is intending to sell his list, good will, &c to Earle of the Morrisville Citizen. Hatch is going to North Troy. It is said that the people of Hardwick are rather indignant at the proposed change, as Hatch in consideration of certain pecuniary aid from citizens agreed to publish a paper in the town of Hardwick for the term of five years. He now lacks something like a year and eight months of completing his contract. The good people don't care so much about losing their paper as they do about being sold out to the wretch who runs the Morrisville blanket.

April 10, 1874 Gold - From an official report just published by the State of California it appears that since the discovery of gold in that state in 1848 to the beginning of the present year, the total product of the precious metal has been \$1,380,700,000.

The Odd Fellows Hall will certainly be erected in St. Johnsbury. Nearly \$12,000 of stock was taken last week. Brick, lumber, &c are already pur-

chased. The Messrs Fairbanks have the contract to lay the brick and P. B. Laird & Co. will do the granite work.

The part of St. Johnsbury formerly known as Elyville was by a unanimous vote of the district, taken at the annual meeting, changed to Summerville, a name which is very appropriate to the place and the place to the name.

The City of Burlington supports 35 "Attorneys at Law and Masters in Chancery" and they appear to be the best fed portion of the community. There are but one or two lean ones in the entire lot.

The McIndoe's Falls Lumber Co. have got in about twenty six million feet of lumber this season. About half of this will be sent down the river to their mill at Northampton, and the rest will be cut up at their mill at the Falls.

Two smart Detroit damsels have been arrested for taking a locomotive, opening the throttle valve and starting the engine. They jumped off, leaving the locomotive to run into a freight train and do \$700 worth of smash.

April 17, 1874

After several days of winter weather, quite a surface of snow and pretty fair sleighing, we are having a milder spell, which it is hoped will continue until the vernal season opens in all its glory. Last Tuesday the sap ran bountifully in several locations. Said to have been the best run of the season.

Eastern Avenue in St.

Johnsbury is to have a new brick sidewalk extending from the Plain to Railroad Street. It will cost \$1,000. The Avenue House is to be nicely painted and fixed up, which will greatly improve the looks and likewise enhance the value of the property.

Examination of teachers - The spring examination of teachers will be held at the Academy in Danville on Saturday, May 2 commencing at 9 o'clock. No previous examinations will be held and none subsequently until the following Saturday, when all who cannot be present at the public examination are expected to present themselves at my home before noon. Certificates given in this town are not good in any other. No endorsing certificates. J.S. Little, Supt.

April 24, 1874

Accident - A son of Wm. Carrick of Barnet broke his leg Monday morning. He was getting out of a wagon, his foot caught between the spokes, and he fell breaking both bones of one leg square off below the knee. Dr. Hazeltine rendered medical aid.

Mr. Day of the firm Day & May, who failed a short time ago, left his wife ostensibly to go to work in Portland, Me. but the next day he put up at a first class hotel in Montreal in company with Miss Agnes Harlow of St. Johnsbury, who left her home claiming that she was going to work in Newport, and the couple are still supposed to be in Canada.

Last Tuesday Mr. Jonathan Northrup formerly of Danville was killed by the cars at Sherbrooke, P.Q. We cannot give the precise particulars but learn that he was taking the early morning train for St. Johnsbury and was walking on the track or about the yard where trains were being made up, probably became confused and was crushed to death or run over by the train. He was some 80 years of age and his remains were brought to Danville on Wednesday's train and taken to the residence of his son, James Northrup.

Early Lambs - Chas. D. Brainerd of this village sold last week to Wm. Ricker, four lambs at \$6.50 each. Mr. Ricer bought them for the Boston market. It pays to have early lambs provided you take care of them. Some people think lambs will thrive on pitch wood and browse, but Brainerd thinks corn meal and sugar beets are preferable.

Phillips Academy and Danville Graded School - The summer term of this institution will commence on Monday, April 13, 1874 and continue 12 weeks under the instruction of Miss A.J. McPhee. Children residing out of the District can attend by paying a reasonable tuition. For particulars inquire of Chas. A. Davis, Chairman of the Commission.

Henry R. Mack - Manufacturer & Dealer in Marble Monuments and Head Stones. Hardwick, VT. Large and small; cheap and expensive; bought low and will be sold low.

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### Letters to the Editor:

(Continued from Page 2)

### **Finger Splits**

Dear North Star,

I always enjoy reading the North Star, especially the editorials. I live in NJ, close to Red Bank & Freehold - mid-state near the shore - Bruce Springsteen country. And, I not only get finger splits (See Tim Tanner's North Star editorial: February 2005) but foot splits as well, on heels & soles. I tend to get them when the temperature drops below freezing for several days, which happens two or three times a winter in mid-NJ. This can happen as early as the beginning of December to the end of February, but not usually in November or March. Skin split-

ting, I think, is also dependent on humidity, which is typically very low when the temperature is below freezing. I've tried different moisturizers and found "Vaseline Deep Moisture Cream" to be the best.

I hope this helps with your Finger Splitting survey.

Keep up the great work.

Hank Bauer Holmdel, NJ

Dear North Star,

As usual I have read the North Star from cover to cover even all the ads. Keep up the good work.

> Margaret Ide Danville

### **Better Gardens**

Dear North Star,

It's not too early to start thinking about spring. Somehow, my garden plans are never quite right. My neighbors have perfected the art and constantly have birds, butterflies and other beautiful creatures swarming around. In an effort to keep up with the Jones', I went to the local bookstore. The clerk handed me Making Kind Choices by Ingrid Newkirk, president of PETA (People for the Ethical Treatment of Animals.) I raised my brows. I wanted a gardening book not the story of how cows become burgers. The salesperson reassured me that this was the book I needed.

It turns out she was right. Not only did I get ideas on how to make my garden more attractive to wildlife, but it opened my eyes to many easy ways to be a little more friendly to our furry and feathered neighbors (and I must admit I felt vindicated after reading about the advantages of doing less pruning and raking).

I recommend starting the growing season off right. Plant some red ivy geranium and morning glory (to attract the hummingbirds) and get a copy of this book. If more people read it, not only would the world be more peaceful, we'd all have gorgeous gardens.

> Coleen Kearon Montpelier, VT

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### Is It Time for a Revolution?

Sitting at lunch the other day with a good friend of long standing, I was surprised when he suggested that it is time for a revolution here at home. It was the kind of comment that I might have made with my enthusiastic dislike of the Bush administration and much that it stands for. We weren't talking about a violent revolution, of course, like the one the United States has tried to bring about in Iraq. We prefer the peaceful kind.

Intrigued by his comment, I asked him to explain. He replied in substance that the Iraq war goes on and on, and he was finally convinced that the Bush administration does not represent basic American values at home or abroad. There have been about 1,500 soldiers killed and more than 10,000 American soldiers seriously injured or maimed, with no letup in sight as the killing insurgency escalates. This is to say nothing about the devastation to Iraq's infrastructure.

What about the recent election and the hope for an eventual democratic government, I asked. Isn't that important? He doesn't expect that to happen and believes that the political groups are too selfish and demanding, particularly the Kurds. Hussein's Sunnis, probable sponsors of the insurgency, just don't want us around. He would further add that, at this point, it is the Iraqis problem, not

I asked what else in the foreign relations area upset him. The nomination of John Bolton to be our representative to the United Nations was appalling. He has been a virtual enemy of the UN for years. What message is Bolton's appointment sending to the world? When the president ordered Syria out of Lebanon, as if he had the power to do so, the reply was for the Lebanese to re-elect the Syrian-supporting leader who had earlier resigned in response to mass protests. The message was clear: mind your own business. The president just doesn't know how to get along with other nations, or doesn't care.

Our conversation was a comfortable exchange of ideas, although we didn't share the same enthusiasm for all topics. It seemed that we were two kindred souls commiserating together about the follies of the Bush administration and the need for a drastic change.

Eventually the discussion shifted to domestic issues, about which there was no disagreement. We were flabbergasted by the recent testimony before Congress of Federal Reserve Board Chairman Alan Greenspan, a Republican. At last he said what has been obvious to many of us for months - budget deficits are not sustainable. But how would he reduce them?

Despite earlier massive tax cuts favoring the wealthy, he believes that taxes should not be raised because it would have a negative effect on the economy. We know that gun-happy Republicans will not reduce military spending. So where would the reductions have to come from? By inference from Greenspan's remarks, it is clear that Social Security, Medicare and Medicaid benefits would have to be reduced, along with funding for other social programs that many middle and low income Americans depend on.

Another perplexing problem for us was that we couldn't understand why the president was pushing so hard to amend Social Security to provide for private accounts. He spends much of his time these days going around the country, urging this change that experts agree would do nothing to solve whatever solvency problems there might be for Social Security in the future. It would create a major financial problem for the fund when minor adjustments would solve whatever problem may exist for the next 50

I have been asking myself for months – what is he up to by focusing our attention on private accounts? Are there more serious (See Is It Time for a Revolution on Page 5)



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### A Little Learnin' Is a Dangerous a Thing

In bygone times the phrase, "A little learnin' is a dangerous thing," meant something like this: Those who've had some schooling think they know it all. They try to tell others how to do differently the things they've always done, and generally cause havoc, having lost their common sense through education.

Today, the phrase has a different and much more serious meaning. In today's world "a little learning" is not nearly enough for personal survival or for the advancement of society. Everyday life has become very complex, and although common sense is an important attribute, it must be backed up by sound, up-todate knowledge. Economic independence, agricultural improvements, health care, scientific advancement, medical research, communications, international relations and the very survival of democracy depend on a population that has a solid educational base.

Economic independence - the ability to support oneself and have choices about where one lives and works - is for all but the very privileged few, dependent on having the best education possible. In the United States, having a college degree automatically provides a person with greater opportunities for economic independence. Of course, it doesn't guarantee employment, but it gives the tools for finding a decent job.

Well-educated teenage girls have fewer unwanted pregnancies. Educated women who have more control over their fertility generally have fewer children and play a greater role in guiding the education of those children they do have. They are also able to be economically independent. These factors have a positive impact on society as a whole.

An educated electorate is one of the checks and balances in a democratic political system. It is extremely

important that all citizens have enough education to be able to judge for themselves (without being manipulated by the media) the merits of legislation that can affect not only their lives but those of generations to come.

Students who drop out of high school, or do only the bare minimum to get by, automatically put themselves at a great disadvantage. Although there are other ways to get an education, they are more difficult, timeconsuming and demanding of discipline on the part of the student for their successful completion. One way in which the lack of education and economic independence is beginning to have an impact on the lives of some American young people is by making them vulnerable to what is now being called the "economic draft."

According to the Washington Post of February 23, 2005, at a time when Secretary of Defense Donald Rumsfeld has authorized an increase in the level of

active duty Army personnel from 480,000 to 510,000, the Army and Marine recruitment is falling short of its projected goals, mainly because of the uncertainties of the war in Iraq. In order for the Pentagon to enlist the necessary personnel, the basic recruitment benefit has been increased to almost \$16,000. It has therefore become more expensive to recruit volunteers. To make recruiting more productive, recruiters are focusing their attention on low income areas where this amount of money is very meaningful, or in the terminology of the U.S. Army Research Institute, financially constrained neighborhoods, shopping malls and public schools.

According to the Boston Globe, recruiters "saturate life" in these areas where this type of focused recruiting is becoming an exploitation of the economic needs of a target group. Recruiters enhance their efforts to pull in even more youth from these economically depressed areas by using the social aspects of peer pressure and the need to be part of the group. A short period between recruitment and basic training, and the need for "boots on the ground," sends young recruits into an extremely dangerous environment.

It is clearly in the country's best interests to have an adequate and welleducated army. It is also clear that the current wars in Iraq and Afghanistan make service in the military less attractive than in peacetime, but it is unfair that an economic draft should be the way to solve the problems of recruitment.

This is a classic example of why a little learning is a dangerous thing. It's time for young people to use the education system that taxpayers are supporting at great expense and get enough education so that they have choices about their futures. It's time for parents to support the schools, not just with their tax dollars, but by encouraging their children to value a good education and the power and freedom it can bring.

Isobel P. Swartz

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### Is It Time for a Revolution?

(Continued from Page 4)

challenges at home and abroad that he should be dealing with, and doesn't want us to focus on - such as inadequate funding for Medicare and Medicaid? The budget and foreign trade deficits are worrisome.

If the value of the dollar continues to decline relative to the value of the Japanese yen and the European euro, Asian and European nations could begin to sell our bonds and invest the proceeds in

those other currencies. We would have to raise interest rates, at considerable cost to us taxpayers, to again attract foreign investors.

Such an exodus of foreign investors would invite inflation, destabilize the stock market by reducing the value of stocks and cause who knows what other economic catastrophes? A flight of foreign investors away from our bonds has never happened in the post-World War II era.

Our joint answer to the question posed in the title of

this editorial is an unequivocal "yes." My friend reminded me of the most obvious way for such a revolution to start: elect a Democratic Congress in 2006. If that happens, we know that in time there would be a tsunami-like shift in our domestic and foreign policies. It would contribute to a safer and saner world and a more tranquil life for us here at home.

John Downs

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# This is No Ordinary Frozen Dessert

"NOT BAD!"

thin slices were cut away and

served. The result was totally unex-

pected. Eight experienced and

dead-serious critics with their own

reputations on the line sat at the

table and poked and tasted - first

the filling and then the crust.

Slowly there were smiles, a few

nods and then a unanimous roar,

an economic development incuba-

tor space known as the Vermont

Food Venture Center in Fairfax.

No, as we've come to say

with our sometimes painful

microns were measured and the pies were put under the microscope of critical testing. The champion, our Super Bowl winner, was a 100% butter crust covering Cortland apples.

The Vermont Mystic Pie box held my attention. Its graphics by Steve Huneck in St. Johnsbury and its tribute to Vermont products including King Arthur Flour, Cabot Cream-ery Butter and Empire,

Could this be the Holy Grail of

made

wonder

Vermont understatement, it Northern Spy and wasn't bad at all. David Barash is the foun-der of the Vermont Mystic Pie Company. Barash lives Stowe, but his pies Cortland made (for the time Apples being anyway) in a kitchen in

frozen desserts? Barash is an entrepreneur with

The pie finished baking, and
we let it cool as directed. Finally

Barash is an entrepreneur with
a resume that includes experience
as consultant, officer, investor and

shareholder with companies like Celestial Seasonings Tea Co., Stonyfield Farm, Catamount Brewery, Autumn Harp and Ben & Jerry's. As he likes to say, "All were founder led and socially innovative businesses."

In December 2002 Barash was looking for a place to put his own stake in the ground. He says that in a conversation with longtime friend Ben Cohen the idea of a food business came up - maybe a pie capitalizing on the best of Vermont's farms and fields. "Ben had the seed," he says, "and I guess I was fertile ground." Barash is a self proclaimed pie fan, and the vision of Vermont apples and Vermont pies had him off and running.

When he looked in the market-place for a premium, all-natural, bake-and-serve pie, he found a vacuum. He found, too, that the Vermont apple market has declined 40% since 1990 in great part because of the erosion of the so-called utility apple market. Utility apples are those that go into pies and juices. "It's cheaper," he says, "for the big juice guys to buy apple puree shipped from China than to buy it from Vermont." The vision, it



Photo By: North Star Monthly

David Barash (left) is the founder of the Vermont Mystic Apple Pie Company. Laura Nedich, a nutritionist and experienced baker, is the head of production.

seemed, could be good for Vermont.

Like any entrepreneur putting his own idea up for grabs, Barash was a believer. He went to the county fairs, and he ate lots of pies. He sought advice from the best pie makers he could find and held a statewide contest to find the best recipe. He got help from the New England Culinary Institute and confirmed that he wanted a butter crust (no chemicals or additives and no trans-fats) and apples from Vermont.

He persuaded King Arthur Flour in Norwich, VT and Cabot Creamery to join with their flour and butter, and through associations along the way he met Laura Nedich. Nedich has a degree in nutrition from the University of Vermont and a diploma from the pastry program at the Culinary Institute of America.

Barash says, "I'm no baker, but when Laura and I agreed on the taste and I understood her work ethic, I knew I had the best baker around."

They agreed on a mix of seasonings and a blend of apples from

# Could this be the Holy Grail of frozen desserts?

the earth-friendly Champlain Orchards, specifically Empires, Cortland and Northern Spy.

During the summer, Ben Cohen and Barash sought inspiration for the company's packaging and found Steven Huneck at an

(See It Was Mystic on Next Page) (Continued from Page 6) exhibit at the Phoenix Gallery in



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### It Feels Like a Commonwealth

VAN PARKER

Four states in our country of 50 states call themselves "commonwealths." One Massachusetts. The others are Pennsylvania, Virginia and Kentucky. This may sound like another bit of trivia in an already trivia filled world. It might make a good question on Jeopardy, but

is that all there is to it? A dictionary in our home defines commonwealth as "the whole body of people in a nation or state" and "a state in which the supreme power is held by the people." A related word is commonweal, defined as "the common welfare, the public good."

The idea of a commonwealth is carried on in public parks like

Commons or the Danville Green. These places belong to all of us. You can go to hear a band concert, sit on a bench, go for a walk or feed the ducks.

What are the origins of the word commonwealth or commonweal? Probably they come from many sources: the scriptures, the Athenians. Perhaps

they derive from English common law or the practices of native tribes around the world. A commonwealth could be as small as a family or a neighborhood or obviously as large as a state, a country or, even, the whole world. It describes what could be as well as what actually is.

At this year's town meetings Vermonters in over 50 towns expressed their views and took a vote on the Iraq War. Was it right to go in there? Was it wrong? Should the troops come home? This is hardly an academic matter in a state that has lost a higher proportion of its residents than any other state in the country. People feel that loss in a small state like Vermont. In response to the question, "Is this a local issue," one person answered, "The war in Iraq is a local issue."

A few years ago the Vermont legislature passed a bill known as "Act 60." Act 60 was not a perfect bill, and I understand it has been changed in some ways since its original passage. But the idea behind the bill was that children in poorer towns as well as wealthier ones should start on a fairly level playing field with respect to their opportunities for education. It's only fair in a state or a commonwealth.

During the winter my wife and I live in Connecticut. Connecticut is a diverse state but with some of the same instincts as Vermont. Called "the land of steady habits" Connecticut changes slowly and usually in a more inclusive direction. (As I write this in early March the state legislature is about to pass a Civil Union bill).

When we head north to Vermont we drive up I-91 and usually stop at the Vermont Welcome Center, about 5 miles north of the Massachusetts line. I've never seen a welcome center quite like it. If you happen to be driving north Massachusetts or wherever, it's a good place to take a break. And it has a restful atmosphere with pictures and an introduction to each area of the state. When I walk in there I take a deep breath and relax a little. It feels like I'm entering a commonwealth or perhaps it's just coming home.

### It Was Mystic Pie at First Slice

Burlington. The result of their conversation is Huneck's folk-art image of a steaming pie on an open widow sill - bright red, purple and yellow graphics - and Huneck's familiar black dog, Sally, eyeing the scene. The Vermont Mystic Pie packaging is distinctive, and sitting on the shelf, once empty of super premium, ready-to-bake desserts, it too is - not bad.

Pie production began in August 2004 with a rush, as Barash says, "to fill the pipeline." He had identified 100 stores in New England, New York and New Jersey from neighborhood groceries and gourmet food shops to health food stores where he figured people who buy "real food" could be found.

Under Nedich's careful attention the crew made and froze pies by the pallet. They shipped 3,200 pies, and in September Barash discovered his pies were outselling the competition at a rate of 5 to 1. The delivery truck was back in Fairfax and waiting for more inventory.

Through the holidays Vermont Mystic put out 1,400 apple pies a week, and today Barash is making plans to leave the incubator space in Fairfax and ramp up production in an industrial scale facility in

Burlington. His plan for the company is to focus on New England with something like 300 stores and a small family of flavors. He likes the sound of strawberry rhubarb, blueberry and sour cherry to go with the original apple. "This is never going to be like Howard Johnson's with 28 flavors," he says, "but our objective is to create a super-premium niche in the market where one didn't exist before. I want to put a product on that shelf and see that people are happy with what they find."

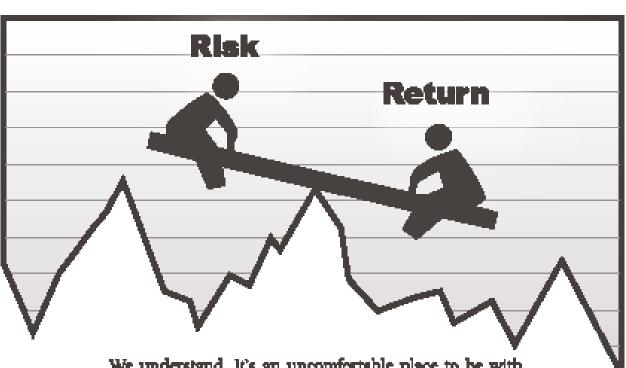
Barash laughs as he watches

the Vermont Mystic Pie production rolling forward. "It's not like people are going to buy one of these pies and keep it. I'm pretty sure they'll take it home and somehow it will disappear ... and they'll be back for another one."

He's right. Try one of these pies. It will disappear, and, mark my words, you'll be talking about it and looking forward to the next



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### Fairbanks Museum Gallery Sheds Light on the Weather

ANNA DOWNES

Meteorologists Mark Breen and Steve Maleski share vast passion for the weather.

Together, they prepare and produce "Eye on the Sky," the weather forecast which reaches millions of listeners in Vermont, New Hampshire and northern New York, as well as parts of Quebec, Massachusetts and Maine over the airwaves of Vermont Public Radio.

Their vision of our regional weather is informed by state-of-the-art sensors mounted on top of the Fairbanks Museum and a vast network of human observers. From a studio at the Museum, Breen and Maleski deliver a distinctive blend of history, lore and precise regional forecasting that has made *Eye on the Sky* a standard on VPR since 1981.

From far-reaching astronomical information to down-to-Earth "Farm & Garden" forecasts, the Eye on the Sky blends science and public interest. Breen and Maleski bring their subject to life with personality and passion. Their interest in weather goes beyond predicting the amount of snowfall or the best days for haying and includes a perspective that relates weather to everyday activities.

"In Vermont, in particular, weather plays a big role in the economy," says Breen. "I enjoy wonderful conversations with farmers, skiers, factory managers, teachers, hang-gliders, bicyclists, hunters, hikers - just to name a few. They each help me understand the different parts of the weather that affect their activities, which in turn help me to focus on certain aspects of the weather, say the wind or humidity or temperature."

Breen was involved with community theater as a student in the meteorology program at Lyndon State College. Friends and family in Vermont and his love of the outdoors brought him to the Museum, where he and Maleski embarked on what would become an institution for weather fans.

For Maleski, the journey to St. Johnsbury seems almost fated. He tells about witnessing an approaching thunderstorm when he was 5. He describes the same awe and wonder that he brings to his broadcasts today. "At that moment I remember thinking, 'I'm going to be a weatherman,' almost as if someone were speaking to me. From that time, I knew what I wanted to do."

Maleski also found the mete-

orology program at Lyndon State offered the right mix of academic challenge in a beautiful setting. Except for a brief stint in Atlanta, Maleski has lived in the Northeast Kingdom since 1978.

The unique blend of rugged terrain and classic northern New England climate add up to an exciting challenge for anyone interested in weather. For meteorologists, the task of seeing what lies just beyond the horizon requires a knowledge of history and landscape, as well as a knack for telling a many-sided story in a way that anyone can follow.

Breen's linguistic practice over years of *Eye on the Sky* broadcasts and newspaper writing has given him a range of comparisons and colorful images: "The complex terrain of mountains and valleys creates a virtual smorgasbord of weather events, either changing over the course of the day, or perhaps behaving differently across the region. It is not uncommon to see sun, clouds, snow, sleet, freezing rain, and rain all occurring over some part of the area."

Eye on the Sky is a partnership of minds and work habits. According to Maleski, "Breen has always been an early morning guy, so when we were figuring out the schedule he said he'd take the early shift, and I was just as happy to let him have it!" Breen arrives at the Museum between 4:00 and 5:00 for morning forecasts and works until noon or 1:00, monitoring weather equipment, recording *Eye on the Sky*, and juggling a variety of additional responsibilities. Breen is also director of Vermont's only public planetarium, which was opened in St. Johnsbury in 1961. Both teach weather science, natural history and astronomy at the Museum.

Breen and Maleski strive to be as accurate as possible and work toward becoming as close to modern soothsayers as they can with regard to the weather, especially high-impact events. Vermont weather can be severe, even dangerous, and information to warn travelers about an approaching storm or flood is part of their mission.

They also pay close attention to early and late frosts in their Farm & Garden reports, aware of Vermont's many small farms, large flower beds and the very short growing season.

Breen is philosophical about the limits of this science, "I am fortunate to be in a state and a region where people understand that the weather has its own agenda, and the best I can do is work with the information I have, and then see how it turns out. It seems like an on-going form of education.

Each storm adds some new dimension to how I understand

how the weather works." At the same time, he admits, "I suppose the greatest pressure comes from me. I hate being wrong!"

From a studio at the Museum,
Breen and Maleski deliver a distinctive blend of history, lore and precise regional forecasting that has made Eye on the Sky a standard on VPR since 1981.

One Eye on the Sky specialty is the far-reaching range of weather-related subjects woven into forecasts and updates that have become part of the every-day listening agenda in urban and rural parts of the state.

Their broadcasts incorporate historical highlights and global trends to put some events in perspective. Astronomy – Sun, stars and planets – broadens the notion of sky into the cosmos and helps listeners explore, in Maleski's words, "the great slow dance that unfolds over the course of the year."

Even geological phenomena like earthquakes and tsunamis fall under the *Eye on the Sky* 









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From left: Cindy White, Donna Percy, John Blackmore, Joan Field, George Coppenrath, Betsy McKay, Sam Kempton, Darlene Pilbin, Sue Coppenrath and Cindy Hastings.

umbrella because they relate to understanding the fundamental forces that shape our existence on this planet. Breen and Maleski bring their own fascination with natural sciences to their work, "from the blossoms of spring, the steam from the maple sugar houses, the first strawberries, the first bluebirds of spring, the first black flies (ouch!), the colors of fall."

A new Eye on the Sky Weather Gallery, designed to inspire the same fascination and appreciation of the forces and science behind wind and rain will open at the Fairbanks Museum on April 1. Rich colors complement the rich information presented so that weather watchers can appreciate the beauty of satellite imagery and the structure of a snowflake. "Weather is such a common thread in people's lives, yet the science behind it is intricate and complex," says Breen. "The new Weather Gallery permits visitors to peel away the layers of complexity to discover the basic scientific principles that can turn a sunny day into a fearsome display of nature's power."

The Weather Gallery features four kiosks examining specific elements of weather science: wind, temperature, pressure and moisture. Computer animated graphics illustrate the forces behind wind and the energy of

"When you walk into the

Weather Gallery," Breen says, "you can immediately take hold of the weather, or at least take hold of an exhibit that encourages you to change and observe air pressure." But just what is air pressure, and what does it have to do with the weather? The colorful, interactive Weather Gallery has been designed to peek into the inner workings of hurricanes, blizzards and even a gentle sea breeze.

The inspiration for science in the public interest dates back to Franklin Fairbanks, founder of the Museum and his meticulous weather notebooks. Starting in mid-1800s. Franklin Fairbanks observed and recorded clouds and precipitation. In his careful script, he recorded how weather conditions affected daily activities and the success of his gardens.

Museum staff began recording daily weather statistics shortly after its doors were opened in 1891. The weather data collected at the Museum represents the longest continuous record of

weather at the same location in Vermont.

Fred Mold, director of the Museum from 1948 to 1977, built a weather station and began broadcasting forecasts. Early broadcasts in the 1950s on a local radio station began with Fred Mold extending his curiosity and enthusiasm for the natural world to observations about the conditions of the day, saving the final 30 seconds of a four-minute spot for the forecast.

The Museum will soon add a third meteorologist to its staff to bring up-to-the-minute weather broadcasts to the public seven days a week. With support from the Institute of Museum and Library Services (IMLS), a stateof-the-art digital computer weather logging station was installed on the roof of the Museum this fall. The industrial grade high-resolution sensors enable the Museum to bring realtime weather science to the public through the Eve on the Sky gallery and on its website.



Photo By: Jamie Cope

Mark Breen (left) and Steve Maleski produce the daily Eye on the Sky weather forecast at the Fairbanks Museum in St. Johnsbury. On April 1, the Museum will open its new Eye on the Sky Weather Gallery. Inspired by the same fascination for the science behind wind and rain that keeps Breen and Maleski looking at the sky and describing what they see, the Gallery explains the workings of hurricanes, blizzards and even a gentle breeze.



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# Pilgrims from Montpelier

TERRY HOFFER

Fareed Zakaria is editor of Newsweek International and, according to Esquire Magazine, "the most influential foreign policy adviser of his generation." When Zakaria gave the keynote address at the 2004 George D. Aiken Lecture Series at the University of Vermont last September, Linda Wheatley must have smiled.

Zakaria told his audience that the most effective thing anyone can do to understand and have an effect on U.S. foreign policy is travel. At the time, Wheatley was making plans to take a group of students from Montpelier High School to Thailand.

Seventeen years Wheatley was a student in the Master's in Community Nutrition Program at Mahidol University in Bangkok. From 1992 to 1995 she lived in Thailand as an administrator for the Peace Corps and established permanent friendships among her contacts in the region of Isaarn, the rural northeastern region of the country. Isaarn has the driest climate, the least development and the poorest farming families in Thailand.

"It was a lot of work for everyone and a ton of money to be sure, but it's a fabulous investment in kids."

- Linda Wheatley

Wheatley proposed the two week trip last spring, and despite the myriad of conflicting classroom and extra-curricular activities she had 30 interested students. "Life is meant to be meaningful," she says, "and I saw this as the kind of experience that is critical to becoming a global citizen - and a contributing and thoughtful citizen at home."

Wheatley estimated the need

to raise \$50,000 for the group and, to the extent that was possible, ensure that everyone who wanted to go could do so. She and other interested parents developed a pre-trip curriculum including group problem solving exercises, independent reading- and study-projects, seminars on democracy and education, respectful travel, environmental and cultural sensitivity and optional opportunities to study Buddhism and the Thai language.

In the meantime, fundraising was in progress, some of the original members dropped out and the group, as Wheatley says, found a way to make it work. "It was a lot of work for everyone and a ton of money to be sure, but it's a fabulous investment in kids."

On February 18, the group of 19 students with Wheatley and other chaperones left Montpelier. They returned 16 days later on March 6. They started in Bangkok, Thailand's capital city with a population of 12 million and then visited Ayutthaya, the previous capital destroyed by the Burmese more than 200 years ago. From Ayutthaya they went to the rural area of Isaarn and the village of Ban Sasom where the students from Vermont were matched in pairs with host families where the annual family income is \$800 per year.

Although limited in their language skills, Emily Turner, a senior, says, "We played soccer and we taught them to dance. There was a nonverbal buzz, an appreciation of each other and the universal language of laughter that connected us together."

Erin McCreary, a senior, says, "Everyone of us wants to go back. We all realized after less than a week with our host fami-



Photo By: Linda Wheatley

The group from Montpelier High School were guests treated, as Linda Wheatley says, "like rock stars" at the Ubon High School in Ubon Ratchathani in northeastern Thailand. The February 22 event was an all-day student celebration of the 700 graduating seniors. The six Americans in the photo are (from left in the rear) Evy Sandusky, Aria Allen, Ben Schneible, Kelly Steffen, Eli Sherman and

lies just how mixed up our priorities are in America."

Ben Schneible is a senior. He says, "I learned more in two weeks than in four years of high school."

Ana Popovic, a junior, says, "All of us left something there and brought something back."

Aria Allen is a senior. She says, "I've traveled more than a lot of my friends, but every time I go away I realize how much more there is to learn - and how happy you can be with so little."

Wheatley says, "My hope was that all of these kids would realize the danger in getting too firmly attached to your beliefs. You see other people in other cultures and other circumstances and you rethink what is really important."

Schneible says, "We all have given new thought to what's important in life, and I'm sure a lot of people don't get the chance. Today some of the material things that I thought were important ... I realize really are not."

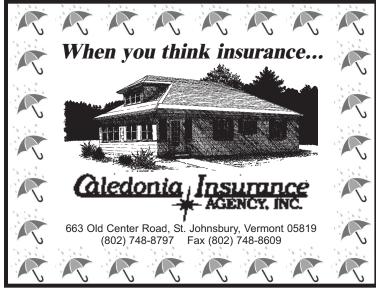
Wheatley and the Montpelier High School students have been back from their trip only a few short weeks. But they are already raising money again for scholarships in the village of Ban Sasom, where education beyond the 9th grade costs \$250 per year. Wheatley says, "For a family living on \$800 a year, the cost of tuition and books is a luxury. We're hoping to make a difference for some of our families."

Everyone of these travelers are pilgrims in a way. They have been, however briefly, immersed in human life on the other side of the planet. Wheatley says, "It seems obvious once you've done it."

She says, "The hardest part is getting back and facing a math test, a homework assignment or plans for the weekend ahead." She laughs about her own friends in Vermont as, like the others, she bubbles over with the excitement of the trip. "I just can't express it, but when I try it seems that people just want to talk about the weather ... and their puppies."

These pilgrims Montpelier will never be the same, and in Fareed Zakariah's view of the globe, we all will be better for it.









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### Follow the Money

by Rachel Siegel

"To Tax Income or To Tax Spending?"

For years, the tax code has allowed taxpayers to deduct income taxes already paid to state and local governments, so that they are not, in effect, paying income taxes on income taxes. Now the federal government is giving us the choice of deducting state and local income taxes or state and local sales taxes.

In its small way, this change brings up a fundamental debate over how to tax in America – a debate that has revived recently with the latest renewal of the quest to make the tax code "fairer" and "simpler."

Since personal taxation began, in 1913, the primary sort of federal tax has been a tax on income, on earnings. The tax is progressive – the more income, the higher the percentage that is paid in tax - so that those who earn more, and presumably can "afford" it, bear more of the burden of providing revenues for the

government.

There are exceptions or exemptions from tax, because we use the tax code not only to raise revenue for the federal government but also to encourage certain behaviors — home ownership, saving for retirement, and so forth. Increasingly, the idea of a sales tax is being discussed as an alternative to the income tax.

A sales tax is not used by the federal government, although it is common among states and elsewhere in the world, because of its regressive nature. Poorer people spend a higher percentage of their income consuming necessities than wealthier people do.

Wealthier people have the choice of spending or saving, whereas poorer people can only spend. So, goes the argument, the poorer will only be able to purchase less with their spending, when taxes are added onto the price of goods and services, while the wealthier will still be able to spend and save.

There may be benefits to a

sales tax, however, and ways to mitigate its regressive design. The poorer would enjoy more take-home pay (as would everyone), with no income tax, which would somewhat offset the higher cost of consumption. They may be encouraged to begin to save, rather than spend, which is really the only way to build wealth in a capitalist economy.

In fact, a sales tax may encourage most people to save more, rather than spend, or at least to begin to inhibit excessive consumption. It may encourage us to pay off mortgages faster and to save more for retirement.

Too many Americans borrow to consume – credit card debts and refinanced mortgage debt are at record levels – a practice that may no longer be cost effective if some of the borrowed funds are paying sales taxes on the purchase

A sales tax may encourage people to earn more. Investment income, as well as income from labor, would not be taxed, and so investment returns would be effectively increased. This may encourage investment, which would then provide businesses with more capital to invest in growth.

The regressive nature of the tax could be addressed if taxpay-

ers were allowed an exemption for the first \$xx,000 in spending, with exemptions for additional household members. We could also allow for exceptions – for charitable "spending" or home mortgage interest – just as we do now.

Most experts are estimating that the sales tax rate would have to be around 20%.

There may be much less opportunity to spend "under the table" than there is to earn that way. Income from illegal activities would be taxed as spent or "laundered" into the legitimate economy, allowing the tax base to capture all sorts of "underground" economic activities (now estimated to be almost 10% of our GDP, or legitimate activity).

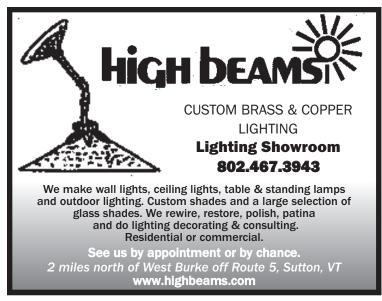
For the sales tax to raise enough revenues, most experts are estimating that the sales tax rate would have to be around 20%. That sounds like a lot, but it's not, when compared to the income tax rates we pay now.

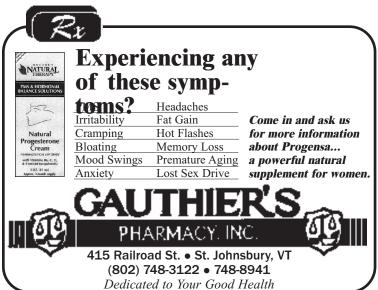
As a nation, we have always had a keen aversion to paying taxes – it took a constitutional amendment to create the personal income tax - but the revenues raised are crucial to running our government and to having it do all that we demand. A sales tax may be a real alternative to the income tax. Until then, many happy returns!

Rachel S. Siegel, CFA, consults on investment portfolio performance and strategy and on accounting and tax dilemmas. She has an MBA from Yale; she is a professor in the business administration department at Lyndon State College. Siegel is a member of the Ethan Allen Institute's board of scholars.

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### What Am I Bid? ... The Twelfth **Annual Peacham PTG Auction**

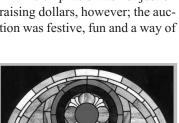
JO ANNE POST

On February 12, 1994 the first annual Peacham PTG (Parent Teacher Group) auction took place at the Peacham Elementary School.

Anne Gallagher, founding mother and organizer of the event, remembers it well. "We were driving up the hill to the school, and when we got there, there were all these cars and the place was packed with people, and I thought: "Wow, I did this!"

Recently arrived in Vermont, Anne transplanted the auction/fundraiser tradition from her church in New Jersey to the Peacham school's PTG, which, in a time of fiscal austerity, was attempting to provide some of the educational "extras" not funded in the school budget.

The emphasis was not just on raising dollars, however; the auction was festive, fun and a way of





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bringing people together. Parents and community members were encouraged to donate services, events and food - not just "stuff" ("no white elephants" was the rule), and the creativity fueled by cabin fever burst forth in a shower of witty offerings.

A "Mystery Dinner" on a Star Trek theme promised "suspense, fun and intergalactic food," "Canoe Cavorting" assured auction-goers that there was "a window between frozen water and black flies" in which paddlers would enjoy an outing on Martin's Pond followed by hot dogs and hamburgers. Food donations ran the gamut from five pounds of fudge to organic vegetables. Services ranged from a pottery lesson to a land resource management plan. There were handmade afghans, dreamcatchers and dolls. And one young man guaranteed that the winning bidder could "take home one of his bull calves sometime soon."

Anne chaired the auction for several years before handing it off to other parents when someone pointed out that "you don't have to be chair for the rest of your life."

Certain elements of the event have changed over the years. For one thing, it outgrew the multipurpose room at the elementary school and moved to the town hall. For another, parent auctioneers were replaced by a trained professional, in the person of Peacham resident Stevenson. Stevenson recalls that two or three auctions went by before he stepped in, and it is now assumed that he will be doing the "chant" at every affair.

Stevenson learned his trade at several auctioneering schools, notably Scotty's International College Auctioneering in Davenport, IA, which he attended in 1986, graduating with the title "Colonel Stevenson" following the midwestern tradition.

Stevenson loves to talk auctions and auction training. Did you know that auctioneers need to learn proper breathing and develop nimble tongues through recitation of tongue-twisters? ("The big bad bug bit the big black bear, made the big black



Photo By: Nene Riley

Peacham School students (L-R) Jon Reis, Matthew Corcoran and Brittany Berwick display a quilt handmade by Laura Johnson. For each of the past 10 years Johnson has made and donated a quilt to the auction.

bear bleed blood") The Peacham auction is a money-making event and an entertaining night out with food (always), live music (often), a goofy emcee (typically) and a festive atmosphere. It pleases our auctioneer that people can be "hollerin' and screamin' at each other" at town meeting, and be "jokin' with each other" at the auction.

One constant over the years is the handmade quilt from Laura Johnson, also a Peacham native, has made a quilt and donated it to the PTG for each of the past 10 years. At first her quilts were part of the auction, but now they are raffled off in an effort to generate more rev-

Making a quilt is a huge undertaking and, though now aided by the sewing machine, Johnson still spends more than 40 hours cutting and stitching pieces together to construct a full-size log cabin design quilt. Each quilt also represents an investment of several hundred dollars (also donated by the quilter) in purchasing material and sending the finished design to be batted and professionally stitched to the backing.

Johnson is quick to point out that she buys only top quality, high thread-count cottons-not the kind sold at discount stores and that an heirloom quilt of this caliber would probably sell for upwards of \$800.

The high point of the auction is the drawing of the winning raffle ticket (Tickets, incidentally, can be purchased at Peacham Elementary School, Peacham Library and stores in West Barnet).

This year marks the twelfth annual auction for Peacham. The date is Saturday, April 2 with viewing at 5:00 p.m. and the auction commencing at 6:00. As in other years, the PTG is raising money to subsidize rental of band instruments, help pay for the ski and swim programs, fund French workbooks, help purchase new playground equipment and bring artists-in-resi-

(See Peacham PTG on Next Page)



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### String Worth Saving

Bill Christiansen

Of all of the inventions of man, time is one of the most curious. We don't really know what time is, but we have sliced and diced it to the extreme.

from millennia to nanoseconds and hundreds of slices between. (A nanosecond is a billionth of a s e c o n d . )

What is time? What is it we are trying to subdivide? Time is not defined in the natural world. All of the definitions are constructs of man. One definition that has been used is that time is the duration between events. If there is one event, followed by a second event, the duration between them is time. If there is no second event, no time can be calculated. A further complication to this definition is the need to decide which event is first and which is second. This is a problem when the events are observed from different positions, for instance on the earth or elsewhere in the universe. Consider a gun shot. The shooter sees the flash and hears the sound as simultaneous. An observer at some distance sees the flash and later, hears the sound. The two events separated by time.

Our basic idea for marking time is to pick two events which occur in cycles. One event, then a second event followed by a third event, a duplicate of the first. A simple example is tick, tock, tick.

Two natural cycles have been used by man since the need to mark time first arose. The sun rise to sun rise is a complete cycle, and one can keep a count of the cycles. That's a short count.

The other cycle is to mark the rising of the sun at a point on the horizon and watching until it rises at the same point again. This is a long count.

In early times, few people had the patience to watch this long progression, so they hired someone else to do it for them. That was a priest. So we have a day and a year.

Another natural cycle, which has been used off and on by various civilizations, is the cycle of the moon. This could correspond to a month but is seldom used today.

Now we have time calculated from natural cycles. The next problem was to slice time into smaller sections, a year or a day into smaller units. The year seems to be the easy one. Simply count the days in the year.

Since we have a priest keeping track of this, it should be a fairly simple job. So, the count begins. The first year goes very well. But the second year has a problem, the count is not the same as the first year, and the third year is different still. Some counted 360 days, some 365 days and there were other numbers in between. What do we do, strike an average? This was left for the priests to figure out

Now comes the problem of subdividing the day. Since there are no natural daily cycles to consider, we have to make one up. The closest daily cycle is daylight and darkness. The problem is that these are variable from day to day. They can be used to divide the day into rough halves. If we use halves, the total number of units in the day must be an even number.

Now the question is what even number. If you were a numerologist, the choice was obvious: six. Some of the first priests in the time story were numerologists. Why six? Because, six is the first perfect number! (A perfect number is a whole number which equals the sum of its divisors, including 1 but excluding itself.) The divisors of 6 are 1, 2 and 3. You might want to find the next perfect number. It is closely relat-

ed to a cycle mentioned above.

If the day is divided into quarters, each will be 6 units long, and a day will be 24 units, and a half day will be 12 units. Now we have hours. We can divide the hours into smaller units - say 60 units and we call them minutes. Another subdivision by 60 will yield seconds. Why 60 you ask? Why, you have 10 fingers, and the first perfect number (6) times 10 is

Now go the other way and make units larger than a day. We need a number for larger units that keep to the "six" strategy. Six times 5 yields a nice number 30, called a month, and 6 times 60 yields a nice number, 360, close to a year. There have been volumes written on the significance of these numbers in human history. It's hard for us to realize that our lives are ruled today by such arcane ideas.

To keep the year of 360 days in sync with the actual year, the priests added a few uncounted holidays, now and then. All went well until some astronomers made more measurements and found the day to be 23 hours, 56 minutes and 4.09 seconds long, and a year to be 365 days, 6 hours, 9 minutes and 9.54 seconds long. Try doing math with these numbers.

Nearly everyone today has a watch that rules their lives. Our

homes are full of clocks, keeping the beat of our lives. Time for this and time for that. Clocks tell us when to get up, when to eat and when to go to bed. Calendars keep track of the day and months and mark the passage of years. We are in the digital age, and the old tick, tock has given way to flashing numbers. How do we slice and dice time now - with the vibration of atoms?

In your digital watch is a crystal in which the atoms are vibrating. An electrical circuit in the watch counts the vibrations and converts them to seconds. Since the atoms vibrate at billions of time per second, we can dice a second into nanoseconds with no problem. Happily, someone decided most of us do not want to know about nanoseconds so they stopped the display at seconds.

While this article deals with the keeping of time, there is another question that needs to be asked. Does time have direction? We think of an "arrow of time" going from now into the future. In all instances, "now" becomes the "past" and is replaced by the future. I'm not too sure how this happens but we seem to be able to



### Peacham PTG Annual Auction

(Continued from Page 12)

dence such as Caribbean musician Twa Mercer, an annual guest at the school.

As in the past, donations range widely from fried chicken to golf lessons and include such high profile items as a hand-crafted Windsor chair from a master furniture maker, a weekend at the Buddhist meditation center Karme-Choling, and 100

gallons of fuel oil from Jock Oil, an item brokered annually by alltime champion donation-getter Cheryl Stevenson.

The theme of the auction this year is "South of the Border," and Fred Stevenson will be presiding as usual. "What am I bid? ten I hear ten, ten...who'll give me fifteen? Do I hear fifteen? fifteen go twenty, twenty, twenty-five...SOLD to number 63!"





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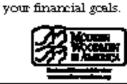
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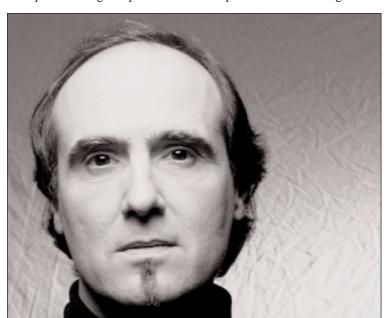
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# Dana Cooper Plays Middle Earth Music Hall in Bradford

Singer/songwriter Dana Cooper will perform at the Middle Earth Music Hall in Bradford on Friday, April 8 at 8:00 p.m. Joining Cooper will be Danish singer/songwriter René Schmidt.

With the passion of a poet and the power of a rocker, Cooper has been thrilling listen-



Nashvill singer and songwriter Dana Cooper will perform at Middle Earth Music Hall in Bradford on April 8.

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ers for over two decades. His original lyrics, skillful guitar work and evocative vocals have earned him a following with fans and critics alike. Cooper's songs have been recorded by artists such as Maura O'Connell, Susan Werner, Trout Fishing in America, Pierce Pettis and Jonell Mosser. His song *Standing In My Own Way* was featured in the movie *All Of It*.

Vic Garbarini, writer for

Playboy and Guitar World, described Cooper as "the best singer/songwriter to emerge from Nashville in over a decade ... his heartfelt but sophisticated lyrics aim to reconcile the heart and mind in everyday life. His sense of melody is unique and he has a voice that could melt icecaps."

Danish singer/songwriter Schmidt won a singer/songwriter competition in 2003, which resulted in the recording of his first solo EP "Blue Underwear" and participation in the Listening Room Songwriters Retreat on Samso Island in Denmark. Schmidt is currently recording a full length CD, which will be released in Europe. The album will include "You're a Hit With Me" co-written by Cooper.

A charismatic performer of gentle intensity, Schmidt writes earthy, passionate songs with a touch of wry humor and pathos. Young in years and old of soul he has performed throughout Europe.

Schmidt and Cooper will tour the U.S. in April.

The show begins at 8:00 p.m. on Friday, April 8 at the Middle Earth Music Hall. For information call (802) 222-4748.



### April

- Brooks Williams, Middle Earth Music, Bradford.
- 1 Le Bon Vent, Morse Center for the Arts, St. Johnsbury.
- 1–7 The Aviator (2004, US)
  [PG-13] Director: Martin
  Scorsese. The story belongs
  to Howard Hughes the
  eccentric Texas billionaire
  industrialist and Hollywood
  film mogul and his early life
  (1927-47). Catamount Arts,
  St. Johnsbury. (802) 748-
- 1-3 Barre Players present *Jesus Christ Superstar*, Barre Opera House. (802) 476-8188.
- 2 Mariza, Hopkins Center, Hanover, NH. (603) 646-2422.
- 2 Shawn Colvin, Opera House, Lebanon, NH.
- 2 Dr. Burma, Middle Earth Music, Bradford.
- 3 Sunday Afternoon Jazz, Catamount Arts, St. Johnsbury.
- 5 Bobby McFerrin, Hopkins Center, Hanover, NH.
- 8 Dana Cooper, Middle Earth Music, Bradford.
- 8–14 Hotel Rwanda (2004, US)
  [PG-13] Director: Terry
  George. Based on Paul
  Rusesabagina's unbelievably
  noble actions in 1994 when
  the Hutus were slaughtering
  the Tutsis in the tiny African
  country of Rwanda, this film
  shows how one man even a
  terrified one can literally
  save the world. Catamount
  Arts, St. Johnsbury.
- **8-10** Barre Players present Jesus Christ Superstar, Barre Opera House.
- 9 Midori, violin with Robert

- McDonald, piano, Hopkins Center, Hanover, NH.
- 9 Willie Edwards Blues Band, Middle Earth Music, Bradford.
- **10** The Wailers, Higher Ground, Burlington.
- **12** Cudamani, Hopkins Center, Hanover, NH.
- 14 Savion Glover in *Improvography*, Opera House, Lebanon, NH. (603) 448-0400.
- **14** Tempest, Middle Earth Music, Bradford.
- 15–21 Kinsey (2004, US) [R]
  Director: Bill Condon.
  Driven by a fierce curiosity,
  as well as a deep-seated
  emotional need, Alfred
  Kinsey opened the doors to a
  new world of human exploration and the sexual revolution. American culture was
  irrevocably changed.
  Catamount Arts, St.
  Johnsbury.
- **14** Ralph Stanley, Flynn Theatre, Burlington.
- **15** Ralph Stanley, Opera House, Lebanon, NH.
- 15 Handsome Boy Modeling School, Higher Ground, Burlington.
- 15 Chris Smither & Tim O'Brien, Opera House, Barre.
- **15** Resophonics, Middle Earth Music, Bradford.
- 15&16 Bob Dylan, Merle Haggard & Amos Lee, Orpheum Theatre, Boston.
- 16 The Drunk Stuntmen, Middle Earth Music, Bradford.17 Sunday Afternoon Jazz,
- Catamount Arts, St.
  Johnsbury.

  17 Dual Piano Recital with

Alison Cerutti and Richard

- Shadroui. Barre Opera House, (802) 476-8188.
- **19** Bob Weir, Calvin Theatre, Northampton, MA.
- **20** John Prine, Flynn Theatre, Burlington.
- 22–28 The Sea Inside (2004, Spain) [PG-13] Director: Alejandro Amenábar. Based on the deeply moving true story of a Spanish man who fought a 30-year campaign to win the right to end his life with dignity. Central to the struggles are two women: a lawyer who supports his cause, and a local woman who wants to convince him that life is worth living. Catamount Arts, St. Johnsbury.
- **22** The McKrells, Middle Earth Music, Bradford.
- 23 John Lackard Blues Band, Middle Earth Music, Bradford.
- **24** The Joy of Jazz, Catamount Arts, St. Johnsbury.
- **28** Christine Lavin, Middle Earth Music, Bradford.
- **29** Greenday, Verizon Arena, Manchester, NH.
- 29 Dmitiri Pokrovsky
  Ensemble, Hopkins Center,
  Hanover, NH.
- 29–May 5 Nobody Knows
  (2004, Japan) [PG-13]
  Director: Hirokazu Koreeda.
  Story of a makeshift family
  of children left to survive in
  an urban jungle in Tokyo.
  Four siblings explore their
  distinctive world of abandoned children and the gentleness and beauty of every
  childhood. Catamount Arts,
  St. Johnsbury.
- 30 Colin McCaffrey & the Stone Cold Roosters, Middle Earth Music, Bradford.





Photo By: Mike Herdiner

The Taylor sugarhouse in Kirby is like a time capsule. The building is more than 100 years old with improvements and changes that mark the shifts in technology and the ebbs and flows of success in the business of sugaring. Albert Taylor oversees the work of sugaring. He is a dairy farmer, but he has been in the business of sugar making for all of his 86 years.

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**Dunstable Farm,** Walter Bothfeld & Sons Bothfeld Hill Road, Cabot, VT 05647. (802) 563-2386. All grades of maple syrup. Farm prices. Vermont Seal of Quality. Shipping orders welcome.

Gadapee Family Sugarhouse, Larry, Kevin & Keith Gadapee. 718 Calkins Camp Road, Danville, VT 05828. (802) 684-3323. Pure Vermont maple syrup in a variety of containers from gallon to 1.7 ounce nips. Plastic jugs and glass. Also maple cream, maple sugar and (special order) maple candy. Vermont Seal of Quality. We ship. Visitors always welcome when we are boiling. email:gadmaple@together.net. Stop by the Caledonia Farmers' Market in St. Johnsbury and Danville to visit us May through October.

Bragg Farm Sugarhouse, Douglas Bragg
1005 VT RT 14 North, East Montpelier, VT 05651. (802) 223-5757.
Located 1 mile north of East Montpelier Village on RT 14 N five miles from Barre or Montpelier. Traditional family-operated sugarhouse. Taste maple syrup and walk through the woods where we hang 2,000 buckets.
Award winning maple products, Vermont foods and gifts. Sugar-on-snow.
Open to the public every weekend (Noon - 5 o'clock) in March and April or by appointment. Try our maple creemees daily.

Broadview Farm Maple, Joe Newell 442 York Street, Lyndonville, VT 05851. (802) 626-8396. Pure Vermont maple syrup available in Grade A Fancy, Medium Amber, Dark Amber and Grade B. Awarded Vermont Seal of Quality. Packed in glass and plastic from 1.7 ounces to one gallon. Maple cream and maple candy also available. We will ship your request via UPS or parcel post. email: joe@newells.net

Morse Farm Maple Sugarworks, Burr Morse 1168 County Road (Main Street) Montpelier, VT 05602. (802) 223-2740. Montpelier's got steam especially just three miles up Main Street at the Morse Farm. See the boiling and have sugar-on-snow every weekend afternoon. Mail order, large gift shop, maple kettle corn and maple creemees. www.morsefarm.com

Center Hill Maples, Alan Fogg
505 Barnet Center Road, Barnet VT 05821. (802) 633-4491
Visitors always welcome. All grades of Vermont Maple Syrup, candy and sugar for sale. Take exit 18 off I-91, go 1.9 miles west toward Peacham, then right on Barnet Center Road. Farm is 1/2 mile up hill on the left.

Goss' Sugarhouse, Gordon, Pat, Chris & Annette Goss 101 Maple Lane, Barnet, VT 05821. (802) 633-4743.

Pure Vermont Maple Syrup, all grades are available in a wide variety of containers including tin, plastic or glass. Also maple sugar, maple cream, maple jelly and maple-covered walnuts, peanuts and cashews. Visitors always welcome. Please call ahead for boiling information and road conditions. Products available at the sugarhouse or by mail. We ship anywhere. email:gossmaple@kingcon.com.

Cabot Hills Maple, Marcia Maynard, Ken Denton & Daughters

977 Thistle Hill Road, PO Box 68, Cabot, VT 05647. (802) 426-3463. Certified Organic Vermont Maple Syrup packed in jugs or glass, plus other maple products including maple nuts and granola. Available at the sugarhouse (call ahead) or by mail order. email: syrup@cabothillsmaple.com

Sugar Ridge Farm, Stephen & Diane Jones
566 Stannard Mountain Road, Danville, VT 05828. (800) 748-0892.
Pure maple syrup, maple sugar, maple cream, Vermont Seal of Quality. Available at the farm or by mail. VISA & Mastercard accepted. Free Brochure.



to By: Jeff Gold

From the Observatory on top of Mount Washington you can see from the Adirondacks in the west to the Atlantic Ocean in the southeast.

On a good day you can see 135 miles. On a bad day it can be the "worst weather in the world."



Photos By: North Star Monthly

Meteorologist Neil Lareau checks the pitot tube, which measures wind speed over the top of the Observatory tower at the summit of Mount Washington.

(Continued from Page 1)

subjects that explore the human history of the summit, alpine photography, avalanches, geology, mapping and global climate changes and, of course, the weather. The group this weekend will stay and eat in the summit building with the working staff and have a series of classes on the history and technology of mapping Mount Washington taught by volunteer experts.

When the snow tractor and its passengers finally reach the summit, the weather is quite different from the base of the mountain at Pinkham Notch, eight road miles and 4,000 feet below. Here on

April 12, 1934 the highest wind speed ever recorded was measured at 231 mph, and the official lowest temperature in New Hampshire, -47°, was recorded in January of the same year. Year in and year out the average wind speed is 35 mph, and seven days out of eight are partly cloudy or cloudy. On this day the wind speed is 30 mph, and the temperature is just under 10°. The visibility seems almost unlimited.

The passengers and supplies are unloaded, and Peterson and the snow tractor head back down the mountain. They will be back tomorrow for a return to the

The Observatory visitors get an orientation tour of the building, and the EduTrip group is welcomed to the weather station at the top of New Hampshire with sweeping views to the Adirondacks in the west and to the Atlantic Ocean in the southeast. From this compact space measurements of wind speed and direction, temperature, barometric pressure, relative humidity and precipitation are taken and visual observations of the visibility and cloud conditions are recorded every hour. They are transmitted to the National Weather Service in Gray, ME, and from there they are relayed to the general public and the National Center for Atmospheric Research in Boulder, CO. The process continues around the clock with observers on 12-hour shifts in seven day rotations.

The highest wind speed ever recorded (231 mph) was clocked by **Mount Washington Observatory staff** on April 12, 1934

by cog railway, passenger van or

Except for a few winter hikers who tag the summit marker and move on, the top of the mountain is deserted. Compared to the summer traffic flow when 250,000 - 300,000 visitors come

Summit visitors enjoy a relatively unusual day with visibility of 130 miles from the top of the mountain. Seven days out of eight are partly cloudy or cloudy. Looking southwest from the summit you can see the Lakes of the Clouds hut maintained by the Appalachian Mountain Club, Mt. Monroe and in the far distnce Killington and Pico Peak in southern Vermont.



The tower over the Mount Washington Observatory gives an unobstructed vie collected hourly and relayed to the vast network of weather observors seeking temperature, barometric pressure, relative humidity and precipitation are take On April 12, 1934 the highest windspeed ever recorded was measured on the degrees below zero) was recorded in January of the same year.

private car, on foot or by bicycle, the summit of the "Rockpile" in winter is a wonderful and almost private place.

The EduTrip classes this weekend include examples of modern mapping technique and lively discussion about the continental divide between scientific maps with state of the art accuracy and those produced with elaborate designs and colorful artwork to be more marketable to tourists and collectors. Using the immediate Mount Washington area is an example, the history of maps tells a fascinating story about changes in cartography and the evolving techniques of printing.

As the sun drops in the west on this last day of winter the group gets a first hand view of the data collection process. As the northwest wind comes up and over the Presidential Ridge of the White Mountains the visibility is noted as 130 miles to Mt. Marcy in the Adirondacks. Neil Lareau from Berlin, NH is a staff meteorologist and explains the unique position and orientation of the Observatory. "Weather from much of North America converges over New England," he says, "and the wind gets funneled and pressed through northern New Hampshire. Four or five

times a year the temperature drops 50° in 12-24 hours. For our latitude it's one of the coldest places on Earth. Then you have these mountains, and you get the most severe weather in the world."

Lareau says, "The tempera-



beside the Mount Washington Auto Road. It appears as though the ice is blown away from the the post by the wind from the right. Actually the wind has blown from left to right piling up moisture on the post as it passes.



g to perfect the art of the forecast. Measurements of wind speed and direction, en, and visual observations of the visibility and cloud conditions are recorded. summit at 231 mph, and New Hampshire's official low temperature (47

w over northern New England. There at 6,288 feet above sea level data is

ture drops 3-4° for each 1,000 feet of added elevation. The air pressure drops as the altitude increases, and the air holds less moisture as vapor, so clouds are common. The wind accelerates as the space is restricted between the high peaks of Franconia

Notch and the cluster of Cabot and Waumbeck north of the village of Jefferson, and the same Venturi effect that lifts the wing of an airplane causes the speed over the cone shaped summit of Mount Washington to be higher than the surrounding area. If you



Martina Raabe (left) is a university student from Germany collecting data for a study on rime ice. Jeff DeRosa from Bath, ME is a staff meteorologist. DeRosa and others like him rotate off and on through 12-hour shifts for seven days at the Observatory.

hear a forecast of 50 mph in the valley, the wind speed can easily top 100 mph and the conditions are often extreme at the Observatory."

The group returns to the warm living quarters in the lowest level of the summit building and gathers around a long narrow dining table and a roast turkey dinner. Conversation continues. The meteorologists are mostly recent college graduates with a devotion to their science and this setting. It is remote with winter access to and from the Observatory only by snow tractor or, as some prefer, by foot. But a big screen television, telephones, Internet access and visitors like the father visiting his son for the weekend make duty at the top far from isolated.

There is a camaraderie among the staff that is engaging, and the chance to be a part of their routine and look over their shoulders as they perform their hourly cycle of observations is a treat that only a few can experience. Finally, all but the night shift turn in for the night, and even with the outside wind speed at 40 mph the building is quiet.

At 5:30 a.m. members of the EduTrip gather outside again to watch the sunrise. The wind speed has lessened some, but the temperature is holding at 9°. A group of winter hikers appears having left its campsite three hours before in the dark. Dawn brightens the sky, and at 5:45 sunlight from the east strikes the summit of the highest point in New England and begins to wash over the rest of the Presidential Ridge and northern New Hampshire. Thin clouds wisp away from the lower peaks, but on this morning, it is clear at the

As far west as the eye can see, the pattern of sunrise continues, and it is the first day of spring.

There is another morning class, but shortly after Noon, Wayne Peterson and the snow tractor are back. The weekend visitors and several boxes of recyclable material and compacted trash are loaded on board. The tractor spins around and plows



Krysia Scorko is a recent graduate of Vassar College. Working as an intern for the Mount Washington Observatory she measures relative humidity with a sling psychrometer comparing the differences between a wet bulb and a dry bulb thermometer.

back down the Auto Road. Two hours later at the base of the mountain the unloading is finished, and the group begins to break up. Someone from a parked car calls out, "Hey - You missed a great day in the valley. It was beautiful all weekend."

It probably was. 🛊

### **Exploration and Mapping Mount Washington**

**1524** Giovanni da Verrazano makes the first recorded sighting of the White Mountains from his ship off the coast of New Hampshire.

**1561** Girolarno Ruscelli publishes *Tierra Nueva* in Venice, showing simple and unnamed depictions of hills in northern New England.

**1642** Darby Field makes the first known ascent of Mount Washington.

1677 John Foster's map identifies the "White Hills."1784 Jeremy Belknap's scientific expedition names Mount Washington after General (yet to be president) George Washington.

**1819** Abel and Ethan Allen Crawford build the first path to the summit of Mount Washington.

**1820** Lancastrians climb Mount Washington and name the other high peaks in the Presidential Range. (At the time there had only been five US presidents.) On subsequent trips in the same year, they were the first to spend the night on the summit and climb the northern Presidential peaks.

**1851** The Atlantic and Southern Railroad opens a line to Gorham, immediately establishing it as a popular destination for tourists.

**1852-1888** Franklin Leavitt and his son Victor publish souvenir maps of the White Mountains. They are more folk art than useful reference.

1853 The first "respectable" map of the White Mountains is produced by Professor George P. Bond of Harvard University.

1860 A map of the Ammonoosuc Mining District was perhaps the first map of the White Mountains to include contour lines.

**1882** William Pickering, Appalachian Mountain Club councilor for exploration, produces a contour map of the Mount Washington Range.

**1899** First automobile driven to the summit.

**1907** Appalachian Mountain Club publishes its first *White Mountain Guide*.

**1932** Mount Washington Observatory builds a facility at the summit.

**1978-1987** Bradford Washburn of the Boston Museum of Science uses laser equipment and aerial photography to produce highly detailed and accurate map of Mount Washington and the Presidential Range.

**1998** After rechecking 1,200 miles of trails the Appalachian Mountain Club uses Geographical Information Systems (GIS) and Global Positioning Systems (GPS) technology to publish the first digitally composed maps of the White Mountains in its 26th edition of the *White Mountain Guide*.

Historical information provided by John Mudge, Etna, NH

### What's Happening at the Town Hall?

### **Barnet**

Town Clerk: William Hoar Selectboard: Ted Faris, Stanley Robinson and Gary Bunnell

February 28, 2005

Highway Projects - Board signed applications for funding repairs to bridge #41 on Stevens River in Barnet Village (estimated cost \$17,000) and preliminary design work on bridge #10 in East Barnet (cost to be determined).

Overweight Permits - Board approved overweight permits for Robert Farman, Carroll Concrete, Pouliot & Corriveau, Inc., S.T. Griswold & Co. Inc., A. Withers Trucking and Darcy Nelson.

Barnet Water System - Board read letter from town attorney regarding Barnet Water System request to place well on town land. Board will discuss project and requirements with affected landowners before any decision is made

- Board reviewed notification from VT Emergency Management

VT Emergency Management Department regarding a Barnet landowner's eligibility for disaster relief funds after having experienced two or more flood damage claims in past 10 years. If approved, grant would pay 75% of total - often used for buyout, elevation of structures or relocation. Board voted to act as sub-

**Town Service Officer** - Board agreed to recommend reappointment of Stanley Robinson as town service officer.

**Fire Department -** Board discussed options for permanent financing of new fire station. Board will seek prices and options for ten- and fifteen-year financing and prices for audit required prior to bond financing.

March 14, 2005

Board Organization - Board elected Theodore Faris as chair and agreed to have meetings as before on the 2nd and 4th Mondays at 7:00 p.m. at town clerk's office.

Road Commissioner - Board appointed Stanley Robinson and Gary Bunnell as road commissioners. Highway Matters - Board agreed to applications for state funding for retreatment on sections of West Barnet Road and Barnet Center Road. Summer projects will include paving on Roy Mountain Road, West Barnet Road and Barnet Center Road. Board will meet with engineers to inspect East Barnet Bridge. Board considering problems with bridge on Carter Street in Barnet

Village.

**Transfer Station -** Board signed letter responding to VT Agency of Natural Resources' notice of violations at Barnet Transfer Station.

Fire Station - Board signed \$237,500 loan documents with Community National Bank as bond anticipation financing for fire station. Interest rate is 3.01%. Fire Chief Ron Morse and Board discussed use of various reserve funds rather than bond financing. Board will have town attorney prepare warning for special town meeting.

Fire Department - On request of Ron Morse Board approved use of \$5,000 from fire department equipment reserve fund for fittings, adapters, nozzle, etc. for new truck.

Audit - After review of proposals for audit of town's general fund: Mudgett Jennett & Krogh-Wisner (fee not to exceed \$7,000) and Sullivan, Powers & Co. (fee to be \$10,500) Board accepted proposal of Mudgett Jennett & Krogh-Wisner.

**Town Auditor -** Board accepted resignation of auditor Shellie Samuels. Board will seek a replacement auditor at special town meeting.

**Liquor License -** Board approved liquor licenses for Paul's Whistle Stop and Paula's Place.

Overweight Permit - Board approved overweight permits for Arthur Whitcomb and Murray Transport.

West Barnet Fire District - On request of West Barnet Fire District and recommendation of Ron Morse, Board agreed to pay cost of approximately \$1,250 per year for lights and heat at fire & rescue building in West Barnet

**Town Clerk's Office** - Board agreed to replace existing lighting in town clerk's office at a cost of approximately \$430.

### Cabot

Town Clerk: Chris Kaldor Selectboard: Larry Gochey, Caleb Pitkin and William Walters

March 16, 2005 **Utility Easement -** Board voted to approve right of way request from

Fair Point New England.

Joe's Pond - Board approved application for Joe's Pond Aquatic Nuisance Control Grant and authorized payment not to exceed \$500 in

Central VT Regional Planning Commission - Board appointed Richard Payne as representative to Regional Planning Commission.

support of the grant.

**Town Service Officer** - Board appointed Bill Cobb as town service

**Financial Plan -** Board approved annual financial plan for town highways

**Tax Anticipation Note -** Board voted to accept proposal from Chittenden Bank for \$300,000 tax anticipation note.

**Planning Commission** - Board appointed Dale Newton to planning commission.

Civil Action - After executive session to discuss a legal matter, no action was taken.

### **Danville**

Town Clerk: Virginia Morse Selectboard: Marion Sevigny, Larry Gadapee, Rick Sevigny, Gary Turner and Michael Walsh.

March 3, 2005

**Board Reorganization -** Board elected Mike Walsh as chair, Rick Sevigny as vice chair and Merton Leonard as clerk of the Board.

Town Green - On Cheryl Linsley's request Board authorized use of Green for a non-denominational Easter Service on March 27. Board also approved request from Pope Library for use of Green for Sunday evening concerts in June, July and August; use of Green for Danville Fair including release of open container law on August 5-6; use of the Green as in past for Caledonia Farmers' Market, and use of Green for Autumn on the Green on October

Town Officers - Board voted to appoint Kevin Gadapee as road foreman, Merton Leonard, health officer; Louise Lessard, sexton of cemeteries; Board, surveyor of wood and lumber; Stephen Parker, tree warden; Jo Guertin, dog warden and first constable; Cheryl McQueeney, pound keeper; Dave Machell and Shelly Beauparlant to development review board; Jim Ashley, solid waste management district; Linda Leone, zoning administrative officer; Frances Lamothe, town service officer; Jeremy McMullen, E-911 coordinator; Edmond Demott and Jeremy McMullen, planning commission; town clerk's office, keeper of the dog list; Jim Jung, Green Up Day chair; Howard Gadapee, fire chief and Robert Briggs, fire warden.

Railroad Tracks Removal - On recommendation of Kevin Gadapee Board denied request from Engineers Construction to remove railroad crossings during winter season or

spring thaw.

Town Hall - Because of price increase Board agreed to seek additional bids on installation of town hall sprinkler system. Board agreed to buy tables for town hall space with funds donated for the purpose by chamber of commerce. After presentation by Merton Leonard Board approved town hall use policy.

**Fire Department -** Board agreed to buy computer and software for fire department with grant funds for the purpose and advance funds if necessary until funds are received..

Joe's Pond Beach - Town is waiting for recommendation from town attorney on sales agreement for Joe's Pond Beach transaction.

Administrative Assistant - Merton Leonard reported he will attend training for town health officers. Board approved revised job description for administrative assistant.

**Education Fund -** Board approved resolution furnished by VT League of Cities and Towns to prevent illegal use of education fund.

**Insurance -** Board voted to renew insurance policy for town officers.

**Personnel -** After executive session to discuss a personnel matter, no action was taken.

March 17, 2005

Road Crew - After executive session to discuss personnel matter, Board voted to hire Jeremy Withers for road crew at \$2 per hour less than prevailing road crew rate until he receives his CDL. Then he will get an additional \$1 per hour providing no law requires position be advertised.

Town Hall - Merton Leonard reported new quote for town hall sprinkler system was higher than one they had from Mountain Valley. Board voted to accept quote from Mountain Valley to complete sprinkler for \$24,365. Request from Mary Prior for chamber of commerce to rent office space in second floor of town hall was not approved until Board determines how space will be used.

**Fire Department -** Board voted to pay invoice of \$25,775 for fire department generator. Expense will be fully reimbursed by grant funds from Homeland Security.

Joe's Pond Beach - Board discussed letter from Toby Balivet with changes to sales agreement for Joe's Pond Beach transaction and will forward letter to Washington Electric.

**Liquor License** - Board approved liquor license applications from Danville Restaurant and Inn, Joe's Pond Country Store, Marty's 1st Stop and Diamond Hill Store.

Joe's Pond Aquatic Nuisance -Board approved request for \$500 towards the Joe's Pond Aquatic Nuisance control project.

**Highway Financial Plan -** Board approved highway financial plan as summarized by VTrans.

**Bandstand** - Board discussed condition of bandstand on Green and possibility of painting it before it is replaced during Route 2 reconstruction project.

### Lyndon

Town Clerk - Lisa Barrett Selectmen: Martha Feltus, Bruce James and Rob Elmes

March 7, 2005

**Board Reorganization -** Board elected Martha Feltus as chair.

**Board Appointments -** Board approved list of 34 appointments.

Access Permit - Board approved access permit for Charles Hughes onto Old Coach Road.

**Lease of Town Property** - After viewing property (at intersection of Charles Street, Tute Hill and US 5) that Marcel Dionne would like to lease from town, Board will consider a lease agreement.

Gilman Housing Trust - Board voted to adopt current town plan as community development plan until new plan is adopted to allow Gilman Housing Trust to complete its community development program.

Liquor Licenses - Board voted to approve second class liquor license applications for White Market Plaza Store, White Market Main Street Store, Cumberland Farms, Fordham's Mobilmart, Irving Oil, Lyndonville Redemption Center, and RLD Enterprises. Six first class liquor license applications were tabled on request of Police Chief Harris until certain conditions are attached to the licenses reminding establishments of their responsibility to control noise and parking issues. Catering Permit - Board approved

blanket catering permit for ARA-MARK at Lyndon State College provided town is notified prior to events.

Excess Weight Permits - Board voted to approve excess weight permits for Allen Lumber, Blue Seal Feeds, Carroll Concrete, Clem-Dee, Gosselin Water Wells, Roger Gosselin, Mike Lemieux Trucking, McLure Moving & Storage, Morrill Construction, Darcy Nelson and A. Withers trucking.

Mobile Home Park License - Board approved 2005 Mobile Park License for Maple Ridge Mobile Home Park. Road Crew - Kevin Williams, road foreman, reported that the 1995 John Deere tractor has a broken piston. Cost of repairs are estimated at \$5,000. A new tractor including trade of the old unit would cost about \$29,000. Board will consider the choices. Williams reported town is running low on winter sand. Board authorized purchase of another 1,500 yards from same vendor as last fall. Flood Mitigation - Board noted Army Corps of Engineers has dis-

Army Corps of Engineers has discontinued flood mitigation plan project due to lack of funding.

### **Peacham**

Town Clerk: Patrick Downes Selectmen: Richard Browne, Gary Swenson, Tim McKay

March 2, 2005

**Stump Dump -** Board reviewed letter from VT Agency of Natural Resources regarding "stump dump," and voted that "Effective immediate-





87 Main Street Littleton, NH 03561 (603) 444-3437

litbike@ncia.net www.littletonbike.com

### REID & BALIVET

ATTORNEYS AT LAW

ERNEST TOBIAS BALIVET
JUDITH A. SALAMANDRA CORSO

DANVILLE GREEN • DANVILLE, VT • (802) 684-3666

### Excerpts from Selectboard Minutes from Area Towns See your Town Clerk for complete minutes of the meetings

ly, the town stump dump is closed." Phil Jejer will carry out the procedure described in letter and consult as necessary with the Agency to carry out the procedures in a way that is satisfactory.

Board Organization - Board elected Gary Swenson as chair. Board voted to set its meeting dates as the 1st and 3rd Wednesdays of each month at town clerk's office, at 7:00 p.m. Board approved use of Robert's Rules of Order for procedural purposes. Patrick Downes was elected clerk of the Board.

Board Appointments - Board made following appointments: Charles Browne, agency appropriations committee; Ann Goss, ADA Committee; Drusilla Powden, board of adjustment; Jeff Berwick, fire chief; Jerry Senturia, emergency management coordinator; Marceya Roy, conservation commission; Kenneth Bean, Maurice Chandler and Ken Danielson, fence viewers; Frederick Stevenson, fire warden; JoAnne Post, Green-up chairman; Sharon McDonnell, health officer; Jo Guertin, keeper of the pound; Stevens School, Memorial Day chairman; Maurine Rosenberg and Marilyn Magnus, planning commission; Patty Strader, service officer; Dave Magnus, town energy coordinator; Neil Monteith, tree warden. Board asked that any town residents interested in the positions of lister or member of the zoning board of adjustment, planning commission, recreation commission or Peacham Conservation Commission make themselves known to the Board.

Town Equipment - Phil Jejer reported repairs will be made to the green road grader, requiring approximately eight weeks.

Road Crew - Jejer reported road crew has been busy with road work. He has changed schedule for plowing Mack's Mountain Road in response to citizen concerns. Road crew is still struggling with frozen culverts and has begun treating them chemi-

Personnel - Following executive session to discuss personnel matters, Board signed rate of pay adjustment records for certain town employees. On Becky Jensen's request for clarification as to how auditors are to be paid, Board voted to sign warrant for payroll when needed.

Town Plan - Board discussed town

Board Work Plan - Board discussed 2005 work plan including conservation fund, cemetery, transfer station, recycling building, cost control, modernization of bookkeeping system, personnel manual, town plan, telecommunications ordinance, town hall, lease of old town hall to Peacham Historic Society.

Legal Trail - Board reviewed correspondence from Zuccaro, Willis and Bent regarding Frances Woods' interest in Peacham's Legal Trail #18.

Town Clerk - Patrick Downes

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reported schedule for office of town clerk. Board agreed on some standards regarding funds for training the

March 16, 2005

Planning Commission - Board appointed Gib Parrish to planning commission.

Zoning Board of Adjustment -Board appointed Mike Bruton to zoning board of adjustment.

Cemetery - Board discussed town cemetery matters and agreed that the general fund and cemetery fund should be permanently separated. Board discussed restrictions on cemetery funds and their future management. Board discussed distinctions between roles of Board, town clerk and treasurer and cemetery sextons. Board reappointed Cheryl Stevenson and Ron Craig as sextons. Board discussed 100-year plan for the cemetery and agreed to continue the plan as part of the village planning process. Board discussed the current maintenance of the cemetery grounds including used areas and those that are not used.

Friends Peacham of the Cemeteries - Lori Craig and Mike Bruton volunteered to become Friends of the Cemeteries and create such an organization.

Village Plan - David Jacob reported proposed village plan will be posted at the town hall.

Stump Dump - Board discussed closing of the stump dump.

Transfer Station - Board discussed expenses at the transfer station and construction of a recycling shed.

Tree Money - On recommendation of Barry Lawson Board voted to authorize grant application for tree

Personnel - Board discussed matters of pay period.

### St. Johnsbury

Town Manager: Michael Welch Town Clerk: Sandy Grenier Selectboard: Elwin Cross, Bryon Quatrini, Dale Urie, Reg Wakeham and Jerry Rowe

February 14, 2005 **Bay Street Redevelopment Project** Update - Joel Schwartz, director of economic development provided Board with an update on Bay Street project. A proposal has been submitted to all property-owners asking them to agree on a process for determining value of property they may contribute to the project. There are seven, including the town and state, that will need to agree to proceed with development in southern portion of target area.

Bridge Inspection Reports - Board discussed bridge inspection reports for ten town-owned bridges. Board asked for recommendations including priorities for repairs.

Reserve Fund Balances - 2004 Year End - On town manager's recommendation Board approved various final fund balances for 2004.

371 Memorial Drive • 748-3310

Municipal Policies - On recommendation of Joel Schwartz, Board approved current versions of municipal policies and procedures associated with Equal Employment Opportunity Policy; Fair Housing Policy; Use of Excessive Force Policy; Use of VCDP Fund for Federal Lobbying; Code of Ethics Policy; and Drug Free Workplace

Tax Anticipation Note - Board voted to approve tax anticipation for \$1,000,000 Lyndonville Savings Bank at a rate of

**Zoning Map Amendments** – Board signed the report of doings for zoning amendments previously approved by the Board.

Fines/Fees/Penalties - Board signed fines, fees and penalties as previously approved by the Board.

Elwin Cross - Board acknowledged significant contributions that Chairperson Elwin Cross made to the Board and the community.

Town Manager: Michael Welch Town Clerk: Sandy Grenier Selectboard: Bryon Quatrini, Dale Urie, Reg Wakeham, Jerry Rowe and Gary Reis.

March 7, 2005

**Departmental Space Planning - Jay** Ancel, Black River Design, reviewed program space requirements prepared by Fire Chief Troy Ruggles and by police department. Black River met with department heads and reviewed all current space available and developed estimates for future space needs. Ancel discussed proposals for use of municipal building, Pomerleau Building and a new public safety facility. Preliminary cost estimates were prepared for each alternative. Ruggles and Police Chief Leighton reviewed space requirements with Board. Ancel asked Board to consider whether it supports space requirements as outlined by town departments.

### Walden

Town Clerk: Lina Smith Selectboard: Randolph Wilson, Daniel Lamont and Douglas Luther February 21, 2005

Reappraisal - Lister Diane Banister presented three estimates for reappraisal. After discussion Board decided to contract with New England Municipal Consultants, Ltd. at a cost of \$64,500 for completion in Dog Attack - Constable Bill Huntoon reported on dog attack discussed at last meeting. Board issued warrant, and owner has been ordered to chain his dog.

Constable - Huntoon asked for consideration in setting fees for serving legal documents and responding to false alarms. Randolph Wilson will contact League of Cities and Towns. Board noted snow is being plowed onto Maple Lane. Constable will issue warning to resident.

Road Standards - Doug Luther provided copies of road standards from surrounding town.

Town Plan - Bill Hammond presented information for the town plan.

The Board prepared for town meet-

Dog Ordinance - Board discussed procedure to adopt dog ordinance. Ordinance was adopted and signed by Board.

Health Officer - Board acknowledged Marc Luneau's resignation as health officer.

Waste District - Board agreed to have Randolph Wilson replace Ben Davis as town representative to solid waste district.

Road Signage - Board adopted document changing signage at intersection of Orton Road and Richards

Personnel Issue - After executive session to discuss a personnel matter, Board noted issue would be handled by employee's supervisor.

March 7, 2005 **Board Organization - Board elected** Dan Lamont as chair and Perley Greaves as clerk.

Board Appointments - Board appointed Lauren Johnson, service officer; Cheryl McQueeney, poundkeeper; Jo Guertin, animal control officer; board of listers, fence viewers; James Teuscher, weigher of coal; Elwin Brown, inspector of lumber, shingles and wood; David McMath, tree warden; Marvin Greaves Jr., 911 coordinator; Randolph Wilson, solid waste district representative; Chance Griffin health officer; and Elaine Luthur, cemetery commissioner.

Auditor - Board noted that Suzanne Davis-Valliere has agreed to take the 3-year position as auditor.

Board Clerk - Lina Smith, town clerk, agreed to keep Board minutes as a service to Board but noted that clerk of the Board has the responsibility of doing the minutes if town clerk is unavailable. Board discussed appropriate content of meeting minRoad Standards - Discussion of road standards was continued to next

**Gravel -** Doug Luther reported that Dennis Demers will provide gravel for \$5.25/yd if town provides loader when they crush it.

Road Crew - Dan Lamont noted that Doug Luther offered to be Board contact with road crew. Board discussed estimate for repairs for Mack truck totaling \$23,000. Board voted to put truck out to bid and buy a new

Reappraisal - Board discussed contract for reappraisal from New England Municipal Consultants.

Personnel - Following executive session to discuss a personnel matter, Dan Lamont reported that the chair will speak to the person in question regarding a complaint.

March 8, 2005

Town Truck - Board voted to purchase new Mack Truck as discussed at March 7 meeting.

March 21, 2005

Emergency Services Building -After review of quotes from Lyndonville Savings Bank and Union Bank for financing emergency services building Board decided to accept quote from Union Bank for 4.8% if payment can be adjusted to coincide with tax receipts. Board decided Perley Greaves will be its representative on building committee. Board agreed to let building committee decide whether to sell fire house to be moved or disassembled and sold for salvage. If road foreman agrees fire department will store two of the fire trucks at the grader shed during construction.

Town Truck - Mack truck has been ordered with equipment, which cost \$40,974, for a total cost of \$87,000. Old truck will be advertised for sale with a minimum bid and transfer after the new truck is delivered.

Road Standards - Board discussed road standards in other towns. Doug Luther and Bill Hammond will draft new standards for Walden. In May or June Board will inspect roads for which petitions have been received to open them. Affected property owners will be notified.

Town Clerk - Board approved request from Town Clerk Lina Smith for a 50 cents per hour pay raise.

Board or Listers - Board discussed currently hourly rate of \$8 for listers. Board will seek additional listers. Bill Hammond agreed to help listers.

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# Sexual Violence Awareness **Highlighted in April**

MICHELLE B. FAY

Women between the ages of 16 and 19 face many challenges deciding what career to pursue after high school, maybe choosing and paying for college or a technical training program and learning to balance personal, educational or professional goals. They are also four times as likely as the general population to be victims of rape, attempted rape or sexual Decide To End Co assault.

April is Sexual Violence Awareness Month, a time for advocates, survivors of sexual violence and their families to shine a light on this most underreported of violent crimes.

According to the annual National Crime Victim Survey published by the US Department of Justice, only 39% of rapes and sexual assaults were reported in 2003. Based on national rates of arrest, prosecution and sentencing, the national advocacy group RAINN estimates that only 16% of rapists whose victims report the assault will spend time in prison. Factoring in the high rate of unreported rapes, roughly 1 in every 16 rapists will see the inside of a jail cell.

Young women are particularly at risk. In the overwhelming majority of first rapes, the victim under 25 years old. Developmentally disabled people face an even more troubling likelihood of victimization: a study in 1991 found that as many as 83% of disabled women and 32% of disabled men are victims of sexual assault.

Rape and sexual assault are thought of as "gendered" crimes, with roughly 9 out of 10 victims being women. Regardless of the gender of the victim, perpetrators are male 99% of the time. "In order to end this violence we need to shift the focus - to the perpetra-

tors of this crime and to preven-

tion," says Zoë Gascon, domes-

tic/sexual violence program coor-

dinator at Umbrella in St.

Johnsbury. "We need men to take

a leading role in challenging the

beliefs and attitudes that support a

organization dedicated to doing

just that. The Washington, DC

based non-profit mobilizes young

Men Can Stop Rape is one

culture of sexual violence."

aspects of traditional masculinity and to view women and girls as allies in fostering healthy relation-

Trainers from Men Can Stop Rape traveled to Fairlee, VT in January to help Vermont advocates and youth workers develop ways to engage men in what is generally considered a women's issue. Umbrella has issued an invitation for "A Gathering of Men Against Violence" on April 25 at 6:00 p.m. at the organization's office in St. Johnsbury as a way to begin this conversation.

> Umbrella's Domestic/Sexual Violence Program also wants to step up its efforts to reach male victims of sexual violence, including adult victims of childhood sexual abuse. The program is working with the statewide Sexual Assault Nurse Examiner (SANE) program coordinator and staff at Northeastern

Vermont Regional Hospital (NVRH) to establish SANE services for all adult rape victims in

Currently, rape exams are performed by nurse practitioners in the Women's Wellness practice at NVRH whose expertise is in responding to women's health issues. Male sexual assault victims are referred to either North Country Hospital in Newport or Copley Hospital in Morrisville, both of which have SANE nurses on staff.

tims. "I am very pleased that services will be available to all victims and applaud NVRH's response to this situation," said Christine Morrison, a domestic and sexual violence advocate at Umbrella who also serves on the statewide Sexual Violence Task

Force.

Any victims of sexual violence may call Umbrella's office or the hotline for confidential support, advocacy and resources as they cope with their victimization. Support groups are also formed based on the needs expressed by people who seek services at Umbrella.

After a planned SANE train-

ing takes place this spring, NVRH

will be prepared to respond to

both male and female rape vic-

Friends, family members and partners can also help in the healing process and work for a change in how sexual violence is tolerated by our culture. How can one person make a difference? If someone tells you that they have been raped, believe them. Tell them that you care and will be there for

Remember that no one ever asks to be raped. No matter what

the circumstances tell them it is not their fault and that you are sorry this happened.

Get information for the survivor, but let them make their own decisions. It is OK not to agree with a decision a survivor makes, but respect their right to make that decision.

Let the survivor tell you what they want to tell you, in their own time - don't ask for additional information. Respect their privacy and confidentiality-don't tell anyone.

Don't forget about yourself. Being a support person is difficult. Call your local Domestic and Sexual Violence agency. You can seek support without revealing your name or the name of the sur-

Participate in awareness events. Get involved - become a volunteer. For details on events during the month of April or in an emergency call (802) 748-8645 during office hour r (802) 748-8141 after hours.

Michelle B. Fay is executive director of Umbrella in St. Johnsbury.

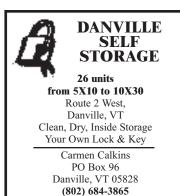
### College Night at Lyndon State College

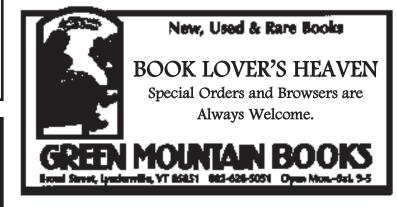
Lyndon Institute, Lyndon State College, the Upward Bound Program and St. Johnsbury Academy are sponsoring the annual Northeast Kingdom College Night on Monday, April 4, from 6:30-

College night is a means to showcase colleges and universities from across the country primarily for high school students but for anyone interested. The program is open free of charge to the public and will be held in Stannard Gymnasium on the campus of the College. Over 100 colleges and universities will be represented. Visiting admissions officials will address concerns surrounding college acceptances as they pertain to their own institutions.

Issues such as application procedures, the use of the SAT, financial aid and curriculum, facilities and campus life will be discussed. College bound juniors and their parents are particularly encouraged to attend. A wide variety of higher educational institutions will be represented including colleges and universities offering liberal arts, as well as technical and business oriented curricula.







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# Going for Sawdust

**BRUCE HOYT** 

We gathered at the home of a friend to celebrate the end of winter. The old house - an original structure of the once Victorian town - glowed within from lamps and candles, casting a warm light on brocade walls, paisley throws and the faces of the group. I enjoyed the ambiance awhile but sought out an old friend of mine. He and I always had interesting conversations, but this night I wanted to tell him about the disaster the weather had wrought upon my pasture fence, built the previous summer.

Heavy snows in December, followed by January ice storm, followed by snow upon snow after that, stacked up trouble for my fence. It only needed the spring thaw to bring the fence down, barbwire and all.

I was a pretend farmer, raising a couple of beef critters and a summer pig, while relying on a job in town for my livelihood. My friend, on the other hand, is a real

farmer with a large dairy herd. He would understand my distress and give more sympathy than my friends from town.

We found each other by the bourbon and mixes on the kitchen counter, and, after a "What'll you have?" and a "How was your day?" he reeled out a story about going for sawdust earlier in the

The sideboards were already on his truck, so about mid-day he set out. He had seen that Galleon Hill was dry enough, and he surmised that the drive over to McIndoes would be equally fair. Unfortunately, large portions of the road lay in shaded cuts where mud season was in full progress. Second gear and dual wheels carried him through, but he determined to bring his load home by another route.

At Woodsville, he discovered that the saws and blower were down and the funnel hopper was empty. He knew he would have to go on to Newbury and load by hand. He rued his decision to leave his two strong boys at home.

At the Newbury mill, recent digging had eroded a gap in the pile just big enough to let one truck back in. "When I got out and looked at that wall behind the truck," he said, "I could see, in the layers of sawdust and snow, the history of the mill activity and the weather for the whole winter. Anyway, I was about half loaded when another truck pulled up and a young farmer - late 20s or so got out and helped me finish my load. The courtesy is to turnabout, and so you see we both kept shoveling and had time to talk.

"We told about our respective farms: how many milking head, who we were shipping to, and so on. He said he was working his father's farm, and I casually asked what the arrangements were. Was he getting a salary? Was he getting a percentage of the milk check? He said he was working for promised equity in the farm.

"To me, farming is a business, and this didn't sound like good business. I should have let it go at that, but I probed a little further and asked if he had a written agreement."

"No," he said.

"By that time a whole torrent of business anxiety was rushing into my head, and I asked if he had any brothers or sisters. He pondered the intention of that question a bit before answering. 'Yes,' he said, 'but they would never contest my right to the farm.'

"I got right into it then and tried to explain the advantages the necessity - of a written con-

"The more I talked, the quieter he became. I tried to clarify my position. Then I tried to undo the perceived offense, but the more I talked, the more tight-lipped he became. The more agitated he became, the more I stumbled over my words. You know how long it has taken me to be able to say 'Bennington, Brattleboro, Banana Belt' without stuttering, but it was all out the window. Finally I gave up, and we shoveled in silence.

"When it was done (it seemed like hours later) he heaved his shovel up onto the load and turned to me and growled, 'I think if I went over to your farm, I could find something wrong with it.'

"He climbed up into his cab and drove off without even covering his load.

"On the way home I went by way of Groton and South Peacham. A light sprinkling of the sawdust marked the path of the other truck until a wide crescent in the road showed where he turned off into the stony uplands of West

"When I came up the road to home I could see the lights in the barn, and I knew the boys had started chores. Good boys! They were almost done with the milking so I showered up, and the wife and I came up here to the party, pretty much on time.

A light sprinkling of the sawdust marked the path of the other truck until a wide crescent in the road showed where he turned off into the stony uplands of West Ryegate.

"You know," he said, "we must have made a comical sight up there on top of the pile with our silhouettes against the sky; he, in stony silence, jabbing his shovel into the pile like a highland warrior swinging a claymore and I, gesturing and stammering and struggling to present my advice as friendly concern rather than arrogant judgment. But to me it wasn't funny. I like to be known for who I am and, I suppose that young farmer does, too. We both lost out today."

"Maybe," I said. "But everyone here knows who you are, and I haven't heard any complaints." He knew it was a compliment.

I looked at our empty glasses and said, "Can I fix you another?" I never did tell him about my

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It must be tempting at times to think "We don't want to go out on this miserable day. Those folks in Upper Tampico can manage until tomorrow with what they've got!" But no ... our smooth-packed

road is remarkable and well-tended. Our power rarely goes off, and if it does, it is quickly restored. Our postman's slog through all conditions may cause him to get here later some days, but get here he does, and he brightens our day with newspapers and word from friends and family.

These good folk aren't getting rich by providing us services, but they grin cheerfully when they stamp snow off their feet as they come in to greet us, and we know we matter to them. They are glad to be our providers and our

It is a joy to be able to live where we have chosen to be all

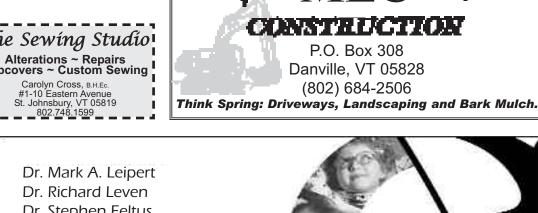
these years, but we couldn't do it without all these supporters. This becomes even clearer as we get older! We cannot say enough in appreciation of these folk who are so important in our lives.

So, fuel suppliers, linesman and tree-trimmers, mail and package deliverers, trash removers, road crews - all of you, just remember that what you do means a great deal to us out here, and it's not taken for granted. Thanks!

> Back road dwellers, Bets and Peter Albright

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### Walden Hill Journal

ELLEN GOLD

April 1, 2004 Starting the month of April with 40°, overcast skies and rain. The "golden" fields are still half covered with snow. Melt-off continues with water snaking through our vernal stream and the reemerging frog pond overflowing with a thin film of ice at the edge. Osiers are beginning to stand out with their deep burgundy branches. I've taken the bird feeder down for now to discourage the squirrels that appear to be multiplying. I'll put up a cheaper replacement when we return from our travels. We don't want our new Droll Yankee feeder to be demolished by another hungry bear.

April 3, 2004 Sometime overnight those April showers turned to snow. At least the accumulation was minimal. A little spring snow is supposed to be good for sugaring and will at least help to extend the season. I guess they are finished boiling in the southern part of the state but could use more sugaring time up here. Meanwhile, with spring melt-off and several days of rain, the rivers are rising. The Winooski is roiling and boiling, heading towards Lake Champlain in a torrent of white caps. I took a leisurely walk along Kittredge Road to imprint the beauty of the northern forest on my senses before heading off on our Paris adventure. My sight, hearing and smell have been charged with the help of mini-cascades, rapid streams, trilling robins, dainty pussy willows and the fragrance of the awakening earth.

April 16, 2004 A very cheery welcome home to what the weatherman calls "wall-to-wall sunshine." There's an absolutely clear view of all the mountains. We were treated to an aerial view of a vibrant sunset over Lake Champlain flying into Burlington last evening. I guess that's the benefit of being delayed with our connecting flight. At least it wasn't the running panic we had in DC connecting to our Paris flight 12 days ago. We boarded as the gate was closing. A few trip highlights from April in Paris include green grass, flowering fruit trees, tulips and poppies in bloom, fresh planted colorful annuals and chestnut trees in full leaf. We saw many fantastic museums especially the Musee D'Orsay and the Instrument Musical new Museum. We were treated to a scenic drive along the Rhine and Moselle Rivers with family in Germany, seeing the ancient vineyards planted along steep mountain terraces. Our arrival coincided with the beginning of the white asparagus season, and we feasted on some fresh picked sweet morsels, steamed and buttered. In Bonn we had a moving visit to the house where Beethoven was born. Patiserie offerings included "religieaux," a chocolate tiered eclair with "mocha creme" inside and a chocolate crepe topped with orange marmalade served flambé with Grand Marnier.

April 18, 2004 6:30 a.m. and the sun is just cresting the trees by the lower drive. There's been lots of thawing since we left. Frost is out of the road, and Walden Hill was recently graded offering a smooth ride home. We've been enjoying some balmy 50° weather. Rain kept us in yesterday, but hopefully today we can get outside and start raking the gravel and stones away from our young maple trees. A few days of sunshine and I should be able to turn the garden. Planted tomato seeds yesterday. That's a couple of weeks later than usual so it'll be interesting to see how they fare. Evening thunderstorms are rumbling through. This is the first time I can remember lightning with snow still on the ground.

April 20, 2004 Had a brief taste of summer yesterday. It climbed well into the 60's up here, 70's in St. Jay and 80's in some parts of the state. Now we're back to a morning temperature of 40° with light precipitation that looks slightly textured to me. Crocuses are blooming in Danville, and redwing blackbirds are calling. Even had a peeper chorus serenade last night as I took an evening walk through the woods.

April 21, 2004 Cloudy and blustery today, back to winter. We even have the woodstove on for much needed warmth. Our brief fling with spring has brought up marsh marigold leaves and hellebore shoots. One lone yellow vio-

let is blooming on our woodland trail. Trout lilies are sending their mottled green leaves up through the leaf litter. Seed potatoes arrived today. They're in the basement to stay cool and dark for temporary storage.

April 22, 2004 Bluebirds arrived and are checking the accommodations. What a sight for winter-weary eyes that little orange breasted bluebird is, a real treat on this cloudy day. Unfortunately a swallow appeared, too, and is trying to discourage the bluebirds from settling here. It looks like swallows have already claimed the other birdhouse out back. It finally cleared for a beautiful star night. A setting crescent moon is lying on its back, looking up at a very bright planet. Our computer star chart shows that both Mars and Saturn should be visible in line with the moon, but all I see is one nearby planet. My guess, because of its location, would be Mars.

April 23, 2004 Took a scenic ride to Cabot Greenhouse to pick up some Moo Doo. I always forget what a beautiful drive that is from Cabot Heights down into town, distant views of Camel's Hump and Mount Mansfield with greening fields punctuating the hills. We picked up 6 bags of Moo Doo and raked them into the garden. Slowly but surely we're working our way into spring. A narrow band of cottony clouds at the tops of the mountains makes the peaks appear snow-covered. The directional light of the setting sun emphasizes the effect. Ridges are picking up that rusty spring color while osiers radiate a bright deep maroon. Vermont's "other"

foliage season is beginning to

April 24, 2004 It's been a weird weather day. High winds kept the thick, multi-layered clouds tumbling through while rain, hail and snow with sunshine spotted the valleys here and there. We drove to Bradford to deliver an order of Jeff's Vermont cards to a new store there. We returned to Danville via Joe's Brook Road. The brook is a raging torrent, white caps and swirling eddies abound. It felt like a fall day with leaves bouncing along Walden Hill Road. Only the fresh spots of spring red from the swamp maples put the bare woods into their proper season. It's cold again tonight. We need the wood stove to take out the chill as the thermometer drops down into the 20s.

April 27, 2004 Planted snow peas. It's a little earlier than usual, but the garden is ready and the waxing moon is a good phase for legumes. Soil feels warm and smells like spring. A small garter snake was sunning itself on the trail. I sat briefly on our resting stumps in the lower woods under the tall balsams. A wonderful smell of resin permeated the air.

April 28, 2004 A little bit of poor man's fertilizer whitens the field this morning. More snow falling but mostly melting as it hits the ground. The sun is trying to break through, but drifting cloud layers continue to block the effort. White blossoms punctuate the shad branches but remain closed. A huge orange bumble bee was in the grass near the garden yesterday, ready to help pollinate once the flowers open. It's a cold, cautious spring.

April 29, 2004 It's in the 60's today. That's a much more encouraging way to end April. I took a walk up the logging road. A moose had been up the road ahead of me heading off into the wetlands. Beautiful extended evening light closes the day with temperatures remaining in the 50's. Peeper choruses were singing full blast, pulsating their high, frantic shrill from pond to pond. It was a bouncing stereophonic spring chorus as we came up the hill.

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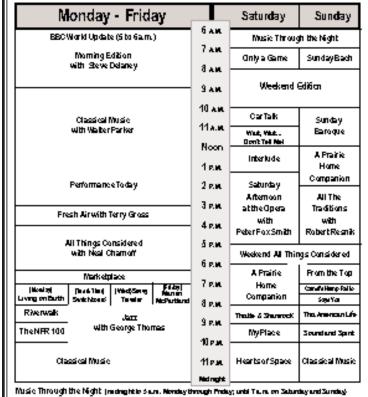
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Saturday Afternoon at the Opera airs Saturdays at 12:14 p.m.

April 2: Der Rosenkavalier (Richard Strauss)

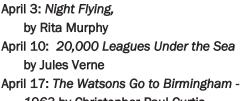
April 9: Tosca (Giacomo Puccini)

April 16: Die Zauberflöte (Wolfgang Amadeus Mozart)

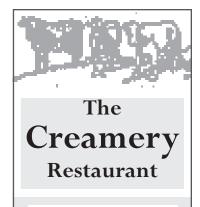
April 23: Die Walküre (Richard Wagner)

April 30: Faust (Charles Gounod)

Camel's Hump Radio airs Sundays at 7:00 p.m. April 3: Night Flying,



1963 by Christopher Paul Curtis
April 24: Hoot by Carl Hiaasen



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# Vermont Arts Council Turns 40

IRWIN GELBER

As part of its 40th Anniversary Celebration Year, the Vermont Arts Council is presenting the works of 27 of the state's most distinguished visual artists, whose work offers a unique perspective on the strength and diversity of the visual arts in Vermont. Since its founding in 1964, the Arts Council has recognized achievement in the arts by presenting annual awards. This exhibition pays tribute, once again, to those visual artists who are recipients of these awards. Their works include a broad sampling of artistic styles, techniques and media.

Among the artists featured in the show are honored members of the Northeast Kingdom "neighborhood." Ceramicist Karen Kames from Morgan is represented by both functional and abstract works in stoneware; Partners Jonathan Gregg and Louis von Weise, who founded the world-renowned Studio Center in Johnson, offer an impressionist drawing titled Guardian and a whimsical monoprint called We Fools; perennial iconoclast and global activist Peter Schumann. founder of the Bread & Puppet Theater in Glover has contributed one of his handprinted, handpainted cloth banners with the timely title of Insurrection Circus; Founder of Janus Press and MacArthur Foundation Fellowship recipient Claire Van Vliet, who makes her home in Newark, shows two of her more recent colored "pulp" paintings titled Clouds and Blowing Snow; and from just down the road in Plainfield, Mary Azarian offers a wry selfportrait At Sixty in her unique style of woodcut prints.

Other artists who are included in "Art of Achievement" run the gamut from early giants of

the international art world such as Luigi Lucioni, Rockwell Kent and Francis Colburn to contemporary favorites like Wolf Kahn, Sabra Field and Malcolm Wright. The exhibition also includes works of sculptor Jim Sardonis (of the I-89 Whales' Tails fame); innovative urban planner and landscape architect Michael Singer; designer of wearable art Susan Farrow; book artist Linda Rubinstein; and creative community development entrepreneur (as well as colorful abstract painter) Robert McBride.

Looking back over 40 years to 1964, the art scene in Vermont was a far cry from the vibrant one we enjoy today. Then, creative refugees from Boston and New York were just beginning to find their way to the vacant farmhouses and abandoned mills of our towns and villages. These included painters, sculptors, writers, musicians, filmmakers, multi-media artists and others.

At that time, the idea of a National Endowment for the Arts and the concept of federal and

state governments providing funding for the arts was an exciting but radical notion that was just being launched. Not since the days of the Works Progress Administration, created to provide jobs, and economic relief, for artists during the Great Depression, had there been serious government support for the

Following the creation of the National Endowment for the Arts in 1965, a group of visionary Vermonters, including Governor Phil Hoff and Franklin (Bill) and Polly Billings founded the Vermont Arts Council with an eye toward the new opportunities that were emerging to encourage the development of the state's cultural community.

In the spring of that year, unique legislation was passed that made the Vermont Arts Council the only state arts council that was (and is to this day) an independent, not-for-profit, membership organization. Its mission: to serve the arts community of Vermont.

Art of Achievement is showing through April 17, 2005 at the T.N. Wood Gallery at Vermont College in Montpelier, (802) 828-8743: Tuesday - Sunday, Noon - 4:00 p.m.

From April 20 - May 19, 2005 the exhibit will be at the Phoenix Gallery in Burlington, (802) 863-9400: Wednesday and Thursday, 11:00 a.m. - 6:00 p.m.; Friday and Saturday, Noon - 7:00 p.m.; and Sunday 1:00 -5:00 p.m.

From June 11 - July 30, 2005 Art of Achievement will be at the Bennington Center for Arts, (802) 442-7158: Tuesday - Sunday, 4:00 - 6:00 p.m.

At Sixty - detail Woodblock on paper by Mary Azarian

Over the past 40 years, the Council has distributed more than \$15 million in grants to arts organizations and schools, visual artists, writers, choreographers, composers, musicians and actors. The Council requires that all grant funds be matched dollar for dollar, thereby leveraging local support. A rigorous peer review process that stresses artistic quality provides a stamp of credibility that has given an early boost to many careers and fledgling organizations.

As the Vermont Arts Council has served our community for 40 years, Vermonters, through support of its membership, have understood the value the arts bring to the special quality of life that we enjoy.

This extraordinary exhibit is a testimony to our enrichment and joy from the visual arts, and to the talents of the artists among us. As a member of the Vermont Arts Council I look forward to

the next 40 years.

Irwin Gelber is chair of the board of trustees of the Vermont Arts Council. He lives in West Barnet.

### Artists included in "Art of Achievement" Exhibition

Pat Adams, Paul Aschenbach Mary Azarian, Judith Brown, Francis Colburn, D'Ann Calhoun Fago, Susan Farrow, Sabra Field, Frank C. Gaylord II, Jonathan Gregg, Francis R. Hewitt, Wolf Kahn, Margaret Lampe Kannenstine, Karen Karnes, Rockwell Kent, Luigi Lucioni, Robert McBride, Kate Pond, Linda Rubinstein, Jim Sardonis, Peter Schumann, Michael Singer, George Tooker Claire Van Vliet, Louise von Weise and Malcolm Wright.

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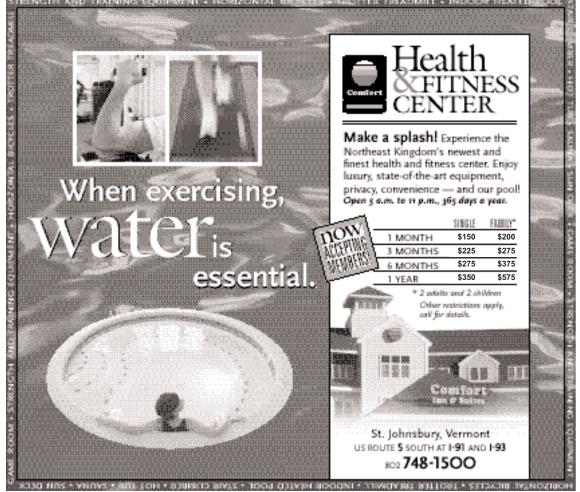
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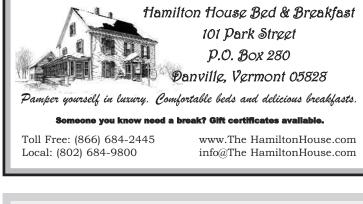


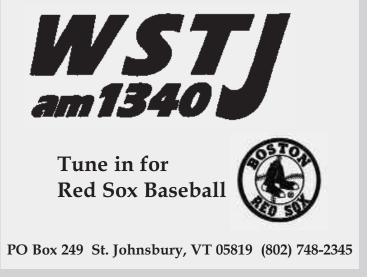




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### No Small Potatoes

Vanna Guldenschuh

pril is a month of hope for April is a month of nept 1. Cooks in the northeast. Fresh and homegrown is just around the corner along with those edible perennials - mint, rhubarb and that treat of all spring treats, asparagus. And, even if you aren't plucking that asparagus from its winter rest just yet, you can be plotting your kitchen strategy for this gourmet spring gift from the earth.

### Asparagus

Simplicity is the key word in the preparation of asparagus and the less you do to it the better. The most important rule is not to overcook this fragile vegetable.

To ready asparagus for any cooking method, snap off the ends where they want to break naturally rather than cutting them. This will always yield a tender product.

Water cooking: Put one inch of water in a non-reactive frying pan. Heat to boiling, and place prepared asparagus in the water. The amount of cooking time will depend on the size of the asparagus. As soon as it shows the least tenderness, drain the hot water, and rinse with a little cold water to stop the cooking. Drain.

Two of my favorite recipes for water cooked asparagus:

I. Drizzle extra virgin olive oil over the asparagus and shake a good amount of salt over all.

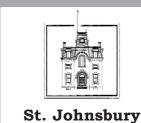
Toss and serve at room temperature as a side dish.

II. Heat butter, the juice from one half-lemon and chopped flat parsley in a frying pan. Add the asparagus and heat. Serve immediately.

### Asparagus Chowder

This soup will make any asparagus lover weak at the knees. It provides a wonderful meal served with a good loaf of French bread and a salad.

- 2 or 3 medium onions chopped
- 1 bunch scallion chopped 6 to 8 potatoes - peeled and sliced
- 2 or 3 store size bunches asparagus - ends snapped and sliced into small pieces with the tips reserved
- 4 quarts rich chicken stock (tinned stock is fine)



### Athenaeum

Mon. & Wed. 10 a.m - 8 p.m. Tues., Thurs. & Fri. 10 a.m. - 5:30 p.m. Sat.

9:30 a.m. - 4 p.m.

# NºRTHEAST KINGDºM ARTISANS · U · l · L · D Works in clay, fiber, glass, wood and netal. Handwade candles. Paintings and prints. Your search for the perfect gift starts here.

2 cups heavy cream 4 tablespoons butter 1/2 cup Parsley - chopped

Salt and Pepper to taste

### Asparagus Quiche

Sauté the onions in the butter until soft. Add the chopped asparagus minus the tips (Cut them off and save for adding at the end). Cook for about 5 minutes. Add the chicken stock and potatoes. Let come to boil and then simmer for about 20 minutes or until the potatoes are tender. Add the parsley and salt and pepper to taste. Stir and add the heavy cream. Bring the soup to almost boiling and turn off. Put in the asparagus tips a few minutes before you are ready to serve the hot soup.

A classic dish this time of year. Great as a luncheon dish or served with a slice of sautéed ham for dinner. It also freezes well after cooking. The secret to a crispy crust under your quiche is to prebake the shell whether you use a store bought or homemade crust. This recipe makes one 9-inch shell. It will easily

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3 eggs

1/2 cup cream Salt and pepper to taste Pinch of nutmeg 1 onion - chopped 3 scallions - chopped 10 asparagus stalks water cooked and cooled 2 tablespoons of parsley 1/2 cup grated cheese (cheddar, swiss or your favorite) One precooked pie crust

Prebake your piecrust. Use your own favorite recipe or a store bought variety. When you prebake a piecrust you will need to brace the sides. Do this by lining a fork-pricked crust with aluminum foil and filling it with rice beans or pellets made for this purpose. Cook at 375° for about 10 minutes. Take out and remove the lining. Bake another 5 minutes without the lining. Let cool. You may freeze piecrust at this stage to keep ready for a delicious easy meal at a moment's

Preheat the oven to 350°.

Beat eggs, cream, salt, pepper and nutmeg together. Set aside. Sauté the onions and scallions together till just wilted and set aside. Chop 6 of the asparagus stalks into fairly small pieces and mix with the scallions and onions. Lay this in the bottom of the crust. Mix the parsley into the egg mixture and stir vigorously to combine completely. Pour into the crust on top of the vegetables. Sprinkle the grated cheese on top and place the remaining 4 asparagus stalks in a spoke pattern on top of the quiche. Place in the oven and cook for 30 minutes or until set. Let stand about 10 minutes and then cut and serve.



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### St. Johnsbury Academy **Spring 2005 Sports Schedule**

В	aseball & S	oftk	oall
4/14	South Burlington	Н	4:00
4/23	Spaulding (NL)	Α	11:00
4/26	Rice	Α	4:00
4/28	Essex	Н	4:00
4/30	Colchester	Н	11:00
5/3	BFA	Α	4:30
5/5	Milton	Α	4:30
5/10	Spaulding	Н	4:30
5/12	CVU	Н	4:30
5/14	Burlington	Α	11:00
5/17	North Country	Α	4:30
5/19	Harwood	Н	4:30
5/21	Middlebury	Α	11:00
5/24	Mt. Mansfield	Α	4:30
5/26	Mt. Abe	Н	4:30
5/28	Missisquoi	Н	11:00
All JV	Games at Opposite Sit	e	

All JV	All JV Games at Opposite Site				
	GOLF				
4/25	Spaulding, Mt. Mansfield, CVU	Н	3:00		
4/28	SBHS, MAU, MHS @ Essex	Α	3:00		
5/2	NCU, MHS, SBHS @ West Bolton	Α	3:00		
5/6	ESS, CHS, VUHS @ Basin Harbor	Α	3:00		
5/13	Boys' Invitational - NCU  @ Newport	Α	8:00		
5/16	Girls' Invitational - NCU  @ Newport	Α	1:00		
5/16 5/19	BFA, Rice, NCU MMU, VUHS, MVU	Н	3:00		
5/24	@ Champlain SBHS, CHS, MAU	Α	3:00		
6/1	@ Kwiniaska Division 1 North	Α	3:00		
6/2	@ Newport Girls' Tournament -	Α	1:00		
6/7	<u>Harwood</u> @ Sugarbush States - Girls	Α	1:00		
	@ Proctor	Α	TBA		

	Boys' Lacros	SS	е
4/12	Rice* (NL)	Α	4:00
4/16	Burlington* (NL)	Н	11:00
4/22	Spaulding* (NL)	Α	4:00
4/26	U-32*	Н	4:00
4/29	Montpelier	Н	4:00
5/3	Harwood	Н	4:00
5/5	Randolph	Α	4:00
5/7	Rice*	Н	11:00
5/11	Burlington*	Α	4:00
5/14	Harwood*	Α	11:00
5/17	Lamoille	Н	4:00
5/17	JV Danville*	Н	5:30
5/20	U-32*	Α	4:00
5/21	JV Tournament @ Essex	Α	9-2
5/25	Montpelier	Α	4:00
5/28	Randolph	Н	11:00
5/28	JV Danville*	Н	12:30
* All JV Games Follow Varsity Games			

A TBA

States - Boys @ Middlebury

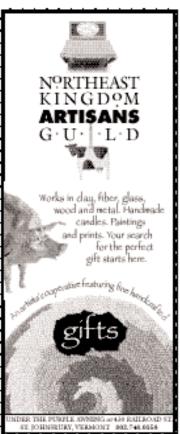
### Go Hilltoppers!

### Girls' Tennis U-32 (NL) 3:30 North Country (NL) Lake Region (NL) Montpelier 3:30 4/30 5/2 5/5 Harwood (NL) Middlebury (NL) 10:00 3:30 3:30 Harwood 3:00 3:30 Middlebury 10:00 North Country Lake Region 3:30 3:30 Dave' Tannia

	Boys'	Iennis	
4/11	U-32	H 3:30	)
4/14	North Country	A 3:30	)
4/15	Harwood	H 3:30	)
4/26	Burlington (NL)	H 3:30	)
4/28	Montpelier	A 3:30	)
4/30	Stowe	A 10:00	)
5/2	Middlebury	H 3:30	)
5/5	Harwood	A 3:30	)
5/7	Montpelier	H 3:00	)
5/9	Stowe	H 3:30	)
5/11	Burlington (NL)	A 3:30	)
5/12	U-32	A 3:30	)
5/14	Middlebury	A 3:30	)
5/16	North Country	H 3:30	)

	TRACK		
4/14	South Burlington	Α	3:30
4/27	North Country	Α	3:30
4/29	Frosh Meet @ Lyndon	Α	3:15
5/3	Essex, Montpelier		
	Oxbow, Peoples	Н	3:30
5/6	Burlington Invitational		
	(Girls only) @ Essex	Α	3:00
5/7	Burlington Invitational		
	(Boys only) @ Essex	Α	10:00
5/11	Lamoille, MMU,		
	Spaulding	Н	3:30
5/13	Bob White Boys' Relays		
	@ BFA	Α	3:00
5/14	S. Burlington Iverson-		
	Rebel Relays (Girls only)	Α	10:00
5/18	Colchester, Winooski,		
	Essex	Α	3:30
5/20	Metro Frosh Meet		
	@ Essex	Α	3:00
5/21	Hanover Invitational	Α	10:00
5/25	Lyndon	Н	3:30
5/28	Essex Invitational	Α	10:00
6/4	State Meet @ Rutland	Α	TBA
6/11	New England's @ TBA	Α	10:00
	Girle' Lacro	6	

	Girls' Lac	ross	e
1/12	BFA (NL)*	Α	4:00
1/28	Lamoille	Α	4:00
5/2	Rice	Α	4:00
5/5	U-32*	Н	4:00
5/9	BFA*	Н	4:00
5/13	Montpelier*	Α	4:00
5/18	Chelsea	Н	4:00
5/20	Spaulding*	Α	4:00
5/23	Randolph	Н	4:00
5/25	Rice	Н	4:30
	Spaulding*		6:00
5/28	Oxbow	Α	11:00
All JV	Games Follow Varsity G	ames	



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### Ask the Shrinks

Alice S. Kitchel and Burton Zahler

Dear Shrinks,

I'm writing to protest your answer to "Torn in the North Country." In your response you two said, "Sometimes spiritual searching is an underlying and unconscious purpose for drugtaking." To me it seems clear that drug addiction is a dirty and vicious habit of mind and body; to equate it in any way with spirituality is wrong and misleading. And offensive.

Disgusted

Dear Disgusted,

While it was certainly not our intent to offend you, we welcome the opportunity to convince you that our position has some validity

There is no doubt in our and, we hope, in anyone's mind that drug addiction is a dire problem for any individual and for our culture. There are NO benefits stemming from drug addiction. However, there is a distinction between a desire and draw to take a drug ... and addiction. There are a host of possible underlying motivations leading

to a draw toward drugs; everything from social pressure to curiosity; from genetics to (our point) a yearning for spirituality.

Consider some facts: Every culture in our world knows of and uses a substance that is intoxicating with one exception, the Inuit. In every age of human history there has been drug use. How were these drugs used in the past? They were usually used by shamans, priests and even regular folks but only on special occasions. Shamans used drugs to expand their consciousness and contact wisdom only available in an altered state. Often the purpose was to cure someone's illness or make a special decision for the tribe or village. The intoxicating substance was used with great reverence and care within a specific ritual. A current example

of this is the use of peyote by the American Indian Church.

Today we have very powerful drugs that are available "on the street" with neither societal sanction nor any context of ritual. Regardless of the attraction, once drawn into the snare of addiction the opposite of spiritual and consciousness growth occurs. One is stuck and then stagnates, caught by the substance itself, without the benefit of any enlightenment.

Approaching our position from a different direction, we'd like to draw your attention to the role of spirituality in recovery programs such as AA and NA. Many addicts get strength and help from these organizations while ignoring the spiritual aspects of the programs.

The programs urge people to "take what works for them."

However, it seems to us that a large number of recovering addicts are surprised to find themselves involved and drawn to spirituality. One possible cause of this is that the original attraction to the substance was, in part, a draw to the same thing, which could finally be recognized when the substance was withdrawn.

Addiction is a tragic ill in our society. We believe it is a dangerous possibility for any of us and that it is built into our human makeup. Perhaps, with new insights and understanding we, as a culture, can find new ways of treating addiction and minimizing its devastation.

# Study Will Look at Farming in Vermont's Most Populous County

Few would argue that Chittenden County has seen a decline in agricultural over the past 20 years. The county lost 33% of its agricultural acreage and 66% of its dairy farms between 1982 and 2002. However, the total number of farms in the county has dropped by only 6% since 1982 and has actually risen by 17% since 1992.

Seemingly conflicting numbers make it difficult to determine exactly what the state of farming is in the area around Burlington and its suburbs.

For that reason, the Vermont Planners Association (VPA) and the Chittenden County Regional Planning Commission (CCRPC) in cooperation with the Vermont Agency of Agriculture are making a comprehensive study on agricultural activities in Chittenden County.

"This is an exciting project because it is the first ever look at agriculture in urban/suburban Vermont," Department of Agriculture Secretary Steve Kerr says. "We have to see what kinds of stresses and strains are being created and how to deal with them."

The study has three objectives: 1. Provide information and document trends in the current state of agriculture in Chittenden County. 2. Provide objective information and document critical issues for agricultural enterprises: what works and what doesn't? 3. Provide objective information and document local and regional policies, programs and tools that constructively address the identified critical issues for agricultural enterprises.

Information from the study will be passed on to local decision making bodies like select-boards and planning commissions to help planning efforts for their communities.

"We want to focus on what we can do in Chittenden County and Montpelier to make sure we're doing everything reasonable to support our agricultural community by working with member municipalities to create conditions favorable to agriculture in all its diverse forms," says Project Manager Greg Brown.

The research phase of the project has begun. The next phase should begin in April, when officials hope to meet with local policy makers and agricultural professionals to talk about specific agriculture issues in the county. The study should be completed in the fall.

For more information, please contact Greg Brown at the Chittenden County Regional Planning Commission at (802) 846-4490.



### **No Ordinary Books**

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May 9: 4 p.m., Don Bredes with *The Fifth Season* (suspense)

June 13: 4 p.m., Poet to be announced July 11: 4 p.m., David Budbill

with jazz poetry

August 8: 4 p.m., Wyn

Cooper with jazz poetry

AND watch for date for

mystery author

Sarah Strohmeyer!

Sarah Strohmeyer! P.S. We still have *Bentley* Farm Cookbooks

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# Lyndon Institute Spring Athletics 2005

Spring rumeties 2005			
Junior	Varsity &	Varsity Baseball	
Tues.	April 12	Scrimmage	
	_	White Mt.	3:30
Tues.	April 19	S. Royalton	4:00
Sat.	April 23	@ NČU	11:00
Tues.	April 26	@ Montpelier	4:00
Thurs.	April 28	Lamoille	4:00
Sat.	April 30	@ Vergennes (2)	11:00
Mon.	May 2	Northfield	4:30
Thurs.	May 5	@ Oxbow	4:30
Tues.	May 10	@ Randolph	4:30
Thurs.	May 12	U-32	4:30
Sat.	May 14	@ Lamoille	11:00
Tues.	May 17	Montpelier	4:30
Sat.	May 21	@ Northfield	10:30
Tues.	May 24	Oxbow	4:30
Thurs.	May 26	@ U-32	4:30

Randolph

### Junior Varsity & Varsity Softball Tues. April 12 Scrimmage

JV Games are played at opposite site on the same dates.

May 28

		White Mt.	3:30	
Tues.	April 15	@ Hartford	4:00	
Sat.	April 23	@ NCU	11:00	
Tues.	April 26	@ Montpelier	4:00	
Thurs.	April 28	Lamoille	4:00	
Sat.	April 30	@ Vergennes (2)	11:00	
Mon.	May 2	Northfield	4:30	
Thurs.	May 5	@ Oxbow	4:30	
Tues.	May 10	@ Randolph	4:30	
Thurs.	May 12	U-32	4:30	
Sat.	May 14	@ Lamoille	11:00	
Tues.	May 17	Montpelier	4:30	
Sat.	May 21	@ Northfield	11:00	
Tues.	May 24	Oxbow	4:30	
Thurs.	May 26	@ U-32	4:30	
Sat.	May 28	Randolph	11:00	
JV Games are played at opposite site on the same dates.				

	& Field	at opposite site on the same t	линеъ.
Thurs.	April 14	@ U-32	3:15
Tues.	April 19	@ Colchester	
	1	Vacation Invite.	10:00
Wed.	April 27	@ Montpelier	3:15
Fri.	April 29	LI Frosh Meet	3:15
Tues.	May 3	LI Home Meet	3:15
Fri.	May 6	Girls' Burlington	
	,	Invite. @ Essex	3:00
Sat.	May 7	Boys' Burlington	
	J	Invite. @ Essex	10:00
Wed.	May 11	@ Milton	3:15
Mon.	May 16	LI Home Meet	3:15
Wed.	May 25	@ St. Johnsbury	3:15
Fri.	May 27	@ U-32	
		Frosh/Soph Meet	3:30
Sat.	May 28	@ Essex Invitaitonal	3:15
Sat.	June 4	@ U-32 State Meet	10:00
Sat.	June 11	New Englands	TBA
Golf		_	
Mon.	April 25	@ Northfield	
Wed.	April 27	@ Richford	
Mon.	May 2	@ Richford	
Wed.	May 4	@ Lake Region	
Mon.	May 9	@ Lyndon	
Wed.	May 11	@ Lake Region	
Mon.	May 16	@ Enosburgh	
Wed.	Mav18	Lyndon	

@ Oxbow (Lake Morey)

Boys' Sectional @ Orleans

Boys' State @ Middlebury

@ Lake Region

Girls' State @ Protor

Mon.

Tues.

Tues.

Wed.

Fri.

May 23

May 25

May 31

June 7

June 8

9 Hole Matches Start @ 3:00



# The Sugar Train Rolled across America Spreading the Word That Vermont Had Recovered from the Great Flood

HARRIET F. FISHER

Do you know what the four most outstanding products from Vermont were 75 and more years ago? According to poet John G. Saxe, they were men, women, maple sugar and horses. Saxe wrote, "The first are strong, the last are fleet, while the second and third are very sweet, and all are exceedingly hard to beat."

A special train left Montpelier on the evening of April 8, 1929 for the purpose of promoting Vermont. A bold banner along the 60 foot length of one car said, "St. Johnsbury, the Maple Sugar Center of the World." Organized by the Vermont Special Railway, the train, headed by Governor John E. Weeks, began a trip across the country. The purpose of the train was to promote

Vermont resources and its manufactured products.

The cars with their exhibits had been prepared at various places in Vermont. The St. Johnsbury Chamber of Commerce, Lyndonville Board of Trade and many other Vermont organizations, businesses and companies were represented.

Though there had been two or three Vermont Specials before, it is the 1929 Vermont Special Train about which I have the most information. Years ago Elizabeth Walter Nelson gave me a folder with clippings and brochures about the 1929 trip in particular because her father, Charles T. Walter of Lyndon, editor of the *St. Johnsbury Republican*, was aboard that train as correspondent for the *Caledonian*.

With a banquet at the Pavilion Hotel 200 passengers were given a rousing send-off by the city of Montpelier on the evening of April 8, 1929. When the Vermont Special, also known as the "Sugar Train" or "Sugar Special" left Montpelier that night, it was carrying every known natural and manufactured product from the state. But no matter how many different products the train carried, maple products made up about two-thirds of the exhibits from St. Johnsbury.

"The exhibits were placed closely along each wall," wrote Walter, "leaving a fairly broad aisle in the center from end to end of the St. Johnsbury car." On the walls "were a most alluring collection of large photographs, including Lyndon Institute, St. Johnsbury business blocks and many taken on the Sprague Farm in North Danville showing maple sugar woods at sugaring time and all the interesting activities."

A bold banner along the 60-foot length of one car said, "St. Johnsbury, the Maple Sugar Center of the World."

Maple syrup, sugar cakes and confections were desirable gifts for making presentations on the trip to mayors, governors, even to the United States President. The Cary Maple Sugar Company had a large display of products, but represented as well were Katherine Ide Gray's Maple



Map Courtesy of Harriet F. Fisher

On April 8, 1929 the Vermont Special rolled out of Montpelier on a 4,400 mile campaign to promote Vermont. Two hundred passengers with their exhibits and gift samples set out to assure the country that Vermont had recovered from the great flood of 1927.

Grove candies, which were made in the former Fairbanks house (now the Elks' home) on Western Avenue; and Elisabeth Chase's confections from her Lyndon

Maple Candies "home factory." Though the exhibits were from all over the state, hundreds of products represented our area. Among them were croquet sets from Roy Brothers, Barnet; scales from Fairbanks (one a "white enamel bathroom weighing machine"); Lyndonville's Wetherbee Novelty Wood-working hand-painted spinning tops like the ones they had recently shipped to Cape Town, South Africa; and cheese and dairy products from the Darling Farms in East Burke or the Speedwell Lyndonville Creamery. There were veterinary medicines from Our Husbands' Manufacturing;

St. Johnsbury Crackers from the Cross Company; paper bags from Gilman Paper company; Beecher Falls furniture; hardwood products from Hand-Split Handle company; fiber furniture from Brighton Furniture, Island Pond; and a sportsman exhibit from Quimby Camps in Averill.

It is interesting to note that in some of the same Caledonians, which reported the Special Train's progress from day to day, there were reports of the construction of the new building on Portland Street for the Cary Maple Sugar Company. That is the Maple Grove factory as we know it today. Copies of the Caledonian were airmailed to rail stations on the itinerary so passengers could keep connections their home As correspondent, Walter wired back to St. Johnsbury, "Papers by air-mail a great hit. Much appreciated."

The official physician on the train was Dr. P.C. Templeton of Irasburg. Walter later mentioned, "He has nothing to do." The official stenographer was Miss Ruth Twohey, secretary of the Vermont Chamber of Commerce. She probably had plenty to do.

### WESTERN AVENUE STATION

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(3) A community member volunteering directly at Danville School.

(4) A community member who exemplifies those qualities

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Send nominations, including explanation, by May 15, 2005 to:

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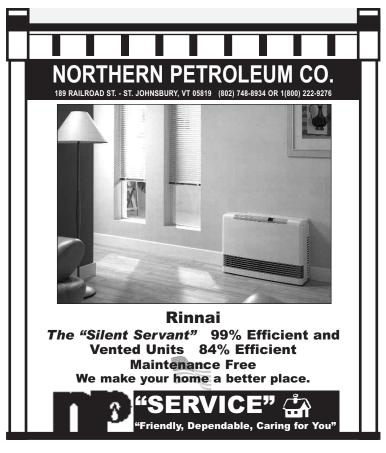
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The official photographer was Harry W. Richardson of Newport. He had a darkroom rigged up in one car.

Among the Vermont boosters and celebrants there were mayors, bankers and postal clerks. There were farmers, builders and Vermont's own Governor Weeks. There were newspaper editors, sheriffs, granite workers and civil servants.

There were no whistle stops for this train. The stops were all in major cities where the traveling Vermonters met many people and had a chance to do some sightseeing.

As the train rolled into Washington, D.C., the Vermont ambassadors received this word,

"Be at the White House executive suite at noon to go in a body to meet the president." Vermont Governor John E. Weeks was first to meet President Herbert Hoover, then all Vermonters had a chance to greet and shake hands with the president. He said he recalled distinctly his visit to the state of Vermont in the fall of 1927, (Herbert Hoover was U.S. Secretary of Commerce at the time), and that he rejoiced in the recovery made by Vermont from the disastrous 1927 flood, as indicated by the tour then being made.

Governor Weeks said that in recovering from the devastation of the flood, Vermont was materially aided in the work by the

share contributed by the federal government, and one of the purposes of the Vermont Special was to go to as many states as possible and tell of Vermont's gratitude for the assistance in its time of need, as well as to invite everyone to visit Vermont.

Apparently the president even kept some other visitors waiting while he posed for photographs the Special Train Vermonters. The next morning President Hoover enjoyed maple syrup on his pancakes.

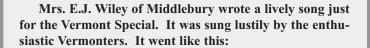
Some of Charles Walter's articles appeared in the "Let's Talk It Over" column of the Caledonian. In one he wrote about the Vermont delegation in Raleigh, NC, which tasted the first strawberries of the season. After a pleasant "march" through historic Georgia, Walter added, "The Vermont tourists took Atlanta without a struggle." In all the places visited, the Vermonters were treated with enthusiasm and many boarded the train to look over the Vermont exhibits.

The route of the train went south through Vermont to Springfield, Hartford, New York, Philadelphia, Richmond and Raleigh to then west Atlanta. Birmingham, Memphis and Little Rock to Oklahoma City, and north to Omaha. Swinging back east the train passed through Chicago, Toronto and Montreal and finally, just before midnight on April 19, stopped in Burlington - a total distance of 4,400 miles.

Walter wrote that the benefit of the excursion could not be measured with a yardstick. The benefits included shaking hands and exchanging felicitations and doing no small amount of mutual bragging. In going out to advertise the attractions of Vermont, "We were surprised when we got back to Vermont to discover that in the process of selling Vermont to outlanders, we had also been selling Vermont to Vermonters







Vermont! Vermont! Yes, that's the state we hail from, The great Green Mountain State. Of course we have our mountains, Our forests, fields and fountains; But they are not the only things That make us great.

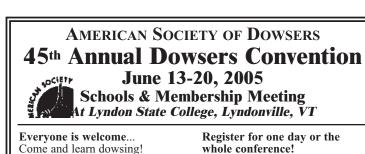
Vermont, Vermont! Has marble and has granite Vermont, Vermont, Has maple sugar too, And honey bees and apples, And kiddie kars and waffles, And admirals and presidents, And features new.

Vermont, Vermont! Yes, that's the state we hail from Vermont, Vermont! The great Green Mountain State. We cannot bring our mountains. Our forests, nor our fountains, Our admirals, nor presidents For you to view.

Vermont, Vermont! Yes, that's the state we hail from; Vermont, Vermont! The great Green Mountain State. But we have come by special train, And hope 'ere we go back again, That you may see some samples,. Of our products and exclaim,

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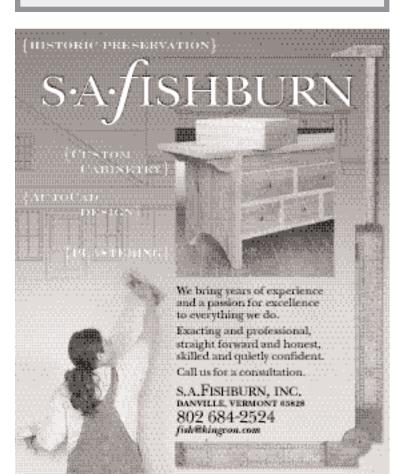
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Farms, Acreage, Homes and Investment Properties. 854 Center Road, PO Box 872, Lyndonville, VT 05851. (802) 626-9541 or (802) 626-8482. Email:Lussier@kingcon.com

### Sara Heft, REALTOR

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### Screenprinting

### **Vermont Silkscreen Express**

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### **Tent Rentals**

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### **Veterinarians**

### Danville Animal Hospital

Small animals. Office hours by appointment. Stanley J. Pekala, DVM and Lisa Whitney, DVM. Route 2, Danville, VT 05828. (802) 684-2284.

### **Northern Equine Veterinary Services**

Steve B. Levine. Practice limited to horses. Saturday appointments available. (802) 684-9977. 254 RT 2, Danville, VT 05828. www.northernequine.com

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### Volunteers

### R.S.V.P.

Do you have some free time? Do you want to help an organization in the Northeast Kingdom as a volunteer? For information call the Retired and Senior Volunteer Program and the Volunteer Center at (802) 626-5135 or (802) 334-7047.

### **Water Systems**

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Well Drilling & Hydrofracturing, Water Systems & Treatment, 24hour Plumbing, Video Well Inspections, Water Fountains. Morrisville, VT 05661. (802) 888-5722 or (800) 544-7666. www.manosh.com

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### Windows

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### The Window

A quiet room a fresh page a kettle singing

A withered drift a gray sky a black crow winging

Out there somewhere hunger, fear and hate . . . another day, another year, are words too late?

Don Tescher

### Afternoon in John's Woods

Deep in the woods, snow heavy on the ground, Above, a sky, that measureless blue of late winter. Tall spruces line the trail, Their tips swaying gently in the breeze Far above.

As the skiers pass below Breaking trail, Puffs of powdery snow Fall from drooping branches On to heads and shoulders.

Three adults and one small boy. The latter working hard
To manage the work.
Trying so hard
To copy his father.

What a wonderful gift To see a grandchild Happy in the woods Learning to ski Like Dad.

Isobel P. Swartz

### It's tax time. Are you ready to bake?

CHOCOLATE LAYER CAKE 1040

Line 1. Butter, a minimum of half a pound (8 oz.), but not to exceed 1 (one) pound (see Line

Line 2. Sugar, light brown or white, unless you or your spouse had a financial account in a foreign country in 1990, in which case dark brown sugar must be used. Do not substitute molasses or honey. Use 1 (one) cup and adjust to taste.

**Line 3.** Eggs, six or half a dozen, whichever is greater.

Line 4. Semisweet chocolate, 6 oz. Nonfarm families may choose the optional method of using cocoa powder. If you elect the Cocoa Method, add 1/2 oz (One Tablespoon) of butter to each 3 tablespoons of cocoa. Multiply by .9897 per ounce of substitution. For adjustments to sugar, see pg. 29. Add total of additional butter to Line 1 (above). Sugar adjustments should be reflected in final total of Line 2. For additional details on cocoa conversion, see Form 551.

**Line 5a.** Flour, white. If you were a federal, state or local government employee, you may be eligible for an excess flour tax credit. Measure 2 cups, sifting is optional.

**Line 5b.** Flour, whole wheat, 1 2/3 cups.

**Line 5c.** Alternative mixture: 1 cup white flour plus <sup>3</sup>/<sub>4</sub> cup

whole wheat flour.

Line 6. Vanilla, 1 teaspoon. See Schedule ZE for reporting use of imitation vanilla flavoring. You may be able to deduct the cost of real vanilla extract in 1991 if you itemize deductions.

**Line 7.** Salt, 1/3 teaspoon (optional) If you are a head of household with dependents and were born during a leap year, you must add salt.

**Line 8.** Baking powder, 1½ teaspoons. Use of baking soda will result in a penalty. See form W-Q, Line 8a.

**Line 9.** Walnuts, 8 oz., chopped. You may be eligible to use pecans or almonds. See Part III of Schedule PE, Itemized Substitutions.

**Line 10.** Preheat oven to 350° F (375 if altitude exceeds 5,500 feet). Be sure that you have turned the oven on before you begin assembling ingredients.

Line 11. In a bowl (2 quart capacity) cream butter and sugar for 3 minutes or until well blended, whichever occurs first. (Note: If you are using the Nonfarm Cocoa Method (see Line 4) add additional butter and sugar at this point).

Line 12. Incorporate eggs, one egg at a time, into creamed mixture. If the eggs are from a farm of which you are the sole owner, you may be eligible for a Fowl Credit. See Form 9871m "For the Birds."

Line 13. Add vanilla.

Line 14. In a double boiler, melt chocolate at low heat. If you are using the Nonfarm Cocoa Method, disregard the preceding instruction and stir cocoa into the creamed mixture. Then stir in flour from Line 5a, 5b or 5c, add salt (optional, but see Line 7 for exception) and baking powder.

Line 15. Add nuts, which should be chopped, regardless of type (see Lines 8a and 9).

Line 16. Pour batter into 2 (two) greased and floured 8 inch round cake pans or 1 (one) greased and floured 9x13 inch pan, which you should have prepared earlier. Bake in preheated oven (see Line 10) for 40 to 50 minutes, whichever is greater. After removing cake pan(s) from oven, cool for 10 minutes (12 for 9x13 pan) and turn cakes out onto wire rack. When cake is completely cool, frost it. (To determine time needed for cooling, complete worksheet on pg. 25). See Form 873 for details on appropriate frostings.

**Note:** If you weigh 20 per cent more (or higher) than your ideal weight (see chart on pg. 19), ignore this recipe and complete Schedule F, "Fresh Fruit Desserts."

Lois (Field) White

# Danville Senior Action Center

**April Meal Schedule** 

**April 5 -** Shepherd's Pie, Winter Squash, Banana Bread, Fruit Cocktail with Graham Crackers.

April 7 - Spaghetti with Meatballs, Garlic Bread, Carrots, Cottage Cheese with Pineapple, Brownies.

**April 12 -** Chicken Picatta, Seasoned Rice, California Vegetables, Oranges, Scones, Apple Crisp.

April 14 - Chef Salad with Ham and Cheese, Vegetable Soup, Homemade Rolls, Pineapple.

April 19 - Cheeseburgers with Buns, Carrot Raisin Slaw, Fruit Cocktail, Pudding, Fig Newtons.

April 21 - Minestrone Soup, Tuna and Egg Salad Sandwiches, Orange Juice, Pasta Salad, Brownies.

**April 26 -** Pepperoni or Cheese Pizza, California Vegetables, V-8 Juice, Oatmeal Raisin Cookies.

April 28 - Broccoli, Bacon or Cheddar Cheese Quiche, Homemade Rolls, Tossed Salad, Cantaloupe, Chocolate Cake.

Sing-a-Long with Winona Gadapee on Tuesdays at 11:30.

Meals at Danville Methodist Church. All meals served with a beverage, homemade breads and desserts. Reservations are appreciated by calling (802) 684-3903 before 9:30 a.m. on day of the meal. A donation of \$3.00 for guests 60+ (Others \$4.00) is appreciated.

### Pumpkin Hill Residents Gather for Potluck Dinner

LEONARDA CONTRERAS DAGESSE

Sixty Danville residents braved the snow on Saturday, March 12 and gathered at the Dagesses' home on Pumpkin Hill Road for a neighborhood potluck dinner.

Ray and Leonarda Dagesse and their four boys moved to

Danville in November 2003. They met with nearby residents through their church attendance and shared their desire to host a get-together to meet their new neighbors. Grace Hallas and other friends offered to help organize the event.

Invitations were hand delivered to 54 households on Parker Road, Pumpkin Hill Road,

Library Road and Noel Drive. Twenty-three families attended while five others relayed their interest but were unable to come.

To stimulate conversation, guests wore name tags with information on their career, hobby, childhood state and years in the neighborhood. Ken and Florence Ward won the longest-residents title (61 years) while Sharon Meroa is the new kid on the block (8 months).

The happy callers also had to

pin a picture of their house on a giant map drawn by Kathy and Alyssa Amsden. As an icebreaker, everyone wore a sheet of paper on which others had to write facts they had learned about them. No one was allowed dinner unless they had something written down on their paper. Well, mercy was shown to a few of them!

Talks of a neighborhood cookout or pig roast next summer are in the air.



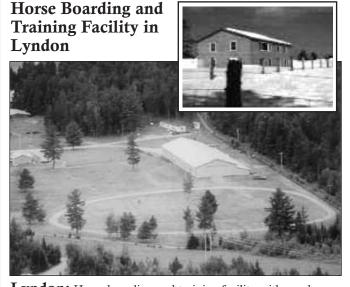
### **Peacham Farm**

Not too many of these intact Vermont farms are left, and this one is a beauty! Situated on 80+/- acres, on both sides of a country road, the farmhouse and barn have both had lots of TLC, and it shows ... you can move right in. Sit at the kitchen table and look down on both your own private pond and Joe's Pond. The land is open and wooded, and there's lots of marketable timber that would open up your view even more. Close to US 2 West, and it's handy to St. Johnsbury, Montpelier, Stowe or Burlington. \$389,000



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### Town Meetings Have Not Always Been Where They Are Now in Walden

BETTY HATCH

Before the March Town Meeting in Walden this year our moderator Roger Fox said he wanted to embarrass me. I wondered what he had on his mind. It seems he was wanting to see who, among Walden voters, had attended the most Town Meetings.

I surprised him by saying, "I probably attended my first Walden meeting in 1946 and every one since. I've attended them in four different buildings." Since he is a more recent resident, he didn't know that meetings were held in the old town hall, the Noyesville School-house, the firehouse and now the Walden School.

Fox tried to find others to say how many meetings they had attended. Joan Bissell said she had probably attended before she was born as her mother was Gladys Rowell, a long time town clerk.

My curiosity got the better of me and I searched old town reports and found that meetings alternated between Goodenough Hall in South Walden and the Modern Woodman Hall in Noyesville from about the turn of the century until 1931. In 1930, residents voted to purchase the Noyesville building for a town

### West Barnet Senior Action Center

April Schedule

April 1 - Buffet.

April 6 - Meat Loaf, Mashed Potatoes, Carrots, Assorted Breads, Mixed Fruit.

April 8 - Hot Beef Sandwich, Potato, Broccoli with Cheese, Grapenut Pudding.

April 13 - Shepherds Pie, 3-Bean Salad, Muffins, Fruited Jell-O.

April 15 - Sweet & Sour Pork, Rice, String Bean Casserole, Mixed Breads, Bread Pudding.

April 20 - Chicken Breast, Mashed Potatoes, Cranberry Jelly, Cauliflower, Rolls, Pudding with Topping. April 22 - Macaroni &

Hamburg Soup, Biscuits Cottage Cheese with Fruit, Cake with Frosting.

April 27 - Salmon Pea Wiggle, Biscuits, Pickled Beets, Peaches with Cream. April 29 - Spaghetti with Meatballs, Tossed Salad, Garlic Bread, Ice Cream.

Meals served at West Barnet Church. All meals served with a beverage. Reservations not required. Suggested donation of \$3.00 per meal is appreciated. Phone (802) 633-4068.



hall and in 1931, they voted to make repairs. From 1932 until 1950, Town Meetings were held there.

This building was built by Stephen V. Meader and had been in use for meetings of the Modern Woodman of America. Town basketball teams used to have games there. As I remember, it had a small room on the first floor, which was used as a kitchen, and lunch was served there. It probably had a stove because they served hot dogs one year, and they were warm. But the building served its purpose. It was sold and taken down.

From 1951 until 1972, Noyesville Schoolhouse was used for Town Meetings. With the upstairs dining room at the church just across the road, the church women served a hot meal at Noon. The women would attend the meeting in the afternoon.

After the Firehouse was constructed, the meetings moved there from 1973 to 1996. The

March Meeting meant moving the fire trucks out and bringing in chairs to accommodate voters. Lunch was served from the Town Clerk's Office.

The first meeting in the multipurpose room at the new school was 1996. It is roomy and voting booths can be set up there for balloting. Coffee and lunch is served from the kitchen.

The meeting lost some of its flavor when in 1976 it was voted to elect officers by Australian ballot. The first year for that was 1977, and town officers have been elected through that process ever

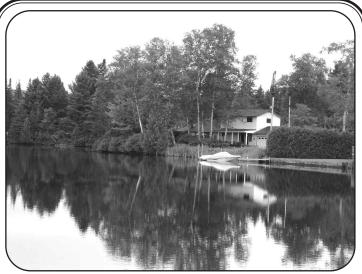
In 2003, voters decided to decide about money projects and the school budget on Australian ballot, also. This method causes all discussion to be held prior to the day of voting, and many voters do not come to the informational meetings.

I expect many have memories of what happened at meetings through the years.



Photo Courtesy of Betty Hatch

From 1932 to 1950 the annual March Town Meeting in Walden was held in the Noyesville building once owned by Modern Woodman of America. By 1951 the Meetings took place in the Noyesville School and this building was taken down in about 1961.



ML#168758 Heaven is 1.2 acres on Joe's Pond, with 524' of shore frontage (with 200' prime), a year round home with 5 bedrooms, a great room with fireplace and lake views from every direction. This home offers the best of both worlds. Privacy, magnificent lake views and close proximity to the village of West Danville make this a most attractive property being offered at



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### Pope Notes

Dee Palmer, Library Director

Many thanks to all who supported the Pope Library at Town Meeting. Our luncheon was a great success even though the weather was a challenge. We also thank those who helped in the kitchen or who donated their delicious baked goodies for dessert. Nobody went away hungry!

Our annual Novel Dinner is on Sunday, April 3 at the Creamery Restaurant. If you are interested in attending call the Library (802) 684-2256 or Marion at the Creamery (802) 684-3616 and we may be find you This is one of our biggest and best fundraisers and we appreciate the time and effort Marion and her staff dedicate to making it happen.

We will also have raffle tickets on hand to sell for a beautiful blanket chest hand-crafted by Sally Fishburn and Susannah Morlock. The blanket chest will be on display at the library until August and we'll be happy to sell you some raffle tickets.

Our last book discussion in the "Jane Austen's World" series sponsored by the Vermont Humanities Council and the Pope Library is on Wednesday, April 20 at 7:00 p.m. Suzi Wizowaty will lead the discussion of *Persuasion*. Books are available at the Library.

Book discussion groups are springing up all over! If you are interested in starting one, we can help. We can usually find multiple copies of books through the Vermont interlibrary loan system. We just ask that you make a donation to pay for postage and bring the books back on time. Most libraries will not lend their brand new best sellers, so keep that in mind when you choose.

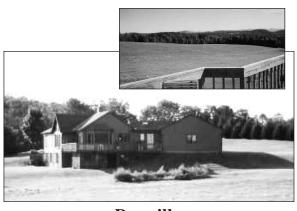
The book club I am involved in has been meeting for almost two years. We meet monthly and take turns choosing the book, hosting the discussion and, very important, organizing the food. We have read a variety of books from Catcher in the Rye by J.D. Salinger to The Da Vinci Code by Dan Brown. Our favorite book so far is Tales of a Female Nomad by Rita Golden Gelman. Gelman is a successful author of books for children and young adults. At age 48 she changed her life, sold all her possessions and traveled and lived in several different countries – for 15 years! It is a wonderful book that sparked great discussion, and we all brought food native to the many places she lived. We have also corresponded with Rita Golden Gelman through email and invited her to come to Danville. Great things can happen through books!

Our newest book acquisitions are: The Position by Wolitzer, Comfort Me with Apples by Reichl, Honeymoon by Patterson, Dead Guy's Stuff by Fiffer, The Grilling Season by Davidson and Mother-Daughter Wisdom by Northrup.

Thanks to one of our very generous trustees, we have 40 new DVD's and many more to come! Our DVD collection is impressive - come in and check them out!

Don't miss the annual Novel Dinner on Sunday, April 3 at the Creamery Restaurant. The food will be great, the company is always good and the creative table decorations are something you'll want to remember.





### **Danville**

MLS# 192675 A view from the top understates the mountainous panorama from this home. Beautiful brick hearth upstairs and downstairs (with wood stove). There are three+ bathrooms, four bedrooms including a master bedroom suite with Jacuzzi. Beautiful southern and eastern views from living-, dining- and kitchen areas (and most bedrooms). Enjoy summer days on the large deck. Finest quality local craftsmanship and masonry. Meticulously maintained by its only owner. Nine +/- acres with state and local permits pending. \$350,000

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### AROUND THE TOWNS



### **April**

### **COMMUNITY CALENDAR**

Mondays - Preschool Story Time, St. Johnsbury Athenaeum Youth Library, 10:00 a.m. (802) 748-8291.

Mondays - Story Time, Pope Library, Danville, 10:00 a.m. (802) 684-2256.

Mondays - Just Parents meet with concerns for drugs and kids, Parent Child Center, St. Johnsbury, 7:00 p.m. (802) 748-6040.

Tuesdays - Baby & Toddler Story Hour, Cobleigh Library, Lyndonville. 10:00 a.m. and 1:00 p.m. (802) 626-5475.

Tuesdays - Bridge Club for all experience levels, Cobleigh Library, Lyndonville, 6:30 p.m. (802) 626-5475.

Wednesdays - Preschool Story Hour, Cobleigh Library, Lyndonville. 10:00 a.m. (802) 626-5475.

Thursdays - Introduction to Computers, Cobleigh Library, Lyndonville. 10:00 a.m. (802) 626-5475.

Thursdays - Chess Club and Game Day, Cobleigh Library, Lyndonville. 3:30 p.m. (802) 626-5475.

Thursdays - Danville Town Band Rehearsal, 7:00 p.m. Danville School auditorium. (802) 684-1180.

Saturday & Sunday - Planetarium Show 1:30 p.m. Fairbanks Museum, St. Johnsbury. 802) 748-2372.

Saturdays - Bridge Club for all experience levels, Cobleigh Library, Lyndonville, 1:00 p.m. (802) 626-5475.

### Apríl

- 1 Family Contra & Square Dance with Hull's Union Suit Victory String Band, Knights of Pythias Hall, Danville. 8:00 p.m. (802) 563-3225.
- **1-3** St. Johnsbury Players present The Musical Mystery Tour. St. Johnsbury School. Fri & Sat: 7:30 p.m. Sun: 2:00 p.m. (802) 748-4002.
- Men's Ecumenical Breakfast, Methodist Church, Danville, 7:00 a.m. (802) 684-3666.
- Scrabble Club, St. Johnsbury



Photo Courtesy of Merton Leonard

On this cold day in 1910 there were some big logs drawn out of the woods in West Burke.

- Athenaeum, Noon 4:00 p.m., (802) 748-8291.
- Peacham PTG Auction, Peacham Town Hall, Viewing at 5:00 p.m. with auction at 6:00. Free admission, Refreshments available. (802) 592-3037 or (802) 592-3221
- Town-Wide Read party with Katherine Paterson, author of The Great Gilley Hopkins and Bridge to Terabithia. Cobleigh Library, Lyndonville, 6:00 p.m.
- Northeast Kingdom Audubon informational and planning meeting, Fairbanks Museum, 4:30 p.m. (802) 748-8515.
- 6 Catching People's Stories with Jane Beck, director of Vermont Folklife Center, First Wednesday Lecture Series, St. Johnsbury Athenaeum, 7:00 p.m., (802) 748-8291.
- Osher Lifelong Learning: Vermont Folk Art with Jane Beck, St. Johnsbury House, 1:00 p.m. (802) 626-5135.
- Kingdom Coffeehouse with pianist Cody Michaels, 7:30 p.m. North Woods Stewardship Center, East Charleston. (802) 723-6551.
- Sacred Circle Dance, Danville Congregational Church, 7:00 -

- 9:00 p.m. (802) 684-3867. 11 Cancer Support Group, Conference Room A, NVRH, 4:00 p.m. (802) 748-8116.
- 11 Orwell Rolls in His Grave, documentary film by Robert Kane Pappas, North Country Coalition, 7:00 p.m. North Congregational Church, St. Johnsbury. (802) 748-3663.
- 13 "Why my library book is overdue ..." writing contest award ceremony. 3:30 p.m. Cobleigh Library, Lyndonville. (802) 626-5475.
- 13 Open Poetry Night for poets and poetry lovers, St. Johnsbury Athenaeum, 7:00 p.m. (802) 748-8291.
- 14 Osher Lifelong Learning: Afternoon of Harp Music with Bill Tobin, St. Johnsbury House, 1:00 p.m. (802) 626-5135.
- 14 Film Discussion following Hotel Rwanda, Catamount Arts. (802) 748-2600.
- 16 East Mountain Wildlife Research Results, UVM's Bill Kilpatrick reports on mammals on East Mountain, 7:00 p.m. North Woods Stewardship Center, East Charleston. (802) 723-6551.
- 20 Cardiac Support Group, Cardiac

- Rehabilitation Room, NVRH, 6:30 p.m. (802) 748-7401.
- 21 Petra Cliffs and Pizza. Transportation, pizza and climbing on Petra Cliffs in Burlington, 8:00 a.m. North Woods Stewardship Center, East Charleston. (802) 723-6551.
- **21** Osher Lifelong Learning: Stories of Jazz with George Thomas, St. Johnsbury House, 1:00 p.m. (802) 626-5135.
- 22 Kyoto Agreement and Other Global Issues with Orin Langelle and Anne Petermann of Global Justice Ecology, North Country Coalition, 7:00 p.m. North Congregational Church, St. Johnsbury. (802) 748-3663.
- 22 Sacred Circle Dance, Danville Congregational Church, 7:00 -9:00 p.m. (802) 684-3867.
- 22 Earth Day Coffeehouse with Linda Warnaar and Micah Carbonnah. 7:30 p.m. North Woods Stewardship Center, East Charleston. (802) 723-6551.
- 23 Northeast Kingdom Audubon trip to northern lakes region to see spruce grouse. Meet at White Market Plaza parking area, Lyndonville at 7:00 a.m. (802) 626-9071.
- 25 Diabetes Support Group,

- Conference Room B, NVRH, 6:30 p.m., (802) 748-7433.
- 28 Osher Lifelong Learning: Roaring '20's in Foxtrot Tempo with Martin Bryan, St. Johnsbury House, 1:00 p.m. (802) 626-5135.
- 29 Vernal Chorus: Amphibians of the Night, Slides and an outside hunt for wood frogs, spotted salamanders and other early amphibians, 7:00 p.m. North Woods Stewardship Center, East Charleston. (802) 723-6551.
- 30 24th Annual Vermont Spring Ring, 20 handbell choirs in concert directed by Deborah Rice, 4:00 p.m. North Country Union High School, Newport.
- 30 Alzheimer's Support group, Caledonia Home Health, St. Johnsbury. 7:00 p.m. (802) 748-8116
- 30 Northeast Kingdom Classical Series: Rose-Arron Duo, South Congregational Church, St. Johnsbury. 7:30 p.m. (802) 748-8012.

See also the Arts Around the Towns Calendar Page 14.

### Why buy your



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